BTB

REAL ESTATE INVESTMENT TRUST

PRESS RELEASE

FOR IMMEDIATE RELEASE

BTB Real Estate Investment Trust will hold a conference call on Tuesday, November 17, 2009 to comment on its 2009 third quarter financial results ended September 30th, 2009

Montreal, Quebec, November 16, 2009 - BTB Real Estate Investment Trust (TSX: BTB.UN) announces today that it will hold a conference call on Tuesday, November 17, 2009 at 10:00 a.m. (ET) to discuss BTB's financial results and performance for the three-month period ended September 30, 2009, in lieu of the conference call previously scheduled for Monday, November 16, 2009.

The media and all interested parties may attend the call in listening mode only. Please dial 514-861-2909 in Montréal and 1-888-789-9572 from outside Montréal, passcode 1572453#. To ensure your participation, please dial in five minutes prior to the start of the call. A replay of the conference will be available at 1-800-408-3053; passcode 7502165# until December 19, 2009, at 11:59 p.m.

Conference call operators will coordinate the question and answer period, and will instruct participants regarding the procedures for the call.

About BTB Real Estate Investment Trust

BTB is a growth-oriented real estate investment trust listed on the TSX Venture Exchange. Its objective is to provide unitholders with stable cash distributions from investments in quality portfolio of long-term leased office, industrial, commercial and retail properties predominantly located in the province of Quebec. BTB is led by an experienced management team with in-depth experience in the real estate industry and a Board of Trustees focused on governance and sound business practices.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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