

BTB

REAL ESTATE INVESTMENT TRUST

PRESS RELEASE

FOR IMMEDIATE RELEASE

BTB Real Estate Investment Trust to announce 2009 second quarter financial results on Monday August 17, 2009 and will hold conference call

Montreal, Quebec, August 10, 2009 - BTB Real Estate Investment Trust (TSX : BTB.UN) announces today that it will release its financial results for the second quarter ended June 30th, 2009 on Monday, August 17, 2009.

Management will hold a conference call on Monday, August 17, 2009 at 10:00 a.m. (ET) to discuss BTB's financial results and performance for the three month period ended June 30, 2009.

The media and all interested parties may attend the call in listening mode only. Please dial 514-392-1478 in Montréal and 1-866-223-7781 from outside Montréal. A replay of the conference will be available at 1-800-408-3053; passcode 5787057 # until September 14, 2009, at 11:59 p.m. To ensure your participation, please dial in five minutes prior to the start of the call.

Conference call operators will coordinate the question and answer period, and will instruct participants regarding the procedures for the call.

About BTB Real Estate Investment Trust

BTB is a growth-oriented real estate investment trust listed on the TSX Venture Exchange. Its objective is to provide unitholders with fiscally sound distributions from investments through active portfolio management in a quality portfolio of leased office, industrial, commercial and retail properties predominantly located in the province of Quebec. BTB is led by an experienced management team with in-depth experience in the real estate industry and a Board of Trustees focused on governance and sound business practices.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information, please contact Mrs. Sylvie Isabelle, Optimum Public Relations at 418-521-3184.

Or:

Mr. Michel Léonard
President Chief Executive Officer
514-286-0188, ext. 228

Mr. Benoît Cyr, C.A.
Vice-President and Chief Financial Officer
514-286-0188, ext. 230

BTB Real Estate Investment Trust

2155 Crescent Street, Suite 300, Montreal, Quebec H3G 2C1
Telephone: 514 – 286-0188 / Fax: 514 – 286-0011