

Questionnaire for Kids

Dear participant. This questionnaire assesses your determination to using the family wellness app on behalf of your family member. For each question you are required to circle one number on a scale of 1 to 7. You are free to ask if you feel something is not very clear. A family member means the person you are helping within your team.

Mthathi- nxaxheba obekekileyo, Olu luhlu lwemibuzo luvavanya ukuzimisela kwakho ukusebenzisela ilunugu lwosapho lakho i-family wellness app . Kuyo yonke le mibuzo uyacelwa ukuba uphendule ngokurhanqela okanye ubiyele inomobolo/inani ibenye kwisikali esisuka ku 1 ukuya ku7.

Uvumelekile ukuba ungabuza ukuba kukho into ongayiqondiyo. Xa kuthethwa ngelungu lwosapho kuthethwa ngomntu omncedisayo kwiqela lakho.

Determination in using the ***“The Family Wellness App”***

Ukuzimisela ekusebenziseni i-***“The Family Wellness App”***

1. I feel more connected to other users of the family wellness app

Niziva ndiqhakamishelene nabanye abasebenzisi befamily wellness app

Circle one number:

Biyela inani libe linye:

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

2. I believe my team’s performance in wellness is somehow great.

Ndikholwa ukuba iqela lam liqhuba gconwanana empilweni

Circle one number:

Biyela Inani libe linye:

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

3. I feel very distant to other users of the family wellness app.

Ndiziva ndithe qelele kubanye abasebenzisi befamily wellness app

Circle one number:

Biyela inani libe linye

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke Yinyani ngamanye amaxesha Kwasoloko
iyinyani

4. I am currently not enjoying using this application.

Andikonwabelanga ukusebenzisa le aplikheyishini.

Circle one number:

Biyela inani libelinye:

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true Sometimes True Always True

Ayonyani konke-konke Yinyani ngamanye amaxesha Kwasoloko
iyinyani

5. I am proud that I am always available to help my family member to follow his/her wellness.

Ndiyazingca kuba ndisoloko ndikhona ukunceda ilungu losapho lwam ukuba alandele impilo yakhe.

Circle one number:

Biyela Inani libe linye:

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true Sometimes True Always True

Ayonyani konke-konke Yinyani ngamanye amaxesha Kwasoloko
iyinyani

6. I am certainly sure that our team is doing a very good job compared to others.

Niqinisekile ukuba iqela lethu lenza umsebenzi omhle kakhulu kunamanye amaqela.

Circle one number:

Biyela Inombolo.

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

7. The current family wellness app has enough options to motivate someone to use it.

Ile family wellness app inamathuba aneleyo wokuthaza umntu ukuba ayisebenzise.

Circle one number:

Biyela inani libe linye.

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

8. The family wellness app is currently helping my family member to choose wisely on what to eat.

i- family wellness app, inceda ilungu losapho lwam ikuba likhethe ngokukhalipha ukuba malitye ntoni.

Circle one number:

Biyela inani libe linye

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

9. I have been trying my best to share the information in the wellness application with my family member.
Bendisoloko ndizama ngako konke ukwabelana ngenkcukhacha nelungu lwosapho lam kwi aplikheyishini yempilo.

Circle one number:

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

10. I think the family wellness app is still useful in helping my family member.

Nicinga ukuba i- family wellness app isabalulekile ekeuncedeni ilungu losapho lwam.

Circle one number:

Biyela inani libe linye:

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

11. I am not excited anymore to continue using the family wellness app.

Andinamincili youkuqhubeka ndisebenzisa i- family wellness app

Circle one number:

Biyela inani libelinye:

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

12. My family member has been walking more steps because of the family wellness application.

Ilungu losapho lwam luhamba amanyathelo athe xhaxha ngenxa ye-family wellness app

Circle one number:

Biyela inani libe linye.

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

13. I am having a lot fun playing around with the family wellness app.

Ndiyakonwabela ukudlala nge -family wellness app

Circle one number:

Biyela Inani libe linye

▢ **1** **2** **3** **4** **5** **6** **7** ▢

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

14. Currently, I feel like the family wellness app doesn't have enough features for viewing information.

Ndiva ngathi ifamily wellness app ayinazifitshazi ezaneleyo zokujonga inkcukacha.

Circle one number:

Biyela inani libe linye.

▢	1	2	3	4	5	6	7	▢
	Not at all true			Sometimes True Always True				
	Ayonyani konke-konke iyinyani			Yinyani ngamanye amaxesha			Kwasoloko	

15.The family wellness app is no longer offering that much.

I- family wellness app ayisanekezi nto ingako.

Circle one number:

Biyela inani libe linye:

▢	1	2	3	4	5	6	7	▢
	Not at all true			Sometimes True Always True				
	Ayonyani konke-konke iyinyani			Yinyani ngamanye amaxesha			Kwasoloko	

16.The family wellness application made me feel very close to other users.

ifamily wellness app indenze ndaziva ndisondelelene nabanye abasebenzisi bayo.

Circle one number:

Biyela inani libe linye:

▢	1	2	3	4	5	6	7	▢
	Not at all true			Sometimes True Always True				
	Ayonyani konke-konke iyinyani			Yinyani ngamanye amaxesha			Kwasoloko	

17.I won't continue to put any efforts in using the wellness application.

Andizokuziduba ngokuqhubeka ndisebenzisa i-aplikheyishini yempilo

Circle one number:

Biyela inani libe linye:

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

18. Currently, I have not been very helpful in assisting my family member to monitor his/her wellness.

Okwa ngoku kange ndibeluncedo ekuncediseni ilung losapho lwam ukuqhaphela impilo yalo.

Circle one number:

Biyela Inani libe linye:

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

19. I am constantly pushing my family member to make sure that we do better in our team.

Ndisoko ndimemela ilungu losapho lwam ukuba luqinisekise senza ngcono kwiqela lethu.

Circle one number:

Biyela inani libe linye

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha Kwasoloko

20. My family member is constantly nagging me to share information in the family wellness app with him/her.

Ilungu lwosapho lama lisoloko lindimele ukuba ndobelane naye ngenkcukacha kwi-family wellness app

Circle one number:

Biyela inani libe linye

▣ **1** **2** **3** **4** **5** **6** **7** ▣

Not at all true

Sometimes True Always True

Ayonyani konke-konke
iyinyani

Yinyani ngamanye amaxesha

Kwasoloko