Ruxolitinib for treating acute graft versus host disease that responds inadequately to corticosteroids in people 12 years and over

Technology appraisal guidance
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Commissioners and providers have a responsibility to promote an environmentally sustainable health and care system and should assess and reduce the environmental impact of implementing NICE recommendations wherever possible.

Contents

This guidance replaces TA839.

1 Recommendation

1.1   Ruxolitinib is recommended, within its marketing authorisation, as an option for treating acute graft versus host disease (GvHD) that has an inadequate response to corticosteroids in people 12 years and over. Ruxolitinib is only recommended if the company provides it according to the commercial arrangement.

Why the committee made this recommendation

First-line standard care for acute GvHD is corticosteroids. If corticosteroids have not worked well enough, second-line standard care can include extracorporeal photopheresis, mycophenolate mofetil, etanercept and infliximab. Ruxolitinib is an alternative to these second-line treatments.

Clinical trial evidence shows that acute GvHD is more likely to improve with ruxolitinib than with standard care. Treatment failure (that is, need for another treatment, relapse of the underlying disease that led to the need for a transplant, or death) may also be less likely in people who have ruxolitinib.

The most likely cost-effectiveness estimate for ruxolitinib is within the range that NICE considers an acceptable use of NHS resources. So, ruxolitinib is recommended.

2 Information about ruxolitinib

Marketing authorisation indication

2.1 Ruxolitinib (Jakavi, Novartis) is indicated for 'the treatment of patients aged 12 years and older with acute graft versus host disease who have inadequate response to corticosteroids'.

Dosage in the marketing authorisation

2.2 The dosage schedule is available in the summary of product characteristics for ruxolitinib.

Price

2.3 The list price for a 56-tablet pack of 5 mg ruxolitinib is £1,428, and for a 56-tablet pack of 10 mg ruxolitinib is £2,856 (excluding VAT; BNF online, accessed March 2025).

2.4 The company has a commercial arrangement. This makes ruxolitinib available to the NHS with a discount. The size of the discount is commercial in confidence.

3 Committee discussion

The [evaluation committee](#) considered evidence submitted by Novartis, a review of this submission by the external assessment group (EAG), and responses from stakeholders. See the [committee papers](#) for full details of the evidence.

The condition

3.1   Graft versus host disease (GvHD) can occur after an allogeneic haematopoietic stem cell transplant (HSCT), when donated white blood cells (T cells) attack the recipient's own cells. Allogeneic HSCT is a treatment for some blood cancers, and for some non-cancerous conditions. GvHD can be acute or chronic, differentiated by clinical manifestations, diagnostic criteria and pathology. Acute GvHD typically affects the skin, liver and gastrointestinal tract, whereas chronic GvHD can affect any organ. The patient experts explained that the skin rash associated with acute GvHD can cover large areas of the body, and can make contact with clothes, bedsheets and furniture exceptionally painful. They described tongue lesions that prevent speaking or eating normally, and bouts of diarrhoea that cause weight loss and fatigue. They emphasised that acute GvHD has a substantial impact on a person's independence and mental health. The patient experts also described the burden on carers. People with acute GvHD can require 24-hour care because of the severity of the condition. This, coupled with frequent and prolonged hospital stays, can strain relationships. The committee concluded that acute GvHD has a considerable impact on people with the condition and their carers.

Clinical management

Treatment options and unmet need

3.2   The company positioned ruxolitinib as an alternative to the second-line treatments used in the NHS for acute GvHD that responds inadequately to corticosteroids. [NHS England's clinical commissioning policy on treatments for GvHD following haematopoietic stem cell transplantation](#) (PDF only) was issued in

2017. It recommends that moderate, severe or very severe acute GvHD (grades 2 to 4) should be treated first with systemic corticosteroids. For acute GvHD that responds inadequately to corticosteroids, the policy recommends treatment with extracorporeal photopheresis (ECP), a blood-filtering procedure in which white blood cells are collected, treated with a light-activated drug, exposed to UV light, and returned to the body. The clinical experts noted that ECP is the most common treatment for corticosteroid-refractory acute GvHD in the NHS. But, practice varies, and healthcare professionals use a variety of treatments, many of which are not licensed for treating acute GvHD. The clinical experts noted that some variation is driven by issues with accessing ECP. The patient experts explained that some people commit significant time and money to travel for treatment, require invasive venous access, and may need to be hospitalised. They also noted that other available treatments have many limitations. For example, immunosuppressants, such as corticosteroids, can cause a range of adverse effects that reduce quality of life, including an increased risk of infections and diabetes. Because people with acute GvHD have suppressed immunity, they are already prone to frequent infections. To prevent this, they may need to isolate, which further impairs their quality of life. The patient experts described how much they would value ruxolitinib because, as an oral treatment, it can be taken at home. This may also reduce infection risk. The committee also noted that the license for ruxolitinib excludes children aged under 12 years. The committee understood that children under 12 can have acute GvHD and recognised the substantial unmet need in this population. The committee noted that, because of the marketing authorisation, it was only able to make recommendations on ruxolitinib for people 12 years and over. The committee noted that if a safe, effective, and cost-effective treatment was made available for children aged under 12 years it may help to address this unmet need. The committee concluded that the current treatment for acute GvHD in people aged 12 years and over has many limitations for healthcare professionals and people with the condition. It further concluded there is an unmet need for new treatments, and ruxolitinib could address some of these issues.

Clinical effectiveness

Data sources in acute GvHD

3.3   The clinical-effectiveness evidence for ruxolitinib for acute GvHD came from 2 trials: REACH1 and REACH2. REACH1 was a US-based single-arm phase 2 study of ruxolitinib. REACH2 was a phase 3 randomised, controlled, open-label, superiority trial that compared ruxolitinib with the investigator's choice of standard care. It was done across 22 countries, including the UK. Both REACH1 and REACH2 included people 12 years and over with corticosteroid-refractory acute GvHD after an allogeneic HSCT. In REACH2, 154 people were randomised to ruxolitinib 10 mg twice daily and 155 people were randomised to standard care (see section 3.5 for a discussion on the generalisability of the standard care treatments). The committee concluded that the randomised trial (REACH2) was important for decision making but the uncontrolled trial (REACH1) was not.

The primary outcome of REACH2 was overall response rate at day 28, defined as the proportion of people who had a complete response (score of 0 for grading in all evaluable organs) or partial response (improvement of 1 stage in 1 or more organs). The overall response rate at day 28 was higher with ruxolitinib than with standard care (62.3% compared with 39.4%; odds ratio 2.64, 95% confidence interval [CI] 1.65 to 4.22, p<0.0001). People allocated to ruxolitinib also had longer failure-free survival (secondary endpoint) than people allocated to standard care (4.86 compared with 1.02 months; hazard ratio 0.51, 95% CI 0.39 to 0.66, p<0.0001). Failure-free survival was defined as the time from the date of randomisation to the date of haematological disease relapse or progression, non-relapse mortality, or start of a new systemic acute GvHD treatment. There was no statistically significant difference in overall survival (secondary endpoint) between the treatment groups (hazard ratio 0.85, 95% CI 0.63 to 1.14, p=0.28).

The committee queried the company's interpretation of the secondary endpoint failure-free survival, noting that its definition included starting a new systemic treatment. The committee understood that REACH2 had an open-label design, so both participants and investigators knew which treatment people were allocated to. It also noted that people allocated to standard care were able to switch to ruxolitinib from day 28 of treatment. The committee was concerned that people may have perceived ruxolitinib as a more effective or more desirable treatment.

So, more people in the standard care arm may have chosen to switch than in the ruxolitinib arm, inflating the number of treatment failures. The company responded that it had statistically adjusted its estimates of effectiveness related to time to relapse, chronic GvHD, and death for crossover, but could not adjust for crossover in failure-free survival. The committee agreed that this uncertainty could not be resolved with the available data, but it would account for this in its decision making. The committee concluded that REACH2 showed that ruxolitinib was an effective treatment for acute GvHD in the short term, but the trial design and definition of outcomes meant that there was inherent uncertainty in its results.

Evidence for young people and grade 1 acute GvHD

3.4 The marketing authorisation for ruxolitinib is for 'patients aged 12 years and older with acute graft versus host disease who have inadequate response to corticosteroids'. The EAG noted that only 3% of people in REACH2 were 12 to 17 years, and that its eligibility criteria did not include people with grade 1 acute GvHD. So, REACH2 did not capture these populations. The company referred to advice from clinical experts, who suggested there was no difference between adults and young people in how acute GvHD manifests, its pathophysiology or its treatment options. The clinical experts in the meeting agreed with the company that they would expect little difference between young people and older people in the disease or outcomes, or in the magnitude of effectiveness when using ruxolitinib compared with standard care. The company also noted that the option to treat grade 1 GvHD is essential for people who are at high risk of developing grade 2 or higher GvHD. The committee concluded that, although REACH2 did not capture these populations, it was satisfied that the evidence was generalisable to young people aged 12 to 17 years and people with grade 1 acute GvHD.

Generalisability of standard care

3.5 The standard care arm of REACH2 permitted healthcare professionals and participants to choose the treatment. The EAG questioned whether the standard care treatments used in REACH2 reflected NHS practice. The clinical experts

noted that ECP was the preferred treatment in the NHS and would be used in a higher proportion of people in clinical practice than in REACH2 (in which 27% of people had it). They explained that ECP is preferred because of higher perceived efficacy, a lack of good evidence for the other comparator treatments, and the NHS clinical commissioning policy (see section 3.2) which allows ECP to be funded more easily than other treatments. The EAG highlighted that the different standard care treatments may have different levels of efficacy. So, if ECP is the most effective treatment (as could be inferred by the NHS's preference for its use) and is used by a higher proportion of people in NHS practice than in REACH2, then REACH2 may have underestimated standard care efficacy. The company explained that it did not have the data to do subgroup analyses for all standard care treatments, and that such analyses would break randomisation. The company referred to failure-free and overall survival curves from REACH2 that showed similar outcomes between ECP and the other standard care treatments. The clinical experts highlighted that, given the evidence, it is difficult to determine that a treatment is more effective than another. The committee concluded that it had not been presented with convincing evidence that ECP is more effective than other standard care treatments. It noted that this uncertainty could not be resolved with the available data and should be accounted for in its decision making. So, although the committee cautioned that a lack of data did not imply a lack of difference between the treatments, it accepted that the results of REACH2 could be generalised to the NHS.

Data source in chronic GvHD

3.6   The company used evidence from REACH3 to inform the chronic GvHD health states in the model, because people with acute GvHD can develop chronic GvHD. REACH3 was a phase 3, randomised, open-label, multicentre trial. It compared ruxolitinib 10 mg twice daily with the investigator's choice of standard care. It included people who had had an allogeneic HSCT, were 12 years and over, and had moderate or severe corticosteroid-refractory chronic GvHD. It was done across 28 countries, including the UK. The trial allowed people in the standard care arm to switch to ruxolitinib at or after week 25 if they had not had or maintained a complete or partial response, had adverse effects from standard care, or had a flare-up of their chronic GvHD. The committee noted that 37% of people in the standard care arm switched to ruxolitinib at or after week 25.

Because ruxolitinib was more effective than standard care in REACH3, the committee concluded that this crossover would have had a large impact on the failure-free survival outcome measured after week 25 in the trial for the standard care arm.

Economic model

Company's modelling approach

3.7 To estimate the cost effectiveness of ruxolitinib, the company simulated NHS patients with corticosteroid-refractory acute GvHD having treatment with either ruxolitinib or standard care over a lifetime time horizon. The company's model was a state-transition model containing 7 mutually exclusive health states:

- 'Failure-free': the starting health state. People remain in the failure-free health state until they start a new systemic treatment for acute GvHD, have a relapse of their underlying haematological disease, develop chronic GvHD, or have non-relapse mortality.

- 'Relapse': people have a relapse of their underlying haematological disease.

- 'New systemic treatment': people start a new systemic treatment for acute GvHD.

- 'Chronic GvHD – failure-free': people develop chronic GvHD and remain in this health state until they have a new systemic treatment for chronic GvHD or their underlying haematological disease relapses.

- 'Chronic GvHD – relapse': people have chronic GvHD and their underlying haematological disease relapses.

- 'Chronic GvHD – new systemic treatment': people start a new systemic treatment for chronic GvHD.

- 'Death': the absorbing state which people can enter from any health state.

  Simulated people with corticosteroid-refractory acute GvHD enter the model in the failure-free health state and have either ruxolitinib or standard care.

People transition between the different acute GvHD health states using transition probabilities that the company estimated from time-to-event outcomes in REACH2. The company assumed that only the transitions from the 'failure-free' state differed between ruxolitinib and standard care. Other transition probabilities, from the 'new systemic treatment' and 'relapse' health states to other states, were assumed by the company to be the same for ruxolitinib and standard care and estimated using REACH2 data pooled across both treatment arms. For the chronic GvHD health states, the company estimated transition probabilities from the standard care arm of REACH3.

The EAG noted that the model structure did not capture response to treatment. It stated that the 'failure-free' health state included people who had a treatment response and no symptoms, and people who had not had a treatment response and had ongoing symptoms, but had not yet transitioned to another health state. The EAG reasoned that these subgroups would have very different outcomes and utilities. The EAG noted that REACH2 showed an increase in average utility of people in REACH2 in failure-free survival after 4 cycles, which may have been because people without a treatment response transitioned to other health states. The committee questioned why the model was designed around failure-free survival, a secondary endpoint in REACH2, rather than the primary outcome of overall response. It also recalled its discussions in section 3.3 that treatment failure may have been inflated in the standard care arm because of crossover. The company explained that response outcomes would add uncertainty to its model. It cited NICE's technology appraisal guidance on belumosudil for chronic GvHD, in which clinical advice stated that failure-free survival is a more clinically relevant outcome than response. Also, the clinical experts at the meeting explained that response is difficult to define and can vary in such a heterogeneous population.

In response, the committee noted that the technology appraisal committee evaluating belumosudil for chronic GvHD concluded that the model with which it had been presented was not the most appropriate approach. The committee evaluating ruxolitinib highlighted that the belumosudil model was not a true response-based model and instead used response to split the failure-free survival health state. The committee evaluating ruxolitinib also

highlighted that acute GvHD and chronic GvHD are different conditions. So, a response-based model for acute GvHD may be more appropriate than one based on failure-free survival and may have reduced some of the model's complexity. The committee was not convinced that the current model had the appropriate structure and agreed that the current structure created significant uncertainties. But, on balance, it concluded that the model was acceptable, if the committee accounted for the uncertainty in its decision-making.

Standard care used in the model

3.8   The company adjusted the proportion of people having each treatment in the standard care arm of REACH2 to reflect the likely standard care costs in the NHS. Clinical advice sought by the company suggested that in the NHS, relative to the trial, more people would have ECP, and that antithymocyte globulin, everolimus and low-dose methotrexate were not used at second line.

The EAG explained that adjusting the model to reflect the proportion of treatments used in the NHS is important, because the model would then capture the cost of each treatment. The EAG recalled its comments in section 3.5 that different treatments comprising standard care may have different levels of efficacy for acute GvHD. It also noted that ECP is expensive relative to the other standard care treatments. So, by increasing the proportion of people in the model on ECP, the company had increased the costs incurred in the standard care arm, but had not increased the efficacy. This may have biased the model in favour of ruxolitinib. The committee recalled the arguments made by the company in section 3.5 that data from REACH2 showed similar outcomes between the standard care treatments. It also recalled the statements from the clinical experts that, with the available evidence, it was difficult to determine whether one standard care treatment was better than another. The committee concluded that it was appropriate for the company to adjust only the costs of standard care in the model. But, it recognised that this was another source of uncertainty that it would account for in its decision making.

Time-to-event extrapolations

3.9   The company used time-to-event data from REACH2 to estimate the transition probabilities from the 'failure-free' acute GvHD health state to each of the 'new systemic treatment (for acute GvHD)', 'relapse of underlying haematological disease', 'chronic GvHD', and 'death' health states. It fitted models to the time-to-event data for 'failure-free' to 'new systemic treatment', 'failure-free' to 'relapse', 'failure-free' to 'chronic GvHD', and 'failure-free' to 'death'. The company chose to fit joint models when there was evidence of proportional hazards, and independent curves when there was not. Joint models apply a single distribution to both treatment arms, whereas independent models involve fitting a separate distribution to each arm. The company chose curves based on statistical goodness-of-fit, clinical plausibility and visual inspection. The EAG disagreed with the company's model fitting. It noted the choice of joint models was inappropriate for the transitions from 'failure-free' to 'relapse' and 'failure-free' to 'death' because the proportional hazards assumption was not met. It also noted that the curves did not fit well to the underlying Kaplan–Meier data. Because of this uncertainty, the EAG assumed that the only benefit of ruxolitinib was in reducing the risk of moving from the 'failure-free' to 'new systemic treatment' health states. All other curves were based on pooled ruxolitinib and standard care data, and the transition probabilities were the same for both arms. The committee noted that this decreased the incremental cost-effectiveness ratio (ICER), whereas it expected it to increase the ICER. The EAG explained that this was because fewer people would enter the costly 'chronic GvHD' health state. So, although both the incremental quality-adjusted life years (QALYs) and incremental costs decreased, the incremental costs decreased proportionally more, making ruxolitinib more cost effective than it would have been otherwise.

The committee questioned the company's approach of assuming that ruxolitinib would improve time to relapse and time to death. The committee recalled that REACH2 did not show a conclusive overall survival improvement with ruxolitinib (see section 3.3). It also reasoned that it was implausible that ruxolitinib would affect the recurrence of a person's underlying haematological condition (the condition for which they had a HSCT). The clinical experts noted that ruxolitinib would not have a significant effect on time to relapse of a patient's haematological condition. The committee also reiterated its concerns over the open-label design of REACH2 (see section 3.3) and how this could have affected

time to new systemic treatment. Overall, the committee agreed that there was substantial uncertainty in the modelled time-to-event data. The committee concluded that it preferred the EAG's assumptions in which the treatment benefit of ruxolitinib was limited to delaying the time to new systemic treatment.

Treatments after ruxolitinib or standard care (third-line treatment)

3.10 In the model, people who enter the health state reflecting a new systemic treatment incur a treatment cost. The company calculated the proportion of people having each third-line treatment (after either ruxolitinib or standard care) from the pooled ruxolitinib and standard care arms in REACH2. The committee noted that the distributions of third-line treatment were the same for people who had ruxolitinib at second line and those who had standard care. The committee reasoned that people who previously had ruxolitinib would be more likely to then have ECP as a third line treatment than people who had standard care. This is because people who have ruxolitinib still have the option of ECP, whereas about half of people who have standard care have ECP at second line and would not usually have it again. To see the impact of this on the ICER, the committee requested that the company update its model so that the distribution of third-line treatments after ruxolitinib better reflects the treatment distribution that would be used in practice, if ruxolitinib was made available.

At the second committee meeting, the company updated its model so that the distribution of third-line treatments in the ruxolitinib arm was the same as the distribution of second-line treatments in the standard care arm. This increased the total costs in the ruxolitinib arm. The EAG agreed that this was a reasonable approach to modelling third-line treatments. The committee concluded that, in the updated model, the company had modelled third-line treatment appropriately.

Modelled chronic GvHD and REACH3

3.11 The company modelled chronic GvHD transition probabilities using data from the standard care arm of REACH3. The EAG noted that only 10.4% of people in REACH3 had corticosteroid-refractory acute GvHD before they developed

chronic GvHD and entered REACH3. But, the company's model implicitly assumed that everyone who entered the chronic GvHD health state had previously had corticosteroid-refractory acute GvHD. The EAG questioned whether the clinical characteristics and outcomes would be different between people who did and did not have corticosteroid-refractory acute GvHD before developing chronic GvHD. The clinical experts explained that they would expect little difference in outcomes between people whose acute GvHD resolved before chronic GvHD and people who did not have acute GvHD before chronic GvHD. But, they explained that people who developed chronic GvHD while they still had unresolved acute GvHD may have more severe disease and experience worse outcomes. The company cited data from REACH3 that showed no difference in failure-free survival between people with chronic GvHD who did and did not previously have acute GvHD. The committee concluded that, on balance, the data from REACH3 was a reasonable proxy for modelling the chronic GvHD health states. But, it recognised that this was another source of uncertainty that could not be resolved.

Utility values

Estimating utility values

3.12   To estimate utility values for the health states, the company fitted a model to pooled EQ-5D data from REACH2 and REACH3. The company noted a substantial increase in utility for people in the acute GvHD 'failure-free' health state after 4 model cycles (112 days). The company added a covariate for remaining in this health state to its model to account for this. The EAG had issues with the company's utility values. First, the EAG thought that it was inappropriate to pool the utility values from REACH2 and REACH3, given that the populations differed. In response, the company provided models based on separate data. Second, the EAG noted that simulated people who transitioned from the 'failure-free' health state to the 'chronic GvHD – failure-free' health state in the first 4 model cycles experienced a significant utility increase. The EAG thought that this was unlikely, because people who transition from the 'failure-free' health state to the 'chronic GvHD – failure-free' health state in the first 4 cycles are more likely to still be experiencing acute GvHD symptoms alongside developing chronic GvHD. Third, the EAG was concerned that the utility value for people in the 'failure-free' health

state after 4 model cycles was significantly higher than the utility value the company had chosen in its previous submissions to other health technology assessment agencies in Canada and Australia. But, the EAG noted that in these submissions the company had used models with different structures. So, for its base case, the EAG changed the utility value in the 'chronic GvHD – failure-free, first 4 cycles' to be the same as the 'failure-free, first 4 cycles' value. The EAG also did scenarios using the utility models based on separate REACH2 or REACH3 data. The committee concluded that the adjustment to the utility value reflecting the 'failure-free, first 4 cycles' was appropriate, but noted this change had little effect on the ICER.

Quality of life with chronic GvHD

3.13   The committee had concerns about the face validity of the utility values in the chronic GvHD health states. In particular, it noted that the utility value for the 'chronic GvHD – new systemic treatment' state was similar to the values for the 'acute GvHD – failure-free' and 'chronic GvHD – failure-free' health states. It thought that this was implausible, given that people typically experience worse quality of life with each subsequent line of treatment. The company explained that because people with chronic GvHD are managed as outpatients, the utility value could be relatively high. But, the committee reasoned that the utility value for the 'chronic GvHD – new systemic treatment' was implausibly high and would probably worsen over time. Because people in the model generate most of their QALYs in the 'chronic GvHD' health state, the committee thought that the model could be sensitive to changes in this utility. So, it requested that the company update its model using plausible utility values for the chronic GvHD health states.

At the second committee meeting, the company presented evidence from REACH3 that showed that the utility values did not change substantially over time. The company did scenario analyses that varied the utility value of the 'chronic GvHD – new systemic treatment' health state. The company's preferred scenario used the utility from people in the REACH3 standard care arm who did not have ruxolitinib as their new systemic treatment. This new utility value was lower than in the original submission. The committee concluded that this new utility value was plausible.

Costs

Treatment duration

3.14   The company calculated treatment duration and associated costs using the average proportion of people remaining on treatment at each week of REACH2, and their average dose of ruxolitinib. The committee questioned whether people in REACH2 who developed chronic GvHD continued having ruxolitinib. The company confirmed that some people did continue having ruxolitinib after developing chronic GvHD. The clinical experts noted that this aligned with NHS clinical practice. The committee asked if this was reflected in the model. The company confirmed that the treatment duration in the model was not linked to health state. But, it added that because the treatment duration was calculated from REACH2, the model implicitly captured those people who continued ruxolitinib after developing chronic GvHD. The committee concluded that the modelled duration of treatment was appropriate and aligned with how ruxolitinib is likely to be used in NHS clinical practice.

Ruxolitinib wastage

3.15   The company's model assumed that there would be no wastage of ruxolitinib. The clinical experts noted that acute GvHD can be treated in hospital, with ruxolitinib dispensed by hospital pharmacies. But, there will be some people who have treatment for their acute GvHD as outpatients. The committee agreed that the risk of wastage is higher among outpatients than inpatients, and that wastage would increase the cost of ruxolitinib. The committee concluded that some ruxolitinib would be wasted and asked the company to update its model to include wastage of ruxolitinib.

At the second committee meeting, the company explained that it sought clinical advice on ruxolitinib wastage. The company noted that these clinical experts had experience with ruxolitinib at the start of the COVID-19 pandemic, when its use was commissioned by NHS England. This advice stated that around 35% of people would be expected to use ruxolitinib as outpatients, and that each outpatient would waste around half of 1 pack in total. The company incorporated

these wastage assumptions into its revised base case. The company also included a scenario analysis in which all people who have ruxolitinib incur half of 1 pack wastage. This scenario suggested that the model was insensitive to the cost of wastage. The EAG agreed that wastage was modelled appropriately. The committee concluded that the company's revised base case was a reasonable approach to account for wastage.

Severity of acute GvHD

3.16   The committee discussed the severity of the condition (as reflected by future health lost by people living with the condition who have standard care in the NHS). The committee may apply a greater weight to QALYs (a severity modifier) if technologies are indicated for conditions with a high degree of severity. The company provided estimates of absolute and proportional QALY shortfalls in line with NICE's manual on health technology evaluations. Using the company's assumptions resulted in a severity weight of 1.2. The EAG's assumptions produced a similar estimate of absolute and proportional QALY shortfall, which also resulted in a severity weight of 1.2. The committee noted that even if the efficacy of standard care was underestimated in the model (see section 3.5), this would be unlikely to change the resulting severity modifier. So, the committee concluded that the severity weight of 1.2 applied to the QALYs was appropriate.

Other factors

Equality

3.17   The committee noted that a genetic mismatch between donor and recipient increases the risk of acute GvHD. The company highlighted that finding a genetic match is particularly difficult for some ethnic groups, which may lead to an increased incidence of acute GvHD among these groups. The committee also recalled statements from the patient and clinical experts, and comments from consultation, that there are access issues with ECP that may mean significant travel time, and associated costs, for patients and carers. The patient and clinical experts also highlighted equality issues around access to ruxolitinib. First, they

noted that ruxolitinib was commissioned in Scotland and Wales. Second, they explained that ruxolitinib was available in England through an NHS England rapid commissioning policy enacted at the start of the COVID-19 pandemic. This policy was withdrawn in 2022, but some people are still able to access ruxolitinib through individual funding requests or local approval from some hospital trusts. The committee acknowledged the concerns, but concluded that they were not equality considerations that could be addressed in its decision making in a technology appraisal.

Uncaptured benefits

3.18   The committee discussed whether there were any uncaptured benefits of ruxolitinib. It recalled statements from the patient and clinical experts that many people with acute GvHD would prefer ruxolitinib because it is an oral treatment. They noted that this would be particularly important for people who have immunosuppression and could avoid hospital visits for ECP. The committee recognised that if ruxolitinib, being more effective, could also permit people to reduce their dose of corticosteroids, then corticosteroid-associated adverse effects would lessen relative to standard care. It also noted statements from carers about the all-encompassing nature of caring for a person with acute GvHD, and that the model does not include estimates of carer disutility. So, the committee concluded that there were likely to be uncaptured benefits of ruxolitinib and took these into account in its decision making.

Cost-effectiveness estimates

Acceptable ICER

3.19   NICE's manual on health technology evaluations notes that, above a most plausible ICER of £20,000 per QALY gained, the committee's judgements about the acceptability of a technology as an effective use of NHS resources will take into account the degree of certainty around the ICER. The committee will be more cautious about recommending a technology if it is less certain about the ICERs presented. But it will also take into account other aspects, including uncaptured

health benefits. The committee noted the high level of uncertainty associated with:

- The open-label design of REACH2 and REACH3, which may have affected the failure-free survival outcome in the standard care arms of both trials (see section 3.3 and section 3.6).

- Increasing the proportion of people having ECP in the standard care arm increases the costs of standard care but does not change the efficacy. This may underestimate the standard care treatment effect if different treatment options have different efficacies (see section 3.5 and section 3.8).

- The company's model is structured around the failure-free survival outcome. This was a secondary outcome in REACH2. Failure-free survival was primarily driven by switching to a new treatment and may have been affected by the open-label design (see section 3.7).

- Chronic GvHD was modelled by the company using data from REACH3, but only some people in REACH3 had corticosteroid-refractory acute GvHD before chronic GvHD (see section 3.11).

  Given the substantial uncertainty, but also noting the uncaptured benefits of ruxolitinib, the committee considered an acceptable ICER would be towards the lower end of the range NICE considers a cost-effective use of NHS resources (£20,000 to £30,000 per QALY gained).

Cost-effectiveness estimates

3.20 Because of confidential commercial arrangements for ruxolitinib, the comparators and other treatments in the model, the exact cost-effectiveness estimates are confidential and cannot be reported here. At the second committee meeting, the company, EAG and committee agreed on the same revised base case assumptions:

- assuming a treatment benefit of ruxolitinib only for time to new systemic treatment (see section 3.9)

- modelling a different distribution of third-line treatments for acute GvHD

depending on whether the previous treatment was ruxolitinib or standard care (see section 3.10)

- lowering the utility value for the 'chronic GvHD – failure-free, first 4 cycles' health state (see section 3.12)

- calculating the utility value for the 'chronic GvHD – new systemic treatment' health state from people in the REACH3 standard care arm who did not have ruxolitinib as their new systemic treatment (see section 3.13)

- assuming half a pack wastage of ruxolitinib for 35% of patients (see section 3.15)

- applying disutilities for adverse events multiplicatively rather than additively.

Conclusion

Ruxolitinib is recommended

3.21   The committee noted that the estimates of cost effectiveness presented by the company and EAG were uncertain because of inherent uncertainties in the clinical evidence and structural uncertainties in the economic model. But after considering all the evidence, the uncaptured benefits, all the ICERs presented, and the decision risk associated with recommending ruxolitinib, the committee concluded that the most likely cost-effectiveness estimate was within the range it considered to represent a cost-effective use of NHS resources. So, ruxolitinib is recommended for treating acute GvHD that has an inadequate response to corticosteroids in people 12 years and over.

4 Implementation

4.1   Section 7 of the National Institute for Health and Care Excellence (Constitution and Functions) and the Health and Social Care Information Centre (Functions) Regulations 2013 requires integrated care boards, NHS England and, with respect to their public health functions, local authorities to comply with the recommendations in this evaluation within 90 days of its date of publication.

4.2   Section 4f of The Innovative Medicines Fund Principles states that a discretionary source of early funding (from the overall Innovative Medicines Fund budget) is available for certain medicines recommended by NICE. In this instance, interim funding has been agreed for ruxolitinib. Interim funding will end 90 days after positive final guidance is published (or 30 days in the case of drugs with an Early Access to Medicines Scheme designation or cost comparison evaluation), at which point funding will switch to routine commissioning budgets.

4.3   The Welsh ministers have issued directions to the NHS in Wales on implementing NICE technology appraisal guidance. When a NICE technology appraisal guidance recommends the use of a drug or treatment, or other technology, the NHS in Wales must usually provide funding and resources for it within 60 days of the first publication of the final draft guidance.

4.4   When NICE recommends a treatment 'as an option', the NHS must make sure it is available within the period set out in the paragraphs above. This means that, if a patient has acute graft versus host disease that responds inadequately to corticosteroids and the healthcare professional responsible for their care thinks that ruxolitinib is the right treatment, it should be available for use, in line with NICE's recommendations.

5 Evaluation committee members and NICE project team

Evaluation committee members

The 4 technology appraisal committees are standing advisory committees of NICE. This topic was considered by committee D. Committee members are asked to declare any interests in the technology being evaluated. If it is considered there is a conflict of interest, the member is excluded from participating further in that evaluation.

The minutes of each evaluation committee meeting, which include the names of the members who attended and their declarations of interests, are posted on the NICE website.

Chair

Amanda Adler
Interim vice-chair, technology appraisal committee D

NICE project team

Each evaluation is assigned to a team consisting of 1 or more health technology analysts (who act as technical leads for the evaluation), a technical adviser, a project manager and an associate director.

Tom Palmer
Technical lead

Michelle Green
Technical adviser

Greg O'Toole
Project manager

Ian Watson

Associate director