**Nufeeja Clinic** 

535 E 70th St, New York, NY 10021, USA

**Botox Consent Form** 

15/11/2022

To,

### **Fathima Salam**

You have opted for Botox injection treatment and are being provided with the following information.

Botox is a form of injection-based treatment that uses a drug of the same name to reduce facial wrinkles and creases.

Botulinum toxin obtained from the bacteria of Clostridium species is a neurotoxin that causes muscle paralysis. This toxin is diluted and used to form the Botox drug that is injected within facial muscles. Due to the dilution, the toxin only manages to cause minor laxity of facial muscles. This action of the injection causes relaxation of the creases, wrinkles, and crow's feet, and leaves behind a youthful facial appearance.

Botox is an FDA-approved injection administered for cosmetic as well as medical purposes. Some of the common medical indications for Botox are cervical dystonia, dysuria due to constriction of urethral openings, excessive sweating, and muscular disorders of the eye among others. Cosmetic indications for Botox include facial wrinkles, creases, sagging facial skin, and crows feet.

Botox is injected at several points over the face into the facial muscles through a thin needle. The number of injections varies with each patient depending on the indication and desired end result. The treatment yields different results for everyone and may not have the complete desired effect in each case.

#### **Potential Risks:**

Botox treatment can cause redness, swelling, and possible bruising at the site of injection. The sensitivity of the skin to sunlight may temporarily increase. Patients may even experience nausea, headache, inability to use the facial muscles, or inability to chew food well.

## **Pre-Botox Instructions:**

Pregnant women and lactating mothers are not suitable candidates for undergoing Botox treatment. Botox treatment is not advisable if a patient has undergone facial surgery or any other facial cosmetic procedure recently. Botox is strictly contraindicated in patients having an active skin infection over the face. Inform your injector and doctor about any ongoing or chronic health condition you may have and the medication that you take for it. Inform your injector and doctor if you are on blood thinners.

#### **Post Procedure Instructions:**

- Do not touch or massage your facial area for some time after you receive a Botox injection.
- Avoid exposure to harsh sunlight immediately after Botox treatment.
- Use of makeup, cosmetic creams, and powders is strictly prohibited for a few days after Botox treatment.
- Inform your doctor if you experience any discomfort or extended side effects after your Botox injection.

**Alternatives:** You may opt for Kybella or Dysport as alternative options if Botox treatment does not yield satisfactory results.

## **Patient Declaration:**

I, Fathima Salam, have read and understood all the information mentioned in the above consent form. I have also been briefed about the procedure of Botox injection treatment and I understand its benefits and potential side effects.

I do not hold my doctor, my injector, or any other member of staff a**Nufeeja Clinic** responsible for any inconvenience caused to me after the treatment.

I CONSENT TO UNDERGO BOTOX INJECTION TREATMENT WILLINGLY, AFTER HAVING READ COMPLETELY THE INFORMED CONSENT FORM.

15/11/2022
Fathima Salam





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