

The Sacramento Children's Home eVIBE Program presents

NURTURING PARENTING PROGRAM

Guiding families in building nurturing relationships with self and their children; empowering them to make good choices; and using positive intervention skills to effectively solve problems.



The Nurturing Parenting Program focuses on managing conflict and serving culturally-diverse families with children in a one-on-one, in-home setting and/or group setting in school sites, faith-based centers, and community settings.

This is a FREE, voluntary program for families with children ages newborn to 18.

Incentives, including snacks, raffle prizes, and gift cards, are offered as incentives for families to complete the program.

TOPICS INCLUDE:

- Positive communication
- Establishing routines for family activities
- Appropriate expectations & child development
- Effective age-appropriate discipline
- Building empathy & understanding the importance of self care
- Improving children's self-worth

Pre-registration is required. For more information, or to sign up for the program in your community, please contact Gail Russell at (916) 452-3981 or via email at Gail.Russell@kidshome.org.



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