# TOM QAB MUS XYUAS COV NTSIAB LUS



Joni Lee yug hnub tim: 9/12/2006

l±) Cov kab mob cuam tshuam nrog cov cuab yeej kho mob sab hauv ntawm tus txha nraub qaum (CMS code)

4/4/2023 - 4/11/2023**Q**CS P TRANS MB

# Thaum Koj Nyob Tsev Kho Mob

# Vim Li Cas Koj Mus Kho Mob

Cov teeb meem hauv Tsev Kho Mob Ntiag Tug:Kab mob sib txuas nrog Internal Fixation Device of Spine (Cms Code)

Lwm yam teeb meem kho mob:S/P Fusion ntawm Thoracic Spin, Qhib Rov Qab Qhov Ncauj, Tsis Muaj Kev Tiv Thaiv Tom Qab, Kev Pom Zoo Thaum Ntxov, Poob Qhov Ncauj, Kev Noj Qab Haus Huv (Cms Code), Kab Mob Kab Mob Sib Ngus Hardware, Sequela, Post-Op Mob

# Cov lus nug txog koj lub tsev kho mob

Rau cov lus nug dav dav tom qab tso tawm, thov hu rau chav tsev uas koj raug tso tawm 415-51 4-4089.Rau cov lus nug tshwj xeeb, thov siv tus lej xov tooj nyob rau hauv ntu Kev teem caij yav tom ntej lossis cov lus qhia. Txhua kab xov tooj siv tau 24 teev hauv ib hnub / 7 hnub hauv ib lub lis piam.

# Tom qab Mus Saib Xov Tooj

Hauv 3 hnub tom qab koj nyob hauv tsev, koj yuav tau txais kev hu xov tooj los ntawm peb pab neeg. Thov teb cov lus nug, kom peb paub tias koj ua li cas. Yog tias koj xav tau kev pab lossis muaj lus nug, tus kws saib xyuas neeg mob yuav hu koj rov gab.

# Koj Tus Kws Kho Mob Ntiag Tug thaum 4/11/2023

### **PCP**

Lub npe	Hom	Tshwj xeeb	
Stephanie Tanya I Randall, NP	Nurse Tus kho mob	Tsis muaj	
Chaw nyob:2200 <sup>-</sup> 95501	Tydd Street Eureka	CA	Lej xov tooj: 707-441-1624 Fax: 707-441-1253

### Cov lus qhia los ntawm koj lub Tsev Kho Mob Pab Pawg

Nov yog qee cov lus qhia ntxiv txog koj tus menyuam qhov kev kuaj mob, chav kho mob hauv tsev kho mob thiab kev npaj taug qab:

Ua raws li:

### Koj Cov kauj Ruam Tom Ntej

Ua

- ☐ Mus nqa cov tshuaj no los ntawm WALGREENS #16373 -SAN FRANCISCO, CA - 550 16TH ST
  - acetaminophen
  - Cholecalciferol (vitamin D3)
  - levoFLOXacin
  - oxyCODONE
  - · rifAMP ua
- Mus nqa cov tshuaj no los ntawm cov pharm\_acy nrog koj cov ntawv sau ua ntej
  - naloxone

Mus

APR Mus Saib Video (Mus Saib Video)

**28** 10:00AM

Tuaj txog ntawm 9:50 AM

Daniele Yvonne Gusland, MD UCSF Pediatric Infectious Disease415-353-2813

# Cov lus qhia los ntawm koj lub Tsev Kho Mob Pab Pawg (txuas ntxiv)

- Rov qab mus rau chaw kho mob hauv 7-10 hnub rau kev kuaj mob hauv tsev kho mob orthopedic.
- Yog tias koj xav hloov lub sijhawm teem sijhawm, thov hu rau lub tsev kho mob ntawm 415-353-2967.

Joni Lee tau raug lees paub rau kev phais thiab kev tso dej nrog rau IV tshuaj tua kab mob rau kev kis kab mob hauv nws cov khoom kho mob. Nws yuav txuas ntxiv levofloxacin thiab rifampin kom txog thaum lub Tsib Hlis Hnub Tim 15, 2023. Nws yuav ua raws li kev kho mob orthopedics nrog rau cov kab mob sib kis.

Thoy hu rau koj tus kws kho mob thawj zaug LOSSIS tuaj rau ib qho ntawm cov hauv qab no:

- · Ua npaws ntau dua 101 F
- Ua pa nyuaj, ua pa nrawm dua 40 zaug hauv ib feeb
- Tsis muaj peev xwm haus dej txaus kom tso zis tsawg kawg ob zaug ib hnub.
- Ua tsaug ntau.
- · Lwm cov cim qhia lossis cov tsos mob uas cuam tshuam rau koj

### Kev xeem / kev kawm zoo:

Cov txiaj ntsig rau cov kev sim lossis kev tshawb fawb hauv qab no tsis tiav thaum lub sijhawm koj tawm hauv tsev. Thov ua raws cov txiaj ntsig no nrog koj tus kws kho mob thawj zaug lossis UCSF Pab Pawg Kab Mob Sib Kis.

#### **Pending Labs**

Yuav	Lub Xeev
AFB Non-Respiratory Culture	Preliminary results
Fungal Culture nrog KOH Fungal Stain	Preliminary results

Kev noj qab haus: Kev noj zaub mov tsis tu ncua

### Kev txwv kev ua si: Mus txuas ntxiv txha caj qaum fusion raws tu qauv:

Tsis muaj kev nqa hnyav, nrog rau lub hnab tsev kawm ntawv. Thov siv lub hnab dov. Tsis khoov lossis twisting txav. Nqa cov khoom hauv pem teb los ntawm khoov ntawm lub hauv caug. Zam kev thauj khoom axial xws li Taug kev nkaus xwb; tsis dhia lossis khiav.

#### **Kev Kho Mob:**

Yog muaj lus nug txog koj tus menyuam mus pw hauv tsev kho mob, koj hu tau rau koj tus kws kho mob thawj zaug. Cov lus qhia no tau raug tshuaj xyuas los ntawm Maritza Gomez, MD, MEd ua ntej tso tawm hauv tsev thiab txiav txim siab kom raug thiab ua tiav.

Thoy khaws cov ntaub ntawv no rau koj cov ntaub ntawv. Tej zaum nws yuav pab tau kom coj qhov no nrog

koj mus rau koj ghov kev mus ntsib tom gab. Ua tsaug rau koj tso siab rau peb saib xyuas koj tus menyuam

thaum lub sijhawm pw hauv tsev kho mob no.

Maritza Go mez, MD, MAS

# Cov lus qhia los ntawm koj lub Tsev Kho Mob Pab Pawg (txuas ntxiv)

## Kev kuaj mob, kev kho mob, thiab kev tiv thaiv COVID

Kev noj qab haus huv thiabkev nyab xeebntawm peb lub zej zogyogpeb qhov tseem ceeb tshaj plaws. Txhawm rau pab teb cov lus nug uas koj muaj txog COVID-19, suav nrog cov ntaub ntawv kuaj thiab tshuaj tiv thaiv, thov mus saib peb lub vev xaib <a href="https://www.ucsfhealth.org">www.ucsfhealth.org</a>.

Koj tseem tuaj yeem saib cov vis dis aus uas muaj cov ntaub ntawv tseem ceeb txog seb COVID-19 kis tau li cas, cov tsos mob, thiab yuav ua li casrautiv thaiv kom txhob muaj mob.

Mus saibwww.GoEmmi.com Tom qab ntawd nkag mus rau Code: UCSFCOVID

# UCSF Teem Caij Thov Rau Koj(Los ntawm kev nkag mus, txuas ntxiv mus)

yuav lawr	n	Pib
04/10/23 1647	Kev xa musrauPediatric Infectious Disease Cov lus qhia teem caij:Xov tooj ntawm lub tsev kho mob: (415) 353-2813 Thov hu rau lub tsev kho mob yog tias	04/10/23 0000
	kojtsis txhobtxaisib huhauv1 lub lis piam los teem caijkev teem caij.	
04/09/23 1008	Discharge xa mus rau Pediatric Infectious Disease Cov lus qhia teem caij:Xov tooj ntawm lub tsev kho mob: (415) 353-2813 Thov hu rau lub tsev kho mob yog tiaskojtsis tau huhauv1 lisrauteem caij teem caij.	04/09/23 0000

# Kev teem caij rau yav tom ntej thiab lwm yam kev taug qab mus APR Saib Video(mus saib video) nrog Daniele Yvonne Gusland, MD

28

Hnub Friday Lub Plaub Hlis Hnub Tim 28,202310:00 AM (Tau los ntawm 9:50 AM)
Peb tau teem caij mus ntsib Video rau koj.Los ntawm kev lees txais qhov kev caw no koj tso cai tuav qhov kev mus ntsib hauv video.**Feem ntau** 

cov kev mus ntsib video raug nqi tib yam li kev mus ntsib chaw ua haujlwm; cov nqe lus ntawm koj qhov kev txiav tawm thiab kev them nqi tseem siv tau. Yog tias koj muaj lus nug, hu rau koj lub tsev kho mob. Koj ib txwm muaj kev xaiv los thov kev teem sijhawm ntawm tus kheej es tsis txhob, lossis ua raws, mus saib video. Koj yuav tsum nyob hauv California thaum lub sijhawm ua haujlwm mus xyuas.

UCSF Pediatric Infectious Disease415-353-2813

Zoom Meeting Link: https://ucsf.zoom.us/j/5104282288

Zoom Meeting ID: 510 428 2288

Tus Muab Kev Pab: Daniele Yvonne Gusland

Caij Nyug: Lub Plaub Hlis Hnub Tim 28, 2023 Sijhawm: 10:00 AM

Yog xav paub ntxiv, saib peb lub vev xaib rau cov yeeb yaj kiab yuav ua li cas thiab cov lus qhia UCSF Video Mus Saib Qhov Webpage

# Kev saib xyuas txuas ntxiv

## Cov khoom siv kho mob ntev

#### SHIELD HEALTHCARE - WALNUT CREEK

Kev pabcuam:Infusion Pumps thiab khoom siv

Chaw nyob:2950 Buskirk Avenue, Suite 180, Walnut Creek CA 94597

Xov tooj:800-675-8841 Kuj muab:Dialysis/Infusion

# Dialysis/kev ngus tshav

#### SHIELD HEALTHCARE - WALNUT CREEK

Kev pab cuam: Tsev Infusion thiab Txhaj Tshuaj

Chaw nyob:2950 Buskirk Avenue, Suite 180, Walnut Creek CA 94597

Xov tooj:800-675-8841

Kuj muab:Cov khoom siv kho mob ntev

#### Cov cuab yeej tso tawm neeg mob

### **Enteral Nutrition - Pediatrics (Home Nutrition)**

Cov ntaub ntawv ntxiv: Cov ntsiab lus tsis txaus noj haus:

Kev noj zaub mov tsis txaus cuam tshuam txog kev tsis qab los noj mov raws li pov thawj los ntawm Kev poob phaus (Tshaj 44 GA - 20

xyoo): 5% UBW (7%)

Kev noj zaub mov noj: 26-50% ntawm kwv yees lub zog / cov protein xav tau. Kev mob nkeeg. Tam sim no ntawm

kev nkag

Txoj kev pub mis:PO Txoj kev pub mis: PO Formula

hom: Boost Plus Kcal/ounce: 45 kcal/oz

Ntim / hnub: 480 ml (2 cartons / hnub)

Kcal / hnub: 720 kcal

### Ua xua li 4/11/2023

Tsis Paub Kev Ua Phem

# Cov npe tshuaj

Raws li cov ntaub ntawv koj tau muab rau peb thiab cov tshuaj hloov pauv thaum mus ntsib no, koj daim ntawv teev tshuaj tiav hauv qab no. Txhua yam tshuaj tshiab, koob tshuaj tshiab, thiab cov tshuaj ntxiv yuav tsum raug xa mus rau lub tsev muag tshuaj lossis muab rau koj raws li daim ntawv xaj.. Thov ua tib zoo muab cov npe no sib piv nrog cov fwj tshuaj uas koj muaj nyob hauv tsev thiab cov uas koj tuaj nqa los ntawm lub phar macy. Yog tias koj pom cov tshuaj uas ploj lawm lossis sib npaug, thov hu rau koj tus kws kho mob thawj zaug lossis tus kws kho mob tshwi xeeb. Thov nga daim ntawv teev npe no mus rau txhua ghov kev teem caij kho mob.

# Daim Ntawv Qhia Tshuaj (txuas ntxiv)

# Pib noj cov tshuaj no

	sawv ntxov	tav su	Hmo ntuj	Lub sijhawm pw Raws li Xav tau
Acetaminophen 325mg tab Feem ntau paub raws li:TYLENOL Noj2ntsiav tshuaj(650mg tag nrho) los ntawm qhov ncauj txhua6(rau) teevKoob tshuaj:650mg Zaum kawg notau muab:650mg on 4Peb 11, 2023 10:40 AM Hloov:acetaminophen 160 mg / 5 ml elixir				
levoFLOXacin500mg tab Feem ntau paub raws li:LEVAQUIN Noj1ntsiav tshuaj(500mg tag nrho) los ntawm qhov ncauj txhua hnub.koob tshuaj zaum kawg: 5/15/23 hnub. Koob tshuaj:500mg Zaum kawg notau muab:500mg on 4Peb 11, 2023 9:05AM				
naloxone1 mg / ml pre-filled syringe tab Feem ntau paub raws li:NARCAN  Txau ib nrab ntawm cov ntsiab lus rau hauv txhua lub qhov ntswg rau kev siv tshuaj ntau dhau. Hu rau 911 ib.Rov ua dua yog tias xav tau.  Hloov:naloxone 4 mg/actuation Spraynaero				
rifAMP ua150mg tab Feem ntau paub raws li:RIFADIN Noj3tshuaj ntsiav(450mg tag nrho) los ntawm qhov ncauj thaum sawv ntxov thiab3tshuaj ntsiav(450mg tag nrho) yav tsaus ntuj.koob tshuaj zaum kawg:5/15/23 hnubyav tsaus ntuj Koob tshuaj:450mg Zaum kawg notau muab:450mg on 4Peb 11, 2023 9:05AM				

# YUAV HLOOV koj noj cov tshuaj no li cas

	sawv ntxov	tav su	Hmo ntuj	Lub sijhawm pw	Raws li xav tau
oxyCODONE5mg tab Feem ntau paub raws li:ROXICODONE					
Noj 1 ntsiav tshuaj (5 mg tag nrho) ntawm qhov ncauj txhua 8 (yim) teev					
raws li qhov xav tau rau Mob					
Koob tshuaj:5mg					
Zaum kawg notau muab:Nug koj tus kws kho mob lossis tus					
kws kho mob					
Dab tsi hloov:thaum twg yuav tau qhov no					

# YUAV TSUM noj cov tshuaj no

	sawv ntxov	tav su	Hmo ntuj	Lub sijhawm pw	Raws li xav tau
Cholecalciferol (vitamin D3)1000UNITS ntsiav tshuaj Noj2ntsiav					
tshuaj(2,000 NwsChav nyob tag nrho) los ntawm qhov ncauj txhua hnub					
Koob tshuaj:2,000Chav tsev					
Zaum kawg notau muab:2,000Chav nyob rau lub Plaub HlisPeb 11, 2023 9:05					
AM					

# Daim Ntawv Qhia Tshuaj (txuas ntxiv)

### Txhob noj cov tshuaj no

acetaminophen160 mg/5 ml elixir Feem ntau paub raws

li:TYLENOL

Hloov los ntawm: acetaminophen 325 mg tablet

### calcium carbonate500 mg calcium (1,250 mg) chewable ntsiav

tshuajFeem ntau paub raws li:OS-CAL

### diazPAM5 mg / 5 ml (1 mg / ml, 5 ml)

dawsFeem ntau paub raws li:VALIUM

#### naloxone4 mg/actuation SpraynaeroHloov los

ntawm:

naloxone 1 mg / ml pre-filled ijection syringe

#### ondansetron4 mg sai dissolve ntsiav

tshuajFeem ntau paub raws li:ZOFRAN-ODT

### polyethylene glycol17 gramm pobFeem

ntau paub raws li:MIRALAX

### cov sennosides 8.8 mg / 5 ml

syrupFeem ntau paub raws li:SENOKOT

# Mus nga koj cov tshuaj ghov twg

### Mus nga cov tshuaj no ntawm WALGREENS #16373 - SAN FRANCISCO, CA - 550 16TH ST

#### acetaminophen

Koj ghov kev kwv yees them nyiaj ib zaug:Kev kwv yees tsis muaj

#### Cholecalciferol (vitamin D3)

Koj ghov kev kwv yees them nyiaj ib zaug:\$0

#### levoFLOXacin

Koj qhov kev kwv yees them nyiaj ib zaug:Kev kwv yees tsis muaj

#### oxvCODONE

Koj qhov kev kwv yees them nyiaj ib zaug:Kev kwv yees tsis muaj

#### • rifAMP ua

Koj qhov kev kwv yees them nyiaj ib zaug:\$0

550 16TH ST RM 1200 SAN FRANCISCO CA 94158-2545

415-365-0512

### Mus nqa cov tshuaj no los ntawm ib lub tsev muag tshuaj nrog koj daim ntawv sau tshuaj

#### naloxone

Koj ghov kev kwv yees them nyiaj ib zaug:Kev kwv yees tsis muaj

# Kuv Daim Ntawv Qhia (My Chart)

Peb txaus siab muab peb cov neeg mob thiab lawv tsev neeg lub portal tus neeg mob hu ua MyChart. Nrog MyChart, koj cov ntaub ntawv kho mob tsuas yog ob peb clicks ntawm ib lub web browser lossis MyChart Mobile App. Nrog MyChart koj tuaj yeem:

- \* Xa lus rau cov chaw muab kev pab
- \* Saib cov ntawv xeem
- \* Thoy teem sijhawm, thiab ntau dua!

Yog tias koj muaj lus nug txog kev kuaj pom los ntawm koj Lub Chaw Saib Xyuas Xwm Ceev, thov hu rau koj tus kws kho mob tsis tu ncua. Yog tias koj tsis muaj ib tus kws kho mob tsis tu ncua thiab koj muaj lus nug, hu rau Lub Tsev Haujlwm Saib Xyuas Kev Kub Ntxhov los ntawm kev mus ntsib no.

### **Pediatric Emergency Departments**

- UCSF Benioff Children's Tsev Kho Mob Oakland 510-428-3240
- UCSF Benioff Children's Hospital Lub Hom Phiaj Bay / San Francisco 415-353-1818

### **Adult Emergency Department**

• UCSF Parnassus Ave San Francisco 415-353-1550

Koj Yuav Sau Npe Li Cas?

Thov nug lub rooj sab laj ntawm koj qhov chaw kho mob UCSF tom ntej kom paub ntau ntxiv txog kev sau npe

li cas! MyChart tsis yog siv rau kev xav tau ceev. Rau kev kho mob xwm txheej ceev, hu rau 911

# Koj ghov hnyav, BMI, thiab BSA thaum lub sijhawm mus ntsib

Luj: 55 kg (121 lb 4.1 oz) (W / TLSO brace)

Thoy siv cov kev sib txuas hauv qab no kom paub ntau ntxiv txog yuav ua li cas BMI suav thiab pom cov kev siv raws

li hnub nyoog. 2-20 xyoo:

https://www.cdc.gov/healthyweight/assessing/bmi/childrens\_bmi/about\_childrens\_bmi.html

21 xyoo los yog ntau dua:

htt ps ib://www.cdc.gov/healthyweight/assessing/bmi/adult bmi/index.html

### Cov lus qhia ntxiv

### UCSF Cov Ntaub Ntawy Qhia

Koj tuaj yeem nrhiav UCSF cov chaw kuaj mob thiab cov sij hawm kom tau txais koj cov ntshav ntawm: <a href="https://www.ucsfhealth.org/clinics/laboratory\_medicine/">https://www.ucsfhealth.org/clinics/laboratory\_medicine/</a>

Txhua qhov chaw muaj cov kev pab cuam kos ntshav. Qee qhov chaw tau txais kev teem caij rau tus kheej. Koj tuaj yeem teem sijhawm koj mus ntsib ntshav tom ntej los ntawm MyChart los ntawm xaiv "Teem sijhawm teem caij kuaj" hauv My Chart ntawv qhia zaub mov.

# Cov Lus Qhia Ntxiv (txuas ntxiv)

. . . . . . . . . . . . .

# Cov qhab nias xeem hauv Kuv Daim Ntawv Qhia (Test Results in MyChart)

Feem ntau cov txiaj ntsig tau muaj rau pom hauv MyChart sai li sai tau thaum lawv ua tiav. Koj tuaj yeem nkag mus rau cov txiaj ntsig no txhua lub sijhawm. Peb mam li ceeb toom koj txog cov txiaj ntsig tshiab ib hnub nyob nruab nrab ntawm8thiab 9kuv, hnub Monday txog hnub Friday (tsis suav cov hnub so). Hloov koj cov ntawv ceeb toom los ntawm ib zaug ib hnub mus rau tam sim:

- Nkag mus rau MyChart ntawm ucsfh kev noj qab haus huv.org/ mychart thiab mus rau Ntawv Qhia> Kevnyiamsibtxuaslus
- 2. Nyem rau ntawm MyChart Health Notifications kom nthuav cov seem ntawd.
- 3. Nyob rau hauv Test Result, uncheck lub thawv uas hais,"Ib qho kev ceeb toom txhua hnub" thiab nyem qhov ntsuab *Txuag*khawm.

Yog xav tau kev pab, hu rau UCSF MyChart Customer Service ntawm (415) 514-6000.

# Kev pab thauj mus los dawb rau Managed Medi-Cal cov neeg mob

Koj puas paubuasKoj qhov Managed Medi-Cal txoj kev npaj khomob suav nrog dawbkev thauj mus lostxiaj ntsig uas tuaj yeem pab koj tau txaisrauthiab los ntawm koj qhov kev teem caij kho mob?

## Thov nco ntsoov: Tsis tas yuav tsum muaj ib tus kws kho mob los tswj koj txoj kev thauj mus los.

Koj hu taukoj tus kheej yog tias koj xav taukev thauj mus los. Thov huntawmtsawg kawg yog 7 hnub ua ntejkoj teem caijthiab muajkojMedi-Cal Plan Insurance Card Number nrog koj thaum koj hu.

Alameda Alliance for Health866-791-4158
Anthem Medi-Cal877-931-4755
California Health&Kev noj qab haus huv877-658-0305
CalVivaKev Noj Qab Haus Huv855-253-6864
CentralCaliforniaibAlliance Rau Kev Noj Qab Haus Huv800-700-387, ext. 5625
Contra Costa Health Plan 855-222-1218
Health NetMedi-Cal855-253-6863
Health Plan of San Joaquin
Health Plan of San Mateo
MolinaKev kho mob
Partnership Health Plan ntawm California
San Francisco Health Plan415-547-7818,ext.7080

Cov Lus Qhia Ntxiv (txuas ntxiv)  Puas muaj lus nug txog koj txoj kev npaj?Thov hu rau Medi-Cal Telephone Service Center ncaj qha, ntawm 800-541-5555

Joni Lee (MRN: 78748923) • Sau los ntawm [35471] ntawm 4/11/2023