

# AFTER VISIT SUMMARY

**Joni Lee** Date of birth: 9/12/2006

 Infection associated with internal fixation device of spine (CMS code)  4/4/2023 - 4/11/2023  C5 P TRANS MB

## Your Hospital Stay

### Why You Were Hospitalized

Primary Hospital Problem: Infection Associated With Internal Fixation Device of Spine (Cms Code)

Other Medical Problems: S/P Fusion of Thoracic Spine, Open Back Wound, Unspecified Laterality, Initial Encounter, Weight Loss, Malnutrition (Cms Code), Wound Infection Complicating Hardware, Sequela, Post-Op Pain

### Questions Regarding Your Hospitalization

For general questions after discharge, please contact the unit from which you were discharged 415-514-4089. For specialty specific questions, please use the phone numbers in the Future Appointments or Instructions sections. All phone lines are accessible 24 hours a day/7 days a week.

### After Visit Phone Call

Within 3 days after you are home, you will receive an automated phone call from our team. Please respond to the questions, so that we know how you are doing. If you need help or have a question, a nurse will call you back.

### Your Primary Care Provider as of 4/11/2023

#### PCP

Name	Type	Specialty
Stephanie Tanya Randall, NP	Nurse Practitioner	Not available
Address: 2200 Tydd Street Eureka CA 95501		Phone: 707-441-1624
		Fax: 707-441-1253



### Instructions from your Hospital Team

Here is some **additional information** about your child's diagnosis, hospital course and follow-up plan:

#### Follow up:

## Your Next Steps



- ☐ Pick up these medications from WALGREENS #16373 - SAN FRANCISCO, CA - 550 16TH ST
  - acetaminophen
  - cholecalciferol (vitamin D3)
  - levoFLOxacIn
  - oxyCODONE
  - rifAMPin
- ☐ Pick up these medications from any pharmacy with your printed prescription
  - naloxone



**APR 28** Video Visit (Video Visit)  
10:00 AM  
Arrive by 9:50 AM  
Daniele Yvonne Gusland, MD  
UCSF Pediatric Infectious Disease  
415-353-2813

## Instructions from your Hospital Team (continued)

- Return to clinic in 7-10 days for wound check in pediatric orthopedic clinic.
- If you need to change your appointment time, please call the clinic at 415-353-2967.

Joni Lee was admitted for an incision and drainage as well as IV antibiotics for an infection in his hardware. He will continue levofloxacin and rifampin until May 15, 2023. He will follow up with orthopedics as well as infectious disease.

Please **call** your primary care provider **OR come in** for any of the following:

- Fever greater than 101 F
- Difficulty breathing, breathing faster than 40 times in one minute
- Inability to drink enough to urinate at least twice daily.
- Increased sleepiness.
- Other signs or symptoms that concern you

### Outstanding tests/studies:

*Results for the following tests or studies were not complete at the time of your discharge home. Please follow-up these results with your primary care practitioner or UCSF Infectious Disease Team.*

### Pending Labs

Order	Current Status
AFB Non-Respiratory Culture	Preliminary result
Fungal Culture with KOH Fungal Stain	Preliminary result

**Diet:** Regular diet

### Activity restrictions: Continue spine fusion protocol:

- No heavy lifting, including school bag. Please use rolling bag.
- No bending or twisting movement. Pick up items from floor by bending at knees.
- Avoid axial loading activity *i.e.* Walking only; no jumping or running.

### Wound Care:

For questions regarding your child's hospitalization, you may call your primary care doctor. These instructions were reviewed by Maritza Gómez, MD, MEd prior to discharge home and determined to be accurate and complete.

Please keep this document for your records. It may be helpful to bring this with you to your follow-up visit.

Thank you for entrusting us with the care of your child during this hospitalization.

Maritza Gómez, MD, MEd

## Instructions from your Hospital Team (continued)

### COVID Testing, Treatment, and Prevention

The health and safety of our community is our utmost priority. To help answer any questions you may have about COVID-19, including testing and vaccination information, please visit our website [www.ucsfhealth.org](http://www.ucsfhealth.org).

You may also watch a video with helpful information about how COVID-19 is spread, symptoms, and how to prevent getting sick.

Visit: [www.GoEmmi.com](http://www.GoEmmi.com) Then Enter the Code: UCSFCOVID

### UCSF Appointments Requested For you (From admission, onward)

Ordered		Start
04/10/23 1647	<b>Discharge Referral to Pediatric Infectious Disease</b> Scheduling Instructions: Clinic Phone Number: (415) 353-2813 Please call the clinic if you do not receive a call within 1 week to schedule an appointment.	04/10/23 0000
04/09/23 1008	<b>Discharge Referral to Pediatric Infectious Disease</b> Scheduling Instructions: Clinic Phone Number: (415) 353-2813 Please call the clinic if you do not receive a call within 1 week to schedule an appointment.	04/09/23 0000

### Future Appointments and Other Follow-up

APR  
28

#### Video Visit (Video Visit) with Daniele Yvonne Gusland, MD

Friday Apr 28, 2023 10:00 AM (Arrive by 9:50 AM)

We have scheduled a Video Visit for you. By accepting this invitation you consent to hold this visit by video. **Most video visits are billed the same as an office visit; the terms of your deductible and copay still apply. If you have any questions, contact your clinic.** You always have the option to request an in-person appointment instead of, or following, a video visit. You must be in California at the time of the visit.

Zoom Meeting Link: <https://ucsf.zoom.us/j/5104282288>

Zoom Meeting ID: 510 428 2288

Provider: Daniele Yvonne Gusland

Date: Friday April 28, 2023 Time: 10:00 AM

UCSF Pediatric Infectious Disease  
415-353-2813

For more details, view our website for how-to videos and instructions

[UCSF Video Visit Webpage](#)

## Continuing Care



### Durable Medical Equipment

#### SHIELD HEALTHCARE - WALNUT CREEK

Services: Infusion Pumps and Supplies

Address: 2950 Buskirk Avenue, Suite 180, Walnut Creek CA 94597

Phone: 800-675-8841

Also Providing: Dialysis/Infusion



### Dialysis/Infusion

#### SHIELD HEALTHCARE - WALNUT CREEK

Services: Home Infusion and Injection

Address: 2950 Buskirk Avenue, Suite 180, Walnut Creek CA 94597

Phone: 800-675-8841

Also Providing: Durable Medical Equipment

## Patient Discharge Equipment

### Enteral Nutrition - Pediatrics (Home Nutrition)

Additional Information: Malnutrition Summary:

Moderate malnutrition related to loss of appetite as evidenced by

Weight Loss (Over 44 GA - 20 years): 5% UBW (7%)

Nutrient Intake: 26-50% of estimated energy/protein needs.

Illness-related. Present on admission

Route of feeding: PO

Method of feeding: PO

Formula type: Boost Plus

Kcal/ounce: 45 kcal/oz

Volume/day: 480 mL (2 cartons/day)

Kcals/day: 720 kcal

## Allergies as of 4/11/2023

No Known Allergies

## Medication List

**i** Based on the information you provided to us and medication changes made during this visit, your complete medication list is below. Any new medications, new doses, and refills should have been sent to the pharmacy or given to you as a paper prescription. Please carefully compare this list with any medication bottles you have at home and those you pick up from the pharmacy. If you notice any missing or duplicate medications, please contact your primary care physician or a specialist. Please bring a copy of this list to all medical appointments.

## Medication List (continued)

### START taking these medications

	Morning	Afternoon	Evening	Bedtime	As Needed
<b>acetaminophen</b> 325 mg tablet Commonly known as: <b>TYLENOL</b> Take 2 tablets (650 mg total) by mouth every 6 (six) hours Dose: 650 mg Last time this was given: 650 mg on April 11, 2023 10:40 AM Replaces: <b>acetaminophen 160 mg/5 mL elixir</b>					
<b>levoFLOXacin</b> 500 mg tablet Commonly known as: <b>LEVAQUIN</b> Take 1 tablet (500 mg total) by mouth daily . Final dose: 5/15/23. Dose: 500 mg Last time this was given: 500 mg on April 11, 2023 9:05 AM					
<b>naloxone</b> 1 mg/mL pre-filled injection syringe Commonly known as: <b>NARCAN</b> Spray half of contents into each nostril for overdose. Call 911. Repeat if needed. Replaces: <b>naloxone 4 mg/actuation Spraynaero</b>					
<b>rifAMPin</b> 150 mg capsule Commonly known as: <b>RIFADIN</b> Take 3 capsules (450 mg total) by mouth in the morning and 3 capsules (450 mg total) in the evening. Final dose: 5/15/23 evening.. Dose: 450 mg Last time this was given: 450 mg on April 11, 2023 9:05 AM					

### CHANGE how you take these medications

	Morning	Afternoon	Evening	Bedtime	As Needed
<b>oxyCODONE</b> 5 mg tablet Commonly known as: <b>ROXICODONE</b> Take 1 tablet (5 mg total) by mouth every 8 (eight) hours as needed for Pain Dose: 5 mg Last time this was given: Ask your nurse or doctor What changed: <b>when to take this</b>					

### CONTINUE taking these medications

	Morning	Afternoon	Evening	Bedtime	As Needed
<b>cholecalciferol (vitamin D3)</b> 1000 UNITS tablet Take 2 tablets (2,000 Units total) by mouth daily Dose: 2,000 Units Last time this was given: 2,000 Units on April 11, 2023 9:05 AM					

## Medication List (continued)

**STOP** taking these medications

**acetaminophen** 160 mg/5 mL elixir

Commonly known as: **TYLENOL**

Replaced by: **acetaminophen 325 mg tablet**

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**calcium carbonate** 500 mg calcium (1,250 mg) chewable tablet

Commonly known as: **OS-CAL**

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**diazePAM** 5 mg/5 mL (1 mg/mL, 5 mL) solution

Commonly known as: **VALIUM**

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**naloxone** 4 mg/actuation Spraynaero

Replaced by: **naloxone 1 mg/mL pre-filled injection syringe**

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**ondansetron** 4 mg rapid dissolve tablet

Commonly known as: **ZOFRAN-ODT**

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**polyethylene glycol** 17 gram packet

Commonly known as: **MIRALAX**

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**sennosides** 8.8 mg/5 mL syrup

Commonly known as: **SENOKOT**

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## Where to pick up your medications



Pick up these medications at **WALGREENS #16373 - SAN FRANCISCO, CA - 550 16TH ST**

- **acetaminophen**

Your estimated payment per fill: Estimate unavailable

- **cholecalciferol (vitamin D3)**

Your estimated payment per fill: \$0

- **levoFLOXacin**

Your estimated payment per fill: Estimate unavailable

- **oxyCODONE**

Your estimated payment per fill: Estimate unavailable

- **rifAMPin**

Your estimated payment per fill: \$0

Address: 550 16TH ST RM 1200, SAN FRANCISCO CA 94158-2545

Phone: 415-365-0512

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Pick up these medications from any pharmacy with your printed prescription

- **naloxone**

Your estimated payment per fill: Estimate unavailable

## My Chart

We pleased to offer our patients and their families a patient portal called MyChart. With MyChart, your medical records are only a few clicks away on any web browser or the MyChart Mobile App. With MyChart you can:

- \* Send messages to providers
- \* View test results
- \* Request appointments, and more!

If you have questions about lab results from your Emergency Department Visit, please contact your regular doctor. If you do not have a regular doctor and you have questions, contact the Emergency Department from this visit.

### **Pediatric Emergency Departments**

- UCSF Benioff Children's Hospital - Oakland [510-428-3240](tel:510-428-3240)
- UCSF Benioff Children's Hospital - Mission Bay / San Francisco [415-353-1818](tel:415-353-1818)

### **Adult Emergency Department**

- UCSF Parnassus Ave San Francisco [415-353-1550](tel:415-353-1550)

How Do You Sign Up?

Please ask the front desk at your next UCSF clinic appointment for more information on how to sign up!

MyChart is NOT to be used for urgent needs. For medical emergencies, dial 911

## Your Weight, BMI, and BSA at the Time of Visit

Weight: 55 kg (121 lb 4.1 oz) (W/ TLSO brace)

Please use the links below to learn more about how BMI is calculated and to see reference ranges based on age.

2-20 years old:

[https://www.cdc.gov/healthyweight/assessing/bmi/childrens\\_bmi/about\\_childrens\\_bmi.html](https://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi/about_childrens_bmi.html)

21 years or greater:

[https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/index.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html)

## Additional Instructions

## UCSF Lab Order Information

You can find UCSF lab locations and hours for getting your blood drawn at: [https://www.ucsfhealth.org/clinics/laboratory\\_medicine/](https://www.ucsfhealth.org/clinics/laboratory_medicine/)

All sites offer drop-in blood draw services. Some locations are accepting self-scheduled appointments. You can pre-schedule your next blood draw visit through MyChart by selecting "Schedule a Lab Appointment" in the MyChart menu.

## Additional Instructions (continued)

### Test Results in MyChart

Most test results are available for viewing in MyChart as soon as they're finalized. You can access these results anytime. We'll notify you of new results once a day between 8 and 9 a.m., Monday through Friday (excluding holidays). To change your notifications from once daily to immediate:

1. Log in to MyChart at [ucsfhealth.org/mychart](https://ucsfhealth.org/mychart) and go to Menu > [Communication Preferences](#).
2. Click on MyChart Health Notifications to expand that section.
3. Under Test Result, uncheck the box that says, "One daily notification" and click the green Save button.

For help, call UCSF MyChart Customer Service at (415) 514-6000.

### Free transportation benefit for Managed Medi-Cal patients

Did you know that your Managed Medi-Cal health plan includes a free transportation benefit which can help you get to and from your medical appointments?

**Please note: a healthcare provider is not required to coordinate your transportation.**

You can call yourself if you require transportation. Please call at least 7 days before your appointment and have your Medi-Cal Plan Insurance Card Number with you when you call.

<b>Alameda Alliance for Health</b>	866-791-4158
<b>Anthem Medi-Cal</b>	877-931-4755
<b>California Health &amp; Wellness</b>	877-658-0305
<b>CalViva Health</b>	855-253-6864
<b>Central California Alliance for Health</b>	800-700-3874, ext. 5625
<b>Contra Costa Health Plan</b>	855-222-1218
<b>Health Net Medi-Cal</b>	855-253-6863
<b>Health Plan of San Joaquin</b>	209-942-6320
<b>Health Plan of San Mateo</b>	844-856-4389
<b>Molina Healthcare</b>	888-994-4833
<b>Partnership HealthPlan of California</b>	888-828-1254
<b>San Francisco Health Plan</b>	415-547-7818, ext. 7080



## [Additional Instructions \(continued\)](#)

**Have questions regarding your plan?** Please contact the Medi-Cal Telephone Service Center directly, at 800-541-5555.