Offensive Security 101

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Offensive Security

Definition: refers to the proactive approach of identifying and exploiting vulnerabilities in computer systems, networks, and applications with the aim of improving their security posture.

Basic Terminologies

Assessment Types

Internal

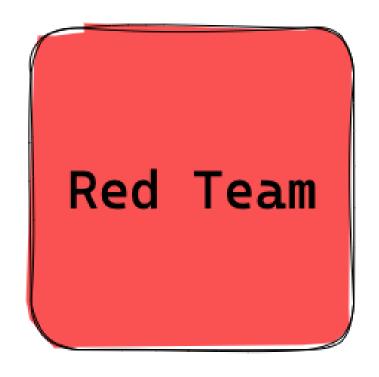
External

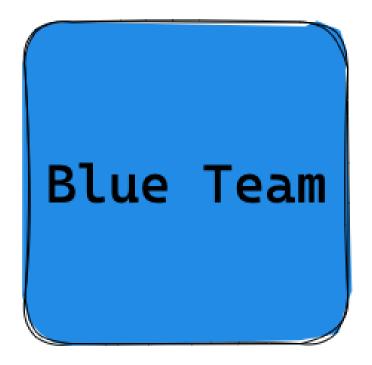
where to begin

career prospectives

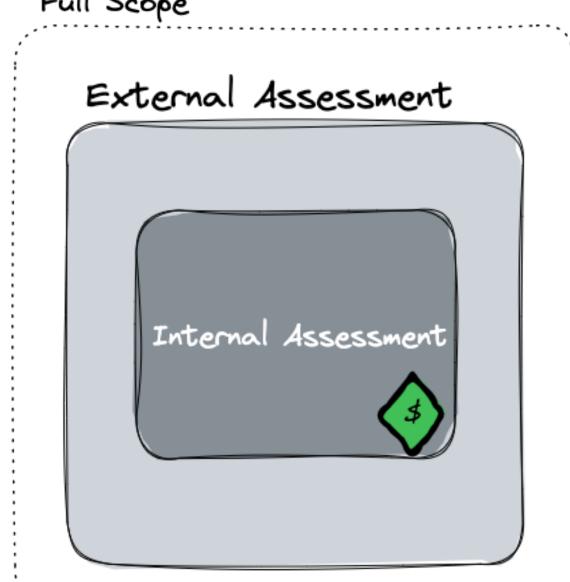
Basic Terminologies

Types of Teams





Full Scope



External Assessment (1/3)

Application Layer

- Web Applications
- Mobile Applications
- Thick-client applications
- Network/Cloud

External Assessment (2/3)

Human Layer/Social Engineering

- Phishing/Smishing
- Vishing

External Assessment (3/3)

Physical Layer

- Wireless Security
- Tailgating
- Lockpicking
- Dumpster diving

Internal assessment

Low-privilege user assessment

- hardened machine
- low privileged Active Directory user

High-privilege user assessment

- Service accounts
- Domain admins
- Local admins

Other Important Terminologies (1/2)

Crown Jewels \$

- AV server
- Domain controller
- Customer Transaction database

Other Important Terminologies (2/2)

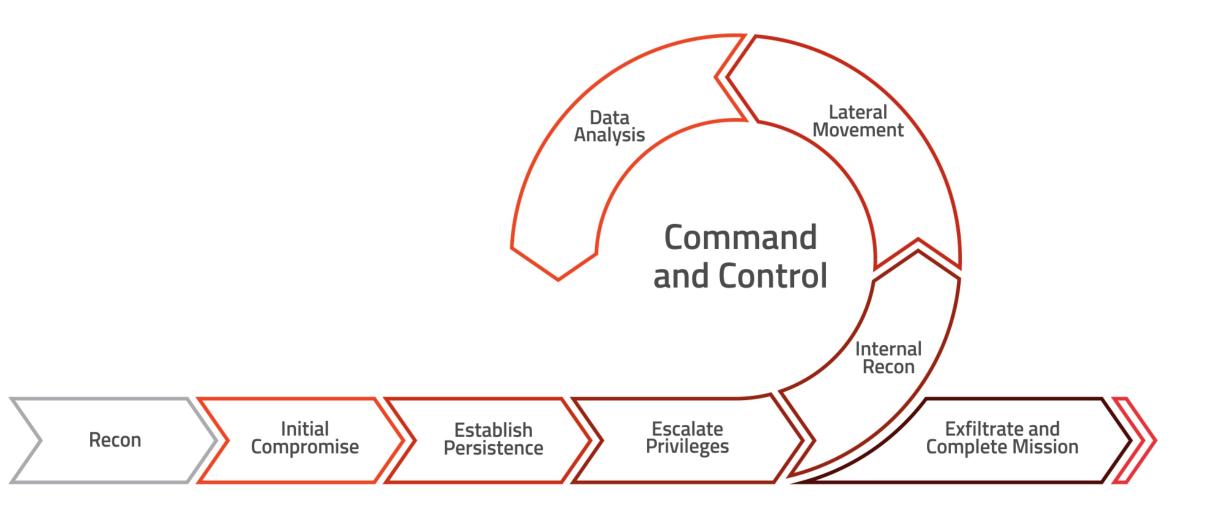
Full Scope Assessment

- Depends on the maturity of the organization
- Generally, involve both internal and external assets in-scope with listed crown jewels

Out of Scope assets and attacks

- Non prod assets
- DDoS/Phishing
- Live Hacking Event (Casinos were out of scope)

Red Team Assessment Lifecycle



External Assessment

Reconnaissance (1/3)

Asset Discovery

- Identifying the assets present in the scope of the assessment
- Active enumeration
- Passive enumeration
- Tool: amass (<u>setup</u>) [walkthrough]

Reconnaissance (2/4)

Content Discovery

- Identifying files, folders, etc
- Tool: ffuf

Wordlists

- Assetnote [link]
- Seclists [<u>link</u>]
- can be used for exploitation as well**

Reconnaissance (3/4)

Network Monitoring

- Masscan for identifying active hosts and open ports (Quickscan)
- NMAP for identifying the most common ports and service enumeration
- Shodan for monitoring (free credits)
- Write your own script for Network Monitoring**
 - CIDR -> resolve -> massscan -> nmap -> save results >> iterate

Reconnaissance (4/4)

Resources

- Jason Haddix Tesla recon [link]
- TraceLabs CTF (OSINT)

Exploitation (1/3)

Web Application Security

- OWASP Top 10
- Proxy Tools: BurpSuite [Walkthrough]

Resources:

- Jason Haddix <u>Application Analysis</u>
- Web Application Hacker's Handbook Chapter 21

- 1. A1-Injection
- 2. A2-Broken Authentication and Session Management
- 3. A3-Cross-Site Scripting (XSS)
- 4. A4-Insecure Direct Object References
- 5. A5-Security Misconfiguration
- A6-Sensitive Data Exposure
- 7. A7-Missing Function Level Access Control
- 8. A8-Cross-Site Request Forgery (CSRF)
- 9. A9-Using Components with Known Vulnerabilities
- A10-Unvalidated Redirects and Forwards

Exploitation (2/3)

API Security

- OWASP Top 10 for APIs
 - IDORS, Injections, Misconfigurations
- Resources
 - Hacking APIs (Corey J Ball)

API1:2019 — Broken object level authorization
API2:2019 — Broken authentication
API3:2019 — Excessive data exposure
API4:2019 — Lack of resources and rate limiting
API5:2019 — Broken function level authorization
API6:2019 — Mass assignment
API7:2019 — Security misconfiguration
API8:2019 — Injection
API9:2019 — Improper assets management
API10:2019 — Insufficient logging and monitoring

Exploitation (3/4)

Social Engineering

- Phishing tools (GoPhish)
- SECTF [link]
- What Every BODY is Saying-Joe Navarro





Your PC ran into a problem and needs to restart. We're just collecting some error info, and then we'll restart for you.

Internal Assessment

20% complete



For more information about this issue and possible fixes, visit https://www.windows.com/stopcode

If you call a support person, give them this info.

Stop code: CRITICAL PROCESS DIED

Lateral Movement and Persistence

Kerberos Authentication** [link]

- Pre-Auth disabled Attacks
- Kerberoasting
- Golden Ticket (persistence)
- Silver Ticket
- DSRM (Directory Services Restore Mode)
- DC-Sync Attack

Problem with learning

Lack of infrastructure

- VPS for automation
- Setup an active directory?

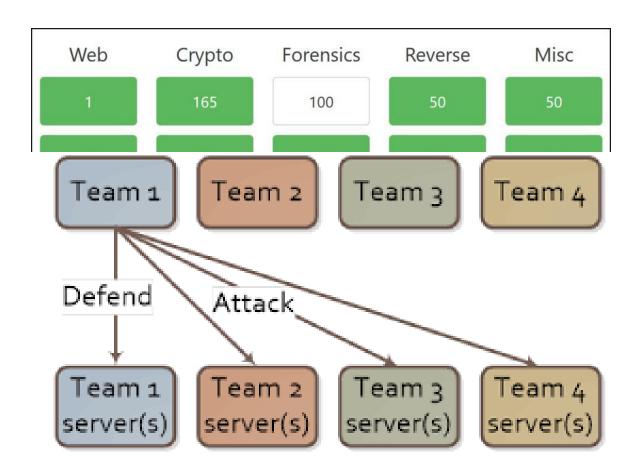
Overwhelmed with resources

Lack of Debugging skills

Where to begin? (1/3)

Capture the Flags (CTFs)

- Jeopardy style
- Attack and Defense
- CTF archives [link] (walkthrough)



Where to begin? (2/3)

Web Security Hands-on labs





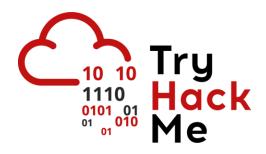
Where to begin? (3/3)

Machines/Boxes

• IPPSEC [link]







Scripting/Coding (1/2)

Automation

- Network Port Monitoring
- Subdomain Monitoring
- Chaining Tools
 - Network scan -> Amass -> ffuf -> slack/discord notification
 - /?id=xss check -> Basic XSS regex -> check reflection -> notification

Scripting/Coding

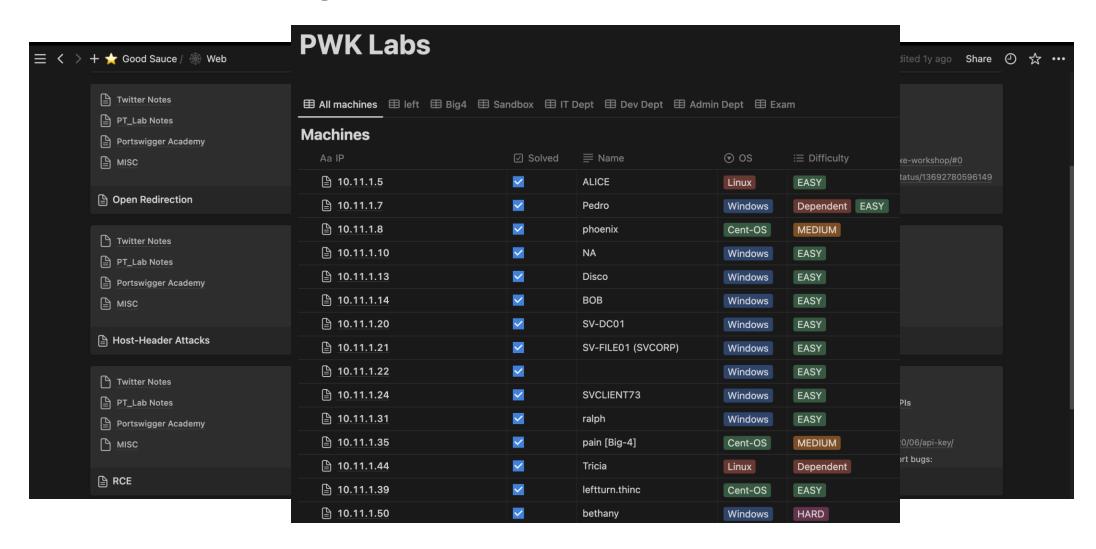
Python/Golang

- Learn 3 things:
 - File manipulation (R/W a file)
 - Web Requests (JSON manipulation, GET/POST requests)
 - Web scraping (Beautiful Soup)
- Tools (ffuf/httpx/nuclei/gobuster/subfinder)

Bash Scripting

- Data manipulation on the fly
- cut, grep, awk, jq

Note Taking



Certification Route

- CEH
- Security+
- eJPT
- OSWA
- PNPT
- OSCP
- CRTP
- OSWE



Networking/Conferences

Offensive/Red Teaming

Defcon

Research

USENIX

SWAGS

Black Hat/BSides

Don't attend talks at Conferences**

Career Prospects in Offensive Security

Red Teaming

Security Engineer (Automation)

Penetration Testing

- Web Application
- Android/IOS
- Network
- Thick Client
- Source Code analysis

Career Prospects in Offensive Security

Bug bounties \$\$\$

- Vulnerability Disclosure Programs (VDPs)
- Vulnerability Reward Programs (VRPs)
- Google Dorks [link]
- Good VDPs programs to begin with
 - Depart of Defense [link]
 - US Department of State [link]
 - any programs where you have paid/premium access to products**



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