



THE INCLUSION CALENDAR 2021



January 2021

"These so-called bleak times are necessary to go through in order to get to a much, much better place." David Lynch



In this year's calendar we continue our inclusion theme but cannot disregard the immense impact the coronavirus has had right across the entire World. Coronavirus does not discriminate; anyone can get the virus.

During this challenging time, people are coming together and are supporting one another. We are showing that, even in some of the most difficult and tough times, we can all choose to be kind. Helping each other has been shown to be good for our own mental health, helping to reduce stress and improving overall wellbeing.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1					1	2	3
Week 2	4	5	6	7	8	9	10
Week 3	11	12	13	14	15	16	17
Week 4	18	19	20	21	22	23	24
Week 5	25	26	27	28	29	30	31
	Jo		ical Health Awar Il Concern Dry Jo				
	0	Last Quarter	New Mod	on O Fir	st Quarter	O Full Moon	

Special Days

1st Mary, Mother of God – Catholic Christian

Gantan-sai (New Year) – Shinto Bank Holiday – England, Wales, Scotland, Northern Ireland and Republic of Ireland

New Year's Day/Hogmanay Global Family Day

4th World Braille Day
Bank Holiday – Scotland

5th Twelfth Night – Christian

6th Epiphany – Christian
Feast of the Theophany – Orthodox
Christian

7th Feast of the Nativity – Orthodox Christian

10th Baptism of the Lord Jesus - Christian

11th Seijin no hi (Coming of Age Day)
- Shinto

13th Lohri/Maghi – Hindu, Sikh

14th Old New Year – Orthodox Christian Makar Sankranti – Hindu Pongal – Hindu

17th World Religion Day

18th Martin Luther King Jnr. Day 18–25 Week of Prayer for Christian Unity

19th Timkat – Ethiopian Orthodox Christian

20th Birthday of Guru Gobind Singh - Sikh

25th Robert Burns Night (Burns Night)
Conversion of Saint Paul - Christian

27th Holocaust Memorial Day

28th Data Privacy Day

Thaipusam – Hindu

Tu BiShvat – Judaism

28–30 Mahayana New Year – Buddhist

31st Birthday of Guru Har Rai – Sikh



February 2021

"Covid-19 offers us a great opportunity for individual and collective recession. It is a time to go back to the drawing board and rewrite the next phase of our existence. The upcoming generation has to read about how we fought this pandemic with or without vaccines in order to overcome similar situations during their times." Olawale Danie



Random Act of Kindness

Call a friend that you haven't spoken to for a while.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 6	1	2	3	4	5	6	7
Week 7	8	9	10	11	12	13	14
Week 8	15	16	17	18	19°	20	21
Week 9	22	23	24	25	26	27	28
	Februar	y is UK Nation Rayr	al Heart Month naud's and Scler	Lesbian Gay B oderma Aware	isexual Trans His ness Month	story Month	
	O La	ast Quarter	New Moo	n O Fir	st Quarter (Tull Moon	

Special Days

- 1st World Hijab Day
 1–7 World Interfaith Harmony Week
 Imbolc Lughnassadh Wicca/Pagan
 Northern and Southern hemispheres
 1–7 UK Race Equality Week
- 2nd Candlemas (Presentation of Christ in the Temple) Christian
- 3rd Setsubun-sai Shinto
- 4th World Cancer Day
- 9th Safer Internet Day
- 11th International Day of Women and Girls in Science World Day of the Sick
- 12th Red Hand Day for Child Soldiers
 Chinese New Year Confucian, Daoist,
 Buddhist
- 14th Saint Valentine's Day
 Zacchaeus Sunday Orthodox
 Christian
 Autism Sunday
- 15th International Childhood Cancer Day Parinirvana Day/Nirvana Day — Buddhist
- 16th Shrove Tuesday Christian Vasant Panchami Hindu
- 17th Ash Wednesday Christian World Human Spirit Day
- 20th World Day of Social Justice
- 21st Triodion begins Orthodox Christian
- **22nd The Chair of Saint Peter** Catholic Christian
- **25th Intercalary Days begin** Baha'i
- 26th Purim Judaism
 International STAND UP to Bullying Day
- 27th Magha Puja (Sangha Day) Buddhist
- 28th Intercalary Days (end) Baha'i



March 2021

"It took a pandemic to make me realise that I do have a family; that I do have friends; that I do have a heart and that I do have faith."

Anthony T. Hincks



Random Act of Kindness

Tell your family members how much you love and appreciate them.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Week 10	1	2	3	4	5	6	7			
Week 11	8	9	10	11	12	13	14			
Week 12	15	16	17	18	19	20	21 °			
Week 13	22	23	24	25	26	27	28			
Week 14	29	30	31							
	March is Prostate Cancer Awareness Month Ovarian Cancer Awareness Month UK Marie Curie Cancer Care Great Daffodil Appeal Month									

Last Quarter

New Moon

Special Days

1st Zero Discrimination Day
Saint David's Day — Christian
Self Injury Awareness Day (SIAD)
International Wheelchair Day
Nineteen Day Fast begins — Baha'i

3rd World Hearing Day

7th Meatfare Sunday – Orthodox Christian

8th International Women's Day

11th Lailat al Miraj – Islam Maha Shivaratri – Hindu

14th Nanakshahi (New Year) – Sikh Cheesefare Sunday – Orthodox Christian Mothering Sunday

15th Great Lent begins – Clean Monday
– Orthodox Christian

17th Saint Patrick's Day – Christian Bank Holiday – Northern Ireland and Republic of Ireland

18th Global Recycling Day

19th Saint Joseph's Day – Christian

20th Spring Equinox

Naw-Rúz (New Year) – Baha'i
Ostara – Mabon – Wicca/Pagan
Northern and Southern hemispheres
International Day of Happiness
Negoz (New Year) – Parriag (Yercestric

Norooz (New Year) – Persian/Zoroastrian
Sunday of Orthodoxy – Orthodox

21st Sunday of Orthodoxy – Orthodox Christian International Day for the Elimination of Racial Discrimination

World Down Syndrome Day

22nd World Water Day

24th World TB Day

25th Annunciation to the Theotokos– Orthodox Christian

The Annunciation of the Virgin Mary

– Christian

26th Khordad Sal (Birth of Prophet Zarathushtra) – Zoroastrian

28th Palm Sunday – Christian Passover – Judaism Holika Dahan – Hindu Lailat al Bara'ah – Islam British Summer Time begins

29th Holi – Hindu Hola Mohalla – Sikh

30th World Bipolar Day

31st International Transgender Day of Visibility

All Jewish holidays begin at sundown on the evening before.



First Quarter

O Full Moon



April 2021

"The CEO is of no more importance than somebody cleaning the floors or that takes a bucket and mops the floors. I think that this is a time as a reset where we really have to re-evaluate how we treat workers. how people are paid, how can we get them into a role where they receive an equity as part of their compensation... they have something that appreciates. All these things I think are important as we go through this reset in business." Mark Cuban – Entrepreneur and owner of Dallas Mayericks



Random Act of Kindness

Leave an online review for your favourite lunch spot or restaurant, telling everyone how great they are.



			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
	April is Autis Bowel Cance	rm Awareness M r Awareness Mo	onth Stress Av nth Parkinson	vareness Mont 's Awareness M	h 1onth	
	12 19 26	12 13 19 20 26 27 April is Autis Bowel Cance	12 13 14 19 20 21 26 27 28 April is Autism Awareness Monday Bowel Cancer Awareness Monday	12 13 14 15 19 20 21 22 26 27 28 29 April is Autism Awareness Month Stress Av Bowel Cancer Awareness Month Parkinson	12 13 14 15 16 19 20 21 22 23 26 27 28 29 30 April is Autism Awareness Month Stress Awareness Month Bowel Cancer Awareness Month Parkinson's Awarenes	12

Special Days

- 1st April Fool's Day
 Maundy Thursday Christian
- 2nd World Autism Awareness Day Good Friday – Christian Bank Holiday – England, Wales, Scotland and Northern Ireland
- 4th Easter Sunday Christian
- 5th Easter Monday Christian
 Bank Holiday England, Wales,
 Northern Ireland and Republic of
 Ireland
- 7th World Health Day
- 8th International Romani Day Yom HaShoah – Judaism
- 13th Ramadan begins Islam
 Ugadi/Telugu New Year Hindu
 Songkran (Thai New Year) Buddhist
 Ramayana begins Hindu
- 14th Tamil New Year
 Birth of the Khalsa (Vaisakhi) Sikh
 Yom HaZikaron Judaism
- 15th Yom Ha'Atzmaut Judaism
- 18th Birthday of Guru Tegh Bahadur Sikh Birthday of Guru Angad Dev – Sikh
- **20th First Day of Ridvan** Baha'i
- 21st Rama Navami Hindu
- 22nd Earth Day
- 23rd Saint George's Day Christian
- **24th Lazarus Saturday** Orthodox Christian
- 25th Palm Sunday Orthodox Christian World Malaria Day
 - Feast of Saint Mark the Evangelist
 - Christian
 - Mahavir Jayanti Jain
- 27th Hanuman Jayanti Hindu Theravada New Year – Buddhist
- 28th World Day for Health & Safety at Work Ninth Day of Ridvan – Baha'i
- 30th Holy Friday Orthodox Christian Saint James the Great's Day
 - Orthodox Christian

Lag BaOmer – Judaism



May 2021

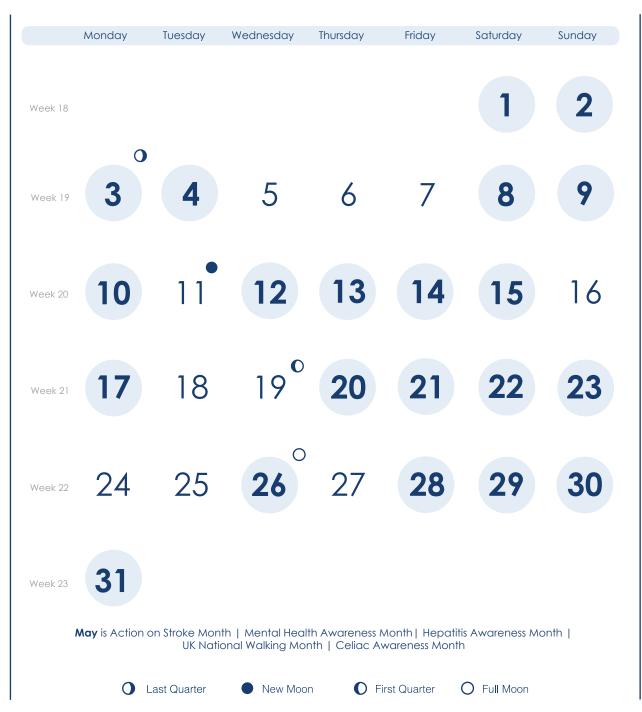
"We have a chance to do something extraordinary. As we head out of this pandemic we can change the world. Create a world of love. A world where we are kind to each other. A world where we are kind no matter what class, race, sexual orientation, what religion or lack of or what job we have...Let love and kindness be our roadmap." Johnny Corn



Random Act of Kindness

Donate to your local foodbank or to a charity that is close to your heart.





Special Days

- 1st Beltane Samhain Wicca/Pagan Northern and Southern hemispheres Twelfth Day of Ridvan – Baha'i
- 2nd Birthday of Guru Arjan Dev Sikh Pascha (Easter) – Orthodox Christian
- 3rd Bank Holiday England, Wales, Scotland, Northern Ireland and Republic of Ireland Feast of Saints Philip and James – Catholic Christian
 - World Press Freedom Day
- 4th International Firefighters Day
- 8th World Red Cross and Red Crescent
 Day
- 9th Lailat al-Qadr Islam
- **10th Yom Yerushalayim** Judaism
- 12th International Nurses Day
- 13th Ascension Day Christian
 Eid al Fitr Islam
- 14th Akshaya Tritiya Hindu, Jain Feast of Saint Matthias – Catholic Christian
- 15th International Day of Families
- 17th Shavuot Judaism International Day Against Homophobia, Transphobia and Biphobia
- 20th Global Accessibility Awareness Day
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological Diversity
- 23rd Pentecost Christian
 Birthday of Guru Amar Das Sikh
 Declaration of the Báb Baha'i
- 26th Vesak Buddhist
- 28th Ascension of Baha'u'llah Baha'i
- 29th International Day of United Nations Peacekeepers
- 30th Trinity Sunday Christian
- 31st Visitation of the Blessed Virgin Mary
 Catholic Christian

Bank Holiday – England, Wales, Scotland and Northern Ireland World No Tobacco Day



June 2021

"Only now do we value every breath that escapes our lips. Perhaps now we will learn to be grateful." Saim A. Cheeda



Random Act of Kindness

Hold open the doors for people.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 23		1	2	3	4	5	6
Week 24	7	8	9	10	11	12	13
Week 25	14	15	16	17	18	19	20
Week 26	21	22	23	24	25	26	27
Week 27	28	29	30				
		D:	e Awareness Mo		Name 1 15	alla Assara	to the least

Special Days

- 1st Global Day of Parents
- 3rd Corpus Christi Catholic Christian
- 4th International Day of Innocent Children **Victims of Aggression**
- 5th World Environment Day
- 7th Bank Holiday Republic of Ireland
- 10th Ascension of the Lord Orthodox Christian
- 11th Sacred Heart of Jesus Catholic Christian
- 12th World Day against Child Labour Global Wellness Day
- 14th World Blood Donor Day
- 15th World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev Sikh
- 17th World Day to Combat Desertification and Drought
- 18th Autistic Pride Day
- 20th Pentecost Orthodox Christian **World Refugee Day** Father's Day
- 21st Summer Solstice Litha - Yule - Wicca/Pagan Northern and Southern hemispheres
- 22nd UK Windrush Day
- 24th Nativity of Saint John the Baptist Christian

World Humanist Day

- 26th International Day Against Drug Abuse and Illicit Trafficking
- 29th Feast of Saints Peter and Paul
 - Christian



LGBTQ Pride Month | Men's Health Awareness Month | Gypsy, Roma and Traveller History Month



Last Quarter



New Moon



First Quarter



O Full Moon





July

"One virus has put all mankind of our planet to a survival test challenging the ability, intelligence and knowledge of humans." Syed Badiuzzaman



Random Act of Kindness

Thank a Teacher with a gift.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Week 27				1	2	3	4		
Week 28	5	6	7	8	9	10	11		
Week 29	12	13	14	15	16	17°	18		
Week 30	19	20	21	22	23	24	25		
Week 31	26	27	28	29	30	31°			
July is UV Safety Month Make a Difference to Children Month International Women with Alopecia Month Group B Strep Awareness Month									
	O La	ast Quarter	New Moor	n () Firs	et Quarter () Full Moon			

Special Days

- 3rd Saint Thomas the Apostle Christian
- 4th US Independence Day
- 5th Birthday of Guru Hargobind Sikh 9th Martyrdom of the Báb – Baha'i
- 11th World Population Day
- 12th Orangemen's Day
- **Bank Holiday** Northern Ireland
- 15th Saint Vladimir the Great Day
 - Orthodox Christian **World Youth Skills Day**
- 17th World Day for International Justice
- 18th Nelson Mandela International Day Tish'a B'ay – Judaism
- 19th Waqf al Arafa Islam
- 20th Eid al Adha Islam
- 22nd Feast of Saint Mary Magdalene
 - Christian
- 23rd Birthday of Guru Har Krishan Sikh Birthday of Emperor Haile Selassie
 - Rastafari
- **24th Pioneer Day** Mormon Christian
- Asalha Puja (Dharma Day) Buddhist
- 25th Saint James the Great Day Christian
- 28th World Hepatitis Day
- 30th World Day against Trafficking Persons International Day of Friendship











August 2021

"Struggling for the right words to say. Feeling a bit helpless and anxious. I am used to being team mates with people from all over the world, something I love most about cycling. It has occurred to me that every person in the world right now is my team mate, because every single person can make a difference in this flight. We are all in this together." Lizzie Deignan, Former World Road Racing Champion



Random Act of Kindness

Give a stranger a compliment.







Special Days

- 1st Lammas Christian
 Fast in honour of Holy Mother of Lord
 Jesus Orthodox Christian
 Lughnasadh Imbolc Wicca/Pagan
 Northern and Southern hemispheres
- **2nd Summer Bank Holiday** Scotland and Republic of Ireland
- 6th Transfiguration of the Lord Orthodox Christian Feast of Transfiguration of Our Lord – Christian
- 9th International Day of the World's Indigenous Peoples
- 10th Al-Hijra/Muharram New Year Islam Feast of Saint Lawrence – Christian
- 12th International Youth Day
- 15th Assumption of Blessed Virgin Mary

 Catholic Christian

 Dormition of the Theotokos Orthodox
 Christian
- 19th World Humanitarian Day Ashura – Islam
- **22nd Queenship of Mary** Catholic Christian **Raksha Bandhan** Hindu
- 23rd International Day for the Remembrance of the Slave Trade and its Abolition
- 24th Feast of Saint Bartholomew the Apostle
 Christian
- 29th Beheading of Saint John the Baptist

 Christian
- 30th Summer Bank Holiday England, Wales and Northern Ireland Krishna Janmashtami – Hindu



September 2021

"We are all navigating this new normal together. As we lock arms virtually and try to help one another in the ways we can, our vast world suddenly feels a little smaller and a lot more connected.

And for that, we are grateful." Michael Dell, CEO of Dell



Random Act of Kindness

Check in with your colleagues and ask how they are feeling with the change in working routine.





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 36			1	2	3	4	5
Week 37	6	7	8	9	10	11	12
Week 38	13°	14	15	16	17	18	19
Week 39	20°	21	22	23	24	25	26
Week 40	27	28	29 °	30			
			Awareness Moni Cancer Awaren World Dementic	ess Month Wo	orld Alzheimer's		
	O L	ast Quarter	New Moore	n O Firs	st Quarter (Tull Moon	

Special Days

- 4th Paryushana Parvarambha begins

 Jain

 5th International Day of Charity
 7th Rosh Hashanah Judaism
 8th Nativity of Virgin Mary Christian
- Nativity of Virgin Mary Christian Nativity of the Theotokos – Orthodox Christian
 - International Literacy Day
- 10th Ganesh Chaturthi Hindu World Suicide Prevention Day
- 11th Samvatsari Jain
- **14th Triumph of the Cross** Christian
- 15th International Day of Democracy
- **16th Yom Kippur** Judaism
- 19th Anant Chaturdashi Hindu
- 21st Sukkot Judaism
 Feast of Saint Matthew Christian
 International Day of Peace
 World Alzheimer's Day
- 22nd Autumn Equinox
 Mabon Ostara Wicca/Pagan
 Northern and Southern hemispheres
- 23rd Bi Visibility Day International Day of Sign Languages
- 26th World Deaf Day
- 27th UK National Inclusion Week begins
- 28th Shemini Atzeret Judaism International Right to Know Day
- 29th Michaelmas Saint Michael and All Angels – Christian Simchat Torah – Judaism World Heart Day



October 2021

"We should take comfort that while we may have more still to endure, better days will return: we will be with our friends again; we will be with our families again; we will meet again." HRH, Queen Flizabeth



Random Act of Kindness

Reach out to spend time with a friend, family member or neighbour who is experiencing loneliness.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 40					1	2	3
Week 41	4	5	6	7	8	9	10
Week 42	11	12	13°	14	15	16	17
Week 43	18	19	20°	21	22	23	24
Week 44	25	26	27	28	29	30	31
			er Awareness Mo upus Awareness i				
	O La	ast Quarter	New Moon	First	st Quarter (Full Moon	

Special Days

- 1st International Day of Older **Persons**
- 2nd International Day of Non-Violence Feast of the Guardian Angels Christian
- 4th Saint Francis' Day Christian **Blessing of the Animals** – Christian
- 6th Navaratri begins Hindu **World Cerebral Palsy Day**
- 9th Birthday of Guru Ram Das Sikh
- 10th World Mental Health Day
- 11th International Day of the Girl Child
- 14th World Sight Day
- 15th International Day of Rural Women **Dussehra – Dasara** – Hindu Global Handwashing Day
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Feast of Saint Luke Christian
- 19th Mawlid al-Nabi Islam
- 24th United Nations Day
- 25th Bank Holiday Republic of Ireland
- 26th Intersex Awareness Day
- 28th Feast of Saints Simon and Jude - Christian
- 29th World Stroke Day
- 31st All Hallows' Eve Christian

Samhain (Halloween) - Beltane

- Wicca/Pagan Northern and Southern hemispheres

Reformation Day – Protestant Christian

British Summer Time ends













November 2021

"It is only in our darkest hours that we may discover the true strength of the brilliant light within ourselves that can never. ever. be dimmed." Doe Zantamata



Random Act of Kindness

Leave a bouquet of flowers at the hospital, the nurses will know who needs it the most.





November is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month | Mouth Cancer Action Month | COPD Awareness Month | Movember Men's Health Awareness Month



Last Quarter



New Moon



First Quarter



Special Days

Sunday

- All Saints' Day Christian
- 2nd All Souls' Day Christian **Coronation of Emperor Haile** Selassie I – Rastafari
- 4th Diwali Deepavali Hindu, Sikh, Jain Bandi Chhor Divas – Sikh
- 6th Birth of the Báb Baha'i
- 7th Birth of Baha'u'llah Baha'i
- Intersex Day of Solidarity
- 9th Dedication of the Lateran Basilica - Catholic Christian
- 11th Armistice Day Interfaith
- 13th World Kindness Day
- 14th Remembrance Sunday 14-21 UK Interfaith Week **World Diabetes Day**
- 15th Nativity Fast begins Orthodox Christian
- 17th International Students' Day
- 19th International Men's Day Birthday of Guru Nanak Dev – Sikh
- 20th Universal Children's Day Transgender Day of Remembrance
- 21st Presentation of the Theotokos
 - Orthodox Christian
 - Feast of Christ the Kina Christian
- 24th Martyrdom of Guru Tegh Bahadur - Sikh
- 25th International Day for the Elimination of Violence against Women Day of the Covenant – Baha'i Thanksaivina – USA
- 27th Ascension of Abdu'l-Bahá Baha'i
- **28th Advent Sunday** Christian
- **29th Chanukah** Judaism
- **30th Saint Andrew's Day** Christian Bank Holiday – Scotland



December 2021

"Pandemics are an especially demanding test... because we are not just trying to protect people we know, but also people we do not know or even, possibly, care about". Nicholas Christakis, Yale University



Random Act of Kindness

Offer to help wrap presents for elderly neighbours, friends or family.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 49			1	2	3	4	5
Week 50	6	7	8	9	10	11	12
Week 51	13	14	15	16	17	18	19°
Week 52	20	21	22	23	24	25	26
Week 53	27 °	28	29	30	31		
	0						20



December is Universal Month for Human Rights | AIDS Awareness Month | Decembeard | Spiritual Literacy Month

Contract Contract

New Moon

First Quarter

O Full Moon

Special Days

1st World AIDS Day

2nd International Day for the Abolition of Slavery

3rd International Day of Persons with Disabilities

8th Feast of the Immaculate Conception

- Christian

Rohatsu (Bodhi Day) – Buddhist

9th International Anti-Corruption Day

10th Human Rights Day

18th International Migrants Day

20th International Human Solidarity Day

21st Winter Solstice

Yule – Litha – Wicca/Pagan Northern and Southern hemispheres

24th Christmas Eve – Christian

25th Christmas Day – Christian Feast of the Nativity – Orthodox Christian

26th Saint Stephen's Day — Christian Boxing Day Feast of the Holy Family — Catholic

Christian

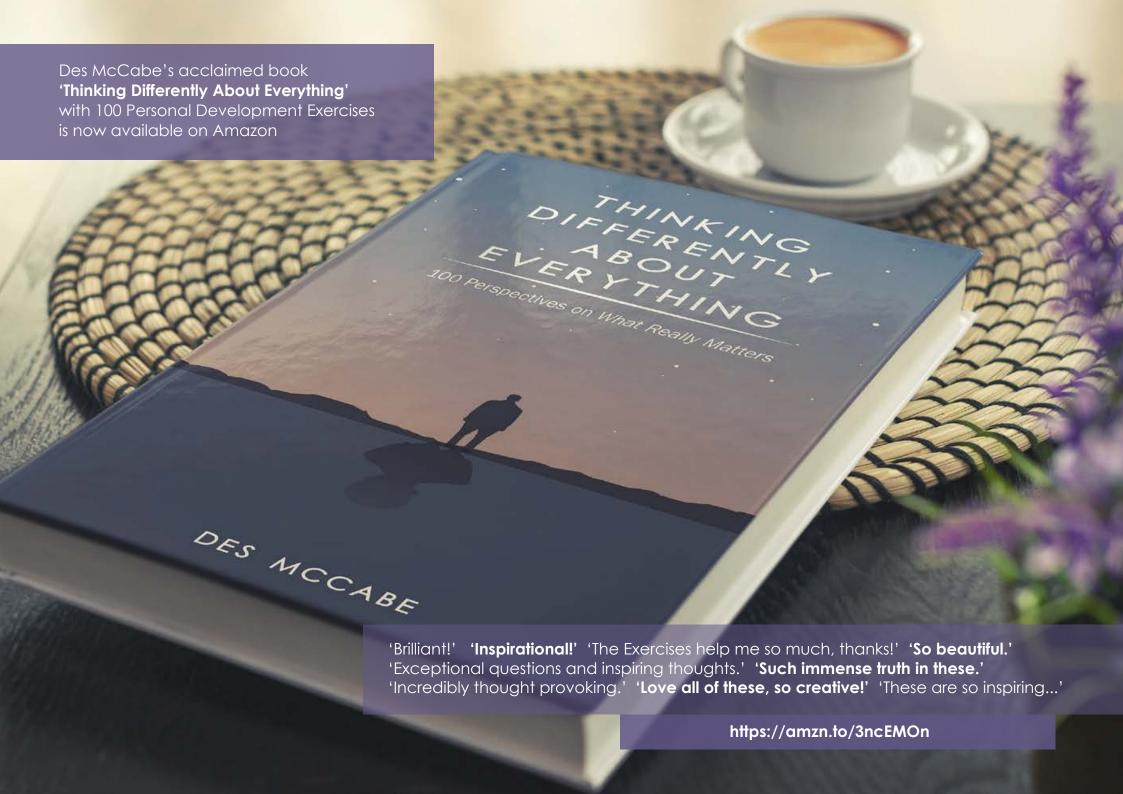
Zarathosht Diso (Death of Prophet

Zarathushtra) – Zoroastrian

27th Bank Holiday – England, Wales, Scotland, Northern Ireland and Republic of Ireland

28th Bank Holiday – England, Wales, Scotland, Northern Ireland and Republic of Ireland Holy Innocents – Christian

31st New Year's Eve/Hogmanay Watch Night – Christian



Inclusion Partners 2021























































































































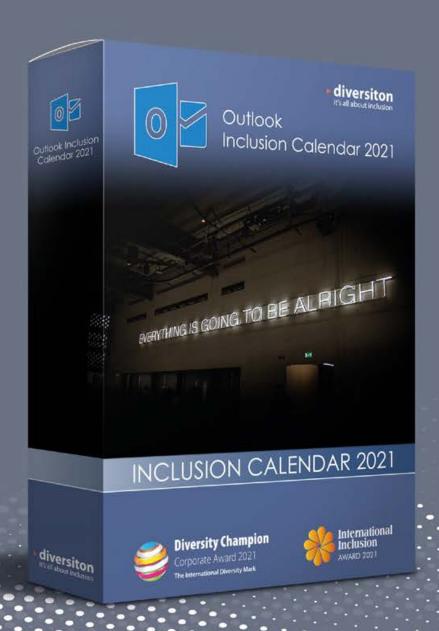








The Outlook Inclusion Calendar™



With the **Outlook Inclusion Calendar™** all of your staff can keep track of key dates including religious days, festivals, bank holidays, major health and well-being days and important diversity dates.

The **Outlook Inclusion Calendar™** will help to ensure that your staff don't miss any important celebrations or plan events when parts of the workforce cannot participate fully.

The **Outlook Inclusion Calendar™** can be customized and we can add your organization dates – such as work events, highlighted staff awareness days, training courses, meetings, holidays or project schedules.

Please see www.diversiton.com/outlook-calendar/ for more information or contact sharon@diversiton.com, +44 (0) 28 41754777