**Paddle UK – Copeland Canoe Club**

**Event Safety Summary for Seaquest 2025**

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| **Name of activity:** | Ravenglass Seaquest 2025 |
| **Description of activity:** | Assorted boats event. Suitable for reasonably experienced paddlers (ie roughly Discovery and above...) |
| **Activity date & time:** | Sunday 13 July 2025  Registration from 10:00, briefing 11:45, start 12:00, end 15:00 |
| **Activity venue:** | Ravenglass CA18 1SJ: Esk, Mite, Irt estuaries |
| **Entry arrangements** | Enter prior to event or on the day |
| **Boats and kit** | Participants please bring own equipment.  CCC can provide *some* equipment to members by prior arrangement |
| **Route** | See map: estuaries of Esk, Mite, Irt |
| **Escape route(s)** | Paddlers can egress on bank, footpath on N side of Esk estuary. |
| **Contingency Plans** | High winds / other poor weather will lead to reduced event, cancellation or change of date. |
| **Event officials** | Organiser – K Hetherington Safety officer – Joe Stalker  Welfare officer – Joe Stalker  First Aid – Kit at registration vehicle, all Coaches on site. |
| **Facilities** | Public Toilets are available, at National Park pay/ display car park in the village; postcode CA18 1SJ. Pubs / cafes in the village. |

**Risk control summary** (see risk assessment for full details)

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| **Compulsory to attend event briefing**:  Do not get on the water before organiser / safety officer have consulted to ensure safety is in place, When finished, participants / safety team **must** report back to control. | |
| Suitable personal PFD – Helmet (optional) – Suitable clothing and footwear must be worn. Boat buoyancy must be used. Map for the course in waterproof bag. Checklist for participants. | |
| If you capsize, stay with boat and await rescue or swim boat to shore if near-by. If you are trained in rescue you may do so. It is incumbent upon competitors to help others in trouble. | CCD logo |
| Cover cuts / wash hands before eating - alcohol gel at event control. |
| If you bring a boat from another catchment area, ensure it is washed / dried out before and after the event to avoid transfer of invasive species. |

**Emergency response information :**

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| Emergency - Contact details | Karen Hetherington (prior to event) 07721 039 596  VHF: Channel 16. Mobile at event 07721 039 596 or 07711 636 003  At event use 999 / 112 if needs must. |
| Emergency - Location Details | Give 999 /112 operator – Ravenglass, end of Main Street! Try CA18 1SJ for a postcode as the 999 ambulance system uses postcodes...  Grid ref. SD 084 962 |
| Medical Services Contact Details | West Cumberland Hospital CA28 8JG  01946 693 181 |