

## Asiri Medical Hospital

Document ID: PMD-20241128-001

Date of Issue: November 28, 2024

### Patient Information

- **Full Name:** John Doe
- **Date of Birth:** January 15, 1985
- **Gender:** Male
- **Contact Information:**
  - Phone: +1 234 567 890
  - Email: john.doe@example.com
- **Address:** 1234 Elm Street, Sri Lanka

### Medical Details

- **Primary Physician:** Dr. Emily Smith
- **Diagnosis:** Type 2 Diabetes Mellitus
- **Treatment Plan:**
  - Medication:
    - Metformin 500mg (twice daily)
    - Insulin (as needed)
  - Lifestyle Modifications:
    - Diet Plan: Low carbohydrate, high fiber
    - Exercise: 30 minutes walking, 5 days a week
- **Previous Medical History:**
  - Hypertension (controlled)
  - High Cholesterol

### Lab Reports

- **Recent Test Results:**
  - HbA1c: 7.8% (Above target)
  - Fasting Blood Glucose: 145 mg/dL
  - Total Cholesterol: 190 mg/dL

### Prescribed Procedures

- **Annual Eye Examination:** To screen for diabetic retinopathy
- **Quarterly HbA1c Testing:** To monitor glucose control

- **Foot Exam:** Every visit to check for neuropathy
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**Prepared By:**

Name: Dr. Emily Smith

Title: Endocrinologist

**Hospital Information**

**Asiri Medical Hospital**

- **Address:** 181, Bernard Soysa Mawatha, Colombo 00500
- **Contact:** 011 523 300