Do you watch TV a lot?

Not really. I'm quite a busy person. Most of the time, I just **put something on in the background** while I'm using my laptop.

I **go through phases**. Sometimes I am really into a show, and I end up **binge-watching** it over a few days. At some point, however, I might feel guilty. After all, there are better things I could be doing with my time, so I take a break for a few weeks.

What kind of TV programmes do you watch?

It depends. Sometimes, if I'm tired at the end of the day, I'll just put on a **sitcom** or a cookery programme or something. If I am in the mood for something more serious, I opt for drama series and some documentaries.

Describe a TV programme that you often watch. You should say:

What kind of programme it is

Why you watch it

When and why you first started watching it

In addition, mention whether you think this programme is better than other TV programmes that are on at the same time, and explain why.

Today, I'd like to talk about the American TV series "Games of Thrones."

Most people have heard of the "Games of Thrones" series, and many have even watched it before. The show has recently been among the most popular American TV series. However, I didn't watch it when it was aired originally. Actually, it was not until my friend told me about how good it was that I decided to watch it.

I think the "Games of Thrones" has outdone some other TV series because the characters and the writing have been exceptional. The plot had so many great twists and there were no spoilers. Normally, I can guess where the story is going, but with this series, life was full of surprises. They also had a lot of plot threads to resolve. Overall, I think they have done a really good job with it.

I felt like it went downhill during the last season, though. Some storylines just made no sense, and there was a lot of padding. Another problem was that it became too melodramatic. Every episode finished with a huge cliffhanger, like a bad case of soap opera. I hate it when a TV series leaves the storyline hanging in the air and doesn't explain things properly.

Overall, the "Game of Thrones" has something for everyone to enjoy, and people from all over the world can appreciate the series because its story is so interesting and unique. If you ask me, many viewers including myself will keep watching "Games of Thrones" for a long time to come.

'**Binge-watch**' means that you watch a lot of episodes of a TV show in a very short time.

If you say '**I go through phases**', and you're talking about watching TV, you mean that there are times when you watch TV regularly, and times when you don't.

If you **put something on in the background**, you aren't really watching it. Maybe you're half-watching, or you're listening but not watching.

Cliffhanger: A dramatic ending to an episode, when you really want to know what happens next.

Plot threads: Plot threads are like storylines. Many TV shows have many characters and plot threads, which go in parallel with each other. Generally, you want the series to resolve all of its plot threads, meaning that every storyline would have a logical ending.

Spoiler: Information in a newspaper article, blog, etc. that gives you the latest highlights in a given television programme.

Padding: 'Padding' means something which is added just to fill time. If a TV show has a lot of padding, there's a lot of empty content:

Melodramatic: overly emotional