

CURRICULUM VITAE

Date: 2/7/2023

PERSONAL INFORMATION

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Ph.D.

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Post-doc Fellow (Mentor: Dr. Carolyn Pickering)

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Dissertation

Care-resistant Behavior Trajectories of Persons Living with Dementia in Nursing Homes and Distal Outcomes in Oral Health: A Secondary Analysis.

Chair: Dr. Rita A Jablonski

HOSPITAL AND OTHER (NON-ACADEMIC) APPOINTMENTS:

Year	Rank/Title	Institution
2021	Coaching certified nursing assistant dementia literacy	The St. Martin Long-term Care, Birmingham, AL, USA
2021	Vaccinator for Covid vaccine	The UAB Hospital, Birmingham, AL, USA
2020	Vaccinator for Covid vaccine	UAB Highland Hospital, Birmingham, AL, USA
2020	Trainee in Alzheimer's Research	The Kirklin Clinic, Memory Disorder Clinic, Birmingham, AL, USA
2019	Preceptorship: ACE (Acute Care for the Elderly)	UAB Highland Hospital, Birmingham, AL, USA
2019	UAB School of Nursing Simulation	UAB School of Nursing, Birmingham, AL, USA

2019	Honors Program Clinical Practicum	The Kirklin Clinic. The Sparks Center UAB Birmingham, AL, USA
2018	Complex Care Clinicals (NSSU)	UAB Hospital; New Beacon, Birmingham, AL, USA
2018	OB/Peds Clinicals	Brookwood Baptist Medical Center; Alabama Children's Hospital; Birmingham, AL, USA
2018	Medical/Surgical Clinicals (II) (Cardiology)	The UAB Hospital, Birmingham, AL, USA
2018	Community and Public Health	Canterbury United Methodist; Life Christian Center Birmingham, AL, USA
2018	Medical/Surgical Clinicals (I) (Neuro-Surg SD)	The UAB Hospital, Birmingham, AL, USA
2018	Psychiatric Clinicals	Grandview Medical Center Birmingham, AL, USA
2017	Medical clinicals	Shelby Ridge Health & Rehab; UAB Hospital, Birmingham, AL, USA

EDUCATION:

Year	Degree	Institution
2019 -2022	Doctoral of Philosophy in Nursing	University of Alabama at Birmingham
2018-2019	Honor Program of School of Nursing	University of Alabama at Birmingham
2017-2019	Bachelor of Science in Nursing	University of Alabama at Birmingham
2015-2017	Pre-Nursing	The University of Alabama at Tuscaloosa
2015	Pre-Nursing	University of Alabama at Birmingham

LICENSURE:

2019–Present	Alabama #1-177126 (RN)	Alabama, USA
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BOARD CERTIFICATION:

2021-Present	Diversity, Equity, and Inclusion Training Courses	University of Alabama at Birmingham, Alabama, USA
2019-Present	Basic Life Support	American Heart Association

POSTDOCTORAL TRAINING:

2023-Present	Post- Doc Fellow: Pickering Lab. Project DRDB.	School of Nursing, University of Alabama at Birmingham, Al, PI: Dr. Pickering.
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ACADEMIC APPOINTMENTS:

Year	Rank/Title	Institution
2023-Present	Post- Doc Fellow: Pickering Lab. Project: DRDB.	School of Nursing, University of Alabama at Birmingham,

Al, PI: Dr. Pickering.

2022-Present	Mentee: Global Leadership Mentoring Community: Sigma	School of Nursing, University of Alabama at Birmingham Mentor: Dr. Ada Markaki
2021-2022	Graduate Research Assistant; Working on NIH R01 Study: CURB-it.	School of Nursing, University of Alabama at Birmingham, AL, PI: Drs. Jablonski&Pickering
2020-2021	Graduate Research Assistant; Working on NIMH R01 Study: Discovering Solutions for Dementia Symptoms	School of Nursing, University of Alabama at Birmingham, AL, PI: Dr. Pickering
2019-2021	Mentee; Working on Brush Away Infection CMS Project	School of Nursing, University of Alabama at Birmingham, AL, PI: Dr. Rita Jablonski
2020- 2022	Mentee; Working on Evidence-Based Guidelines for Best Oral Care	School of Nursing, University of Alabama at Birmingham, AL, PI: Dr. Rita Jablonski

GRANTS:

2023-	American Alzheimer's Association Research Fellow Grant (LOI submitted)	American Alzheimer's Association Role: PI Mentor: Dr. Carolyn Pickering
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AWARDS/HONORS:

2022	Award during 2022 PHD intensive: Core Value Award for "Integrity"
2022	Award during 2022 PHD intensive: Core Value Award for "Communication"
2021	The Lowder Travel Award
2021	3MT (3 Minute Thesis) Finalist, UAB Graduate School
2021	Best Overall Poster 1st Annual DNP/PhD Scholarship Collaborative
2021	Published article, Xiao (2021) selected by the editor of Workplace Health & Safety to present as the best article of the year in the International Academy of Nursing Editors (INANE) 2021 conference.
2021	Award during 2021 PHD intensive: Core Value Award for "Caring
2021	Award during 2021 PHD intensive: Core Value Award for "Integrity"
2021	SNRS Research Highlight--Brain and Alzheimer's Awareness Month
2021	Honored to nominate Graduate Dean's Excellence in Mentorship Award for Dr. Ada Markaki (Award Received)
2021-Present	Graduate Research Assistantship
2019-2020	UAB Blazer Fellowship
2019	UAB School of Nursing Outstanding Nursing Honors Students
2019	Graduate with honor of Cum Laude

2018-2019	Completed the UABSON Honors Program
2019	UAB Student Nurses' Association Funding Award for National Conference
2018	Phi Kappa Phi, National Honor Society for All Academic Disciplines
2018	Sigma Theta Tau International Honor Society of Nursing, Nu Chapter
2015-2016	Dean List for Two Semesters at the University of Alabama
2016-2017	President List for Three Semester at the University of Alabama

PROFESSIONAL SOCIETIES:

2023- Present	Member	Southern Nursing Research Society
2022- Present	Mentee	Sigma Global Leadership Mentoring Community
2021- Present	Member /Senator	GNSA (The Graduate Nursing Student Academy)
2018- Present	Member	Sigma Theta Tau International Honor Society of Nursing
2021- Present	Governance	Nu-Large Chapter of Sigma Leadership Board
2020- Present	Member	Gerontological Society of America (GSA)
2022	Conference Abstract Reviewers	Gerontological Society of America (GSA)
2021	Conference Abstract Reviewers	Gerontological Society of America (GSA)
2019- Present	Member	Alabama State Nurses Association
2019- Present	Member	South Nurse Research Association
2019- Present	Member	American Association of Colleges of Nursing
2019- Present	Member	American Nurse Association
2018- Present	Member	National Student Nursing Association

MEMBERSHIPS:

2021- Present	Member /Senator	National Graduate Student Association
2019- Present	Member	The Society for Collegiate Leadership & Achievement
2018- Present	Member	Honor Society of Phi Kappa Phi
2018- Present	Member	National Society of Leadership and Success

COUNCILS AND COMMITTEES:

2020- Present	PhD Council Committee	DEI Advisory Council Board, University of Alabama at Birmingham
2019- Present	Plagiarism Taskforce, Committee	Plagiarism Taskforce Student Focus Group, UAB

UNIVERSITY ACTIVITIES:

2022-Present	PhD Peer Mentor	University of Alabama at Birmingham
2022-Present,	Website editor	The Nu at-Large Chapter of Sigma
2021-Present	Newsletter Editor	The Nu at-large Chapter of Sigma
2021	Guest Speaker	The occupational nurses Journal Club
2019	Volunteer	UAB's Alzheimer's Disease Research Center Community Recruitment Event

2018-2019	Volunteer	UAB School of Nursing, Nursing Student Association
2019	Volunteer	UAB International Student Scholar Service Office
2018	Volunteer	UAB School of Nursing Magazine
2018	Volunteer	Changed Lives Christian Center (CLCC) -Tuesday Medical Night
2015-2016	President	LIFe (Living International Fellowship) at the University of Alabama
2015	Volunteer	UAB Student Affair-Student Involvement

JOURNAL REVIEW ACTIVITY:

2023-Present	Reviewer	BMC Nursing
2022-Present	Reviewer	Journal of International Medical Research
2022-Present	Reviewer	Research in Gerontological Nursing

MAJOR RESEARCH INTERESTS:

- Geriatric Nursing
- Alzheimer's Disease and Related Dementia behavioral symptoms
- Dementia caregiving
- Care coordination for caring for persons living with dementia.
- Dementia-related challenging behavior, specifically care-resistant behaviors.
- Neuropsychology
- Workplace health and safety

TEACHING EXPERIENCE:

2022	The guest lectures in the Honors course(s) at School of Nursing	Birmingham, Alabama
	Serve as a guest lecturer teaching Poster Booster Camp	
	Serve as a guest lecturer teaching Journal Club	
2021	The guest lectures in the Honors course(s) at School of Nursing	Birmingham, Alabama
	Serve as a guest lecturer teaching Honors students with Development of Graphics /PowerPoint tip	
2019	Official Nursing Student Tutor at School of Nursing	Birmingham, Alabama

GRANT SUPPORT:

CURRENT

Rita A Jablonski

Number: R01AG074255

2022-2027

Agency: National Institute on Aging/NIH

Amount: 690729.00

Project:

Testing Dementia Caregiver TeleCoaching to Reduce Episodes of Abuse and Neglect by
Recognizing and Managing Care-Resistant Behaviors

Role: Graduate Research Assistant

PAST

Carolyn E Ziminski Pickering

Number: R01AG060083

2021-2023

Agency: NIH

Amount: 2.87 million

Project:

DSDS Discovery Solution for Dementia Symptoms

Role: Graduate Research Assistant

Rita A Jablonski

Number: C90629769

2018-2021

Agency: Alabama Department of Public Health & Alabama Medicaid Agency

Amount: 2.3 million

Project:

Brush Away Infection

Role: Mentee

BIBLIOGRAPHY:

Manuscripts:

- Kham-ai, P., Wheeler, P., **Xiao, C.**, & Heaton, K. (2023). Impact of psychological distress on acute exacerbation of chronic obstructive pulmonary disease and its consequences: A systematic review and meta-analysis. *Nursing Research*. Under review
- Vance, D. E., Lee, Y., Batey, D. S., Puga, F., Clay, O. J., Byun, J. Y., Long, A. R., Rafford, M., **Xiao, C.**, & Fazeli, P. L. (2022). Risk factors of cognitive decline in older caregivers with HIV: An emerging hypothesis. *Journal of the Association of Nurses in AIDS Care*. DOI: 10.1097/JNC.0000000000000349
- **Xiao, C.**, Winstead, V., Townsend, C., & Jablonski, R. A. (2021). Certified Nursing Assistants' Perceived Workplace Violence in Long-Term Care Facilities: A Qualitative Analysis. *Workplace Health & Safety*, 2165079920986159. <https://doi.org/10.1177/2165079920986159>
- **Xiao, C.**, Puga, F., Pickering, C. E. Z., & Jablonski, R. A. (2023). Applying Group-Based Trajectory Modeling to examine behavioral symptom of dementia: A scoping review. *Journal of Advanced Nursing*. Under review
- Wang, Y., **Xiao, C.**, Wu, D., & Li, Y. Revisiting the association between grandparenting and mental health in China: New evidence from the harmonized CHARLS. *BMC Geriatrics*. Under review
- **Xiao, C.**, Pickering, C., Jablonski, R., & Azuro, A (Drafting by 2023, Feb) The effect of online interventions on depression, anxiety, stress, and burden in family caregivers of persons living with dementia: Meta-analysis of randomized controlled trials. Target journal: *JMIR Aging*
- **Xiao, C.**, Puga, F., Pickering, C., Gisinger, M., Cindy, C., Jablonski, R (Dissertation. Drafting by 2022). Care-resistant Behavior Trajectories of Persons Living with Dementia in Nursing Homes and Distal Outcomes in Oral Health. Target Journal: *Gerontologist*

- **Xiao, C.**, Jablonski, R.A., Montgomery, A.P., Patrician, P., & A. Markaki (Drafted Jan.2020-May.2020). Filial Piety: A Concept Analysis. Nursing Outlook (Drafted. Under revision)
- **Xiao, C.**, & Jablonski, R.A. (Draft by August. 2022). Care-resistant Behavior in Dementia Caregiving: Walker and Avant Concept Analysis. Target Journal: Alzheimer's and Dementia
- Edwards, M., & Prajankett, O., Winstead, V., **Xiao, C.**, Jablonski, R (Drafted by August 2021). Oral health evidence-based guidelines. Target Journal under discussion
- Edwards, M., & **Xiao, C.**, Best Practice of Genetic Disclosure in ADRD research. (2023drafting)
- **Xiao, C.** Winstead, V., Pickering, C. (March 2023). Worst part of the day: Daily reflection of caregiving for persons with dementia (Journal under discussion)

Books:

Richard A. Taylor, J. Nicholas Dionne-Odom, Erin R. Currie, **Chunhong Xiao**, and Marie A. Bakitas. Chapter 55 Rural Palliative Care. The Oxford Textbook of Palliative Nursing 6th Ed.

Published abstracts:

- **Xiao, C.**, Winstead, V., & Pickering, C. (November 2-6, 2022). The Worst Part of the Day: Daily Reflections of Dementia Family Caregivers. Gerontological Society of America (GSA). Indianapolis, IN.
- **Xiao, C.**, Puga, F., & Jablonski, R.A. (October,2021). A preliminary exploration to identifying care-resistant behavior trajectories of individuals with dementia in nursing homes. The 110th Anniversary of Xiangya Nursing Education of Central South University (CSU) &The 8th Xiangya Nursing International Academic Conference. Changsha, China.
- **Xiao, C.**, Winstead, V., Townsend, C., & Jablonski R.A. (November 2020). Certified Nursing Assistants' Experiences of Workplace Violence Caring Persons with Dementia. Gerontological Society of America.

Poster exhibits:

- **Xiao, C.**, Pickering, C., Puga, F., Cain, C., Geisinger M., & Jablonski, R. (March 1-3, 2023). Describing Care-resistant Behavior Trajectories During Mouth Care of Person Living with Dementia in Nursing Homes. Southern Nursing Research Association, Orlando, FL.
- **Xiao, C.**, Winstead, V., & Pickering, C. (November 2-6, 2022). The Worst Part of the Day: Daily Reflections of Dementia Family Caregivers. Gerontological Society of America (GSA). Indianapolis, IN.
- **Xiao, C.**, Harkins, M., Knighton, J., Winstead, V., & Jablonski R.A. (April 4-6, 2019). An Observation of Mouth Care Provided to Elderly Long - Term Care Facility Residents with Dementia. National Student Nurses' Association 67th Annual Convention. Salt Lake City, Utah.
- **Xiao, C.** Jablonski, R.A., & Puga F. (September 22, 2021). Charactering Care-resistant Behavior Trajectories of Individuals with Dementia in Nursing Homes. 1st Annual DNP and

PhD Scholarship Collaborative. Sponsored by: Nu at-Large Chapter of Sigma.

- Edwards, M., **Xiao, C.**, Winstead, V., & Jablonski, R.A. (September 22, 2021). The Feasibility of DNP and PhD student Collaboration in the Development of Evidence-Based Practice Guidelines. 1st Annual DNP and PhD Scholarship Collaborative. Sponsored by: Nu at-Large Chapter of Sigma.

Oral Presentations:

- **Xiao, C.**, Loan, L., Jablonski, R.A., & Markaki, A. (September 29, 2022). A Call to Action: Standardizing Stethoscope Use and Wearing by All Nurses. Sigma Global Nursing Excellence: 2022 Region 8 Conference BE BOLD. Podium presentation.
- **Xiao, C.** (November 4, 2021). Dementia Behaviors Road Map. 3MT (3 Minute Thesis) Finalist. UAB Graduate School.
- **Xiao, C.**, Puga, F., & Jablonski, R.A. (2021, October 22-24). A preliminary exploration to identifying care-resistant behavior trajectories of individuals with dementia in nursing homes [Oral presentation]. The 110th Anniversary of Xiangya Nursing Education of Central South University (CSU) &The 8th Xiangya Nursing International Academic Conference. Changsha, China. <https://xynursing.sciconf.cn/en/web/index/11112>
- **Xiao, C.**, &Jablonski, R.A. (August 1-3, 2021). Workplace Violence towards Certificate Nurse Assistants in Long-Term Care Facilities—Represent Workplace Health and Safety. The International Academy of Nursing Editors (INANE) Conference.
- Markaki, A & **Xiao, C.** (February 17). Sustainability and the Global Health Agenda: Nurses' Role. Healthcare and Nursing in China: A just-in-time perspective. Blazer Fellowship Meeting the School of Nursing. The University of Alabama at Birmingham, Alabama.
- **Xiao, C.** Jablonski, R.A., & Puga F. (September 22, 2021). Characterizing Care-resistant Behavior Trajectories of Individuals with Dementia in Nursing Homes. 1st Annual DNP and PhD Scholarship Collaborative. Sponsored by: Nu at-Large Chapter of Sigma.
- **Xiao, C.**, Winstead, V., Townsend, C., & Jablonski R.A. (November 4-8, 2020). Certified Nursing Assistants' Experiences of Workplace Violence Caring Persons with Dementia. Gerontological Society of America. Philadelphia (Virtual Presentation).

MISCELLANEOUS:

Professional Educational Video

Edward, M, Bui, J., **Xiao, C.**, Jablonski, R., Grau, G. (May 19, 2021). Dysphagia Oral Care at UAB. School of Nursing. The University of Alabama at Birmingham, Alabama.

Video link: https://mediaspace.uab.edu/media/Dysphagia/1_cs1hkqe6

Professional Training Institution	Discipline	Active Status	Content Area
Good Clinical Practice, CITI Training	Multidisciplinary	2019-Present	Leadership, research program development, policy & innovation.

Financial Conflict of Interest	Multidisciplinary	2019-Present	Purpose and importance of disclosing financial interests to promote objectivity in research.
Rigor, Reproducibility & Transparency Training	Multidisciplinary	2020-Present	Common errors and fallacies in research, scientific premise, authentication of chemical and biological resources, considerations of sex and other biological variables.
Human Research IRB Training: Biomedical, CITI Training	Multidisciplinary	2020-Present	Belmont Report, avoiding group harms, history and ethics of human subjects research, IRB regulations and review process, informed consent, vulnerable subjects.
CITI Good Clinical Practice	Multidisciplinary	2020-Present	Clinical trials involving drugs and devices, investigator obligations, informed consent, adverse events, audits, and inspections.

Two References

Name	Contact information	Relationship with Chunhong Xiao
Dr. Rita A Jablonski, PhD, CRNP, FGSA, FAAN, Professor, the University of Alabama at Birmingham	205-975-9019 rjablonski@uabmc.edu	Mentor, Dissertation Chair
Dr. Vicki Winstead, PhD, Scientist II	205-996-1576 vickiwin@uab.edu	Mentor, lab supervisor