users

id	bigint
first_name	varchar
last_name	varchar
username	varchar
email	varchar
password	varchar
created_at	timestamp
updated_at	timestamp

nutritionists

id	bigint
user	bigint
created_at	timestamp
updated_at	timestamp

roles

id	bigint
name	varchar
user	bigint

clients

id	bigint
password_changed	boolean
date_of_birth	timestamp
phone_number	varchar
height	float
nutritionist	bigint
user	bigint
created_at	timestamp
updated_at	timestamp

measurements

id	bigint
client	bigint
weight	float
fat_percentage	float
bmi	float
created_at	timestamp
updated_at	timestamp

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