



the 1990s, the number of people in the UK with a mental health problem has increased by 50% (Mental Health Foundation 2000). The prevalence of mental health problems in the UK is estimated to be 10% (Mental Health Foundation 2000).

There is a growing awareness of the need to address the needs of people with mental health problems in the workplace. The UK government has introduced legislation to protect the rights of people with mental health problems in the workplace (Mental Health Act 1983, Health and Safety at Work Act 1974, Disability Discrimination Act 1995). The UK government has also introduced measures to support people with mental health problems in the workplace (Mental Health Foundation 2000). The UK government has also introduced measures to support people with mental health problems in the workplace (Mental Health Foundation 2000).

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