



XDCAL soft gel capsule

Calcitriol 0.25 mcg + Calcium Citrate Malate 500 mg

Elemental Zinc 7.5mg + Elemental Magnesium 50mg

- ✓ Calcium Citrate Malate is the calcium salt of citric acid and malic acid.
- ✓ Most Bio-available calcium
- ✓ Water Soluble

Indicated For:

- Pregnancy and Adolescents
- Post-Menopausal Women
- Elderly
- Adjuvant to Osteoporosis, Osteomalacia & Fractures
- Other Calcium deficiency states

Absorption:

- ✓ Calcium Citrate Malate is created when the chelating agent Malic acid is added to Calcium Citrate, a compound is created that is 10 times more soluble than Calcium Citrate itself.
- ✓ In elderly people, when stomach acid is weak the need for a soluble form of calcium can become critical.

Menopausal Women:

✓ Supplementation with Calcium Citrate Malate is more effective than supplementation with calcium carbonate.

N Engl J Med. 1990 Sep 27; 323(13):878-83.

Bone Density:

✓ Supplementation with Calcium Citrate Malate resulted in significant increases in total body and spinal bone density in adolescent girls which may provide protection against Osteoporotic fracture.

Contact us to learn more.

Mensa Futura Life Sciences