

Vegetarian

ALOO PAPDI CHAAT 🌱🌱 £ 6.50
Popular Kathmandu Street snack filled with potatoes, various chutneys. Sweet yoghurt and sev Garnished with coriander.

SAMOSA CHAAT 🌱🌱 £ 6.50
Warm crunchy samosas filled with various chutneys, Sweet yoghurt, sev and garnished with coriander.

KURKURE OKRA 🌱 £ 6.95
Shallow fried fresh and tender okra pods coated with Gram flour, ground spices and seasoning.

ACHARI PANEER TIKKA 🌱🌱 £ 7.95
Cubes of paneer, onion and bell peppers are Marinated with spices, yoghurt and roasted in the tandoor.

GARLIC CHILLI TARUL 🌱🌱🌱 £ 7.50
Boiled cassava shallow fried and sauteed in Spiced sweet chilli sauce along with onions, bell peppers and crushed garlic.

TIBETAN STYLE PANEER SHAPTA 🌱🌱🌱🌱🌱 £ 7.95
Homemade paneer shallow fried and sauteed in spiced sauce along with onions, bell peppers and green chilli.

Special Lunch Menu

Rolls

CHICKEN TIKKA / SEEKH KABAB ROLL 🌱🌱/🌱🌱 £8.95
Spiced grilled chicken or lamb shish kebab wrapped in naan bread with salad and chutney, served with chips.

PANEER TIKKA / VEG TIKKI ROLL 🌱🌱 £7.95
Spiced grilled Paneer tikka wrapped in naan bread with salad and chutney, served with chips.

Rice and Curry

SIMPLY LAMB CURRY WITH JEERA / BOILED RICE 🌱🌱/🌱🌱 £9.95
Slow cooked lamb curry served with a choice of rice and salad.

SIMPLY CHICKEN CURRY WITH JEERA RICE / BOILED RICE 🌱🌱/🌱🌱 £ 9.95
Slow cooked chicken curry served with a choice of rice and salad.

BUTTER CHICKEN WITH JEERA RICE / BOILED RICE 🌱🌱/🌱🌱 £ 9.95
Creamy butter chicken served with a choice of rice and salad.

TAWA MIX VEG WITH JEERA RICE / BOILED RICE 🌱🌱 £ 8.95
Cooked mix veg curry served with a choice of Rice And salad.

COD FISH CURRY WITH JEERA RICE / BOILED RICE 🌱🌱/🌱🌱 £ 12.95
Cod fish curry served with a choice of Rice And salad.

COMBO MOMO CHOW MEIN 🌱🌱🌱 £ 9.95
Combination of Momo and chow Mein served in your choice (Veg /chicken/ lamb)

COMBO MOMOTHUKPA 🌱🌱🌱 £ 9.95
Combination of Momo and noodle soup served in your choice (Veg /chicken/ lamb)

PAU BHAJI 🌱🌱 £ 6.95
Mashed potatoes, green peas, cauliflower, tomatoes, herbs and spices. Served with 2 pieces of buttered buns. (£ 1.00 for extra PAU)

PANI PURI 🌱🌱 £ 4.95
Puri filled with potato, chick peas. Served with chilled spiced water.

METHI PAKORA 🌱🌱🌱 £5.95
Fresh Fenugreek leaves and onion mix with gram flour, rice flour, herbs and spices served with mint sauce.

Main Dishes

SHERPA LAMB 🌱🌱 (HIGHLY RECOMMENDED) £ 10.25
Slow cooked lamb with Himalayan spices.

SIMPLY LAMB CURRY 🌱🌱 £ 10.25
Slow cooked lamb curry in onion and tomato gravy With whole spices (on the bone / off the bone) your choice.

HIMALAYAN LAMB KARAH 🌱🌱 £10.25
Diced lamb slow cooked in Himalayan spices in tomato based gravy with pieces of onion and peppers.

CHICKEN TIKKA MASALA 🌱🌱🌱 £ 9.95
Nation's favourite, chicken tikka cooked with rich tomato-based gravy and cream.

HIMALAYAN KARAH 🌱🌱🌱 £ 9.95
Boneless chicken thigh slow cooked in Himalayan herbs And spiced tomato-based gravy with diced onion and peppers.

MAKHANI CHICKEN 🌱🌱 £ 9.95
Classic butter chicken.

HONEY HUNTER CHICKEN 🌱🌱 £ 9.95
Most popular dish among Gurung tribesmen of Nepal. Chicken on the bone sauteed with thick gravy. (The Gurung tribesmen of Nepal are master honey hunters, Risking their lives collecting honeycomb in the foothills of the Himalayas, nothing more than handmade rope ladders and long sticks known as tangos.

JAL PARI MACHA 🌱🌱🌱 £ 10.25
Cod fish fillets cooked in rich tomato gravy and coriander.

TAWA JHINGE 🌱🌱🌱 £ 13.95
King prawns cooked with peppers, onions, tomatoes and coriander.

Rice | Bread

PLAIN RICE 🌱 £ 3.50

JEERA RICE / EGG FRIED RICE 🌱🌱/🌱🌱 £ 4.50

PILAU RICE 🌱🌱 £ 4.25

PLAIN NAAN / BUTTER NAAN 🌱🌱 £ 2.25 / £ 2.50

GARLIC NAAN / CHILLI NAAN 🌱🌱 / 🌱🌱 £ 2.95

CHILLI GARLIC NAAN / PESHWARI NAAN 🌱🌱/🌱🌱 £ 3.25

TANDOORI ROTI 🌱 £ 2.25

ALOO PARATHA / LACHHA PARATHA 🌱🌱/🌱🌱 £4.25 / £ 3.50

CHEESE NAAN / CHEESE GARLIC NAAN 🌱🌱 / 🌱🌱🌱 £ 3.95 / £4.25

KEEMA NAAN 🌱🌱🌱 £ 3.95

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Namaste



Himalayan Spices

AUTHENTIC HIMALAYAN CUISINE

DINE-IN | TAKE AWAY | DELIVERY

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THURSDAY TO SUNDAY
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






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FOOD ALLEGRY NOTICE !





IF YOU HAVE A FOOD ALLERGY OR A SPECIAL DIETARY REQUIREMENT PLEASE INFORM A MEMBER OF STAFF WHEN PLACING YOUR ORDER .



Nepalese Special





CHOICE	QTY				
JHOL MO:MO (L / CHI / VEG/BUFF)	 	4PCS	£5.75 / £5.50 / £4.95/ £5.75		
		8PCS	£8.50 / £8.25 / £ 7.75 /£8.50		
KOTHE MO:MO (L / CHI / VEG/BUFF)	 	4PCS	£5.75 / £ 5.50 / £5.00/£5.75		
		8PCS	£8.75 / £ 8.50 / £8.00 /£8.75		
CHILLI MO:MO (L / CHI / VEG/BUFF)	 	4PCS	£5.95 / £5.75 / £5.25/£5.95		
		8PCS	£8.95 / £8.75 / £8.50/£8.95		
SADEKO MO:MO (L / CHI / VEG/BUFF)	 	4PCS	£5.95 / £5.75 /£5.25/£4.95		
		8PCS	£8.95 / £8.75 / £8.50/£8.95		




CHOW MEIN (LAMB/ CHI/ VEG)  £8.95 / £ 8.50/ £8.00
Noodles fried with a choice of lamb or chicken or vegetable,
Special soya sauce and mild chilli sauce.



MIX CHOW MEIN   £10.95
THUKPA (LAMB/ CHI/ VEG)   £8.95 / £ 8.75 / £ 7.95
Noodles soup with a choice of lamb or chicken or vegetable,
Special soya sauce and mild chilli sauce.




MIX THUKPA   £10.95
HIMALI ALOO   £ 6.95
Crispy baby potatoes tossed in a Himalayan spices and tangy
Pancha puran sauce.


SADEKO ALOO   £ 6.95
Boiled potatoes flavoured with onions, coriander, spices and
tempered with hot mustard oil. SPICY.




MASYAURA CHUYLA (SERVED COLD)     £ 6.95
Sun dried minced soybean balls marinated with
Himalayan spices, mustard oil and fenugreek seeds.




HAKU CHICKEN CHUYLA (SERVED COLD)    £ 7.50
Char-grilled tender pieces of chicken marinated with
Himalayan spices, mustard oil and fenugreek seeds.





CHICKEN SEKUWA    £ 7.50
Popular appetiser of Nepal, tender chicken/lamb
cubes marinated in Himalayan spices and herbs,
slow char-grilled in tandoor.




HAKU LAMB CHUYLA (SERVED COLD)    £ 7.95
Char-grilled tender pieces of lamb marinated with
Himalayan spices, mustard oil and fenugreek seeds.





LAMB SEKUWA    £ 7.95
Popular appetiser of Nepal, new season lamb cubes
marinated with spices, herbs and slow char-grilled.


SUKUTI SADEKO    £ 6.95
Crunchy pieces of lamb cubes sauteed with Himalayan
herbs and peanuts.

BHUTAN    £ 6.95
Bhutan is spicy dish prepared with lamb tripe,
It has been stir-fried in a wok with herbs.

ALOO ACHAR (SERVED COLD)     £ 6.50
Popular instant pickle from Nepali cuisine. Potatoes, carrot,
cucumber and green peas tossed In mustard oil, fenugreek
seeds and sesame seeds.

ALOO TAMA BODI    £ 5.25
Potatoes, black eyed beans and bamboo shoots.
Soup style.


SAMEY BAJI     £ 11.95
Authentic traditional dish of Newari community,
Consists of many items on a single plate.

YOMARI     £ 5.95
Yomari' similar to the dumplings where the pastry is made
from rice flour and fillings from 'CHOCOLATE', which is
very sweet in taste and enjoyed as a dessert.





Nepalese Special

BAJI CHIURA		£2.50
SADEKO BADAM		£ 3.50
WAI WAI CHATPATE		£ 3.95
WAI WAI SUKUTI CHATPATE		£ 6.95
THAKALI DAL BHAT (L/ CHI/ VEG)		£13.95 / £12.95 / £11.95

The combination of dal (lentils) and Bhat (rice) along with a
side dish of mixed vegetable, spinach, meat, pickle and yoghurt.

PLAIN BARA (EGG / MIX) £ 5.25 / £6.25 / £ 6.95
Lentil Pancake (NEWARI VEG)    
GLUTEN-FREE AND VEGAN (Non-vegan also available).

CHATAMARI (VEG/MIX) £ 5.25 / £ 6.95
Rice flour based pancake topped with a layer of Lamb
minced and topped with eggs. VEG-topped with mixed
vegetables.





KHYE KACHILA £6.95
Newari dish with    
slow steam.




BUFF CHILLY £7.95
Sliced buff meat sauteed in spicy chilly sauce along with onion,
peppers, and Himalayan herbs.




BUFF MUN CHUYLA £7.95
Boiled tender pieces of lamb marinated with himalayan
spices,mustard oil and fenugreek sees.

Vegetable | A ccompaniment




LASOONI SAAG    £ 7.00
Garlic and spinach.




PANEER TIKKA MASALA     £ 7.95
Roasted paneer tikka cooked with rich
tomato based gravy and cream.




DUM KO ALOO    £ 7.25
New Potatoes slow cooked in rich tomato sauce.

TAWA MIX VEGETABLE    £ 7.25
Selected seasonal mix vegetables from local market
Cooked with Himalayan spices on thin gravy.



OKRA MASALA    £ 7.50
Fresh okra cooked with onion, tomato and peppers.

KALO DAL    £ 7.50
Slow cooked for many hours, black lentil and red kidney
beans with mild Himalayan spices.












DAL PANCHAMI    £ 7.25
Five kinds of dals are cooked on a very low fire
for hours and tadka with garlic and tomato.

SAAG PANEER    £7.25
Spinach cooked with fried paneer.





SAAG ALOO    £7.00
Spinach cooked with potatoes.

CUCUMBER RAITA   £ 2.25
Salted yoghurt with cucumber and roasted cumin.

I ndex




 Vegeterian	 Saya Beans	 Mustrad	 Egg
 Diary Products	 Crustancean	 Nuts	 Spicy
 Gluten Free	 Seaseme Seeds	 Fish	

Vegetable | A ccompaniment

MIX RAITA  	£ 2.50
Salted yoghurt with chopped tomato, onion and cucumber.	
CHOPPED AVOCADO GREEN SALAD 	£ 3.50
Mix green leaves with avocado.	
DHUNGRI PAPAD & CHUTNEY 	£ 3.25




Desserts

GULAB JAMUN (3 PCS)    £ 4.95
Cheese dumpling in sweet syrup.

MANGO KULFI    £ 4.95
Ice cream flavoured with mango.



GAJAR HALWA    £ 4.95
Classic carrot pudding.


Non Vegetarian




DHUWADAR CHICKEN TIKKA    £ 7.75
Cubes of chicken marinated with ground spices,
yoghurt and Timur, smoked with cardamom,
Cinnamon and grilled in tandoor.

NEPALESE STYLE CHILLI CHICKEN    £ 7.75
Crispy marinated chicken pieces, sauteed in spicy
Sweet chilli sauce along with onions, peppers and
Spring onion.

SPICED CHICKEN WINGS    £ 7.25
Chicken wings marinated with ground spices and
roasted in tandoor.




HIMALAYAN LAMB CHOPS   £ 9.95
New season lamb chops marinated in herbs,
Ground crushed spices and roasted in tandoor.




DHUWADAR SHISH KEBAB  £ 7.50
Smoked with black cardamom and cloves
Lamb mince marinated with mild ground spices.
Char grilled in tandoor.




HIMALI FISH TIKKA    £ 9.50
Cod fish marinated with ground spices, herbs
And grilled in tandoor.

TANDOORI KING PRAWNS    £ 13.95
King prawns marinated with Himalayan spices and cooked
in tandoor.

Biryani

DUM PARDA CHICKEN BIRYANI    £ 12.95
Layer of partially cooked rice with chicken and Himalayan
spices, covered with puffy bread and baked to perfection.

DUM PARDA LAMB BIRYANI    £ 13.95
Layer of partially cooked rice with lamb and Himalayan
spices, covered with puffy bread and baked to perfection.

DUM PARDA VEG BIRYANI    £ 12.25
Layer of partially cooked rice with seasonal vegetables and
Himalayan spices, covered with puffy bread and baked to perfection.

DUM PARDA KING PRAWN BIRYANI    £15.95
Layer of partially cooked rice with king prawns and
Himalayan spices, covered with puffy bread and baked to perfection.

** ALL BIRYANI'S ARE SERVED WITH RAITA**

Thank You ...