

# Interactions and Model Building Strategies

# Announcements

- Midterm in 1 week (May 10 at 1-2:50pm)
  - Still working on project instructions – please use similar division of work as last quarter
  - **HW 4, Question 1, part h:** Make sure you use the fitted model with Age and CPR to calculate the 10 year increase in age.
  - Thank you all for your patience as I catch up on our project work, midterm, and class!
- HW3 & 4 Redos
- ↳ slack post estimable()

# Class 9 Learning Objectives

1. Determine if an additional independent variable is a not a confounder nor effect modifier, is a confounder but not effect modifier, or is an effect modifier.
2. Calculate and interpret odds ratios for interactions
3. Understand the overall steps for purposeful selection as a model building strategy
  - Connect these steps back to the tests of coefficients in Class 8

*Not coding in real time & not manual calc*

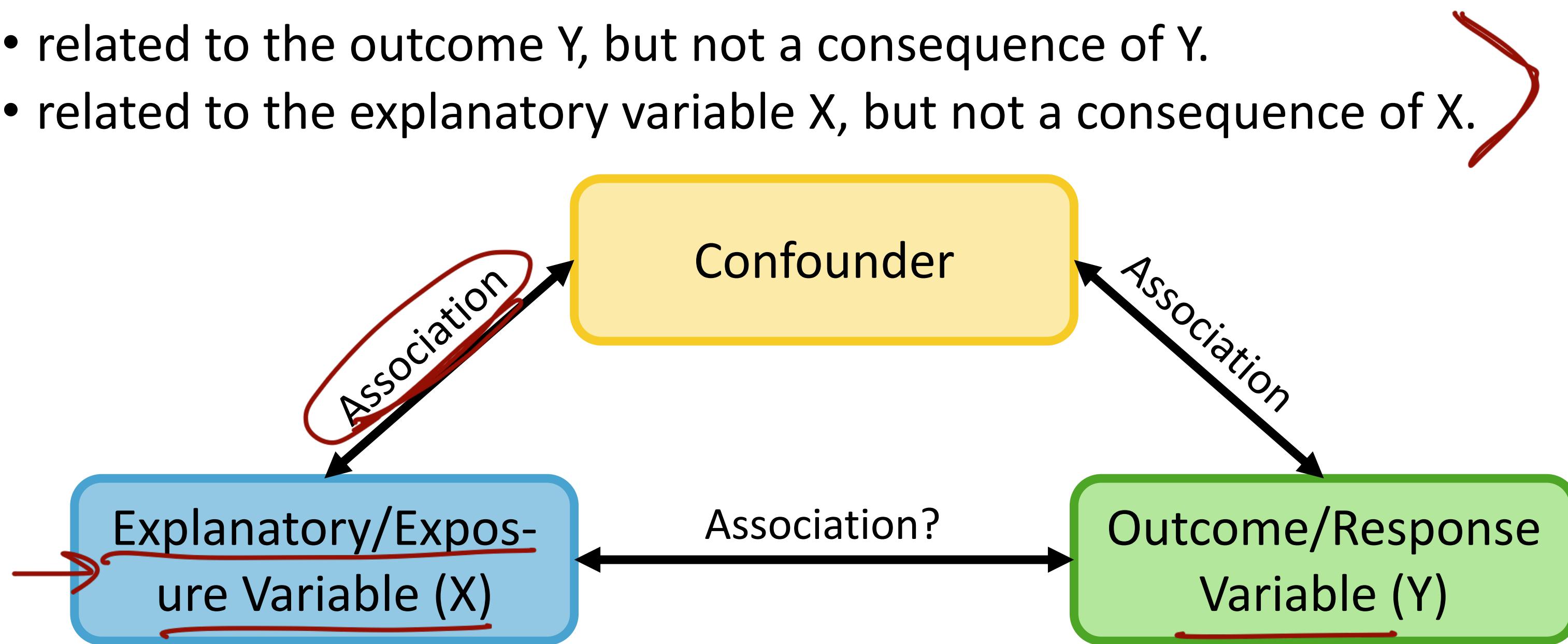
part 1,  
part 2  
↳ up to  
class 8

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# Re-visit Confounding

- A confounding variable, or **confounder**, is a factor/variable that wholly or partially accounts for the observed effect of the **risk factor** on the outcome
- A confounder must be
  - related to the outcome Y, but not a consequence of Y.
  - related to the explanatory variable X, but not a consequence of X.



# Test for Confounding (I)

*variable of interest*

- We may check for confounding by comparing the estimated coefficient for the **risk factor** variable from models with and without the confounder
  - First fit a simple logistic regression model with **single covariate  $x_1$**  (the risk factor), let  $\theta_1$  be the **unadjusted estimate of the coefficient for  $x_1$**

$$\text{logit}(\pi(x)) = \beta_0 + \theta_1 x_1$$

- Then fit a multiple logistic regression model with multiple covariate. For example, two covariate  $x_1$  (the risk factor) and  $x_2$  (the potential confounder), let  $\beta_1$  be the **estimate of the coefficient for  $x_1$**

$$\text{logit}(\pi(x)) = \beta_0 + \beta_1 x_1 + \beta_2 x_2$$

# Test for Confounding (I)

- Compute the percent change in the coefficient

$$\underline{\Delta \hat{\beta} \%} = 100\% \times \frac{(\hat{\theta}_1 - \hat{\beta}_1)}{\hat{\beta}_1}$$

↑ w/out confounder      ↓ w/ confounder

$\Delta \hat{\beta} \% > 20\% \Rightarrow$  consider  $x_2$  to be a

- What threshold should we use to include a confounder in a model? *confounder*
  - No real agreement in the statistical/epi/clinical literature
  - Some say if change in coefficient is **greater than 20%**, a confounder should be included in the model
  - Others use changes as low as **10%**, and others may use **25%**
  - For our class, let's follow the Hosmer and Lemeshow textbook, and use 20%**

# Poll Everywhere

## Question 1

We have the following two fitted models:  $\text{logit}(\pi(x)) = -3 + 0.4x_1$  and  $\text{logit}(\pi(x)) = -3.05 + 0.49x_1 - 0.17x_2$ . Using the "greater than 20%..." rule, is  $x_2$  a confounder?

[https://www.polleverywhere.com/multiple\\_choice\\_polls/PApJp3fAtJfApDmFsAYjc](https://www.polleverywhere.com/multiple_choice_polls/PApJp3fAtJfApDmFsAYjc)

Respond at **PollEv.com/nickywakim275**

We have the following two fitted models:

fitted model including  $x_2$  →  $\text{logit}(\pi(x)) = -3 + 0.4x_1$  and  
no  $x_2$  →  $\text{logit}(\pi(x)) = -3.05 + 0.49x_1 - 0.17x_2$ .

Using the "greater than 20%" rule, is  $x_2$  a confounder?

$$\Delta\beta\% = \frac{\hat{\theta}_1 - \hat{\beta}_1}{\hat{\beta}_1}$$
$$\hat{\theta}_1 = 0.4$$
$$\hat{\beta}_1 = 0.49$$

$x_2$  is not a confounder

$$= \frac{0.4 - 0.49}{0.49}$$

~~$x_2$  is a confounder~~

$$\Delta\beta\% = 18\%$$

73%

27%

< 1 / 7 >



Instructions

Responses

More

EXIT

# Test for Confounding (III)

- We may test the significance of any variable (including confounder) using hypothesis testing (say, likelihood ratio test)
- It is generally suggested to **include a confounder** in the model if it is **statistically significantly associated with the outcome** itself
- A **statistically insignificant confounder** may stay in the model if it is determined that the change in the estimated coefficient for the risk factor with and without the risk factor is “**clinically or biologically important**”
  - Whether it reaches a desired change threshold or not!

# Confounding vs. Interaction

Please refer to your Day 10 notes from BSTA 512/612 – lots of information about these concepts!

- **Confounders:** The adjusted odds ratio for one variable adjusting for confounders can be quite different from unadjusted odds ratio
  - Adjusting for them is called *controlling for confounding*.
- **Interactions:** When odds ratio for one variable is not constant over the levels of another variable, the two variables are said to have a *statistical interaction* (sometimes also called *effect modification*)
  - i.e.: the log odds of one variable is modified/changed with different values of the other variable
  - A variable is an ***effect modifier*** if it interacts with a risk factor

# Interaction

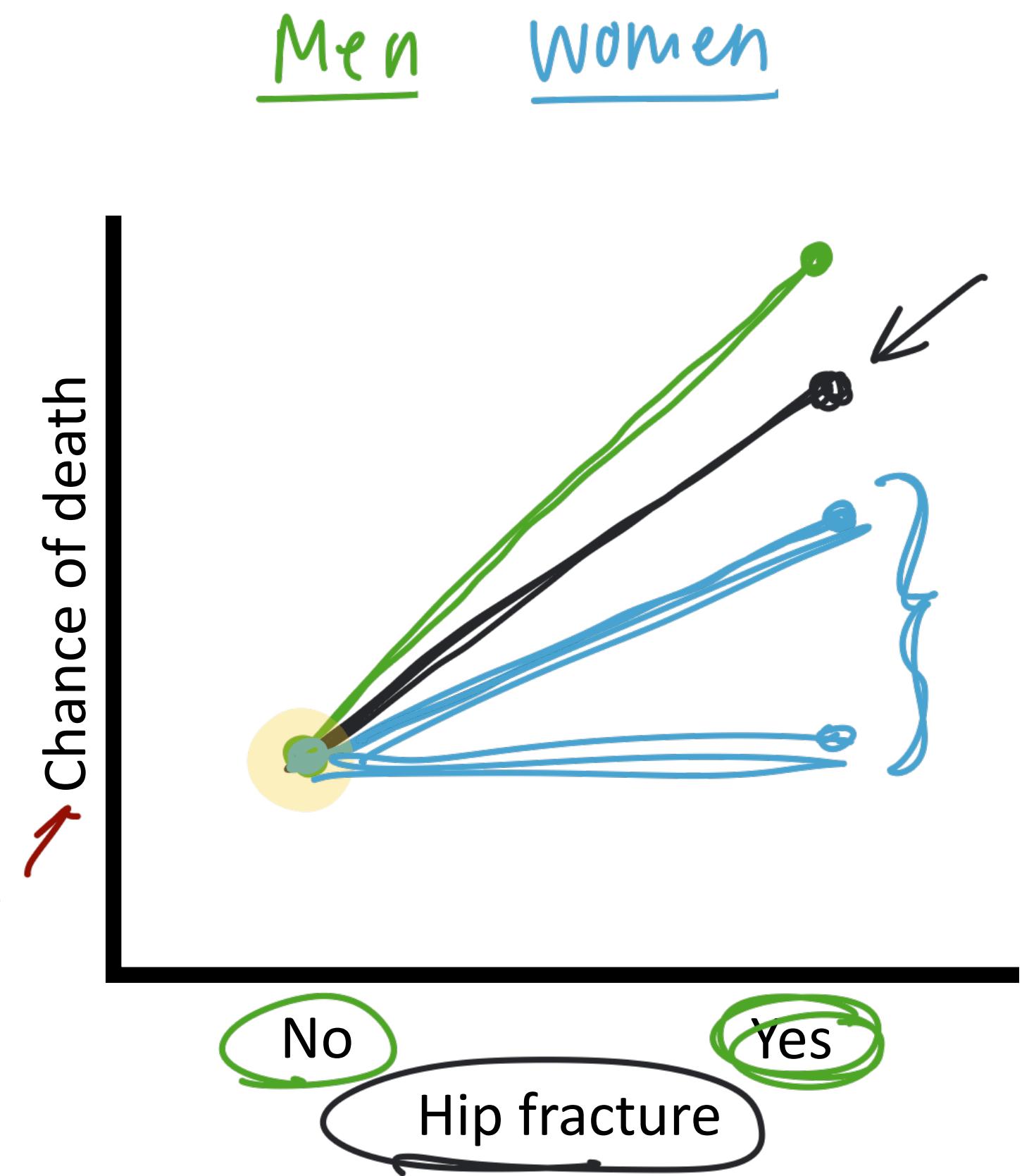
- We learned that multiple logistic regression (MLR) model can be used for adjusting for confounders
  - Confounders can be either categorical or continuous independent variable
  - The adjusted OR using MLR is often very close to the adjusted OR using Mantel-Haenszel method (Class 4)
- Similarly, the single adjusted OR using MLR should ONLY be reported when there is no interaction
  - No interaction means the OR across strata is homogeneous

$$\text{logit}(\pi(x)) = \beta_0 + \beta_1 x_1 + \beta_2 x_2$$

$\text{OR} = e^{\hat{\beta}_1}$  controlling for  $x_2$

# Example of interaction

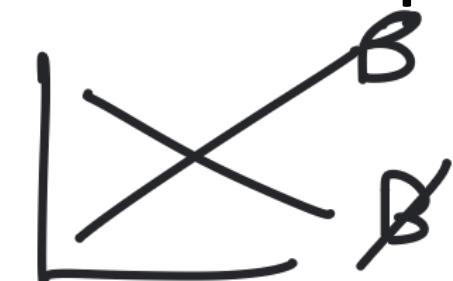
- In a cohort study of elderly people the chance of death (outcome) within 2 years was much higher for those who had previously suffered a hip fracture at the start of these 2 years, but the excess risk associated with a hip fracture was significantly higher for men than women
  - This is an interaction between hip fracture status (yes/no) and sex gender (unclear if assigned at birth or no)
  - Odds ratio for females → odds ratio for males
- ~~Women~~  
~~Men~~



# Types of Interaction (I)

No interaction and three potential effects of interaction between two covariates A and B:

- a) **No interaction** between A and B (confounder with no interaction)
- b) **Unilateralism**: exposure to A has no effect in the absence of exposure to B, but a considerable effect when B is present.
- c) **Synergism**: the effect of A is in the same direction, but stronger in the presence of B.
- d) **Antagonism**: the effect of A works in the opposite direction in the presence of B.



# Types of Interaction (II)

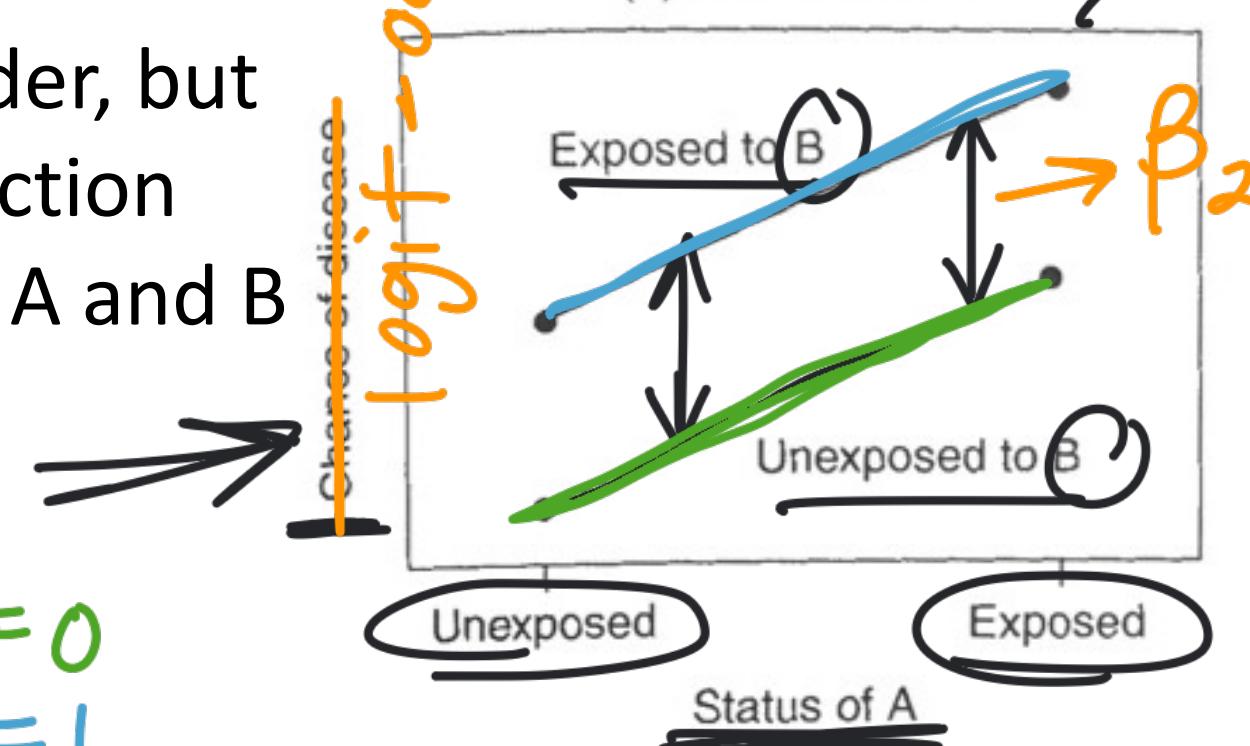
Confounder, but no interaction between A and B

$$\begin{aligned} B = 0 \\ B = 1 \end{aligned}$$

Effect of A is in the same direction, but stronger in the presence of B

*logit-odds*

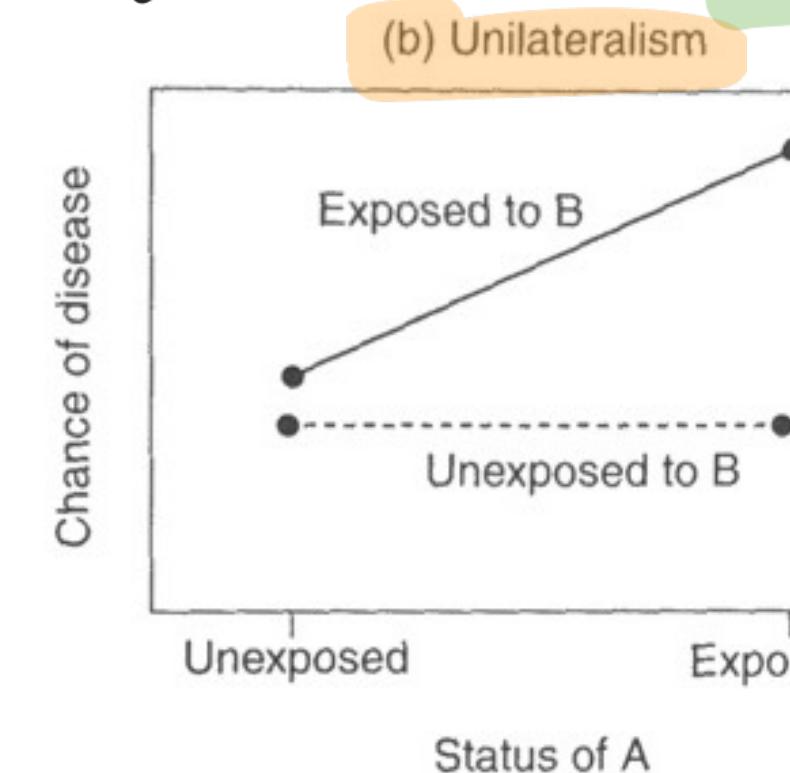
(a) No interaction



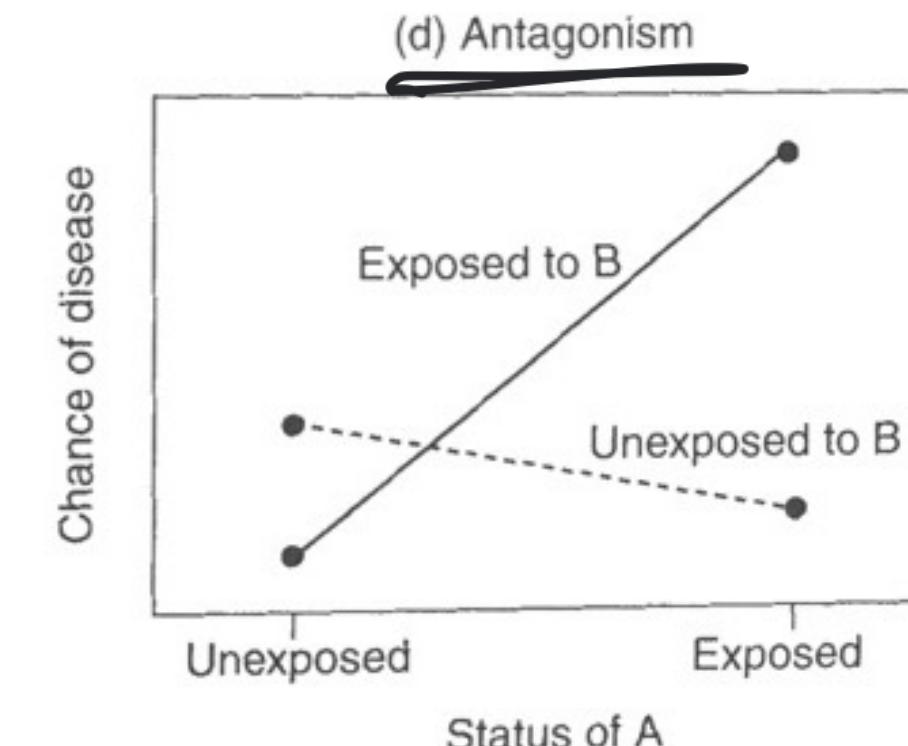
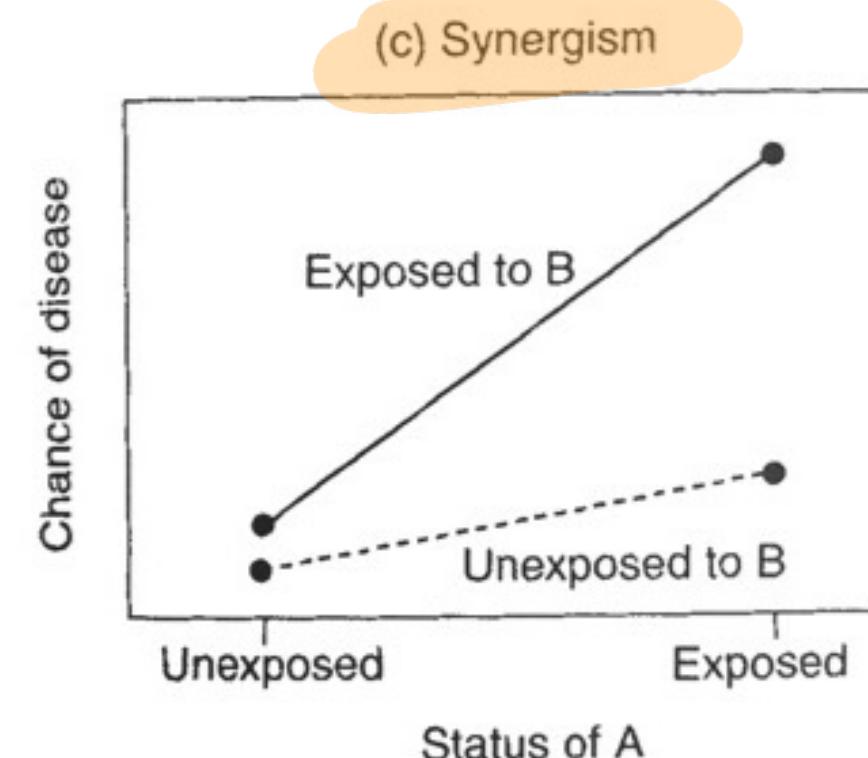
$$\text{logit}(\pi(x)) = \beta_0 + \beta_1 A + \beta_2 B$$

$$= \beta_0 + \beta_1 A$$

$$= \beta_0 + \beta_1 A + \beta_2$$



Exposure to A has no effect in the absence of exposure to B, but a considerable effect when B is present



Effect of A works in the opposite direction in the presence of B

## Poll Everywhere Question 2

Going back to the example on Slide 10, what type of interaction occurred between sex and hip fractures?

Respond at **PollEv.com/nickywakim275**

### Going back to the example on Slide 10, what type of interaction occurred between ~~sex~~ and hip fractures? *gender*

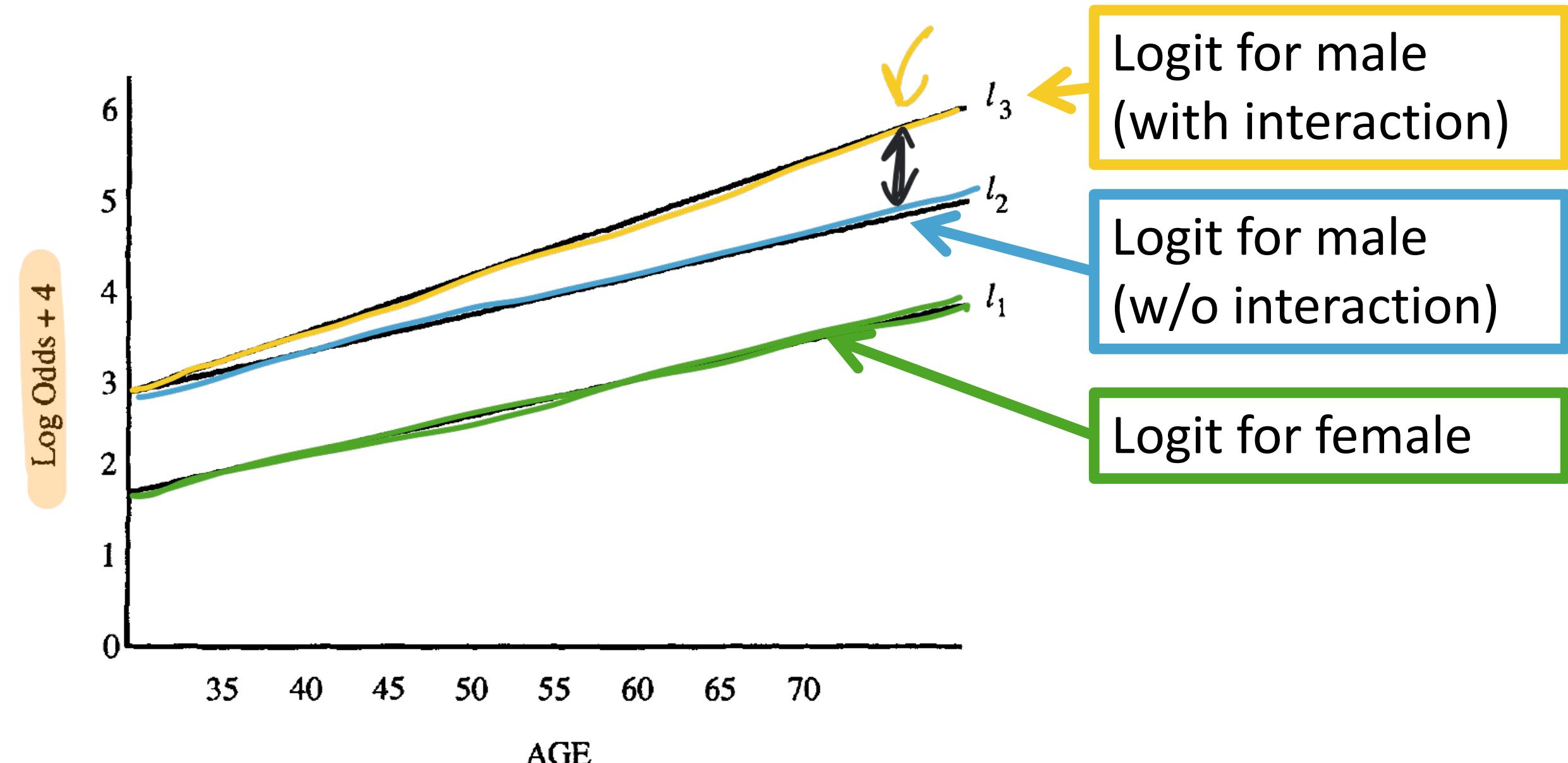
Interaction Type	Percentage
No interaction	13%
Unilateralism	88%
Synergism	0%
Antagonism	0%

*→ if we assume no increase in risk for women*

< 2 / 7 > | | Instructions Responses Correctness | : More | EXIT

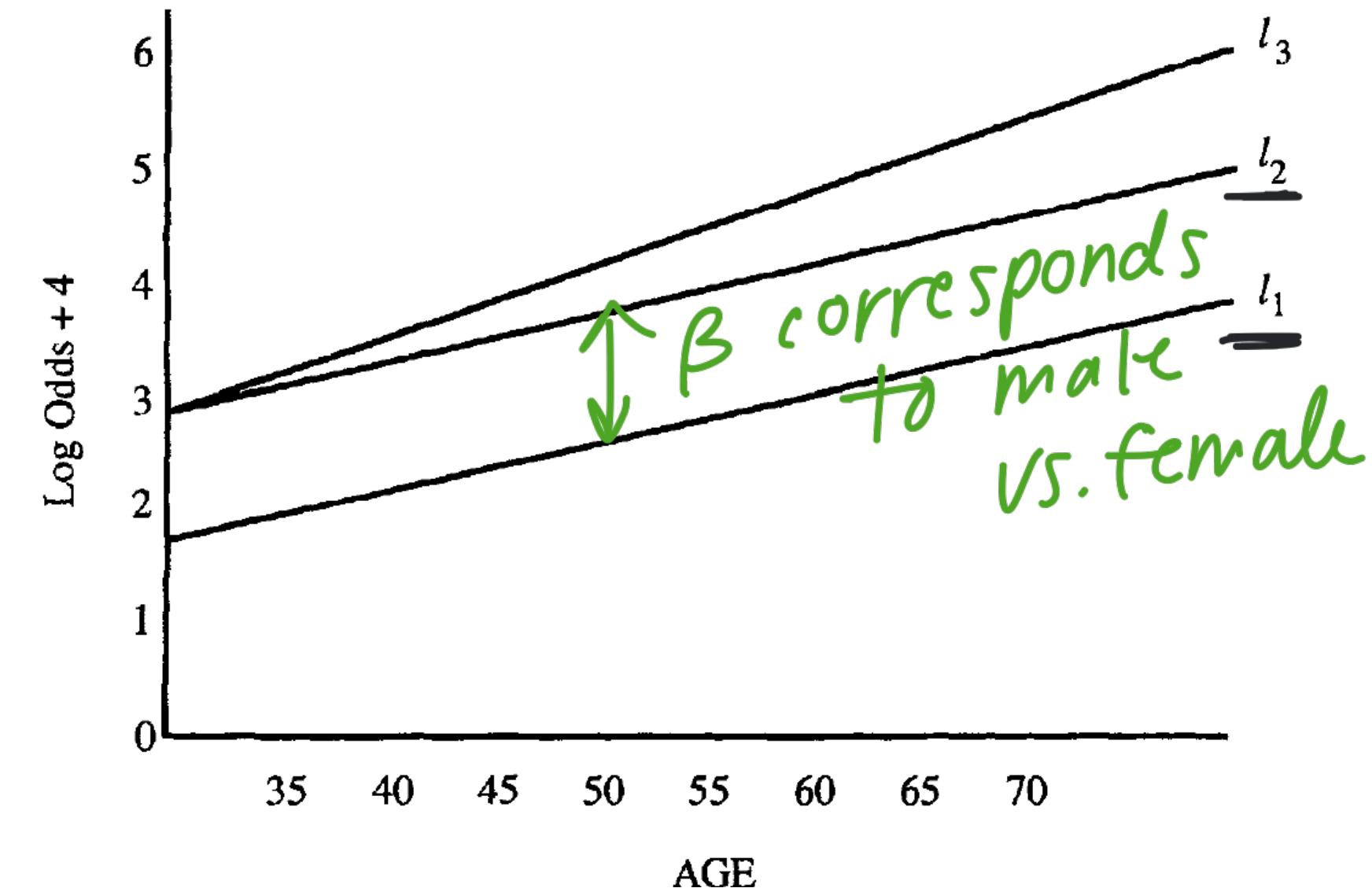
# Understand the Interaction (I)

- Figure plots the logits under three different models showing the presence and absence of interaction.
- Response variable: CHD
- Risk factor: sex
- Covariate to be controlled: age



# Understand the Interaction (II)

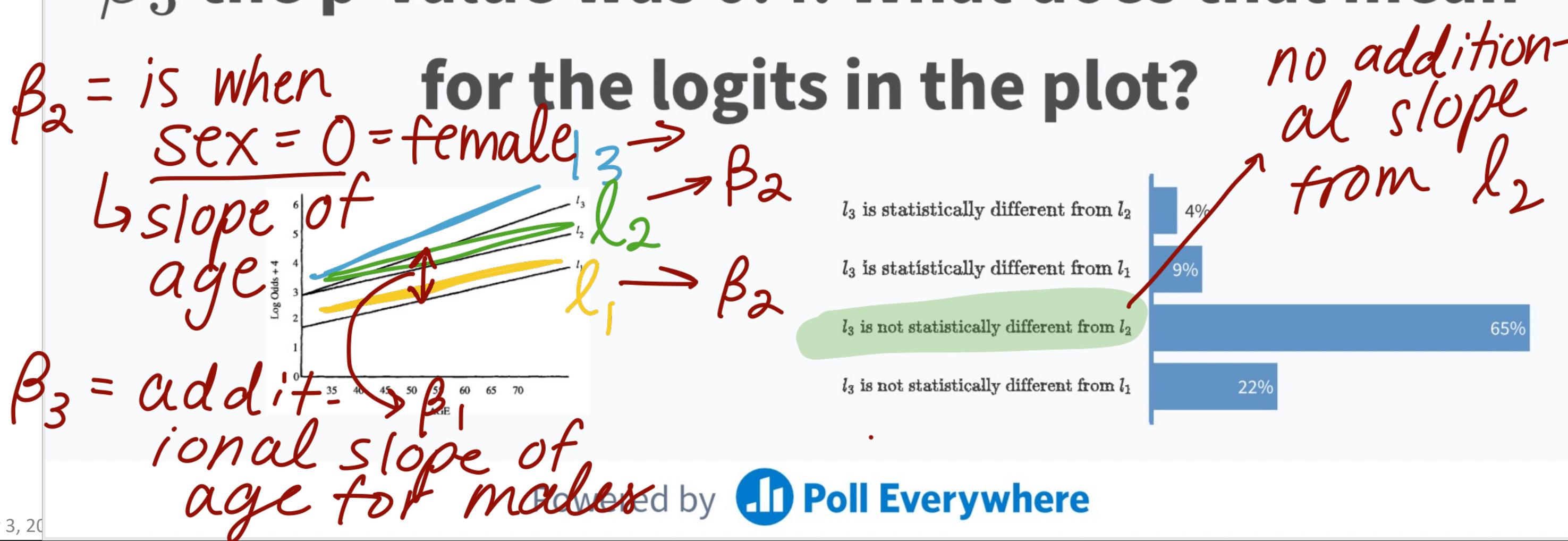
- If age does not interact with sex, the distance between  $l_2$  and  $l_1$  is the log odds ratio for sex, controlling for age
  - $(l_2 - l_1)$  stays the same for all values of age,
- If age interacts with sex, the distance between  $l_3$  and  $l_1$  is the log odds ratio for sex, controlling for age.
  - Age values need to be specified because  $(l_3 - l_1)$  differs for different values of age.
  - Must specify age when reporting odds ratio comparing sex

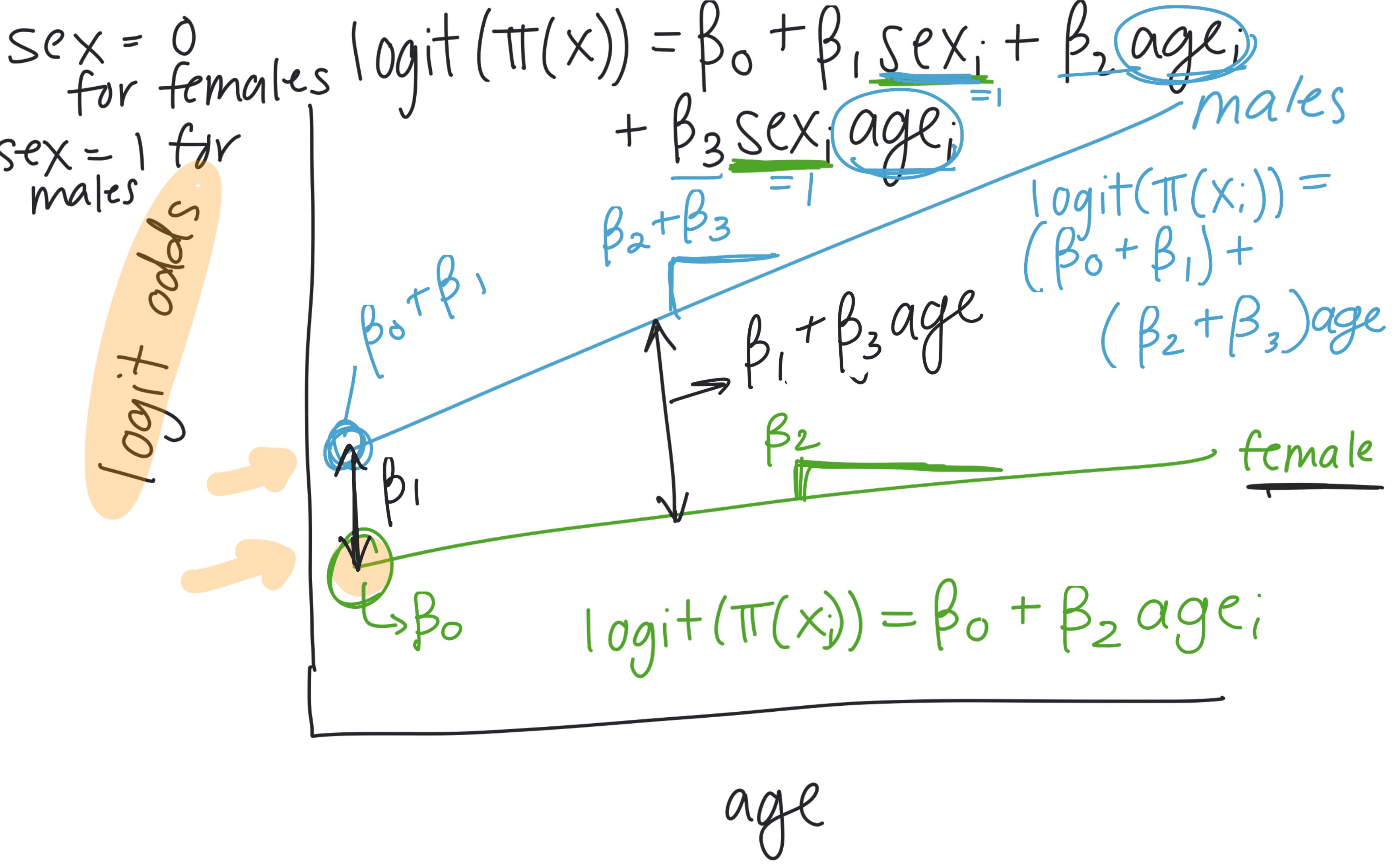


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## Let's say we fit the interaction model:

$\text{logit}(\pi(\text{sex}_i, \text{age}_i)) = \beta_0 + \beta_1 \text{sex}_i + \beta_2 \text{age}_i + \beta_3 \text{sex}_i \text{age}_i$ . From our Wald test of  $\beta_3$  the p-value was 0.4. What does that mean





# Understand the Interaction (III)

- In the real world, it is rare to see two completely parallel logit plots as we see  $l_2$  and  $l_1$ 
  - But we need to determine if the difference between  $l_2$  and  $l_3$  is important in the model
- We may not want to include the interaction term unless it is statistically significant and/or clinically meaningful
  - We can use set of coefficient
- Likelihood ratio test (or Wald test) may be used to test the significance of coefficients for variables of the interaction term

# Summary

- In a logistic model with two covariates :  $x_1$  (the risk factor, a binary variable) and  $x_2$  (potential confounder/effect modifier)
- The role of  $x_2$  can be one of the three possibilities:
  1. **Not a confounder or effect modifier**, and not significantly associated with Y
    - *No need to include  $x_2$  in the model* (for your dataset)
    - May still be nice to include if other literature in the field includes it
  2. It is a **confounder but not an effect modifier**. There is statistical adjustment but no statistical interaction
    - Should *include  $x_2$  in the model as main effect*
  3. It is an **effect modifier**. There is statistical interaction.
    - Should *include  $x_2$  in the model as main effect and interaction term*

# Example: GLOW Study (I)

- From GLOW (Global Longitudinal Study of Osteoporosis in Women) study .
  - **Outcome variable:** any fracture in the first year of follow up (FRACTURE: 0 or 1)
  - **Risk factor/variable of interest:** history of prior fracture (PRIORFRAC: 0 or 1)
  - **Potential confounder or effect modifier:** age (AGE, a continuous variable)

# Example: GLOW Study (II)

- Back in BSTA 512/612, we could visualize the data to get a sense of the interaction before fitting a model
- With a binary outcome, this is a little harder
  - We could use a contingency table or plot proportions of the outcome
  - Hard to do this when our potential confounder or effect modifier is continuous

# Example: GLOW Study (III)

Instead, we jump right into model fitting (connecting to the three possible roles of Age):

- **Model 1:** Age not included

$$\rightarrow \text{logit}(\pi(x)) = \beta_0 + \underline{\theta_1 \text{PF}}$$

- **Model 2:** Age as main effect (age as potential confounder)

$$\text{logit}(\pi(x)) = \beta_0 + \eta_1 \text{PF} + \underline{\beta_2 \text{Age}}$$

- **Model 3:** Age and Prior Fracture interaction (age as potential effect modifier)

$$\text{logit}(\pi(x)) = \beta_0 + \underline{\beta_1 \text{PF}} + \underline{\beta_2 \text{Age}} + \underline{\beta_3 \text{PF} \times \text{Age}}$$

# Example: GLOW Study (III)

Instead, we jump right into model fitting (connecting to the three possible roles of Age):

- **Model 1:** Age not included

```
glow_m1 = glm(fracture ~ priorfrac, data = glow, family = binomial)
```

- **Model 2:** Age as main effect (age as potential confounder)

```
glow_m2 = glm(fracture ~ priorfrac + age, data = glow, family = binomial)
```

- **Model 3:** Age and Prior Fracture interaction (age as potential effect modifier)

```
glow_m3 = glm(fracture ~ priorfrac + age + priorfrac*age, data = glow, family = binomial)
```

# Example: GLOW Model Coefficient Estimates

Model	Variable	Coeff.	Std. Err.	<i>z</i>	<i>p</i>	95% CI
1	$\hat{\theta}_1$ PRIORFRAC	1.064	0.2231	4.77	<0.001	0.627, 1.501
	$\hat{\beta}_0$ Constant	-1.417	0.1305	-10.86	<0.001	-1.672, -1.161
2	$\hat{\eta}_1$ PRIORFRAC	0.839	0.2342	3.58	<0.001	0.380, 1.298
	$\hat{\beta}_2$ AGE	0.041	0.0122	3.38	0.001	0.017, 0.065
	$\hat{\beta}_0$ Constant	-4.214	0.8478	-4.97	<0.001	-5.876, -2.553
3	$\hat{\beta}_1$ PRIORFRAC	4.961	1.8102	2.74	0.006	1.413, 8.509
	$\hat{\beta}_2$ AGE	0.063	0.0155	4.04	<0.001	0.032, 0.093
	$\hat{\beta}_3$ PRIORFRAC $\times$ AGE	-0.057	0.0250	-2.29	0.022	-0.106, -0.008
	$\hat{\beta}_0$ Constant	-5.689	1.0841	-5.25	<0.001	-7.814, -3.565

# Example: GLOW – Age confounder? (I)

- Is age a confounder?
  - Test change in prior fracture coefficient estimate between Model 1 and Model 2

Model	Variable	Coeff.	Std. Err.	<i>z</i>	<i>p</i>	95% CI
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3	$\hat{\beta}_1$ PRIORFRAC $\hat{\beta}_2$ AGE $\hat{\beta}_3$ PRIORFRAC × AGE $\hat{\beta}_0$ Constant	4.961 0.063 −0.057 −5.689	1.8102 0.0155 0.0250 1.0841	2.74 4.04 −2.29 −5.25	0.006 <0.001 0.022 <0.001	1.413, 8.509 0.032, 0.093 −0.106, −0.008 −7.814, −3.565

$$\begin{aligned}
 \underline{\Delta\hat{\beta}\%} &= 100\% \times \frac{\hat{\theta}_1 - \hat{\eta}_1}{\hat{\eta}_1} \\
 &= 100\% \times \frac{1.064 - 0.839}{0.839} \\
 &= 26.8\% > 20\%
 \end{aligned}$$

# Example: GLOW – Age confounder? (II)

- Is age a confounder?
  - Test change in prior fracture coefficient estimate between Model 1 and Model 2

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Coefficient for prior fracture from the univariable model **overestimates the effect by 26.8%**. Hence, at this point, we could **conclude that age is a confounder** and including age in the model provides an important statistical adjustment to the effect of prior fracture.

# Example: GLOW – Age effect modifier? (I)

- Is age an effect modifier?
  - Test the significance of the interaction term in Model 3
  - We use the Wald test

Model	Variable	Coeff.	Std. Err.	<i>z</i>	<i>p</i>	95% CI
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Wald statistic for the interaction coefficient,  $\hat{\beta}_3$ , is **statistically significant** with  $p = 0.022$ . Thus, there is **considerable evidence of a statistical interaction** between these age and prior fracture.

# Poll Everywhere

## Question 4

Age 65-74  
x PF

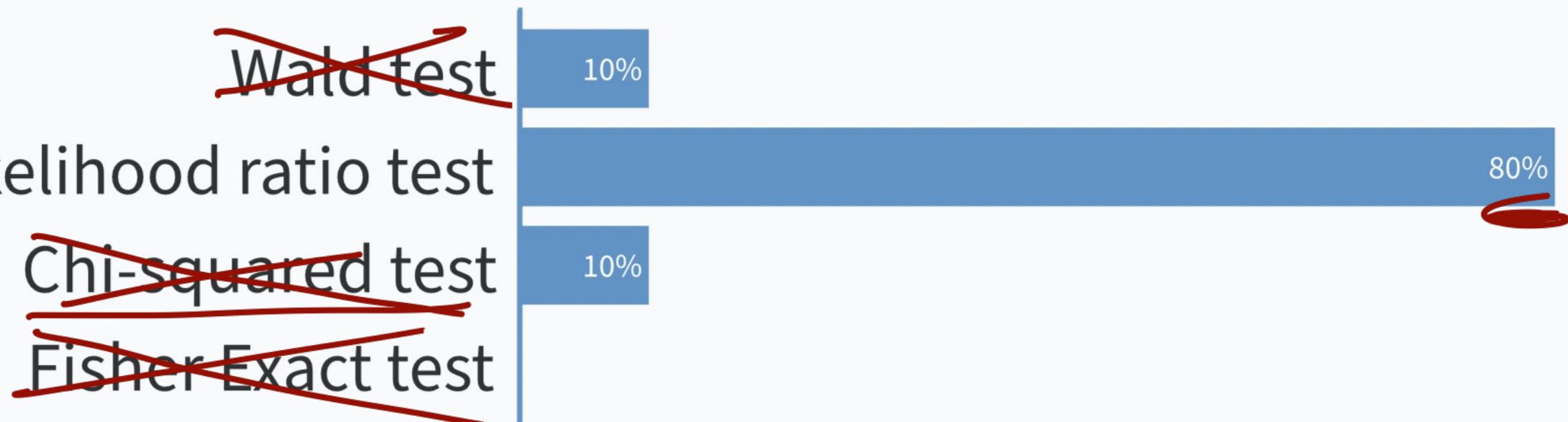
Age 75-90  
x PF

If age were split into three categories: 55-64, 65-74, and 75-90, and we were testing the interaction between age and prior fracture, what test would we use?

[https://www.polleverywhere.com/multiple\\_choice\\_polls/ID0DAGbV7afGKwrhbRhsJ](https://www.polleverywhere.com/multiple_choice_polls/ID0DAGbV7afGKwrhbRhsJ)

Respond at **PollEv.com/nickywakim275**

If age were split into three categories: 55-64,  
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# Example: GLOW study (IV)

- Age is an effect modifier (and possibly also a confounder)
- When a covariate is an effect modifier, its status as a confounder is of secondary importance since the estimate of the effect of the risk factor depends on the specific value of the covariate
  - Must summarize the effect of prior fracture by age
  - Cannot summarize as a single (log) odds ratio

# Example: GLOW – Interaction interpretation

Model	Variable	Coeff.	Std. Err.	<i>z</i>	<i>p</i>	95% CI
5	$\hat{\beta}_1$ PRIORFRAC	4.961	1.8102	2.74	0.006	1.413, 8.509
	$\hat{\beta}_2$ AGE	0.063	0.0155	4.04	<0.001	0.032, 0.093
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	$\hat{\beta}_0$ Constant	-5.689	1.0841	-5.25	<0.001	-7.814, -3.565

- $\hat{\beta}_3 = -0.057$
- The **effect** of prior fracture on the log of odds of having a new fracture is additionally decreases by 0.057 for every one year increase in age
  - Aka the log odds of a new fracture comparing prior fracture to no prior fracture gets closer to one another as age increases
- $\hat{\beta}_1 = 4.961$
- The log odds ratio for a new fracture comparing prior fracture to no prior fracture **when the individual is 0 years old**.



Respond at **PollEv.com/nickywakim275**

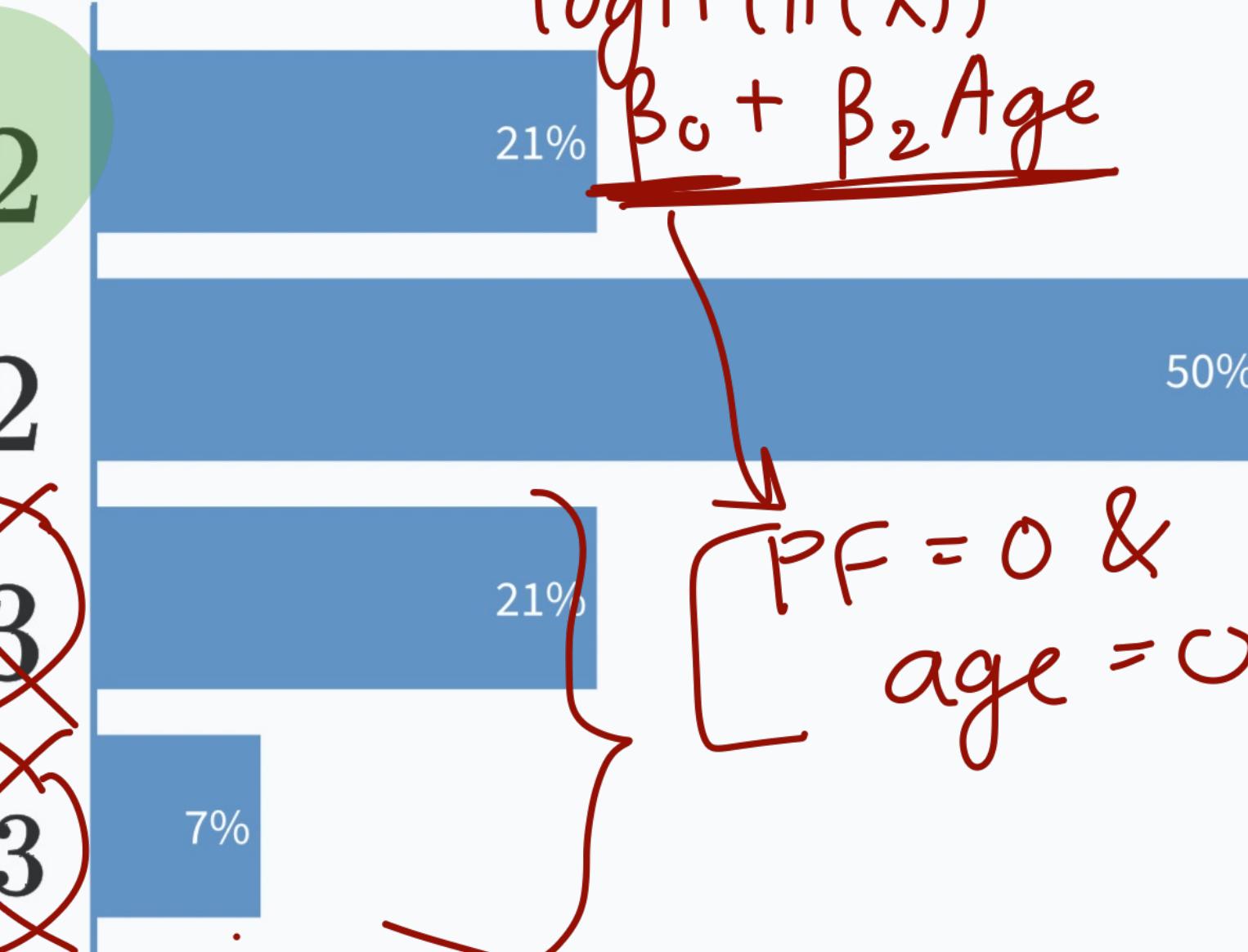
Use the following model to answer:  $\text{logit}(\pi(x)) = \beta_0 + \beta_1 PF + \beta_2 Age + \beta_3 PF * Age$ . What value corresponds to the effect of age on the log odds of a new fracture when an individual did not have a prior fracture?

$$\text{logit}(\pi(x)) = \underline{\beta_0 + \beta_2 Age}$$

## Poll Ev Quest

$PF = 0$  or 1?

$$\beta_0 + \beta_2$$
  
 ~~$\beta_2 + \beta_3$~~   
 ~~$\beta_0 + \beta_2 + \beta_3$~~

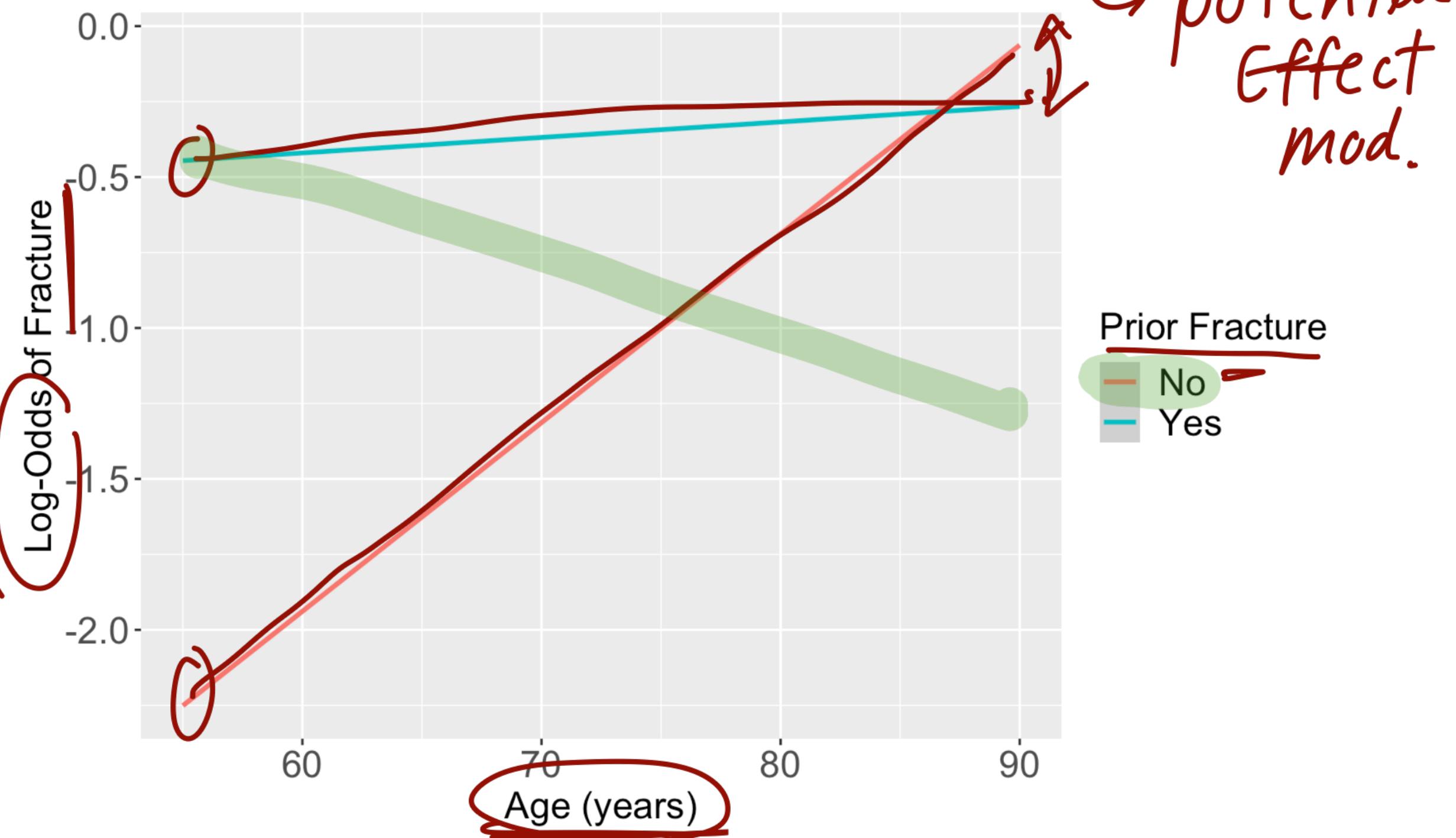


$PF = 0$  &  
 $age = 0$

# Graphically Showing Interaction

- One easy way to see the nature of the interaction between F and X is to plot the two logit functions
- Using the GLOW fracture example:

synergistic interaction



# Wrap-up

- 4-minute exit ticket
- Next class
  - Midterm review on Monday
    - Important concepts
    - Practice problems
  - Midterm next Wednesday!
  - We will go through a model building example

## Class 9 Exit Ticket



<https://forms.office.com/r/YJ6wcNFGBK>