



Trillium Health Centre
Queensway Site
150 Sherway Dr. 5th Floor
Toronto Ontario M9C 1A5

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Fax: (416) 521-4073

«getinfo »«<>Date:Long»

«<>MrMs» «<>PatientFirstName» «<>PatientSurname»
«[Patient]Address»
«[Patient]CityProv», «[Patient]PostalCode»

Dear «<>MrMs» «<>PatientSurname»,

Dr. «<>RPhys» has referred you to the Cardiac Wellness and Rehabilitation Program at Trillium Health Centre. This program is designed to help you recover from and minimize future cardiac events. Patients eligible for entry into the program have had one or more of the following:

- Coronary artery disease
- Angina
- Heart Attack
- Angioplasty
- Bypass Surgery
- Heart Valve Surgery
- Heart Failure

The program is approximately 3 months in duration and consist of the following:

- Medical evaluation by a Physician
- Supervised (by Cardiac Rehab Therapists) on-site exercise classes with heart monitoring, as necessary. You will be required to attend once a week.
- Medication assessment and education by a Clinical Pharmacist
- Nutritional assessment and education by a Registered Dietitian
- Cardiac risk factor assessment and education
- A series of patient and family education classes

Our classes are offered at University of Toronto Mississauga Recreation Facility. The cost of the program is covered by OHIP except for the \$60 educational package and the parking costs.

PLEASE NOTE WE ARE CURRENTLY SCHEDULING NEW PATIENTS FOR
MARCH 2016

Please call (416) 259-7580 ext. 5998 to book your appointment.

Additional information is available on our telephone tree at (416)521-4068. If you choose to leave a message, please let us know the best time of day to contact you.

We look forward to talking with you in the near future.

Sincerely,

Trillium Health Centre
Cardiac Wellness and Rehabilitation Centre
416-521-4068