# Simple and multiple linear regression

Nora Wickelmaier

Last modified: October 28, 2024

### Outline

Basic concepts

2 Assumptions

Multiple linear regression

# What is regression?

### What is regression?

Set of statistical processes for estimating the relationships between a dependent variable (often called the 'outcome variable') and one or more independent variables (often called 'predictors', 'covariates', or 'features')

https://en.wikipedia.org/wiki/Regression\_analysis

### What is regression?

Set of statistical processes for estimating the relationships between a dependent variable (often called the 'outcome variable') and one or more independent variables (often called 'predictors', 'covariates', or 'features')

https://en.wikipedia.org/wiki/Regression\_analysis

- Predict an outcome variable
- Compare predictions for different groups
- "Find the line that most closely fits the data"
- Continuous outcome y

1 Basic concepts

# Simple linear regression

• For the pairs

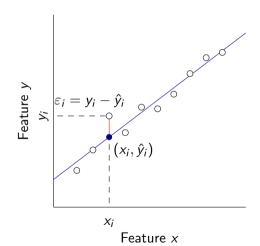
$$(x_1, y_1), \ldots, (x_n, y_n),$$

we get the stochastical model

$$y_i = \beta_0 + \beta_1 \cdot x_i + \varepsilon_i$$
  
 $\varepsilon_i \sim N(0, \sigma^2) \text{ i.i.d.}$ 

for all 
$$i = 1, \ldots, n$$

 Errors are independent identically distributed (i.i.d.)



# Simple linear regression

• From the properties of the error variables, we conclude

$$E(y_i) = E(\beta_0 + \beta_1 \cdot x_i + \varepsilon_i) = \beta_0 + \beta_1 \cdot x_i = \bar{y}$$

and

$$Var(y_i) = Var(\beta_0 + \beta_1 \cdot x_i + \varepsilon_i) = \sigma^2$$

• For a given  $x_i$ , the stochastical independence of  $\varepsilon_i$  transfers to  $y_i$ 

### Parameter estimation

- The parameters  $\beta_0$  and  $\beta_1$  are estimated with the method of least squares
- Hereby, the sum of squares of the residuals is minimized

$$\sum_{i=1}^{n} \varepsilon_i^2 = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2 = \sum_{i=1}^{n} (y_i - \beta_0 - \beta_1 x_i)^2 = \min$$

• The minimum is obtained by setting the partial derivatives for  $\beta_0$  and  $\beta_1$  to 0

$$\frac{\partial \left(\sum_{i=1}^{n} (y_i - \beta_0 - \beta_1 x_i)^2\right)}{\partial \beta_0} \qquad \frac{\partial \left(\sum_{i=1}^{n} (y_i - \beta_0 - \beta_1 x_i)^2\right)}{\partial \beta_1}$$

Solving these equations results in

$$\hat{eta}_0 = ar{y} - \hat{eta}_1 ar{x}$$
 and  $\hat{eta}_1 = rac{\sigma_{xy}}{\sigma_x^2}$ 

where  $\sigma_{xy}$  is the covariance between x and y

### Correlation coefficient

• The correlation coefficient r is defined as the standardized covariance

$$r = \frac{\sigma_{xy}}{\sigma_x \sigma_y}$$

Hence, we get

$$\hat{\beta}_1 = \frac{\sigma_y}{\sigma_x} r$$

• When x and y are z standardized with  $\bar{x} = \bar{y} = 0$  and  $\sigma_x = \sigma_y = 1$ , we get

$$\hat{eta}_0 = 0$$
 and  $\hat{eta}_1 = r$ 

### Determination coefficient

 With the assumptions made so far, it can be shown that the variance of the residuals

$$\sigma_{\varepsilon}^2 = \frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

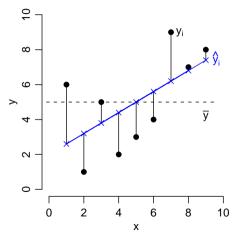
can be rewritten as

$$\sigma_{\varepsilon}^2 = (1 - r^2)\sigma_y^2$$

- The factor  $(1 r^2)$  determines the proportion of the variance of y that cannot be explained by the regression of x
- Hence, he determination coefficient  $r^2$  gives the proportion of the variance of y explained by x

$$r^2 = \frac{\sigma_{\hat{y}}^2}{\sigma_y^2}$$

# Variance decomposition



$$\sigma_y^2 = \sigma_{\hat{y}}^2 + \sigma_e^2$$

$$\frac{1}{n} \sum_{i=1}^n (y_i - \bar{y})^2 =$$

$$\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - \bar{y})^2 + \frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

#### Exercise

• Simulate a data set based on a simple regression model with

$$eta_0=0.2$$
  $eta_1=0.3$   $\sigma=0.5$   $x\in[1,20]$  in steps of  $1$ 

• What functions in *R* do we need?

### Simulate data set

```
<- 1:20
X
  <- length(x)
n
  <- 0.2
а
  <- 0.3
b
sigma <- 0.5
     <-0.2 + 0.3 * x + rnorm(n, sd = sigma)
dat <- data.frame(x, y)</pre>
# clean up workspace
rm(x, y)
# plot data
plot(y ~ x, data = dat)
```

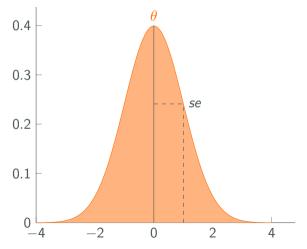
### Fit regression model

```
lm1 \leftarrow lm(y \sim x, data = dat)
summary(lm1)
mean(resid(lm1))
sd(resid(lm1))
hist(resid(lm1), breaks = 15)
# plot data
plot(y ~ x, data = dat)
abline(lm1)
```

### Re-cover parameters

```
pars <- replicate(2000, {</pre>
  vsim < -0.2 + 0.3 * x + rnorm(n, sd = sigma)
  lm1 <- lm(ysim ~ x, data = dat)</pre>
  c(coef(lm1), sigma(lm1))
})
rowMeans(pars)
# standard errors
apply(pars, 1, sd)
hist(pars[1, ])
hist(pars[2, ])
hist(pars[3, ])
```

# Sample distribution



#### Exercise

- Simulate data with the parameters from slide 11
- Do not assume that we have one subject per value for x, but more than one subject
- Simulate data for n = 40 and n = 100Hint: Use sample(x, n, replace = TRUE)
- Re-cover your parameters as done on slide 14
- What happens to your standard errors?

#### Confidence intervals

• We get the  $(1-\alpha)$  confidence intervals for the estimates with

$$\left[\hat{\beta}_{0}-\hat{\sigma}_{\hat{\beta}_{0}}\,t_{1-\alpha/2}(n-2),\;\hat{\beta}_{0}+\hat{\sigma}_{\hat{\beta}_{0}}\,t_{1-\alpha/2}(n-2)\right]$$

and

$$\left[\hat{\beta}_{1}-\hat{\sigma}_{\hat{\beta}_{1}}\,t_{1-\alpha/2}(n-2),\;\hat{\beta}_{1}+\hat{\sigma}_{\hat{\beta}_{1}}\,t_{1-\alpha/2}(n-2)\right]$$

- For n > 30 the t quantiles of the t(n-2) distribution can be replaced by quantiles of the N(0,1) distributiom
- For a sufficient sample size, even when the normality assumption is violated, the least square estimators is approximately t or normally distributed

### Hypothesis tests

#### Wald test

- The estimates for  $\beta_0$  and  $\beta_1$  are unbiased, sufficient, consistent, and efficient
- The normality assumption implies

$$\hat{eta}_0 \sim \textit{N}(eta_0, \sigma^2_{\hat{eta}_0})$$
 and  $\hat{eta}_1 \sim \textit{N}(eta_1, \sigma^2_{\hat{eta}_1})$ 

and with that for some hypothetical value  $\gamma_0$ 

$$T_{eta_0} = rac{\hat{eta}_0 - \gamma_0}{\hat{\sigma}_{\hat{eta}_0}} \sim t(n-2) \quad ext{und} \quad T_{eta_1} = rac{\hat{eta}_1 - \gamma_0}{\hat{\sigma}_{\hat{eta}_1}} \sim t(n-2)$$

with estimates  $\hat{\sigma}_{\hat{\beta}_{\alpha}}^2$  and  $\hat{\sigma}_{\hat{\beta}_{\alpha}}^2$  for the variances

• We are usually interested in the hypotheses  $\beta_0=0$  and  $\beta_1=0$ , hence  $\gamma_0=0$  and

$$T_{eta_0} = rac{\hat{eta}_0}{\hat{\sigma}_{\hat{eta}_0}} \sim t(n-2)$$
 und  $T_{eta_1} = rac{\hat{eta}_1}{\hat{\sigma}_{\hat{eta}_1}} \sim t(n-2)$ 

### Overall F test

- For simple linear regression, we can construct an equivalent test for testing  $\beta_1=0$  using variance decomposition
- This test can conceptionally be considered to test, if predictor x explains a significant proportion of the variance of y

$$F = \frac{\frac{\sum_{i=1}^{n} (\hat{y}_i - \bar{y})^2}{1}}{\frac{\sum_{i=1}^{n} (y_i - \hat{y}_i)^2}{n-2}} = \frac{R^2}{1 - R^2} (n-2)$$

- It can be shown that  $F = T^2 \gamma_0$  for  $\gamma_0 = 0$  with  $F \sim F(1, n-2)$
- With this more general test, we can also test the assumption that any variance of y is explained by the predictors in a multiple regression



### Assumptions

- We have the stochastic model  $y_i = \beta_0 + \beta_1 \cdot x_i + \varepsilon_i$  with  $\varepsilon_i \sim N(0, \sigma^2)$  i.i.d.
- The error variables  $\varepsilon_i$  are considered to be non-observable and comprise influence that cannot be controlled and is unsystematic (or random)
- Hence, it makes sense to assume

$$E(\varepsilon_i) = 0$$
, for all  $i = 1, \ldots, n$ 

and

$$Var(\varepsilon_i) = \sigma^2$$
, for all  $i = 1, ..., n$ 

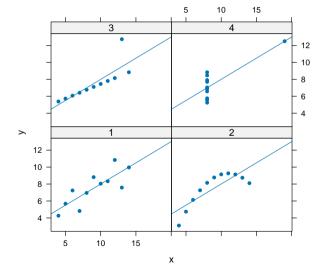
From this follows

$$E(y_i) = E(\beta_0 + \beta_1 \cdot x_i + \varepsilon_i) = \beta_0 + \beta_1 \cdot x_i$$

and

$$Var(y_i) = Var(\beta_0 + \beta_1 \cdot x_i + \varepsilon_i) = \sigma^2$$

### Assumptions



- Four data sets by Anscombe (1973) with the same traditional statistical properties (mean, variance, correlation, regression line, etc.)
- Available in R with data(anscombe)

### Assumptions

```
data(anscombe)
lm1 \leftarrow lm(y1 \sim x1, anscombe)
lm2 \leftarrow lm(y2 \sim x2, anscombe)
lm3 \leftarrow lm(y3 \sim x3, anscombe)
lm4 <- lm(v4 ~ x4, anscombe)
rbind(coef(lm1), coef(lm2), coef(lm3), coef(lm4))
par(mfrow = c(2, 2))
plot(lm1)
plot(lm2)
plot(lm3)
plot(lm4)
```

#### Exercise

- Create two vectors x and y with 100 observations each and  $X \sim N(1,1)$  and  $Y \sim N(2,1)$
- Create a data frame with variables id, group and score. X and Y are your score values
- Conduct a t test assuming that X and Y are independent having the same variances
- Then use the function aov() to compute an analysis of variance for these data
- Use then function lm() for a linear regression with predictor group and dependent variable score
- Compare your results

### Extending simple linear regression

Additional predictors 
$$y = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \cdots + \varepsilon$$

Nonlinear models 
$$\log y = \beta_0 + \beta_1 \log x + \varepsilon$$

Nonadditive models 
$$y = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \beta_3 x_1 x_2 + \varepsilon$$

Generalized linear models 
$$g(E(y)) = \beta_0 + \beta_1 x$$

Mixed-effects models 
$$y = \beta_0 + \beta_1 x_1 + \beta_2 time + v_0 + v_1 time + \varepsilon$$

. . .

Multiple linear regression

## Multiple linear regression

• Empirical observations consist of tuples for each observation unit

$$(y_i, x_{i1}, ..., x_{ip})$$
 with  $i = 1, ..., n$ 

and we get the stochastical model

$$y_i = \beta_0 + \beta_1 \cdot x_{i1} + \ldots + \beta_p \cdot x_{ip} + \varepsilon_i$$
  
 $\varepsilon_i \sim N(0, \sigma^2)$  i.i.d.

which transfers to

$$y_i \sim N(\mu_i, \sigma^2)$$
 with  $\mu_i = \beta_0 + \beta_1 \cdot x_{i1} + \ldots + \beta_p \cdot x_{ip}$ 

• The criterion variable y is always a metric variable, whereas the predictor variables  $x_1, \ldots, x_p$  can be either metric or categorical variables, or both

### Overall F test

Hypotheses

$$H_0: \ \beta_1 = \ldots = \beta_p = 0$$
  
 $H_1: \ \beta_i \neq 0$  for at least one  $j \in \{1, \ldots, p\}$ 

Test statistic

$$F = \frac{R^2}{1 - R^2} \cdot \frac{n - p - 1}{p}$$

• Distribution of test statistic assuming  $H_0$  is true

$$F \sim F(p, n-p-1)$$

• Rejection region

$$F > F_{1-\alpha}(p, n-p-1)$$

#### Incremental F test

• We have two nested models  $M_1$  and  $M_0$ , meaning that  $M_0$  is a special case of  $M_1$  where some parameters  $\beta_{M_0,j}=0$  and  $\beta_{M_1,j}\neq 0$  and want to test if

$$R_1^2 > R_0^2$$

Test statistic

$$F = \frac{R_1^2 - R_0^2}{1 - R_1^2} \cdot \frac{n - q_1}{q_1 - q_0}$$

• Distribution of test statistic assuming  $H_0$  is true

$$F \sim F(q_1-q_0,n-q_1)$$

Rejection region

$$F > F_{1-\alpha}(q_1 - q_0, n - q_1)$$

#### Likelihood ratio test

• The incremental F test is a special case of the more general likelihood ratio test

$$G^2 = 2\log\frac{L_1}{L_0}$$

where  $L_1$  is the likelihood of the more general model and  $L_0$  the likelihood of the smaller model

- The models need to be nested
- The test statistic  $G^2$  is  $\chi^2$  distributed

$$G^2 \sim \chi^2(q_1-q_0)$$

where  $q_1$  and  $q_0$  are the number of parameters for the bigger and the smaller model, respectively

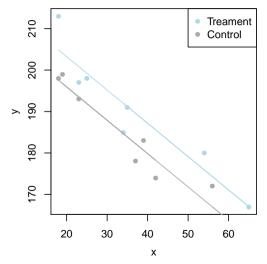
• We are fitting the following model

$$y_{ij} = \beta_0 + \beta_1 \cdot x_i + \beta_2 \cdot z_j + \varepsilon_{ij}$$

with  $i = 1 \dots N$  and j = 1, 2 for two groups

- This means that we have one dummy variable for z which takes the values 0 and 1
- Hence, we get the two models

$$y_{i1} = \beta_0 + \beta_1 \cdot x_i + \beta_2 \cdot 0 + \varepsilon_{ij} = \beta_0 + \beta_1 \cdot x_i + \varepsilon_{ij}$$
  
$$y_{i2} = \beta_0 + \beta_1 \cdot x_i + \beta_2 \cdot 1 + \varepsilon_{ij} = (\beta_0 + \beta_2) + \beta_1 \cdot x_i + \varepsilon_{ij}$$



- We can now use the parameters to calculate adjusted means for the two groups
- The observed means are  $\bar{y}_{contr}=181.25$  and  $\bar{y}_{treat}=190.14$
- The adjusted means correspond to

$$\bar{y}_{contr} = \beta_0$$
 = 181.99  
 $\bar{y}_{treat} = \beta_0 + \beta_2$  = 189.30

These are the means for a value of x=0 which should have a meaningful interpretation

Hence, it might be indicated to center x

```
dat$xc <- dat$x - mean(dat$x)

lm2 <- lm(y ~ xc + z, dat)
summary(lm2)

# adjusted means
coef(lm2)[1]
coef(lm2)[1] + coef(lm2)[3]</pre>
```

#### Exercise

- The data set cars contains speed and stopping distances of 50 cars
- Estimate the regression model

$$dist_i = \beta_0 + \beta_1 speed_i + \varepsilon_i$$

- How much variance of the stopping distances is explained by speed?
- Look at the residuals of the model. Are there any systematic deviances?
- Now estimate the model

$$dist_i = \beta_0 + \beta_1 speed_i + \beta_2 speed_i^2 + \varepsilon_i$$

Hint: Use I(speed^2) in the model formula in R

• Which model fits the data better?

#### References

Anscombe, F. J. (1973). Graphs in statistical analysis. The American Statistician, 27(1), 17-21.

Gelman, A., Hill, J., & Vehtari, A. (2020). *Regression and other stories*. Cambridge University Press.