

# Repeated measures

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# Outline

- ① Repeated measures ANOVA
- ② Example: Depression and Imipramin
- ③ Mixed-effects regression

## ① Repeated measures ANOVA

## Model with one repeated measurement factor

- When subjects are observed for more than two time points, we can model these data using a repeated measures ANOVA
- Data layout

Subject	Time point					
	1	2	$\cdots$	$j$	$\cdots$	$n$
1	$y_{11}$	$y_{12}$	$\cdots$	$y_{1j}$	$\cdots$	$y_{1n}$
2	$y_{21}$	$y_{22}$	$\cdots$	$y_{2j}$	$\cdots$	$y_{2n}$
$\vdots$	$\vdots$					$\vdots$
$i$	$y_{i1}$	$y_{i2}$	$\cdots$	$y_{ij}$	$\cdots$	$y_{in}$
$\vdots$	$\vdots$					$\vdots$
$N$	$y_{N1}$	$y_{N2}$	$\cdots$	$y_{Nj}$	$\cdots$	$y_{Nn}$

## Statistical model

- When we observe  $i = 1, \dots, N$  subjects for  $j = 1, \dots, n$  time points, we get

$$y_{ij} = \mu_0 + \tau_j + v_i + \varepsilon_{ij}$$

with

$\mu_0$  grand mean

$\tau_j$  effect of time point  $j$  equal for all subjects

$v_i$  effect of subject  $i$  constant over time

$\varepsilon_{ij}$  error term for subject  $i$  at time point  $j$

- Assumptions
  - $v_i \sim N(0, \sigma_v^2)$  i.i.d.,  $\sigma_v^2$  being the variance between subjects
  - $\varepsilon_{ij} \sim N(0, \sigma^2)$  i.i.d.,  $\sigma^2$  being the variance within subjects
  - $v_i$  and  $\varepsilon_{ij}$  are independent

# Statistical model

$$y_{ij} = \mu_0 + \tau_j + v_i + \varepsilon_{ij}$$

response	grand mean	time effect	subject effect	residual
$y_{11}$	$\mu_0$	$\tau_1$	$v_1$	$\varepsilon_{11}$
$y_{12}$	$\mu_0$	$\tau_2$	$v_1$	$\varepsilon_{12}$
$y_{13}$	$\mu_0$	$\tau_3$	$v_1$	$\varepsilon_{13}$
$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$
$y_{21}$	$\mu_0$	$\tau_1$	$v_2$	$\varepsilon_{21}$
$y_{22}$	$\mu_0$	$\tau_2$	$v_2$	$\varepsilon_{22}$
$y_{23}$	$\mu_0$	$\tau_3$	$v_2$	$\varepsilon_{23}$
$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$
$y_{Nn}$	$\mu_0$	$\tau_n$	$v_N$	$\varepsilon_{Nn}$

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$y_{22}$	$\mu_0$	$\tau_2$	$v_2$	$\varepsilon_{22}$
$y_{23}$	$\mu_0$	$\tau_3$	$v_2$	$\varepsilon_{23}$
$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$
$y_{Nn}$	$\mu_0$	$\tau_n$	$v_N$	$\varepsilon_{Nn}$
$\sigma_v^2 + \sigma^2$			$\sigma_v^2$	$\sigma^2$

## Model properties

- For the model, we have

$$E(y_{ij}) = \mu_0 + \tau_j$$

$$\text{Var}(y_{ij}) = \text{Var}(\mu_0 + v_i + \tau_j + \varepsilon_{ij}) = \sigma_v^2 + \sigma^2$$

$$\text{Cov}(y_{ij}, y_{i'j}) = 0 \text{ for subjects } i \neq i'$$

$$\text{Cov}(y_{ij}, y_{ij'}) = \sigma_v^2 \text{ for observations } j \neq j'$$

- The correlation between observations and subjects is

$$\text{Corr}(y_{ij}, y_{ij'}) = \frac{\sigma_v^2}{\sigma_v^2 + \sigma^2}$$

known as intraclass correlation (ICC)



## Compound Symmetry

- For the covariance matrix of the observations for one subject we get the so-called compound symmetry structure

$$\Sigma_{y_i} = \sigma_v^2 \mathbf{1}\mathbf{1}' + \sigma^2 \mathbf{I} = \begin{pmatrix} \sigma_v^2 + \sigma^2 & \sigma_v^2 & \sigma_v^2 & \cdots & \sigma_v^2 \\ \sigma_v^2 & \sigma_v^2 + \sigma^2 & \sigma_v^2 & \cdots & \sigma_v^2 \\ \vdots & & \ddots & & \vdots \\ \sigma_v^2 & \sigma_v^2 & \sigma_v^2 & \cdots & \sigma_v^2 + \sigma^2 \end{pmatrix}$$

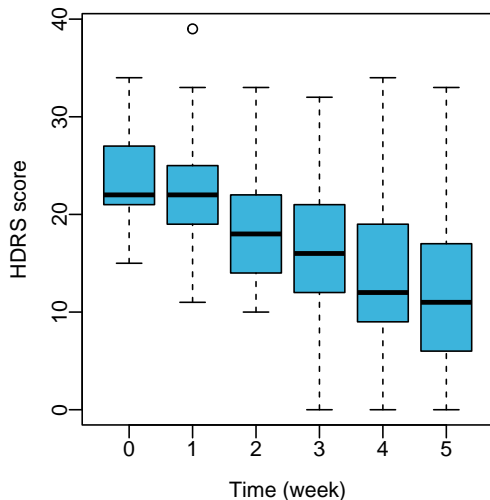
- The assumption of a compound symmetry structure is usually unrealistic for longitudinal data
- In general, successive observations are more strongly correlated than observations being farther apart (covariance is not constant)
- Variance increases with time, e. g., when some subjects are more responsive to a certain treatment than others

## ② Example: Depression and Imipramin

## Depression and Imipramin (Reisby et al., 1977)

- Reisby et al. (1977) studied the effect of Imipramin on 66 inpatients treated for depression
- Depression was measured with the Hamilton depression rating scale (HDRS)
- Additionally, the concentration of Imipramin and its metabolite Desipramin was measured in their blood plasma
- Patients were classified into endogenous and non-endogenous depressed
- Depression was measured weekly for 6 time points; the effect of the antidepressant was observed starting at week 2 for four weeks

## Descriptive statistics



## HDRS score

<i>t</i>	W0	W1	W2	W3	W4	W5
<i>M</i>	23.44	21.84	18.31	16.42	13.62	11.95
<i>SD</i>	4.53	4.70	5.49	6.42	6.97	7.22
<i>n</i>	61	63	65	65	63	58

## Empirical correlation matrix of HDRS score

	W0	W1	W2	W3	W4	W5
Week 0	1	.49	.41	.33	.23	.18
Week 1	.49	1	.49	.41	.31	.22
Week 2	.41	.49	1	.74	.67	.46
Week 3	.33	.41	.74	1	.82	.57
Week 4	.23	.31	.67	.82	1	.65
Week 5	.18	.22	.46	.57	.65	1

## Depression and Imipramin

```
dat      <- read.table("data/reisby.dat", header = TRUE)
dat$id   <- factor(dat$id)
dat$diag <- factor(dat$diag, levels = c("nonen", "endog"))
dat      <- na.omit(dat)      # drop missing values

# descriptive statistics
aggregate(hamd ~ week, dat, mean)
aggregate(hamd ~ week, dat, sd)
aggregate(hamd ~ week, dat, length)
dat[, c("hamd", "id", "week")] |>
  reshape(direction = "wide", timevar = "week") |>
  dplyr::select(-id) |>
  cor(use = "pairwise.complete.obs") |>
  round(3)
```

## Fitting repeated-measures ANOVA

```
# week needs to be a factor when computing an ANOVA
dat$week2 <- factor(dat$week)
contrasts(dat$week2) <- "contr.sum" # effect coding
summary(aov(hamd ~ week2 + Error(id + id:week2), dat))
# --> ??

library(ez) # "SPSS"-style
ezANOVA(data = dat, dv = hamd, wid = id, within = week2, type = 3)

# check data
ezDesign(data = dat, x = week2, y = id, col = diag)
replications(hamd ~ week2 + id, dat)
```

## Fitting repeated-measures ANOVA

```
# remove IDs with missing observations
ids <- names(which(replications(hamd ~ id, dat)$id == 6))
dat_val <- dat[dat$id %in% ids, ]

# fit ANOVAs again
aov1 <- aov(hamd ~ week2 + Error(id/week2), dat_val)
summary(aov1)

ez1 <- ezANOVA(data = dat_val, dv = hamd, wid = id, within = week2)
ez1$ANOVA
```

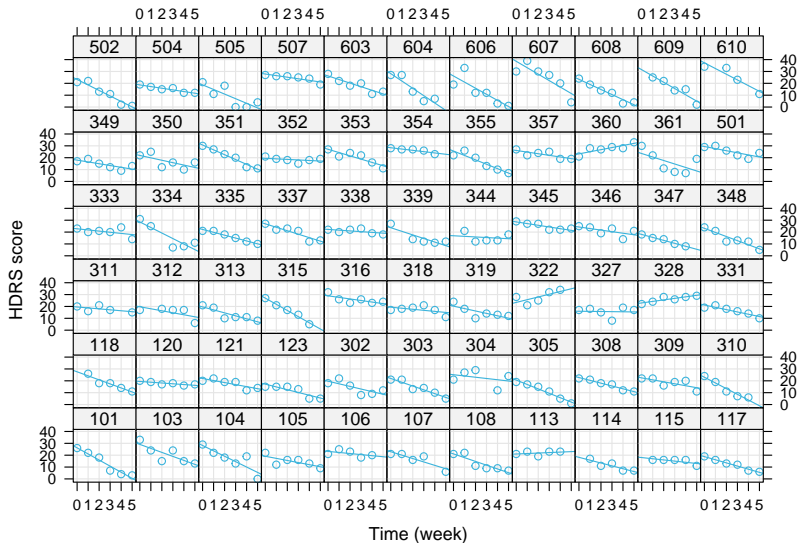
## Fitting repeated-measures ANOVA

```
# How close can we get with a mixed-effects model?  
library(lme4)  
  
lme1 <- lmer(hamd ~ week2 + (1 | id), dat_val)  
anova(lme1)  
  
# calculate mean sum of squares for id by hand  
sp <- attr(VarCorr(lme1)$id, "stddev")  
se <- sigma(lme1)  
se^2 + 6 * sp^2
```



### ③ Mixed-effects regression

# Depression and Imipramin – individual processes



## Alternative model with a constant time term

$$y_{ij} = \beta_0 + \beta_1 \text{time} + v_{0i} + \varepsilon_{ij}$$

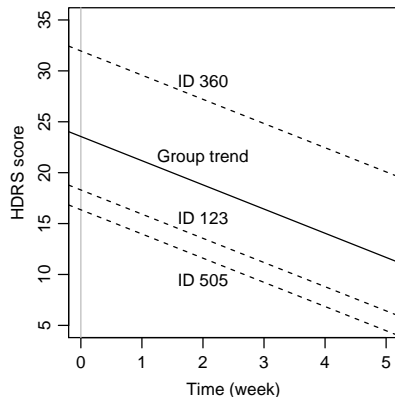
with  $v_{0i} \sim N(0, \sigma_v^2)$  i.i.d.,  $\varepsilon_{ij} \sim N(0, \sigma^2)$  i.i.d.,  $v_{0i}$  and  $\varepsilon_{ij}$  i.i.d.

response	intercept	time effect	time	subject effect	residual
$y_{11}$	$\beta_0$	$\beta_1$	0	$v_1$	$\varepsilon_{11}$
$y_{12}$	$\beta_0$	$\beta_1$	1	$v_1$	$\varepsilon_{12}$
$y_{13}$	$\beta_0$	$\beta_1$	2	$v_1$	$\varepsilon_{13}$
$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$
$y_{21}$	$\beta_0$	$\beta_1$	0	$v_2$	$\varepsilon_{21}$
$y_{22}$	$\beta_0$	$\beta_1$	1	$v_2$	$\varepsilon_{22}$
$y_{23}$	$\beta_0$	$\beta_1$	2	$v_2$	$\varepsilon_{23}$
$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$	$\vdots$
$y_{Nn}$	$\beta_0$	$\beta_1$	n	$v_N$	$\varepsilon_{Nn}$

## Random intercept model

$$y_{ij} = \beta_0 + \beta_1 \text{time} + v_{0i} + \varepsilon_{ij}$$

with  $v_{0i} \sim N(0, \sigma_v^2)$  i.i.d.,  $\varepsilon_{ij} \sim N(0, \sigma^2)$  i.i.d.,  $v_{0i}$  and  $\varepsilon_{ij}$  i.i.d.



- The estimated mean baseline HDRS score is  $\hat{\beta}_0 = 23.55$
- However, the estimated standard deviation between patients is  $\hat{\sigma}_v = 4.02$
- The mean improvement per week is  $\hat{\beta}_1 = -2.38$

## Implied marginal covariance matrix

- For the three time points  $t_{ij} = 0, 1, 2$ ,  $\mathbf{Z}_i = \mathbf{1}'_{n_i}$  and  $\mathbf{\Sigma}_v = \sigma_v^2$  we get

$$\begin{aligned} \text{Cov}(\mathbf{y}_i) &= \mathbf{Z}_i \mathbf{\Sigma}_v \mathbf{Z}_i' + \sigma^2 \mathbf{I}_{n_i} \\ &= \sigma_v^2 \mathbf{1}_{n_i} \mathbf{1}_{n_i}' + \sigma^2 \mathbf{I}_{n_i} \\ &= \begin{pmatrix} \sigma_v^2 + \sigma^2 & \sigma_v^2 & \sigma_v^2 \\ \sigma_v^2 & \sigma_v^2 + \sigma^2 & \sigma_v^2 \\ \sigma_v^2 & \sigma_v^2 & \sigma_v^2 + \sigma^2 \end{pmatrix} \end{aligned}$$

- The random intercept model implies the compound symmetry structure

## Random slope model

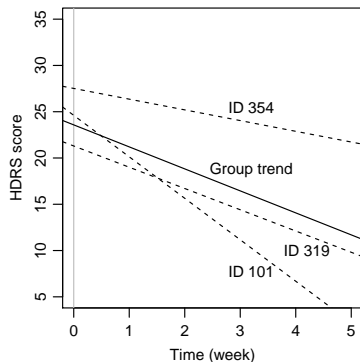
$$y_{ij} = \beta_0 + \beta_1 \text{time} + v_{0i} + v_{1i} \text{time} + \varepsilon_{ij}$$

with

$$\begin{pmatrix} v_{0i} \\ v_{1i} \end{pmatrix} \sim N \left( \begin{pmatrix} 0 \\ 0 \end{pmatrix}, \boldsymbol{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0 v_1} \\ \sigma_{v_0 v_1} & \sigma_{v_1}^2 \end{pmatrix} \right) \text{ i.i.d.} \\ \varepsilon_i \sim N(\mathbf{0}, \sigma^2 \mathbf{I}_{n_i}) \text{ i.i.d.}$$

- Individual intercepts and slopes each have a unique variance component and correlate with  $\rho_{v_0 v_1} = \frac{\sigma_{v_0 v_1}}{\sigma_{v_0} \sigma_{v_1}}$

## Model predictions



- The estimated mean baseline HDRS score is  $\hat{\beta}_0 = 23.58$
  - The estimated standard deviation between patients is  $\hat{\sigma}_{v_0} = 3.55$
  - The mean improvement per week is  $\hat{\beta}_1 = -2.38$
  - The estimated standard deviation between patients is  $\hat{\sigma}_{v_1} = 1.44$
- 
- The estimated correlation between individual intercepts and slopes is  $\hat{\rho}_{v_0v_1} = -0.28$
  - Patients with higher (that means worse) baseline scores improve more strongly than patients with smaller baseline scores

## Implied marginal covariance matrix

- For the three time points  $t_{ij} = 0, 1, 2$ ,

$$\mathbf{Z}_i = \begin{pmatrix} 1 & 0 \\ 1 & 1 \\ 1 & 2 \end{pmatrix} \text{ und } \mathbf{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0v_1} \\ \sigma_{v_0v_1} & \sigma_{v_1}^2 \end{pmatrix}$$

we get

$$\begin{aligned} \text{Cov}(\mathbf{y}_i) &= \mathbf{Z}_i \mathbf{\Sigma}_v \mathbf{Z}_i' + \sigma^2 \mathbf{I}_{n_i} \\ &= \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0}^2 + \sigma_{v_0v_1} & \sigma_{v_0}^2 + 2\sigma_{v_0v_1} \\ \sigma_{v_0}^2 + \sigma_{v_0v_1} & \sigma_{v_0}^2 + 2\sigma_{v_0v_1} + \sigma_{v_1}^2 & \sigma_{v_0}^2 + 3\sigma_{v_0v_1} + 2\sigma_{v_1}^2 \\ \sigma_{v_0}^2 + 2\sigma_{v_0v_1} & \sigma_{v_0}^2 + 3\sigma_{v_0v_1} + 2\sigma_{v_1}^2 & \sigma_{v_0}^2 + 4\sigma_{v_0v_1} + 4\sigma_{v_1}^2 \end{pmatrix} + \sigma^2 \mathbf{I}_{n_i} \end{aligned}$$

- Hence, a more flexible covariance structure when compared to compound symmetry



## Fitting mixed-effects models

```
# random intercept model
lme1 <- lmer(hamd ~ week + (1 | id), dat, REML = FALSE)
summary(lme1)

# random slope model
lme2 <- lmer(hamd ~ week + (week | id), dat, REML = FALSE)
summary(lme2)

# model comparison
anova(lme1, lme2)
```

## Wald test

- For the fixed effects, based on the covariance matrix

$$\text{Var}(\hat{\beta}) = \left( \sum_{i=1}^N \mathbf{x}_i' \boldsymbol{\Sigma}_i^{-1} \mathbf{x}_i \right)^{-1}$$

we can construct Wald tests analogously to the regular linear model with approximately normally or  $t$  distributed test statistics

- First,  $\boldsymbol{\Sigma}_i$  must be estimated; hence, the quality of the approximation strongly depends on the quality of the estimation of the variance and covariance components
- Many authors principally discourage using Wald tests for random effects (e. g., Hedeker & Gibbons, 2006, p. 52 or `?lme4::pvalues`)

## Likelihood ratio test

- Hypotheses about fixed and random effects can be tested with likelihood ratio tests
- When  $M_0$  is a model that results from a more general model  $M_1$  by parameter restrictions, then the test statistic

$$G^2 = 2 \log \frac{L(M_1)}{L(M_0)} = 2 (\log L(M_1) - \log L(M_0))$$

is approximately  $\chi^2$  distributed with  
(Number of parameters in  $M_1$ ) – (Number of parameters in  $M_0$ ) degrees of freedom

- However, for fixed effects this test can result in progressive test decisions for small samples ( $H_0$  is rejected too often)
- For random effects and hypotheses of the form  $H_0: \sigma_v^2 = 0$ , the test is rather conservative

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- Assumptions of repeated measures ANOVA are often too restrictive for measurements taken over time
- Mixed-effects models allow for a more flexible variance-covariance structure
- For unequal group sizes, repeated measures ANOVA is not defined
- (For within designs where assumptions of equal variance are more plausible, repeated measures ANOVA is well suited)

## Exercise

- Expand the linear mixed-effects model to more than one factor:
  - Add diagnosis (“endogenous” vs. “non-endogenous”) as additional between factor
- Test if this factor interacts with `week` using a likelihood-ratio test
- Use parametric bootstrapping to get a sampling distribution for your LRT statistic
- Plot the sampling distribution and add the empirical confidence interval



## References

- Hedeker, D. R., & Gibbons, R. D. (2006). *Longitudinal data analysis*. John Wiley.
- Raudenbush, S. W., & Bryk, A. S. (2002). *Hierarchical linear models: Applications and data analysis methods* (Vol. 1). Sage.
- Reisby, N., Gram, L. F., Bech, P., Nagy, A., Petersen, G. O., Ortmann, J., Ibsen, I., Dencker, S. J., Jacobsen, O., Krautwald, O., Sondergaard, I., & Christiansen, J. (1977). Imipramine: Clinical effects and pharmacokinetic variability. *Psychopharmacology*, 54, 263–272.