

# Random effects for within-subject designs

Nora Wickelmaier

Last modified: April 1, 2025

## Selection of random effects

- How to choose an appropriate random effects structure for a mixed-effects model is widely discussed in the literature (e. g., Barr et al., 2013; Bates et al., 2018; Gelman & Brown, 2024)

## Selection of random effects

- How to choose an appropriate random effects structure for a mixed-effects model is widely discussed in the literature (e. g., Barr et al., 2013; Bates et al., 2018; Gelman & Brown, 2024)
- A prominent view is, that the random effects structure needs to represent the experimental design

## Selection of random effects

- How to choose an appropriate random effects structure for a mixed-effects model is widely discussed in the literature (e. g., Barr et al., 2013; Bates et al., 2018; Gelman & Brown, 2024)
- A prominent view is, that the random effects structure needs to represent the experimental design
- Leaving out random slopes for the subjects implies that there are no individual effects for subjects

## Selection of random effects

- How to choose an appropriate random effects structure for a mixed-effects model is widely discussed in the literature (e. g., Barr et al., 2013; Bates et al., 2018; Gelman & Brown, 2024)
- A prominent view is, that the random effects structure needs to represent the experimental design
- Leaving out random slopes for the subjects implies that there are no individual effects for subjects
- Hence, it is assumed that the experimental manipulation has the same effect for every subject

## ① Physical healing

# Physical healing

(Aungle & Langer, 2023)

Condition	Mean	SD	$N_{subjects}$	$N_{ratings}$
14-min	6.17	2.59	32	800
28-min	6.43	2.54	33	825
56-min	7.30	2.25	32	800

- How perceived time influences physical healing

# Physical healing

(Aungle & Langer, 2023)

Condition	Mean	SD	$N_{subjects}$	$N_{ratings}$
14-min	6.17	2.59	32	800
28-min	6.43	2.54	33	825
56-min	7.30	2.25	32	800

- How perceived time influences physical healing
- They used cupping to induce bruises on 33 subjects, then took a picture, waited for 28 min and took another picture



# Physical healing

(Aungle & Langer, 2023)

Condition	Mean	SD	$N_{subjects}$	$N_{ratings}$
14-min	6.17	2.59	32	800
28-min	6.43	2.54	33	825
56-min	7.30	2.25	32	800

- How perceived time influences physical healing
- They used cupping to induce bruises on 33 subjects, then took a picture, waited for 28 min and took another picture
- Subjects participated in all three conditions over a two week period

# Physical healing

(Aungle & Langer, 2023)

Condition	Mean	SD	$N_{subjects}$	$N_{ratings}$
14-min	6.17	2.59	32	800
28-min	6.43	2.54	33	825
56-min	7.30	2.25	32	800

- How perceived time influences physical healing
- They used cupping to induce bruises on 33 subjects, then took a picture, waited for 28 min and took another picture
- Subjects participated in all three conditions over a two week period
- Subjective time was manipulated to feel like 14, 28, or 56 min

# Physical healing

(Aungle & Langer, 2023)

Condition	Mean	SD	$N_{subjects}$	$N_{ratings}$
14-min	6.17	2.59	32	800
28-min	6.43	2.54	33	825
56-min	7.30	2.25	32	800

- How perceived time influences physical healing
- They used cupping to induce bruises on 33 subjects, then took a picture, waited for 28 min and took another picture
- Subjects participated in all three conditions over a two week period
- Subjective time was manipulated to feel like 14, 28, or 56 min
- Pre and post pictures were presented to 25 raters (amount of healing with 0 = not at all healed, 5 = somewhat healed, 10 = completely healed)

## Possible models

(Aung & Langer, 2023)

- Model with random intercepts for subjects and random intercepts for raters

$$y_{ij} = \beta_0 + \beta_1 \textit{Condition}_{28} + \beta_2 \textit{Condition}_{56} + \omega_{0j} + v_{0i} + \varepsilon_{ij}$$

with  $v_{0i} \sim N(0, \sigma_v^2)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

# Possible models

(Aungle & Langer, 2023)

- Model with random intercepts for subjects and random intercepts for raters

$$y_{ij} = \beta_0 + \beta_1 \text{Condition}_{28} + \beta_2 \text{Condition}_{56} + \omega_{0j} + v_{0i} + \varepsilon_{ij}$$

with  $v_{0i} \sim N(0, \sigma_v^2)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

- Model with random slopes for subjects and random intercepts for raters

$$y_{ij} = \beta_0 + \beta_1 \text{Condition}_{28} + \beta_2 \text{Condition}_{56} + \omega_{0j} + v_{0i} + v_{1i} \text{Condition}_{28} + v_{2i} \text{Condition}_{56} + \varepsilon_{ij}$$

with  $\mathbf{v} \sim N\left(\mathbf{0}, \mathbf{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0v_1} & \sigma_{v_0v_2} \\ \sigma_{v_0v_1} & \sigma_{v_1}^2 & \sigma_{v_1v_2} \\ \sigma_{v_0v_2} & \sigma_{v_1v_2} & \sigma_{v_2}^2 \end{pmatrix}\right)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

## Possible models

(Aungle & Langer, 2023)

- Model with random intercepts for subjects and random intercepts for raters

$$y_{ij} = \beta_0 + \beta_1 \text{Condition}_{28} + \beta_2 \text{Condition}_{56} + \omega_{0j} + v_{0i} + \varepsilon_{ij}$$

with  $v_{0i} \sim N(0, \sigma_v^2)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

- Model with random slopes for subjects and random intercepts for raters

$$y_{ij} = \beta_0 + \beta_1 \text{Condition}_{28} + \beta_2 \text{Condition}_{56} + \omega_{0j} + v_{0i} + v_{1i} \text{Condition}_{28} + v_{2i} \text{Condition}_{56} + \varepsilon_{ij}$$

with  $\mathbf{v} \sim N\left(\mathbf{0}, \mathbf{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0 v_1} & \sigma_{v_0 v_2} \\ \sigma_{v_0 v_1} & \sigma_{v_1}^2 & \sigma_{v_1 v_2} \\ \sigma_{v_0 v_2} & \sigma_{v_1 v_2} & \sigma_{v_2}^2 \end{pmatrix}\right)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

- Model with random slope for subjects and random intercepts for raters, zero correlations

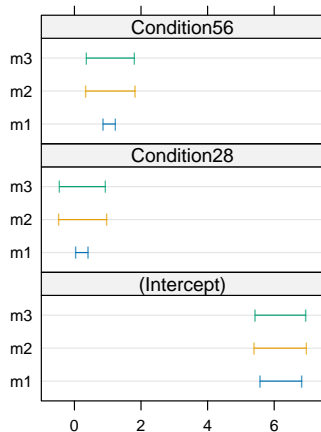
$$y_{ij} = \beta_0 + \beta_1 \text{Condition}_{28} + \beta_2 \text{Condition}_{56} + \omega_{0j} + v_{0i} + v_{1i} \text{Condition}_{28} + v_{2i} \text{Condition}_{56} + \varepsilon_{ij}$$

with  $\mathbf{v} \sim N\left(\mathbf{0}, \mathbf{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & 0 & 0 \\ 0 & \sigma_{v_1}^2 & 0 \\ 0 & 0 & \sigma_{v_2}^2 \end{pmatrix}\right)$ ,  $\omega_{0j} \sim N(0, \sigma_\omega^2)$ ,  $\varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$ , all i.i.d.

# Model comparisons

(Aungle & Langer, 2023)

```
library("lme4")  
load("data/healing.RData")  
  
m1 <- lmer(Healing ~ Condition +  
  (1 | Subject) + (1 | ResponseId), dat)  
m2 <- lmer(Healing ~ Condition +  
  (Condition | Subject) + (1 | ResponseId), dat)  
m3 <- lmer(Healing ~ Condition +  
  (1 | Subject) +  
  (0 + dummy(Condition, "28") | Subject) +  
  (0 + dummy(Condition, "56") | Subject) +  
  (1 | ResponseId), dat)
```



## Different random effects

### Random intercept model

- What is the difference between these 3 models?

```
lapply(coef(m1), head, n = 3)
# $Subject
#           (Intercept) Condition28 Condition56
# 111191      5.759678      0.2272593      1.047163
# 117694      7.245319      0.2272593      1.047163
# 141451      4.276601      0.2272593      1.047163
#
# $ResponseId
#           (Intercept) Condition28 Condition56
# R_1DZrj0mXFNIzerG      3.160095      0.2272593      1.047163
# R_1F99W1Qnk3uLGTg      5.440917      0.2272593      1.047163
# R_1I4p00HhjngCBwT      3.914327      0.2272593      1.047163
```



## Different random effects

### Random slope model

- What is the difference between these 3 models?

```
lapply(coef(m2), head, n = 3)
# $Subject
#           (Intercept) Condition28 Condition56
# 111191      4.517425      0.9372819      4.0356794
# 117694      7.480483     -0.1545164      0.7669798
# 141451      3.717059      1.2029451      1.6695395
#
# $ResponseId
#           (Intercept) Condition28 Condition56
# R_1DZrj0mXFNlzerG      3.115764      0.2462495      1.089368
# R_1F99W1Qnk3uLGTg      5.415579      0.2462495      1.089368
# R_1I4p00HhjngCBwT      3.876277      0.2462495      1.089368
```

## Different random effects

### Random slope model without correlations

- What is the difference between these 3 models?

```
lapply(coef(m3), head, n = 3)
# $Subject
#      dummyCond28 dummyCond56 (Intercept) Condition28 Condition56
# 111191    0.5508955    2.8897054    4.596686    0.2390194    1.083531
# 117694   -0.3384845   -0.2573444    7.455698    0.2390194    1.083531
# 141451    0.8596727    0.4654271    3.768399    0.2390194    1.083531
#
# $ResponseId
#      (Intercept) Condition28 Condition56
# R_1DZrj0mXFNIzerG    3.123060    0.2390194    1.083531
# R_1F99W1Qnk3uLGTg    5.422826    0.2390194    1.083531
# R_1I4p00HhjngCBwT    3.883556    0.2390194    1.083531
```

## Summary

- When we use mixed-effects models to fit data, we need to make an informed choice about the random effects we include in the model

## Summary

- When we use mixed-effects models to fit data, we need to make an informed choice about the random effects we include in the model
- Complex random effect structures can lead to convergence problems and variance terms for random slopes are not always easy to estimate

## Summary

- When we use mixed-effects models to fit data, we need to make an informed choice about the random effects we include in the model
- Complex random effect structures can lead to convergence problems and variance terms for random slopes are not always easy to estimate
- The random effects structure strongly influences the confidence intervals for the fixed effects which we are often interested in

## Summary

- When we use mixed-effects models to fit data, we need to make an informed choice about the random effects we include in the model
- Complex random effect structures can lead to convergence problems and variance terms for random slopes are not always easy to estimate
- The random effects structure strongly influences the confidence intervals for the fixed effects which we are often interested in
- This is especially relevant in a confirmatory setting

## Summary

- When we use mixed-effects models to fit data, we need to make an informed choice about the random effects we include in the model
- Complex random effect structures can lead to convergence problems and variance terms for random slopes are not always easy to estimate
- The random effects structure strongly influences the confidence intervals for the fixed effects which we are often interested in
- This is especially relevant in a confirmatory setting
- For some critical discussion of the healing paper and their choice of random effects see Gelman and Brown (2024) and Gelman's blog post and discussion here: <https://statmodeling.stat.columbia.edu/2025/01/23/slopes/>

## ② Perceived risk of AI expert systems



# Perceived risk of AI expert systems

## Independent variables

- Participant ( $N = 898$ )
- Partner (AI vs. hu, within)
- Stakes (HS vs. LS, within)
- Context (edu vs. fin vs. law vs. med vs. psy, between)

## Dependent variables

- Perceived risk (1 item, 7-point scale, from “None at all” to “Maximally”)
- Perceived trustworthiness (9 items, 7-point scale, averaged)

```
dat <- read.table("data/data-nico.csv", sep = ",", header = TRUE,  
                 stringsAsFactors = TRUE)
```

## Choose a mixed-effects model

- Let us look at perceived risk

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert sytem as much higher compared to a human expert when stakes are high

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert sytem as much higher compared to a human expert when stakes are high
- Draw a hypothesis plot

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert system as much higher compared to a human expert when stakes are high
- Draw a hypothesis plot
- What mixed-effects model is suited to test this hypothesis?

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert system as much higher compared to a human expert when stakes are high
- Draw a hypothesis plot
- What mixed-effects model is suited to test this hypothesis?
- How many parameters does this model have?

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert system as much higher compared to a human expert when stakes are high
- Draw a hypothesis plot
- What mixed-effects model is suited to test this hypothesis?
- How many parameters does this model have?
- Which parameter do we need to look at in order to test the hypothesis?

## Choose a mixed-effects model

- Let us look at perceived risk
- Hypothesis: In certain contexts, people will perceive the risk to consult an AI expert system as much higher compared to a human expert when stakes are high
- Draw a hypothesis plot
- What mixed-effects model is suited to test this hypothesis?
- How many parameters does this model have?
- Which parameter do we need to look at in order to test the hypothesis?
- Which random effects are needed to represent the experimental design?



## Testing three-way interaction

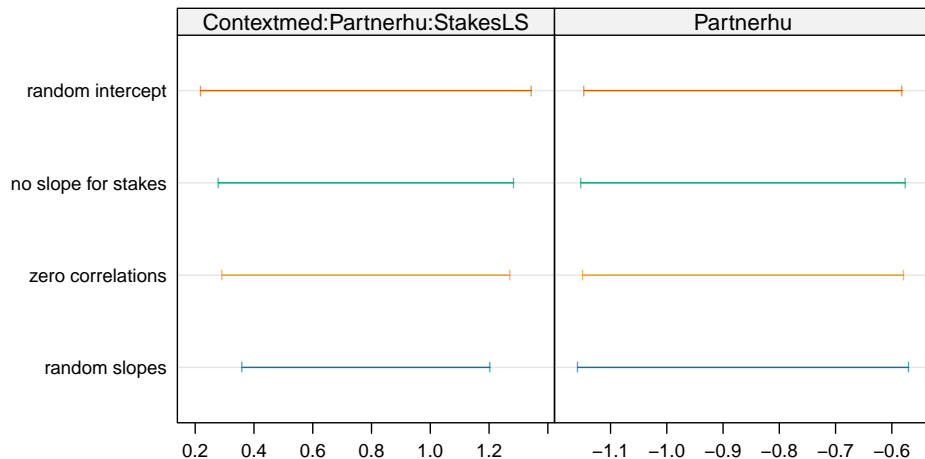
```
m0 <- lmer(Risk ~ (Context + Partner + Stakes)^2 +  
            (1 + Partner + Stakes | Participant), data = dat)  
  
m1 <- lmer(Risk ~ Context * Partner * Stakes +  
            (1 + Partner + Stakes | Participant), data = dat)  
  
# Test interaction with Likelihood-ratio Test  
anova(m0, m1)
```

## Testing three-way interaction

```
m0 <- lmer(Risk ~ (Context + Partner + Stakes)^2 +  
            (1 + Partner + Stakes | Participant), data = dat)  
  
m1 <- lmer(Risk ~ Context * Partner * Stakes +  
            (1 + Partner + Stakes | Participant), data = dat)  
  
# Test interaction with Likelihood-ratio Test  
anova(m0, m1)
```

- Calculate the confidence intervals for Model m1 and compare them to a model with only random intercepts for Participant
- What would you expect based on the results we looked at for Aungle and Langer (2023)?

## Confidence intervals for three way interaction



### ③ Simulations

## Selection of random effects

- What is the difference between the two designs we looked at?

## Selection of random effects

- What is the difference between the two designs we looked at?
- Maybe it's just one of the data sets behaving weird?

## Selection of random effects

- What is the difference between the two designs we looked at?
- Maybe it's just one of the data sets behaving weird?
- Let's check and simulate some data ...

## 2 × 2 within design

$$y = \beta_0 + \beta_1 a_2 + \beta_2 b_2 + \beta_3 a_2 b_2 + v_0 + v_1 a_2 + v_2 b_2 + \varepsilon$$

$$\text{with } \mathbf{v} \sim N\left(\mathbf{0}, \boldsymbol{\Sigma}_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0 v_1} & \sigma_{v_0 v_2} \\ \sigma_{v_0 v_1} & \sigma_{v_1}^2 & \sigma_{v_1 v_2} \\ \sigma_{v_0 v_2} & \sigma_{v_1 v_2} & \sigma_{v_2}^2 \end{pmatrix}\right), \varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2), \text{ all i.i.d.}$$

```
dat <- expand.grid(A = factor(c("a1", "a2")), B = factor(c("b1", "b2")),  
                  id = factor(1:10))
```

```
beta <- c(3, .5, .5, 1)  
sp <- c(1, .8, .6)  
r <- -.5  
S <- r * sp %o% sp; diag(S) <- sp^2  
se <- 1
```



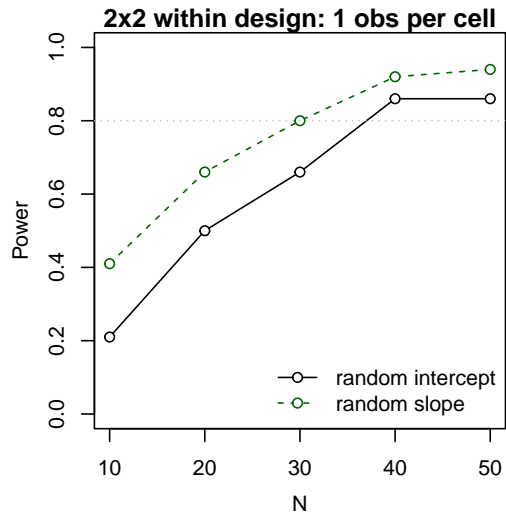
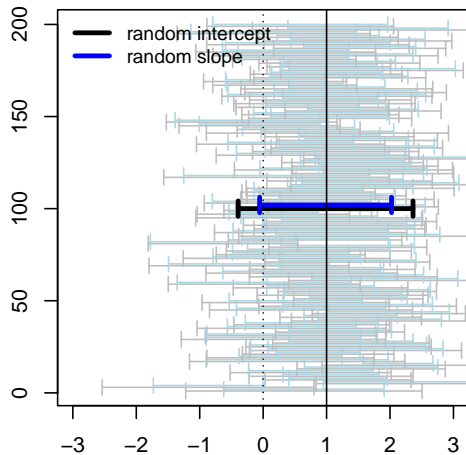
## 2 × 2 within design

```
Lt      <- chol(S) / se
theta   <- t(Lt)[lower.tri(Lt, diag = TRUE)]

cis <- replicate(100, {
  y <- simulate(~ A * B + (A + B | id),
               newdata = dat,
               newparams = list(beta = beta, theta = theta, sigma = se))$sim_1
  m0 <- lmer(y ~ A * B + (1 | id), dat)
  m1 <- lmer(y ~ A * B + (A + B | id), dat)
  matrix(c(confint(m0, par = "Aa2:Bb2", method = "Wald") |> as.numeric(),
           confint(m1, par = "Aa2:Bb2", method = "Wald") |> as.numeric()),
        nrow = 2, byrow = TRUE)
}, simplify = FALSE)

dat_ci <- as.data.frame(do.call(rbind, cis))
names(dat_ci) <- c("lb", "ub")
dat_ci$model <- factor(c("random intercept", "random slope"))
```

## $2 \times 2$ within design



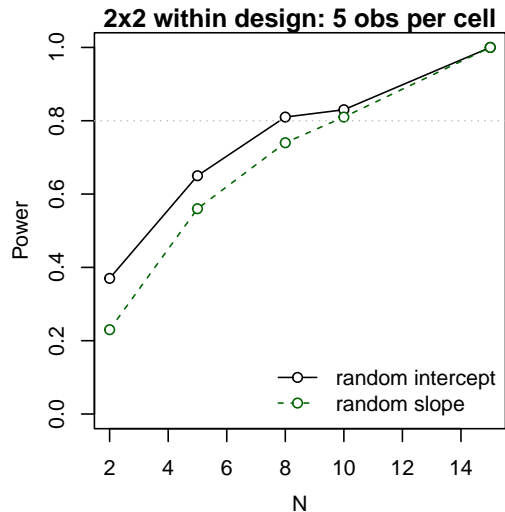
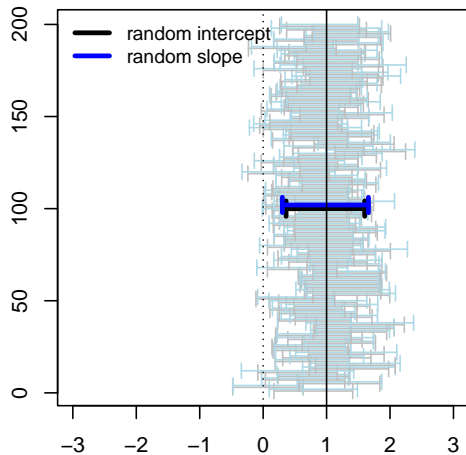
## 2 × 2 within design with several items

$$y = \beta_0 + \beta_1 a_2 + \beta_2 b_2 + \beta_3 a_2 b_2 + v_0 + v_1 a_2 + v_2 b_2 + v_3 a_2 b_2 + \omega_0 + \varepsilon$$

$$\text{with } v \sim N\left(\mathbf{0}, \Sigma_v = \begin{pmatrix} \sigma_{v_0}^2 & \sigma_{v_0 v_1} & \sigma_{v_0 v_2} & \sigma_{v_0 v_3} \\ \sigma_{v_0 v_1} & \sigma_{v_1}^2 & \sigma_{v_1 v_2} & \sigma_{v_1 v_3} \\ \sigma_{v_0 v_2} & \sigma_{v_1 v_2} & \sigma_{v_2}^2 & \sigma_{v_2 v_3} \\ \sigma_{v_0 v_3} & \sigma_{v_1 v_3} & \sigma_{v_2 v_3} & \sigma_{v_3}^2 \end{pmatrix}\right), \omega_0 \sim N(0, \sigma_\omega^2), \varepsilon_{ij} \sim N(0, \sigma_\varepsilon^2)$$

```
dat <- expand.grid(A = factor(c("a1", "a2")), B = factor(c("b1", "b2")),
                  item = factor(1:5), id = factor(1:10))
beta  <- c(3, .5, .5, 1)
sp    <- c(1, .8, .6)
r     <- -.5
se    <- 1
S     <- r * sp %o% sp; diag(S) <- sp^2
sw    <- 1
```

## $2 \times 2$ within design with several items



## Summary

- The discussion “Keep it maximal” (Barr et al., 2013) vs. “Parsimonious mixed models” (Bates et al., 2018) is even more complicated than it looks (as always)

## Summary

- The discussion “Keep it maximal” (Barr et al., 2013) vs. “Parsimonious mixed models” (Bates et al., 2018) is even more complicated than it looks (as always)
- I still think that the random effects structure should represent the experimental design, since this aligns with thinking about the structure of the random effects as the data generating process

## Summary

- The discussion “Keep it maximal” (Barr et al., 2013) vs. “Parsimonious mixed models” (Bates et al., 2018) is even more complicated than it looks (as always)
- I still think that the random effects structure should represent the experimental design, since this aligns with thinking about the structure of the random effects as the data generating process
- If you want to interpret the random effects or even test hypotheses about them, you need to be careful if the estimates are good enough, however

## Summary

- The discussion “Keep it maximal” (Barr et al., 2013) vs. “Parsimonious mixed models” (Bates et al., 2018) is even more complicated than it looks (as always)
- I still think that the random effects structure should represent the experimental design, since this aligns with thinking about the structure of the random effects as the data generating process
- If you want to interpret the random effects or even test hypotheses about them, you need to be careful if the estimates are good enough, however
- And always: Do not go through the motions, try to understand the model that you fit and what its structure implies



## References

- Aungle, P., & Langer, E. (2023). Physical healing as a function of perceived time. *Scientific Reports*, 13(1), 22432. <https://doi.org/10.1038/s41598-023-50009-3>
- Barr, D. J., Levy, R., Scheepers, C., & Tily, H. J. (2013). Random effects structure for confirmatory hypothesis testing: Keep it maximal. *Journal of memory and language*, 68(3), 255–278. <https://doi.org/10.1016/j.jml.2012.11.001>
- Bates, D., Kliegl, R., Vasishth, S., & Baayen, H. (2018). Parsimonious mixed models. <https://doi.org/10.48550/arXiv.1506.04967>
- Gelman, A., & Brown, N. J. L. (2024). How statistical challenges and misreadings of the literature combine to produce unreplicable science: An example from psychology. *Advances in Methods and Practices in Psychological Science*, 7(4), 25152459241276398. <https://doi.org/10.1177/25152459241276398>