



**Thought Spot is a live map designed
by students, for students in the Greater
Toronto Area.**

**The map allows students to easily identify
and access health and wellness services, and
discover resources that are relevant to their
experiences, situation, and location.**











Search our database based on location, activity, etc. different descriptive words of how you can use this map to get things you need or want.

search



Browse by Category



-  Legal and Financial
-  Health and Social
-  Services
-  Recreation and Culture
-  Family and Friends
-  Spirituality and Wellbeing
-  Work and School
-  Sex and Relationships



< Back to all results

Show on Map >



St. Michael's Hospital STEPS for Youth



21 McGill Street, Covenant House, Toronto

Hours of operation:

Mon-Fri 9 am-5 pm

OPEN NOW

<http://www.stmichaelshospital.com/programs/mentalhealth/>

1-416-864-5120

steps@smh.ca

Services provided:

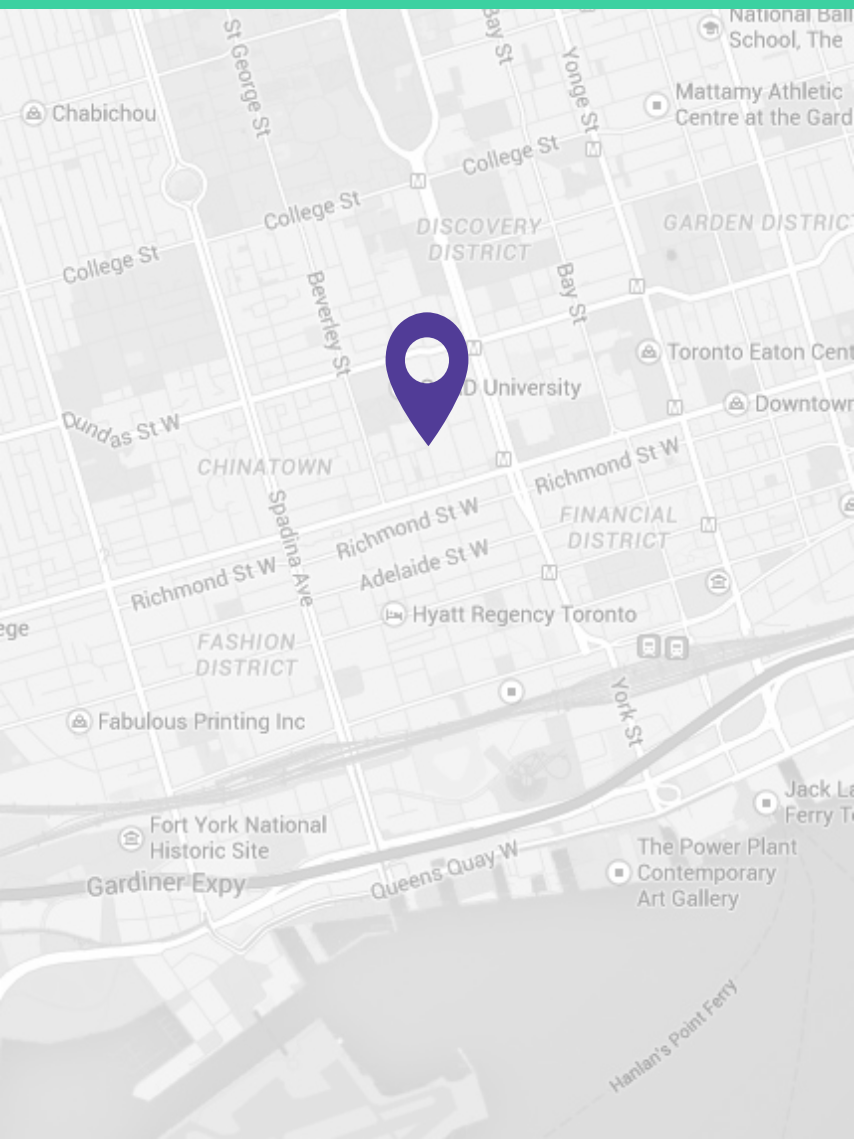
***Assessment**

*** treatment**

*** support with school, work, social ac-**



< Back to Information





Are you in crisis, or in need of immediate assistance?

A crisis is a crucial, decisive moment or situation where an emotionally stressful event or traumatic change is taking place.

Someone in crisis cannot wait for an appointment, and needs an immediate connection with some sort of service.

Yes

No