

# Topic: Why are friendships important for teenagers?

DATE: \_\_\_\_\_

NO: \_\_\_\_\_

Friendship

Teen

↳ spend more time with <sup>friends</sup> peers than family ∴ Big influence to teenage life

Positive effects

↳ Healthy friendship <sup>helps</sup> prevents <sup>teenage</sup> problems E.g. Delinquency, isolation

also helps  
↳ <sup>feel accepted & confident</sup> ∴ Allow development of other positive social ties

3. E.g. Social & Emotional development

↳ unlikely to

↳ Less vulnerable to bullying & rejection

↳ unlikely to harass/bully others

Coping with stress  
through friendship  
support

<sup>Healthy friendship</sup>  
Stressful Teen years, ~~Support~~

Trustworthy, loyal friends

↳ provide social support in adolescence challenges

<sup>friend can</sup> <sup>teenage</sup>  
↳ listen to problems and

E.g. Relationships, School, Work, Conflict

Summary:

Developing a healthy friendship <sup>can</sup> provides many positive effects ~~during teenage years and also~~  
<sup>such as support</sup> helps such as towards a teen's teenage years as well as <sup>to a teen</sup> <sup>during higher</sup> towards teenage years

such as a strong social support that helps a teen cope with emotional and stress during their development.

# Outline.

## Common Ideas

- Accepted & confidences.
- Resist negative emotions - rejection / bullying / peer pressure.
- Friends provide feedback / help. - Relationship / behaviour / personality
- Healthy psychological development - emotion / mental health.
- we spend a lot of time w/ friends, (influence us)
- Avoid isolation.

## Moore ~~reference~~ (2017)

- Prevent ~~behavioural~~ problems. eg. Delinquency
- & w/ Friendship, less likely to bully someone.
- less stressful teenage years.

## Richards (2017)

- strong self of self, empowered by friends
- gain identity from friends.
- learn value of cooperation for the good of group

1. Cornell NT  
Article 1 & 2 (individual)

2. Create an outline  
in point form for a coherent  
synthesis (pair)  
→ Grouping common main ideas  
→ stating relevant main pts  
in an organized flow

5 DUE DATE:  
Sunday, 10a.m. 😊

3. On google docs,

type your synthesis  
with in-text citation (pair)  
Format: Final 12; Double spacing

4. Submission on E-learn: # Title:  
1 doc file (your partner name)  
→ Syn paragraph  
→ Screen shot: Cornell NT & outline

4 Collaboration Project  
7 Lesson 2: In-Class

Word limit:  
Approx 200 words  
- 190-220 words

Key points	Notes
	<p>&amp; ;</p>
Summary:	

- According to Moore (2017) & Richards (2017), ...
- Both Moore (2017) and Richards (2017) agree that ...
- ..... (Moore, 2017 & Richards, 2017).