Tunic: M	hy are friendships important for teraggers? DATE: NO:
1010 11	The Checker of the
Friendship	TEEN
	robe teeringe
Paritive effects	> Healthy friendship prevents problems E 4. Deliquoncy, isolation
	Spend more time with peers than tamily. Big intherne to Feorge life  Healthy Triendship prevents problems E 4. Deligupncy, isolation  also helps  Ex feel anepted and confident. Allow development of other positive social ties
	.3. Etc. Social & Emotional development
	thalikely to
	Liless vulnerable to bullying & rejection
	Unlikely to harrass/bully others
	Hally Friendship
oping with stress	Stage Stressful Teen years, Supports
through friendship support	Spring social support in adolesional drallenges  Fredum teenage  Sisten to problems our EG. Relationships, School, Work, Conflict
	Fried an teening "  La listen to problems out F & Relationships, School, Work, Conflict
	The to protest on
, ,	D 1 1 1 A 1 A 1 A 1 A 1 A 1 A 1 A 1 A 1
Summary:	Developing healthy friendships provides a positive effects during teenage years and also much as support to a teen during hither teenage years as well as towards teenage year
	such as a strong social support that helps a teen cape with emotional and strees during
	their development.

## ) (It line.

## Common Ideas

- Accepted A confidences.
- negative emotions rejection / bullying / peer prossure.
- Friends provide feedback / help relationship / behaviour/personanty
- Healthy psychological development Emotion / mental health.
- we spend a lot of time w/ friends, (influence us)
- Avoid isolation

## Moore (2017)

- Trevent between problems . eg. Deliquency
- & w/ Friendship, less likely to bully someone.
- less stressiful teerage years.

## (2017) Richards

- strong self of self, empowered by or friends
- gain identity from friends.
- learn value of cooperation for the good of group

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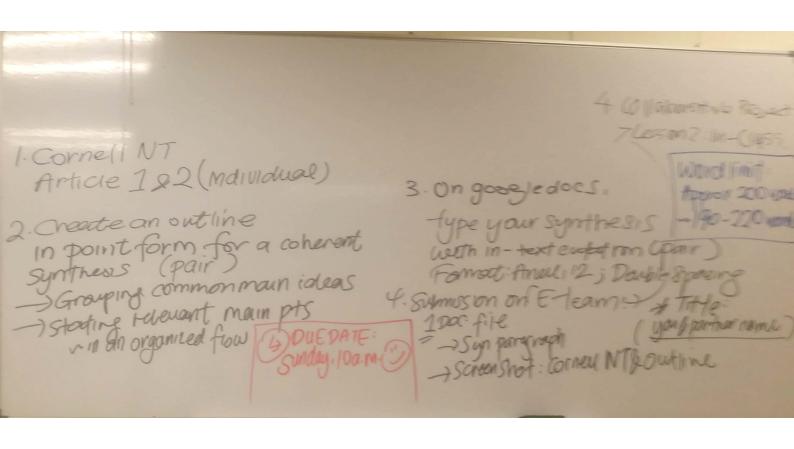
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Points

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Richards(2017),

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