

## Reflective Video Planning

Planning your reflective video will help you to produce a better product. Below you will find four areas to focus on and some questions that will help you to reflect on each area.

### 1. Describe

What topic did you write on for the research essay? Why?

What were you expected to do? What was the process?

What did you produce?

### 2. Analyse

Explain what the learning experience means:

How was it significant?

How has it assisted your learning?

How does it relate to your other subjects?

Is the skill transferable to other subjects or contexts?

### 3. Evaluate

How successful was the learning experience?

What did you learn?

How did it change your approach?

What are the limitations?

### 4. Learn

What did you learn about yourself?

How will you approach this differently in future?