

7.3 Trigonometric Integrals

recall your trig identities on the top of your hand out

there are 5 types of trig questions that we worry about:

1. $\int \sin^n x dx$ & $\int \cos^n x dx$
2. $\int \sin^m x \cos^n x dx$
3. $\int \sin^m x \cos^n x dx$, $\int \sin^m x \sin^n x dx$, $\int \cos^m x \cos^n x dx$
4. $\int \tan^n x dx$, $\int \cot^n x dx$
5. $\int \tan^m x \sec^n x dx$, $\int \cot^m x \csc^n x dx$

Type 1: $\int \sin^n x dx$ or $\int \cos^n x dx$

• n odd \rightarrow use $\sin^2 x + \cos^2 x = 1$, want to factor out a \sin or \cos

for example: $\int \sin^5 x dx = \int \sin x (\sin^4 x) dx = \int \sin x (\sin^2 x)^2 dx$

$$\begin{aligned} &= \int \sin x (1 - \cos^2 x)^2 dx \\ &= \int \sin x (1 - 2\cos^2 x + \cos^4 x) dx \\ &= \int (1 - 2\cos^2 x + \cos^4 x) \sin x dx \quad \begin{matrix} u = \cos x \\ du = -\sin x dx \end{matrix} \\ &= -\int (1 - 2u^2 + u^4) du \\ &= -\left[u - \frac{2}{3}u^3 + \frac{1}{5}u^5\right] + C = -\cos x + \frac{2}{3}\cos^3 x - \frac{1}{5}\cos^5 x + C \end{aligned}$$

• n even \rightarrow most likely half-angle identities

$$\begin{aligned} \int \sin^2 x dx &= \int \frac{1}{2} - \frac{1}{2}\cos 2x dx & \text{OR} & \int \cos^2 x dx = \int \left(\frac{1 + \cos 2x}{2}\right)^2 dx \\ &= \frac{1}{2}x - \frac{1}{4}\sin 2x + C & & = \frac{1}{4} \int 1 + 2\cos 2x + \cos^2 2x dx \\ & & & = \frac{1}{4} \int dx + \frac{2}{4} \int \cos 2x dx + \frac{1}{4} \int \cos^2 2x dx \\ & & & = \frac{1}{4}x + \frac{1}{4}\sin(2x) + \frac{1}{4} \int \frac{1}{2} + \frac{1}{2}\cos 4x dx \\ & & & = \frac{1}{4}x + \frac{1}{4}\sin(2x) + \frac{1}{8}x + \frac{1}{32}\sin(4x) + C \\ & & & = \frac{3}{8}x + \frac{1}{4}\sin(2x) + \frac{1}{32}\sin(4x) + C \end{aligned}$$

Type 2: $\int \sin^m x \cos^n x dx$

• if m or n is odd positive integer and the other exponent is any other number, we factor out $\sin x$ or $\cos x$ and use $\sin^2 x + \cos^2 x = 1$

for example: $\int \sin^3 x \cos^2 x dx = \int \sin x (\sin^2 x) \cos^2 x dx$

$$\begin{aligned} &= \int \sin x (1 - \cos^2 x) \cos^2 x dx \quad \begin{matrix} u = \cos x \\ du = -\sin x dx \end{matrix} \\ &= -\int (1 - u^2) u^2 du \\ &= -\int u^2 - u^4 du = -\left[\frac{1}{3}u^3 - \frac{1}{5}u^5\right] + C = -\frac{1}{3}\cos^3 x + \frac{1}{5}\cos^5 x + C \end{aligned}$$

• similarly as in type 1, if m and n are even, we use the half angle formulas

for example: $\int \sin^2 x \cos^2 x \, dx$

$$\begin{aligned} &= \int \left(\frac{1}{2} - \frac{1}{2} \cos(2x)\right) \left(\frac{1}{2} + \frac{1}{2} \cos(2x)\right) dx \\ &= \int \frac{1}{4} - \frac{1}{4} \cos^2(2x) dx \\ &= \int \frac{1}{4} - \frac{1}{4} \left(\frac{1}{2} + \frac{1}{2} \cos(4x)\right) dx \\ &= \int \frac{1}{4} - \frac{1}{8} - \frac{1}{8} \cos(4x) dx = \frac{1}{8} x - \frac{1}{32} \sin(4x) + C \end{aligned}$$

type 3: $\int \sin mx \cos nx \, dx$, $\int \sin mx \sin nx \, dx$, $\int \cos mx \cos nx \, dx$

• use the following identities

$$1. \sin mx \cos nx = \frac{1}{2} [\sin(m+n)x + \sin(m-n)x]$$

$$2. \sin mx \sin nx = -\frac{1}{2} [\cos(m+n)x - \cos(m-n)x]$$

$$3. \cos mx \cos nx = \frac{1}{2} [\cos(m+n)x + \cos(m-n)x]$$

for example (look @ #57): $\int \sin(5x) \cos(2x) \, dx$

$$\begin{aligned} &= \int \frac{1}{2} [\sin(5+2)x + \sin(5-2)x] dx \\ &= \int \frac{1}{2} \sin(7x) + \frac{1}{2} \sin(3x) dx \\ &= -\frac{1}{2} \cos(7x) \cdot \frac{1}{7} - \frac{1}{2} \cdot \frac{1}{3} \cos(3x) + C \end{aligned}$$

type 4: $\int \tan^n x \, dx$, $\int \cot^n x \, dx$

• when it's $\tan \rightarrow$ factor out $\tan^2 x = \sec^2 x - 1$

• when it's $\cot \rightarrow$ factor out $\cot^2 x = \csc^2 x - 1$

for example: $\int \cot^4 x \, dx = \int \cot^2 x (\csc^2 x - 1) \, dx$

$$\begin{aligned} &= \int \cot^2 x \csc^2 x - \cot^2 x \, dx \\ &= \int \cot^2 x \csc^2 x \, dx - \int \csc^2 x - 1 \, dx \quad \begin{matrix} u = \cot x \\ du = -\csc^2 x \, dx \end{matrix} \\ &= -\int u^2 du - \int \csc^2 x - 1 \, dx \\ &= -\frac{1}{3} \cot^3 x + \cot x + x + C \end{aligned}$$

for example: $\int \tan^5 x \, dx = \int \tan^3 x \tan^2 x \, dx$

$$\begin{aligned} &= \int \tan^3 x (\sec^2 x - 1) \, dx \\ &= \int \tan^3 x \sec^2 x - \tan^3 x \, dx \\ &= \int \tan^3 x \sec^2 x - \tan x (\sec^2 x - 1) \, dx \\ &= \int \tan^3 x \sec^2 x - \tan x \sec^2 x + \tan x \, dx \\ &= \frac{1}{4} \tan^4 x - \frac{1}{2} \tan^2 x - \ln|\cos x| + C \end{aligned}$$

type 5: $\int \tan^m x \sec^n x \, dx$, $\int \cot^m x \csc^n x \, dx$

• if n is even in (*), pull out a factor of $\sec^2 x$ and then use above identity to write a polynomial in $\tan x$. then $u = \tan x$

for example: $\int \sec^4 x \tan x \, dx$

$$\begin{aligned} &= \int \sec^2 x \cdot \sec^2 x \cdot \tan x \, dx \\ &= \int \sec^2 x \cdot (\tan^2 x + 1) \tan x \, dx \\ &= \int (\sec^2 x \tan^3 x + \sec^2 x \tan x) \, dx \quad \begin{matrix} u = \tan x \\ du = \sec^2 x \, dx \end{matrix} \\ &= \int \sec^2 x \tan^3 x + \sec^2 x \tan x \, dx \\ &= \int u^3 + u \, du = \frac{1}{4} \tan^4 x + \frac{1}{2} \tan^2 x + C \end{aligned}$$

- If m is odd, pull a factor of $\sec x + \tan x$ and then use identity. $u = \sec x$

for example: $\int \sec^3 x + \tan^3 x \, dx = \int \sec x + \tan x (\sec^2 x + \tan^2 x) \, dx$

$$= \int \sec x + \tan x (\sec^2 x (\sec^2 x - 1)) \, dx$$
$$= \int \sec x + \tan x (\sec^4 x - \sec^2 x) \, dx \quad \begin{array}{l} u = \sec x \\ du = \sec x \tan x \end{array}$$
$$= \int u^4 - u^2 \, du$$
$$= \frac{1}{5} \sec^5 x - \frac{1}{3} \sec^3 x + C$$