



NUTRITION & ALLERGEN INFORMATION

KID'S MEAL

Nutrition Facts

Allergens

MENU ITEMS	Serving Size (oz)	Calories	Calories From Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Wheat	Soy	Peanuts	Treenuts	Fish	Shellfish	Eggs	Milk
SIDE																				
Chow Mein	5.2 oz	280	110	12	2	0	0	540	36	2	5	7	✓	✓						
Chow Fun*	6.2 oz	300	60	6	0.5	0	0	810	53	1	4	6	✓	✓						✓
Fried Rice	6.2 oz	350	90	11	2	0	100	530	55	0	2	8	✓	✓					✓	
Brown Steamed Rice	7.8 oz	310	25	3	0.5	0	0	10	64	3	1	7								
White Steamed Rice	5.1 oz	240	0	0	0	0	0	0	54	0	0	5								
Mixed Veggies (Side)	6.4 oz	70	0	0	0	0	0	400	12	4	4	3	✓	✓						✓
VEGGIES																				
Country Style Bean Curd* 🌶️	4.1 oz	122	70	8	1	0	0	600	9	1	5	4	✓	✓						
Eggplant Tofu* 🌶️	4.6 oz	250	160	18	2.5	0	0	390	17	2	13	5	✓	✓						
Hot Szechuan Tofu* 🌶️	4.1 oz	100	50	6	0.5	0	0	430	7	1	4	4	✓	✓						
Mixed Veggies (Entree)	3.2 oz	30	0	0	0	0	0	200	6	2	2	2	✓	✓						✓
CHICKEN																				
Black Pepper Chicken	4.6 oz	200	120	14	2.5	0	40	830	11	<1	5	10	✓	✓						
Kung Pao Chicken 🌶️	4.4 oz	200	120	14	2.5	0	40	690	10	2	4	11	✓	✓	✓					
Grilled Teriyaki Chicken	3.6 oz	180	70	8	2.5	0	110	320	5	0	5	22	✓	✓						
Grilled Asian Chicken	3.6 oz	180	70	8	2.5	0	110	320	5	0	5	22	✓	✓						
Teriyaki Chicken	3.6 oz	200	70	8	2	0	115	380	8	2	6	25	✓	✓						