



NUTRITION & ALLERGEN INFORMATION

| Nutrition Facts | | | | | | | | | | | | | Allergens | | | | | | | |
|-----------------------------|-------------------|----------|-----------------------|---------------|-------------------|---------------|------------------|-------------|----------------|-------------------|------------|-------------|-----------|-----|---------|----------|------|-----------|------|------|
| MENU ITEMS | Serving Size (oz) | Calories | Calories From Fat (g) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Wheat | Soy | Peanuts | Treenuts | Fish | Shellfish | Eggs | Milk |
| Steamed Ginger Fish* | 6 oz | 200 | 110 | 12 | 2.5 | 0 | 40 | 1990 | 8 | 0 | 6 | 15 | ✓ | ✓ | | | ✓ | | | ✓ |
| APPETIZERS | | | | | | | | | | | | | | | | | | | | |
| Crispy Shrimp | 1.8 oz / 3 pcs | 130 | 60 | 6 | 1 | 0 | 30 | 400 | 13 | 1 | 1 | 5 | ✓ | ✓ | | | | ✓ | | ✓ |
| Chicken Egg Roll | 3.3 oz / 3 pcs | 160 | 60 | 6 | 1.5 | 0 | 20 | 250 | 20 | 1 | 2 | 6 | ✓ | ✓ | | | | | | |
| Chicken Potsticker | 3.3 oz / 3 pcs | 160 | 60 | 6 | 1.5 | 0 | 20 | 250 | 20 | 1 | 2 | 6 | ✓ | ✓ | | | | | | |
| Cream Cheese Rangoon | 2.4 oz / 3 pcs | 190 | 70 | 8 | 5 | 0 | 35 | 180 | 24 | 2 | 1 | 5 | ✓ | | | | | | ✓ | ✓ |
| Veggie Spring Roll | 3.4 oz / 2 rolls | 190 | 80 | 8 | 1.5 | 0 | 0 | 520 | 27 | 2 | 3 | 3 | ✓ | ✓ | | | | | | ✓ |
| SOUP | | | | | | | | | | | | | | | | | | | | |
| Hot & Sour Soup (Cup) 🌶️ | 12.2 oz | 120 | 40 | 4.5 | 0.5 | 0 | 65 | 880 | 14 | 1 | 4 | 7 | ✓ | ✓ | | | | | ✓ | ✓ |
| Hot & Sour Soup (Bowl) 🌶️ 🥗 | 17.4 oz | 170 | 60 | 6 | 1 | 0 | 90 | 1260 | 20 | 1 | 6 | 10 | ✓ | ✓ | | | | | ✓ | ✓ |
| SAUCES & COOKIES | | | | | | | | | | | | | | | | | | | | |
| Teriyaki Sauce | 1.8 oz | 70 | 5 | 0 | 0 | 0 | 0 | 380 | 16 | 0 | 14 | 0 | ✓ | ✓ | | | | | | |
| Sweet & Sour Sauce | 1.8 oz | 70 | 0 | 0 | 0 | 0 | 0 | 115 | 21 | 0 | 20 | 0 | | | | | | | | |
| Chili Sauce | 1 Packet (7 g) | 10 | 0 | 0 | 0 | 0 | 0 | 125 | 2 | 0 | 2 | 0 | | | | | | | | |
| Soy Sauce | 1 Packet (7 g) | 5 | 0 | 0 | 0 | 0 | 0 | 375 | 0 | 0 | 0 | 0 | ✓ | ✓ | | | | | | |
| Potsticker Sauce | 1 Packet (11.4 g) | 10 | 0 | 0 | 0 | 0 | 0 | 290 | 3 | 0 | 2 | 0 | ✓ | ✓ | | | | | | |
| Hot Mustard | 1 Packet 7 g | 10 | 10 | 1 | 0 | 0 | 0 | 115 | 0 | 0 | 0 | 0 | | | | | | | | |
| Plum Sauce | 1 Packet 7 g | 15 | 0 | 0 | 0 | 0 | 0 | 55 | 3 | 0 | 3 | 0 | | | | | | | | |



Spicy WOK SMART™ | 300 calories or less and at least 8g of protein.

Entree selections may vary by location.

*Regional Entrees / Limited time only.