Repeated measures analysis

Repeated measures

- ▶ More than one response measurement for each subject, same thing at different times
- Generalization of matched pairs ("matched triples", etc.).
- Expect measurements on same subject to be correlated, so assumptions of independence will fail.
- Repeated measures. Profile analysis uses Manova (set up).
- ▶ Another approach uses *mixed models* (random effects).
- Variation: each subject does all treatments at different times (called crossover design).

Packages

```
library(car)
library(tidyverse)
library(lme4) # for mixed models later
```

Example: histamine in dogs

- 8 dogs take part in experiment.
- Dogs randomized to one of 2 different drugs.
- Response: log of blood concentration of histamine 0, 1, 3 and 5 minutes after taking drug. (Repeated measures.)
- Data in dogs.txt, column-aligned.

Read in data

```
my_url <- "http://ritsokiguess.site/datafiles/dogs.txt"
dogs <- read_table(my_url)
dogs</pre>
```

```
# A tibble: 8 x 7
 dog
       drug
                    X
                            1h0
                                  1h1
                                        1h3
                                              1h5
  <chr> <chr>
                    <chr> <dbl> <dbl> <dbl> <dbl> <
1 A
       Morphine
                    N
                          -3.22 - 1.61 - 2.3 - 2.53
       Morphine
                    N
2 B
                          -3.91 -2.81 -3.91 -3.91
3 C
       Morphine
                          -2.66 0.34 -0.73 -1.43
4 D
       Morphine
                    N
                          -1.77 -0.56 -1.05 -1.43
5 E
       Trimethaphan N
                          -3.51 - 0.48 - 1.17 - 1.51
6 F
       Trimethaphan N
                          -3.51 0.05 -0.31 -0.51
7 G
       Trimethaphan N
                          -2.66 -0.19 0.07 -0.22
8 H
       Trimethaphan N
                          -2.41 1.14 0.72 0.21
```

Setting things up

```
response <- with(dogs, cbind(lh0, lh1, lh3, lh5))
response
```

```
1h0 1h1 1h3 1h5
[1,] -3.22 -1.61 -2.30 -2.53
[2,] -3.91 -2.81 -3.91 -3.91
[3,] -2.66 0.34 -0.73 -1.43
[4,] -1.77 -0.56 -1.05 -1.43
[5,] -3.51 -0.48 -1.17 -1.51
[6,] -3.51 0.05 -0.31 -0.51
[7,] -2.66 -0.19 0.07 -0.22
[8,] -2.41 1.14 0.72 0.21
```

Another way to make response

```
dogs %>% select(starts_with("lh")) %>%
  as.matrix() -> response
response
```

```
1h0 1h1 1h3 1h5
[1,] -3.22 -1.61 -2.30 -2.53
[2,] -3.91 -2.81 -3.91 -3.91
[3,] -2.66 0.34 -0.73 -1.43
[4,] -1.77 -0.56 -1.05 -1.43
[5,] -3.51 -0.48 -1.17 -1.51
[6,] -3.51 0.05 -0.31 -0.51
[7,] -2.66 -0.19 0.07 -0.22
[8,] -2.41 1.14 0.72 0.21
```

The repeated measures MANOVA

Get list of response variable names; we call them times. Save in data frame.

```
times <- colnames(response)
times

[1] "lh0" "lh1" "lh3" "lh5"

times.df <- data.frame(times=factor(times))
times.df

times</pre>
```

```
1 lh0
2 lh1
```

2 1111

3 1h3

4 1h5

Fitting the model

```
dogs.1 <- lm(response ~ drug, data = dogs)
dogs.2 <- Manova(dogs.1,
   idata = times.df,
   idesign = ~times
)</pre>
```

The output (there is a lot)

normally you just run

```
summary(dogs.2)
```

and pull out what you need to answer the question.

But you can grab just individual pieces as shown below:

```
names(summary(dogs.2))
```

```
[1] "type" "repeated" "multivariate [4] "univariate.tests" "pval.adjustments" "sphericity." [7] "SSPE"
```

What there is here

- three sets of tests, for
 - times; drug; their interaction
- two *types* of test for each of these:
 - univariate; multivariate
- univariate is more powerful if it applies; if it doesn't, can make adjustments to it

Sphericity

- ➤ The thing that decides whether the univariate tests apply is called "sphericity".
- This holds if the outcomes have equal variance (to each other) and have the same (positive) correlation across subjects.
- ► Tested using Mauchly's test (part of output)
- If sphericity rejected, there are adjustments to the univariate P-values due to Huynh-Feldt and Greenhouse-Geisser. Huynh-Feldt better if responses not actually normal (safer).

Sphericity tests

summary(dogs.2)\$sphericity.tests

```
Test statistic p-value times 0.12334 0.084567 drug:times 0.12334 0.084567
```

Sphericity is not rejected; proceed to univariate tests.

Univariate tests

summary(dogs.2)\$univariate.tests

```
Sum Sq num Df Error SS den Df F value Pr(>F)
(Intercept) 71.342 1 22.1026 6 19.3664 0.004565 **
drug 11.520 1 22.1026 6 3.1272 0.127406
times 26.160 3 2.2534 18 69.6546 4.215e-10 ***
drug:times 5.111 3 2.2534 18 13.6095 7.050e-05 ***
---
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Significant interaction between drug and time: the pattern of log-histamine over time is different for the different drugs.

If sphericity had been rejected

then we would use the H-F adjusted P-values:

```
summary(dogs.2)$pval.adjustments
```

In this case (because sphericity was not rejected), these are very similar to the ones from the univariate tests, and the conclusion (significant interaction) was the same.

Comments

- If the interaction had not been significant:
 - cannot remove interaction with time
 - so look at univariate (or adjusted for sphericity) tests of main effects in model with non-significant interaction

Next

- investigate interaction with graph
- but dataframe has several observations per line ("wide").
- Plotting works with data in "long format": one response per line.
- ➤ The responses are log-histamine at different times, labelled lh-something. Call them all lh and put them in one column, with the time they belong to labelled.

Running pivot_longer, try 1

```
dogs %>% pivot longer(starts with("lh"),
                    names to = "time", values to = "lh")
# A tibble: 32 x 5
  dog
        drug x
                      time
                             1 h
  <chr> <chr> <chr> <chr> <chr> <chr> <chr> <chr> <dbl>
1 A
        Morphine N
                      1h0 -3.22
2 A
        Morphine N
                      lh1 -1.61
3 A
                      lh3 -2.3
        Morphine N
                      lh5 -2.53
4 A
        Morphine N
5 B
        Morphine N
                      lh0 -3.91
6 B
        Morphine N
                      lh1 -2.81
7 B
        Morphine N
                      lh3 -3.91
        Morphine N
8 B
                      lh5 -3.91
        Morphine N
9 C
                      1h0 -2.66
10 C
        Morphine N
                      lh1
                            0.34
# i 22 more rows
```

Getting the times

Not quite right: want new variable containing just number in time: parse_number. (Top 5 rows shown.)

```
# A tibble: 5 \times 6
 dog drug x timex lh time
 <chr> <chr> <chr> <chr> <chr> <dbl> <dbl>
1 A Morphine N
                 1h0 -3.22
                             0
2 A Morphine N
                 lh1 -1.61
3 A Morphine N
                 lh3 -2.3
4 A Morphine N lh5 -2.53
                             5
5 B
     Morphine N
                 1h0 -3.91
                             0
```

What I did differently

- I realized that pivot_longer was going to produce something like lh1, which I needed to do something further with, so this time I gave it a temporary name timex (which we actually do use later).
- ▶ This enabled me to use the name time for the actual numeric time.
- This works now, so next save into a new data frame dogs.long.

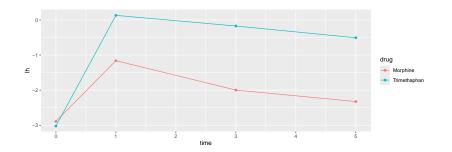
Saving

Comments

This says:

- Take data frame dogs, and then:
- Combine the columns 1h0 through 1h5 into one column called 1h, with the column that each 1h value originally came from labelled by timex, and then:
- ▶ Pull out numeric values in timex, saving in time and then:
- save the result in a data frame dogs.long.

Interaction plot



Comments

- Plot mean 1h value at each time, joining points on same drug by lines.
- drugs same at time 0
- after that, Trimethaphan higher than Morphine.
- Effect of drug not consistent over time: significant interaction.

Take out time zero

- Lines on interaction plot would then be parallel, and so interaction should no longer be significant.
- ► Go back to original "wide" dogs data frame.

```
response <- with(dogs, cbind(lh1, lh3, lh5)) # excl time 0
dogs.1 <- lm(response ~ drug, data = dogs)
times <- colnames(response)
times.df <- data.frame(times=factor(times))
dogs.2 <- Manova(dogs.1,
   idata = times.df,
   idesign = ~times
)</pre>
```

Results (univariate)

${\tt summary (dogs.2)\$ sphericity.tests}$

```
Test statistic p-value times 0.57597 0.25176 drug:times 0.57597 0.25176
```

```
# summary(dogs.2)$pval.adjustments
summary(dogs.2)$univariate.tests
```

```
Sum Sq num Df Error SS den Df F value Pr(>F)
(Intercept) 24.2607 1 20.1874 6 7.2106 0.03628 *
drug 16.2197 1 20.1874 6 4.8207 0.07053 .
times 3.3250 2 0.7301 12 27.3251 3.406e-05 ***
drug:times 0.3764 2 0.7301 12 3.0929 0.08254 .
---
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Comments

- > sphericity: no problem (P-value 0.25)
- univariate test for interaction no longer significant (P-value 0.082)
- look at main effects:
 - strong significance of time, even after taking out time 0
 - actually not significant drug effect, despite interaction plot

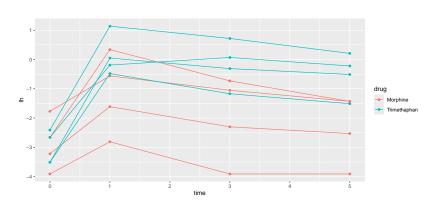
Non-significant drug effect reasonable?

- Plot actual data: 1h against days, labelling observations by drug: "spaghetti plot".
- Uses long data frame:
 - ▶ Plot (time, 1h) points coloured by drug
 - connecting measurements for each *dog* by lines.
 - Hence, group = dog, but colour = drug:

```
ggplot(dogs.long, aes(x = time, y = lh,
  colour = drug, group = dog)) +
  geom_point() + geom_line() -> g
```

The spaghetti plot

g



Comments

- For each dog over time, gradual decrease in log-histamine from time 1: significant time effect after we took out time 0.
- ▶ Pattern about same for each dog, regardless of drug, hence non-significant interaction.
- Most trimethaphan dogs (blue) have higher log-histamine throughout (time 1 and after), some morphine dogs (red) have lower.
- ▶ But two morphine dogs have log-histamine profiles like trimethaphan dogs. This ambiguity probably why drug effect not quite significant.

Mixed models

- Another way to fit repeated measures
- Subjects (on whom repeated measures taken) are random sample of all possible subjects (random effects)
- ► Times and treatments are the only ones we care about (fixed effects)
- Use package lme4 function lmer (like lm in some ways)
- Uses long-format "tidy" data

Fitting the model (uses 1me4)

```
# dogs.long including time zero with categorical timex dogs.3 <- lmer(lh ~ drug * timex + (1|dog), data=dogs.long)
```

note specification of random effect: each dog has "random intercept" that moves log-histamine up or down for that dog over all times

What can we drop?

```
using drop1:
```

```
drop1(dogs.3, test="Chisq")
```

```
Single term deletions
```

Interaction very significant. Including time zero, the pattern of log-histamine over time is different for the two drugs (as we found before).

Omitting time zero

Let's pretend we are working at $\alpha = 0.01$:

```
dogs.long %>% filter(timex != "lh0") -> dogs.long.no0
dogs.4 <- lmer(lh ~ drug * timex + (1|dog), data=dogs.long
drop1(dogs.4, test = "Chisq")</pre>
```

Single term deletions

lh ~ drug * timex + (1 | dog)

Model:

remove it.

```
npar AIC LRT Pr(Chi)
<none> 42.119
drug:timex 2 44.771 6.6518 0.03594 *
---
Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 '
```

Interaction is not quite significant at $\alpha = 0.01$. So we could

Removing the interaction

```
dogs.5 <- update(dogs.4, . ~ . - drug:timex)
drop1(dogs.5, test = "Chisq")</pre>
```

Single term deletions

```
Model:

lh ~ drug + timex + (1 | dog)

npar AIC LRT Pr(Chi)

<none> 44.771

drug 1 47.489 4.7176 0.02985 *

timex 2 62.972 22.2011 1.51e-05 ***

---

Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 '
```

- Definitely an effect of time, but drug is not quite significant (at $\alpha=0.01$).
- More or less same conclusions as from MANOVA.

The exercise data

- 30 people took part in an exercise study.
- ► Each subject randomly assigned to one of two diets ("low fat" or "non-low fat") and to one of three exercise programs ("at rest", "walking", "running").
- $\mathbf{2} \times 3 = 6$ experimental treatments, and thus each one replicated 30/6 = 5 times. (Two-way ANOVA, so far?)
- ▶ However, each subject had pulse rate measured at three different times (1, 15 and 30 minutes after starting their exercise), so have repeated measures.

Reading the data

Separated by *tabs*:

```
url <- "http://ritsokiguess.site/datafiles/exercise2.txt"
exercise.long <- read_tsv(url)
exercise.long %>% slice(1:7) # top 7 rows
```

```
# A tibble: 7 \times 5
    id diet exertype pulse time
 <dbl> <chr> <dbl> <chr> <dbl> <chr>
     1 nonlowfat atrest 85 min01
2
     1 nonlowfat atrest 85 min15
3
     1 nonlowfat atrest 88 min30
     2 nonlowfat atrest 90 min01
4
5
     2 nonlowfat atrest 92 min15
6
     2 nonlowfat atrest 93 min30
     3 nonlowfat atrest
                         97 min01
```

Comments

- "Long format", usually what we want.
- ▶ But for repeated measures analysis, we want *wide* format!
- Keep track of which is which:
 - Manova analysis: wider
 - graphs and 1mer analysis: longer.
- pivot_wider.

Making wide format

pivot_wider needs: a column that is going to be split, and the column to make the values out of:

```
# A tibble: 5 x 6
    id diet exertype min01 min15 min30
 <dbl> <chr> <dbl> <dbl> <dbl> <dbl> <dbl> <
    7 lowfat atrest
                       87
                            88
                                 90
2
    5 nonlowfat atrest 91 92 91
  20 lowfat walking 102 104 103
3
              running 95 126 143
4
  26 lowfat
5
                    97 99 96
    9 lowfat atrest
```

Setting up

▶ Make response variable from min01, min15, min30:

```
response <- with(exercise.wide, cbind(min01, min15, min30))</pre>
```

Predict from diet, exertype, interaction using lm:

```
exercise.1 <- lm(response ~ diet * exertype,
  data = exercise.wide
)</pre>
```

... continued

Run this through Manova:

Sphericity tests

summary(exercise.2)\$sphericity.tests

	Test	statistic	p-value
times		0.92416	0.40372
diet:times		0.92416	0.40372
exertype:times		0.92416	0.40372
diet:exertype:times		0.92416	0.40372

No problem with sphericity; go to univariate tests.

Univariate tests

summary(exercise.2)\$univariate.tests

```
Sum Sq num Df Error SS den Df
                                                   F value
                                             24 10296.6595
(Intercept)
                   894608
                                  2085.2
diet
                     1262
                                  2085.2
                                                   14.5238
                                             24
                                  2085.2
exertype
                     8326
                                             24
                                                   47.9152
                                  2085.2
                                             24
diet:exertype
                      816
                                                   4.6945
times
                     2067
                                 1563.6
                                             48
                                                   31.7206
                              2 1563.6
diet:times
                      193
                                             48
                                                   2.9597
                     2723
                              4
                                 1563.6
                                             48
                                                   20.9005
exertype:times
                      614
                              4
                                  1563.6
                                             48
                                                   4.7095
diet:exertype:times
                      Pr(>F)
(Intercept)
                   < 2.2e-16 ***
diet.
                   0.0008483 ***
exertype
                   4.166e-09 ***
diet:exertype
                   0.0190230 *
times
                   1.662e-09 ***
                   0.0613651 .
diet:times
exertype:times
                   4.992e-10 ***
diet:exertype:times 0.0027501 **
               0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Signif. codes:

Comments

- ▶ The three-way interaction is significant
- the effect of diet on pulse rate over time is different for the different exercise types

Making some graphs

- Three-way interactions are difficult to understand. To make an attempt, look at some graphs.
- Plot time trace of pulse rates for each individual, joined by lines, and make separate plots for each diet-exertype combo.
- ▶ facet_grid(diet~exertype): do a separate plot for each
 combination of diet and exercise type, with diets going down
 the page and exercise types going across. (Graphs are usually
 landscape, so have the factor exertype with more levels
 going across.)

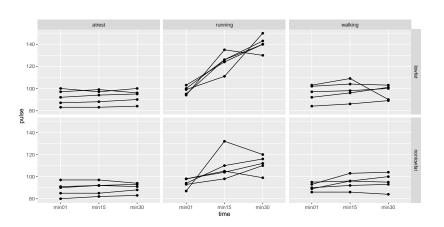
... continued

ggplot again. Using *long* data frame:

```
g <- ggplot(exercise.long, aes(
    x = time, y = pulse,
    group = id
)) + geom_point() + geom_line() +
    facet_grid(diet ~ exertype)</pre>
```

The graph(s)

g



Comments on graphs

- At rest: no change in pulse rate over time
- ▶ Walking: not much change in pulse rates over time.
- Running: overall increase in pulse rate over time, but increase stronger for lowfat group.
- ▶ No consistent effect of:
 - diet over all exercise groups.
 - exercise type over both diet groups.
 - time over all diet-exercise type combos.

"Simple effects" of diet for the subjects who ran

- ▶ Looks as if there is only any substantial time effect for the runners. For them, does diet have an effect?
- Pull out only the runners from the wide data:

```
exercise.wide %>%
  filter(exertype == "running") -> runners.wide
```

... continued

➤ Create response variable and do MANOVA. Some of this looks like before, but I have different data now:

```
response <- with(runners.wide, cbind(min01, min15, min30))
runners.1 <- lm(response ~ diet, data = runners.wide)
times <- colnames(response)
times.df <- data.frame(times=factor(times))
runners.2 <- Manova(runners.1,
   idata = times.df,
   idesign = ~times
)</pre>
```

Sphericity tests

summary(runners.2)\$sphericity.tests

```
Test statistic p-value times 0.81647 0.4918 diet:times 0.81647 0.4918
```

No problem, look at univariate tests.

Univariate tests

summary(runners.2)\$univariate.tests

```
Sum Sq num Df Error SS den Df F value Pr(>F)

(Intercept) 383522 1 339.2 8 9045.3333 1.668e-13 ***
diet 1920 1 339.2 8 45.2830 0.0001482 ***
times 4714 2 1242.0 16 30.3644 3.575e-06 ***
diet:times 789 2 1242.0 16 5.0795 0.0195874 *
---
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

- ▶ Interaction still significant
 - dependence of pulse rate on time still different for the two diets

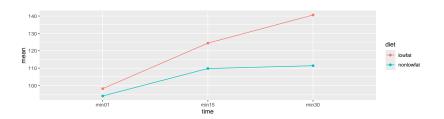
How is the effect of diet different over time?

► Table of means. Only I need long data for this:

Result of summarize is data frame, so can save it (and do more with it if needed).

Interaction plot

▶ We went to trouble of finding means by group, so making interaction plot is now mainly easy:



Comment on interaction plot

- The lines are not parallel, so there is interaction between diet and time for the runners.
- ► The effect of time on pulse rate is different for the two diets, even though all the subjects here were running.