

Print view of 'Stat 311 Autumn 2020 Group Project Survey'[Print this page](#)**Question 1.**

Please enter your age in years.

Question 2.

Please select your race/ethnicity.

- ☒ Select one...
- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic/Latinx
- ☐ Middle Eastern/North African
- ☐ Multiracial/Multiethnic
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ White
- ☐ Prefer not to answer

Question 3.

Please select your gender identity.

- ☒ Select one...
- ☐ Male
- ☐ Female
- ☐ Gender nonconforming
- ☐ Gender fluid
- ☐ Other
- ☐ Prefer not to answer

Question 4.

Please select one of the options below to indicate your religious affiliation.

- ☒ Select one...
- ☐ Religious
- ☐ Not religious, but spiritual
- ☐ Agnostic
- ☐ Atheist
- ☐ Other
- ☐ Prefer not to answer

Question 5.

Please select your area of study from the list below.

- ☒ Select one...
- ☐ Arts
- ☐ Business
- ☐ Humanities
- ☐ STEM
- ☐ Multiple
- ☐ Undecided
- ☐ Other/non-matriculated
- ☐ Prefer not to answer

Question 6.

Please indicate what type of area you grew up in. Note the broad definitions given in parentheses. Definitions are guided by both population sizes and location relative to large metropolitan areas.

- ☒ Select one...
- ☐ Rural (Settled places outside of towns and cities; population usually < 10,000)
- ☐ Suburban (Residential area on the outskirts of a city; population 10,000 to 1,000,000)
- ☐ Urban (City or metropolis with population > 100,000)
- ☐ Prefer not to answer

Question 7.

As a measure of socio economic status (SES), please select the statement that best reflects your family situation while growing up.

- ☒ Select one...
- ☐ My family had enough money to take care of things fine
- ☐ My family was able to make ends meet, but with some difficulties
- ☐ My family had to struggle hard to make ends meet
- ☐ My family was not able to make ends meet, despite struggling hard
- ☐ Most of the time I was growing up my family was very poor or on welfare
- ☐ Prefer not to answer

Question 8.

Please choose your political party affiliation.

- ☒ Select one...
- ☐ Democrat
- ☐ Independent
- ☐ Republican
- ☐ Other
- ☐ No affiliation

Question 9.

Please select the highest overall educational level for your parent(s) or guardian(s).

- ☐ Select one...
- ☐ No formal schooling
- ☐ Schooling but did not graduate high school/no GED
- ☐ High school graduate or GED
- ☐ Some college, no degree
- ☐ Associate degree, academic
- ☐ Vocational Tech Program/occupational or technical Associate degree or vocational program
- ☐ Bachelor's degree
- ☐ Master's degree
- ☐ Professional or Academic Doctoral degree

Question 10.

Select ALL the smart phone social media Apps you regularly use from the list below. If you use a listed App, but do not use it on your smart phone, then DO NOT select the App.

We recognize that this list may not include every social media App that you use, but we have identified the Apps listed below as some of the most common.

- ☐ Facebook
- ☐ Instagram
- ☐ LinkedIn
- ☐ Pinterest
- ☐ Reddit (any reddit client)
- ☐ Sina Weibo

- ☐ Snapchat
- ☐ TikTok
- ☐ Tumblr
- ☐ Twitter
- ☐ WeChat
- ☐ None of the above

Question 11.

At what age did you receive your first smart phone. If you are not sure, use your best judgement. Enter a number rounded to the nearest year. If you do not have a smart phone, enter 0.

Question 12.

How old is your current smart phone? If you are not sure, use your best judgement. Enter a number rounded to the nearest year. If you do not have a smart phone, enter 0.

Question 13.

Please indicate the type of smart phone data plan that you have.

- ☒ Select one...
- ☐ Low, limited data
- ☐ Moderate, limited data
- ☐ High, but limited data
- ☐ Unlimited data

Question 14.

Estimate how many hours per day, on average, you play games or watch videos/movies on your smart phone (this would include YouTube, Netflix, etc.). Enter a number to the nearest half hour. If you do not play games, or watch videos/movies on your phone, enter 0.

Question 15.

Using a scale from 1 to 100, please rate your political leaning (rounded to the nearest integer), where 1 means strongly left leaning and 100 means strongly right leaning. If it helps, think about the number as a percentage. If you consider yourself apolitical, enter 0.

Question 16.

Have you or someone close to you been affected by substance abuse or drug addiction?

- ☒ Select one...
- ☐ Yes
- ☐ No
- ☐ Prefer not to answer

Question 17.

Using a scale from 1 to 100, please rate how closely you follow the news (rounded to an integer), where 1 means you do not follow the news and 100 means you aggressively follow the news (checking multiple sources throughout the day). If you do prefer not to answer, enter a 0.

Question 18.

Please indicate your preferred diet.

- ☒ Select one...
- ☐ Vegan
- ☐ Vegetarian
- ☐ Omnivore

- ☐ Pescatarian
- ☐ Prefer not to answer

Question 19.

Please state your level of agreement for the following statements regarding global warming/climate change. Your entries will be used to form an individual climate sentiment score. Results for the individual sentiments will not be reported.

Rows

Climate change poses a serious threat for people around the world.

Climate change poses a serious threat for you and your family.

Climate change is caused by human activities.

Problems and impacts of climate change are underestimated in the news.

Climate change is happening right now.

I am ready to reduce my energy usage to tackle climate change.

I completely understand what climate change means.

The global temperatures have changed compared to the previous decade.

- ☐ Strongly Disagree
- ☐ Somewhat Disagree
- ☐ Neutral
- ☐ Somewhat Agree
- ☐ Strongly Agree

Question 20.

At this time, please check your smart phone and enter your average daily screen time, rounded to the nearest quarter hour. So 4 hours and 18 minutes would be entered as 4.25 hours. If you are not sure how to find your average daily screen time, ask your TA.

If you do not have a smart phone, enter 0.

Question 21.

Due to the opioid crisis, more cities have considered setting up safe injection facilities (SIFs). Community feeling towards these sites vary.

Would you be in favor of allowing a three-year SIF trial in the city of Seattle?

- ☒ Select one...
- ☐ Yes
- ☐ No
- ☐ I'm not sure
- ☐ I prefer not to answer

Question 22.

There may be some association between smartphone screen time and sleep. This question is from the Pittsburgh Sleep Quality Index. Your responses to this question will be combined with your answer to Questions 23 and 24 to create a sleep score for each survey participant.

During the last month, how often have you had trouble sleeping because you...

Rows

...cannot get to sleep within 30 minutes

...wake up in the middle of the night or early morning

...have to get up to use the bathroom

...cannot breathe comfortably

...cough or snore loudly

...feel too cold

...feel too hot

...had bad dreams

...have pain

- ☐ Not during the past month
- ☐ Less than once a week
- ☐ Once or twice a week
- ☐ Three or more times a week

Question 23.

During the past month, on average, how much sleep to you get per night (this may be different than the amount of time you spend in bed)?

Question 24.

Habitual sleep frequency is a ratio of numbers of hours slept to number of hours spent in bed, expressed as a percentage. Hours spent in bed is defined as the total time from when you generally go to bed to when you generally get up. For example, if you go to bed at 11 PM and get up at 7 AM, then your total hours spent in bed is 8 hours.

But you spend two hours watching a movie before lights out, so your actual sleep time was about 6 hours. Thus, your habitual sleep frequency would be calculated as $6/8 \times 100\% = 75\%$.

During the past month, what is your estimated habitual sleep frequency? Use your answer for average number of hours slept per night from question 23 in the numerator.

- ☐ < 65 %
- ☐ 65 - 74%
- ☐ 75 - 84%
- ☐ > 85%

Questions or comments?
[Contact us](#) or email catalysthelp@uw.edu
