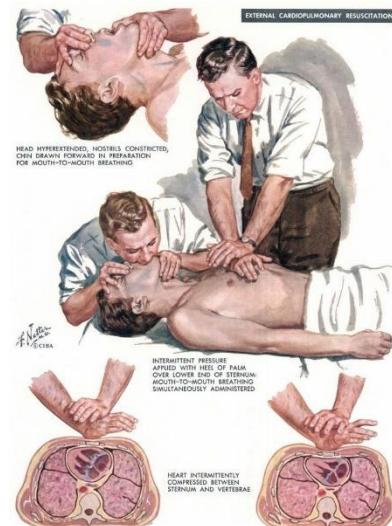


First Aid 2024

Dr. M. Ilker Gelisen

0533 855 9367

ilker.gelisen@neu.edu.tr



Mehmet Ilker Gelisen MD



- **Near East University** : Faculty of Pharmacy (>2013)
- **Speciality** 1984: Wuppertal City Hospital Germany
(Facharzt für Anaesthesiology und Intensivmedizin)
- **University** : Hacettepe University Faculty of Medicine 1977 (MD)
- **High School** : Izmir College (BAL) Bornova/Izmir 1971
- **IFAPP** : The International Federation of Associations of Pharmaceutical Physicians and Pharmaceutical Medicine Representative of Turkey

Experience in TRNC 2013-2024

Flying Lecturer Near East University (NEU) TRNC

Faculty of Pharmacy: Anatomy, Physiology, Pathophysiology

Lecturer Near East University (NEU) TRNC

Faculty of Pharmacy : Anatomy, Physiology, Pathophysiology, Histology , First Aid,
Artificial Intelligence in Health Sciences, Digital Pharmacy

Faculty of Nursing : Anatomy, Physiology, Pathology , Pathophysiology, Patofizyoloji

Health Sciences Fac. : Anatomy, Physiology, Pathophysiology, Neurophysiology

Faculty of Dentistry : First Aid and Emergency Care, Pathophysiology,
Artificial Intelligence in Health Sciences

Faculty of Medicine : Anesthesiology, First Aid and Emergency Care,
Good Medical Practice, Artificial Intelligence in Medical Sciences

Vocational School : Akılçıl İlaç Kullanımı, Anesteziyoloji

Faculty of Pharmacy /Turkish Education: Patoloji, İlk Yardım, Digital Eczacılık

Lecturer Kyrenia University KU (TRNC)

Faculty of Pharmacy : Anatomy, Physiology, Pathophysiology, First Aid, Digital Pharmacy

Vocational School (SMYO) : Anesteziyoloji

Room: Faculty of Pharmacy 4th Floor



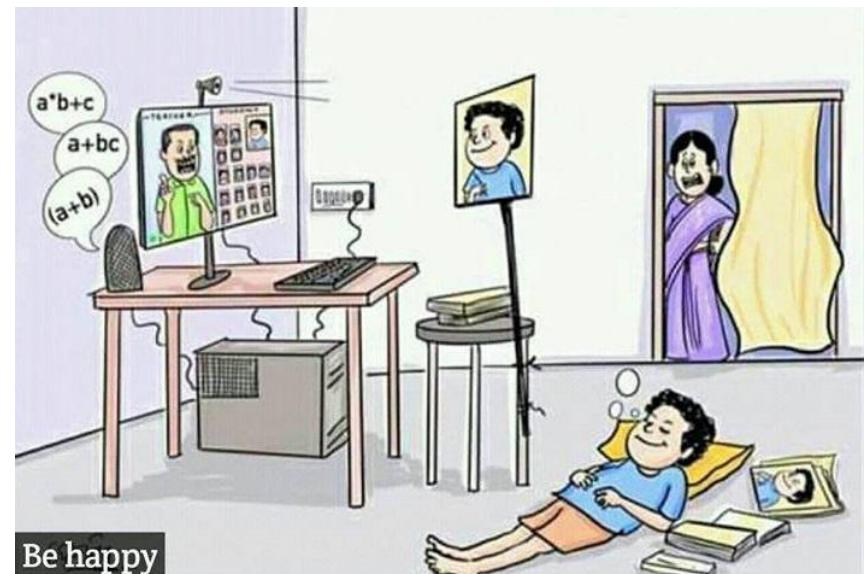
My Weekly Program

Fall 2023	M. ILKER GELISEN MD.					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 – 9:50		PHA 101 Anatomy EZ0 D 06		ECZ 505 Digital Eczacılık EZ0 D 04		
10:00 – 10:50		PHA 101 Anatomy EZ 0 D 06				
11:00 – 11:50						
12:00 – 12:50			PHA 105 Physiology EZ 0 D 01	PHA 105 Physiology EZ 0 D 02		
13:00 – 13:50	PHA 101 Anatomy EZ1 D01		PHA 105 Physiology			
14:00 – 14:50		PHA 501 Graduation Project	GEC 222 AI in Healthsciences		PHA 503 Digital Pharmacy EZ 1 D 01	
15:00 – 15:50		PHA 501 Graduation Project	GEC 222 AI in Healthsciences			
16:00 – 16:50		PHA 501 Graduation Project				
17:00 - 17:50						

Classes will be face to face

Omicron is still around

mask in class ?



**PLANET EARTH
IS MY HOME
HELP ME
KEEP IT CLEAN**



01 Captain, Leader and Hero! Simon Kjaer saves
Christian Eriksen's life

<https://www.youtube.com/watch?v=eKVUeBFSORc>

What Is First Aid?

- is an immediate and temporary care given to a victim of an accident or sudden illness before the services of a physician is obtained.
- is the temporary help given to an injured or a sick person before professional medical treatment can be provided.



You will learn:

- a. to consider why it is important to learn first aid
- b. why your own safety must come first
- c. to assess if a person is unconscious
- d. when and how to put someone in the recovery position
- e. what to say and do if you make an emergency call.....

Bleeding

- Stop the flow of blood
- Wear gloves
- Cover the wound
- Apply pressure
- If a body part has been amputated, put it on ice

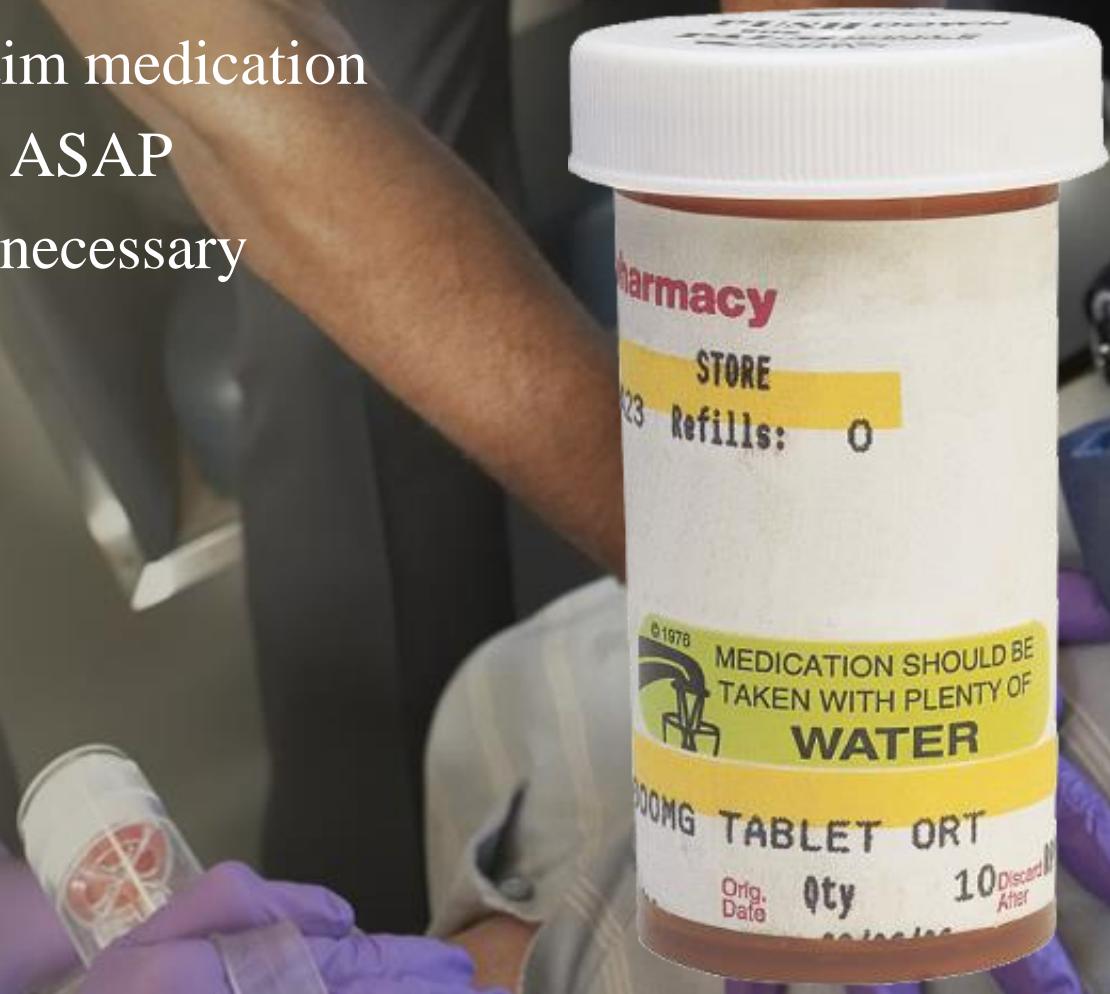
Shock

- Lay the victim down
- Cover
- Raise feet



Anaphylactic Shock

- Give the victim medication
- Call for help ASAP
- Start CPR if necessary



Electrical Shock

- 1.** Don't touch!
- 2.** Turn power off
- 3.** Call 112/153
- 4.** Remove person from live wire
- 5.** Check for breathing



Choking

- Ask a person to speak or cough
- Deliver 5 back blows
- Perform abdominal thrusts
- Repeat sequence of back blows and abdominal thrusts



Eye Injuries

- Splashes
- Particles in eye
- Blow to eye
- Cuts near eye
- Penetrating objects



Broken Bones

- Look
- Ask
- Treat for shock



Heart Attack

- Call 112/153
- Make victim comfortable
- Loosen tight clothing
- Check for medication
- Keep victim still
- Don't give stimulants



Fainting

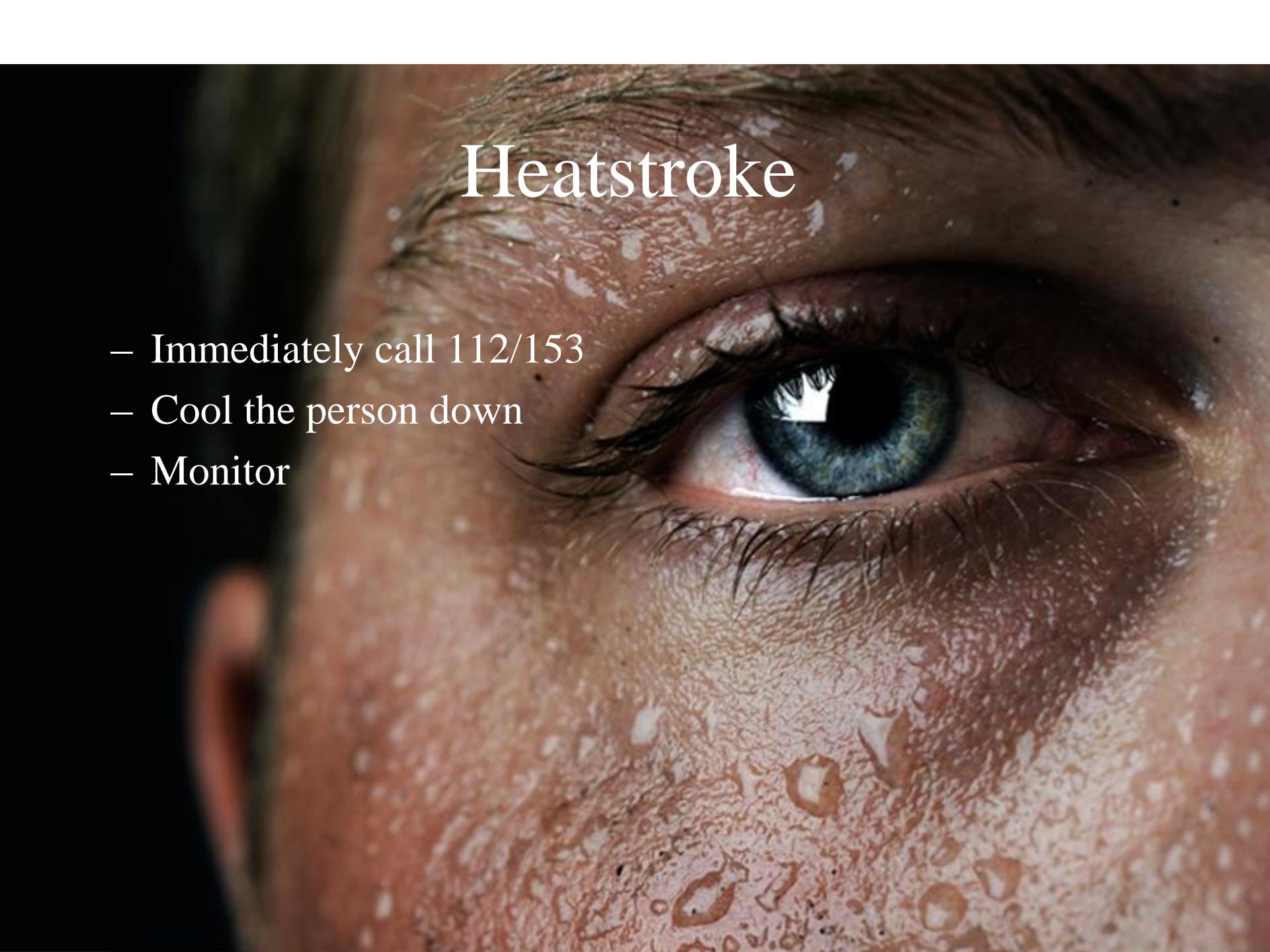
- Check for breathing
- Administer CPR if necessary
- Call 112/153 if more than a few minutes
- If conscious, lay the victim down with feet elevated



A photograph showing two healthcare workers in white coats attending to a patient's arm. One worker is applying a long, white, ribbed elastic bandage to the patient's upper arm. The patient is lying down, and their arm is extended. The background shows a clinical setting with a window and some equipment.

Burns

- First-degree burns—Reddened, painful skin
- Second-degree burns—Blistering
- Third-degree burns—Charring, deep tissue damage

A close-up photograph of a person's face, focusing on the eye and forehead area. The skin appears flushed and reddened, with numerous small, clear sweat droplets visible, particularly on the forehead and around the eye. The person has dark hair and is looking directly at the camera.

Heatstroke

- Immediately call 112/153
- Cool the person down
- Monitor

Heat Exhaustion

- Move to cool place
- Lay victim down
- Elevate feet
- Loosen clothing
- Give fluids
- Apply cool compresses



Epileptic Seizures

- Remove victim from hazards
- Check for breathing
- Nothing in the mouth
- Keep comfortable
- Call 112/153 if medical assistance is needed

Exposure to Hazardous Materials

- Eyes
- Skin
- Inhalation
- Ingestion



My Expectations

- Engagement:
 - Best to work materials up in books right away: helps to follow and understand progression.
 - Pre-class looking at Prof Dux is very effective.
- Be prepared to try and view concepts from another angle.

Study Tips

- Use the lecture notes
- Look at Prof Dux
- Understand the material
- Read the text
- Study frequently for short periods
- “Do something” with the material

Classroom Etiquette

10 min of review of the previous week, weekly

No tobacco use of any kind

Listen to me

Talk to me, NOT your neighbor!

Do not ask for grades over the phone or internet.

Come with lecture notes to ask me questions about lectures and grades.

- **Please** do not wait until the morning/night of an exam to come and see me in my office.
- I **will not read** any messages except official emails.

Face to face

- If you want to review anything, I am available in my room between 08.00 and 08.45 in the morning every day.
- **TO GET AN APPOINTMENT:**

Please write to

ilker.gelisen@neu.edu.tr

IMPORTANT

- Lecture notes, all written communication & examinations will be in ENGLISH.
- No Exercise questions
- You have **2 weeks** to ask questions (complain) about examinations after the announcement
- Complaint(s) has to be through official e-mails.



EDpuzzle

Make any video **your lesson**

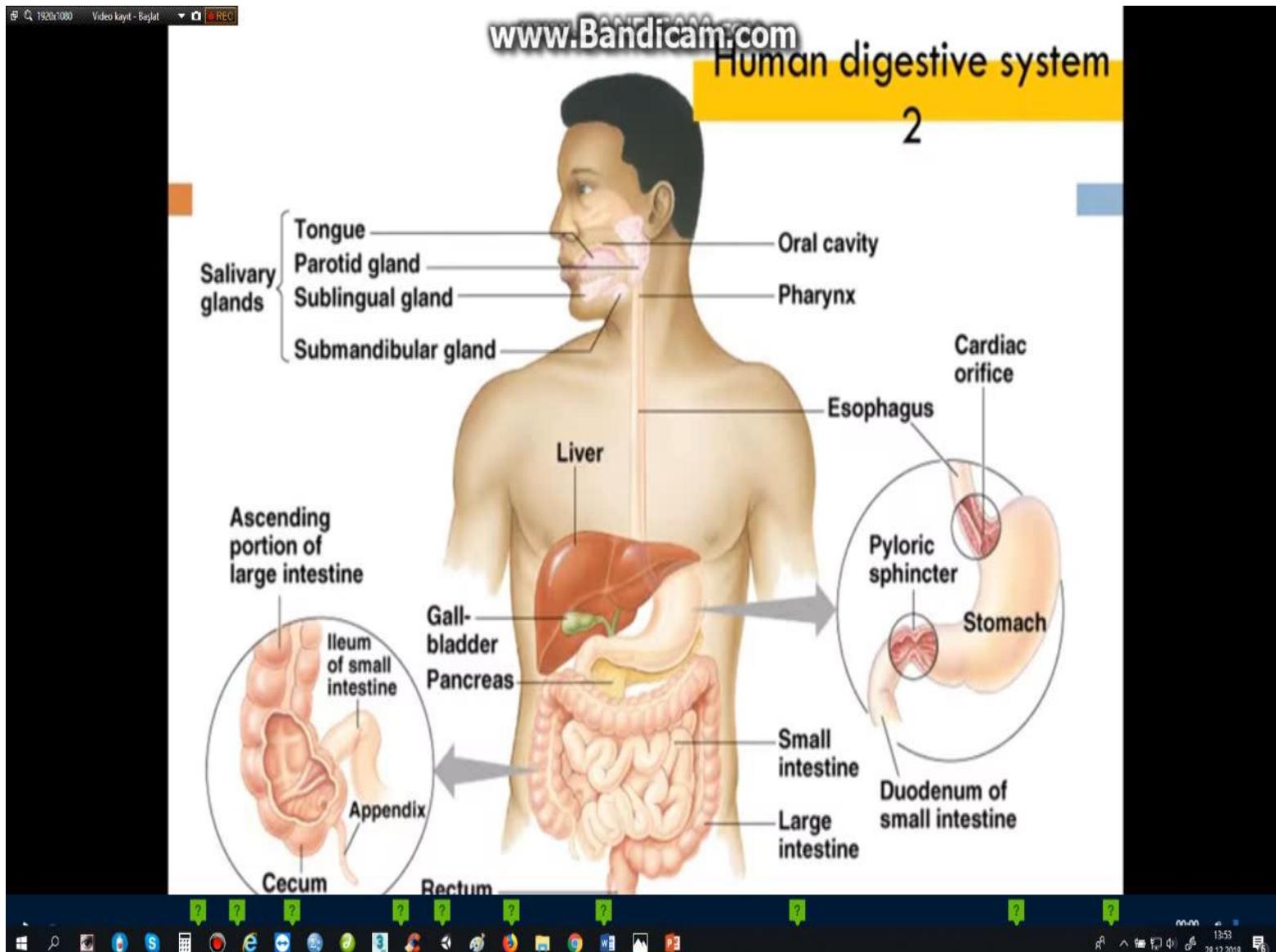
- Summary videos of each lecture will be announced before the classes for the students to review and come to the class prepared for an interactive lecture

The screenshot shows a video player interface. On the left is a detailed anatomical diagram of the anterior view of the stomach. Labels include: Lesser omentum, Hepatogastric ligament, Hepatoduodenal ligament, Retractor, Esophagus, Diaphragm, Cardia, Spleen, Left gastroepiploic artery, Lesser curvature, Left colic flexure, Greater curvature, Right colic flexure, Right gastroepiploic artery, and Right kidney. Below the diagram is a small video window showing a man speaking. At the bottom of the screen is a navigation bar with play, pause, and volume controls.





Make any video your lesson



Flipped Classroom

The screenshot shows a website for YAKIN DOĞU ÜNİVERSİTESİ (Near East University). The header includes the university logo, address, and contact information. A navigation bar offers links to Home, My courses, Course Categories, Our Services, Announcements, About us, Educator, Students, Contact, and English (en). The main content area displays course navigation (Home > My courses > Faculties > Fall Semester > 2023 - 2024 | Fall Semester > Pharmacy > PHA105 | 2023 - 2024 | Fall Semester) and a general section. A sidebar titled 'Administration' lists various management options like Course administration, Settings, and Gradebook setup. A prominent message in the center encourages users to access the Flipped Learning System at <http://flippedlearning.neu.edu.tr>.

https://neu.edu.tr info.uzebim@neu.edu.tr

YAKIN DOĞU ÜNİVERSİTESİ
UZAKTAN EĞİTİM VE BİLİŞİM TEKNOLOJİLERİ MERKEZİ
NEAR EAST UNIVERSITY DISTANCE LEARNING AND INFORMATION TECHNOLOGY CENTER

ILKER GELİŞE

Home My courses Course Categories ▾ Our Services ▾ Announcements About us ▾ Educator ▾ Students ▾ Contact English (en) ▾

Home > My courses > Faculties > Fall Semester > 2023 - 2024 | Fall Semester > Pharmacy > PHA105 | 2023 - 2024 | Fall Semester Turn edit

General

Duyurular

Bu ders Ters-Yüz Eğitim Sistemi üzerinde açıktır. Sisteme gitmek için buraya tıklayınız. <http://flippedlearning.neu.edu.tr>

This course is open on the Flipped Learning System. Click here to go to the system. <http://flippedlearning.neu.edu.tr>

23 September - 29 September

Administration

- Course administration
- Settings
- Course completion
- Users
- Filters
- Reports
- Gradebook setup
- Badges
- Import
- Backup
- Restore
- Reset
- Question bank

Flipped Classroom

- A flipped classroom is structured around the idea that lecture or direct instruction is not the best use of class time. Instead students encounter information before class, freeing class time for activities that involve higher order thinking.
- A typical example of a flipped class is one in which the instructor pre-records the lectures, uploads the recordings to UZEBIM for students to watch before class, and then assists the students as they work through assignments during class time.

02 What is flipped classroom?

https://www.youtube.com/watch?v=10IrShX_v2Q



03 Flipped Classroom Why, How?

<https://www.youtube.com/watch?v=BCIxikOq73Q>



UZEBIM

The screenshot shows a university website for Uzaktan Eğitim ve Bilişim Teknolojileri Merkezi (UzEBIM) at Yakin Doğu Üniversitesi. The page includes a header with the university's logo and name, a navigation bar with links like 'My courses', 'Course Categories', and 'Announcements', and a sidebar with administrative options. A central content area displays course information for a Fall Semester 2023-2024 course, including a link to the Flipped Learning System.

https://neu.edu.tr info.uzebim@neu.edu.tr

YAKIN DOĞU ÜNİVERSİTESİ
UZAKTAN EĞİTİM VE BİLİŞİM TEKNOLOJİLERİ MERKEZİ
NEAR EAST UNIVERSITY DISTANCE EDUCATION AND INFORMATION TECHNOLOGY CENTER

Home My courses Course Categories Our Services Announcements About us Educator Students Contact English (en)

Home > My courses > Faculties > Fall Semester > 2023 - 2024 | Fall Semester > Pharmacy > PHA101 | 2023 - 2024 | Fall Semester

General

Duyular

Bu ders Ters-Yüz Eğitim Sistemi üzerinde açıktır. Sisteme gitmek için buraya tıklayınız. <http://flippedlearning.neu.edu.tr>

This course is open on the Flipped Learning System. Click here to go to the system. <http://flippedlearning.neu.edu.tr>

23 September – 29 September

30 September – 6 October

Administration

- Change communication
- Settings
- Change communication
- Logout
- Print
- Report
- View course details
- Assignments
- Notes
- Discussions
- Events
- Quiz
- Question bank
- Assessments

Flipped Learning

The screenshot shows the homepage of the Flipped Learning website at flippedlearning.neu.edu.tr. The page features a large banner with the text "WELCOME TO FLIPPED LEARNING ANYWHERE, ANYTIME" and three red cubes. To the right is a chalkboard with the text "TIME TO LEARN" and a drawing of a clock. A navigation bar at the top includes links for Dashboard, Academic Semester, Calendar, Guide, and Contact. The university logo and name "YAKIN DOĞU ÜNİVERSİTESİ EĞİTİM TEKNOLOJİLERİ VE BİLİŞİM" are also visible.

flippedlearning.neu.edu.tr

YAKIN DOĞU ÜNİVERSİTESİ
EĞİTİM TEKNOLOJİLERİ VE BİLİŞİM

English (en)

Search Courses

Dashboard Academic Semester Calendar Guide Contact

WELCOME TO
FLIPPED LEARNING
ANYWHERE, ANYTIME

TIME TO LEARN

Flippedlearning Registration Procedure

ENG 08:16
TRQ 2023-09-26

Flipped Learning

The screenshot shows a web browser window with the following details:

- Address Bar:** flippedlearning.neu.edu.tr
- Title Bar:** Flipped Learning Registration Procedure
- Content Area:**
 - A red header bar with social media icons (Globe, Facebook, Twitter, Instagram, YouTube).
 - A red "LOGIN" button.
 - A white "REGISTER" button with a red border.
 - A search bar with placeholder text "Find your course..." and a magnifying glass icon.
 - The text "FLIPPED CLASSROOMS 2023-2024 FALL" centered at the bottom.
 - Small decorative icons at the bottom: a person, a clipboard with a heart, and two people in a classroom setting.
 - System tray icons in the bottom right corner: battery, signal, volume, and date/time (08:16, ENG, TRQ, 2023-09-26).

Class representatives

- I need 2 Class representatives (at least one) who will be present in classes and willing to help me or organize.
- I will communicate with e-mails. Please activate your school e-mail address.
- Please upload your photographs to Flipped Classroom PHA 222 to make it easy for me to know you better.

Uploading photographs to Flipped Classroom

- It is crucial for you to activate your accounts.
- I will inform all students by sending messages via Flipped Classroom.
- All lecture notes/information before and after examinations will be uploaded to Flipped Classroom PHA 222
- Please do not come to ask me anything about lectures without lecture notes together with you.

Uploading your photos to Flipped Classroom System

- Flipped Classroom
- Profile
- User Picture
- New Picture
- Upload this file

D: Public X (25) WhatsApp

n.neu.edu.tr/user/profile.php?id=35823

YAKIN DOĞU ÜNİVERSİTESİ NEAR EAST UNIVERSITY YAKIN DOĞU ÜNİVERSİTESİ NEAR EAST UNIVERSITY YAKIN DOĞU ÜNİVERSİTESİ NEAR EAST UNIVERSITY YAKIN DOĞU ÜNİVERSİTESİ NEAR EAST UNIVERSITY YAKIN DOĞU ÜNİVERSİTESİ NEAR EAST UNIVERSITY YAKIN DOĞU ÜNİVERSİTESİ

eu.edu.tr info.uzebim@neu.edu.tr Paused

YAKIN DOĞU ÜNİVERSİTESİ

UZAKTAN EĞİTİM VE BİLGİŞİM TEKNOLOJİLERİ MERKEZİ
NEAR EAST UNIVERSITY - DISTANCE LEARNING AND INFORMATION TECHNOLOGY CENTER

Course Categories ▾ Our Services ▾ Announcements About us ▾ Educator ▾ Students ▾ Contact My courses ▾ English

Dashboard ▾ Profile Reset page to current view Sing this page Log out

Mehmet İlker Gelişen M.D.

Message

User details

profile

mail address

ilker.gelisen@neu.edu.tr

country

Cyprus

http://n.neu.edu.tr/user/profile.php?id=35823#

Miscellaneous

Blog entries

My certificates

Forum posts

Forum discussions

Learning plans

Add a block

There are no blocks that you can add to this page.

18:47 04.10.2021

REDMI NOTE 8 AI QUAD CAMERA

İlker Gelişen M.D.: Public (25) WhatsApp

uzem.neu.edu.tr/user/profile.php?id=35823

YAKIN DOĞU ÜNİVERSİTESİ
UZAKTAN EĞİTİM VE BİLİŞİM TEKNOLOJİLERİ MERKEZİ
NEAR EAST UNIVERSITY DISTANCE LEARNING AND INFORMATION TECHNOLOGY CENTER

Home Course Categories Our Services Announcements About us Educator Students Contact My courses English

Home > Dashboard > Profile

Mehmet İlker Gelişen M.D.

Profile Grades Messages Preferences Logout

Add a block

User details

Edit profile

Email address

ilker.gelisen@neu.edu.tr

Country

Cyprus

Miscellaneous

Blog entries

My certificates

Forum posts

Forum discussions

Learning plans

152

Dashboard

Profile

Grades

Messages

Preferences

Logout

Registration

Reset page to original view this page

18:32 04.10.2023

http://uzem.neu.edu.tr/user/profile.php?id=35823

uzem.neu.edu.tr/user/profile.php?id=35823

Home Course Categories Our Services Announcements About us Educator Students Contact My courses English (en)

Home > Dashboard > Profile

Reset page to default Stop customising this page

 Mehmet İlker Gelişen M.D. Message

Administration Add a block

There are no blocks that you can add to this page.

User details

Edit profile 

Email address ilker.gelisen@neu.edu.tr

Country Cyprus

City/town Lefkoşa

Miscellaneous

Blog entries
My certificates
Forum posts
Forum discussions
Learning plans

Reports

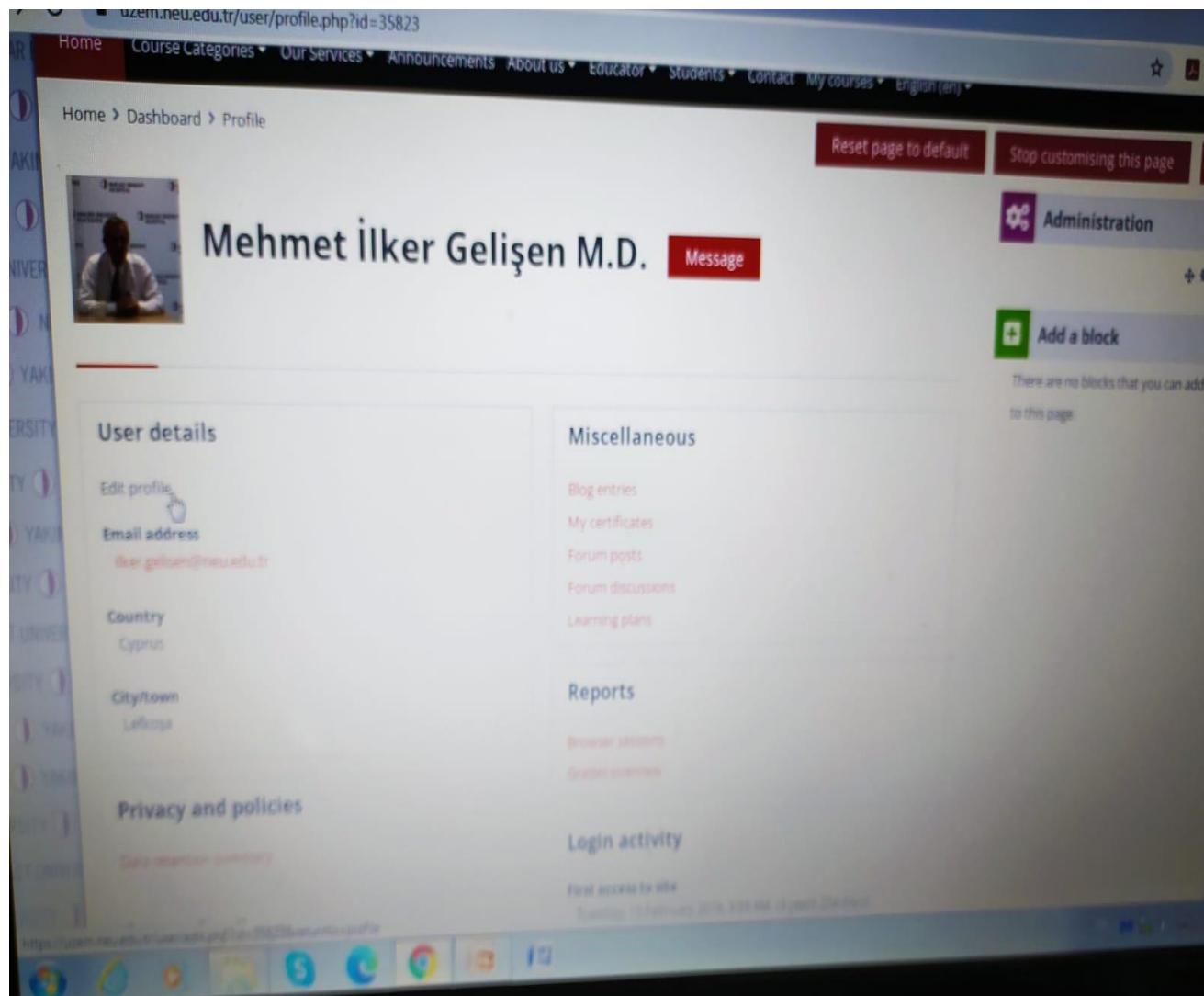
Browser statistics
Grade overview

Privacy and policies

Data retention summary

Login activity

Last access to site Tuesday 10 February 2020 09:46:43 (IST) [Details]



UZEBIM: Edit profile (25) WhatsApp

uzem.neu.edu.tr/user/edit.php?id=35823&returnto=profile

City/town: Lefkoşa

Select a country: Cyprus

Timezone: Server timezone (Asia/Nicosia)

Description:

User picture

Current picture: 

Delete picture

New picture

Maximum file size: 250MB, maximum number of files: 1

You can drag and drop files here to add them.

Accepted file types: Image files to be optimised, such as badges (ai, bmp, jpg, gif, png)

Picture description:

https://uzem.neu.edu.tr/user/edit.php?id=35823&returnto=profile#

78 M

REDMI NOTE 8
AI QUAD CAMERA

Current picture



Delete picture

 New picture

Max



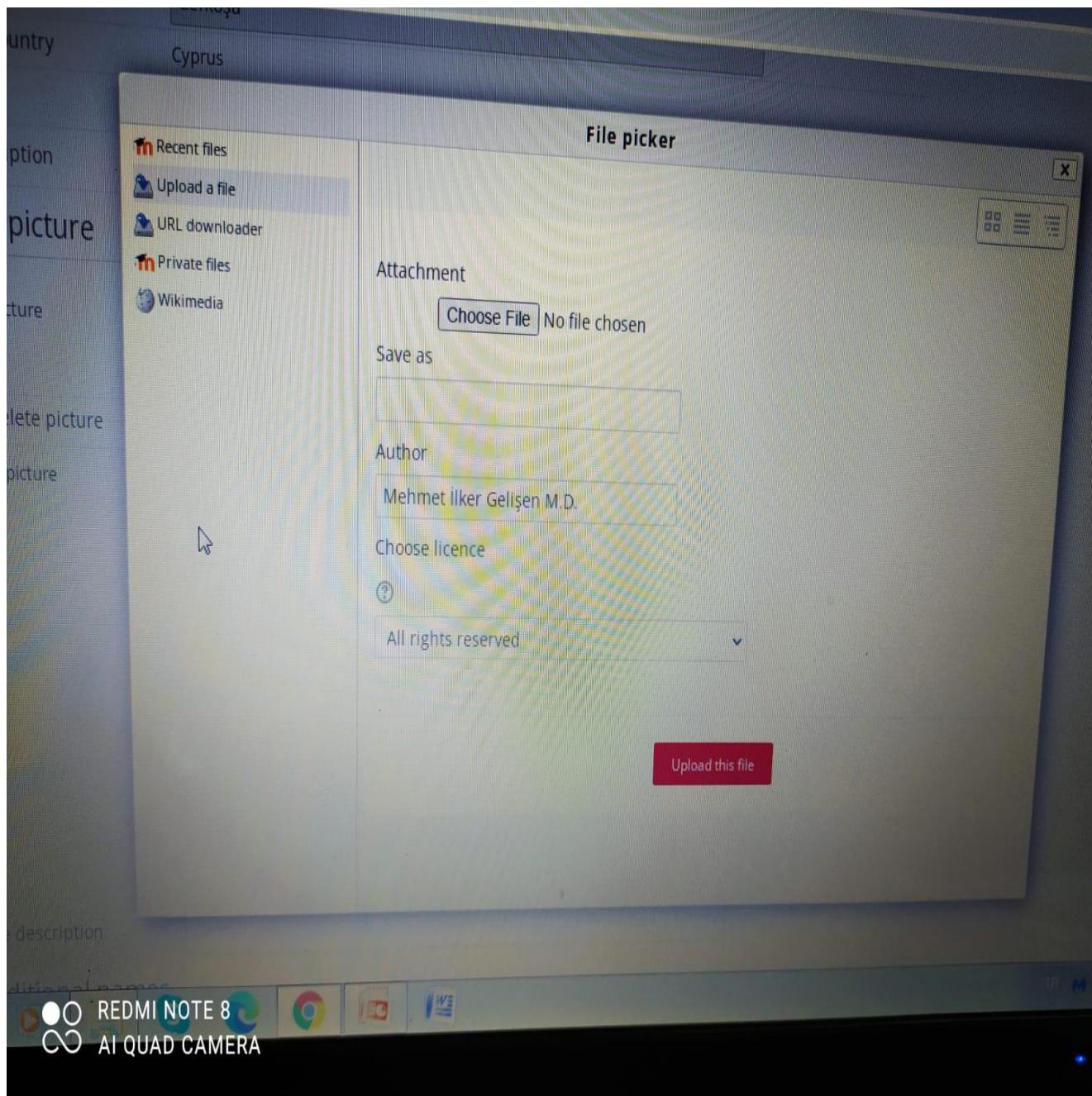
You can drag and drop files here to add them.

Accepted file types:

Image files to be optimised, such as badges

 REDMI NOTE 8
 AI QUAD CAMERA

Picture description



File picker

Recent files

Upload a file

JRL downloader

Private files

Wikimedia

Attachment

Choose File

No file chosen

Save as

No file chosen

Author

Mehmet İlker Gelişen M.D.

Choose licence



All rights reserved

Upload this file

der

Attachment

Choose File

No file chosen

Save as

Author

Mehmet İlker Gelişen M.D.

Choose licence



All rights reserved



Upload this file

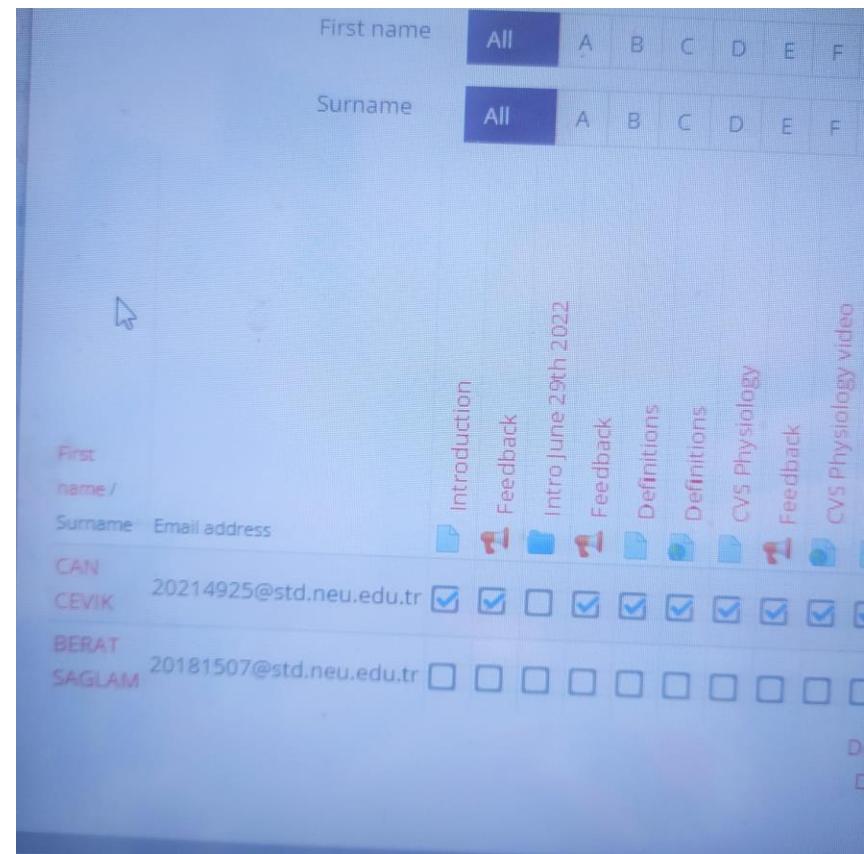
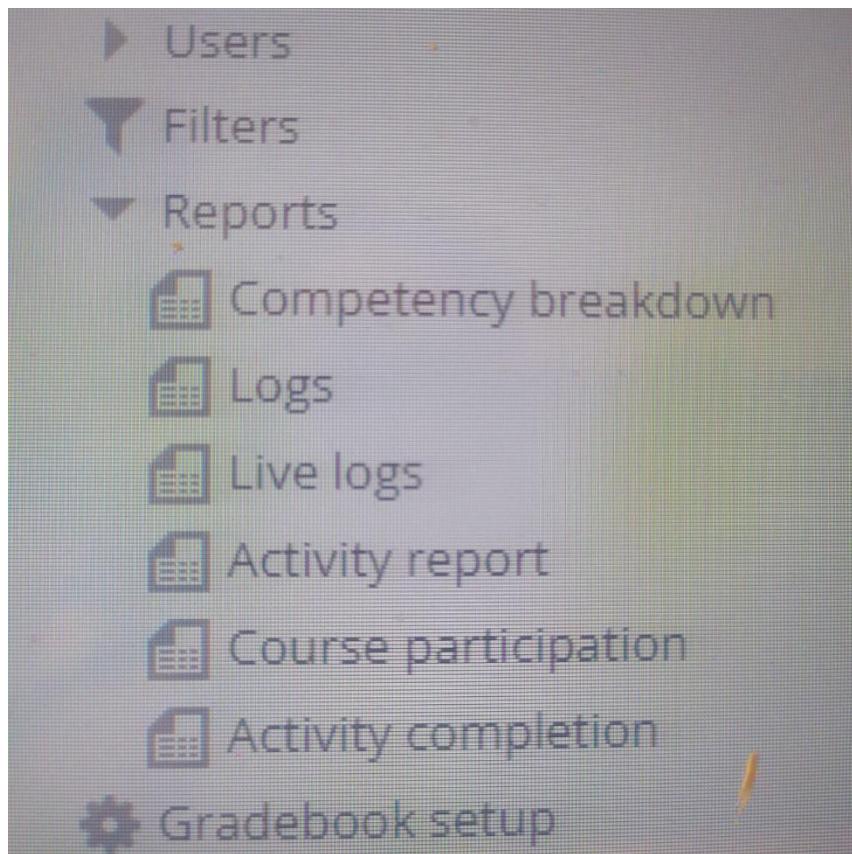


REDMI NOTE 8



AI QUAD CAMERA

Activity Completion (Flipped Classroom)



Attendance

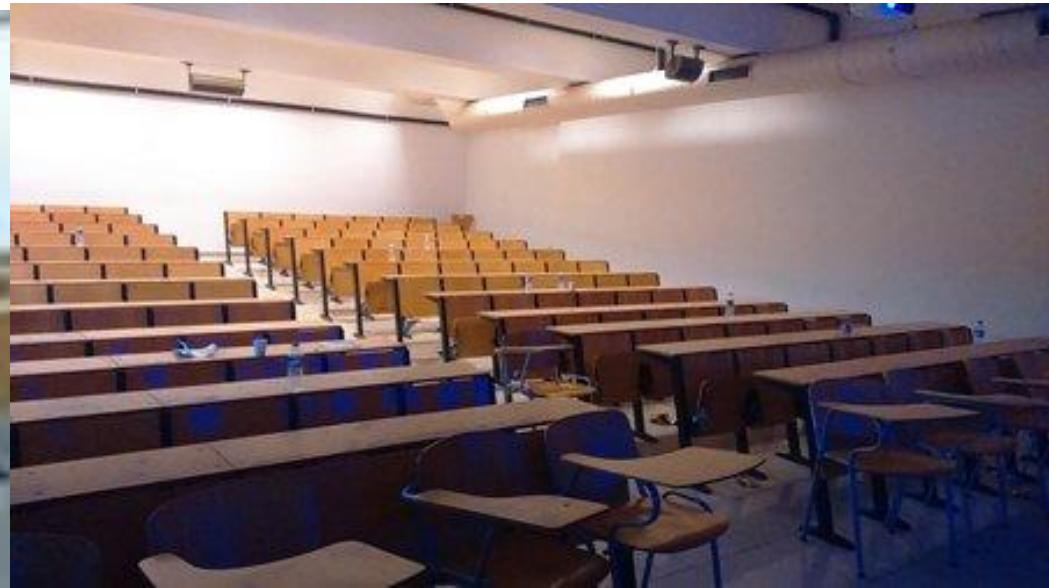
- Attendance to the classes is **VITAL**. Turkish Higher Education Institution (YOK) obliges us to keep attendance records and audits them: (70 % Attendance, 30 % Absence)
- Students getting scholars, **Please inform me**

Examination(s)



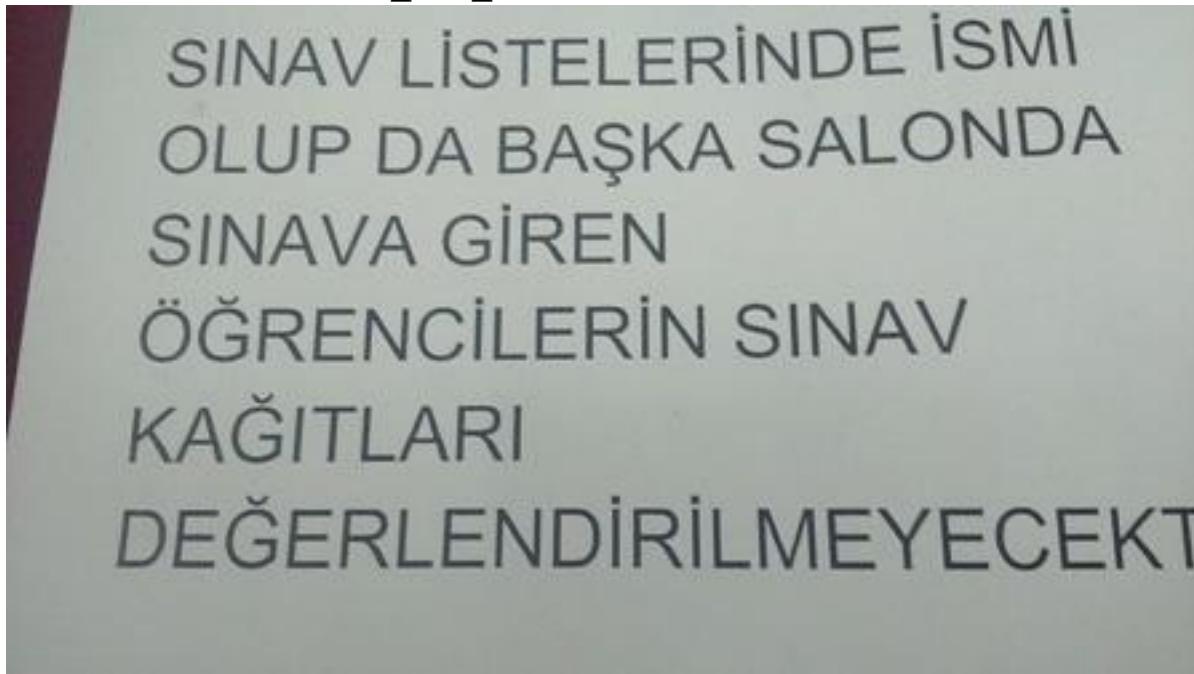
General

- **Please** Turn off your cell phones
- **Please** Do not bring anything to eat or drink to the class except water (dispose the bottles properly). Take out what you bring in.



General

- Please have the examinations in the classes you are assigned. Otherwise your examination papers will not be evaluated.



-PICK UP YOUR STUDENT ID

-To apply for a NEW STUDENT Id, You must bring

*a passport size photo and 1

*your student certificate 1

**-You need to make 10€ payment at the Near East Bank, if you wish to apply
for a new student ID Card in case**

*you have a lost or broken ID card, or

*you changed your department of study, or

*your student number starts with 2020 or earlier years.....

-Stamp is from the International Office.

-ÖĞRENCİ KİMLİK KARTLARI

-Öğrenci kimlik kartı için gereken belgeler

- *1 adet vesikalık fotoğraf
- *1 adet öğrenci belgesi

-Öğrenci kimlik kartını değiştirmek için YDU Bank'a 10€ ödenmesi gereken durumlar

- *Öğrenci kimlik kartı kaybedildiğinde
- *Öğrenci kimlik kartı kırıldığında
- *Öğrenci bölümünü değiştirdiğinde
- *2020 ve öncesi kaydı bulunan öğrenciler

-Bandrol her yıl öğrenci işlerinde yapılmaktadır.

ESSAY ASSIGNMENT: "WHAT I DID ON MY SUMMER VACATION"



NO, I
DON'T WANT TO
"JUST CHECK
YOUR FACEBOOK
PAGE"...

Grading

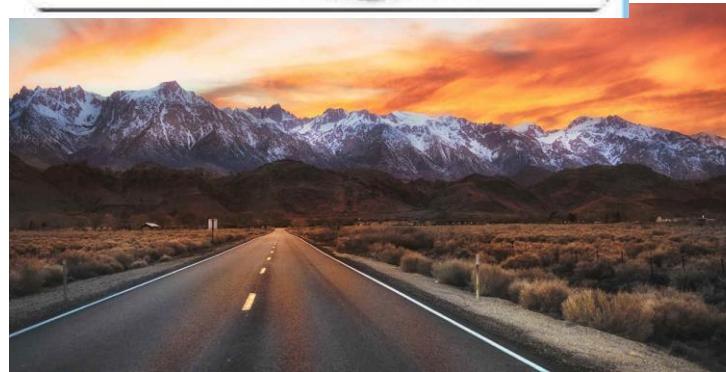
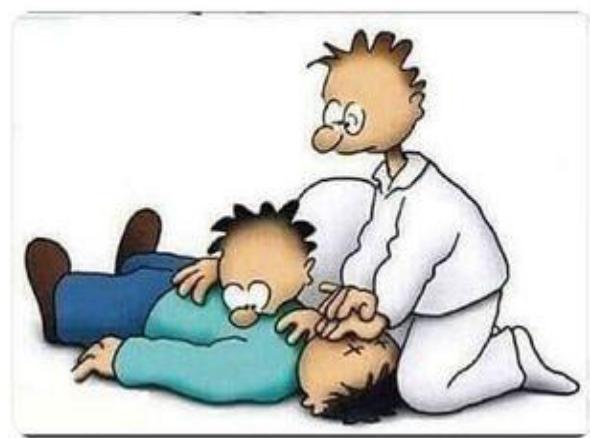
• Mid term	1X30	= 30
• Final	1X50	= 50
• Quizzes		= 10
• Homework		= 10
TOTAL		100



If you succeed in cheating someone,
Don't think that the person is a fool...

Just realize that the person
Trusted you much more than you deserved!

After learning *Basic Life support*
from Online classes :



Books Covering First Aid

- Sourcing of books is dependent on state of learning and knowledge of the student.
- Books target different learning levels (hierarchy).
 - Learning books: emphasis on important concepts.
 - Repetition books: summaries, reviews (before exams...).
 - Textbooks: deepen concepts and detailed factual knowledge (hardly available today...): library.
 - Handbooks: illustrate state of scientific discovery (written by specialists of learned societies): library.
 - Review journals, concentrating on a single specialist theme/topic: library.
 - Specialist journals (latest research): library.
- Since learning is very individual, you will have to find out, which book(s) **suit(s) your learning style.**

First Aid CPR-AED adult/student manual

- <http://safetylibrary.typepad.com/files/First%20Aid%20CPR-AED%20student%20manual.pdf>



First Aid/CPR/AED
PARTICIPANT'S MANUAL



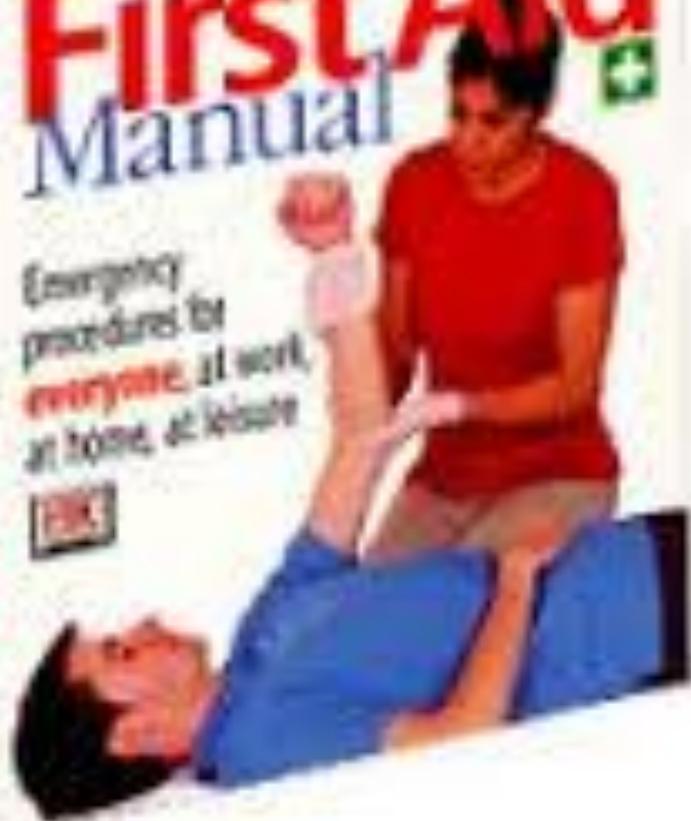
First Aid Book: March 2015 - Triple One Care

- <http://www.tripleonecare.co.nz/sites/default/files/docs/TOCOnlineFABookMarch2015%20V3%204.pdf>

fully revised
2006
5th edition

First Aid Manual

Emergency
procedures for
everyone, at work,
at home, at leisure







Emergency
FIRST AID
A quick guide



St John Ambulance Australia

Turkish

- **Temel İlk Yardım Uygulamaları Eğitim Kitabı**
- **Pdf**
- **2011**
- H. Fazıl INAN* Zülfenaz KURT** İlknur KUBILAY***

İLK YARDIM CEP KİTABI

Turk Kızılayı



İLK YARDIM



1. Basım

Cemil SÜZEN



İLK YARDIM

Prof. Dr. Nazmi BILIR
Doç. Dr. Ali Naci YILDEZ



Baştepe Üniversitesi Tıp Fakültesi
2008



ANKARA TABİP ODASI

İLK YARDIM İÇİN PRATİK BİLGİLER BROŞÜRÜ
KASIM 2013



New
Revised Edition

FIRST AID



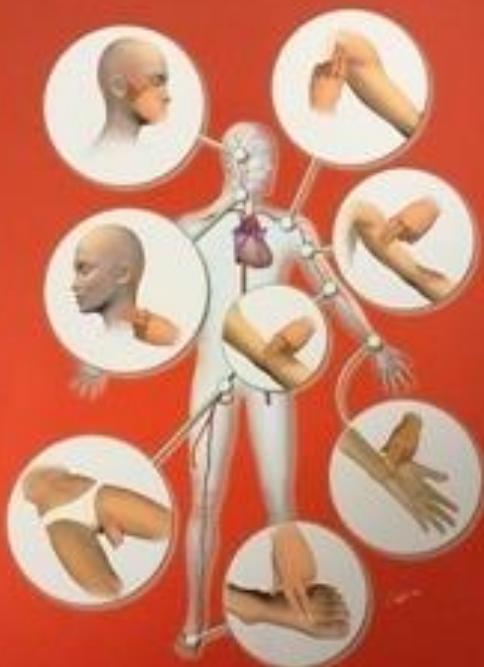
And

MEDICAL EMERGENCY

एकांकी
गेलिशन

İLK
GÖRÜŞ
Temel
İLK YARDIM

Prof. Dr. L. Bikem SÜZEN



nobel
YAYINLARI

Emergency Medicine

- Lecture notes on Emergency Medicine
- Author DR PAUL HILL
- <http://academic.sun.ac.za/stellmed/WhatsNew/CourseMaterial/Emergency%20Medicine.pdf>

- **Emergency Medicine Cases** (EM Cases) is a free online medical education podcast and medical blog providing **emergency medicine** education
- <http://emergencymedicinecases.com/>

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