

Dana Gilkes

CODENAME: BREADFRUIT

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My uncle used to grin and call it *Sky Pudding*
my grandmother with little reserve

Bread-Wine

Bread-Kind

though it would hardly seem kind
to sliver off the skin
cut the heart out with a knife
and offer up the flesh
pun the old pinewood palette
my grandfather saw
and chisel with his own two hand
into something

roughly beautiful

but for all we pick'ny mouth

it sacrifice itself
(hopefully with pork and cucumber)
to feed
I say rejoice

while others might contend

Cooling-Tea and Balm

and how them yellow leaf
does ensure a good medicinal
for when the pressure
mount high
inside the cranny of you head

Roast Fruit

cause in the grass-piece
when the fellows was just out
to savour the blacken skin
the sweet burn-taste
with a trickle of butter

in them mouth
look at how
it perform the oath of camaraderie
and catch them joker-smoker
by the gist of their belly
and the faculty
of their nose
Who does plant breadfruit tree in a yard
for decoration
local island ambience
though I can assure you
that that is just another bonus

a added respect

Calabash

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