```
sudo su

1.
sudo apt update
sudo apt install -y docker
sudo apt install -y nginx

2.
wget https://download.virtualbox.org/virtualbox/7.0.8/virtualbox-
7.0_7.0.8-156879~Ubuntu~jammy_amd64.deb
dpkg -i virtualbox-7.0_7.0.8-156879~Ubuntu~jammy_amd64.deb
apt -f install

3.
snap install docker

4.
crontab -e
3 * * * *   mkdir new_folder
3 * * * *   echo 'Some text' > /new_folder/new_file

6.
crontab -e
* * 0 * *   tar -zcf /var/backups/home.tgz /home
```