

# Blurting

Blurting is an effective way to see how much you can remember and then fill in those gaps.

## 1) REMEMBER/UNDERSTAND YOUR NOTES

- Have a read through your notes that you've previously taken and really begin to **understand the concepts you've written about**. It sounds silly and obvious, but really understanding what you wrote and **WHY** these quotes/ ideas have certain meanings is really important.
- If you're struggling to understand your notes, perhaps go back and revisit some of the videos as most students find it easier when somebody is explaining an idea (**luckily there are videos on everything on the hub!**)

## 2) WRITE DOWN EVERYTHING YOU KNOW

- Now grab a scrap piece of paper, or a page in your notebook if you're feeling fancy, and write down everything you can possibly remember about the topic/ character you just studied.
- **DO NOT LOOK AT YOUR NOTES DURING THIS.**
- If you're struggling to remember a quote for example, you can always write down what the quote is talking about and then come back to it later

## 3) GET A DIFFERENT COLOURED PEN & FILL IN THE BLANKS

- Now it is really important you get a **different coloured pen** here as this will actually help you remember the bits you forgot.
- You want to get a different coloured pen, and have your notes out now, and fill in any bits you **missed/ forgot/ got wrong on your sheet**. Fill it in in as much detail as possible.

#### 4) GO BACK AND REVISIT THE BIGGER GAPS IN YOUR KNOWLEDGE

- If there were bigger gaps in your knowledge, and lots of a different coloured pen, that is no worries but instead a sign for you having to revisit/ relearn the topic
- Go back onto the hub and re-visit the video just to ensure you've really understood what it is you're revising

#### 5) HAVE A BREAK

- Now this is an **important step**. Don't go straight back into writing it as it doesn't reflect how much you have truly **absorbed the knowledge**.
- Do another **small task** or get up from your desk, walk round your house (still no phone/ TikTok as you'll get lost into a rabbit hole) and then repeat your blurting method.