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## Hyperpolarized $^1\text{H}$ NMR Employing Low $\gamma$ Nucleus for Spin Polarization Storage

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### Abstract

Here, we demonstrate the utility of low gamma nuclei for spin storage of hyperpolarization followed by proton detection, which theoretically can provide up to  $\sim(\gamma[^1\text{H}]/\gamma[\text{X}])^2$  gain in sensitivity in hyperpolarized biomedical MR. This is exemplified by hyperpolarized  $1\text{-}^{13}\text{C}$  sites of 2,2,3,3-tetrafluoropropyl  $1\text{-}^{13}\text{C}$ -propionate- $\text{d}_3$  (TFPP),  $^{13}\text{C}$   $T_1=67$  s in  $\text{D}_2\text{O}$ , and  $1\text{-}^{13}\text{C}$ -succinate- $\text{d}_2$ ,  $^{13}\text{C}$   $T_1=105$  s in  $\text{D}_2\text{O}$ , pH 11, using PASADENA. In a representative example, the spin polarization was stored on  $^{13}\text{C}$  for 24 s and 70 s respectively while the samples were transferred from a low magnetic field polarizer operating at 1.76 mT to a 4.7 T animal MR scanner. Following sample delivery, the refocused INEPT pulse sequence was used to transfer spin polarization from  $^{13}\text{C}$  to protons with efficiency of 50% for TFPP and 41% for  $1\text{-}^{13}\text{C}$ -succinate- $\text{d}_2$  increasing the overall NMR sensitivity by factor of 7.9 and 6.5 respectively. The low gamma nuclei exemplified here by  $^{13}\text{C}$  with  $T_1$  of tens of seconds acts as an efficient spin polarization storage, while J-coupled protons are better for NMR detection.

The PASADENA (parahydrogen and synthesis allow dramatically enhanced nuclear alignment)<sup>1,2</sup> and DNP (Dynamic Nuclear Polarization)<sup>3</sup> methods efficiently hyperpolarize biologically relevant nuclei such as  $^1\text{H}$ ,  $^{31}\text{P}$ ,  $^{13}\text{C}$ ,  $^{15}\text{N}$  achieving the signal enhancement by factor of  $\sim 100,000$  on currently utilized MRI scanners. Recently, many groups have demonstrated the utility of hyperpolarized MR in biological systems using hyperpolarized  $^{13}\text{C}$  biomarkers with relatively long spin lattice relaxation time  $T_1$  on the order of tens of seconds.<sup>4–7</sup> Moreover, hyperpolarized  $^{15}\text{N}$  for biomedical MR has been proposed due to even longer spin lattice relaxations times.<sup>8</sup> An additional increase of up to tens of minutes in the life time of hyperpolarized agent *in vivo* could be achieved by using the singlet states of low gamma ( $\gamma$ ) nuclei.<sup>9</sup> However, as NMR receptivity scales as  $\gamma^3$  for spin  $1/2$  nuclei, direct NMR detection of low  $\gamma$  nuclei results in lower signal-to-noise ratio compared to proton detection. While protons are better nuclei for detection, short spin lattice relaxation times prevent direct  $^1\text{H}$  hyperpolarized MR in biomedical applications.

Here, we demonstrate the utility of  $^{13}\text{C}$  for spin storage of hyperpolarization followed by  $^1\text{H}$  detection using INEPT,<sup>10</sup> which theoretically can provide up to  $\sim(\gamma[^1\text{H}]/\gamma[\text{X}])^2$  gain in sensitivity in hyperpolarized biomedical MR. Specifically, we hyperpolarized the  $^{13}\text{C}$  site of two well studied molecules,  $1\text{-}^{13}\text{C}$ -succinate- $\text{d}_2$ <sup>5,11</sup> and 2,2,3,3-tetrafluoropropyl  $1\text{-}^{13}\text{C}$ -propionate- $\text{d}_3$  (TFPP), by PASADENA (Fig. 1). Both molecules are accessible from unsaturated precursors containing a double bond by molecular cis addition of parahydrogen. Hyperpolarized succinate<sup>5,11</sup> can be potentially exploited as a metabolic biomarker of cancer,

while hyperpolarized TFPP has been shown to be a specific binder to lipids with an unique chemical shift signature in the lipid bound state<sup>12</sup> potentially useful for plaque imaging.<sup>13</sup>

Parahydrogen addition and transfer of spin order to <sup>13</sup>C has been described previously.<sup>5,14</sup> A home built PASADENA polarizer was employed to hydrogenate 2,2,3,3-tetrafluoropropyl 1-<sup>13</sup>C-acrylate-d<sub>3</sub> (TFPA) to yield hyperpolarized TFPP and 1-<sup>13</sup>C-fumarate-d<sub>2</sub> (CIL, Andover, MA) to yield hyperpolarized 1-<sup>13</sup>C-succinate-d<sub>2</sub> in deuterated solvent. The spin order transfer was performed using untuned saddle coil at 1.76 mT utilizing the heteronuclear spin order transfer pulse sequence described by Goldman and Johannesson<sup>15</sup> and was tailored to the hetero- and homonuclear J coupling of propionate<sup>14,16</sup> for TFPP and succinate at pH 11 (Fig. 2).<sup>5</sup>

*In vitro* 1-<sup>13</sup>C succinate spin lattice relaxation time T<sub>1</sub> is 105±1 s in D<sub>2</sub>O at pH 11 and *in vivo* T<sub>1</sub> is in excess of 43 s at 4.7 T, which is significantly longer than the previously published values at pH 3.<sup>5</sup> *In vitro* 1-<sup>13</sup>C TFPP T<sub>1</sub>=67±1 s in deuterated medium and *in vivo* T<sub>1</sub> is in excess of 16 s at 4.7 T.<sup>13</sup> Such long spin lattice relaxation times provide an efficient storage of spin polarization in long lived low γ nuclear spin states, which is exemplified here by <sup>13</sup>C TFPP and succinate. The principal motivation for development of long lived nuclear spin states is their utility to monitor biochemical pools *in vivo* such as stable isotope enrichment of metabolic events or receptor binding. NMR signal detection utilizing polarization transfer from long lived low γ nuclear spin states to J-coupled protons provides a potential to further increase MR signal in such studies (Fig. 2) utilizing the strategy of two sequential polarization transfers.<sup>17</sup>

In one experiment, 2.4 mL of 6.2 mM 1-<sup>13</sup>C-succinate-d<sub>2</sub> was hyperpolarized at the <sup>13</sup>C site to 10.7%. Hyperpolarization was then kept on <sup>13</sup>C for 70 s. During this time, the polarized sample was transferred from a low magnetic field polarizer operating at 1.76 mT to 4.7 T animal MR scanner. The <sup>13</sup>C polarization decayed from 10.7% to 5.5% corresponding to final <sup>13</sup>C signal enhancement by a factor of 13,500. Then the refocused INEPT pulse sequence<sup>10</sup> with τ<sub>INEPT</sub> = 34 ms and τ<sub>refocus</sub> = 32 ms (Fig. 2) was used to transfer polarization from <sup>13</sup>C to protons within 1-<sup>13</sup>C-succinate-d<sub>2</sub> (Figs. 3A and 3B). We found that the two protons were successfully hyperpolarized corresponding to 41% polarization transfer efficiency and 1,350 fold <sup>1</sup>H NMR signal enhancement per two methylene protons. In a separate experiment, 2.4 mL of 2.9 mM TFPP was polarized to 14% and the hyperpolarization was stored on the 1-<sup>13</sup>C site for 24 s, during which the polarization decayed to 9.5% corresponding to the final signal enhancement of 23,300 fold at this site (Fig. 3E). The delays of the refocused INEPT were τ<sub>INEPT</sub> = 20 ms and τ<sub>refocus</sub> = 16 ms. The combined intensity of the three NMR lines corresponding to four hydrogen atoms (Fig. 3F) was enhanced by a factor of 2,930, corresponding to the 50% polarization transfer efficiency by the refocused INEPT sequence.

To quantify the degree of hyperpolarization, we used the reference of a single scan spectrum of thermally polarized 100% natural abundance ethanol (Fig. 3A) and 3M sodium 1-<sup>13</sup>C-acetate (Fig. 3B) at 4.7 T using the formula:

$$\%P_x = \frac{\chi_{\text{ref}}}{\chi_{\text{expt}}} \cdot \frac{S_{\text{expt}}}{S_{\text{ref}}} \cdot \frac{P_x^0}{\sin\theta} \cdot 100\%$$

where P<sub>x</sub><sup>0</sup> is the nuclear polarization at equilibrium at 298 K and 4.7 T, according to the Boltzmann distribution, θ is the angle of the detection pulse, χ<sub>ref</sub> and χ<sub>expt</sub> are the molar concentrations of sites in the reference and the experimental molecule, respectively, and S<sub>ref</sub> and S<sub>expt</sub> are the signal from the reference and experimental molecular sites, respectively. Under the experimental conditions, P<sub>13C</sub><sup>0</sup> is 246,600<sup>-1</sup> and P<sub>1H</sub><sup>0</sup> is 62,000<sup>-1</sup>. The achieved %

$P_{1H}$  was 2.2% for 1- $^{13}C$ -succinate- $d_2$  and 4.8% for TFPP. The efficiency of the polarization transfer from  $^{13}C$  to  $^1H$  reported here, 41% for 1- $^{13}C$ -succinate- $d_2$  and 50% for TFPP, is a ratio between the  $^1H$  polarization detected after the transfer and  $^{13}C$  polarization as measured by a  $12^\circ$  excitation pulse before the INEPT transfer. While the efficiency of the polarization transfer was 50% or below, hyperpolarized protons are inherently 15.8 fold more sensitive compared to hyperpolarized  $^{13}C$ . As a result, proton detection of hyperpolarized 1- $^{13}C$ -succinate- $d_2$  and TFPP increased the overall sensitivity by a factor of 6.5 and 7.9, respectively.

The method demonstrated herein can potentially be applied to these and other hyperpolarized  $^{13}C$  metabolic contrast agents *in vivo* including hyperpolarized pyruvate,<sup>18</sup> lactate, bicarbonate,<sup>6</sup> alanine, glutamine,<sup>7</sup> choline.<sup>8</sup> More importantly, using this approach, hyperpolarized  $^{15}N$  MR would become an attractive biomedical tool due to the much longer spin lattice relaxation time owing to low  $\gamma$ , but now with the added advantage of more sensitive detection using proton NMR ( $\gamma_{^{15}N}^2 \approx \gamma_{^1H}^2/100$ ). Furthermore, proton imaging, localized spectroscopy and chemical shift imaging (CSI) will allow improved spatial resolution by  $\gamma_{1H}/\gamma_X$  in each dimension at a given gradient strength.

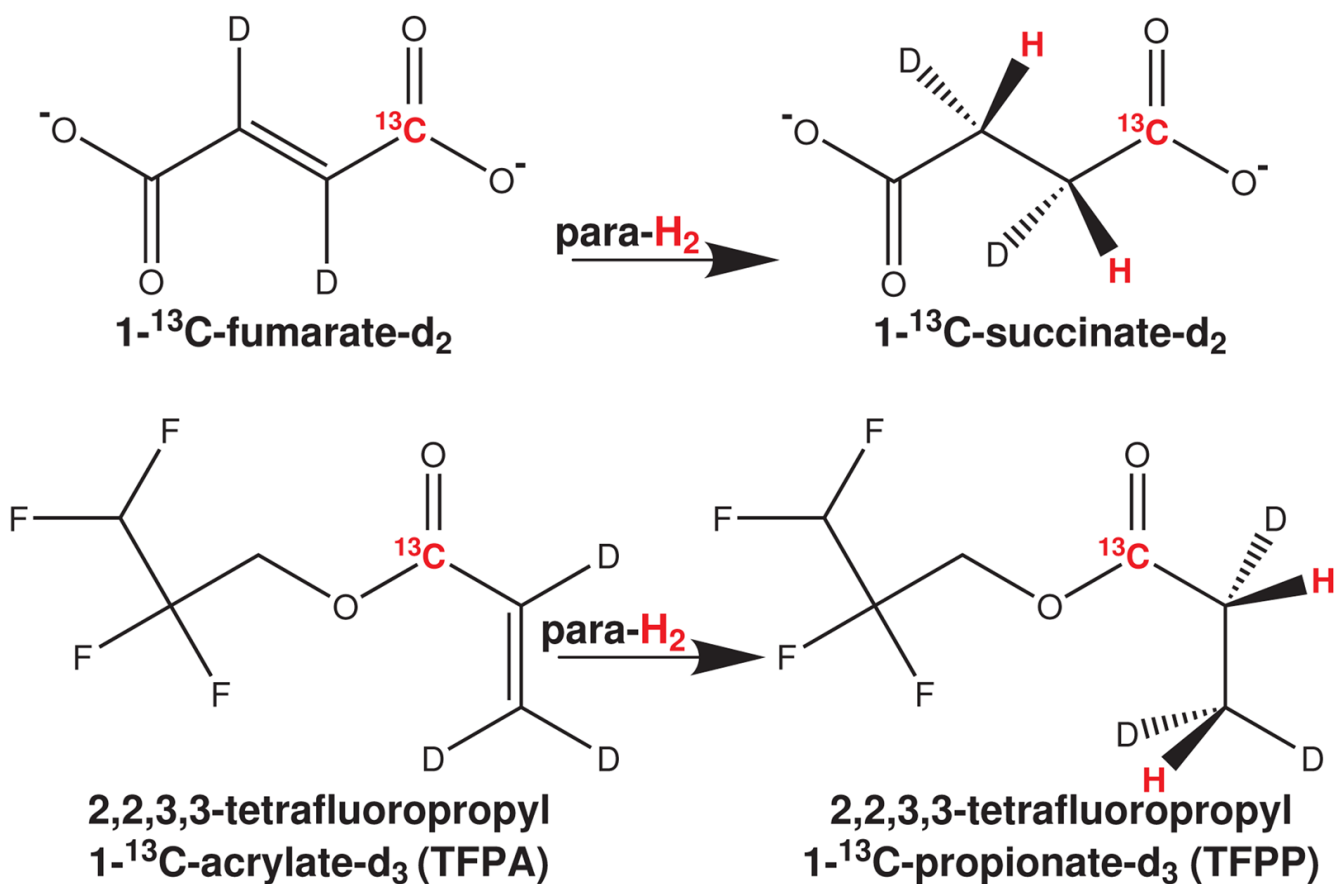
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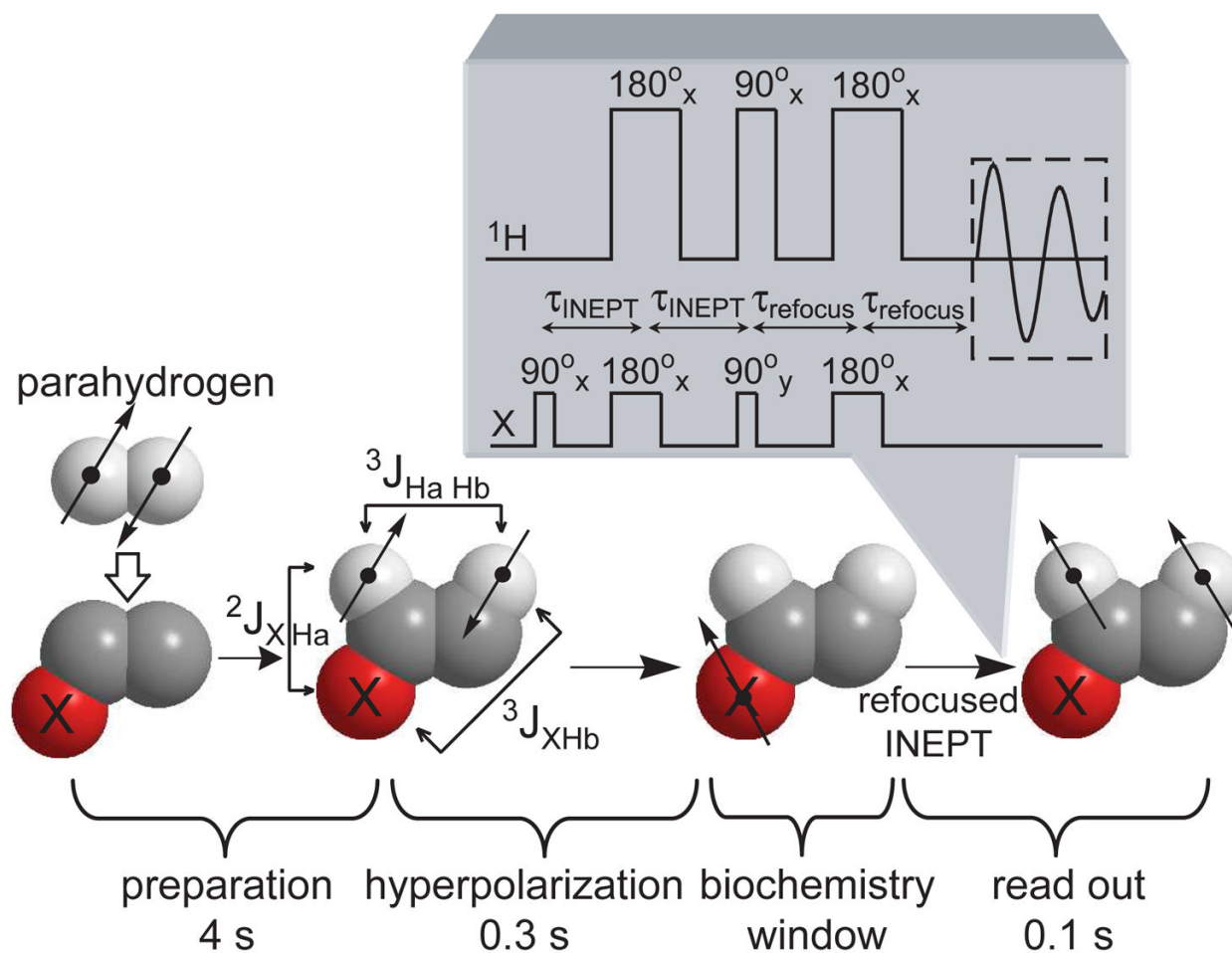
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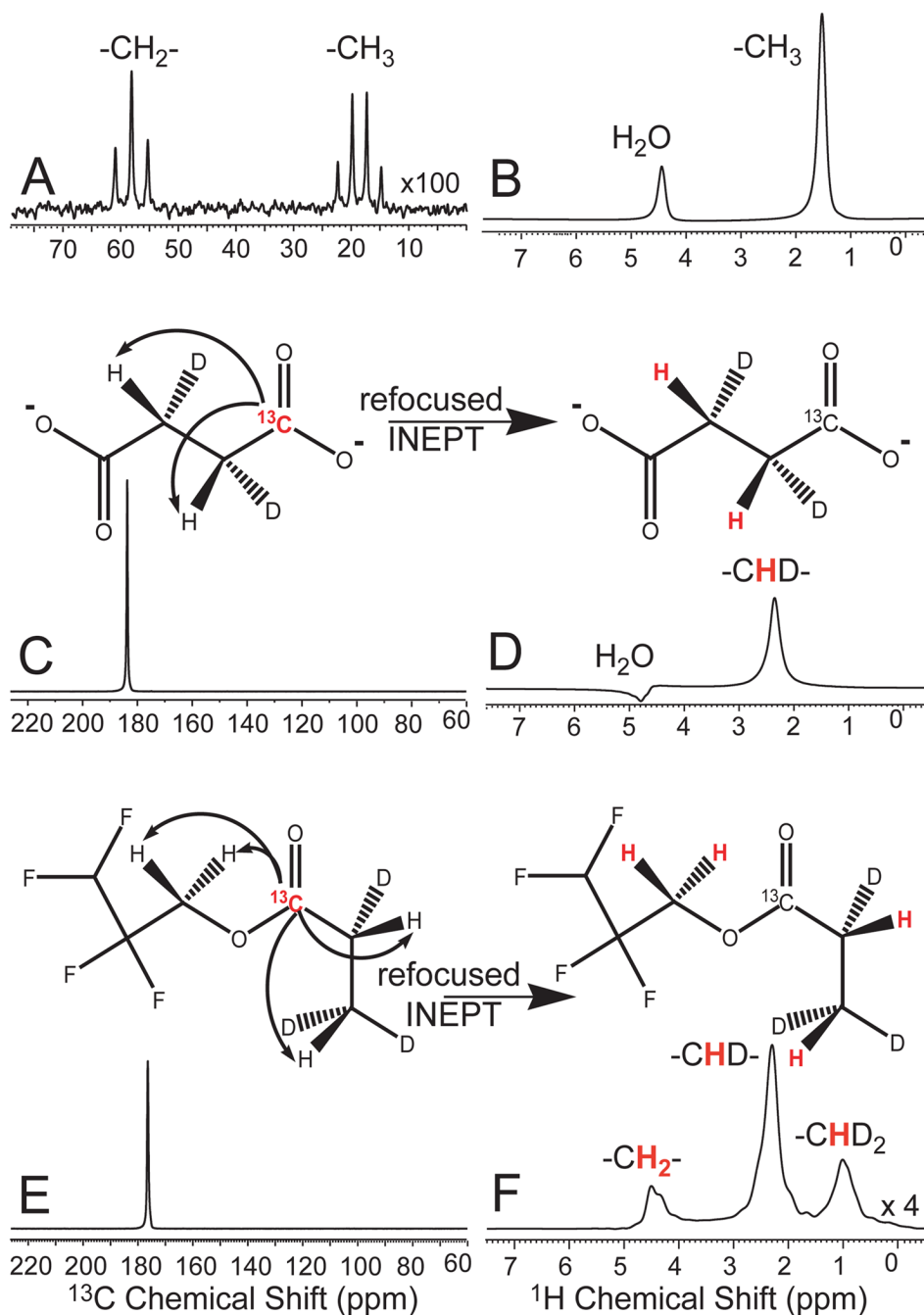
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**Figure 1.**

Cis molecular addition of parahydrogen to 1- $^{13}\text{C}$ -fumarate- $\text{d}_2$  to produce 1- $^{13}\text{C}$ -succinate- $\text{d}_2$  and cis molecular addition of parahydrogen to TFPA to produce TFPP. The catalytic reaction was carried out at 60°C in  $\text{D}_2\text{O}$  with reactant concentrations of 3–6 mM. TFPP aqueous solution used 10% v/v acetone- $\text{d}_6$  necessary to dissolve hyperpolarized product.

**Figure 2.**

The experimental diagram of molecular cis addition of parahydrogen followed by hyperpolarization of X nucleus exemplified by  $^{13}\text{C}$ , polarization storage on X nucleus (potentially allowing monitoring of biochemical events on the time scale of minutes) followed by polarization transfer back to more sensitive protons for NMR detection.

**Figure 3.**

A)  $^{13}\text{C}$  reference spectrum of 2.8 mL 17M ethanol with 188 mM  $^{13}\text{C}$  concentration per site, B)  $^1\text{H}$  NMR spectrum of 2.8 mL 3M sodium  $^{13}\text{C}$ -acetate in  $\text{D}_2\text{O}$ , C)  $^{13}\text{C}$  NMR spectrum of hyperpolarized 6.2 mM 1- $^{13}\text{C}$ -succinate- $\text{d}_{2,3}$ ,  $^{13}\text{C}$  polarization of 5.5% after being stored for 70 s,  $T_1=105$  s, the spectrum is acquired using a  $12^\circ$  excitation pulse, D)  $^1\text{H}$  NMR spectrum of hyperpolarized 6.2 mM 1- $^{13}\text{C}$ -succinate- $\text{d}_{2,3}$  where net  $^1\text{H}$  signal enhancement is 1,350 fold with 41% spin polarization transfer efficiency, E)  $^{13}\text{C}$  NMR spectrum of hyperpolarized 2.9 mM TFPP.  $^{13}\text{C}$  polarization is 9.5% after being stored for 24 s,  $T_1=67$  s. The spectrum is acquired using a  $12^\circ$  excitation pulse, F)  $^1\text{H}$  NMR spectrum of hyperpolarized 2.9 mM TFPP where net  $^1\text{H}$  signal enhancement is 2,930 fold with 51% efficiency.