

# Polymorphs of Theophylline Characterized by DNP Enhanced Solid-State NMR

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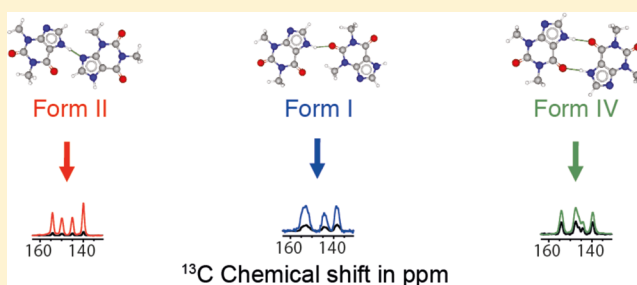
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## Supporting Information

**ABSTRACT:** We show how dynamic nuclear polarization (DNP) enhanced solid-state NMR spectroscopy can be used to characterize polymorphs and solvates of organic solids. We applied DNP to three polymorphs and one hydrated form of the asthma drug molecule theophylline. For some forms of theophylline, sample grinding and impregnation with the radical-containing solution, which are necessary to prepare the samples for DNP, were found to induce polymorphic transitions or desolvation between some forms. We present protocols for sample preparation for solid-state magic-angle spinning (MAS) DNP experiments that avoid the polymorphic phase transitions in theophylline. These protocols include cryogrinding, grinding under inert atmosphere, and the appropriate choice of the impregnating liquid. By applying these procedures, we subsequently demonstrate that two-dimensional correlation experiments, such as  $^1\text{H}$ – $^{13}\text{C}$  and  $^1\text{H}$ – $^{15}\text{N}$  HETCOR or  $^{13}\text{C}$ – $^{13}\text{C}$  INADEQUATE, can be obtained at natural isotopic abundance in reasonable times, thus enabling more advanced structural characterization of polymorphs.

**KEYWORDS:** dynamic nuclear polarization, solid-state NMR, polymorphs, theophylline



## INTRODUCTION

The development of a more complete understanding of polymorphism is an important goal for the solid-state chemist or process engineer, and is especially relevant to pharmaceuticals since each polymorphic form of a given compound can lead to different bioavailabilities.<sup>1,2</sup> Characterization of polymorphs is often difficult, especially when single crystals suitable for X-ray diffraction (XRD) cannot be isolated. Consequently, a broad range of techniques, including “ab initio” crystal structure prediction (CSP),<sup>3–7</sup> infrared spectroscopy,<sup>8,9</sup> and powder X-ray diffraction (PXRD),<sup>10–14</sup> are currently used to characterize organic powders in this context. However, these techniques often only provide partial details on atomic and molecular structure. Consequently, there is much interest in developing improved methods to characterize polymorphs.

Among these methods, magic angle spinning (MAS) solid-state NMR is an extremely powerful method for characterizing polymorphs. This is because  $^1\text{H}$ ,  $^{13}\text{C}$ , and  $^{15}\text{N}$  chemical shifts are often diagnostic, both for “fingerprinting” polymorphs and/or for directly probing atomic structure.<sup>15,16</sup> Recently, the combination of measured experimental NMR chemical shifts, CSP, and gauge-including projector augmented-wave (GIPAW) DFT calculations of chemical shifts has been very successful both for validation of polymorph trial structures and for complete structure determination.<sup>3,17–32</sup> However, the main limitation of NMR methods is poor sensitivity. Indeed,  $^{15}\text{N}$  and

many 2D solid-state NMR experiments at natural abundance often require very long experimental times, except for compounds with very favorable relaxation characteristics.<sup>15,33</sup> Even in favorable cases, two-dimensional  $^{13}\text{C}$ – $^{13}\text{C}$  correlation experiments on samples at natural isotopic abundance typically require times on the order of days.

Dynamic nuclear polarization (DNP) is a technique that can increase the sensitivity of solid-state NMR by up to roughly 2 orders of magnitude at high fields.<sup>34,35</sup> In a DNP experiment, microwave irradiation is used to drive the transfer of polarization from unpaired electrons to nuclei.<sup>34</sup> DNP can theoretically provide a signal gain of up to a factor of 658 for  $^1\text{H}$  NMR and cross-polarization (CP) NMR experiments which involve  $^1\text{H}$  nuclei, although enhancements of 10–200 are typically obtained. We have recently shown how powdered organic solids can be efficiently polarized using DNP.<sup>36</sup> In our approach, the organic solid is finely ground to reduce the particle sizes, and the powder is impregnated with a nonsolvent liquid that contains the DNP polarizing agents, usually a stable dinitroxide biradical.<sup>37</sup> The DNP enhanced NMR experiments are typically carried out at around 105 K. Proton spin diffusion (exchange of  $^1\text{H}$  magnetization) then distributes the polar-

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ization throughout the sample, and the enhanced  $^1\text{H}$  polarization may be transferred to other desired nuclei via CP.<sup>38</sup> With this impregnation DNP approach, we have shown that DNP enhancements between 5 and 200 can be obtained for fine powders of organic solids such as glucose, sulfathiazole, paracetamol, cetirizine dihydrochloride, histidine hydrochloride, polymers, etc.<sup>39–41</sup> Substantial DNP sensitivity enhancements have previously enabled the rapid acquisition of  $^1\text{H}$ – $^{13}\text{C}$ / $^1\text{H}$ – $^{15}\text{N}$  heteronuclear correlation (HETCOR) and  $^{13}\text{C}$ – $^{13}\text{C}$  homonuclear scalar correlation (INADEQUATE) experiments in a few hours for a variety of organic solids.<sup>36,39,41–44</sup> DNP also allows challenging multinuclear magnetic resonance experiments such as natural abundance  $^2\text{H}$  and  $^{17}\text{O}$  solid-state NMR and  $^{14}\text{N}$  overtone MAS NMR,<sup>41,45</sup> including  $^{17}\text{O}$  solid-state NMR for surface-supported species.<sup>46</sup> The sensitivity enhancement from DNP can also be used to overcome low loadings of active pharmaceutical ingredients (API) within formulated pharmaceuticals.<sup>39</sup> Additionally, by analyzing the DNP enhanced NMR signal buildup rates with a numerical spin diffusion model it is possible to estimate macroscopic API particle sizes.<sup>36,39</sup>

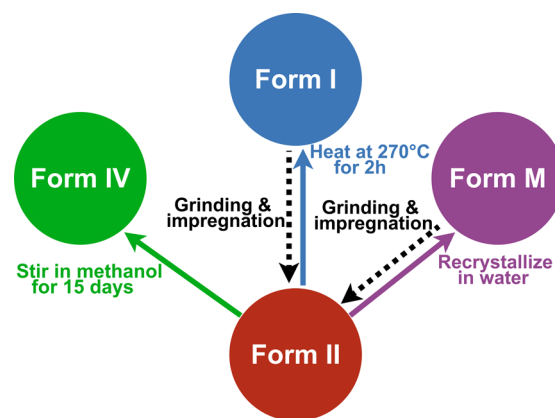
This technique obviously has great potential for the rapid characterization of polymorphs and formulated pharmaceuticals, but there are open questions related to sample formulation for DNP experiments and how this may impact species which may display polymorphism or other changes such as (de)solvation. Before performing a DNP enhanced solid-state NMR experiment, the three main steps in sample preparation involve (i) grinding the sample into a very fine powder (note, this step may not be necessary for formulated pharmaceuticals), (ii) impregnation with an appropriate solution containing the electron polarization source, and (iii) rapidly cooling the sample to ca. 105 K within the NMR probe that will be used to acquire the NMR data. It is obvious that all three of these steps could potentially induce polymorphic transitions. Here we show how protocols can be developed to prepare samples for impregnation DNP while maintaining the desired polymorphic form of the sample. While we focus on the effects of grinding and impregnation on phase transitions, it is also well-known that a polymorphic transition can be induced by a reduction in temperature. However, we note that many crystal structures of polymorphs determined by single-crystal XRD are acquired at reduced temperatures. Interestingly, recent results indicate that DNP experiments at ambient temperatures could become feasible.<sup>47</sup>

Here, we present sample preparation protocols for impregnation DNP enhanced NMR of polymorphs. The protocols are demonstrated with theophylline as a model system (Scheme 1) for this study since it possesses several well-characterized polymorphs,<sup>6,48,49</sup> as well as a hydrated form, and they interconvert quite easily. We note that Viel and co-workers

have recently applied impregnation DNP techniques to a single polymorphic form of theophylline and showed the rapid acquisition of dipolar  $^{13}\text{C}$ – $^{13}\text{C}$  correlation spectra.<sup>50</sup>

## RESULTS AND DISCUSSION

Theophylline is known to crystallize as several different polymorphs. Here we study three anhydrous polymorphs of theophylline (Figure 1), along with theophylline-monohydrate



**Figure 1.** Schemes for the preparation and interconversion of the different theophylline-containing crystal structures considered herein. Form II of anhydrous theophylline was obtained commercially. Form IV is an anhydrous polymorph of theophylline obtained by stirring Form II in methanol for 15 days. Form I is an anhydrous polymorph of theophylline obtained by heating Form II at 270 °C for 2 h. Form M is a theophylline-containing hydrate obtained by recrystallizing Form II in water. Dashed arrows illustrate the conversions that are induced by grinding or impregnation.

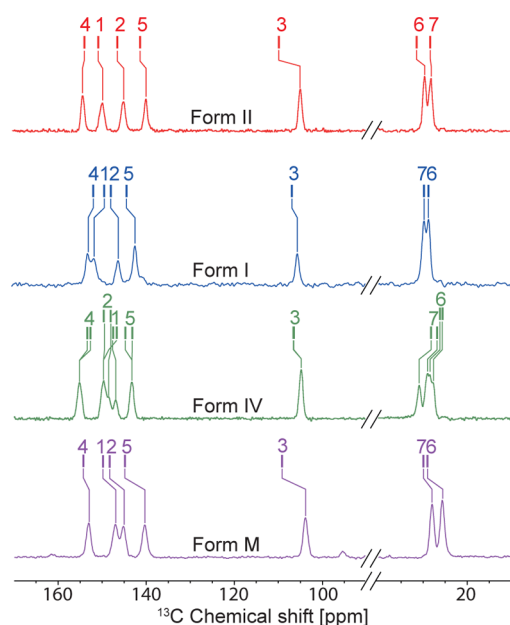
(Form M).<sup>48</sup> The kinetically stable form of theophylline under typical lab conditions is often referred to as Form II in the chemical literature,<sup>48</sup> and is usually the form obtained from commercial suppliers. To obtain Form I, Form II was heated at 270 °C, close to its melting point (273 °C) for 2 h, and slowly cooled to room temperature, as outlined in the literature.<sup>6</sup> The thermodynamically stable polymorph is Form IV.<sup>49</sup> It is obtained by stirring a methanol solution containing powdered Form II for 15 days.<sup>49</sup> Theophylline monohydrate (Form M) is obtained by the recrystallization of theophylline Form II in distilled water.<sup>48</sup> More details are given in the [Experimental Section](#).

The four theophylline-containing systems were synthesized (or in the case of Form II, used as received from the supplier), and  $^{13}\text{C}$  CPMAS NMR spectra were recorded at 105 K on the pristine powdered polymorphs (i.e., no grinding of the sample, and no impregnation with solvent), as shown in Figure 2. As expected, the  $^{13}\text{C}$  chemical shifts vary significantly between the forms. Comparison between 300 K spectra and 105 K spectra is presented in Figure S1. In all cases, the multiplicity of the carbon peaks is the same at both 105 and 300 K and the only difference is slight shifts in some of the peaks (less than a 2 ppm shift difference). Previously determined crystal structures for all polymorphs used diffraction data acquired at temperatures of less than 120 K,<sup>48,49</sup> suggesting that there is no polymorphic phase transition at low temperature for all forms of theophylline considered herein. We note that Form IV possesses twice as many  $^{13}\text{C}$  peaks in its NMR spectrum as the other forms, which is consistent with the previously determined crystal structure, as it has two molecules in the asymmetric unit

### Scheme 1. Molecular Structure of Theophylline<sup>a</sup>



<sup>a</sup>Red numbers correspond to carbon peak labeling associated with Figure 2.

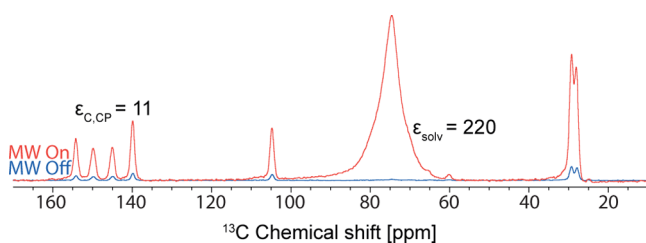


**Figure 2.**  $^{13}\text{C}$  solid-state NMR spectra recorded at 105 K and  $B_0 = 9.4$  T without microwave irradiation and with 64 scans for all nonimpregnated polymorphic forms of theophylline studied here: Form II (red), Form I (blue), Form IV (green), and Form M (purple). The tick marks show the predicted shifts from GIPAW DFT calculations.  $^{13}\text{C}$ ,  $^1\text{H}$ , and  $^{15}\text{N}$  solid-state NMR spectra can be found in Figures S1–S3. Additionally, comparison between 298 and 105 K  $^{13}\text{C}$  solid-state NMR spectra is presented in Figure S1.

( $Z' = 2$ ).<sup>49</sup>  $^1\text{H}$  MAS and  $^{15}\text{N}$  CPMAS NMR spectra of each form are also shown in Figures S2 and S3.

**Impregnation DNP Enhanced NMR Experiments on Form II.** For DNP enhanced solid-state NMR experiments, a powder sample of each system was finely ground by hand in a mortar and pestle. The powder was then impregnated with a TCE:methanol- $d_4$  (95:5) solution containing the biradical TEKPol as a polarization source.<sup>47</sup> TCE was chosen as a solvent since theophylline was found to be insoluble in TCE, and it has previously been shown that this is a good impregnating medium for DNP.<sup>51</sup> 5% methanol was found to improve glass formation for TCE. For experiments on Form II, a high proton DNP enhancement ( $\epsilon_{\text{H}} = \epsilon_{\text{solv}}$ ) of 220 was obtained for the solvent (Figure 3).

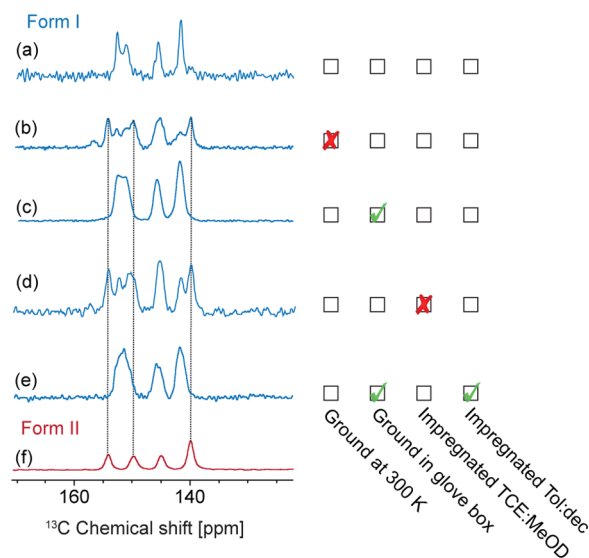
The proton DNP enhancement for Form II of microcrystalline theophylline, as measured with  $^{13}\text{C}$  CPMAS experiments ( $\epsilon_{\text{C,CP}}$ ), was 11. The DNP enhanced proton signal buildup rate



**Figure 3.**  $^{13}\text{C}$  DNP enhanced solid-state NMR spectra of Form II of theophylline obtained at 105 K and  $B_0 = 9.4$  T (i.e.,  $^1\text{H}$  resonance frequency of 400 MHz) with 16 scans for microwave on, 64 scans for microwave off, and 20 s recycle delay. The powder was finely ground in a mortar and pestle and impregnated with a solution of TCE:methanol- $d_4$  (95:5) containing TEKPol as biradical.

( $T_{\text{DNP}}$ ) was measured with a DNP enhanced CP saturation recovery experiment. Usually,  $T_{\text{DNP}}$  and the proton longitudinal relaxation time  $T_1$  are similar in magnitude. For the sake of convenience, we only measure in this study  $T_{\text{DNP}}$ . For Form II,  $T_{\text{DNP}}$  was measured to be ca. 12 s at ca. 105 K (we speculate this to be due to the presence of rotating methyl groups). Note however that a signal enhancement by a factor of 11 corresponds to an acceleration in acquisition times of a factor 121 (as the signal-to-noise ratio (S/N) scales with the square root of the number of transients acquired). The short  $T_{\text{DNP}}$  is not critically limiting in the present case since, although it leads to lower enhancements, it also allows a relatively short recycle delay of ca. 20 s, which provides optimal sensitivity in this case. DNP enhanced 2D  $^1\text{H}$ – $^{13}\text{C}$ ,  $^1\text{H}$ – $^{15}\text{N}$  HETCOR and  $^{13}\text{C}$ – $^{13}\text{C}$  INADEQUATE NMR spectra were recorded for Form II in 3, 5, and 2 days respectively, shown in Figures S4, S5, and S6. To obtain the INADEQUATE spectrum with similar conditions of compounds like this using conventional methods would typically take on the order of a week.<sup>22</sup>

**Impregnation DNP Enhanced NMR Experiments on Form I.** Form I was obtained by heating Form II to 270 °C, just below its melting point of 273 °C (see Experimental Section for details). A sample of powdered Form I was characterized by solid-state NMR at room temperature. The  $^{13}\text{C}$  CPMAS NMR spectrum showed 6 resolvable  $^{13}\text{C}$  peaks (in accord with the accepted crystal structure, as  $Z' = 1$ ).<sup>6</sup> We observed different chemical shifts than those of Form II, as shown in Figures 2, S1, and S7.<sup>6</sup> Figure 4 shows  $^{13}\text{C}$  CPMAS NMR spectra of Form I before and after grinding. Grinding is known to supply mechanical energy to the sample, which can be sufficient to induce a polymorphic conversion or a desolvation if solvent is present in the lattice.<sup>52,53</sup> When the



**Figure 4.**  $^{13}\text{C}$  CPMAS NMR spectra recorded at 105 K and  $B_0 = 9.4$  T of what was initially powdered theophylline, Form I, subjected to different preparation procedures. From top to bottom: (a) pure powdered Form I before any procedure, (b) a mixture of Forms I and II obtained after manual grinding of pure Form I in air at room temperature, (c) Form I manually ground cold at  $-55$  °C in a glovebox, (d) mixture of Forms II and I after impregnation with a 16 mM TCE:methanol- $d_4$  (95:5) solution, (e) Form I manually ground cold at  $-55$  °C in a glovebox and impregnated with a toluene- $d_8$ :decalin (i.e., Tol:dec) (90:10) solution, (f) pure Form II.



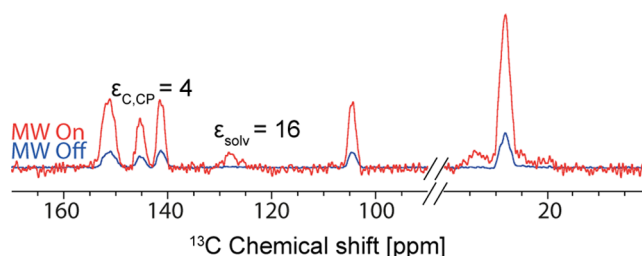
powder of Form I was manually ground in a mortar and pestle at room temperature, solid-state  $^{13}\text{C}$  CPMAS NMR experiments confirmed that the sample partially transformed back to Form II.

We found that the polymorphic transition back to Form II could be avoided by grinding the sample at reduced temperatures in the absence of atmospheric moisture. Two procedures were attempted: the first one was to use an automatic cryogrinder. To use an automatic cryogrinder, the powder was put into a water-tight tube immersed in liquid nitrogen and shaken in order to grind the powder. This procedure yielded a powder which, after appropriate sample preparation, did not lead to DNP NMR enhancements that were encouraging (i.e.,  $\epsilon_{\text{C,CP}} = 2$ ), when one considers the eventual goal of efficient acquisition of 2D solid-state NMR data. This would suggest that the particles were not ground finely enough using this technique. SEM images were recorded before and after this procedure (see Figures S8 and S9) and allow us to conclude that the powder still contained some relatively big particles (dimensions of around  $50\ \mu\text{m}$ ). Another possible simple way to cryogrind the sample was to cool the sample in a freezer and grind it while it was cold. This was performed by placing powdered Form I on a mortar and pestle in a  $-55\ ^\circ\text{C}$  freezer inside a glovebox (argon atmosphere). The glovebox was used in order to avoid absorption of moisture on the cold sample. The powder and the mortar and pestle were allowed to rest in the freezer for 30 min to reduce their respective system temperatures. The Form I powder was then quickly ground into a fine powder while the powder (and mortar) were still cold. This procedure prevented the I  $\rightarrow$  II transformation, as shown in Figure 4c. However, the  $^{13}\text{C}$  CPMAS NMR spectra of the cold ground samples show additional broadening of the  $^{13}\text{C}$  peaks. This could be explained by some disorder introduced in the lattice during grinding at cold temperature. A similar phenomenon was observed by Munson and co-workers.<sup>54</sup>

Once the problem of grinding was solved by grinding the cold sample in a glovebox, the powder was impregnated with a solution of TEKPol in TCE:methanol- $d_4$  (95:5). However, impregnation with TCE:methanol- $d_4$  solution also caused partial transformation of Form I to Form II. Figure 4d shows the  $^{13}\text{C}$  CPMAS NMR spectrum after impregnation with a 16 mM TEKPol TCE:methanol- $d_4$  (95:5) solution. The polymorphic transformation could be due to the polarity of the solvent, which fosters the phase transition from Form I to II. Similar phenomena have already been mentioned by Carpenter and co-workers.<sup>55</sup> Less polar solvents that are compatible with DNP were used for the impregnation step. Such solvents still were needed to dissolve the radical, while not dissolving the powdered theophylline-containing organic solid. We tried impregnation with ortho-terphenyl (OTP), 1,3-dibromobutane (DBB), and a mixed solution of toluene- $d_8$ :decalin (90:10), all of which are nonsolvents for theophylline and which have been demonstrated to be suitable for DNP.<sup>51,56</sup> Impregnation with DBB resulted in partial conversion of Form I to Form II. Figure 4e shows that the toluene- $d_8$ :decalin mixture turns out to completely avoid any Form I to Form II transition.

In summary, for Form I, a protocol was developed involving grinding a cooled sample in a glovebox followed by impregnation with a toluene- $d_8$ :decalin mixture ready for DNP enhanced solid-state NMR spectra to be recorded without a change in the polymorphic form. In this case the  $^1\text{H}$  DNP enhancement of the solvent was around 16, and the

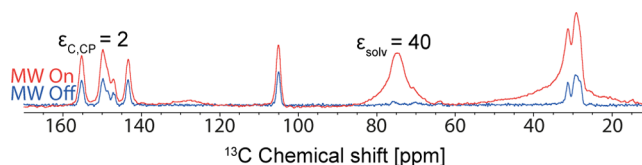
$^{13}\text{C}$  enhancement was measured to be approximately 4 for Form I, as shown in Figure 5. Here, the low DNP enhancement



**Figure 5.** DNP enhanced  $^{13}\text{C}$  CPMAS NMR spectrum recorded at 105 K and  $B_0 = 9.4\ \text{T}$  of Form I of theophylline impregnated with a toluene- $d_8$ :decalin (90:10) solution containing 14 mM TEKPol with 4 scans for microwave on, 64 scans for microwave off, and 20 s recycle delay.

results from the poor performance of toluene- $d_8$ :decalin as a solvent for DNP. We are currently working on identifying additional solvents/mixtures for DNP on this system.

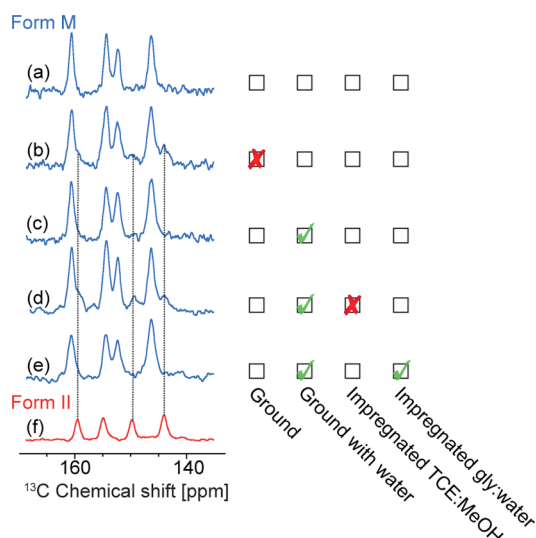
**Impregnation DNP Enhanced NMR Experiments on Form IV.** Form IV of anhydrous theophylline is the thermodynamically stable form of theophylline. It was obtained by stirring a solution of Form II in methanol for 15 days. For DNP enhanced NMR experiments, the powder isolated was ground and then impregnated with a TCE:methanol- $d_4$  (95:5) solution containing the biradical TEKPol.<sup>47</sup> A poor solvent enhancement (compared to usual enhancement obtained for a bulk solution)<sup>57</sup> was obtained,  $\epsilon_{\text{C,CP}} = 40$ , and the  $^{13}\text{C}$  enhancement for Form IV was even lower,  $\epsilon_{\text{C,CP}} = 2$  (Figure 6). The low enhancements are likely due to the very short  $T_{\text{DNP}}$  (and by extension proton  $T_1$ 's) measured for Form I, which were around only 1.5 s.



**Figure 6.** DNP enhanced  $^{13}\text{C}$  CPMAS NMR spectra recorded at 105 K and  $B_0 = 9.4\ \text{T}$  of Form IV of theophylline impregnated with a TCE:methanol- $d_4$  (95:5) solution containing 16 mM TEKPol, with 4 scans for microwave on, 16 scans for microwave off, and 20 s recycle delay.

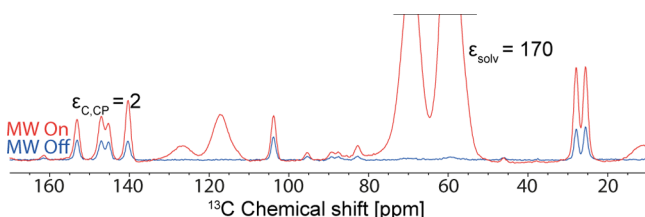
**Impregnation DNP Enhanced NMR Experiments on Form M.** The monohydrated form of theophylline is obtained by a simple recrystallization of Form II in water. Grinding Form M at room temperature causes dehydration of the sample and partial reconversion to Form II, as shown in Figure 7.

To potentially avoid this, ca. 40 mg of powder was ground in the presence of several drops of distilled water, to prevent dehydration. This technique worked well, as shown in the resulting  $^{13}\text{C}$  CPMAS NMR spectrum in Figure 7c. An alternative is to grind the powder of Form M while it is completely immersed in liquid nitrogen, and let it warm under atmospheric air so that the cold powder absorbs the moisture of the air and prevents Form M from dehydrating. When the ground powder of Form M was impregnated with TCE:methanol- $d_4$  (95:5) (as done with some of the polymorphs of anhydrous theophylline), partial conversion of Form M to



**Figure 7.** Comparison of  $^{13}\text{C}$  CPMAS solid-state NMR spectra as a function of the grinding procedure and the solvent used for impregnation of Form M. All spectra were recorded with a 16.4 T spectrometer at ca. 300 K. (a) Pure Form M before any procedure. (b) Mixture of Forms M and II obtained after grinding at room temperature. (c) Form M after grinding with a drop of water. (d) Mixture of Forms M and II after grinding with a drop of water and impregnation with TCE:methanol- $d_4$  (95:5) solution. (e) Form M after grinding with a drop of water and impregnated with a glycerol- $d_8$ : $\text{D}_2\text{O}$ : $\text{H}_2\text{O}$  (60:30:10) solution. (f) Pure Form II.

Form II was observed. However, impregnation with a glycerol- $d_8$ : $\text{D}_2\text{O}$ : $\text{H}_2\text{O}$  (60:30:10) solution did not cause any measurable transformation to Form II, as shown in Figure 7e. Unfortunately, relatively low DNP enhancements of  $\epsilon_{\text{C,CP}} = 2$  were obtained from Form M, even though the enhancement of the solvent was,  $\epsilon_{\text{C,CP}}$ , was 170 (Figure 8). The low



**Figure 8.** DNP enhanced  $^{13}\text{C}$  CPMAS NMR spectra of theophylline/water Form M ground with a drop of water, and impregnated with a glycerol- $d_8$ : $\text{D}_2\text{O}$ : $\text{H}_2\text{O}$  (60:30:10) solution containing AMUPol.<sup>58</sup> Spectra were recorded at 105 K and  $B_0 = 9.4$  T with 4 scans for microwave on, 16 scans for microwave off, and 20 s recycle delay.

enhancement for the crystalline phase could be due to aggregation of particles during grinding with water, which would explain the high ratio between the solvent and the crystal enhancement. 2D HETCOR  $^1\text{H}$ – $^{13}\text{C}$  and  $^1\text{H}$ – $^{15}\text{N}$  NMR spectra have also been recorded in order to confirm the structure and the presence of hydrogen bonding between the 2 molecules of theophylline and a water molecule, as predicted by the crystal structure (Figures S10 and S11).

## CONCLUSION

We investigated the formulation for DNP enhanced NMR experiments of powdered samples of three polymorphs of theophylline and the monohydrate form. We observed that the

grinding and impregnation procedures may cause polymorphic transitions or dehydration in certain situations. For each form we were able to determine a procedure for grinding, and an appropriate solvent for impregnation that prevented the conversion to Form II. DNP enhanced NMR was then applied to these polymorphs. However, DNP enhancements were relatively low in most theophylline polymorphs, which is speculated as being due to the presence of methyl group rotation inducing short  $T_{\text{DNP}}$  times. Natural abundance 2D correlation experiments such as  $^1\text{H}$ – $^{15}\text{N}$ ,  $^1\text{H}$ – $^{13}\text{C}$  HETCOR or  $^{13}\text{C}$ – $^{13}\text{C}$  INADEQUATE were acquired in reasonable times, with a factor over 100 reduction in acquisition times in the best case (i.e., Form II). This will have a direct impact on the efficiency of NMR crystallography protocols for polymorphs. Finally, we note that the methods outlined here can most probably also be adapted to other approaches to formulating samples for DNP experiments in organic solids, such as recrystallization with polarizing agents,<sup>43</sup> or swelling (polymers) with radical-containing solutions.<sup>59–61</sup>

## EXPERIMENTAL SECTION

Geometry optimizations and magnetic shielding calculations were performed using the Cambridge Serial Total Energy Package (CASTEP) density functional theory (DFT) program,<sup>62</sup> which uses a plane wave basis set to describe the valence electrons, and pseudopotentials to describe the core electrons. The GIPAW method<sup>63</sup> provides an efficient method to calculate magnetic shielding values in crystalline solids.<sup>64</sup> This method uses ultrasoft Vanderbilt-type pseudopotentials in the core.<sup>65</sup> Geometry optimizations, starting from the XRD reference structures, were carried out using the generalized gradient approximation (GGA) functional of Perdew, Burke, and Ernzerhof (PBE).<sup>66</sup> A maximum plane wave energy cutoff for the valence electrons of 700 eV was applied. A Monkhorst–Pack grid of  $k$ -points<sup>67</sup> was used and corresponded to a maximum spacing of  $0.05 \text{ \AA}^{-1}$  in reciprocal space. During the geometry optimizations, only the hydrogen positions were relaxed, since the unit cell and all heavy atoms (C, N, O) were fixed. The magnetic shielding values were calculated using the same functional and parameters as those used for the geometry optimization. The magnetic shielding values were then converted into calculated chemical shifts using standard procedures.<sup>68</sup> For the chemical shielding calculation the rotational dynamics of the methyl group was taken into account by averaging over the three shifts. Geometry optimization and magnetic shielding calculations were performed at the Pôle Scientifique de Modélisation Numérique (PSMN) at the ENS Lyon.

Commercially available theophylline Form II was obtained from Sigma-Aldrich and was used without further purification. Form I was obtained by heating Form II in a tube furnace.<sup>6</sup> Form II was loaded into a quartz tube and was then heated to 373 K with a 753 K/h ramp, stabilized for 5 min, then heated to 523 K with a 753 K/h ramp, then stabilized for 30 min, and heated to 543 K (270 °C) with a 373 K/h ramp. The sample was then left at 543 K for 2 h and then cooled down to room temperature with a 373 K/h ramp. The resulting compact light yellow powder was collected from inside the tube. Form IV was obtained by stirring a methanol solution containing theophylline powder for 15 days.<sup>49</sup> Theophylline monohydrate, called Form M,<sup>48</sup> was obtained by recrystallization of theophylline in distilled water.

A scanning electron microscope MSE-636 was used to capture images of the automatically cryoground Form II. In a typical procedure, the powder was first spread onto a carbon tape. The powder was then put under vacuum and covered with a 12 nm gold layer using a Cressington sputter coater based on a plasma vapor deposition technique. The covered powder was then subjected to a  $10^{-5}$  bar vacuum for analysis.

For DNP enhanced NMR experiments, the powder was finely ground by hand in a mortar and pestle for several minutes. Other system-dependent conditions are specified as part of the [Results and Discussion](#). Incipient wetness impregnation (IWI) was used to uniformly wet the surface of particles with radical-containing solution.<sup>47,69</sup> In a typical preparation, 10–20  $\mu$ L of 16 mM biradical solution in a suitable solvent was added to ca. 30–40 mg of finely ground powdered solid. The powder and solvent were then mixed with a glass stirring rod, transferred to a sapphire rotor, and capped with a polyfluoroethylene insert. For theophylline Form IV, a 16 mM solution of TEKPol<sup>47</sup> in 1,1,2,2-tetrachloroethane (TCE):methanol- $d_4$  (95:5) solution was used. For Form I, different radical-containing solutions were tested, as detailed in the [Results and Discussion](#). For Form M, a 16 mM AMUPol<sup>58</sup> solution in glycerol- $d_8$ :D<sub>2</sub>O:H<sub>2</sub>O (60:30:10) was used.

DNP solid-state NMR experiments were performed on wide bore 400 MHz (i.e.,  $B_0 = 9.4$  T) Bruker Avance I (EPFL, Lausanne) and Avance IIIHD (ENS-Lyon) spectrometers equipped with a 263 GHz gyrotron, a low temperature cooling cabinet, and a triple resonance 3.2 mm low temperature probe. The sample temperature for DNP experiments was approximately 105 K. The field sweep coil of the main magnetic fields was set so that microwave irradiation occurred at the same position as the positive enhancement maximum for 1-(TEMPO-4-oxy)-3-(TEMPO-4-amino)propan-2-ol (TOTA-POL). Additional solid-state NMR experiments were performed on a 700 MHz Bruker Avance III solid-state NMR spectrometer ( $B_0 = 16.4$  T). Room temperature experiments using the 700 MHz spectrometer employed a 3.2 mm triple resonance HCN probe and 3.2 mm zirconia rotors.

CPMAS NMR experiments were performed with a contact pulse on  $^1\text{H}$  which was linearly ramped from  $\nu_1 = 66$  to 93 kHz and from 58 to 82 kHz for  $^{13}\text{C}$  and  $^{15}\text{N}$  experiments, respectively;  $^{13}\text{C}$  and  $^{15}\text{N}$  CP spin lock rf field amplitudes of 57 and 42 kHz were used, respectively. The SPINAL-64 heteronuclear decoupling scheme was applied during acquisition with  $^1\text{H}$  rf fields of ca. 105 kHz. The number of scans is specified in the figure captions. The contact time for CP spin lock was 2500  $\mu$ s. CP-HETCOR experiments were recorded for  $^1\text{H}$ – $^{13}\text{C}$  and  $^1\text{H}$ – $^{15}\text{N}$  correlation spectra. During the  $^1\text{H}$  indirect evolution period ( $t_1$ ), e-DUMBO-1<sub>22</sub> homonuclear  $^1\text{H}$  decoupling was applied with an RF field strength of approximately 100 kHz to improve the resolution in the  $^1\text{H}$  dimension, followed by cross-polarization to the heteronucleus transition and signal detection.<sup>70</sup> The 2D refocused  $^{13}\text{C}$ – $^{13}\text{C}$  INADEQUATE NMR spectra was recorded with a triple resonance 3.2 mm low temperature probe at 12500 kHz MAS. The sample temperature for DNP experiments was approximately 105 K. The SPINAL-64 sequence at a proton nutation frequency  $\nu_1$  of 80 kHz was used for heteronuclear decoupling. 128 increments of 64 transients each were acquired with a repetition delay of 20 s, resulting in a total experimental time of 2 days.

## ■ ASSOCIATED CONTENT

### § Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.molpharmaceut.5b00610.

$^1\text{H}$ ,  $^{13}\text{C}$ , and  $^{15}\text{N}$  NMR spectra and SEM images (PDF)

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### Notes

The authors declare no competing financial interest.

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