

## Enhancing the Photoluminescence of Peptide-Coated Nanocrystals with Shell Composition and UV Irradiation

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Received: July 16, 2004; In Final Form: September 22, 2004

The composition and structure of inorganic shells grown over CdSe semiconductor nanocrystal dots and rods were optimized to yield enhanced photoluminescence properties after ligand exchange followed by coating with phytochelatin-related peptides. We show that, in addition to the peptides imparting superior colloidal properties and providing biofunctionality in a single-step reaction, the improved shells and pretreatment with UV irradiation resulted in high quantum yields for the nanocrystals in water. Moreover, peptide coating caused a noticeable red-shift in the absorption and emission spectra for one of the tested shells, suggesting that exciton–molecular orbital (X–MO) coupling might take place in these hybrid inorganic–organic composite materials.

### Introduction

Core/shell nanocrystals (NCs) such as CdSe/ZnS are nanometer scale inorganic clusters of semiconductor material useful for fluorescent labeling in multicolor biological imaging and detection.<sup>1,2</sup> These colloidal NCs consist of an inorganic particle and an organic coating that determines their solubility and functionality and influences their photophysics. For these NCs to be biocompatible, they must be water-soluble, be nontoxic to the cell, and offer conjugation chemistries for attaching recognition molecules to their surfaces. In addition, they should efficiently target to biomolecules of interest, be chemically stable, and preserve their high photostability. The requirements for their application in single-molecule biological studies are even more stringent: fluorescent NCs should be monodisperse and have relatively small size (to limit steric hindrance), reduced blinking, large saturation intensity, and high quantum yield (QY).

Two coating steps are necessary to render CdSe NCs synthesized in organic solvents highly luminescent, water-soluble, and biocompatible. The first coating step is the chemical deposition of higher band-gap inorganic shells over NC cores.<sup>3–6</sup> These shells serve as isolation layers, protecting the exciton wave function from nonradiative recombination processes at surface traps. The second coating step permits the functionalization of the NCs. Various coating chemistries have been described: silanization,<sup>7,8</sup> mercaptoalkanoic acid ligands,<sup>9</sup> organic dendrons,<sup>10</sup> amphiphilic polymers,<sup>11</sup> phospholipid micelles,<sup>12</sup> recombinant proteins,<sup>13</sup> and oligomeric phosphines.<sup>14</sup> The fact that several different coatings have continuously been introduced points to the difficulty in achieving all desired properties with one universal coating. It implies that different coatings will most likely be necessary for various applications. NCs with thicker coatings will tend to have better photostabilities and higher quantum yields, whereas smaller NCs with

thin coatings may be less photostable but will be better suited as intracellular probes.

We have recently reported the coating of CdSe/ZnS core/shell NCs with phytochelatin-related peptides, leading to bioactive NCs having only a thin water-soluble shell.<sup>15</sup> Peptide coating endows the NCs with exceptional colloidal properties as proven by HPLC, gel electrophoresis, atomic force microscopy (AFM), transmission electron microscopy (TEM), and fluorescence antibunching studies.<sup>16</sup> These peptides have a C-terminal adhesive hydrophobic domain with multiple cysteinyl thiolate binding sites and a hydrophilic domain which gives the NCs their desired solubility and functionality. However, this previously reported biofunctionalization scheme significantly reduced the NC's QY in aqueous buffer.

Deposition of a ZnS shell for the first coating step was initially chosen because it offered exceptional photostability for CdSe NCs. However, decreases in QY of CdSe NCs with increasing shell thickness are often observed because of the large lattice mismatch (12%) between core and shell.<sup>5</sup> To decrease this lattice mismatch, Manna and co-workers grew CdS/ZnS graded shells over CdSe nanorods and demonstrated large increases in QY and high photostability after laser annealing.<sup>17</sup> We initially hypothesized that growing larger shells with cadmium dopants would prevent the core exciton from interacting with the environment, thus allowing less nonradiative relaxation and higher quantum yield. However, we observed that such shells may actually allow the exciton to interact with the molecular orbitals of the peptides used in this study. By reducing the shell band-gap offset, and/or by introducing low-lying (mid gap) level dopants into the shell, the excitonic wave function could be made to leak further out of the core, affording such exciton (X)–molecular orbital (MO) interactions (X–MO interactions) that may give more favorable effects on the photoluminescence than a higher band-gap shell (ZnS).

To characterize the effects of shell composition and structure as well as UV irradiation on the fluorescence of NCs synthesized in this study, we used ensemble UV/vis absorption and photoluminescence emission spectroscopy. Fluorescence cor-

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**TABLE 1: CdSe Cores Overcoated with Inorganic Shells of Various Compositions at Different Stages of Peptide Exchange<sup>a</sup>**

sample	emission peak (nm) as synthesized (toluene)	emission peak (nm) with peptides (water)	QY as synthesized (toluene) UV/laser illum	QY with peptides (water) no illum	QY with peptides (water) UV illum
#1 CdSe/ZnS	613	613	19 ± 2%	9 ± 1%	12 ± 3%
#2 CdSe/CdS/ZnS (graded) QDs	620	625–630	26 ± 3%	20 ± 5%	28 ± 7%
#3 CdSe/CdS/ZnS (layered)	622	624–625	14 ± 2%	<1%	2
#4 CdSe/CdS	620	622–623	35 ± 3%	2 ± 1%	2
#5 CdSe/CdS/ZnS (graded) NRs	648	652–654	16 ± 2%	8 ± 1%	11 ± 2%

<sup>a</sup> All quantum dots (#1–4) have identical core sizes (4.5 nm) except for sample #4 (CdSe/CdS, 3.5 nm core). Sample #5 has a 5 × 25 nm core.

relation spectroscopy was also employed to study the nature of quantum yield increases of peptide-coated NCs with UV irradiation.

## Experimental Section

**Samples.** We studied four different shell compositions grown over spherical NCs cores (Table 1). One of the shells was also grown over nanorods: (#1) 4–5 monolayers of ZnS shell grown over 4.5 nm CdSe cores; (#2) 4–5 monolayers of CdS/ZnS graded shell grown over 4.5 nm CdSe cores; (#3) 1–2 monolayers of CdS followed by 3–4 monolayers of ZnS layered shells grown over 4.5 nm CdSe cores; (#4) 5 monolayers of CdS shell grown over 3.5 nm CdSe cores; and (#5) 4–5 monolayers of CdS/ZnS graded shell grown over ~5 × 25 nm CdSe nanorods.

**Materials/Chemicals.** Dimethylcadmium (Cd(CH<sub>3</sub>)<sub>2</sub>, 97%) and tri-*n*-butylphosphine (TBP, 99%) were purchased from Strem (Newburyport, MA). Cadmium oxide, diethylzinc (C<sub>4</sub>H<sub>10</sub>Zn, 1.0 M solution in heptane), and hexamethyldisilthiane (C<sub>6</sub>H<sub>18</sub>Si<sub>2</sub>S or TMS<sub>2</sub>S) were purchased from Aldrich (Milwaukee, WI). Hexylphosphonic acid, tetradecylphosphonic acid, and trioctylphosphine oxide (TOPO, Tech) were purchased from Alfa Aesar (Ward Hill, MA). Peptides were purchased from Synpep with at least 80% purity.

**CdSe Quantum Dot and Nanorod Core Synthesis.** Quantum dot cores were synthesized by using similar methods developed by Murray et al.<sup>18</sup> The precursor solution was prepared in a glovebox where selenium powder (0.149 g) and tributylphosphine (1.48 g) were mixed until the selenium dissolved. Dimethyl cadmium (0.36 g) as well as an additional amount of tributylphosphine (8 g) were added to the solution. In a 100 mL round-bottomed flask, TOPO (8 g, Technical grade) was heated to 120 °C under nitrogen flow. The flask was purged under vacuum for 30 min and two more times for 5 min each. The temperature was raised to 360 °C, and 2.5 mL of the precursor solution was injected quickly. After injection, the temperature was quickly adjusted to 300 °C for growth. To increase the size of the NCs and prevent Ostwald ripening, additional injections of 1 mL of the stock solution were added every 30 min until the desired size was reached. The solution was cooled to 40 °C, and methanol was used to precipitate the nanocrystals. Nanorod cores were synthesized by using the two-pot method with aged Cd-TDPA complexes established by Peng et al.<sup>19</sup>

**Shell Synthesis.** ZnS shells were grown over CdSe cores according to Hines et al.<sup>4</sup> with the following modifications. First, 10–40 mg of precipitated cores was redispersed in 0.5 mL of chloroform or toluene. A solution containing TBP (8.26 g), diethylzinc (1.26 g), hexamethyldisilithiane (0.304 g), and optionally dimethyl cadmium was prepared in a glovebox and stored under nitrogen at –20 °C. A solution of trioctylphosphine oxide (TOPO) (4 g, 99%) was heated to 100 °C and purged for

30 min under vacuum. This was repeated twice for 5 min intervals. Tributylphosphine (TBP) (0.5 mL) was injected into the TOPO solution. The core solution was also injected into the solution at 100 °C and purged to evaporate chloroform and toluene. The reaction flask was filled with nitrogen and heated to 160 °C. The shell solution was injected at ~0.1 mL/min. For formation of CdS/ZnS shells, the cadmium precursors were injected with the zinc precursors, and for the successive layers of CdS shell and ZnS shell, the cadmium and sulfur precursors were injected before the zinc and sulfur precursors. After the shell precursor addition was completed, the reaction flask was left at 160 °C for 10 min and then cooled at 90 °C for 30 min and further cooled to 40 °C, at which point 2–3 mL of butanol (99.99%) was added. CdSe/CdS core/shell NCs were synthesized via the successive ion layer adsorption and reaction (SILAR) method.<sup>20</sup> The shell synthesis and laser annealing used for CdSe/CdS/ZnS nanorods were performed using the protocol by Manna et al.<sup>17</sup>

**Peptide Coating.** A detailed procedure and schematic of peptide coating are found in ref 15. The following peptides were used to overcoat the NCs synthesized in this study:

G-S-E-S-G-G-S-E-S-G-**Cha-C-C-Cha-C-C-Cha-C-C-Cha-Cmd**

Suc-G-S-S-S-G-G-S-S-S-G-**Cha-C-C-Cha-C-C-Cha-C-C-Cha-Cmd**

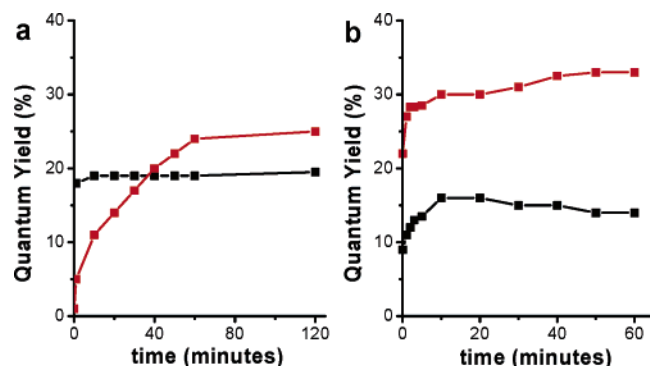
K-G-S-E-S-G-G-S-E-S-G-**Cha-C-C-Cha-C-C-Cha-C-C-Cha-Cmd**

Biotin-G-S-E-S-G-G-S-E-S-G-**Cha-C-C-Cha-C-C-Cha-C-C-Cha-Cmd**

PEG-**Cha-C-C-Cha-C-C-Cha-C-C-Cha-Cmd**

Briefly, TOPO-coated core/shell NCs were precipitated with methanol and redissolved in pyridine to a concentration of 1 μM. An excess of peptides, typically 4.0 mg in 50 μL of DMSO, was then mixed with 450 μL of the NCs solution. The surfactant exchange and the binding of peptides on the NCs were triggered by the addition of 12 μL of tetramethylammonium hydroxide (TMAOH) 25% (w/v) in methanol. The mixture was then quickly vortexed and centrifuged. The NCs precipitate obtained was redissolved in DMSO and eluted through a G-25 Sephadex desalting column (Amersham, Piscataway, NJ) equilibrated with water. The peptide-coated nanoparticles were then dialyzed against a PBS buffer (50 mM NaCl, 10 mM Na<sub>2</sub>HPO<sub>4</sub>, pH 7.2) to remove the excess of unbound peptides.

**Fluorescence Correlation Spectroscopy.** Fluorescence correlation spectroscopy (FCS) measurements were performed using a confocal excitation/detection scheme. Laser excitation of a femtoliter volume in a sample solution was provided by a Nd:YAG laser at 532 nm (Crystal Laser Inc.) with 1.5 μW excitation power (measured before the objective). Fluorescence was detected in epi-configuration on an inverted microscope (Axiovert 100, Zeiss Inc.). Using a nonpolarizing beam splitter, two avalanche photodiodes (AQR-13, Perkin-Elmer Inc.), and



**Figure 1.** Effect of UV illumination on QY of typical samples of NCs over time: (a) Sample #1 (black) and sample #2 (red) in toluene as synthesized. (b) Sample #1 (black) and sample #2 (red) in water (with peptides).

a hardware correlator (ALV, Germany), the cross-correlation was observed. Occupancy was acquired by taking the inverse of the correlation amplitude, and the brightness per particle was calculated by multiplying the occupancy by the average count-rate during data acquisition.

**Phototreatment.** Graded shell CdSe/CdS/ZnS nanorods were photoannealed for 2–4 h using 488 nm radiation from an argon ion laser at 25 mW. All other samples were irradiated with UV light for 40 min to several hours using a 4W UV lamp with 366 nm radiation.

**Quantum Yield Measurements.** Quantum yields were acquired by exciting dye LD690 (63% QY) and the NC sample at the same OD at 500 nm, taking fluorescence spectra (corrected for detector efficiency), and comparing the integrated emission intensities.

**Inductively Coupled Plasma (ICP).** Measurements were performed by Desert Analytics (Tucson, AZ).

## Results

In this report, we studied the effects of both modifying the shell composition on CdSe cores and irradiating these NCs with UV light (Table 1) with ensemble absorption and emission spectroscopy. NC samples in Table 1 are a representative set of NCs synthesized for this study, with repeated measurements of QY after peptide coatings done at different times. We screened various compositions/structures of shells around CdSe cores and irradiated these NCs to find the most optimal conditions for high QY peptide-coated NCs. Three effects on the final QYs of peptide-coated NC were found in this study: irradiation of core/shell NCs in toluene before peptide coating, prevention of photoluminescence quenching after peptide coating through appropriate choices of the inorganic shell, and a final UV irradiation treatment after peptide coating to further increase the photoluminescence.

Irradiation-driven effects on the QYs of NCs in toluene were as follows: the QY of graded shell CdSe/CdS/ZnS nanorods doubled from 8% to 16% after laser annealing, showing results similar to those of the previously reported laser annealing on CdSe/CdS/ZnS nanorods.<sup>17</sup> Surprisingly, an increase of QY (from 1% to over 25%) was observed for graded shell CdSe/CdS/ZnS quantum dots when left for several weeks to months in the dark in air, or in a much more accelerated fashion, after being exposed to UV illumination (Figure 1). On the other hand, UV irradiation of NCs while still in toluene did not significantly increase QYs of samples #1 and #4 (first column of Table 1).

The ensemble absorption/emission spectroscopy results, quantum yields and emission spectra before and after peptide

exchange, are summarized in Figure 2 and Table 1. Differences in the QY losses for various shell compositions can be observed after peptide exchange on NCs. For the CdSe/ZnS NCs sample (shell composition #1), QYs of 19% (in toluene, before peptide exchange) and 9% (in water, after peptide exchange) were measured, respectively. More typical QYs in water for other CdSe/ZnS samples with different core sizes were in the 1–2% range, similar to results found in a previous study.<sup>15</sup> The CdSe/CdS (shell composition #4) and CdSe/CdS/ZnS layered (shell composition #2) samples also displayed low QY (<10%) after peptide exchange. For graded shell CdSe/CdS/ZnS NCs (shell composition #2), the measured QYs were 26% before peptide exchange and 23.5% after peptide exchange, showing only slight changes in brightness. For CdSe nanorods coated with a graded CdS/ZnS shell (shell composition #5), the measured QYs were 16% before peptide exchange and 8–9% after peptide exchange, showing a larger loss in QY than for QDs of the same composition.

To better characterize the fluorescence of the NCs synthesized in these studies in solution, we used fluorescence correlation spectroscopy (FCS).<sup>21,22</sup> FCS was employed to study both the photophysical and the colloidal properties of the NCs concurrently (a detailed discussion on the utilization of FCS in the analysis of NCs will be published elsewhere<sup>23</sup>). Beyond providing an estimate of the diffusion constant and hydrodynamic radius, correlation curves also provide information on the average number of NCs occupying the confocal volume (i.e., occupancy or concentration). By normalizing the average count rate during the measurement to the occupancy, the brightness per particle (BPP) can be extracted. After peptide-coating, CdSe/CdS/ZnS NCs (sample #2) showed a BPP that is 40–50% higher than that of CdSe/ZnS (sample #1), which agrees with the higher QYs found for sample #2 in ensemble measurements. No signs of aggregation for either sample were detected.

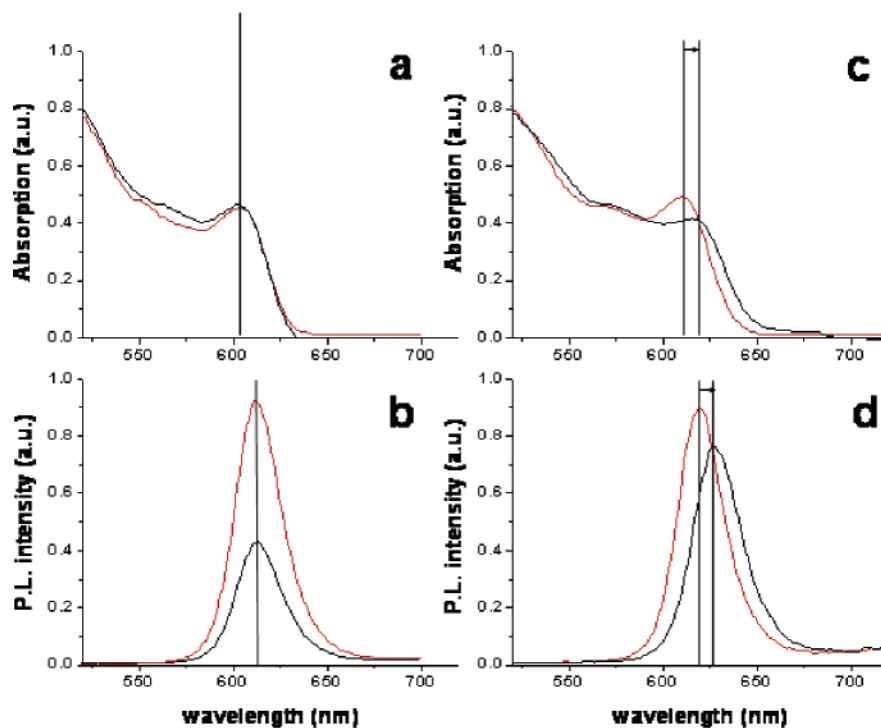
The mechanism behind photoinduced QY increases with UV irradiation on NCs was studied on the ensemble level (by absorption/emission spectroscopy) and at low concentrations using FCS. Whereas ensemble absorption spectroscopy is sensitive to all NCs that absorb light, FCS is only sensitive to photoactive NCs (in the “on” or “bright” state). QYs of both samples #1 and #2 increased with UV irradiation (Table 1). These ensemble results (Figure 1) were confirmed by FCS (Figure 3). BPP of peptide-coated CdSe/ZnS (sample #1) increased through 40 min of UV irradiation with no appreciable change in concentration. In contrast, both the BPP and the concentration of particles with graded shells (sample #2) were increased upon UV irradiation.

Finally, it can be seen in Table 1, Figure 2, and the Supporting Information that the shell composition has an effect on the final emission peak of the photoluminescence of peptide NCs. Considerable permanent red shifts in both the absorption and the emission peaks were observed for sample #2 (5–10 nm) and sample #5 (4–6 nm) after ligand exchange with peptides. Only small red shifts (0–3 nm) were observed for samples #1, #3, and #4. The red shifts found for graded shell NCs occurred either immediately following the completion of the peptide coating or eventually after long periods of time (weeks to months).

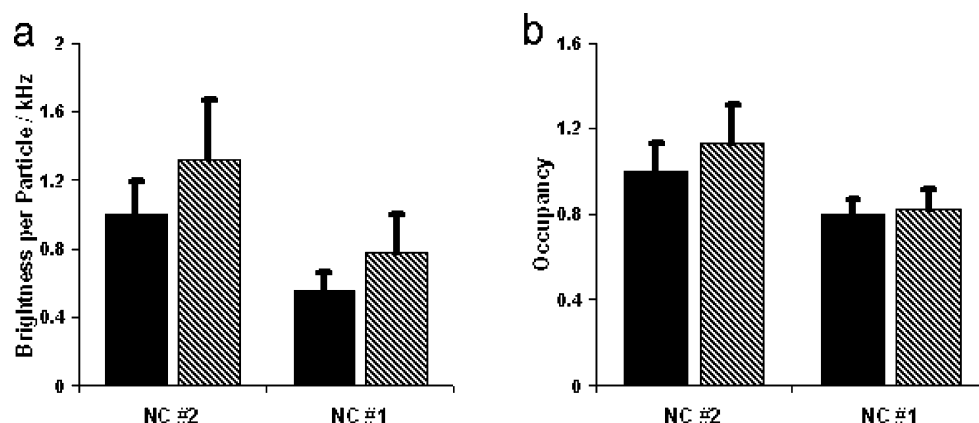
## Discussion

The observed large increases in QY of graded shell CdSe/CdS/ZnS NCs in toluene could be due to slow surface reconstruction (in the dark) of the shell, photoannealing of defects in the shell with both laser and UV irradiation, or a





**Figure 2.** (a) UV/vis absorption and (c) emission spectra of TBP/TOPO CdSe/ZnS NCs in toluene (red) and with peptides in water (black) normalized to the same OD. (b) UV/vis absorption and (d) emission spectra of TBP/TOPO CdSe/CdZnS NCs in toluene (black) and with peptides in water (red) normalized to the same OD.



**Figure 3.** (a) Brightness per particle of CdSe/ZnS (sample #1) and CdSe/CdS/ZnS (#2) before (black) and after (hatched) 40 min of UV illumination. (b) Occupancy of fluorescent NCs before (black) and after (hatched) illumination. Values of occupancy are relative to NC#2 without UV illumination (set as 1).

combination of the two. Because the QY of the graded shell CdSe/CdS/ZnS NCs increases slowly in the absence of strong irradiation, UV illumination may simply speed up surface reconstruction which would cause better passivation of defects on the surface. The results for QY increase of graded shell NCs in this study were similar to those found in a previous study where no photoluminescence peak shift was detected due to irradiation.<sup>17</sup> This implies that oxidation of the core/shell interface would not be the cause of increasing photoluminescence. Therefore, annealing of defects in the shells is still a possible explanation. Because the CdSe/ZnS NCs did not increase QY significantly in toluene after irradiation, binary shells do not seem to be as easily photoannealed.

The varying results for QY changes after peptide coating for samples 1–5 show that the shell composition/structure is a major factor in the QY of peptide-coated NCs. In all cases besides CdSe/ZnS, QY and emission changes similar to those in Table 1 were acquired with cores of different sizes. Noting that coating

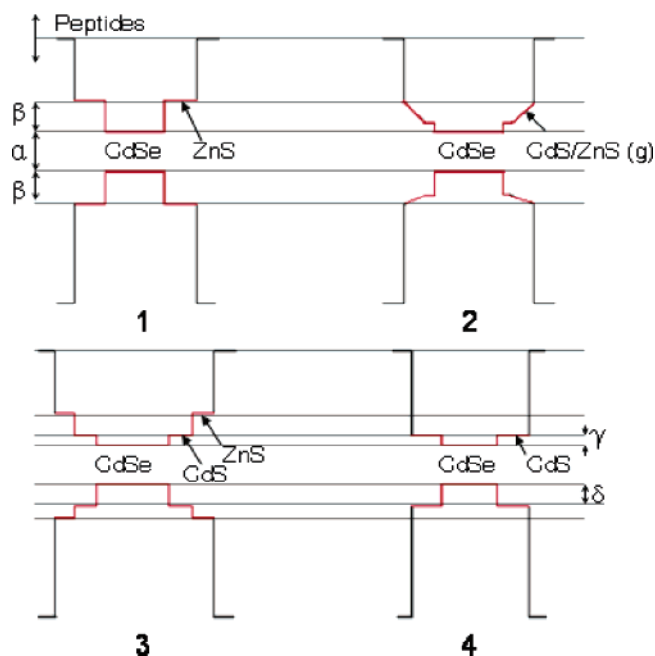
core/shell NCs with thiol ligands usually lead to lower QY in water, Kim et al. used thin coats made of oligomeric phosphine ligands to bind to the surface of these NCs, producing water-soluble NCs with relatively high quantum yield.<sup>14</sup> The rationale behind their method was that the oligomeric phosphine ligands passivate the surface of the NCs better than thiols. Here, we show that thiols do not necessarily cause a large decrease in quantum yield. Instead of optimizing ligands for better photoluminescence properties, we have modified the shell composition and structure while using peptide ligands with the same hydrophobic binding domains. Sample #2, with its graded shell, clearly has the smallest QY loss out of all NC samples studied.

The final step of photoluminescence enhancement of peptide-coated NCs uses UV illumination to recover any quenching effects due to peptide overcoating. Taking into account the FCS results in which there are differences in both BPP and occupancy (concentration) due to UV irradiation, it is likely that two mechanisms are responsible for QY changes in peptide-coated

NCs: an increase in the intrinsic brightness of each NC and the activation of initially “dark” NCs to the “on” state. Evidence for “dark” NCs was recently reported using combined single-molecule fluorescence/AFM techniques.<sup>24</sup> We also observed the photoactivation of core/shell NCs while imaging them by total internal reflection microscopy (Supporting Information S-5). According to the FCS results, UV illumination of graded shell CdSe/CdS/ZnS NCs increases the intrinsic brightness of each particle as well as photoactivates “dark” NCs to their “on” state. In contrast, UV illumination of peptide-coated CdSe/ZnS NCs increases only the intrinsic brightness of each particle but does not affect the concentration. The intrinsic brightness increases may possibly be due to less blinking. These results further explain why the final quantum yield of graded shell CdSe/CdS/ZnS NCs is higher than that of CdSe/ZnS NCs.

The red-shifting phenomenon after peptide coating of core/shell NCs has further implications. These shifts in the absorption and photoluminescence peaks occurred only after the NCs were coated with peptides at room temperature. TEM results show that the sizes of the NCs are the same before and after peptide exchange (ref 15 and Supporting Information S-4), making it extremely unlikely that Ostwald ripening could explain these effects. The shifts to lower energy therefore suggest that the exciton of the CdSe/CdS/ZnS NCs may interact with the MOs of the surface recognition domain in the peptide sequences. The broadening of the exciton peak in the absorption spectra, which is observed after peptide coating, in samples #2 and #5, also suggests a possible change in the interaction between excitonic states and the peptides. Talapin et al. have previously noticed a reversible shift in the emission peak of CdSe cores upon surface ligand exchange between TOPO and amines.<sup>25</sup> They suggested that different passivating ligands redistribute electron density in the semiconductor. In the case of peptide-coated NCs, the peptide coating exchange may cause surface reconstruction on the shells of the NCs causing a similar wave function displacement. However, ligand exchange of graded shell CdSe/CdS/ZnS NCs with different thiolated molecules such as dihydrolipoic acid (DHLLA) or mercaptopropionic acid did not yield red-shifted emissions, providing further evidence that the red-shifted emission is not simply caused by thiol bonds, but is due to the particular properties of the peptides. Peptides with different functional hydrophilic domains but identical adhesive hydrophobic domains resulted in the same red shifts. This implies that the hydrophobic C-terminal adhesive domain is responsible for the shift.

As was mentioned, the most noticeable red shifts were observed for NCs with cadmium-containing graded shells. The graded CdS/ZnS ternary shells have a lower band gap and band offsets as compared to ZnS binary shells. Alternatively, Cd could be considered as a dopant that introduces mid-gap energy states into the ZnS shell (Figure 4). In both cases, there is a higher probability that the electronic wave function would leak further out of the shell, permitting stronger interaction between the exciton and the surrounding environment of the NCs. Inductively coupled plasma (ICP) results verify the composition differences in the shells of samples 1–3. The amount of cadmium content in the shell of samples 2 and 3 was determined by using CdSe/ZnS as a standard, assuming the cadmium-to-selenium ratio of the cores was the same in samples 1–3, and subtracting the core cadmium and selenium amounts from the entire core/shell sample. The quantum yield and red-shifted photoluminescence peak differences after peptide exchange between NCs with layered and graded shells with similar CdS content (22% layered, 15% graded) suggest that the structure of the shell may



**Figure 4.** Approximate values for band offsets of core/shell NCs (1–4) synthesized in these experiments. These values are approximated from this study as  $\alpha = 2.05$ – $2.15$  eV and are taken from ref 5 as  $\beta = 0.90$  eV,  $\gamma = 0.20$  eV, and  $\delta = 0.55$  eV.

also play an important role in the interaction between the ligands and the nanocrystal.

In summary, in this study, we have found that samples #2 and #5 (graded shells) have optimal shell configurations and retain most of their initial QYs after peptide exchange. Furthermore, these samples are most responsive to QY enhancement with UV irradiation, which enables them to have the highest final QYs out of all of the NCs studied. Finally, these samples show the largest potential for interaction between the exciton wave function and the peptides as evidenced by their red-shifting photoluminescence and absorption peaks.

## Conclusions

We demonstrated that water-soluble peptide-coated NCs with modified graded CdS/ZnS shells have high QY that could be further enhanced by UV irradiation. The irradiation increases both the intrinsic brightness per particle and the number of bright particles in the sample. The resulting NCs are small, monodisperse, bioactive, very photostable, and have high QY. The enhanced properties make these probes suitable for single-molecule experiments in live cells.<sup>15</sup> We also demonstrated water-soluble peptide-coated nanorods that could possibly be used as orientational probes for studying rotational movements of macromolecules. We hypothesize that exciton-molecular orbital coupling might play an important role in determining the photophysical properties of these hybrid inorganic–organic composite materials and that such coupling could be further exploited by screening libraries of shell compositions and peptide sequences.

**Acknowledgment.** We would like to thank J. Jack Li for TEM pictures and Xavier Michalet for helpful discussions. This work was supported via funding from the National Institute of Health, Grant No. 5-R01 EB000312-04, DARPA, and AFOSR, Grant No. FA955004-10048. S.D. was supported by the Boehringer Ingelheim Fonds. We would also like to acknowledge the W. M. Keck Foundation for their support to this work.

from the W. M. Keck Epithelial Cell Cancer Biology Program at UCLA (Grant # 04074070). Fluorescence correlation spectroscopy was performed at the UCLA/CNSI Advanced Light Microscopy/Spectroscopy Shared Facility.

**Supporting Information Available:** NC absorption/emission spectroscopy, and TEM, FCS, and TIR data. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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