

A Survey of Condom Use Behaviors and HIV/STI Prevalence Among Venue-Based Money Boys in Shenzhen, China

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Abstract We examined an at-risk population in China, money boys (MBs), to evaluate their potential role for transmitting HIV and sexually transmitted infections (STIs). Data were collected from 418 MBs selected by time-location cluster sampling, using a self-administered computerized questionnaire and testing a small blood sample for HIV/STIs. One-third (32.1%) of participants self-identified as homosexual, 25.4% heterosexual, 33.5% bisexual, and 9.1% uncertain. Consistent condom use by participants was 70–80% with commercial sex partners, 43.9% with girlfriends, and 60–70% with other non-commercial partners. HIV prevalence was 3.3%; syphilis, 10.5%; and HSV-2, 11.0%; overall prevalence for any was 20.3%. Factors significantly associated with HIV/STIs included being minority (OR = 4.82), having only male partners (OR = 1.92), having more male casual partners in the last 6 months (OR = 1.28), being younger at sexual debut (OR = 1.14), and being older (OR = 1.11). This study emphasizes the importance of developing targeted interventions for MBs, particularly those who are homosexual or minority.

Keywords Money boys · Male sex workers · HIV · Sexually transmitted infections (STIs) · Condom use · Risk factors · China

Introduction

China has been increasingly responsive to the social issue of HIV/STIs among MSM (men who have sex with men) and its consequences of transmitting the epidemic to other populations [1]. It is estimated that there are approximately 10–20 million MSM in China [2]. Many surveys have revealed that unprotected sexual activities are common among MSM [3–8].

As a subset of MSM, male sex workers (MSWs) have been studied internationally for over 20 years. Previous studies in several developing countries indicated that MSWs who have risky behaviors were vulnerable to HIV/STIs (sexually transmitted infections) [9–12]. A survey in Mumbai reported an HIV prevalence of 33% among MSWs [11]. A longitudinal study in Moscow reported an HIV prevalence of 16% at baseline and an incidence of 4.8 per 100 person years during a 6 month follow-up [10]. A 10 year follow-up study of MSWs in London reported 9% baseline HIV prevalence and an incidence rate of 3.7 per 100 person years [13]. The major factors reported to be associated with MSWs' risk behaviors or HIV infection are age, education level, duration of sex work, migration patterns, financial status, drug and alcohol intake, sexual orientation, being receptive during anal intercourse, and having an STI history [9, 11, 14–17].

“Money boys (MBs)” (a sub-group of MSWs who sell sex to men instead of exclusively to women), who typically sell sex to MSM and sometimes to female clients as well, appear to be a core HIV transmitter group for MSM and the

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general population in China. Until recently, MBs have not been extensively studied in China. However, initial studies have shown that they may contribute to the growing HIV/STI epidemic among MSM, and may also act as a bridge to transmit HIV/STIs to the general population [13, 14, 18, 19].

Although commercial sex is illegal in China, it is rampant in many cities, especially in commercialized cities such as Shenzhen. MBs are a hidden and marginalized group, and are thus very hard to reach. Recently the Chinese government launched a large-scale counseling and testing program targeting MSM. This program involves participation of many MSM non-governmental organizations (NGOs). As a result, more MBs can now be reached for interventions and studies. Through a systematic search of the literature, we found four reported quantitative surveys and one qualitative focus group report about MBs in China [14, 18–22]. They report that MBs have limited knowledge of HIV/STIs, have sex partners of both genders, have a high prevalence of risky sexual behaviors, and are therefore in need of intervention activities.

In surveys asking sensitive questions, researchers are always concerned about the accuracy of self-reported data, because participants tend to conceal or under-report their risky behaviors, due to social desirability bias or concern about confidentiality [23–28], particularly those involved in illegal commercial sex. Their answers may also vary with different interviewers. Computer-assisted self-administered interviews (CASI) are a standard tool to reduce the variability between interviewers by using a prerecorded questionnaire [29–36].

This study was conducted from June to October, 2009 in Shenzhen, one of the highly developed and commercialized cities in southern China with a large migrant population. Shenzhen has many entertainment venues where MBs can be hired. The main types are dorm-based venues (providing only dormitories for MBs who are advertised on the internet, but leave to meet clients; called “dorms” herein), gay bars, and massage parlors.

Methods

This study used a cross-sectional design to survey MBs who were working at dorm-based venues, gay bars, and massage parlors. Participants were asked to self-administer a computer-based questionnaire and donate a 5 ml blood sample for testing for HIV, syphilis, and HSV-2 antibodies. To locate eligible participants, the research team compiled and continually updated a detailed list of all MB venues in Shenzhen, including location, phone numbers, and approximate numbers of MBs working in each venue. The

list contained 30–40 dorm-based venues, six gay bars, and four massage parlors in Shenzhen.

Time-location cluster sampling was employed. Each month, 16 venues were randomly selected based on estimated workload, as well as two alternate venues for refusals. For each selected venue, a peak period in a 1 week timeframe was randomly selected. The research team arranged for site visits at the selected times for five consecutive months until the sample size was achieved. In total, we successfully completed data collection from 418 MBs in the selected study venues who reported being paid for sex within the past 30 days.

Both screening and confirmatory testing were done for HIV and syphilis, but only screening for HSV-2. Syphilis antibody was qualitatively screened for with Rapid Plasma Regain (Rongsheng Biotech Inc., Shanghai, China) and confirmed by *Treponema Pallidum* Particle Agglutination Assay (Fujirebio Inc., Japan). HIV antibody was detected using a rapid test (Abbott Laboratories, IL, USA) and the enzyme-linked immunosorbent assay (ELISA; Wantai Biotech Inc., Beijing, China), and confirmed by Western blot (Genlabs Diagnostics, Singapore). HSV-2 antibody was detected by ELISA (Trinity Biotech, USA).

This study was approved by the UCLA Institutional Review Board (#G08-11-030) and the Shenzhen Center for Disease Control.

Measurements and Data Analysis

Data collected in this survey included socio-demographic characteristics, level of HIV/AIDS knowledge, STI history, current HIV/STI sero-status, and sexual behaviors (including gender and numbers of different types of sex partners, condom use rates, position during anal intercourse, lubricant use, and condom breakage). Condom use rates were measured by an ordinal scale of “every time”, “often”, “occasionally”, and “never”, but recoded as a binary variable (1, consistent use: every time; 0: not consistent use) for logistic regression analyses. Numbers of casual partners and girlfriends were recoded into ordinal categorical variables.

SPSS 15.0 and STATA 9.2 were used for all statistical analyses. Pearson chi-square analysis was used to test for associations between sexual orientation and sexual behaviors. The Kruskal–Wallis non-parametric test was used to examine the associations of sexual orientation and count variables, such as the numbers of different partners and monthly sexual encounters. The Wilcoxon signed rank sum test was used to compare condom use by MBs with male clients and all other types of partners. Ordinal logistic regression analyses were attempted to identify potential factors associated with condom use rates by MBs with different types of partners, because the dependent variable,

condom use, was ordinal. However, we found that the proportional odds assumption was violated in our regression models, so we recoded the condom use rates into binary variables and performed logistic regression analyses. Logistic regression analyses examined the associations between HIV/STIs and relevant factors. When performing logistic regression analyses, univariate analyses were first done to select variables for inclusion in models based on these results and the hypothesized relationships to outcomes. Other potential factors that might be associated with outcomes were also included in regression models, such as age, education level, income, duration of being MB, and level of HIV/AIDS knowledge. Adjusted odds ratios (ORs) and 95% confidence intervals (CIs) were obtained from the results of logistic regression analyses.

Results

Socio-Demographic Characteristics

A total of 418 participants (after excluding four with poor data quality) were recruited; 246 (58.9%) were from 26 dorm-based venues, 122 (29.2%) from six gay bars, and 50 (12.0%) from two massage parlors. Four MBs refused to give blood samples and were excluded. Table 1 presents the socio-demographic characteristics of the participants.

Among all participants, 32.1% self-identified as homosexual, 25.4% heterosexual, 33.5% bisexual, and 9.1% were uncertain. Mean age was 23.6 years. Average duration of being a MB was 0.9 years, ranging from 1 month to 8 years. Two-thirds (66.3%) were from rural regions, almost all (94.3%) were migrants, 69.2% had completed high school or higher, and most (90.4%) had never married. Those participants from massage parlors were older, more likely to be from rural areas, and had lower income.

STI History

Fifty (12.0%) participants reported that they had at least one STI symptom in the last year. Ten (2.4%) reported being diagnosed with gonorrhea, seven (1.7%) with syphilis, five (1.2%) with herpes, and three (0.7%) with genital warts.

For treating STI symptoms, 77.3% would choose public hospitals, 32.5% STI specialty clinics, 8.1% pharmacies, and 1.7% private clinics (overlap due to more than one choice).

Sexual Behaviors

Table 2 presents information on the participants' sexual behaviors. In the past 6 months, 55.7% had sex with both

genders, but for self-identified heterosexual and bisexual MBs, this rate was 82.1 and 70.0%, respectively, which was significantly higher than for homosexuals (15.7%). Anal intercourse encounters with males averaged once in the past week for all participants, but were more frequent among self-identified homosexuals. During anal intercourse, 27.0% were insertive only, 14.8% receptive only, and 58.2% both (varied proportions). Several (16.1%) reported condom breakage during anal intercourse on average twice in the past 6 months; this rate was 23.7% among self-identified homosexuals.

In the past month, the median number of male clients was three, but was zero for female clients. In the past 6 months, 30.4% had paid for sex with other MBs, and 21.5% had paid for sex with female sex workers (FSWs). Of the 36.2% who reported having anal intercourse with boyfriends, the average was three per month. Many (40.9%) reported having girlfriends, with a monthly average of eight sexual intercourse encounters with them. In addition, 41.8% had had casual male partners, and 31.8% had had female casual partners. There were no significant differences between MBs of different sexual orientations for numbers of clients or casual partners of either gender.

Condom Use with Different Types of Sexual Partners

Reported condom use rates of participants with different types of sexual partners are presented in Table 3. Consistent condom use rates in our study population were 70–80% with commercial sex partners, 43.9% with girlfriends, and 60–70% with other non-commercial partners. The rates for never using condoms were 1–5% with commercial sex partners, 21.1% with girlfriends, and 5–10% with other non-commercial sex partners. Condom use with male clients was significantly more consistent than with female clients, FSWs, boyfriends, girlfriends, and female casual partners, and did not significantly differ from condom use rates with paid MBs and male casual partners.

Logistic regression analyses were used to examine factors associated with consistent condom use with different types of partners (Table 4). Figure 1 summarizes these associations. A lower likelihood of consistent condom use with all types of sexual partners was typically seen for those who had an STI history. MBs with higher income were more likely to consistently use condoms with commercial partners (male clients OR = 1.31, other paid MBs OR = 1.71, FSWs OR = 1.58). The more male casual partners, the less likely MBs were to consistently use condoms with their male clients (OR = 0.67) and other paid MBs (OR = 0.57). Education level was found to be associated only with condom use with regular partners, and higher education level predicted more consistent condom use with boyfriends (OR = 2.62) and girlfriends

Table 1 Socio-demographic characteristics of venue-based MBs in Shenzhen, China

Characteristics	Venue type <i>n</i> (%)			Average <i>n</i> ^a (%) (<i>N</i> = 418)	χ^2 ^b	<i>P</i> -value
	Dorms (<i>N</i> = 246)	Gay bars (<i>N</i> = 122)	Massage parlors (<i>N</i> = 50)			
Age (yrs), mean	23.6	22.7	25.3	23.6	7.65 ^c	0.001
Duration of being MB (yrs), mean	0.9	0.8	1.0	0.9	0.46 ^c	0.630
Hometown location					5.87	0.053
Urban	92 (37.4)	39 (32.0)	10 (20.0)	141 (33.7)		
Rural	154 (62.6)	83 (68.0)	40 (80.0)	277 (66.3)		
Migration status					6.05	0.048
Local resident	19 (7.7)	2 (1.6)	2 (4.0)	23 (5.7)		
Migrant	227 (92.3)	120 (98.4)	48 (96.0)	395 (94.3)		
Residence in Shenzhen					40.97 ^d	0.000
<1 month	63 (26.6)	15 (12.5)	1 (2.0)	79 (19.4)		
1–3 months	55 (23.2)	27 (22.5)	5 (10.0)	87 (21.4)		
3–6 months	37 (15.6)	13 (10.8)	5 (10.0)	55 (13.5)		
7–12 month	15 (6.3)	9 (7.5)	6 (12.0)	30 (7.4)		
1–2 years	23 (9.7)	24 (20.0)	6 (12.0)	53 (13.0)		
>2 year	44 (18.6)	32 (26.7)	27 (54.0)	103 (25.3)		
Ethnicity					0.91	0.633
Han	205 (96.2)	105 (98.1)	48 (96.0)	358 (96.8)		
Minority	8 (3.8)	2 (1.9)	2 (4.0)	12 (3.2)		
Education level					3.48 ^d	0.176
Elementary school	8 (3.8)	2 (1.9)	2 (4.0)	12 (3.2)		
Middle school	65 (30.5)	22 (20.6)	15 (30.0)	102 (27.6)		
High school	99 (46.5)	65 (60.7)	29 (58.0)	193 (52.2)		
Vocational school, college, or above	41 (19.2)	18 (16.8)	4 (8.0)	63 (17.0)		
Monthly income (CNY [1USD = 6.8 CNY])					14.37 ^d	0.001
≤2000	53 (21.5)	22 (18.0)	12 (24.0)	87 (20.8)		
2001–3000	44 (17.9)	28 (22.9)	23 (46.0)	95 (22.7)		
3001–4000	46 (18.7)	30 (24.6)	10 (20.0)	86 (20.6)		
4001–7000	65 (26.4)	29 (23.8)	4 (8.0)	98 (23.4)		
≥7001	38 (15.5)	13 (10.7)	1 (2.0)	52 (12.4)		
Living situation					14.05	0.080
Alone	66 (26.8)	46 (37.7)	22 (44.0)	134 (32.1)		
Boyfriend	21 (8.5)	14 (11.5)	0 (0)	35 (8.4)		
Girlfriend	11 (4.5)	5 (4.1)	2 (4.0)	18 (4.3)		
General friends or other MBs	140 (56.9)	54 (44.2)	25 (50.0)	219 (52.4)		
Family members	8 (3.3)	3 (2.5)	1 (2.0)	12 (2.9)		
Marital status					16.73	0.002
Never married	216 (87.8)	120 (98.4)	42 (84.0)	378 (90.4)		
Married	14 (5.7)	2 (1.6)	6 (12.0)	22 (5.3)		
Other (divorced, widowed, etc.)	16 (6.5)	0 (0)	2 (4.0)	18 (4.3)		
Willing to marry a woman in future					12.96	0.011
Yes	155 (71.8)	82 (68.3)	21 (50.0)	258 (68.3)		
No	21 (9.7)	14 (11.7)	3 (7.1)	38 (10.1)		
Not sure	40 (18.5)	24 (20.0)	18 (42.9)	82 (21.7)		
Self-identified sexual orientation					12.03	0.061
Homosexual	89 (36.2)	32 (26.2)	13 (26.0)	134 (32.1)		
Heterosexual	66 (26.8)	33 (27.1)	7 (14.0)	106 (25.4)		

Table 1 continued

Characteristics	Venue type <i>n</i> (%)			Average <i>n</i> ^a (%) (<i>N</i> = 418)	χ^2 ^b	<i>P</i> -value
	Dorms (<i>N</i> = 246)	Gay bars (<i>N</i> = 122)	Massage parlors (<i>N</i> = 50)			
Bisexual	72 (29.3)	45 (36.9)	23 (46.0)	140 (33.5)		
Uncertain	19 (7.7)	12 (9.8)	7 (14.0)	38 (9.1)		

^a The numbers do not necessarily reach total sample size because of missing values

^b Pearson Chi-square test unless otherwise indicated

^c One-way analysis of variance

^d Kruskal–Wallis nonparametric test

(OR = 1.73). Compared to dorm-based MBs, those working at bars were less likely to use condoms with female clients (OR = 0.34), but were more likely to with girlfriends (OR = 2.17).

HIV/STIs and Associated Factors

Fourteen participants were HIV-positive (an overall prevalence of 3.3%), but this rate was much higher among self-identified homosexuals, 7.5% (1.4%; unadjusted OR = 5.65, 95% CI 1.74–18.35). Prevalence among dorm-based MBs was 4.1%, 4.0% among massage parlor-based MBs, and 1.6% among gay bar-based MBs. Forty-four (10.5%) were syphilis antibody-positive, and 46 (11.0%) were HSV-2 antibody-positive. Eighty-five (20.3%) had at least one pathogen antibody-positive test. Positivity was 50.0% among minorities and 20.1% among Hans (the largest ethnic group in China) (unadjusted OR = 3.97, 95% CI 1.24–12.68). For those who had only male partners in the past 6 months, 26.5% were antibody-positive, compared to 15.5% among all participants (unadjusted OR = 1.97, 95% CI 1.22–3.19). Of the 14 HIV antibody-positive, eight were also syphilis antibody-positive (including three positives for all three agents). Among the 44 syphilis antibody-positive, 11 were also HSV-2 antibody-positive (including three positives for all three agents).

In logistic regression analysis for HIV infection, we found that after controlling for ethnicity, the gender of sex partners in the past six months was associated with HIV infection. Those who had only male partners had HIV prevalence of 6.5%, which was much higher than those with sexual partners of both genders (0.9%; OR = 14.32, 95% CI 1.83–112.22) (see Table 5).

Regression analysis of participants who were positive for at least one STI or HIV indicated that being older (OR = 1.11, 95% CI 1.04–1.19), minority (OR = 4.82, 95% CI 1.46–15.88), younger at sexual debut (OR = 1.14, 95% CI 1.02–1.27), having only male sexual partners (OR = 1.92, 95% CI 1.12–3.30), and having more male

casual partners in the past 6 months (OR = 1.28, 95% CI 1.01–1.61) were factors significantly associated with HIV/STIs (see Table 5).

Discussion

We found that consistent condom use among MBs is relatively high compared to other risk populations in China, such as non-commercial MSM and FSWs [1, 4, 37]. This may explain why HIV prevalence was not higher in our study population. However, consistent condom use rates were still not high enough to prevent the risk of HIV/STI transmission to their sexual partners. Intervention activities need to be increased among MBs to encourage higher levels of consistent condom use with all types of partners, especially females.

We also found that the HIV prevalence rate in our study population (3.3%) is close to that of the general MSM population in Shenzhen (3.6–4.2%) [38]. An average HIV prevalence of 2.9% was reported in a recent large-scale survey among MSM in seven provinces in China [39]. In another nationwide survey among MSM in 61 cities in China, the average prevalence of HIV was 4.9% (Chinese Center for Disease Control and Prevention, 2008). On the other hand, we found that HIV prevalence was much higher among self-identified homosexuals (7.5% vs. 1.4% among those of other sexual orientations) and those who had only male sex partners (6.5% vs. 0.9% of those who had both male and female partners). While there was a higher prevalence of HIV/STIs in the self-identified homosexuals in our study population, HIV/STIs were also prevalent in the heterosexuals, and this has the greatest potential to spread to other populations in China through heterosexual contact. Of the 14 HIV-positive MBs in our study, three (21%) did not consistently use condoms with male clients, three (21%) did not with casual male partners, two (14%) did not with paid MBs, and one (7%) did not with

Table 2 Sexual behaviors of venue-based money boys by self-identified sexual orientation

Characteristics	Self-identified sexual orientation, <i>n</i> (%)				Average, <i>n</i> (%) (<i>N</i> = 418)	χ^2 ^c	<i>P</i> -value
	Homosexual (<i>N</i> = 134)	Heterosexual (<i>N</i> = 106)	Bisexual (<i>N</i> = 140)	Uncertain (<i>N</i> = 38)			
Gender of first sexual partner						180.54	0.000
Male	97 (72.4)	4 (3.8)	15 (10.7)	6 (15.8)	122 (29.2)		
Female	37 (27.6)	102 (96.2)	125 (89.3)	32 (84.2)	296 (70.8)		
Mean age at sexual debut (yrs)	19.4	18.3	19.0	18.8	19.0	4.03 ^d	0.008
Mean age at sexual debut with a male (yrs)	20.0	21.4	21.6	21.5	21.0	8.42 ^d	0.000
Gender of all sexual partners in the past 6 months						132.15	0.000
Male only	113 (84.3)	19 (17.9)	42 (30.0)	11 (28.9)	185 (44.3)		
Male and female	21 (15.7)	87 (82.1)	98 (70.0)	27 (71.1)	233 (55.7)		
Sexual activities in the past 6 months ^b							
Anal intercourse	132 (98.5)	95 (89.6)	133 (95.0)	34 (89.5)	394 (94.3)	10.43	0.015
Oral sex	111 (82.8)	80 (75.5)	106 (75.7)	29 (76.3)	326 (78.0)	2.71	0.439
Sadosomochism (SM)	6 (4.5)	5 (4.7)	5 (3.6)	2 (5.3)	18 (4.3)	0.32	0.956
Group sex	4 (3.0)	7 (6.6)	9 (6.4)	4 (10.5)	24 (5.7)	3.76	0.289
Number of anal intercourse encounters with males in the past week: median (<i>Q</i> ₁ , <i>Q</i> ₃)	1 (1, 3)	1 (0, 2)	1 (0, 2)	1 (0, 2)	1 (0, 2)	12.32 ^e	0.006
Anal intercourse							
Insertive only	29 (23.4)	22 (26.2)	37 (29.8)	9 (33.3)	97 (27.0)	1.36	0.714
Receptive only	15 (12.1)	17 (20.2)	17 (13.7)	4 (14.8)	53 (14.8)	1.54	0.673
Both, but mainly insertive	15 (12.1)	11 (13.1)	26 (21.0)	4 (14.8)	56 (15.6)	4.89	0.180
Both, but mainly receptive	20 (16.1)	14 (16.7)	15 (12.1)	3 (11.1)	52 (14.5)	1.92	0.589
Both, equally insertive & receptive	45 (36.3)	20 (23.8)	29 (23.4)	7 (25.9)	101 (28.1)	9.70	0.021
Lubricant use during anal intercourse in the past 6 months						4.10 ^f	0.213
Yes	124 (100.0)	83 (98.8)	120 (96.8)	27 (100.0)	354 (98.6)		
No	0 (0)	1 (1.2)	4 (3.2)	0 (0)	5 (1.4)		
Condom breakage during anal intercourse						23.53	0.001
Yes	31 (23.7)	12 (11.5)	17 (12.4)	6 (16.2)	66 (16.1)		
No	61 (46.6)	79 (76.0)	86 (62.8)	21 (56.8)	247 (60.4)		
Uncertain	39 (29.8)	13 (12.5)	34 (24.8)	10 (27.0)	96 (23.5)		
Number of condom breakages during anal intercourse in the past 6 months: median (<i>Q</i> ₁ , <i>Q</i> ₃)	3 (2, 5)	1 (1, 2)	2 (1, 3)	1 (1, 3)	2 (1, 3)	9.67 ^e	0.022

^a *Q*₁, *Q*₃ 25th percentile and 75th percentile^b Proportions don't add up to 100% because of multiple choices^c Pearson Chi-square analysis unless otherwise indicated^d One-way analysis of variance^e Kruskal–Wallis nonparametric test^f Fisher's exact test

girlfriends. Among those who tested positive for other STI pathogens, inconsistent condom use was 67.9% with girlfriends and 20–40% with other types of partners. These HIV/STI-positive MBs are therefore putting their partners at high risk for becoming infected.

It is commonly believed that sex work is a risk factor for HIV/STIs. However, a 10 year follow-up study among MSWs in London reported that their risk of HIV/STIs did not appear to be linked to sex work [13]. The results from our study are consistent with this finding, probably due to

Table 3 Condom use with different types of sexual partners by venue-based MBs

Condom use with different types of partners	Condom use rates, <i>n</i> (%)				<i>z</i> ^a	<i>P</i> -value
	Every time (100%)	Often (>50%)	Occasionally (<50%)	Never (0%)		
Male clients (<i>N</i> = 414)	341 (82.4)	37 (8.9)	31 (7.5)	5 (1.2)	– ^b	–
Female clients (<i>N</i> = 110)	76 (69.1)	9 (8.2)	20 (18.2)	5 (4.5)	3.89	0.000
Paid MBs (<i>N</i> = 127)	98 (77.2)	11 (8.7)	10 (7.9)	8 (6.3)	0.43	0.671
Female sex workers (<i>N</i> = 88)	62 (70.5)	9 (10.2)	14 (15.9)	3 (3.4)	2.29	0.022
Boyfriends (<i>N</i> = 134)	85 (63.4)	12 (9.0)	22 (16.4)	15 (11.2)	4.16	0.000
Girlfriends (<i>N</i> = 171)	75 (43.9)	17 (9.9)	43 (25.1)	36 (21.1)	8.46	0.000
Male casual partners (<i>N</i> = 168)	117 (69.6)	18 (10.7)	24 (14.3)	9 (5.4)	0.90	0.366
Female casual partners (<i>N</i> = 133)	78 (58.6)	12 (9.0)	30 (22.6)	13 (9.8)	5.68	0.000

^a Wilcoxon signed rank sum test^b Condom use by MBs with male clients was the reference

very high rates of consistent condom use with male clients. We found that MBs' current HIV/STI status was not related to their numbers of male clients; rather, it was related to the number of male casual partners, with whom condom use was lower.

Another finding is that due to their higher prevalence of HIV/STIs, ethnic minorities (non-Hans) should be targeted for intervention activities, since they are at particularly high risk for HIV/STIs.

MBs with a STI history should especially be targeted for condom promotion, as STI history was associated with low condom use with all types of sexual partners. Our findings also imply that those who had prior infectious with STIs did not appear to increase their subsequent condom use. Better prevention counseling should be offered at STI clinics.

Higher income was found to be associated with more consistent condom use with commercial partners (either paying or being paid), but not with non-commercial partners. More intervention efforts need to be focused on low-income MBs and those having sex with non-commercial partners.

Study Limitations

This is the first study in China using the CASI technique to survey MBs. Many studies using CASI have reported obtaining more reliable data on sensitive topics in surveys [29–31, 33, 34, 36]. We therefore assumed that we had good data validity, although we did not confirm reported responses. However, data from CASI still need to be scrutinized. There were about 150 questions in our questionnaire, and it took an average of 22 min to complete.

Because we did not supervise the participants completing the questionnaire, we found obvious fabrications, and therefore deleted four cases from our dataset. We found that some self-identified heterosexuals reported having boyfriends. Some might be due to misreporting, but some MBs who were “kept” by clients might have considered them to be boyfriends. For some multiple choice questions, it was especially hard to use logic to determine whether the answers were valid. Therefore, researchers should carefully consider strategies to confirm reported activities, especially for sensitive topics.

There may be other limitations in our study. The data collected from self-reporting were not free of social desirability bias, so there might have been under-reporting of risky behaviors or over-reporting of condom use. We noticed that sometimes respondents were sitting very close to each other, which might have influenced their responses. The representativeness of our study population is uncertain. Some MBs did not show up for their interviews. Our sample size seems large, considering our study population was hard to reach. However, when we conducted categorized analyses, such as those who had different types of partners and sexual orientations, the sample size became insufficient, yielding broad confidence intervals. In addition, antibody-positivity for HIV/STIs might have been from prior infections, so we cannot establish a causal relationship between HIV/STI sero-status and current or recent risk factors.

Nonetheless, this study provides relevant information to assist public health workers and researchers to better understand venue-based MBs and their role in transmitting HIV/STIs. It confirms the findings of other studies, in that MBs have sex with both genders, both as clients and otherwise, within both high- and low-risk populations, and have both short- and long-term relationships [14, 18, 19].

Table 4 Factors significantly associated with MBs' consistent condom use with different types of partners

Types of partners	Factors	Consistent condom use			Unadjusted		Multiple logistic regression ^a	
		Use (n)	Total (N)	n/N (%)	OR (95% CI)	P-value	OR (95% CI)	P-value
Male clients (N = 414)	Gender of sex partners in the last six months							
	Male only	143	182	78.6	1.00	–	1.00	–
	Both	198	232	85.3	1.59 (0.96, 2.64)	0.074	1.77 (1.01, 3.11)	0.046
	Monthly income (CNY)				1.32 (1.08, 1.61)	0.006	1.31 (1.05, 1.62)	0.014
	≤2000	60	85	70.6				
	2001–3000	78	95	82.1				
	3001–4000	72	86	83.7				
	4001–7000	89	96	92.7				
	≥7001	42	52	80.7				
	STI history							
	No	314	365	86.0	1.00	–	1.00	–
	Yes	27	49	55.1	0.20 (0.11, 0.38)	0.000	0.15 (0.08, 0.31)	0.000
	Number of male casual partners in the past 6 months				0.88 (0.70, 1.11)	0.275	0.67 (0.53, 0.85)	0.001
	0	214	239	89.5				
	1–2	48	67	71.6				
	3–5	37	47	78.7				
	≥6	40	57	70.2				
Female clients (N = 110)	Self-identified sexual orientation							
	Homosexual	13	23	56.5	1.00	–	1.00	–
	Heterosexual	19	30	63.3	1.33 (0.44, 4.03)	0.616	2.32 (0.67, 8.02)	0.185
	Bisexual	36	45	80.0	3.08 (1.02, 9.26)	0.046	10.81 (2.51, 46.49)	0.001
	Uncertain	8	12	66.7	1.54 (0.36, 6.60)	0.562	3.20 (0.65, 15.81)	0.154
	Venue type							
	Dorm	39	53	73.6	1.00	–	1.00	–
	Gay bar	28	45	62.2	0.59 (0.25, 1.39)	0.230	0.34 (0.12, 0.95)	0.040
	Massage parlor	9	12	75.0	1.08 (0.25, 4.56)	0.920	1.52 (0.29, 7.93)	0.619
	STI history							
	No	70	95	73.7	1.00	–	1.00	–
	Yes	6	15	40.0	0.24 (0.08, 0.74)	0.013	0.13 (0.04, 0.50)	0.003
	Number of girlfriends in the past 6 months				0.78 (0.53, 1.13)	0.188	0.55 (0.35, 0.88)	0.012
	0	29	42	69.1				
	1	29	36	80.6				
	2	9	15	60.0				
	≥3	9	17	52.9				
Paid MBs (N = 127)	STI history							
	No	93	111	83.8	1.00	–	1.00	–
	Yes	5	16	31.3	0.09 (0.03, 0.28)	0.000	0.09 (0.02, 0.33)	0.000
	Monthly income (CNY)				1.69 (1.19, 2.40)	0.004	1.71 (1.15, 2.54)	0.008
	≤2000	19	31	61.3				
	2001–3000	20	27	74.1				
	3001–4000	15	21	71.4				
	4001–7000	36	39	92.3				

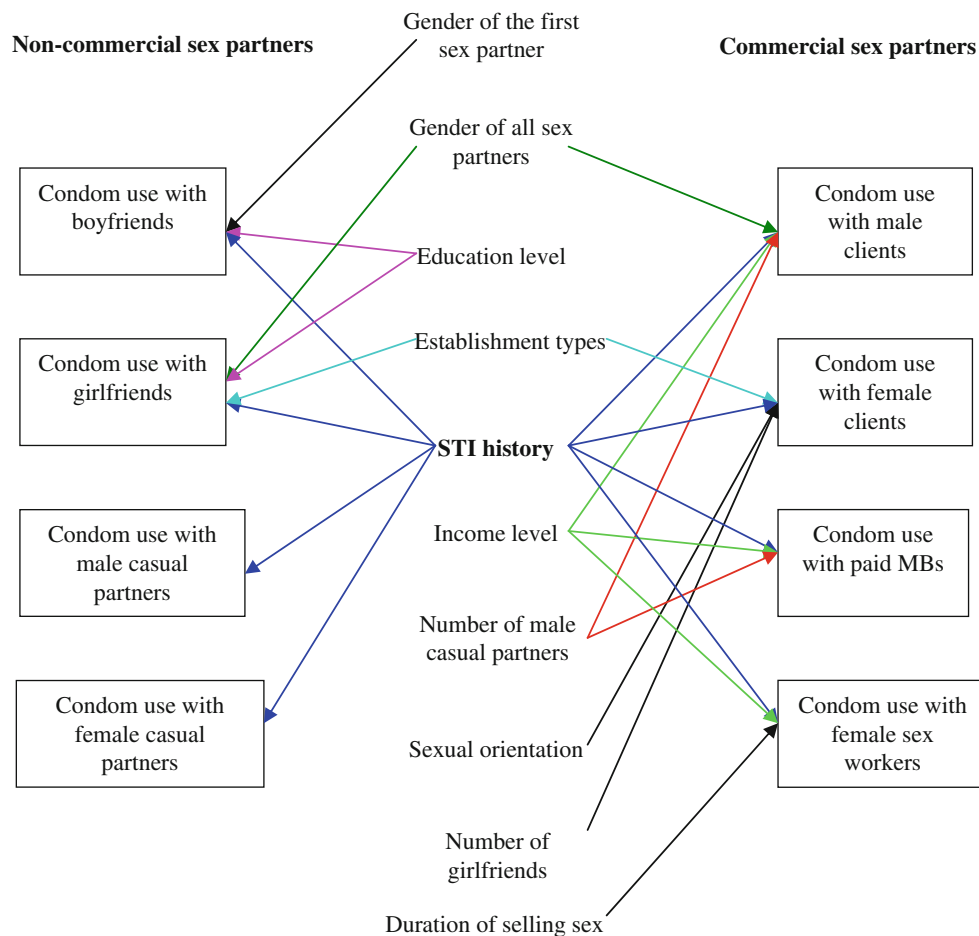
Table 4 continued

Types of partners	Factors	Consistent condom use			Unadjusted		Multiple logistic regression ^a	
		Use (n)	Total (N)	n/N (%)	OR (95% CI)	P-value	OR (95% CI)	P-value
Female sex workers (N = 88)	≥7001	8	9	88.9				
	Number of male casual partners in the last 6 months				0.58 (0.41, 0.84)	0.004	0.57 (0.37, 0.88)	0.011
	0	63	71	88.7				
	1–2	17	27	63.0				
	3–5	7	11	63.6				
	≥6	11	18	61.1				
	STI history							
	No	54	70	77.1	1.00	–	1.00	–
	Yes	8	18	44.4	0.24 (0.08, 0.70)	0.009	0.17 (0.05, 0.56)	0.004
	Duration of selling sex (yrs)				0.78 (0.54, 1.13)	0.189	0.69 (0.46, 1.02)	0.065
	Monthly income (CNY)				1.27 (0.91, 1.77)	0.163	1.58 (1.06, 2.33)	0.023
	≤2000	9	17	52.9				
	2001–3000	11	15	73.3				
	3001–4000	16	21	76.2				
	4001–7000	11	16	68.8				
	≥7001	15	19	79.0				
Boyfriends (N = 134)	Gender of first sexual partner							
	Female	56	76	73.7	1.00	–	1.00	–
	Male	29	58	50.0	0.36 (0.17, 0.74)	0.005	0.25 (0.10, 0.61)	0.003
	STI history							
	No	78	111	70.3	1.00	–	1.00	–
	Yes	7	23	30.4	0.19 (0.07, 0.49)	0.001	0.20 (0.06, 0.70)	0.012
	Education level				2.26 (1.26, 4.05)	0.006	2.62 (1.36, 5.02)	0.004
	Elementary school	0	1	0.0				
	Middle school	19	36	52.8				
	High school	40	56	71.4				
Girlfriends (N = 171)	Vocational school, college, or above	20	24	83.3				
	Gender of sex partners in the past 6 months							
	Male only	15	19	79.0	1.00	–	1.00	–
	Male and female	60	152	39.5	0.17 (0.06, 0.55)	0.003	0.15 (0.04, 0.59)	0.007
	STI history							
	No	73	150	48.7	1.00	–	1.00	–
	Yes	2	21	9.5	0.11 (0.02, 0.49)	0.004	0.05 (0.01, 0.44)	0.007
	Venue types							
	Dorm	33	92	35.9	1.00	–	1.00	–
	Gay bar	26	52	50.0	1.79 (0.90, 3.57)	0.099	2.17 (0.94, 5.01)	0.068
	Massage parlor	16	27	59.3	2.60 (1.08, 6.26)	0.033	2.89 (1.09, 7.64)	0.032
	Education level				1.84 (1.15, 2.95)	0.012	1.73 (1.02, 2.94)	0.042
	Elementary school	3	4	75.0				
	Middle school	12	48	25.0				
	High school	40	79	50.6				
	Vocational school, college, or above	14	22	63.6				

Table 4 continued

Types of partners	Factors	Consistent condom use			Unadjusted		Multiple logistic regression ^a	
		Use (n)	Total (N)	n/N (%)	OR (95% CI)	P-value	OR (95% CI)	P-value
Male casual partners (N = 168)	STI history							
	No	15	51	29.4	1.00	–	1.00	–
	Yes	9	117	7.7	0.20 (0.08, 0.50)	0.001	0.20(0.08, 0.50)	0.001
Female casual partners (N = 133)	STI history							
	No	20	55	36.4	1.00	–	1.00	–
	Yes	4	78	5.1	0.09 (0.03, 0.30)	0.000	0.09 (0.03, 0.30)	0.000

^a Attempted to control for potential confounders such as age, education level, income, duration of being MB, HIV/AIDS knowledge

**Fig. 1** Factors associated with MBs' condom use with different types of sexual partners

The complexity of their sexual activities presents a challenge for controlling transmission of the HIV/STI epidemic from them to the general population.

The accurate number of MBs in China is difficult to obtain. However, their impact on the HIV/STI epidemic needs to be further studied and assessed. Our study shows that this population has a significant prevalence of

HIV/STIs, and may be a core group for transmitting HIV/STIs in sexually active populations. Intervention activities need to be conducted to reduce unprotected sexual activities with all types of partners. More effective counseling, readily available condoms, and early testing and treatment for HIV/STIs should be delivered to this population, especially minority MBs, as soon as possible.

Table 5 Factors associated with HIV and other STIs among venue-based MBs ($N = 418$)

Dependent variable	Factors	Positive (<i>n</i>)	Total <i>N</i>	n/N (%)	Unadjusted		Multiple logistic regression ^a	
					OR (95% CI)	<i>P</i> -value	OR (95% CI)	<i>P</i> -value
HIV-positive	Gender of sexual partners in the past 6 months							
	Both male and female	2	233	0.9	1.00	–	1.00	–
	Male only	12	185	6.5	8.01 (1.77, 36.26)	0.007	14.32 (1.83, 112.22)	0.011
	Minority							
	No	11	358	3.1	1.00	–	1.00	–
	Yes	1	12	8.3	2.87(0.34, 24.21)	0.333	2.71(0.30, 24.55)	0.375
	Self-identified sexual orientation							
	Homosexual	10	134	7.5	1.00	–		
	Heterosexual	0	106	0.0	–	–		
	Bisexual	3	140	2.1	0.53(0.15, 1.94)	0.338		
	Uncertain	1	38	2.6	0.76(0.10, 6.00)	0.797		
	Venue type							
	Gay bar	2	122	1.6	1.00	–		
Positive for HIV or any STI	Dorm	10	246	4.1	2.54(0.55, 11.79)	0.233		
	Massage parlor	2	50	4.0	2.50(0.34, 18.26)	0.366		
	Age				1.08 (1.02, 1.13)	0.008	1.11 (1.04, 1.19)	0.003
	Minority							
	No	72	358	20.1	1.00	–	1.00	–
	Yes	6	12	50.0	3.97 (1.24, 12.68)	0.020	4.82 (1.46, 15.88)	0.010
	Age at sexual debut, yrs				0.98 (0.89, 1.07)	0.653	0.88 (0.79, 0.98)	0.020
	Gender of sexual partners in the past 6 months							
	Male and female	36	233	15.5	1.00	–	1.00	–
	Male only	49	185	26.5	1.97 (1.22, 3.19)	0.006	1.92 (1.12, 3.30)	0.018
	Number of male casual partners in the last 6 months				1.20 (0.97, 1.47)	0.095	1.28 (1.01, 1.61)	0.040
	0	44	241	18.3				
	1–2	13	69	18.8				
	3–5	9	47	19.2				
	≥6	17	57	29.8				

^a Attempted to control for potential confounders such as age, education level, income, duration of being MB, HIV/AIDS knowledge, and condom use rates with different types of partners

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