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# COMMUNICATION

Alexander Kros et al. Cyclodextrin–dextran based in situ hydrogel formation: a carrier for hydrophobic drugs

# **REVIEW**

Yi Yan Yang *et al.*Synthetic hydrogels for controlled stem cell differentiation

# Cyclodextrin-dextran based in situ hydrogel formation: a carrier for hydrophobic drugs†

Ke Peng, Itsuro Tomatsu, Alexander V. Korobko and Alexander Kros

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A rapid in situ hydrogel forming system composed of thiol functionalized B-cyclodextrin and maleimide functionalized dextran has been prepared and the in vitro release profile of the hydrophobic drug all-trans retinoic acid was studied.

For many years, great efforts have been made to develop hydrogels for biomedical applications because of their excellent biocompatibilities and the similarity between their highly hydrated three-dimensional polymeric networks and hydrated body tissues.<sup>1</sup> Among these applications, hydrogel based drug delivery systems are of interest, since their physiochemical characteristics renders them suitable for targeted drug delivery, i.e. for extension of circulation time, and reduced toxicity and side effects.<sup>2</sup> In particular, hydrogels that can be formed in situ under physiological conditions have recently received much attention as promising drug carriers.3 These gels can, in principle, be applied in vivo by direct injection with minimal surgical wounds. However, the typical hydrophilic nature of these gels prevents their use as efficient drug carriers for hydrophobic drugs because of rapid initial release of these drugs. This is due to the lack of adequate interactions between the hydrophobic drug and the hydrophilic polymer backbone of the hydrogel.<sup>4</sup> Furthermore hydrophobic interactions among lipophilic drugs can cause formation of large drug aggregates during drug loading process, which leads to side effects or even toxicity.5 Herein, we describe a rapid in situ forming hydrogel system composed of cyclodextrin and dextran, which is able to bind and release hydrophobic drugs in a sustained manner.

β-Cyclodextrin (β-CD) is a cyclic oligosaccharide composed of seven glucopyranose units with a truncated cone shape with a hydrophobic cavity and hydrophilic surface. This particular structure allows β-CD to accommodate a wide variety of hydrophobic molecules including lipophilic drugs into its cavity to form an inclusion complex. The complex formation results in improved solubility, better stability and enhanced bioavailability of the hydrophobic drug, which makes β-CD an attractive tool in drug delivery systems.<sup>6</sup> Moreover the chemical structure of  $\beta$ -CD allows it to be used as a multifunctional cross linking reagent after chemical modifications.<sup>7</sup>

Dextran is a highly hydrophilic and biocompatible natural polysaccharide consisting mainly of linear chains of α-1,6 linked glucopyranose residues, which has been widely used for therapeutic purpose.8 A number of dextran based hydrogels have been reported9

Combining these potential materials, we designed an in situ hydrogel forming system employing maleimide functionalized dextran (Dex-mal) and thiol functionalized β-cyclodextrin (β-CDS), where Dex-mal acts as the backbone and β-CDS plays two essential roles as a cross-linker and as a host for the hydrophobic drug simultaneously (Fig. 1). Hydrogels were formed by mixing Dex-mal and β-CDS solutions via multiple Michael additions. The obtained hydrogels were characterized by rheometry and scanning electron microscopy.

To demonstrate the constant release of a hydrophobic drug from the gel over a longer period of time, all-trans retinoic acid (RA) was chosen as a model drug. RA has a strong in vivo bioactivity and plays an important role in development of animals. Major effects of RA on tissue re-growth and bone formation and patterning can easily be quantified and phenotype-based assays have been used for studying the effect of RA in vivo such as in zebrafish and chicken embryos. 11 So far, RA-soaked ion exchange resin were implanted using time consuming microsurgery to study the effect of long-term local doses of RA.<sup>12</sup> However these microscopic delivery systems lack control over the total amount, the release rate and time of RA, which makes these methods unsuitable for a more extensive analytical study on the biological functions of RA.

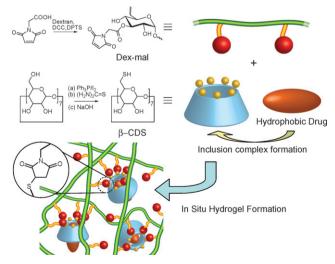


Fig. 1 Schematic representation of the in situ hydrogel forming system in which  $\beta$ -CDS plays two roles: a cross-linker of dextran back bones and a host for a hydrophobic drug. Inclusion complex formation can increase the affinity of the hydrogel for hydrophobic drugs and can avoid the aggregation of drugs.

and used in biotechnological applications including drug delivery of hydrophilic drugs.<sup>10</sup>

<sup>&</sup>lt;sup>a</sup>Leiden Institute of Chemistry, Leiden University, P.O. Box 9502, 2300 RA Leiden, The Netherlands. E-mail: a.kros@chem.leidenuniv.nl; Fax: + 31 71 527 4397; Tel: + 31 71 527 4234

<sup>&</sup>lt;sup>b</sup>Nano Structured Materials, TU Delft, Julianalaan 136, 2628 BL Delft,

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Maleimide functionalized dextrans were obtained by a conventional N,N'-dicyclohexylcarbodiimide mediated esterification of the hydroxyl groups of dextran with N-maleovlamino acid. N-maleoylamino acid was prepared by a synthesis procedure as previously reported.<sup>13</sup> The obtained Dex-mal was characterized by <sup>1</sup>H NMR; signals at  $\delta$  6.9 and 4.4 from maleimide were clearly observed in addition to the signals attributed to dextran. The conjugation of N-male ovlamino acid to dextran was further confirmed with the peaks of the glucose unit at  $\delta$  5.3 and 5.1 those showed shifts after the esterification. The degree of substitution (DS; the number of substitutes per 100 anhydroglucose units) was determined based on the integrals of signals corresponding to maleimide at  $\delta$  6.9 and the dextran glucosidic protons at  $\delta$  3.2-4.0, 5.1, and 5.3. A series of Dex-mals with different DS of 10, 17 and 26 were obtained by varying the feeding ratio and the reaction time.

All the primary hydroxyl groups of  $\beta$ -CD at the 6 positions were changed to thiol groups by the reported procedure.<sup>14</sup> In order to improve the water solubility, the obtained thiolated β-CD was deprotonated by sodium hydroxide, forming the sodium salt of per-6thio-β-cyclodextrin (β-CDS).

As shown in Fig. 2 (a), hydrogels were formed via Michael addition between maleimide and thiol groups by mixing solutions of β-CDS and Dex-mal in phosphate buffered saline (PBS). Upon the addition of  $\beta$ -CDS, a solution of 15 wt% Dex-mal (DS = 17) turned into a gel within 20 s. The gelation time was shown to depend on the polymer concentration and the DS. (DS = 10, gelation time = 30 s; DS = 27, gelation time = 15 s).

The obtained hydrogels were characterized with rheology measurements and scanning electron microscopy (SEM). Dependences of storage (G') and loss (G'') moduli on angular frequency were used to characterize the viscoelastic behavior, where G' and G'reflect the elastic and viscous properties of the sample, respectively. It was confirmed that individual solutions of β-CDS and Dex-mal showed a dominant viscous property whereas the mixed solution showed a dominant elastic property. In Fig. 2 (b), G' and G'' were plotted as a function of angular frequency for a mixed sample of 15 wt% Dex-mal (DS = 17) and  $\beta$ -CDS solutions. The mixed sample exhibited the characteristic viscoelastic behavior of gel, the values of G' varied little with angular frequency, and G' was significantly larger than the G'' over all measured frequencies indicating an elastic solid behavior.

The structure of the obtained hydrogels were studied with SEM on freeze-dried hydrogel samples. As shown in Fig. 3, the hydrogel had

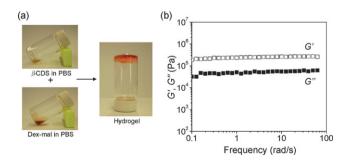


Fig. 2 (a) Photographs of in situ hydrogel formation. Hydrogel was formed immediately after mixing solutions of β-CDS (24 mg in 400 μL PBS) and Dex-mal (DS = 17, 180 mg in 800  $\mu$ L PBS). (b) Frequency dependency of storage moduli (G') and loss moduli (G'') of the obtained hydrogel.

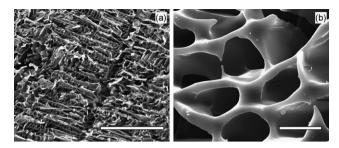


Fig. 3 SEM images of the freeze-dried hydrogel prepared from Dex-mal (15 wt%) and β-CDS solutions; with lower and higher magnifications. Scale bars in the images (a) and (b) represent 100 and 5 µm, respectively.

a macroporous network with a relatively regular structure indicating a highly hydrated structure and a homogeneous reaction during the gelation, respectively. In contrast only dense amorphous solids were observed for the freeze-dried individual solution of β-CDS or Dex-mal.

To examine the release characteristics of a hydrophobic drug from the hydrogel, all-trans retinoic acid (RA) carrying hydrogels were prepared. It is noteworthy that addition of RA did not alter the gelation time and also RA did not react with the hydrogel components. The released amount of RA per day from the hydrogel was determined by HPLC over a period of two weeks.<sup>15</sup>

As shown in Fig. 4, the release rate of RA became constant in a few days (20 nmol day<sup>-1</sup>), which was controlled by the solubility of RA in PBS. 16 And the release was sustained: ca. 270 nmol of the loaded RA was released in two weeks. It is important to note that the release profile did not show an initial rapid release phase (burst effect), which has been commonly observed in other hydrogel systems. 4,17 In this hydrogel, the β-CDS acts not only as a cross-linker but also as a host for RA,18 which increases the affinity for the hydrophobic drug, thus resulting in a constant release from the hydrogel without showing a burst effect. In addition, by forming the inclusion complex with β-CDS, aggregation of hydrophobic drugs during the drug loading process is prevented, thus evading the problems caused by a high local concentration of the drugs.

In conclusion, in situ hydrogel forming system composed of thiol functionalized β-cyclodextrin (β-CDS) and maleimide functionalized dextran (Dex-mal) was prepared and investigated the in vitro release of the hydrophobic drug all-trans retinoic acid (RA). Dex-mal with

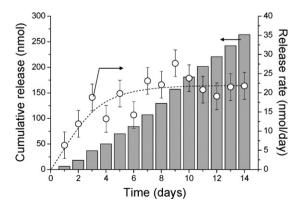


Fig. 4 Release profile of RA from 400 μL of the cyclodextrin-dextran based hydrogel carrying 3.3 µmol RA. The cumulative release (grey bars) and released amounts per day (O) are shown.

different degrees of substitution were synthesized and used for hydrogel formation. By mixing aqueous solutions of β-CDS and Dex-mal, hydrogels were formed via Michael addition within 30 s. The obtained hydrogel behaved as an elastic solid and showed to have a regular network structure. The in vitro release of RA did not show an initial burst effect making it an interesting drug carrier to study the effect of local doses of RA on development. This in situ forming hydrogel system will be further studied as an injectable drug delivery system with RA in vivo using phenotype-based assays in the near future. Furthermore, in principal it can also be applied to deliver any other hydrophobic drug that can form an inclusion complex with β-CDS such as doxorubicin, 19α diltiazem 19b and ketoprofen. 19c

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