Shortcuts (Mac)

Action	Keyboard shortcut
Navigate and view	
Fit image on screen	Command + 0
View image at 100% (Actual Pixels)	Option + Command + 0
Zoom tool (magnify)	Command + Spacebar + click image or Command + +
Zoom tool (reduce)	Option + Spacebar + click image or Command + -
Show/hide rulers	Shift + Command + R
Hide panels	Tab key
File commands	
Open	Command + O
Close	Command + W
Save	Command + S
Save As	Command + Shift + S
Undo	Command + Z
Redo	Command + Y
Selections	
Add to selection	Hold Shift key and select again
Subtract from selection	Hold Option key and select again
Copy	Command + C
Cut	Command + X
Paste	Command + V
Paste into selection	Command + Shift + V
Free Transform	Command + T
Distort image in Free Transform	Hold Command key + move handle
Feather	Option + Command + D
Select All	Command + A
Deselect	Command + D
Reselect	Shift + Command + D
Inverse selection	Shift + Command + I

Painting

Set default foreground and background colors	D
Switch between foreground and background colors	X
Enlarge brush size (with Paint tool selected)	]
Reduce brush size (with Paint tool selected)	[
Make brush softer	[+ Shift
Make brush harder	] + Shift
Change opacity of brush in 10% increments (with Paint tool selected)	Press number keys 0–9
Fill with foreground color	Option + Backspace
Fill with background color	Command + Backspace

Image adjustments

Levels	Command + L
Hue/Saturation	Command + U
Group layer	Command + G

Layers and masks

Add new layer	Shift + Command + N
Load selection from layer mask	Command + click thumbnail
Change opacity of active layer in 10% increments	Press number keys 0–9
Add layer mask – Hide All	Option + click Add layer mask icon
Move layer down/up	Command + [or]
Stamp visible	Command + Option + Shift + E
Disable/enable layer mask	Shift + click layer mask thumbnail
View layer mask only	Option + click layer mask thumbnail
View layer mask and image	Option + Shift + click layer mask thumbnail
Blend modes	Option + Shift + F, N, S, M, O, Y (Soft Light, Normal, Screen, Multiply, Overlay, Luminosity)

Crop

Commit crop	Enter key
Cancel crop	Esc key
Constrain proportions of crop marquee	Hold Shift key
Turn off magnetic guides when cropping	Hold Option + Shift keys + drag handle