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- A formulation of 0.2% olopatadine is more effective than 0.05% epinastine for preventing ocular itching and redness at the onset of allergic conjunctivitis, according to researchers from the US. They evaluated data for 92 subjects who were randomised to one of four treatment groups: 0.2% olopatadine in one eye and 0.05% epinastine in the contralateral eye (n = 28), 0.2% olopatadine and placebo (27), 0.05% epinastine and placebo (28), and placebo in both eyes; subjects then received an allergen challenge to determine onset of action.\* Olopatadine was associated with significantly lower mean ocular itching scores than epinastine at 5 and 7 minutes. Moreover, olopatadine was associated with significantly lower mean redness scores than epinastine at all time points. Furthermore, subjectrated comfort was significantly greater for olopatadine than for epinastine at 1 minute after administration.
- \* This study was supported by Alcon Laboratories.

Mah FS, et al. Efficacy and comfort of olopatadine 0.2% versus epinastine 0.05% ophthalmic solution for treating itching and redness induced by conjunctival allergen challenge. Current Medical Research and Opinion 23: 1445-1452, No. 6, Jun 2007