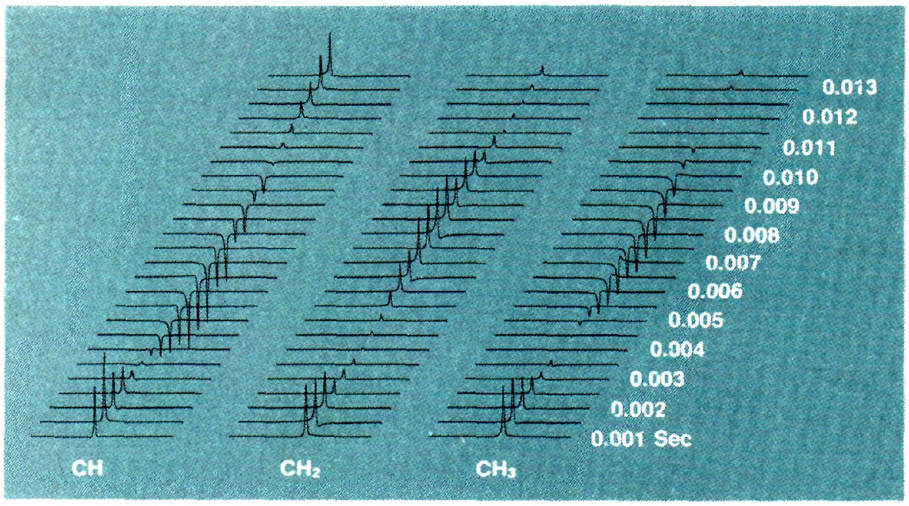

Figure 11. ^{13}C SEFT NMR spectra for three of the four carbons of isobutanol
Measured with the broadband ^{1}H decoupler gated on during one of the delay periods and during acquisition

fairly simple multiple-pulse techniques. We have focused on the SEFT NMR experiment, hopefully giving enough background so that the reader can see first how the nuclear magnetization can be manipulated with carefully chosen rf pulses and gated decoupling techniques, and then how this control over the magnetization can be used in a variety of applications. It is important to emphasize that, although these experiments involve rather sophisticated sequencing of the pulses and the gating on and off of the decoupler, and probably also changes in the decoupler frequency during the experiment, this can be accomplished rather easily with state-of-the-art spectrometers.

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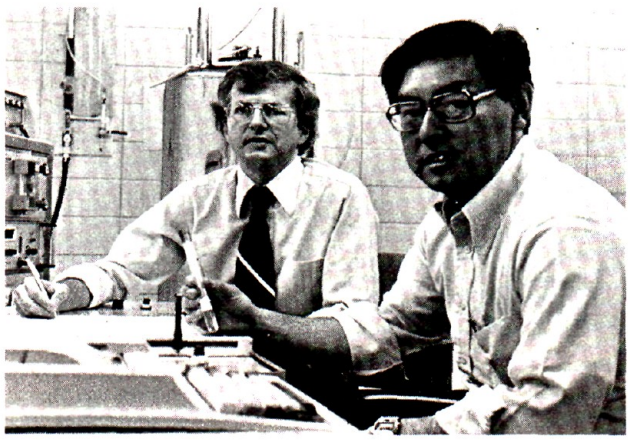

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