### **CORONARY ARTERY DISEASE**

### Clinical Decision Making

### Optimal Use of Left Ventriculography at the Time of Cardiac Catheterization: A Consensus Statement from the Society for Cardiovascular Angiography and Interventions

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The rationale to perform left ventriculography at the time of cardiac catheterization has been little studied. The technique and frequency of use of left ventriculography vary by geographic regions, institutions, and individuals. Despite the recent publication of guidelines and appropriate use criteria for coronary angiography, revascularization, and noninvasive imaging, to date there have been no specific guidelines on the performance of left ventriculography. When left ventriculography is performed, proper technique must be used to generate high quality data which can direct patient management. The decision to perform left ventriculography in place of, or in addition to, other forms of ventricular assessment should be made taking into account the clinical context and the type of information each study provides. This paper attempts to show the role of left ventriculography at the time of coronary angiography or left heart catheterization. The recommendations in this document are not formal guidelines but are based on the consensus of this writing group. These recommendations should be tested through clinical research studies. Until such studies are performed, the writing group believes that adoption of these recommendations will lead to a more standardized application of ventriculography and improve the quality of care provided to cardiac patients. © 2014 Wiley Periodicals, Inc.

Key words: ventriculography; cardiac catheterization; left ventricular function

### INTRODUCTION

Left ventriculography has gone from the status of prima ballerina to understudy in the ballet of left ventricular assessment. Critics argue that it adds to the cost and risk of cardiac catheterization and may be replaced by noninvasive imaging [1]. The use of left ventriculography varies widely across different geographic zones and different hospitals [1], reflecting differences in practice styles and uncertainty about its role in cardiac diagnosis.

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While guidelines and appropriate use criteria (AUC) have addressed the indications for *left heart catheterization* associated with coronary angiography [2] and to evaluate heart failure [3], they have not addressed the role of *left ventriculography*. This document attempts to fill that void. It deals only with left ventriculography (invasive imaging of the left ventricle with contrast injection) and does not address left heart catheterization (catheter placement in the left ventricle, usually to assess pressures).

Currently, there are no specific guidelines on the performance of left ventriculography at the time of coronary angiography or left heart catheterization. Recent AUC for diagnostic catheterization define clinical scenarios where coronary angiography and/or left heart catheterization is appropriate, uncertain, or inappropriate, but the decision to perform ventriculography is left to the discretion of the operator. Patel et al. have suggested clinical scenarios where cardiac catheterization (defined as including coronary angiography, left heart catheterization, and left ventriculography) is an appropriate imaging modality in the evaluation of a possible ischemic etiology of heart failure [3]. They did not define specifically the appropriateness of left ventriculography alone, particularly when other measurements of LV systolic function are available.

Regional variation in the performance of ventriculography in the United States has been noted by several authors. Joffe et al. demonstrated variability in use of left ventriculography versus echocardiography to determine ejection fraction in patients presenting with an acute myocardial infarction from 1997 to 2005 in the Worcester metropolitan area [4]. Wittles RM et al. examined insurance claims data from the Aetna health care database from all adults undergoing coronary angiography in 2007 and found significant regional variation in the use of left ventriculography, with utilization highest in the South Atlantic region and lowest in New England, the Pacific, and West North Central regions [1]. Heidenrich et al. has recently examined variability of ventriculography utilization in the Veterans Affairs Health System [5]. The authors also found significant variation in performance of ventriculography among examined hospitals, and a decreasing trend in ventriculogram performance from 2000 to 2009.

These same studies demonstrate duplication in the assessment of EF in 20%–88% of patients. This duplication has been suggested to increase costs and potentially be done for financial gain. However, EF measurements by echo and LVG in patients treated for acute myocardial infarction may differ significantly [4].

### EVOLUTION OF TECHNIQUE AND USE OF LEFT VENTRICULOGRAPHY

Forssmann initiated heart catheterization in 1929, but catheter access to the left ventricle began in the 1940s with apical, subxyphoid, and left mainstem bronchus puncture. The term "angiocardiography" was first used by Ponsdomenech and Nuñez in 1951 to describe 45 patients undergoing direct transthoracic LV punctures. In the early 1960's, imaging was performed with a Schonander biplane cut-film x-ray unit which exposed antero-posterior and lateral images at the rate of 4-6 films per second for 5-7 sec. In the 1970's preechocardiogram era, left ventriculography became the gold standard for assessment of left ventricular function. Biplane ventriculography provided more accurate assessment of left ventricular wall motion in patients with coronary artery disease compared with single-plane imaging [6,7]. It was also used to evaluate contractility of left ventricular segments, left ventricular volume and mass, pressure-volume diagrams, wall forces, and compliance [8]. Over time, the equipment costs, radiation exposure, and complexity of biplane ventriculography caused its decline in favor of single plane ventriculography.

When a left ventriculogram is performed, it should generate high quality data which can direct patient management. Proper technique of left ventriculography has been described elsewhere and will not be detailed here [9], however, several points deserve emphasis. Hand injections are inadequate for quality left ventriculography studies and power injection is required. Power injection or even hand injection may be dangerous through a single end-hole catheter; multisidehole catheters are safest and most effective. Contrast volumes must be sufficient to completely opacify the ventricle [10]. Appropriate angulated views should be employed to best visualize the cardiac anatomy [11]. The ventricle should be positioned in the isocenter of the fluoroscopy system to enable automated, accurate quantitation of left ventricular volumes and aortic dimensions, now easily measured in our modern digital labs. The imaging of objects for calibration is no longer required, and their additional use may increase radiation exposure. A breath hold is useful for minimizing motion artifacts.

# INFORMATION OBTAINED FROM LEFT VENTRICULOGRAPHY

### **Ejection Fraction**

Ejection fraction of the left ventricle can be derived in both a qualitative and a semiquantitative manner using rapid, automated digital methods. Techniques and formulas for the calculation of ejection fraction can be found elsewhere and are beyond the scope of this consensus document [9]. Biplane ventriculography can be used for the evaluation of left ventricular volumes and ejection fraction; however, it does not consistently provide incremental information regarding those two parameters when compared to single plane ventriculography [12]. Ejection fraction determined visually by left ventriculography correlates variably to ejection fraction from echocardiography, particularly in patients with coronary artery disease [13–15]. Biplane left ventriculography correlates better than monoplane left ventriculography when compared to cardiac magnetic resonance imaging (MRI) for ejection fraction, ventricular volumes, and wall motion [16].

#### **Wall Motion and Ventricular Thrombus**

Left ventriculography is commonly performed in the right anterior oblique projection. This view allows the visualization of the anterior, apical, inferior, and high lateral walls. The left anterior oblique projection with steep cranial angulation allows visualization of the apical, lateral, and septal walls [17] and ventricular septal defects. Left ventriculography can estimate myocardial viability by comparing a baseline cardiac cycle to one that follows a premature ventricular contraction, inotrope infusion, or even nitroglycerin administration [18–20]. The presence of an apical filling defect suggestive of thrombus should not be overlooked as it may be visualized on ventriculography yet missed on noncontrast transthoracic echo.

### **Ventricular Volume**

Current digital labs provide rapid, accurate measurements of left ventricular volume that have been validated directly with human heart casts [21] and cardiac MRI [22]. End-systolic and end-diastolic volumes predict outcomes in regurgitant valvular lesions and should be routinely obtained when left ventriculography is performed, as ejection fraction alone is inadequate for medical decision making in such cases, per current ACC/AHA guidelines [23].

### **Regurgitant Lesions**

Left ventriculography has been applied for many years to assess mitral regurgitation severity. The initial criteria proposed by Sellers, Levy, Amplatz, and Lillehei in 1964 are still used today [24], but their inaccuracy was demonstrated several decades ago, particularly in patients with large chamber sizes or poor left ventricular function [25]. Large, long-term outcome studies of aortic and mitral regurgitation in the 1990's determined that quantitative measures of regurgitation are the best outcome predictors. The American and European Soci-

eties of Echocardiography issued guidelines in 2002 identifying "specific" quantitative measures of regurgitation severity, such as regurgitant volume, and demoted the subjective "1+2+3+" color flow grading system to "supportive signs" of lesion severity [26]. Left ventriculographic volume data also correlate with outcome [27]. When left ventricular volumes are measured as described, and combined with invasive thermodilution or measured Fick cardiac outputs, regurgitant volumes and fractions can be obtained for both aortic and mitral valves. If left ventriculography is performed to assess valvular regurgitation it should generate reliable, quantitative measures that augment medical decision making using the currently recognized outcome predictors. A recent review of mitral regurgitation stated that "a high-quality angiogram, along with quantitation of regurgitant volume and regurgitant fraction, may be very useful in resolving discrepancies or uncertainties regarding quantitation of MR severity in selected patients" [26]. When an LAO projection is used, care must be taken to apply sufficient cranial angulation to avoid superimposing the ventricle and atrium and obscuring regurgitation, as well as foreshortening the ventricle and impairing volumetric accuracy. Occasionally, the etiology of the regurgitation can be identified (e.g., mitral valve prolapse or a flail leaflet), but echocardiography is required for surgical planning.

# Aneurysms, Pseudo-Aneurysms, and Ventricular Septal Defects

Aneurysms or pseudoaneurysms of the left ventricle can be identified by ventriculography as an out pouching with dyskinetic or akinetic movement compared to the surrounding ventricular segments. In contrast, a diverticular outpouching usually contains all layers of the heart and therefore contracts normally [28]. Diverticula are uncommon in adults. Although histopathologically different than aneurysms or pseudoaneurysms, their distinction can be difficult by left ventriculography. True aneurysms of the left ventricle are typically broad based whereas pseudoaneurysms or contained ruptures usually have a narrow neck. Free wall ruptures represent a continuum with pseudoaneurysms. The ideal view depends upon its location.

Ventricular septal defects are usually best seen in the LAO projection. In the adult population, free wall ruptures, ventricular septal defects, and pseudoaneurysms are acute or subacute processes. Left ventriculography can often provide the first suggestion of myocardial disruption which would guide further imaging and urgent surgical or catheter based treatment [29,30].

# ALTERNATIVES TO LEFT VENTRICULOGRAPHY Cardiac MRI

Cardiac MRI is considered the gold standard for the measurement of left ventricular volumes and global function [22,31,32]. A key role of cardiac MRI in left ventricular assessment has been for the validation of the accuracy of the competing modalities for left ventricular assessment. In clinical practice cardiac MRI is often relegated to the roles of clarifying the left ventricular ejection fraction after other modalities provide indeterminate results, and in the assessment of myocardial viability where it has also emerged as the gold standard [33].

### **Echocardiography**

Echocardiography is the most common imaging modality for assessing the left ventricle. Advantages of echocardiography include real-time imaging, portability and widespread availability, absence of radiation exposure, and the opportunity to assess for co-existent lesions (e.g., structural cardiac disease, diastolic, and right heart function). Left ventricular function can be assessed qualitatively and/or quantitatively using certain geometric assumptions, which usually describe chamber geometry as ellipsoid when two-dimensional methods are utilized. Comparative studies have shown strong correlation of echocardiographic data with other methods of left ventricular assessment, though the level of agreement can be modest [34,35]. Notably, even among highly trained interpreters, the inter- and intraobserver variability with echocardiography can be as high as 30%. Assessment of left ventricular function with echocardiography can be challenging in patients with poor acoustic windows due to body habitus (e.g., lung disease, pectus excavatum, and obesity). Use of threedimensional techniques, harmonic imaging, and echocardiographic contrast injection can be used to enhance endocardial border definition and improve reliability of echocardiography for assessment of left ventricular function.

### Radionuclide Ventriculography

Introduced nearly 50 years ago, radionuclide ventriculography entails labeling of the blood pool with a radioactive tracer (e.g., Tc-99m), whose movement through the circulatory system is captured with a gamma camera. The radioactive counts over the left ventricle are gated to the R-R interval, and summated over a period of time (typically 5–10 min) or in a single pass to derive measurements of left ventricular volume, filling rates, systolic ejection, and regional wall assessment. Because the measurements with radionuclide an-

giography are independent of geometrical assumptions, this method is highly accurate and very reproducible, with inter-observer variability of <5% [36,37]. Radio-nuclide ventriculography can be used to examine both atria and ventricles, and also is largely independent of body habitus. With first pass studies, regurgitant valvular lesions and intracardiac shunting can be examined. The principal disadvantage of radionuclide ventriculography is radiation exposure.

# Cardiac Computed Tomographic Angiography (CCTA)

CCTA provides volumetric data of the heart within a few seconds with high temporal and spatial resolution (0.4–0.5 mm slice thickness). The advantages of left ventricular functional assessment by CCTA include its noninvasive nature and rapid acquisition during a single breath hold. However, it requires iodinated contrast and radiation exposure and can suffer from artifacts and poor image quality especially in the presence of fast heart rate and cardiac arrhythmia.

CCTA allows accurate assessment of left ventricular function especially in individuals with normal ejection fraction and wall motion [38–40]. CCTA is superior to left ventriculography, echo and 3D echo for assessing ejection fraction, end-diastolic volume and end-systolic volume, using CMR as the gold standard [41,42]. Newer generation 320-detector row CT scanners allow axial volumetric imaging without stair-step or breath-hold artifacts and uniform contrast enhancement compared to previous generation CT scanners [43].

Quantitative 4-dimensional volumetric analysis of the left ventricle by 64-detector row CCTA correlates well with left ventriculography with respect to enddiastolic volume, end-systolic volume, stroke volume, and ejection fraction [44].

The very high spatial resolution of CCTA and the ability to perform post processing makes this the best technique for the assessment of complex LV geometric anomalies such as aneurysms or pseudo aneurysm. In this regard CCTA is far superior to cardiac MRI and the other competing modalities.

### **COMPLICATIONS**

### **Complications Related to Contrast Agents**

A 35–40 cc contrast injection for left ventriculography may increase the total contrast use of a diagnostic study by up to 100%. The use of automated contrast injector reduces overall contrast use but not the contrast-associated complications [45]. Patients with chronic kidney disease, hypotension, anemia, and congestive heart failure are at higher risk to develop

contrast-induced nephropathy. The "Mehran risk score" is the most studied and validated score to identify such patients [46]. For patients at high risk of contrast-induced nephropathy, alternative imaging modalities should be considered to evaluate the left ventricle. During cardiac catheterization it is prudent to monitor total contrast use and when it nears a predefined limit (e.g., 3.7 times creatinine clearance), avoid performance of left ventriculography [47].

#### **Embolization**

In the setting of severe aortic stenosis, retrograde catheterization of the aortic valve is associated with silent and clinically apparent apparent neurologic deficits in 22% and 3% of patients, respectively [48]. Catheterinduced embolization of aortic valve vegetations could result from crossing the aortic valve. Left heart catheterization and left ventriculography should be performed in these patients only if noninvasive imaging is inadequate. Embolization of air, thrombus or the catheter tip due to technical errors have been reported [49,50].

### Arrhythmias and Fascicular Block

Ventricular extra-systoles and ventricular tachycardias are common but usually transient during left ventriculography due to mechanical stimulation of the ventricular endocardium from the catheter or the injection jet. Atrial fibrillation, sustained ventricular tachycardia and ventricular fibrillation have been reported as rare peri-procedural complications [9,51]. Left anterior fascicular block may transiently occur during the left heart catheterization due to the proximity of the anterior fascicle of the left bundle to the left ventricular outflow tract. In rare cases of patients with right bundle branch block and left posterior fascicular block, complete heart block may occur.

### **Mechanical Complications**

Myocardial and pericardial staining, myocardial rupture and pericardial tamponade have been described during left ventriculography [52,53]. Those rare complications occur due to improper catheter positioning or use of end-hole catheters.

### **Radiation Exposure**

The performance of left ventriculography may increase total radiation exposure to the patient by up to 30% [54]. While this amount may not itself cause radiation injury, radiation dose should always be kept as low as reasonably achievable (ALARA). Elimination of the ventriculogram when radiation dose is a particular concern has been previously recommended [55].

TABLE I. Left Ventricular Uses in Pediatric Congenital Catheterization

Diagnostic

- 1. Sub, valvar, and supra valavar aortic stenosis
- 2. Multiple VSDs in setting of elevated RV pressures
- 3. Complex VSD with malposed AV or VA valves Interventional
- 1. Muscular VSD device closure
- 2. Para-membranous VSD/VSA device closure

## LEFT VENTRICULOGRAPHY IN PEDIATRIC HEART CATHETERIZATION

Left ventriculography is frequently indicated during pediatric congenital catheterization both for diagnostic evaluation and for guidance of interventional procedures (Table I). In the pediatric population, due to anatomic reasons and higher heart rates, echocardiography is the preferred method for the assessment of left ventricular function and anatomy. Left ventriculography can assess left ventricular systolic function but is rarely used for this purpose except as an adjunct to echo or cardiac MRI in select patients. However in patients with complex left-sided obstruction such as sub valvular or supra valvular aortic stenosis left ventriculography is routinely used in conjunction with pullback left ventricle to ascending aorta pressure measurements to determine both the site and significance of obstruction to plan surgical or interventional repair. Left ventriculography is frequently used in young infants with complex or multiple ventricular septal defects to determine number, size and location of defects. It has an advantage over color Doppler echocardiography in the setting of multiple defects when right ventricular pressure is systemic and ventricular shunt flow velocities are low. In addition, left ventriculography can be critical in children with complex ventricular septal defects and great vessel abnormalities, such as double outlet right ventricle with transposed great vessels or upstairs/downstairs ventricles with criss-cross atrio-ventricular valves in whom a surgical pathway from the left ventricle to the aorta is required for complete repair. Left ventriculography gives unique anatomical information regarding blood flow streaming patterns from the left ventricle to the aorta as well as highlighting potential problems such as a restrictive ventricular septal defect, or atrioventricular valve or conal outlet tissue residing in the baffle pathway.

Catheter based device closure of muscular ventricular septal defects and peri-membranous ventricular septal defects with associated ventricular septal aneurysm have become common in children. Left ventriculography is essential to define the location, size and surrounding structures of the defect before

TABLE II. Costs of Alternative Left Ventricle Imaging Modalities

	CPT code	Physician work RVUs	Physician practice expense RVUs	Facility expense RVUs	CMS payment to physicians	Total practice and facility costs	Total costs
Left ventriculography <sup>a</sup>	93543, 93555	1.10	0.20	1.60	\$37	\$54	\$91
Blood Pool Imaging	78472	0.98	0.38	5.65	\$27	\$205	\$232
Transthoracic echocardiography	93306	1.3	0.52	3.75	\$44	\$145	\$189
Computed Tomography, Heart	75572	1.75	0.69	6.78	\$60	\$254	\$314
Cardiac Magnetic Resonance for morphology and function	75557	2.60	1.05	10.74	\$88	\$401	\$489

<sup>&</sup>lt;sup>a</sup>Current Procedural Terminology codes specific to left ventriculography were deleted in 2011. Data shown here is for the left ventriculography codes before they were deleted. At present, CPT codes bundle left ventriculography, when performed, with left heart catheterization. Medicare currently provides no separate reimbursement for physician work, physician practice expense, or facility costs of left ventriculography.

closure, for peri-procedural assessment after device placement to assure appropriate device positioning, and for postprocedural assessment of satisfactory closure.

### COSTS OF LEFT VENTRICULOGRAPHY AND ALTERNATIVE IMAGING MODALITIES

A major advantage of left ventriculography is its low cost and convenience. It adds only a few minutes to a cardiac catheterization procedure, and expenses for materials are limited to an injector syringe, tubing, diagnostic catheter, and 40–50 cc of contrast. While actual costs are notoriously hard to identify, the costs of left ventriculography and alternative left ventricular imaging modalities have been estimated by the Center for Medicare and Medicaid Services (Table II). Using data from 2010 for left ventriculography, other imaging modalities cost two to fivefold more. Therefore, obtaining a measure of the ejection fraction and assessing wall motion is more cost effective with ventriculography than performing an additional noninvasive study.

Since CMMS bundled payments for left ventriculography and left heart catheterization together in 2011, it has not reimbursed physicians or facilities separately for the work or cost of left ventriculography. This is an extremely important point as it has been suggested that left ventriculography was being performed unnecessarily for individual financial gain [1]. In fact, when looking at the performance of ventriculography in the VA system where the operators are salaried, financial gain could not be listed as a factor in variability of performance [5].

# RECOMMENDATIONS FOR USE OF LEFT VENTRICULOGRAPHY

1. Consider left ventriculography when left ventricular function or wall motion is unknown, or mechanical

disruption is suspected and results of the study will help determine therapy. (Examples include acute coronary syndromes without prior noninvasive imaging, or when an acute change in clinical status suggests left ventricular function has recently changed.)

- 2. Perform left ventriculography selectively. Avoid it when an adequate alternative left ventricular imaging study has been performed.
- 3. Avoid left ventriculography in patients for whom it creates significant risk. Examples include patients with renal insufficiency (when left ventriculography could increase the risk of contrast induced nephropathy), elevated end diastolic pressure (when left ventriculography could increase the risk of acute respiratory decompensation), known or suspected left ventricular mural thrombus, aortic valvular vegetation, and in those that have already received high levels of radiation exposure.
- 4. Develop local criteria for performance of left ventriculography and work to decrease variation in its performance among operators within individual catheterization laboratories.
- 5. Perform left ventriculography with a multisidehole catheter using a power injector.
- 6. Include left ventriculography technique and indications in random case reviews as part of a comprehensive catheterization laboratory quality program.

#### **SUMMARY**

The role of left ventriculography has evolved radically over the last half-century, but has received little notice in the academic literature. The technique and frequency of use of left ventriculography vary across regions of the United States, institutions, and individuals. This reflects lack of consensus or guidelines regarding its optimal use. The recommendations in this

document are based on the consensus of a writing group and would be level of evidence C if they were formal guidelines. They should be tested through clinical research studies. Until such studies are performed, the writing group believes that adoption of these recommendations will lead to a more standardized application of ventriculography and improve the quality of care provided to cardiac patients.

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