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## RF-SABRE: a Way to Continuous Spin

## Hyperpolarization at High Magnetic Fields

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KEYWORDS. Spin hyperpolarization, SABRE method, polarization transfer, NMR enhancement

## **ABSTRACT**

A new technique is developed that allows one to carry out the Signal Amplification By Reversible Exchange (SABRE) experiments at high magnetic field. SABRE is a hyperpolarization method, which utilizes transfer of spin order from para-hydrogen to the spins

of a substrate in transient iridium complexes. Previously, it has been thought that such a transfer of a spin order is only efficient at low magnetic fields, notably, at Level Anti-Crossing (LAC) regions. Here it is demonstrated that LAC conditions can also be fulfilled at high fields under the action of an RF-field. The high-field RF-SABRE experiment can be implemented using commercially available Nuclear Magnetic Resonance (NMR) and Magnetic Resonance Imaging (MRI) machines and does not require technically demanding field-cycling. The achievable NMR enhancements are around 100 for several substrates as compared to their NMR signals at thermal equilibrium conditions at 4.7 Tesla. The frequency dependence of RF-SABRE is comprised of well pronounced peaks and dips, whose position and amplitude are conditioned solely by the magnetic resonance parameters such as chemical shifts and scalar coupling of the spin system involved in the polarization transfer and by the amplitude of the RF-field. Thus, the proposed method can serve as a new sensitive tool for probing transient complexes. Simulations of the dependence of magnetization transfer (i.e., NMR signal amplifications) on the frequency and amplitude of the RF-field are in good agreement with the developed theoretical approach. Furthermore, the method enables continuous re-hyperpolarization of the SABRE substrate over a long period of time giving a straightforward way to repetitive NMR experiments.

#### I. Introduction

Signal Amplification By Reversible Exchange (SABRE) is relatively new and rapidly developing hyperpolarization method<sup>1-14</sup>. In a SABRE experiment a substrate molecule is spinpolarized in a transient complex with parahydrogen, p-H<sub>2</sub>, which is the H<sub>2</sub> molecule in its singlet spin state, due to a process of spin order transfer, see Scheme 1. The SABRE technique belongs to the family of hyperpolarization methods aimed at increasing the low inherent sensitivity of Nuclear Magnetic Resonance (NMR). In general, NMR techniques, despite their versatility and usefulness, suffer from notoriously low sensitivity, which curbs the range of potential applications. The sensitivity issue is coming from low polarization of nuclear spins at thermal equilibrium, which is usually of the order of  $10^{-4}$ ; thus, an efficient method to tackle this problem is using hyper-polarized nuclear spins, i.e., spins shifted far off thermal equilibrium. SABRE is a hyperpolarization technique, which enables strong spin polarization of various molecules and NMR signal enhancements up to several thousands. A further advantage of the SABRE method, recently demonstrated by Hövener et al. 15-16 is that this technique allows continuous rehyperpolarization of the target substrate molecule: after the strong non-thermal spin order is destroyed by an NMR measurement, under constant supply of p-H<sub>2</sub> it is quickly restored within a few seconds. Moreover, successive measurements do not exhibit any significant loss of signal over a few hundreds of acquisitions. This property makes feasible measurements with signal accumulation; this is in contrast with the standard Para-Hydrogen Induced Polarization (PHIP) experiment<sup>17</sup>, in which the substrate is chemically modified and cannot be re-polarized.

It has been shown<sup>7-11</sup> that the polarization transfer process among spins, which is in the heart of the SABRE method, is efficient at low fields where the nuclear spins are coupled strongly, meaning that the difference in their Zeeman interactions with the field is smaller than the

coupling strength. Specifically, it is established<sup>7-11</sup> that the SABRE method works efficiently (i.e., produced enhancements from a few 100 up to several 1000 as compared with thermal polarization at a high field of 1-10 Tesla) only at low magnetic fields, specifically <sup>5, 11</sup>, only within the regions of nuclear spin energy Level Anti-Crossings (LACs) of the SABRE complex. Typically, such LACs occur at low magnetic fields, below 20 mT<sup>8-9, 18</sup>; in contrast, spontaneous high-field SABRE<sup>19</sup> is based on polarization transfer by cross-relaxation, which is by far less efficient. Since in modern NMR signal detection is usually done at high magnetic field where spectral resolution is the best, the standard SABRE experiment requires field-cycling between a low polarization field and the high detection field. During the field-cycling stage, depending on the lifetime of hyperpolarization, there is an inevitable loss of polarization; furthermore, doing experiments with field-cycling is technically demanding and requires using additional devices for switching the external magnetic field. However, in recent works it has been demonstrated that one can use RF-fields to fulfill LAC conditions at a high magnetic field of an NMR spectrometer or Magnetic Resonance Imaging (MRI) scanner<sup>20-21</sup>. Moreover, in a very recent work<sup>4</sup> we have shown that such high-field LACs enable SABRE experiments at high magnetic fields. This version of the SABRE technique, RF-SABRE, enables fast transfer of spin order (typically, within 1 second) and provides significant NMR signal enhancements. The high-field SABRE technique is based on using an RF-field with carefully set amplitude and frequency: this enables modeling the low-field conditions at high magnetic fields. Thus, RF-SABRE<sup>4</sup> gives a way to circumvent problems originating from the need of doing field-cycling by performing SABRE experiments directly at the high magnetic field of an NMR spectrometer. After this first showcasing example, we are going to describe here the method in more detail and demonstrate that it works efficiently for a wide range of SABRE substrates.

In the article, we (i) explain in detail the physical principles behind RF-SABRE, (ii) present experimental results for high-field SABRE under LAC conditions for four different substrates and two Iridium-based SABRE complexes and (iii) demonstrate that RF-SABRE also allows one to generate hyperpolarization in a continuous way with high efficiency. Advantages and potential applications of the method, which is an important step in developing high-field SABRE, are also discussed, as well as factors limiting the presently achieved NMR signal enhancement.

#### II. Methods

## A. Sample preparation

As SABRE substrates we used pyridine (Py), 4,4'-bipyridine, 2,2'-bipyrazine and 3-methyl-1Hpyrazole; see the structures of the substrates in Chart 1. We used two types of SABRE precatalyst: IrIMesCODCl (IMes=1,3-bis(2,4,6-trimethylphenyl) imidazole-2-vlidene. COD=cyclooctadiene)<sup>9</sup> and Crabtree's catalyst, IrP(C<sub>6</sub>H<sub>11</sub>)<sub>3</sub>PyCOD]PF<sub>6</sub><sup>22</sup>. In experiments with Py two different samples were used. Sample 1 contained 70 mM of Py and 4 mM IrIMes methanol-d<sub>4</sub> (MeOD). Sample 2 contained 70 mM of Py and 4 mM of Crabtree's catalyst in MeOD. In experiments with the other substrates we always used the IrIMesCODCl pre-catalyst and prepared the following samples: 20 mM of 4,4'-bipyridine and 4 mM of IrIMesCODCl in MeOD; 6 mM of 2,2'-bipyrazine and 4 mM of IrIMesCODCl in a mixture of 80% MeOD and 20% DMSO; 60 mM of 3-methyl-1H-pyrazole and 4 mM of IrIMesCODCl in MeOD. Crabtree's catalyst was purchased from ABCR GmbH; IrIMesCODCl was synthesized using a procedure described before<sup>23</sup>; methanol-d<sub>4</sub> was purchased from Deutero GmbH; all other compounds were purchased from Sigma Aldrich. Samples were prepared without additional purification. Parahydrogen was enriched using a Bruker parahydrogen generator yielding a content of 92 % p-H<sub>2</sub> and stored in a gas-bottle prior to the experiments.

## **B.** Experiments

Experiments were run at a 200 MHz NMR spectrometer (magnetic field  $B_0 = 4.7$  Tesla) at  $23^{\circ}$ C. To observe the high-field SABRE effects we used a protocol (shown in Scheme 2) with the following stages: Stage 1: waiting period of a duration of  $\tau_1$  (usually 20 s) required for the spins to relax to thermal equilibrium at the field  $B_0$ . Stage 2: bubbling the  $H_2$  gas enriched in its paracomponent (92 % p-H<sub>2</sub>) through the solution. During this period the dihydrogen gas is efficiently dissolved in the sample. After the bubbling (duration 9.5 s) we stop the process and remove all remaining bubbles from the sample as it is important for the homogeneity of  $B_0$ . Altogether, the stage takes the time  $\tau_b$  (here, 10 seconds). Stage 3: applying RF-irradiation for a variable time  $\tau_{rf}$ , (varied in the range 0.1-7 s). Stage 4: detection of the transverse magnetization formed due to the high-field SABRE effect immediately after switching off the RF-field (i.e., without applying any detecting pulses). Total duration of the experiment is  $\tau_e$ . The experiment can be repeated several hundreds of times for a single sample (see below). The duration of RFexcitation (the spin-locking period) is long enough that complex formation and dissociation can frequently occur;  $\tau_{rf}$  is smaller than the relaxation time of the substrate protons. We checked that the polarization level gets saturated for our substrates at  $\tau_{rf} \approx 5$  s (while for the relaxationbased mechanism the saturation occurs only after about 100 s of bubbling<sup>19</sup>).

To bubble the sample by p-H<sub>2</sub> we used a thin plastic capillary that is inserted in the NMR tube allowing us to bubble the sample in the NMR spectrometer without loss of homogeneity. For stopping the bubbling we (1) close the p-H<sub>2</sub> source by a digitally controlled gas-valve and then (2) open another valve to ambient pressure to allow p-H<sub>2</sub> overpressure in the gas-line to vanish. The gas system used allows us to control the experiment by a computer and to start the NMR measurement 0.5 s after the stop of p-H<sub>2</sub> supply.

In order to optimize the polarization of dihydrogen, which has a shorter relaxation time than the substrates, it is required to use a short duration of the spin-locking period ( $\tau_{rf}$ =0.7 s). When the RF-field amplitude  $\nu_1$  and frequency  $\nu_{rf}$  are set properly (see Theory section), the substrate and dihydrogen acquire observable hyperpolarization. Transverse spin magnetization (free induction) is observable immediately after switching off the RF-field. By taking the Fourier transform of the free induction decay we obtained NMR spectra with enhanced lines. If instead of transverse magnetization longitudinal magnetization is desired it is simple to generate it by applying a proper pulse 90-degree out-of-phase with respect to the spin-locking RF-field.

Experiments were carried out at three different RF-field amplitudes equal to 28.6 kHz, 20.3 kHz and 11.4 kHz for the two Iridium complexes and Py as substrate. For the three other substrates we used the highest amplitude of  $v_1$ =28.6 kHz. Here, only the parameters of the RF-field were optimized to get the highest enhancement factors but we did not optimize the concentration of substrates and iridium complexes nor the temperature to reach higher enhancement factors.

NMR enhancement factors were measured in the following way. Thermal polarization values were obtained from NMR spectra measured prior to bubbling the sample by *para-H2*. Then the integrated lines of the substrate signals in RF-SABRE were divided by the corresponding thermal signals. To obtain the enhancement factor for dissolved dihydrogen and dihydride at the active complex we ran the SABRE experiments as described above; then, after a sufficiently long waiting period in order to let the spins relax to equilibrium we acquired a thermal NMR spectrum. After that, the enhancement factor for dihydrogen was obtained as the ratio of the integrated signals in the RF-SABRE spectrum and in the thermal NMR spectrum. The highest enhancement factors achieved for the substrate protons are shown in Chart 1.

Hereafter we also use the following abbreviations for different species: aPy and ePy for the axial and equatorial pyridine ligands, respectively, of the active complex; fPy for free pyridine in the solution;  $H_2$  is dihydrogen in the solvent bulk,  $cH_2$  is dihydride at the active complex.

## III. Theory

#### A. Calculation method

To model the RF-SABRE hyperpolarization on the quantitative level we used a theoretical approach, similar to the one developed earlier<sup>21</sup>. We describe polarization transfer in a system, which consists of 2 spins originating from *para*-H<sub>2</sub> and *N* protons of the substrate: N = 3 for 2,2'-bipyrazine, N = 4 for 4,4'-bipyridine and N = 5 for pyridine and 3-methyl-1H-pyrazole. In the case of Crabtree's catalyst also the spin of the <sup>31</sup>P nucleus was included in the calculation. Thus, the total number of spins that we treat is N + 2 in case of IrIMes and N + 3 in case of Crabtree's catalyst. The spin system at high magnetic field,  $B_0$ , in the presence of the RF-field is described by the following Hamiltonian in the rotating reference frame:

$$\hat{H}_{rf} = -\sum_{\alpha=1}^{N+2} (\nu_{\alpha} - \nu_{rf}) \hat{I}_{\alpha z} + \sum_{\alpha<\beta}^{N+2} J_{\alpha\beta} (\hat{\mathbf{I}}_{\alpha} \cdot \hat{\mathbf{I}}_{\beta}) - \nu_{1} \sum_{\alpha=1}^{N+2} \hat{I}_{\alpha x} + \left[ -\nu_{P} \hat{F}_{z} + \sum_{\alpha=1}^{N+2} J_{\alpha P} \hat{I}_{\alpha z} \hat{F}_{z} \right]$$

$$(1)$$

Here the spin operators of the  $\alpha$ -th protons are denoted as  $\hat{I}_{\alpha x,y,z}$ ;  $\hat{F}_z$  defines the z-projection of the <sup>31</sup>P spin. The NMR frequencies of protons,  $\nu_{\alpha}$ , are given by their chemical shifts,  $\delta_{\alpha}$ , and the proton gyromagnetic ratio,  $\gamma$ :  $\nu_{\alpha} = (1 + \delta_{\alpha})\gamma B_0/2\pi$ . The NMR frequency,  $\nu_P$ , of the phosphorus nucleus is considerably different from those of the protons; for this reason only the z-operator of spin is important for <sup>31</sup>P. Proton-proton scalar couplings are denoted by  $J_{\alpha\beta}$ ; proton-phosphorus couplings are denoted as  $J_{\alpha P}$ . To assign lines in the NMR spectra and

determine the NMR parameters we used high-resolution one-dimensional NMR spectra and two-dimensional TOCSY<sup>24</sup> spectra. All relevant NMR parameters, proton chemical shifts and J-couplings, are given in Tables 1S-5S for all systems under study in Supporting information (SI).

To describe the resulting spin order we calculated the density matrix of the spin system. As initial condition we have taken the density matrix,  $\rho_{in}$ , which describes the singlet-state preparation of the protons originating from para- $H_2$  and zero polarization for all the other spins. After that, this matrix was rewritten in the eigen-basis of the Hamiltonian  $\hat{H}_{rf}$ ; in this matrix we removed all off-diagonal elements and obtained the resulting density matrix,  $\rho_f$ . The removed elements describe spin coherences, which are washed out due to the long period of preparation of polarization. Then, using this new matrix, spin magnetizations,  $M_{\alpha x}$  and  $M_{\alpha y}$ , were calculated as the expectation values of the corresponding spin operators:

$$M_{\alpha x} = \text{Tr}\{\hat{l}_{\alpha x}\rho_f\}, \quad M_{\alpha y} = \text{Tr}\{\hat{l}_{\alpha y}\rho_f\}$$
 (2)

This calculation scheme is known to be fast and precise to describe polarization transfer effects in PHIP and SABRE.<sup>21, 25-26</sup>

In the resulting dependences of RF-SABRE on the RF-field parameters,  $v_{rf}$  and  $v_1$ , in the case of multispin systems (e.g., protonated Py) noise-like contributions are seen, which arise from the large number of LACs in the coupled multi-spin system under study. Such noise-like features are irrelevant for the comparison with the experiment; furthermore, they disappear when inhomogeneity of the  $B_1$ -field is taken into account. For this reason, we performed calculations assuming a spatially non-uniform  $B_1$ -field, i.e., averaged the result over a realistic distribution over the  $v_1$  values. After this, the RF-SABRE dependences become smooth. Since signal amplitudes in the theory and in experiment are related arbitrarily, for a better comparison we also

normalized the theoretical curves to the corresponding experimental ones, keeping a common scaling factor for all protons in each substrate.

In this model we neglect the chemical exchange between bulk and bound substrate and between dihydrogen and dihydride during the spin-locking, neither do we take into account relaxation processes.

## B. LACs in the doubly tilted frame

Let us now give our explanation of the SABRE mechanism and also discuss how the enhancement depends on the parameters of the RF-field. Here we do not go into full details of the spin dynamics, but provide a descriptive and reasonably simple treatment of the problem under study. Let us write down the Hamiltonian of the spin system under RF-excitation, see eqn. (1); however, for the sake of simplicity, we assume here that the substrate has only one spin (M-spin; N = 1) and that the chemical shifts of the protons coming from para-H<sub>2</sub> (AA'-protons) are identical (which is the case for both SABRE complexes with Py), i.e., the AA'-spins are 'isochronous'. This is the minimal spin system, in which the SABRE effect can be formed; it also corresponds to the previously studied case of deuterated Py having only one ortho-proton<sup>4</sup>. Then the Hamiltonian in the rotating frame is:

$$\hat{H}_{rf}^{AA'M} = -\delta \nu_A (\hat{l}_{Az} + \hat{l}_{A'z}) - \delta \nu_M \hat{l}_{Mz} + J_{AA'} (\hat{\mathbf{l}}_A \cdot \hat{\mathbf{l}}_{A'}) + \left[ J_{AM} (\hat{\mathbf{l}}_A \cdot \hat{\mathbf{l}}_M) + J_{A'M} (\hat{\mathbf{l}}_{A'} \cdot \hat{\mathbf{l}}_M) \right] - \nu_1 (\hat{l}_{Ax} + \hat{l}_{A'x} + \hat{l}_{Mx})$$
(3)

where  $\delta v_{\alpha} = (v_{\alpha} - v_{rf})$ ;  $J_{\alpha\beta}$  are the scalar spin-spin interaction constants. Here it is convenient to treat the following terms

$$\hat{V} = J_{AM} (\hat{\mathbf{i}}_A \cdot \hat{\mathbf{i}}_M) + J_{A'M} (\hat{\mathbf{i}}_{A'} \cdot \hat{\mathbf{i}}_M)$$
(4)

as a small perturbation. This is a good approximation when  $J_{AA'}$  is by far the largest coupling in the spin system (which is true in the case of SABRE). The main part of the Hamiltonian,  $\widehat{H}_0 = \widehat{H}_{rf}^{AA'M} - \widehat{V}$ , can be most conveniently written in the so-called Doubly Tilted Frame (DTF) where the spins in each group (AA'-protons and M-proton) are quantized along their own effective fields in the rotating frame, see Figure 1a. In this frame  $\widehat{H}_0$  takes the form:

$$\widehat{H}_{0,dtf} = -\nu_{A,dtf} \left( \widehat{I}_{Az} + \widehat{I}_{A'z} \right) - \nu_{M,dtf} \widehat{I}_{Mz} + J_{AA'} \left( \widehat{\mathbf{I}}_{A} \cdot \widehat{\mathbf{I}}_{A'} \right)$$
(5)

where  $v_{A,dtf} = \sqrt{(\delta v_A)^2 + v_1^2}$  and  $v_{M,dtf} = \sqrt{(\delta v_M)^2 + v_1^2}$ . Transition to the DTF does not affect couplings between 'isochronous' spins of one group (here it is  $J_{AA'}$ ) and changes coupling between others protons, see below. In the DTF there are two level crossings occurring when

$$\nu_{A,dtf} - \nu_{M,dtf} = \pm J_{AA'} \tag{6}$$

These crossings are between the energy levels corresponding to the state composed of the singlet configuration of the AA'-protons and  $\beta$  of the M-proton,  $|S\beta\rangle$ , and of the lower triplet state of the AA'-protons and  $\alpha$  of the M-proton,  $|T_{-}\alpha\rangle$ , in the DTF (corresponding to the "+" sign in eqn. (6)) or between  $|S\alpha\rangle$  and the upper triplet state of the AA'-protons and  $\beta$  of the M-proton,  $|T_{+}\beta\rangle$  (corresponding to the "-" sign in eqn. (6)); initially only the levels with singlet character of the AA'-spins are populated. At the level crossing points the perturbation term  $\hat{V}$  becomes important: when AA' are magnetically nonequivalent, i.e., when  $J_{AM} \neq J_{A'M}$ , it mixes the states and turns the crossing into an LAC. Consequently, the populations of the involved levels are mixed. When the system is brought to the LAC between the  $|S\beta\rangle$  and  $|T_{-}\alpha\rangle$  states, see Figure 1b, this kind of mixing results in negative polarization of the AA'-spins along their effective field in the DTF and positive polarization of the M-spin along its effective field in the DTF. For the other LAC between states  $|S\alpha\rangle$  and  $|T_{+}\beta\rangle$  (Figure 1c) the resulting polarization is of the same size, but

opposite sign for both the AA' and M-protons. The full  $v_{rf}$  dependence of polarization is schematically shown in Figure 1f. This simple model leads to two important consequences: (i) the RF-frequency dependence of polarization is anti-symmetric with respect to the center of the spectrum,  $(v_A + v_M)/2$ ; (ii) polarization of the AA'-protons (H<sub>2</sub>) has opposite sign to that of the M-proton belonging to the substrate.

Finally, let us discuss the conditions for having an LAC in the DTF. From eqn. (6) it follows that the two frequencies,  $v_{A,dtf}$  and  $v_{M,dtf}$ , have a difference equal to  $\pm J_{AA'}$ , which is achieved when the frequency  $v_{rf}$  is placed almost at the center of a spectrum,  $(v_A + v_M)/2$ , having only a small offset from this value (either positive or negative). In addition, to make the mixing of states efficient it is required that the angle between the two quantization axes of the DTF,  $\Theta = \theta_A + \theta_M$ , significantly deviates from  $\pi$ , see Figure 1a. This is because the terms describing coupling between different groups of 'isochronous' spins is modified upon going to DTF. The reason for this is that the quantization axes are different for different groups of spins; consequently, the perturbation,  $\hat{V}$ , must be written as follows<sup>21</sup>:

$$\hat{V}_{dtf} = \frac{\cos^2 \Theta/2}{2} J_{AM} (\hat{I}_{A+} \hat{I}_{M-} + \hat{I}_{A-} \hat{I}_{M+}) + \frac{\cos^2 \Theta/2}{2} J_{A'M} (\hat{I}_{A'+} \hat{I}_{M-} + \hat{I}_{A'-} \hat{I}_{M+})$$
+ additional terms (7)

Here we show only the elements of  $\hat{V}_{dtf}$  that cause flip-flop transitions. Consequently, the matrix element, which mixes the crossing state, for instance,  $|S\beta\rangle$  and  $|T_{-}\alpha\rangle$  is proportional to the following quantity<sup>21</sup>:

$$\left(J_{AM} - J_{A'M}\right)\cos^2\Theta/2\tag{8}$$

Thus, to enable flip-flop transitions between the spins from different groups it is necessary that  $\Theta$  significantly deviates from  $\pi$ . In turn, this condition is achieved when  $\nu_1$  is sufficiently large, i.e.,

it is larger than or at least comparable to  $(v_A - v_M)$ . In this situation in the course of mixing at the LAC regions the spins acquire magnetization along the x-axis in the non-tilted rotating frame, which is detected in our experiments. This is important because here we do not use any additional read-pulses but start to acquire the x-magnetization,  $M_x$ , that is generated during the spin mixing, immediately after switching off of RF-pulse.

We have discussed the positions of LACs in the simplest system of an AA'M-type that is indeed the minimal system, which can be treated in the context of SABRE. However, there is still the question whether the results for the AA'M-system also apply to systems with more coupled protons. To answer this question, let us analyze the LACs in the case where the substrate has two 'isochronous' protons, so that the resulting spin system is of the AA'MM'-kind. We also assume that there are two strong couplings in the system, the AA' and MM'-coupling (at least one of them should be strong) while the remaining couplings are significantly smaller. In this situation the AA'- and MM'-couplings can be included in the main Hamiltonian, whereas the four AM-couplings are treated as a perturbative part,  $\hat{V}$ . This allows us to write down the positions of LACs in the DTF  $^{20-21}$ :

$$\pm (\nu_{A,dtf} - \nu_{M,dtf}) = J_{AA'} - J_{MM'}; |ST_{\pm}\rangle_{dtf} - |T_{\pm}S\rangle_{dtf} \text{ level crossings}$$

$$\pm (\nu_{A,dtf} - \nu_{M,dtf}) = J_{AA'} + J_{MM'}; |SS\rangle_{dtf} - |T_{\pm}T_{\mp}\rangle_{dtf} \text{ level crossings}$$
(9)

Thus, it is seen that the number of LACs has doubled as compared to the AA'M case. However, when  $J_{AA'} \gg J_{MM'}$  the LACs are grouped in two pairs with almost the same positions (it is the case of two ortho-protons of Py in the IrIMes complex). Hence, each pair of LACs, (i)  $|ST_{+}\rangle_{dtf} - |T_{+}S\rangle_{dtf}$  and  $|SS\rangle_{dtf} - |T_{+}T_{-}\rangle_{dtf}$ , (ii)  $|ST_{-}\rangle_{dtf} - |T_{-}S\rangle_{dtf}$  and  $|SS\rangle_{dtf} - |T_{-}T_{+}\rangle_{dtf}$ , works as a single LAC because both of them lead to polarization of the same kind. It is typical, that the AA'-coupling is the largest (about -7 Hz), whereas the coupling between the protons of

the substrate is smaller; for instance, between the two ortho-protons of Py it is below 1 Hz. For this reason, the relatively simple three-spin model of the four spin system gives already a valid quantitative description of the problem. When there are more spins in the system and the relation between them is arbitrary the LACs can only be identified from precise quantum-mechanical calculations: This is exactly the approach that we used to model the data. Nonetheless, the description presented above gives a short-cut to an appropriate quantitative understanding of the problem under consideration; in many cases, the positions of LACs can be determined using eqns. (6) and (9).

#### IV. Results and discussion

Here we discuss the details of the dependence of the RF-SABRE effect on the two key parameters, RF-frequency  $v_{rf}$  and RF-amplitude  $v_1$ . We present the results for 2,2'-bipyrazine, 4,4'-bipyridine 3-methyl-1*H*-pyrazole and Py with the IrIMes complex and Py with Crabtree's catalyst (see Chart 1 and Scheme 1). Polarization of the substrate protons and polarization of the dihydrogen in the bulk solution (H<sub>2</sub>) and of the dihydride in the active complex (cH<sub>2</sub>) is also discussed. As an example the structure of the active complex for L=IMes with Py, as well as the reaction pathway leading to the SABRE effect are shown in Scheme 1. In Scheme 1 it is indicated that polarization from cH<sub>2</sub> is transferred only to the equatorial Py ligands. While this applies to IrIMes, one can in the case of Crabtree's catalyst transfer polarization to the axial ligand too (compare the results for Py with the two iridium complexes). The reaction scheme is similar for the other substrates under study, which undergo exchange between two states, the catalyst-bound ligands and the free substrate in bulk solution.

**2,2'-bipyrazine with IrIMes.** The highest enhancement factor for RF-SABRE among the substrates that are presented here is found for 2,2'-bipyrazine, being about 200-300 for the H3

proton, (see spectra in Figure 2). Spectra 1 and 2 in Figure 2 are taken when the LAC conditions are exactly fulfilled for the three-spin system of cH<sub>2</sub> and the H3 proton; however, one should note that in spectrum 2 there is also negative polarization on the H5 and H6 protons formed at the LACs in the four-spin subsystem ( $cH_2$ , H5 and H6). For the sake of simplicity, here coupling between the H3 proton and the H5 and H6 protons is neglected. This is a valid description because the chemical shift difference at 4.7 T between the H3 protons and the H5, H6 protons is about 150 Hz, whereas the J-coupling is only 1.2 Hz. However, the coupling between the H5 and H6 protons cannot be neglected, since the chemical shift difference is only about 20 Hz. The experimental results are consistent with this assumption: the RF-SABRE frequency dependences are different for the H3 proton and for the H5, H6 protons; for each group of protons there is a positive and a negative component in the  $v_{rf}$  dependence. The frequency dependence for  $cH_2$ and H<sub>2</sub> is a superposition of the two components: dihydride is polarized in the three-spin subsystem (cH<sub>2</sub> and H<sub>3</sub>) and in the four-spin subsystem (cH<sub>2</sub>, H<sub>5</sub> and H<sub>5</sub>). This separation of the spin system helps to make the qualitative description simpler; while numerical calculation was done for the entire five-spin system strongly supporting the qualitative arguments: as it is seen from Figure 2 the experimental frequency dependences are in good agreement with the calculation. The RF-frequency  $v_{rf}$  is chosen such (in case of spectra 1 and 2) that it is placed almost at the 'center of the spectrum', that is, at  $v_{rf} = (v_{cH_2} + v_M)/2$ , (here  $v_M$  stands for the NMR frequency of the proton of bipyrazine in the active SABRE complex) but, in accordance with eqns. (6) and (9), slightly detuned from this value. Positive and negative frequency offsets result in different sign of polarization of the H3 proton, which is always opposite to polarization of cH<sub>2</sub> and H<sub>2</sub>, in full accordance with our theoretical treatment. When the RF-frequency is such that the system stays away from any LAC the RF-SABRE effect vanishes: in spectrum 3 there is no polarization of the H3 proton (there is no LAC for the three-spin subsystem), while the H5 and H6 protons are polarized as the LAC conditions for the four-spin subsystem are fulfilled.

**4,4'-bipyridine with IrIMes.** Likewise, for 4,4'-bipyridine positive or negative RF-SABRE enhancement can be observed by varying the RF-frequency, see Figure 3. The maximal achieved enhancement is 13 for the H2,2' and H6,6' protons. Results obtained for 4,4'-bipyridine illustrate an important detail of the RF-SABRE method. In spectra 1 and 2 in Figure 3 enhancements are seen for the H2,6 protons in free bipyridine and in bipyridine bound to the SABRE complex (cH2,6). In order to match the LAC condition and to generate RF-SABRE one has to place the RF-frequency almost at the center between the NMR lines of cH2 and cH2,6 (but not of H2,6) see eqns. (6) and (9); subsequently, the H2,6 protons acquire hyperpolarization due to chemical exchange of the substrate (see Scheme 1). The frequency dependence has the characteristic bimodal shape for both groups of the substrate protons (see Figure 3); polarization for both forms of H2 always has the phase opposite to that of the substrates. Interestingly, in 4,4'-bipyridine one can also split the entire spin system into two four-spin subsystems: cH2 coupled to the H2,6 protons and cH2 coupled to the H3,4 protons. In each subsystem, the frequency dependence of dihydrogen is always a mirror image of that for the substrate and the total RF-SABRE effect for cH2 and H2 is a superposition of the dependences for the two subsystems.

**3-methyl-1H-pyrazole with IrIMes.** The RF-SABRE spectra for 3-methyl-1H-pyrazole for different RF-frequencies are given in Figure 4. A signal enhancement of about 40 is achievable for this substrate. 3-methyl-1H-pyrazole is a good example demonstrating the bimodal RF-SABRE frequency dependence (see Figure 4). As in the previous cases, we can split the full spin system into three individual subsystems because the  $CH_3$ ,  $H_4$  and  $H_5$  protons relatively weakly interact with each other. A theoretical estimate shows that for the  $B_0$  field strength and RF-field

strength used, LACs in individual subsystems with  $cH_2$  are well-separated from each other. As a result, the frequency dependence of RF-SABRE (Figure 4) has three pairs of dips and peaks for the  $cH_2$  and  $H_2$  protons that correspond to LACs in  $(cH_2, H5)$ ,  $(cH_2, H4)$  and  $(cH_2, CH_3)$  subsystems. As previously, the polarization of dihydrogen and dihydride on the one hand and the substrate protons on the other hand is always opposite in sign.

**Pyridine with IrIMes.** Now let us describe the results for RF-SABRE of Py, which is currently the most common substrate in SABRE experiments. Typical RF-SABRE spectra of Py with IrIMes are shown in Figure 5: one can readily see that for obtaining the effect it is crucial to set carefully the RF-field frequency.

Complete frequency dependences for all Py protons, dihydride and dihydrogen are shown in Figure 5. The highest enhancement is observed for the *ortho*-protons of Py, Py-o; while all other protons (namely, the *meta*-protons of Py denoted as Py-m, H<sub>2</sub> and cH<sub>2</sub>) are polarized much weaker.

The frequency dependences of RF-SABRE at any  $v_{rf}$  are in very good agreement with our calculations; and the opposite phase of  $H_2$  and  $cH_2$  compared to the *ortho*-protons of Py additionally supports our theoretical predictions. It is known that Py in the IrIMes complex has two different positions<sup>9</sup>: equatorial (ePy) and axial (aPy). As follows from our experiments, mainly ePy exchanges with free Py in the solution. Therefore one has to set  $v_{rf}$  at the center between  $cH_2$  and one of the Py protons in the complex to obtain polarization of the corresponding Py species. We tried to transfer polarization to both ePy and aPy but achieved significant spin order transfer only to ePy. The reason why polarization can be transferred directly to ePy, but not to aPy is, most probably, because the J-couplings between  $cH_2$  and

protons of ePy are considerably stronger than those between  $cH_2$  and aPy, a requisite that is essential for efficient polarization transfer. Because polarization is transferred to ePy that exchanges with free Py strong polarization on free Py is observed (see Figure 5). For calculation we used the NMR parameters of the 7-spin system describing  $cH_2$  coupled to ePy.

For all substrates the achieved signal enhancement is high, but still smaller than that found for the SABRE effect at low fields<sup>8, 10, 18</sup>. We attribute this decrease of polarization as compared to the low-field case to association-dissociation processes occurring during the spin-locking period. Since the chemical shifts of all protons are different at the complex and in the solution these chemical exchange processes result in modulation of  $v_{A,dtf}$  and  $v_{M,dtf}$  and also of the direction of the tilted axes. This causes variation of the RF-irradiation conditions, which tends to reduce polarization. When SABRE is done at low field this effect is not pronounced because all spins are then quantized along a fixed axis given by the direction of the external magnetic field. To reduce the unwanted effect at high field it is desirable to use strong RF-fields such that the DTF quantization axes almost coincide with the x-axis of the rotating frame for both free and catalystbound substrate. Our results clearly show that when  $v_1$  increases polarization grows in accordance with this expectation, see Figure 1S of SI, and coincides with similar observations<sup>20</sup>-<sup>21</sup>; however, with the field strengths available we were unable to reach the condition  $\nu_1 \gg$  $|\delta v_A|$ ,  $|\delta v_M|$ . Polarization of H<sub>2</sub> should be even more sensitive to the modulation effect because of the very large difference in the chemical shift of H<sub>2</sub> bound to catalyst (-22.8 ppm) and H<sub>2</sub> in solution (4.6 ppm). For this reason, and also because of fast relaxation of H<sub>2</sub> and the fact that some amount of H<sub>2</sub> goes to the gas phase, the absolute signal intensity for H<sub>2</sub> is much smaller than for the Py protons but is still substantial.

For Py the relaxation time is longer and the difference in chemical shift between the free and bound states is smaller than that for  $H_2$  and  $cH_2$ , therefore high absolute signal intensities are achievable. Hence, the duration of RF-field,  $\tau_{rf}$ , when  $cH_2$  polarization reaches saturation (about 0.7 s) is significantly shorter than for Py (about 5 s).

**Pyridine with Crabtree's catalyst.** Finally, let us present the results for Py with Crabtree's catalyst, which is known to be another efficient SABRE catalyst. Experiments were done in the same fashion as for the IrIMes catalyst; again, the SABRE effect is due to spin mixing at LACs in the DTF, as follows from the RF-frequency dependence of polarization. The resulting spectra are shown in Figure 6.

The frequency dependences for RF-SABRE of the Py-o at three different amplitudes of RF-field  $v_1$  are shown in Figure 7. Of all Py protons Py-o acquire the highest NMR enhancement. In all cases the dependence has a positive and a negative component, due to specific LACs in the DTF. As for the IrlMes case, our theoretical treatment reproduces well the experimentally observed dependences. The results also demonstrate that sufficiently high  $v_1$  values are required to provide a considerable high-field SABRE effect. In contrast to IrlMes, for Crabtree's catalyst the polarization transfer proceeds from  $cH_2$  to both, ePy and aPy. It can be seen from comparison of the  $v_{rf}$ -dependences of the Py-o with IrlMes (Figures 1S (SI) and 5) and with Crabtree's catalyst (Figure 7). In the case of IrlMes the frequency dependences are symmetric and (as we mentioned above) polarization is transferred mainly to ePy. In the case of Crabtree's catalyst the frequency dependences are not symmetric. For this reason, we suggest that polarization is transferred to both ePy and aPy; to confirm this assumption we calculated the substrate polarization for both channels of spin order transfer, namely for both 8-spin systems of the complexes with Crabtree's

catalyst. The resulting frequency dependences were summed with different weights. Taking into account the contributions from both systems is required to model the experimental curves. The results presented in Figure 7 show that polarization transfer to aPy and ePy is comparable only at low  $v_1$ , whereas at high  $v_1$  polarization is mainly transferred to ePy.

Figure 8 presents the results for  $cH_2$  and  $H_2$ . Here the frequency dependences have opposite sign as compared to Py-o (see Figure 7). Again, to explain the frequency dependences it is necessary to take into account both transfer channels with aPy and with ePy. However, it is not yet clear why the polarization dependences for  $cH_2$  and  $H_2$  are different because one would expect that they are identical as in case of IrIMes (see Figure 5). The simulation curves for  $cH_2$  and  $H_2$  are sums of those for the two channels with aPy and with ePy; the scaling factors, however, are different for  $cH_2$  and  $H_2$ . As it is seen from the experimental curves  $cH_2$  behaves here more like  $cH_2$  in the complex with ePy and  $H_2$  more like  $cH_2$  in the complex with aPy.

In general, for all the protons under study the experimental results are in good agreement with the simulation. The characteristic dependence of the polarization amplitude and its sign on the RF-frequency shows that the reported high-field SABRE effect is based on LACs, which enable efficient and fast transfer of spin order from parahydrogen to the substrate.

Re-hyperpolarization experiments at high field. Now let us demonstrate a further advantage of the RF-SABRE method, namely the possibility to repeatedly re-hyperpolarize the nuclear spins. For this purpose, we slightly modified the experimental protocol shown in Scheme 2: frequency, amplitude and duration of the RF-irradiation at stage 3 are now kept fixed ( $\tau_b$ =10 s,  $\tau_{rf}$ =0.4 s), while the waiting time  $\tau_1$  (stage 1) was used as variable parameter. We continuously repeated the experiments while reducing  $\tau_1$  and thus  $\tau_e$  after 20 each repetitions. The results are

presented in Figure 9. It is readily seen that for the same total experimental time  $\tau_e$  the enhancement stays on the same level; continuous measurements do not reveal any loss of enhancement for at least several hundreds of experiments. In particular the absence of any decrease in polarization allowed us to measure the frequency dependences shown in this work using only a single sample for each system. Interestingly, when the experimental timing is reduced the signal enhancement only grows, from 200 to 300 for 2,2'-bipyrazine. We attribute this growth to the following factor: as our RF-amplitude  $\nu_1$  is rather low and  $\nu_1 \gg |\delta \nu_A|$ ,  $|\delta \nu_M|$  is not fulfilled, spin nutation is occurring not in the xy-plane, but on a cone around the effective magnetic field in the rotating frame; hence, the magnetization acquires a z-component, which does not decay, when the RF is switched off, but stays for a time  $T_1$ . When the RF is switched on again, the remaining z-component takes again part in the nutation and thus increases the observed x-component. Therefore we achieved a higher enhancement factor when  $\tau_1$  and thus  $\tau_e$  was reduced. For the same reason we expect even higher enhancement factors when  $\nu_1$  is increased.

## V. Conclusion and outlook

To summarize, we demonstrated and analyzed a method to perform <sup>1</sup>H SABRE experiments (RF-SABRE) at high magnetic field. The RF-SABRE signal enhancements achieved are summarized in Chart 1. It is seen that the effect is not limited to the most common SABRE substrate Py but is clearly more general. Using the same approach as in our recent work<sup>4</sup>, it is possible to polarize other molecules containing a nitrogen atom in the aromatic ring. For 2,2′-bipyrazine an NMR enhancement of about 200-300 is achieved. In other cases the NMR enhancement is lower but still significantly larger than that given by the cross-relaxation mechanism. Thus, despite the more complex spin dynamics in systems with several protons (in

comparison with the three-spin system of partially deuterated Py<sup>4</sup>), it is feasible to achieve a significant RF-SABRE effect. Its dependence on the key experimental parameters, amplitude, frequency, and duration of RF-irradiation, is explored; different channels of chemical exchange are separated.

The RF-SABRE method exploits mixing of spin states at LACs; the LAC conditions are fulfilled by turning on a strong RF-field with properly chosen amplitude and frequency. Optimization of RF-field parameters enables implementing the low-field conditions, that is, the LACs, staying at a high magnetic field and opening efficient pathways for coherent transfer of hyperpolarization. Thus, the LACs are the key element of the RF-SABRE method. By varying the RF frequency one can also vary the phase of polarized NMR signals in a simple and desirable way. These results can be well described by the theoretical treatment presented here; also a simple semi-qualitative explanation of our observations is given here that is based on spin mixing and LACs in the doubly tilted frame of reference.

The signal enhancements obtained here are significant but still lower than those obtained in SABRE experiments in a low static field. For instance, Dücker et al.<sup>8</sup> have obtained signal enhancements of the order of 1,000 for the *ortho*-protons of Py and of the order of 200 for different pyrazole derivatives at conditions, similar to those used in our work. We attribute the decrease of the enhancement in RF-SABRE to stochastic modulation of the effective field experienced by spins in the rotating frame, leading to the reduction of polarization. Such a problem is absent in low-field experiments because spins acquire polarization with respect to the time-independent static magnetic field. Comparing low-field SABRE and RF-SABRE it is also important to emphasize that individual protons are polarized in a different way in these two experiments. At low fields, polarization is predominantly transferred from p-H $_2$  to the protons

having the strongest  $J_{AM}$ ,  $J_{A'M}$  couplings; subsequently, polarization is transferred over the substrate molecule<sup>11</sup>. This is because of 'strong coupling' of the entire spin system at low fields: when the difference in the Zeeman interactions of spins with the external field is smaller than or comparable to their coupling a coherent polarization transfer mechanism becomes operative<sup>5</sup> and polarization is spread over a substrate molecule. In contrast, in RF-SABRE substrate protons are usually polarized individually at corresponding LACs: these LACs are occurring at distinct and different  $v_{rf}$  frequencies, furthermore, at each LAC the substrate protons are only weakly coupled to each other. Thus, in RF-SABRE the protons acquire polarization via direct spin order transfer from the  $cH_2$  protons in the SABRE complex; the transfer efficiency thus corresponds to the J-coupling strength between the corresponding protons and  $cH_2$ .

With the signal enhancement reaching 200-300 for substrate protons and 600 for dihydride in the active complex, our method is a significant step forward for establishing SABRE as a high-field technique. The method is relatively straightforward in use and only requires careful setting of the RF-field parameters. Since carrying out experiments at high magnetic fields is technically much easier as it avoids field-cycling and requires only standard NMR equipment we anticipate that our method will give access to exciting applications in NMR spectroscopy and imaging providing a permanent source of nuclear hyperpolarization. Recently, Theis et al. have demonstrated a high-field SABRE technique (LIGHT-SABRE)<sup>3</sup> that uses another group of LACs and allows one to transfer polarization from the *c*H<sub>2</sub> protons to heteronuclei, namely, to <sup>15</sup>N. Development of high-field SABRE methods will open new avenues in NMR and MRI using hyperpolarized nuclear spins.

An important development is the possibility of re-hyperpolarizing the spins in RF-SABRE experiment, as shown here: within only 10 seconds one can obtain the RF-SABRE spectrum

again and the signal enhancement stays the same for several hundreds of successive measurements. Thus, RF-SABRE enables a permanent source of hyperpolarization in NMR and MRI directly at a high magnetic field where the NMR spectral resolution is maximized. This is in contrast to some of the hyperpolarization techniques. For instance, the dissolution DNP technique, which provides a tremendous NMR signal enhancement of about 10,000, is limited to single-shot experiments<sup>27</sup>. The same holds for spin-hyperpolarized noble gases<sup>28-29</sup> despite spin polarization of the order of percent or tens percent one can use a batch of polarized spins only once. The standard PHIP method<sup>17</sup> suffers from a problem that the substrate is chemically modified: after saturation of C-C bonds it does not interact with parahydrogen any further. The CIDNP technique<sup>30</sup> usually suffers from depletion of the chemical system, in which hyperpolarization is produced: like the classical PHIP after certain number of acquisitions the system cannot be polarized anymore. An example of a liquid-state hyperpolarization technique, which enables re-polarization is the Overhauser-DNP: this method is operative at high field providing NMR enhancements of the order of 100<sup>31-33</sup>, which is sustainable in repetitive experiments. While DNP is usually a more universal technique, RF-SABRE can be advantageous for several reasons: (i) signal enhancement is higher; (ii) there are no paramagnetic substances in the solution, which shorten the nuclear relaxation times and reduce spectral resolution; (iii) NMR samples of standard size can be used; (iv) problems associated with high-frequency microwave pumping are avoided. Thus, the feasibility of high-field <sup>1</sup>H SABRE experiments opens new avenues in exploiting hyperpolarized spins in NMR spectroscopy and imaging.

#### ASSOCIATED CONTENT

**Supporting Information** contains the  $v_1$  dependence of the RF-SABRE effect and NMR parameters of the SABRE complexes used in this work. This material is available free of charge via the Internet at http://pubs.acs.org.

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#### **Author Contributions**

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

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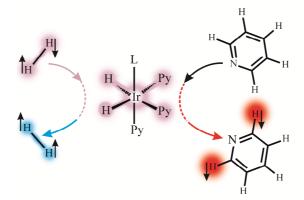
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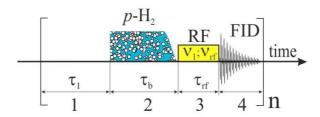
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#### **ABBREVIATIONS**

DTF = Doubly Tilted Frame, LAC = Level Anti-Crossing, NMR = Nuclear Magnetic Resonance, Py = pyridine, RF = Radio-Frequency, SABRE = Signal Amplification By Reversible Exchange, TOCSY = total correlation spectroscopy



Scheme 1. SABRE formation in the complex of the Ir based catalyst with parahydrogen and pyridine (Py); Here L=IMes (1,3-bis(2,4,6-trimethylphenyl imidazole-2-ylidene)) or L=PCy<sub>3</sub> (tricyclohexyl phosphine). Transfer of the initial singlet spin order (represented by two antiparallel arrows) of the parahydrogen molecule entering the complex results in polarization of Py (represented by "down" arrows near the ortho protons); at the same time, the H<sub>2</sub> molecule goes to its ortho-state (shown by "up" arrows). Here, for simplicity, polarization transfer to the equatorial Py and exchange of the equatorial Py with free Py in solution are schematically depicted; in real SABRE complexes the axial Py ligand is also involved in polarization transfer and SABRE formation.



**Scheme 2.** The scheme of continuous RF-SABRE experiment is presented: (stage 1) waiting during the time  $\tau_1$  to allow all hyperpolarization that remain from the previous RF-SABRE cycle to relax; (stage 2) bubbling by p-H<sub>2</sub> during the time period  $\tau_b$ ; (stage 3) application RF-pulse with amplitude  $v_1$  and frequency  $v_{rf}$  during the time period  $\tau_{rf}$ ; (stage 4) measuring the Free Induction Decay (FID). Total time of one RF-SABRE experiment is  $\tau_e$ . The experiment can be repeated several hundreds of times for the single sample.

**Chart 1**. Chemical structures of substrates used; assignments of the proton positions and absolute values of the achieved NMR signal enhancements in comparison with NMR signal at 4.7 Tesla are also specified. Structure of pre-catalyst ligands, IMes and PCy<sub>3</sub>, is also shown.

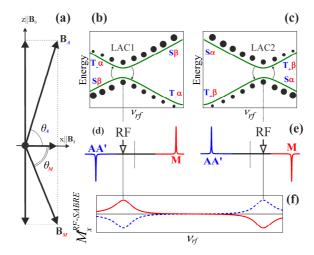
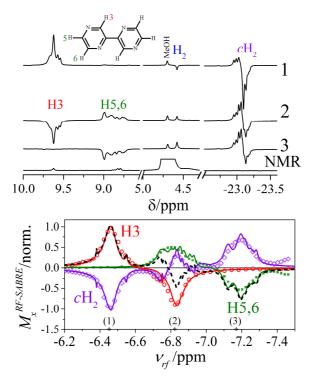
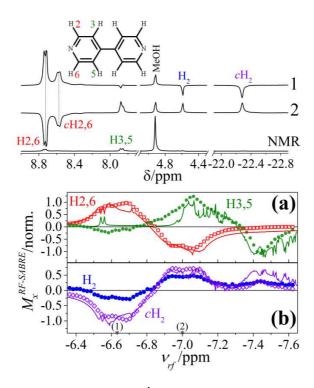


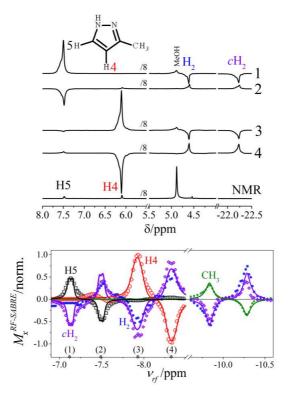
Figure 1. Schematic representation of the axes of the doubly tilted frame (DTF) (a) for three spin system AA'M: spins are quantized along the new axes,  $\mathbf{B}_A$  and  $\mathbf{B}_M$ ; they are inclined with respect to the x-axis, the inclination angles being  $\theta_A$  and  $\theta_M$ . In (b) and (c) we show the LACs in the DTF between the levels  $|S\beta\rangle$  and  $|T_{-}\alpha\rangle$  (LAC1) and between the levels  $|S\alpha\rangle$  and  $|T_{+}\beta\rangle$  (LAC2). Arrows represent transfer of polarization between two states at LAC region. In (d) and (e) the NMR spectra resulting from spin mixing at each LAC (with the position of the applied RF-field indicated by an arrows) shown under the corresponding energy diagram. Subplot (f) schematically shows polarization of the AA'-spins (dashed line) and M-spin (solid line) as a function of  $v_{rf}$ . In (b) and (c) the size of balls represents populations of the spin levels after spin mixing under the action of RF-excitation in the case where the AA' protons are born in the singlet state and other spins are not polarized.



**Figure 2**. (top) <sup>1</sup>H RF-SABRE spectra of 2,2'-bipyrazine with the IrIMes in mixture of 80% methanol and 20% DMSO obtained after applying an RF-field with amplitude of 28.6 kHz and frequency positions at -6.46 ppm (trace 1), -6.84 ppm (trace 2) and -7.18 ppm (trace 3). The thermal single-scan NMR spectrum is also shown for comparison (bottom trace). Positions of different protons are assigned. (bottom) Dependence of the RF-SABRE effect on  $v_{rf}$  is shown; asterisks denote  $v_{rf}$  positions, for which RF-SABRE spectra (top) have been obtained. Here  $v_1$ =28.6 kHz,  $\tau_{rf}$ =0.4 s,  $\tau_1$ =20 s,  $\tau_e$ =35 s. cH<sub>2</sub> is the dihydrogen at the active complex. Lines are result of computation with the NMR parameters listed in the Table 1S (SI); dashed line shows the calculated polarization of all protons of the substrate. Maximal enhancement factors  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  are 194 for H3, 60 for H5 and H6 and 700 for cH<sub>2</sub>.



**Figure 3.** (top) 1H RF-SABRE spectra of 4,4'-biryridine with the IrIMes in methanol obtained after applying an RF-field with amplitude of 28.6 kHz and frequency positions at -6.6 ppm (trace 1) and -7. 60 ppm (trace 2). The thermal single-scan NMR spectrum is also shown for comparison (bottom trace). Positions of different protons are assigned. (bottom) Dependence of the RF-SABRE effect on  $v_{rf}$  is shown; asterisks denote  $v_{rf}$  positions, for which RF-SABRE spectra (top) have been obtained. In (a) the results are shown for the substrate protons and in (b) the results are shown for H<sub>2</sub> and cH<sub>2</sub>. Here  $v_1$ =28.6 kHz,  $\tau_1$ =20 s; in (a)  $\tau_{rf}$ =10 s in (b)  $\tau_{rf}$ =0.6 s. Lines are result of computation with the NMR parameters listed in the Table 2S (SI). Maximal enhancement factors  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  are 13 for H2,6, 3.5 for H3,5, 40 for H<sub>2</sub> and 80 for cH<sub>2</sub>.



**Figure 4.** (top) <sup>1</sup>H RF-SABRE spectra of 3-methyl-1H-pyrazole with the IrIMes in methanol obtained after applying an RF-field with amplitude of 28.6 kHz and frequency positions at -8.33 ppm (trace 1), -7.93 ppm (trace 2), -7.5 ppm (trace 3) and -7.13 ppm (trace 4). The thermal single-scan NMR spectrum is also shown for comparison (bottom trace). Positions of different protons are assigned. (bottom) Dependence of the RF-SABRE effect on  $v_{rf}$  is shown; asterisks denote  $v_{rf}$  positions, for which RF-SABRE spectra (top) have been obtained. In (a) the results are shown for the substrate protons and in (b) for H<sub>2</sub> and cH<sub>2</sub> and the methyl group of the substrate. Here  $v_1$ =28.6 kHz,  $\tau_1$ =20 s; in (a)  $\tau_{rf}$ =7 s in (b)  $\tau_{rf}$ =2.2 s. Lines are result of computation with the NMR parameters listed in the Table 3S (SI). Maximal enhancement factors  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  are 18 for H5, 37 for H4, 3 for CH<sub>3</sub>-group, 15 for H<sub>2</sub> and 20 for cH<sub>2</sub>.

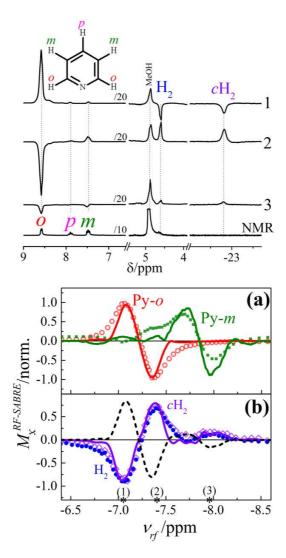
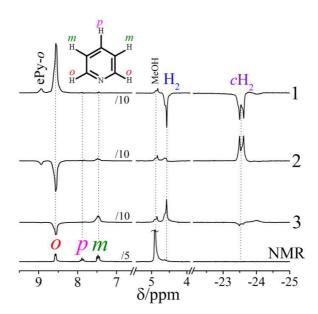


Figure 5. (top) <sup>1</sup>H RF-SABRE spectra of Py with the IrIMes in methanol obtained after applying an RF-field with amplitude of 28.6 kHz and frequency positions  $v_{rf}$ =-7.0 ppm (curve 1), -7.4 ppm (curve 2), and -7.9 ppm (curve 3). Positions of different protons are assigned. Letters o,p,m denote the ortho, para and meta-protons of Py; H<sub>2</sub> and cH<sub>2</sub> denote dihydrogen in the bulk and at the active complex. The thermal single-scan NMR spectrum is also shown for comparison (bottom trace). (bottom) Dependence of the SABRE-derived NMR enhancement on  $v_{rf}$  at amplitude  $v_1$ =20.3 kHz for different protons is shown; asterisks denote  $v_{rf}$  positions, for which RF-SABRE spectra (top) have been obtained. (a) Red: ortho-protons of py (Py-o), (b) magenta:

meta-protons of py (Py-m), green: para-proton of py (Py-p), (c) blue: dihydrogen in the bulk (H<sub>2</sub>), violet: dihudrogen in active complex (cH<sub>2</sub>). Lines show the simulation results for the 7-spin system of IrIMes with Py [H<sub>2</sub>Ir-ePy] (see Table 4S (SI)). Maximal enhancement factors  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  are 52 for Py-o, 8 for Py-m, 150 for H<sub>2</sub> and 550 for cH<sub>2</sub>.



**Figure 6.** <sup>1</sup>H RF-SABRE spectra of Py with Crabtree's catalyst in methanol obtained after applying an RF-field with amplitude of 28.6 kHz and frequency positions at -7.15 ppm (trace 1), -7.50 ppm (trace 2) and -7.90 ppm (trace 3). The thermal single-scan NMR spectrum is also shown for comparison (bottom trace). Positions of different protons are assigned. Letters o,p,m denote the ortho, para and meta-protons of py; H<sub>2</sub> and c-H<sub>2</sub> denote dihydrogen in the bulk and in the catalyst.

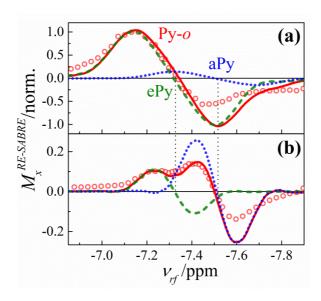


Figure 7. Dependence of NMR enhancement induced by RF-SABRE on  $v_{rf}$  for different  $v_1$  values for the ortho-protons of Py in the system of Py with Crabtree's catalyst in methanol: 28.6 kHz (a) and 11.4 kHz (b). Lines show the simulation results: dashed green lines – calculation for the 8-spin system Crabtree [H<sub>2</sub>PIr–ePy], dotted blue lines – calculation for the system Crabtree [H<sub>2</sub>PIr–aPy], solid red line – sum of the two curves given by the dashed and dotted lines. Max enhancement factor  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  for Py-o is 45.

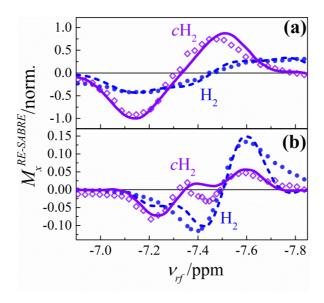
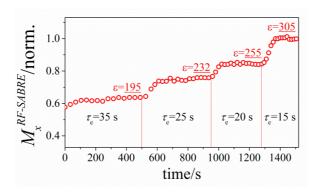


Figure 8. Dependence of NMR enhancement induced by RF-SABRE on  $v_{rf}$  for different  $v_1$  values for the dihydrogen in the bulk (blue triangles:  $H_2$ ) and dihydrogen in the active complex (violet diamonds:  $cH_2$ ) in the system of Py with Crabtree's catalyst in methanol: 28.6 kHz (a) and 11.4 kHz (b). Lines show the simulation results for  $cH_2$  and  $H_2$  (see text). Maximal enhancement factors  $\varepsilon = M_x^{RF-SABRE}/M_z^{thermal}(B_0 = 4.7 T)$  are 180 for  $cH_2$  and 80 for  $H_2$ .



**Figure 9**. Continuous  $^1$ H re-hyperpolarization at high field of 200 MHz NMR by means of RF-SABRE for 2,2'-bipyrazine with IrIMes in methanol. H3 proton is hyperpolarized. Here  $\nu_1$ =28.6 kHz,  $\nu_{rf}$ =-6.46 ppm,  $\tau_{rf}$ =0.4 s,  $\tau_b$ =10 s, by changing the time interval between the two consecutive bubbling stages the total duration of single RF-SABRE cycle,  $\tau_e$ , was varied: 35s, 25 s, 20 s and 15 s.

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## **Table of Contents Graphic**

