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# Human mastoid periosteum-derived stem cells: promising candidates for skeletal tissue engineering

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#### **Abstract**

Currently, mesenchymal stem cells (MSCs) are considered as the most eligible cells for skeletal tissue engineering. However, factors such as difficult stimulation and control of differentiation in vivo hamper their clinical use. In contrast, periosteum or periosteum-derived cells (PCs) are routinely clinically applied for bone and cartilage repair. PCs have often been named MSCs but, although cells of osteochondrogenic lineages arise from MSCs, it is unclear whether periosteum really contains MSCs. Our aim was to investigate the MSC-like character of PCs derived from the periosteum of mastoid bone. Harvesting of periosteum from mastoid bone is easy, so mastoid represents a good source for the isolation of PCs. Therefore, we analysed the MSC-like growth behaviour and the expression of embryonic, ectodermal, endodermal and mesodermal markers by microarray and FACS technology, and the multilineage developmental capacity of human PCs. Regarding clinical relevance, experiments were performed in human serum-supplemented medium. We show that PCs do not express early embryonic stem cell markers such as Oct4 and Nanog, or the marker of haematopoietic stem cells CD34, but express some other MSC markers. Osteogenesis resulted in the formation of calcified matrix, increased alkaline phosphatase activity, and induction of the osteogenic marker gene osteocalcin. Staining of proteoglycans and deposition of type II collagen documented chondrogenic development. As shown for the first time, adipogenic stimulation of mastoid-derived PCs resulted in the formation of lipid droplets and expression of the adipogenic marker genes aP2 and APM1. These results suggest MSC-like PCs from mastoid as candidates for therapy of complex skeletal defects. Copyright © 2008 John Wiley & Sons, Ltd.

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#### 1. Introduction

Regenerative medicine approaches using autologous cells for bone and cartilage repair have progressed 'from bench to bedside' (Brittberg *et al.*, 1994; Ossendorf *et al.*, 2007; Schmelzeisen *et al.*, 2003). Stem cells have become very prominent candidates for such cell therapy approaches

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because of their pronounced expansion capacity, their remarkable plasticity and, therefore, their potential to regenerate complex tissue defects. For connective tissue repair, adult stem cells derived from sources such as adipose tissue (Zuk et al., 2001), synovial membrane (De Bari et al., 2003), fetal membranes (Soncini et al., 2007), trabecular bone (Noth et al., 2002) and bone marrow (Caplan et al., 1994; Reyes et al., 2002) have been extensively characterized but are not routinely used in the clinic so far. Despite many cell and molecular biological approaches characterizing mesenchymal stem cells (MSCs), their multilineage differentiation pathways, their immunoprivileged status and their in vivo applicability (Barry and Murphy, 2004), very limited clinical studies have been performed (Picinich et al., 2007). Factors such as failure of stable ectopic tissue formation, difficult stimulation and control of differentiation in vivo and occasionally insufficient cell survival after seeding on a construct and subsequent transplantation hamper their application.

In marked contrast to MSCs, periosteum as a whole or periosteum-derived progenitor cells (PCs) have been used in thousands of surgeries, e.g. as a covering layer to prevent chondrocyte leakage during autologous chondrocyte implantation (ACI; Brittberg et al., 1994), as a graft for reconstruction of the patellar articulation (Hoikka et al., 1990) and as tissue-engineered bone transplant for maxillary sinus floor augmentation (Schmelzeisen et al., 2003). Interestingly, in contrast to MSCs, PCs are barely characterized at the cellular and molecular level.

Periosteum plays a major role in bone growth, bone development, bone fracture healing and in cortical blood supply (Decker et al., 1996). The periosteum of endochondral bones (bones formed by endochondral ossification), and also of membranous bones (bones formed by intramembranous ossification in which bone formation is not preceded by cartilage formation in normal development) consists of two layers. The outer layer is fibrous, contains fibroblasts and abundant collagen fibres and provides attachment of muscles, tendons and ligaments to the bone. The inner cambial layer contains progenitor cells with osteogenic and chondrogenic capacity and is involved in bone healing (Buckwalter and Cooper, 1987; Nakahara et al., 1991; O'Driscoll and Fitzsimmons, 2001). Since the pioneer work in the 1990s of A. Caplan, who has investigated the osteogenic potential of PCs in the field of bone repair, the capacity of PCs to develop into bone and cartilage has been evaluated in several studies (De Bari et al., 2001; Fukumoto et al., 2003; Groger et al., 2003; Nakase et al., 1993).

On the basis of their osteochondrogenic developmental potential, PCs have often been named 'multipotent MSCs'. Really, although cells of osteogenic and chondrogenic lineages generally arise from mesenchymal stem cells (Marks and Popoff, 1988), it is unclear whether periosteum contains such stem cells. The fact that even periosteum from membranous bones expresses

cartilage markers and differentiates into chondrocytes has been interpreted in different ways, based on distinct experimental results: chondrocytes may arise from bi- or multipotent stem cells, from a particular chondroprogenitor cell population, or from osteogenic cells (Fang and Hall, 1997). So far it has not been shown that PCs have the same potential as MSCs to form all varieties of connective tissue cells. For instance, their adipogenic development is not well characterized on the cellular and molecular level. Furthermore, very few data regarding the expression profile of embryonic, ectodermal, endodermal, mesodermal and MSC markers have been reported until now.

The aim of this study was to investigate the MSClike character of human periosteal cells derived from periosteum of the endochondral mastoid bone. Harvesting of periosteum from mastoid bone is relatively easy and so, this tissue represents a good cell source for the isolation of PCs for regenerative medicine. We have studied their expansion capacity using clinically applied cell culture techniques (e.g. human serum), their stem cell-related surface marker expression profile applying genomewide microarray and FACS analysis, their osteogenic and chondrogenic potential, and for the first time on the cellular and molecular level their time course of adipogenesis. We hypothesize, that periosteal cells in general and thus, also from the mastoid bone, are even more MSC-like then known so far and therefore, are very promising candidates for cell therapies of complex skeletal tissue defects such as osteochondral defects.

#### 2. Materials and methods

#### 2.1. Cell isolation and expansion

Periosteal autografts (0.5 cm<sup>2</sup>) were harvested from the human mastoid of 15 patients undergoing mastoidectomy. PCs were isolated as described previously (Zheng et al., 2006). Briefly, periosteal tissues were rinsed with PBS (Biochrom, Berlin, Germany) and Hanks' solution (Biochrom), minced and digested in DMEM/Ham's F12 medium (Biochrom) containing 10 000 U/ml collagenase II (Biochrom), 10% human allogeneic serum (German Red Cross, Berlin) and 1% antibiotic-antimycotic solution (Biochrom). The tissues were digested for 3 h at 37 °C and the cells were subsequently harvested, resuspended in DMEM/Ham's F12 medium containing 10% human allogeneic serum, plated and allowed to attach for 4-10 days. Adherent growing PCs were cultured under standard cell culture conditions and the medium was replaced every 2-3 days. On reaching 90% confluence, the PCs were subcultured by treatment with 0.5% trypsin-EDTA (Biochrom) and subsequently replated at a density of 6000 cells/cm<sup>2</sup>. The study was approved by the ethical committee of the Charité-University Medicine Berlin.

#### 2.2. Genome-wide gene expression profiling

To analyse the expression of marker genes, total RNA from passage 2 (P2) PC cultures (n = 6) was isolated as described previously (Chomczynski, 1993) and was used for genome-wide microarray analysis with the Affymetrix HG-U133 plus 2.0 array (Affymetrix, Santa Clara, USA) according to the manufacturer's recommendations. Briefly, cDNA was synthesized from 1 µg total RNA and submitted to in vitro transcription (ENZO Biochem, New York, USA) to generate biotin-labelled complementary RNA (cRNA); 15 µg of fragmented cRNA were hybridized to gene chips for 16 h at 45 °C. The gene chips were washed and stained as recommended (fluidics station) and scanned using the GeneArray scanner. Affymetrix GCOS 1.4 software was used to generate DAT, CEL and EXP files and to process and normalize the raw data for signal and detection call calculation. We were exclusively interested in genes that were already published as stem cell markers. Out of the huge number of such candidates, we selected those genes whose detection call was 'present' or 'absent' on all six microarrays (100% 'present' or 100% 'absent'). From these selected candidates the mean signal values and mean standard deviations (SD) of the signal values were calculated.

#### 2.3. Flow cytometric analysis (FACS)

Single cell suspensions of PCs (n = 3, P4) were washed in PBS/0.5% BSA. The cells were incubated with titrated primary staining reagents for 15 min on ice  $(2.5 \times$ 10<sup>5</sup> cells/0.1 ml in PBS/0.5% BSA). Primary staining reagent unlabelled monoclonal mouse anti-human SH2 (CD105) was provided by the German Rheumatism Research Center. Fluorescein isothiocyanate (FITC)labelled mouse anti-human CD44, CD45 and CD90, and R-phycoerythrin (PE)-labelled mouse anti-human SH3 (CD73), CD14 and ALCAM (CD166) were purchased from Pharmingen (Heidelberg, Germany). Monoclonal mouse anti-human CD34 labelled to PE was purchased from Miltenyi (Bergisch Gladbach, Germany). FITC-labelled monoclonal mouse anti-human Stro-1 was a kind gift from Dr Pierre Charbord (Inserm, Tours, France). For double staining with SH2, the cells were incubated with unlabelled SH2, washed with PBS/0.5% BSA and incubated with biotinylated goat anti-mouse IgG for 10 min on ice. After washing again and incubation on ice with streptavidin coupled to cytochrome 5 (Cy5) for an additional 10 min, the cells were washed again and finally incubated with PE or FITC antibodies specific for a second surface molecule, such as SH3, CD14, CD34, CD44, CD45 CD90 or CD166. Prior to analysis in a LSR I cytometer (Heidelberg), the cell samples were washed. Dead cells and debris were stained with PI (Sigma, Taufkirchen, Germany) and excluded. Data were evaluated using CellQuest software (Becton-Dickinson).

#### 2.4. Cell differentiation studies

The differentiation potential of human PCs (n = 3, P4) was demonstrated by culturing these cells under conditions that promote mesenchymal stem cell differentiation (Pittenger et al., 1999). To induce osteogenesis, 6000 PCs/cm<sup>2</sup> were seeded and induced in DMEM/Ham's F12 (5% human serum) containing 100 nm dexamethasone (Dex; Sigma), 0.05 mm L-ascorbic acid 2-phosphate (AsAP; Sigma), 10 mm  $\beta$ -glycerophosphate (Sigma) and 1.5 mm calcium chloride dihydrate (Sigma). For chondrogenesis, PCs were centrifuged to form a micromass and were cultured in a defined medium consisting of DMEM (Biochrom), ITS+1 (Sigma), 100 nm Dex, 0.17 mm AsAP and 10 ng/ml transforming growth factor- $\beta$ 1 (TGF $\beta$ 1) or TGF $\beta$ 3 (R&D Systems, Wiesbaden, Germany). To induce adipogenesis the PCs were treated with induction medium, consisting of DMEM supplemented with 10% human serum, 1 μM Dex, 0.2 mM indomethacin (Sigma), 10 µg/ml insulin (Novo Nordisk, Mainz, Germany), 0.5 mm 3-isobutyl-1-methylxanthine (Sigma), and maintenance medium containing DMEM, human serum and 10 µg/ml insulin, within three cycles (3 days induction, 2 days maintenance).

#### 2.5. Polymerase chain reaction

To demonstrate osteogenesis and adipogenesis at the mRNA level, total RNA was isolated (Chomczynski, 1993). Subsequently, 5  $\mu g$  total RNA were reverse-transcribed after annealing with 500 ng oligo-(dT) primers (Gibco, Karlsruhe, Germany) and 5 U Superscript reverse transcriptase (Gibco) in 70  $\mu l$  reaction mixture. The housekeeping gene *GAPDH* was used to normalize marker gene expression in each sample in different concentrations. Real-time PCR applying the BioRad iCycler (BioRad, Munich, Germany) was performed with 1  $\mu l$  cDNA sample, using the SYBR Green PCR Core Kit (Applied Biosystems, Darmstadt, Germany). Relative quantitation of marker genes (Table 1) was performed as described (ABI Prism 7700, 1997) and the results given as percentages of the *GAPDH* product.

## 2.6. Histological methods and immunohistochemistry

During osteogenesis, cells express high levels of alkaline phosphatase, which was visualized by staining with Sigma fast BCIP/NBT (Sigma). von Kossa staining demonstrated the deposition of a bone-specific mineralized matrix. Chondrogenesis was documented by histological staining of cartilage proteoglycans with Alcian blue 8GS (Roth, Karlsruhe) as well as by immunohistochemical methods using the EnVision  $^{\text{TM}}$  + System, Peroxidase Mouse Kit (Dako, Hamburg, Germany). Cryosections (6  $\mu$ m) were incubated for 1 h with primary antibodies (rabbit anti-human types I and II collagen; DPC Biermann,

Table 1. Oligonucleotide sequences

Gene	Accession No.	Oligonucleotides (5 $^{\prime}  ightarrow$ 3 $^{\prime}$ ) (up/down)	Product size (bp)
GAPDH	XM_006959	GGC GAT GCT GGC GCT GAG TAC TGG TCC ACA CCC ATG ACG A	149
Collagen type la1	NM_000088	CGA TGG CTG CAC GAG TCA CAC CAG GTT GGG ATG GAG GGA GTT TAC	180
Osteocalcin	X_51699	GAG CCC CAG TTC CCC TAC CC GCC TCC TGA AAG CCG ATG TG	103
aP2	NM_000134	CCT TAG ATG GGG GTG TCC TGG TA AAT GTC CCT TGG CTT ATG CTC TC	156
APM1	NM_004797	GGC CTG CCC AGC TCT CGT AT CTC TCC TCT TTG GGC ATC ACC	83

bp, base pairs.

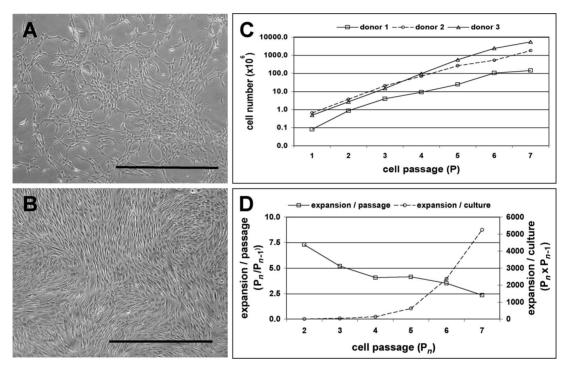


Figure 1. Morphological appearance and expansion capacity of human mastoid PCs. (A) By day 14, human mastoid-derived periosteal cells (PCs) showed a fibroblast-like morphology when cultured in medium supplemented with 10% human allogenic serum. (B) During subculture, the PCs appeared slightly larger and had a more stretched morphology. (C) Although donor-dependent, primary cultures starting with <100 cells could be expanded to >2.5 ×  $10^9$  cells in P7. (D) During *in vitro* expansion the proliferative activity of PCs (cell passage  $P_n$ /cell passage  $P_{n-1}$ ) decreased. The expansion factor of PCs (cell passage  $P_n$  × cell passage  $P_{n-1}$ ) was 5200. Original magnifications: (A, B) × 100

Bad Nauheim, Germany). Subsequently, samples were treated according to the manufacturer's protocol and counterstained with haematoxylin (Merck, Darmstadt). Adipocytes were identified by staining with oil red O (Sigma).

### 3. Results and discussion

## 3.1. Culture of human mastoid-derived periosteal cells in human serum

Human periosteal cells were isolated from the mastoid bone and expanded in medium containing allogenic human serum. Within 5 days, PCs attached to the culture plates. By day 14, the PCs became adherent and round-shaped erythrocytes were removed by exchange of medium (Figure 1A). Primary PCs exhibited an MSC-like fibroblastic morphology. In higher cell passages, the PCs appeared slightly larger (Figure 1B). To investigate their expansion potential, the PCs were cultured up to passage 7 (P7) and cell numbers (mean of n = 3 donors) were calculated in each cell passage following subconfluence (Figure 1C). Single primary cultures starting with <100 adherent cells and expanded up to  $4 \times 10^5$  cells at subconfluence (P1), could be expanded to over  $13 \times 10^6$  PCs in P3, and  $2.5 \times 10^9$  cells in P7 (Figure 1C, D). Dividing the number of PCs obtained in passage  $P_n$  through those obtained in  $P_{n-1}$  (expansion/passage; Figure 1D) demonstrates a decreasing proliferative activity during expansion. Because of their high expansion capacity, PCs represent promising candidates for the regeneration of

large defects. In our own studies, we have shown that the osteogenic potential of PCs is reproducibly stable until cell passage 6 (data not shown). In addition, in in vitro (Zheng et al., 2006) and in vivo (Schmelzeisen et al., 2003) studies, we observed that bone transplants of  $0.5 \text{ cm}^2$  containing  $2.5 \times 10^6 \text{ PCs}$  are suitable for the regeneration of bone defects. From 0.2 cm<sup>2</sup> small biopsies, at P4 we isolated about  $60 \times 10^6$  PCs, at P5  $280 \times 10^6$ . Extrapolated, after P4 theoretically a defect area of 12 cm<sup>2</sup> and after P5 of 56 cm<sup>2</sup> might be filled. However, vascularization of the repair tissue has to be assured, which is still a main problem in most approaches regarding the regeneration of large defects. As expected for primary cells, the number of PCs obtained strongly varied from donor to donor. Circumstances such as the periosteum harvesting procedure, cell isolation by enzymatic digestion and donor age and state influence the number and also the developmental potential of PCs and other mesenchymal cells (Brownlow et al., 2000; O'Driscoll et al., 1999). From about 15% of the biopsies, no cells could be isolated. This may be partly due to the remaining PCs containing cambial layer on the bone during mastoidectomy. Enhanced techniques for tissue harvest, such as hydraulic elevation (Marini et al., 2004) or the use of a raspatory, ensures the harvest of the cambial layer. Nevertheless, P7 mastoid-derived PCs showed a 6000-fold increased cell number compared to primary cultures. Interestingly, for human bone marrow-derived MSCs, a similar expansion potential has been reported (Haynesworth et al., 1992). In contrast, Agata et al. (2007) reported a significantly higher proliferation potential of mandibular-derived PCs than that of MSCs. However, the average age of the periosteum donors was 20 years and of the bone marrow donors 37 years, indicating an age-related effect. A progressive age-associated decline in the growth rate of PCs is known from other studies (De Bari *et al.*, 2006). Regarding cell therapy applications, besides their impressing expansion capacity it is important that PCs, as shown in our study, grow in allogenic human serum, maintaining their developmental capacity. In contrast, MSCs adherence and growth strongly depends on proper serum batches (Lennon *et al.*, 1996).

## 3.2. Mastoid PCs express mesenchymal stem cell-related surface marker

Genome-wide Affymetrix HG-U133 plus 2.0 array analysis was performed (n = 6 donors) to investigate whether PCs express early embryonic, ectodermal, endodermal and mesodermal genes and haematopoietic and mesenchymal stem cell markers. In summary (see Table 2 and Supplementary Material), they do express embryonic stem cell marker genes such as CD9 (100% detected as present), but do not express the most prominent early markers, such as the transcription factor Oct4/POU5F1, NANOG, SSEA4/SIAT6 and TERT (100% detected as absent). In contrast, subpopulations of human bone marrow MSCs express Oct4/Pou5F1, TERT and distinct other ES genes (Pochampally et al., 2004), indicating a more 'primitive' character of MSCs. MSCs obtained from amniotic fluid also express Oct4/Pou5F1 (Tsai et al., 2004) and human term placenta-derived MSCs express SSEA4/SIAT6 (Yen et al., 2005). Like human MSCs (Tremain et al., 2001), PCs also express marker genes of cells present in the three germ layers. This implies a broad developmental potential of mastoid-derived PCs. Nevertheless, most of the prominent ectodermal,

Table 2. Marker genes expressed by human PCs (microarray data, n=6 donors)

Marker genes expressed by	PC expression profile
Pluripotent embryonic stem cells (ES)	Present: CD9, COMMD3, DIAPH2, GJA1, IFITM1, IFITM2, IL6ST, NUMB, PTEN, sFRP2
,	Absent: CLDN6, CFC1, FGF4, GABRB3, GDF3, Lefty1, Lefty2, LIN28, NANOG, NR5A2, Oct-4/POU5F1, REX1, SOX1, SSEA4/SIAT6, TERT, UTF1
Ectoderm	Present: CRABP2, nestin, TUBB3, vimentin
Endoderm	Absent: ISL1, MAP2, MSI1, NeuroD1, Olig2, PAX6, SOX18, synaptophysin  Present: decorin, fibronectin1, GATA6, Jaminin-γ1, PDHX, Smad2
Endoderm	Absent: α-fetoprotein, FGF8, FOXA2, GATA4, glucagon, HHEX, HNF4A, IAPP, insulin, laminin-α1, nodal, Otx2, PAX4, SOX17, TAT, Wnt3
Mesoderm	Present: Col I, MSX1, CBFA1
Multipotent haematopoietic stem cells (HSCs)	Absent: $\alpha$ -actin, Col II, desmin, haemoglobin- $\beta$ , haemoglobin- $\xi$ , HLXB9, NPPA, WT1 Absent: CD14, CD34, CD45, CDCP1, ITGAL, ITGAM
Multipotent mesenchymal stem cells (MSCs)	Present: Extracellular matrix components: Col-I, Col-III, Col-IV, Col-V, Col-VI, Col-VII, Col-VIII, Col-XII, Col-XIII, Col-XIII, Col-XIV, Col-XVI, perlecan, versican, syndecan, hyaluronan and proteoglycans, link protein 3, fibronectin, laminin Growth factors and cytokines: IL-6, IL-7, IL-8, M-CSF, LIF, SCF, TGFβ1, TGFβ2 Matrix receptors: ICAM3, VCAM1, LFA3
3.6 263 (13.23)	Growth factors and cytokine receptors: IL-1R, IL-9R, IL-10R, IL-11R, IL-13R, PDGFR, TNFRSF-1, TNFRSF-10, TNFRSF-11, TNFRSF-12, FAS, TGF $\beta$ 1R, TGF $\beta$ 2R, TGF $\beta$ 3R, IFN $\gamma$ R1, IFN $\gamma$ R 2, EGFR Surface antigens: CD44, CD58, CD71, CD73, CD90, CD105, CD166, HLA-ABC Integrins: $\alpha$ 4, $\alpha$ 5, $\alpha$ 7, $\alpha$ 10, $\beta$ 1, $\beta$ 3, $\beta$ 5 chains

Further details of ES, ectodermal, endodermal, mesodermal, HSC and MSC expression can be found, for example, in the following references: ES, ectodermal, endodermal, mesodermal: Adewumi et al., 2007; Brandenberger et al., 2004; Chiu and Rao, 2003; Ginis et al., 2004: HSCs, Wognum et al., 2003; MSC: Barry and Murphy, 2004; Haynesworth et al., 1996; Majumdar et al., 1998; Pittenger et al., 1999.

endodermal and mesodermal marker genes could not be detected. PCs showed no expression of typical haematopoietic stem cell surface antigens such as CD11a, CD11b and the early haematopoietic stem cell marker CD34. This is in concordance with the expression profile of these markers by MSCs (Pittenger et al., 1999). Moreover, PCs showed a similar but not identical expression of marker genes also expressed by mesenchymal stem cells (see Table 2 and Supplementary Material): they express a broad pattern of: (a) cell surface antigens, such as the hyaluronan receptor CD44, the transferrin receptor CD71, the ecto-5'-nucleotidase (SH3, CD73), the Thy-1 cell surface antigen CD90, the TGF $\beta$ 1 and - $\beta$ 3 receptor endoglin (SH2, CD105) and the activated leukocyte cell adhesion molecule (ALCAM, CD166); (b) growth factors, cytokines and their receptors; (c) extracellular matrix components, such as collagens, fibronectin and laminin; and (4) integrins. However, compared with MSCs, PCs clearly expresses fewer interleukins, integrins, growth factors and their receptors. The expression of such molecules underlines the role of MSCs in the bone marrow for formation and function of the stromal microenvironment, which produces inductive and regulatory signals not only for MSCs but also for the development of haematopoietic progenitors and other non-mesenchymal stromal cells (Majumdar et al., 1998). This implies a more restricted function of PCs limited to bone remodelling and repair. Interestingly, both PCs and MSCs express CD44, a receptor that plays an important role in the organization of the extracellular matrix in bone marrow or in bone, respectively (Yamazaki et al., 1999).

To verify some of the microarray data and to further characterize mastoid-derived PCs with respect to their MSCs resemblance, cells were FACS analysed (n = 3 donors) for the presentation of typical human MSC marker epitopes (Pittenger *et al.*, 1999). Analysis of P4 PCs showed a homogeneous cell population (Figure 2). They were uniformly negative for cell epitopes of the

lipopolysaccharid receptor CD14 (Figure 2A), the leukocyte common antigen CD45 (Figure 2A, D), and CD34 (Figure 2B). In addition, they were negative for Stro-1 (95%) (Figure 2F). In contrast, periosteal cells showed a high presentation of the MSC markers CD44 (hyaluronan receptor; Figure 2C), CD73 (SH3, ecto-5'-nucleotidase; Figure 2E, F), CD90 (Thy-1; Figure 2G), CD166 (ALCAM; Figure 2H) and CD105 (SH2; Figure 2B-E, G, H). A similar FACS profile has also been reported for periosteal cells, e.g. derived from periosteum of the distal insertion of a dissected semitendinosus tendon (Sakaguchi et al., 2005), for mesenchymal progenitor cells derived from trabecular bone (Tuli et al., 2003), from term placenta (Yen et al., 2005) and from adipose tissue (Lee et al., 2004). The frequency of Stro-1, originally suggested as marker for human MSCs (Gronthos et al., 1999), was <5%. Low PC expression of this marker was shown in one current investigation (Sakaguchi et al., 2005) and was also observed in some studies using human MSCs (Colter et al., 2001). However, Stro-1 antigen is progressively lost during cell culture (Stewart et al., 1999).

## 3.3. Multilineage potential: osteogenic and chondrogenic development

To address the question of whether mastoid-derived periosteal cells, like bone marrow MSCs, can develop into the osteochondrogenic and adipogenic lineage, PCs (n=3, P4) were cultured under conditions that were favourable for osteogenic, chondrogenic and adipogenic development of human MSCs (Pittenger  $et\ al.$ , 1999). Osteogenesis was documented by visualization of alkaline phosphatase (AP) activity (Figure 3A, C, E), by matrix deposition of calcium (Figure 3B, D, F) and by real-time PCR analysis (Figure 4). During osteogenic stimulation, the cells remained confluent and formed multilayer clusters of mineralized matrix. AP and von Kossa staining of induced PCs demonstrated AP activity and an early

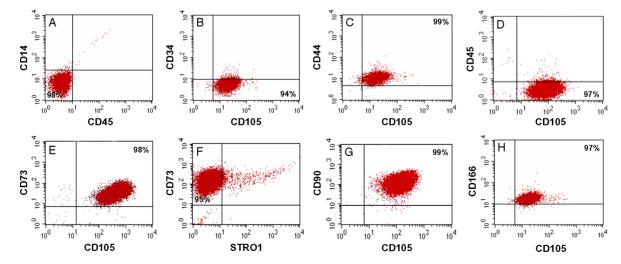


Figure 2. Flow cytometric analysis of human mastoid-derived periosteal cells. (A–H) Analysis of surface marker routinely used for the characterization of human bone marrow-derived mesenchymal stem cells (MSCs) demonstrated that, similar to MSCs, human mastoid-derived PCs were negative for reactivity to antigens CD14, CD34 and CD45 but positive for reactivity to antigens SH2 (CD105), CD44, SH3 (CD73), CD90 and ALCAM (CD166). Unlike MSCs, PCs were more or less negative for Stro-1

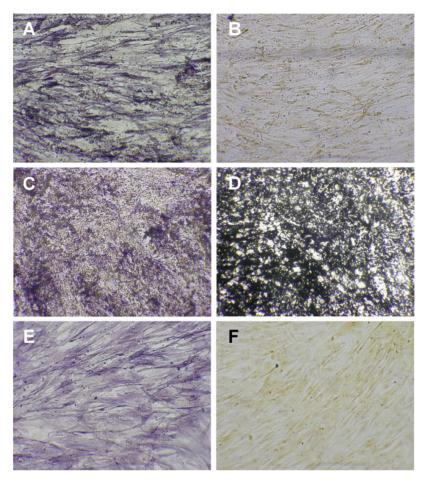


Figure 3. Histochemical analysis of human PCs undergoing osteogenic differentiation. (A, C, E) Visualization of alkaline phosphatase activity (AP) in cultures of osteogenic-induced human PCs. (B, D, F) von Kossa staining of mineralized bone tissue. (A) By day 3, AP staining demonstrated AP activity and (B) von Kossa staining an early formation of a mineralized bone matrix. (C) By day 9, the AP staining was partially overlaid with bone matrix and (D) almost the whole cell layer was covered with a calcified matrix. (E) Control cultures showed a stable amount of AP expression over the whole culture period and (F) no formation of a mineralized bone matrix. Original magnifications: (A–E) ×100

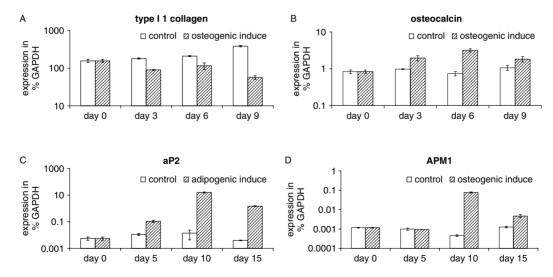


Figure 4. Gene expression analysis of osteogenic and adipogenic marker genes. The expression of osteogenic marker genes (A) type I collagen and (B) osteocalcin was analysed to show osteogenic differentiation. Adipogenic differentiation was assessed by gene expression of (C) aP2 and (D) APM1. The expression of marker genes was calculated as the percentage of the expression of the housekeeping gene GAPDH. The mean of each triplicate well is plotted and the error bars represent SD

production of a calcified bone matrix starting at day 3 in small layering spots (Figure 3A, B), which formed increasing nodules at day 6 (data not shown). At day 9, the AP staining (Figure 3C) was partially overlaid with bone matrix. At this time, almost the whole cell layer of PCs was heavily covered with mineralized matrix (Figure 3D). In contrast to induced PCs, untreated control cultures showed a stable amount of AP-positive cells over the whole culture period and no deposition of mineralized bone matrix (Figure 3E, F). Gene expression analysis was performed for the characteristic osteogenic marker genes type Ia1 collagen and osteocalcin (Figure 4). The relative expression level was calculated as a percentage of the expression of the housekeeping gene GAPDH. Over the culture period, expression of type Ia1 collagen increased in the controls and decreased upon osteogenic induction (Figure 4A). Already on day 3, induced and noninduced cultures showed different osteocalcin expression patterns. While osteocalcin was induced on day 6 up to 4-fold and on day 9 up to 2.5-fold in the osteogenic stimulated cells, the controls showed a nearly stable level (Figure 4B). An osteogenic development of PCs has often been described. However, in contrast to our observations using human MSCs (data not shown), it has been reported that bone marrow MSCs are more osteogenic than PCs (Agata et al., 2007). Factors like different donors and cell isolation protocols may explain these differences. Many molecular data are known regarding the determination MSCs into the osteogenic lineage and their subsequent maturation to bone. For instance, the transcriptional factors Runx2 and Osterix are required for osteoblast differentiation during both endochondral and intramembranous bone formation (Kobayashi and

Kronenberg, 2005). Interestingly, despite endochondral and intramembranous differentiation pathways generally having been thought to be two different and not overlapping processes, a cartilage formation during fracture healing of membranous bone and a chondrogenic potential of PCs from membranous bones have been reported (Nah *et al.*, 2000).

In the present study, chondrogenic development of PCs was induced with  $TGF\beta 1$  (data not shown) and  $TGF\beta 3$  (Figure 5). Chondrogenesis was documented by Alcian blue staining of cartilage proteoglycans and by immunohistochemistry using type I and type II collagenspecific antibodies (Figure 5). PCs exposed to both TGFs displayed a compact and homogeneous pellet structure. Alcian blue staining showed an increasing deposition of proteoglycans, with a homogeneous distribution by day 21 within the whole section of the pellet culture (Figure 5A). Staining of cartilage-specific type II collagen was not detectable at day 7, but displayed an increasing amount of cartilage-specific collagen at day 21 (Figure 5B). At that time, a concentration of type II collagen in the border areas of the pellets was observed (data not shown), whereas the central part of the pellet cultures stained almost negative. Instead, type I collagen was concentrated in the central parts of the pellets (data not shown). Control PCs exhibited a fibrous pellet structure with marginal staining of Alcian blue (Figure 5C) and no type II collagen staining (Figure 5D). Distinct possibilities have been proposed to explain the origin of chondrocytes appearing in membrane bones (Fang and Hall, 1997): chondrocytes may develop from stem cells, from particular chondroprogenitor cells or osteogenic cells. However, all these possibilities have pros and cons. In a recent study,

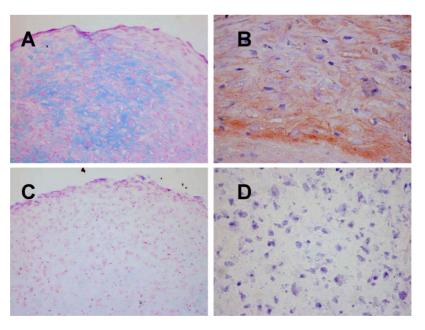


Figure 5. Histological analysis of PCs undergoing chondrogenic differentiation. Transforming growth factor- $\beta$ 3 induced PCs displayed a compact round pellet structure. (A) By day 21, Alcian blue staining showed a homogeneous distribution of cartilage proteoglycans over the pellets. (B) At that time, antibody staining of cartilage-specific type II collagen demonstrated a type II collagen expression focused on the border areas. (C, D) Control PCs exhibited a fibrous structure, with marginal staining of proteoglycans and no staining of cartilage-specific type II collagen. Original magnifications: (A, C) ×200; (B, D) ×400

Nah and colleagues have proposed a further explanation, that the normal intramembranous pathway includes a sofar unrecognized transient chondrogenic phase, and that cells in this phase retain their chondrogenic potential that can be expressed in specific *in vitro* and *in vivo* environments (Nah *et al.*, 2000). On the other hand, based on data of a rib fracture model, it has been reported that periosteal osteoblasts have the potential to differentiate into both osteogenic and chondrogenic lineages and that osteocytes play an important role in these processes (Li *et al.*, 2004).

## 3.4. Human mastoid-derived PCs also differentiate into adipocytes

An adipogenic potential of mastoid bone-derived PCs has not so far been documented. However, the adipogenic capacity of PCs isolated from other periosteal tissues was shown recently, based on histological oil red O staining (Sakaguchi et al., 2005) and aP2 mRNA expression (De Bari et al., 2006). In the present study, to our knowledge for the first time, the time course of adipogenesis of PCs was analysed on the cellular and molecular level. Adipocytes were easily identified by cell morphology, by oil red O staining (Figure 6), and by real-time PCR mRNA expression analysis (Figure 4). During the early phases of adipogenesis, PCs changed their morphology from regularly stretched cells to a disordered monolayer culture. By day 5, the cells started to form lipid droplets (Figure 6A), which increased in number, constituting almost 50% of all cells by day 10 (Figure 6B). By days 10 and 15, the lipid droplets accumulated, which was

demonstrated by oil red O staining (Figure 6B, C). Nonadipogenic controls displayed only a negligible amount of lipid droplets (Figure 6D). Gene expression analysis of the adipogenic marker genes adipocyte-specific fatty acid-binding protein 2 (aP2), and adipose most abundant gene transcript 1 (APM1) also documented the potential of PCs to undergo adipogenic development (Figure 4C, D). aP2 was induced up to 2850-fold, showing a maximum at day 10 (Figure 4C), and APM1 showed an about 60-fold induction (Figure 4D). In controls, expression of both adipogenic genes was stable during the whole culture period. As described earlier (De Bari et al., 2006), no apparent influence of the donor age on adipogenesis was observed. Adipogenesis can be viewed as proceeding along a two-step path in which MSCs are first determined to become pre-adipocytes and then differentiated into mature adipocytes. The factors involved in the determination of the multipotent cell to the adipogenic lineage are still unknown. Cell-cell, cell-matrix and hormonal interactions are suggested to be important in early adipogenesis. Several markers are known to be involved in the development of preadipocytes to adipocytes. Of particular interest are transcription factors of the CCAAT/enhancer binding protein (C/EBP) family, such as C/EPB $\beta$  and C/EPB $\delta$ (Yeh et al., 1995). These factors induce C/EPB $\alpha$  and the nuclear hormone receptor PPAR $\gamma$ . C/EPB $\alpha$  is sufficient to drive the whole programme of adipogenesis in preadipocyte in vitro models, and PPARy plays a crucial role in the function of several fat cell-selective genes, such as aP2, and plays a dominant role in the induction and regulation of terminal differentiation of pre-adipocytes into adipocytes (Wu et al., 1995). It is also known that

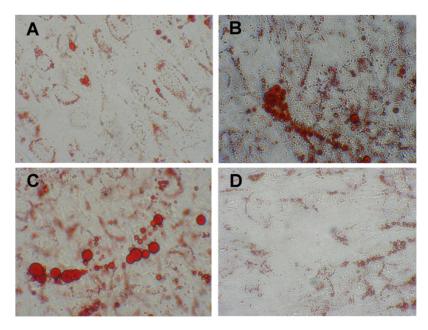


Figure 6. Morphological appearance and oil red O staining of human mastoid bone-derived PCs undergoing adipogenic differentiation. Adipocytes were identified by their cell morphology and by oil red O staining of lipid droplets. During adipogenesis, human PCs changed their morphology from regular stretched cells to a disordered monolayer culture. (A) They started filling with lipid droplets by day 5; (B) which increased in number at day 10; (C) and accumulated at day 15. (D) Controls showed only a negligible development of lipid droplets. Original magnifications: (A–D) ×400

PPAR $\gamma$  insufficiency enhances osteogenesis by stimulating osteogenic development of MSCs, and that the activation of PPAR $\gamma$  inhibits Runx2 expression and osteoblast differentiation, indicating that the expression level of PPAR $\gamma$  and Runx2 is involved in the regulation of balance between osteo- and adipogenesis (Lecka-Czernik *et al.*, 1999). C/EPB $\beta$  is also involved in the regulation of balance between osteo- and adipogenesis, since it promotes osteogenesis in cooperation with Runx2 (Hata *et al.*, 2005).

Although we have shown the multilineage potential of mastoid-derived PCs, it is still not proven that really multipotent stem cells exist in the periosteum. This question has to be addressed using clonal assays. In an initial study, seven PCs clones were prepared from four donors by limiting dilution and showed a multilineage (osteogenic, chondrogenic, adipogenic, myogenic) potential (De Bari et al., 2006). For MSCs, such assays have been performed and resulted in inconsistent data. One model for stem cell differentiation is that lineage progenitor cells are directly derived from MSCs (Caplan, 1994). According to this model, one would expect to see differentiation into a random combination of phenotypes upon stimulation of clonal MSCs. To test this model, Muraglia et al. (2000) analysed 185 non-immortalized human MSC clones and found that 184 clones differentiated into the osteogenic lineage, about 80% showed an osteo-chondrogenic potential, 30% developed in all three lineages, and no clone had a differentiation potential limited to the adipo-osteogenic, adipo-chondrogenic, adipogenic or chondrogenic phenotype. These data suggest the existence of a hierarchy in the MSC differentiation pathway, in which the adipogenic lineage diverges and becomes independent earlier than osteo-chondrogenic lineages, which proceed together and divide later. In contrast, clonal analysis of immortalized human MSCs has resulted in all kinds of clones except of adipo-chondrogenic phenotypes, indicating the problems but also the necessity of such studies (Okamoto et al., 2002).

#### 4. Conclusions

Our data demonstrate a mesenchymal stem cell-like growth behaviour of human mastoid bone-derived periosteal cells and, on the basis of oligonucleotide microarray and FACS technology, for the first time the expression of embryonic, ectodermal, endodermal and mesodermal marker genes. They do not express markers of haematopoietic stem cells but express several MSC markers. Moreover, and to the best of our knowledge also for the first time, at the cellular and molecular level we showed the time course of adipogenesis of these cells. Regarding the clinical relevance, experiments were performed in medium containing human serum. These results clearly support our hypothesis that mastoid-derived PCs show an MSC-like character and strongly

enhance the basic knowledge about PCs in general. Therefore, our data indicate a comparable cell therapy capacity of mastoid-derived PCs and periosteal cells derived from sources, such as mandible or tibia. Since biopsy of periosteum from mastoid bone is relatively easy, the results encourage the use of mastoid-derived PCs within the scope of advanced tissue-engineering applications, such as the treatment of complex skeletal tissue defects.

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### Supplementary material

The supplementary electronic material for this paper is available in Wiley InterScience at: http://www.interscience.wiley.com/jpages/1932-6254/suppmat/term.75.

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