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# At Clinically Relevant Concentration Isoflurane and Desflurane Induce Abeta Oligomerization. Molecular Details from NMR Spectroscopy

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# Isoflurane and desflurane at clinically relevant concentrations induce amyloid $\beta$ -peptide oligomerization: An NMR study<sup>☆</sup>

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## ABSTRACT

Current understanding on Alzheimer's disease (AD) reveals that soluble amyloid  $\beta$ -peptide (A $\beta$ ) oligomeric formation plays an important role in AD pathophysiology. A potential role for several inhaled anesthetics in promoting A $\beta$  oligomer formation has been suggested. Using a nuclear magnetic resonance (NMR) study, we previously demonstrated that at a high concentration (higher than clinically relevant concentrations), the inhaled anesthetics halothane and isoflurane, interact with specific amino acid residues (G29, A30, and I31) and induce A $\beta$  oligomerization. The present study confirms this is true at a clinically relevant concentration. Isoflurane and desflurane induce A $\beta$  oligomerization by inducing chemical shift changes of the critical amino acid residues (G29, A30, and I31), reinforcing the evidence that perturbation of these three crucial residues indeed plays an important role in oligomerization. These findings support the emerging hypothesis that several commonly used inhaled anesthetics could be involved in neurodegeneration, as well as risk factor for accelerating the onset of AD.

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Alzheimer's disease (AD) is the most common cause of progressive dementia. The molecular mechanism for the disease-promoting effect has been difficult to pinpoint, but emerging views point toward amyloid  $\beta$ -peptide (A $\beta$ ) oligomeric formation, which plays an important role in the pathogenesis of this disease [1].

Several anesthetics could promote A $\beta$  oligomeric formation, suggesting a potential association between anesthesia and AD [2–6]. At clinically relevant concentrations, the inhaled anesthetics halothane and isoflurane-induced A $\beta$  oligomerization, although molecular details were not well known [4,7]. Using NMR spectroscopic study, we have previously shown that these anesthetics, at a high concentration, interact with a specific region of the A $\beta$  peptide and induce A $\beta$  oligomerization [5]. In transgenic mice, in comparison with control group animals, more amyloid plaques were reported after administration of halothane and isoflurane [8]. It was also inferred that several commonly used inhaled anesthetics may cause brain damage which accelerates the onset of AD [3]. All these observations warrant further studies on A $\beta$  peptide interaction with current inhaled anesthetics at clinically relevant concentrations which are used for anesthesia and sedation in intensive care units.

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Recent research supports the use of volatile agents isoflurane and desflurane as the ideal sedative agents in intensive care units (ICU) because of their low blood solubility, metabolism less than 1%, and elimination independent of renal or hepatic function [9]. In addition, desflurane seems to be a promising new alternative to intravenous anesthetics for sedation of ventilated adult patients in ICU [10], and isoflurane is a safe and efficacious agent for inhalational sedation in ICU, with short wake-up times after termination of administration [11].

A consistent part of the population admitted to ICU present high levels of A $\beta$  in the CNS (elderly and head-injured patients). The overall aim of our study was to investigate whether isoflurane and desflurane, at clinically relevant concentrations, interact with A $\beta$ . The secondary objective was to show the time dependence for A $\beta$  oligomerization, if any, due to these inhaled anesthetic agents.

## Materials and methods

To address the two important above mentioned objectives, NMR experiments were designed to investigate time-dependent studies for A $\beta$  peptide interaction with isoflurane and desflurane at a clinically relevant concentration.

**Materials.** In this study, desflurane (Baxter), isoflurane (Lancaster Synthesis Inc., USA), Deuterated SDS<sub>D25</sub> (Cambridge Isotope Laboratories), and <sup>15</sup>N-labeled A $\beta$ 40 peptide (Recombinant Peptide Technologies, Atlanta, GA, USA) have been used. NMR data have been recorded using 5 and 3 mm NMR tubes purchased from Wilmad Lab Glass.

**Preparation of A $\beta$  peptide solution in SDS.** One mg A $\beta$ 40 lyophilized powder (uniformly  $^{15}\text{N}$  labeled) was added to SDS<sub>D25</sub> solution and gently mixed. The final concentration of  $^{15}\text{N}$  labeled A $\beta$ 40 peptide was  $\sim 0.22$  mM, and 10% of D<sub>2</sub>O provided the field/frequency lock for the NMR spectrometer. In all the NMR studies, pH of the A $\beta$  peptide solution was adjusted and measured at 7.2 before addition of anesthetics.

**NMR experimental setup.** Two coaxial tubes (3 and 5 mm) were used for all NMR studies. A $\beta$ 40 peptide solution was kept in a 5 mm NMR tube, and the 3 mm NMR tube contained a standard 0.5 mM TFA solution. Heteronuclear single quantum coherence (HSQC) experiments were performed for three sets of A $\beta$ 40 solution (the first for A $\beta$  alone as control, the second for isoflurane, and third for desflurane). To study A $\beta$ -isoflurane interaction, an 80  $\mu\text{l}$  saturated aqueous isoflurane solution was added to the 5 mm tube containing A $\beta$ 40 solution. The 3 mm NMR tube containing 0.5 mM TFA was inserted in the 5 mm NMR tube and kept coaxially till all necessary experiments were performed. Both NMR tubes were sealed with Teflon to prevent evaporation of isoflurane and/or TFA. Similarly, to study A $\beta$ -desflurane interaction, 85  $\mu\text{l}$  saturated aqueous desflurane solution was added to A $\beta$ 40 solution and sealed immediately. Experimental flowchart is presented in Fig. 1. All NMR experimental conditions were kept identical while monitoring two peptide-anesthetics systems. The advantage of the coaxially arranged NMR tubes is that it allows HSQC experiments to be performed to monitor the influence of anesthetics on A $\beta$  peptide and anesthetics concentration determination using the  $^{19}\text{F}$  NMR experiment, at any time point, without disturbing the system under investigation [12].

**NMR experiment details and data analysis.** Determination of anesthetic concentration by  $^{19}\text{F}$  NMR. We used two coaxial NMR tubes (5 and 3 mm) for the determination of anesthetic concentration by  $^{19}\text{F}$  NMR experiments using a 500 MHz NMR spectrometer (Bruker, Germany). A detailed procedure for calculating the anesthetic concentration from the  $^{19}\text{F}$  spectra is provided in our earlier work [12]. The concentrations of isoflurane and desflurane were determined at two time points, one initially after adding the respective anesthetic and another one at the end of all HSQC experiments [13].

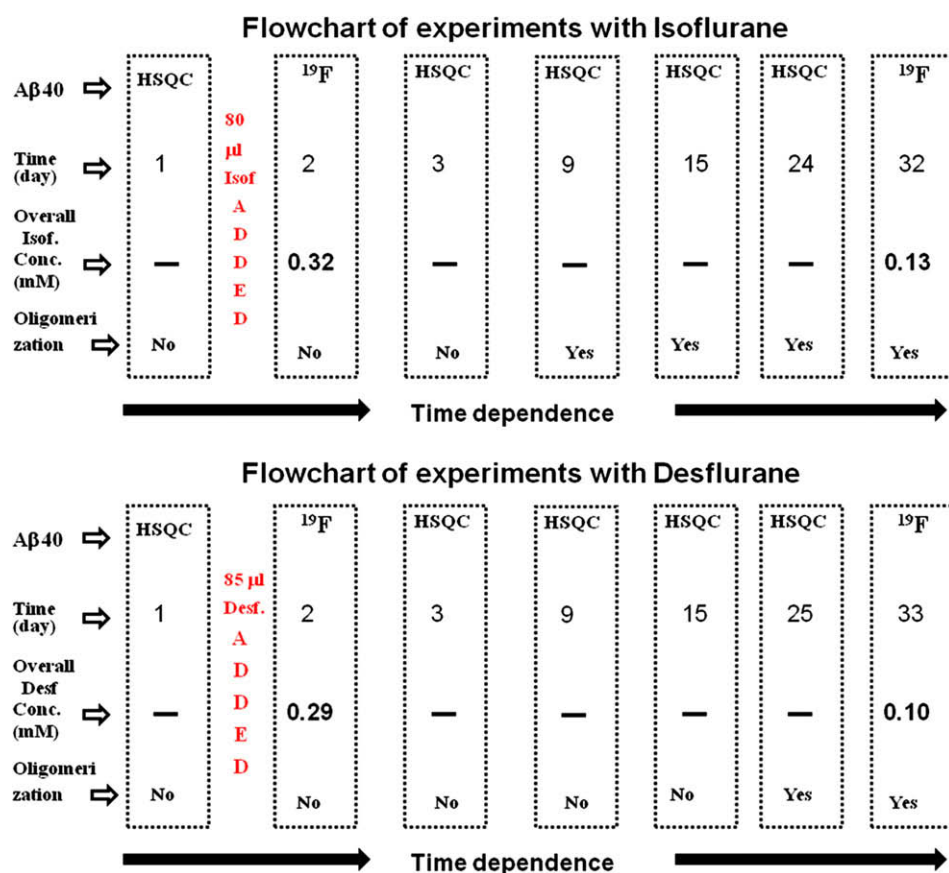
**HSQC experiments.** All HSQC experiments were performed using a 600 MHz Bruker spectrometer (Bruker, Germany). Processing and analysis of the NMR data were carried out using NMRPipe [14] PIPP [15] and SPARKY [16] software on an Octane Silicon Graphics computer. Assignments of the amide peaks were made according to our earlier work [5].

## Results and discussion

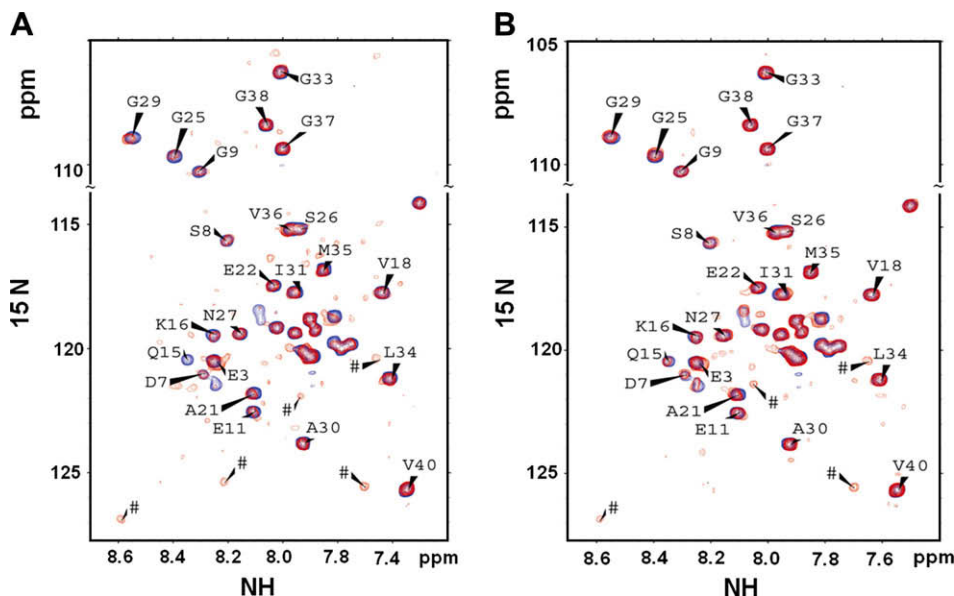
Fig. 1 indicates the experimental flowchart of the present study. After addition of isoflurane and desflurane into respective A $\beta$  solutions, the concentrations of the anesthetics measured were 0.32 and 0.29 mM compared to 0.5 mM standard TFA solution.

### Isoflurane and desflurane interactions with A $\beta$

Fig. 2A shows the overlay of HSQC spectra of A $\beta$  and A $\beta$  with isoflurane. We found a substantiated A $\beta$  oligomerization after 9



**Fig. 1.** Flowcharts of NMR experiments for A $\beta$  interaction studies with isoflurane and desflurane at a clinically relevant concentration. After addition of aqueous isoflurane or desflurane solution, it was left for equilibrium, and respective anesthetic concentration was measured by  $^{19}\text{F}$  NMR. A $\beta$ -anesthetic interactions were monitored at different time points. Anesthetic concentration at the end was also measured. Due to natural process of evaporation, both isoflurane and desflurane evaporated, despite Teflon-sealing of the NMR tube.



**Fig. 2.** (A) HSQC spectra of A $\beta$ 40 peptide in the presence of 0.32 mM isoflurane. The HSQC spectra (control, A $\beta$ 40 without isoflurane) are shown in blue, and HSQC spectra after 9 days in the presence of isoflurane are shown in red. It is important to note that G29 also shows 9 Hz chemical shift due to interaction with isoflurane. Due to A $\beta$  oligomerization, additional amide peaks are seen (marked by # sign). (B) HSQC spectra of A $\beta$ 40 peptide in the presence of 0.29 mM desflurane. Blue denotes the HSQC spectra (control, A $\beta$ 40 without isoflurane) and red denotes the HSQC spectra of A $\beta$ 40 with desflurane after 25 days. A $\beta$  oligomerization (evidenced by additional amide peaks as indicated by # sign) takes place more slowly with desflurane as compared to isoflurane.

days in the presence of isoflurane at a clinically relevant concentration. Additional amide peaks appear in the NMR spectrum due to isoflurane-induced A $\beta$  oligomerization, and these are marked by the sign (#) in Fig. 2A.

Fig. 2B shows the overlap of HSQC spectra of A $\beta$ 40 and A $\beta$ 40 + desflurane. Oligomerization of A $\beta$  is also seen (as evidenced by additional amide peaks marked by the sign (#)). It is important to note that A $\beta$  oligomerization due to desflurane progresses slowly, and profound A $\beta$  oligomerization was observed only after 25 days (Fig. 2B).

In the presence of isoflurane, G29 moiety shows chemical shifts of 5 Hz for  $^{15}\text{N}$  and 9 Hz for NH, while the I31 amide peak shows shifts of 4 Hz for  $^{15}\text{N}$  and 4 Hz for NH. In the presence of desflurane, G29 moiety shows chemical shifts of 4 Hz for  $^{15}\text{N}$  and 1 Hz for NH, while the I31 amide NH shows a 7 Hz shift (Fig. 3).

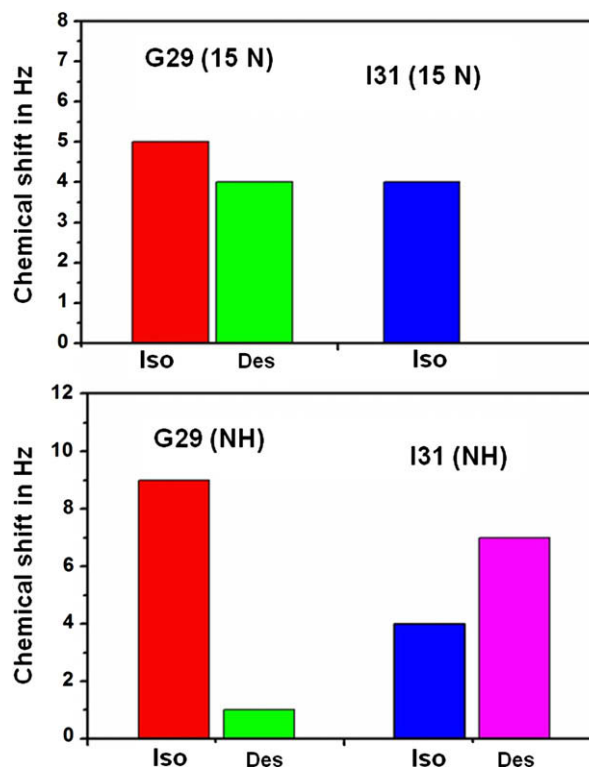
#### Importance of the chemical shift of G29 and I31

We have previously shown that isoflurane and halothane, in the presence of thiopental, induce chemical shifts of G29 and I31 signals in the range of 60 Hz, while A30 shows around a 10 Hz chemical shift change [5]. Furthermore, A $\beta$  oligomerization was observed within 28 h in the presence of thiopental in combination with halothane. In all the above cases, the concentration of anesthetics was much higher than what would be clinically relevant. What is encouraging, however, is that A $\beta$  peptide did not oligomerize in the presence of thiopental alone, even at higher concentration. However, one crucial observation was that in the presence of thiopental (at higher concentration), the G29, A30, and I31 amide peaks did not shift, and no A $\beta$  oligomerization was observed. However, in the presence of thiopental, other residues such as Q15 did show chemical shift changes, indicating interaction of thiopental with A $\beta$ .

In this present study, dealing with clinically relevant concentrations, we have observed chemical shifts of G29 and I31 in a much smaller range (Fig. 3). What is significant is the observation that at a clinically relevant concentration, A $\beta$  oligomerization is observed after a longer period (9 days for isoflurane and 25 days in the case of desflurane).

#### Characteristics of the anesthetics

Isoflurane and desflurane have similar types of physiochemical characteristics. Both these inhaled anesthetics belong to the



**Fig. 3.** Plot of chemical shift changes of the residues G29 ( $^{15}\text{N}$  and NH) and I31 (NH) due to interaction with isoflurane and desflurane. It is to be noted that, for the I31 residue, no  $^{15}\text{N}$  chemical shift changes occur due to isoflurane, although, we do observe I31 (NH) chemical shift changes due to desflurane. Experiments with high anesthetic concentration also indicated that G29 shows the highest chemical shift, followed by an intermediate shift for I31; the lowest chemical shift was observed in A30.

haloether category and have similar molecular size. The molecular volume of isoflurane is 144 Å<sup>3</sup> [17]. However, there are certain differences between these two anesthetics. Desflurane is more volatile than isoflurane. Desflurane structurally differs from isoflurane due to the replacement of a chlorine atom by a fluorine atom. In desflurane, fluorination rather than chlorination increases vapor pressure, decreases intermolecular attraction, enhances molecular stability, and decreases potency. The blood/gas partition coefficients of isoflurane and desflurane are 1.4 and 0.42, respectively, while the brain/blood partition coefficients of isoflurane and desflurane are 1.60 and 1.30, respectively [18]. The potency of an inhaled anesthetic is defined in terms of minimum alveolar concentration (MAC) or EC<sub>50</sub>, a value at which 50% of patients are unresponsive to a standard surgical stimulus [19]. The EC<sub>50</sub> of most inhaled anesthetics is between 0.2 and 0.3 mM [20,21]. The brain/blood coefficient of 1.6 for isoflurane means that if the gas is in equilibrium, the concentration of isoflurane in the brain should be <0.5 mM. As desflurane has a brain/blood coefficient of 1.3, the concentration of desflurane in the brain should be <0.4 mM.

The biophysical data obtained using a light-scattering experiment indicated that inhaled anesthetics may be involved by inducing oligomerization of Aβ peptide [4]. Using NMR spectroscopic studies, we have further established that inhaled anesthetics (halothane, isoflurane) interact with three critical residues (G29, A30, and I31) and induce Aβ oligomerization. It was also inferred that size of anesthetic was important since it must fit into the pocket loop region of the Aβ peptide to induce oligomerization [5,22]. In all the cases, the anesthetics were at much higher concentrations than clinically relevant concentrations. Hence, this model needs to be validated at clinically relevant concentrations.

#### A working model for inhaled anesthetic and Aβ peptide interaction

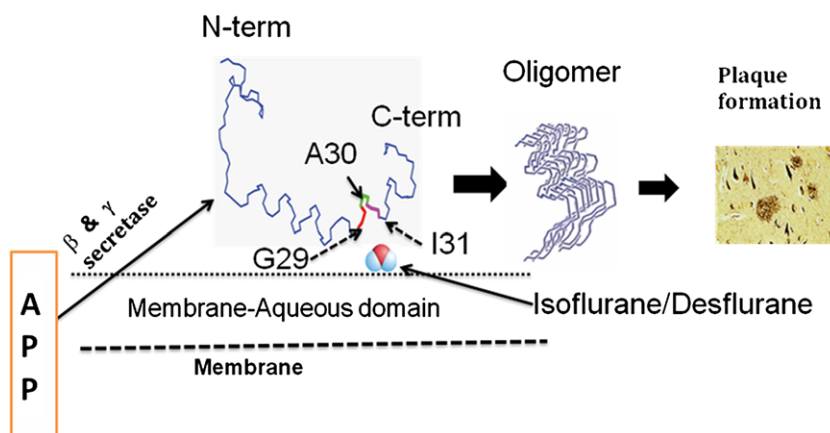
Our earlier studies in this area [2,5,6,22] helped us map chemical shift changes of the crucial amino acid residues that are involved in the oligomerization process. As indicated earlier [5], topological coexistence of anesthetics and Aβ peptide support interaction of Aβ with anesthetics. A plausible mechanism of anesthetic-induced Aβ oligomerization is presented in Fig. 4. Aβ peptide is generated due to the action of β and γ secretase on amyloid precursor protein (APP) and more Aβ peptide is available in the aged brain. Thus, excessive Aβ peptide load in the elderly is susceptible to interaction with inhaled anesthetics in a specific manner to induce “neurotoxic” oligomeric Aβ. Eventually these oligomers may form plaques.

#### Clinical implications of this research

Translated from bench to bedside, data from our research could potentially have an important clinical relevance. As previously stated, isoflurane or desflurane are preferred as ideal sedative agent in ICU [9–11]. However, we have demonstrated that both desflurane and isoflurane, at clinically relevant concentrations, comparable to those administered in patients in ICU for prolonged inhalational sedation, oligomerize Aβ peptide. What is significant is that Aβ oligomerization was observed within the clinical range of the duration of sedation [23].

Aβ is naturally present in the CNS, with higher levels in the elderly. Moreover, deposits of Aβ are widely distributed in the brains of 30% of fatally head-injured patients after a survival time of only 4 h, without correlation between its presence and cerebral contusions, intracranial haematoma, axonal injury, ischemic brain damage, brain swelling or the pathology of raised intracranial pressure, suggesting that the deposition of Aβ is a consequence of the acute phase response of nerve cells to stress in susceptible individuals [24–27]. We may therefore consider that in the brains of a majority of the ICU population, there are higher amounts of Aβ, readily available to interact with anesthetics during prolonged sedation. Consequently, the direct administration of general inhaled anesthetics which affect the rate at which Aβ bind together, could increase risk in a patient. Other available information applicable to clinical situations must be taken into serious consideration. However, treatment with 12% desflurane (surgical levels of anesthesia commonly range between 5% and 10%) in combination with hypoxia for 6 h, induces increased Aβ generation in human cells lines. Neither 12% desflurane nor hypoxia in isolation affect Aβ generation [28]. Often, ICU patients require surgery and related administration of anesthetics. In these subjects, the association of desflurane and hypoxia could be a major concern in terms of risk of developing cognitive dysfunctions and AD.

More specific studies are required to establish the possible relationship between the deposition of Aβ following (i) head injury, (ii) anesthetics with Aβ oligomerization properties given in ICU setting for prolonged inhalational sedation, and (iii) molecular neuropathology of AD [29]. Our concern is based on recent reports suggesting that further study on memory and cognitive recovery after prolonged isoflurane sedation is warranted [11]. Pending *in vivo* confirmation, it may be prudent to avoid the combination of clinically relevant concentrations of desflurane plus hypoxia in the more vulnerable groups namely, those with excessive levels of cerebral Aβ, including AD patients, individuals with down



**Fig. 4.** A schematic diagram for Aβ interactions with isoflurane and/or desflurane at a clinically relevant concentration that leads to oligomeric Aβ formation. Aβ peptide is generated by the amyloid precursor protein (APP), by the action of β and γ secretase by natural process, and the inhaled anesthetic interacts with three specific residues (G29, A30, and I31), initiating the formation of neurotoxic oligomeric Aβ formation. This oligomer may be responsible for plaque formation as seen in AD patients on biopsy.



syndrome, and asymptomatic carriers of AD-associated mutations/variants in APP, presenilin 1 and 2, and APOE- $\epsilon$ 4 [28].

Our previous study had limitations as it was performed in the presence of high anesthetic concentration, which could raise some queries. In order to overcome this problem, we have developed an experimental methodology for measuring the isoflurane and desflurane concentration at clinically relevant concentration. This is well described in our earlier work [12].

Secondly, oligomeric A $\beta$  formations were detected by using the NMR spectroscopic technique: this technique is comprehensive and a reliable method for characterizing oligomeric A $\beta$  formation [30], and in particular interaction of A $\beta$  with the anesthetics agents. In this study, A $\beta$ -anesthetic interactions were also followed by performing HSQC experiments at different time points. Our experimental model using NMR spectroscopy could serve as a test proposal for drugs which are used during surgery, to test whether these drugs have any potential neurotoxic effects.

## Conclusions

This biophysical study provides molecular details for the oligomerization of A $\beta$  by isoflurane and desflurane at a clinically relevant concentration, and also provide a possible explanation of increased plaque load noted in transgenic mice with AD after administration of halothane and isoflurane [31]. Our data are also correlated with recent reports suggesting that inhaled anesthetics have durable adverse effects on cognition [32] and that some commonly used inhaled anesthetics may cause brain damage which in turn could accelerate the onset of AD [3]. We believe that research in this field needs to be extended to the clinical setting to identify safer anesthetics for elderly patients, as well as patients with AD and other neurodegenerative disorders.

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