

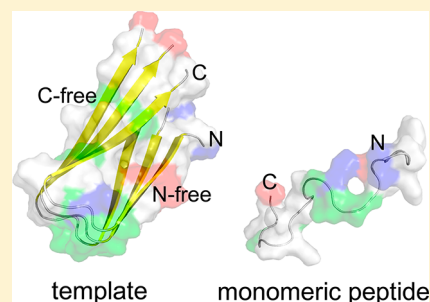
Template Induced Conformational Change of Amyloid- $\beta$  Monomer

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## S Supporting Information

**ABSTRACT:** Population of aggregation-prone conformers for the monomeric amyloid- $\beta$  (A $\beta$ ) can dramatically speed up its fibrillar aggregation. In this work, we study the effect of preformed template on the conformational distributions of the monomeric A $\beta$  by replica exchange molecular dynamics. Our results show that the template consisting of A $\beta$  peptides with cross- $\beta$  structure can induce the formation of  $\beta$ -rich conformations for the monomeric A $\beta$ , which is the key feature of the aggregation-prone conformers. Similar effect is observed when the hIAPP peptides and poly alanine peptides were used as templates, suggesting that the template effect is insensitive to the sequence details of the template peptides. In comparison, the template with helical structure has no significant effects on the  $\beta$ -propensity of the monomeric A $\beta$ . Analysis to the interaction details revealed that the template tends to disrupt the intrapeptide interactions of the monomeric A $\beta$ , which are absent in the fibrillar state, suggesting that the preformed template can reorganize the intrapeptide interactions of the monomeric A $\beta$  during the capturing stage and reduce the energy frustrations for the fibrillar aggregations.



## ■ INTRODUCTION

Accumulation of amyloid- $\beta$  (A $\beta$ ) aggregates in the brain is the key pathological feature of the Alzheimer's disease (AD).<sup>1–5</sup> It was widely accepted that the aggregation of the A $\beta$  peptides is involved in the AD pathogenesis.<sup>6,7</sup> Experimental data showed that the structure of the A $\beta$  peptide in the aggregates are dominated by parallel cross- $\beta$ .<sup>8–11</sup> However, in aqueous solvent, the A $\beta$  is mostly unstructured. Therefore, during the aggregation of the A $\beta$  peptides, the monomer undergoes conformational conversion from random structure to  $\beta$ -strands. In addition, a number of theoretical and experimental works showed that the preformation of the aggregation-prone conformers of the monomeric A $\beta$  peptides, which are rich of  $\beta$ -strands, can significantly speed up the further elongation of the fibrils.<sup>12–19</sup> Undoubtedly, revealing the molecular mechanism of the conformational change of the monomeric A $\beta$  during the aggregation is crucial to understanding the pathology of the AD disease. Particularly, it is interesting to investigate which factors can promote the formation of the aggregation-prone conformer and therefore speed up the fibrillar aggregations.

It was shown that many physical and chemical factors, including pH environment,<sup>20,21</sup> temperature,<sup>22,23</sup> organic solvent,<sup>24–27</sup> mutation,<sup>28</sup> and metal ions<sup>13,29–31</sup> etc., can affect the conformational distribution of the A $\beta$  monomer and enhance the aggregation-prone conformations. For example, in ref 21, using molecular dynamics simulations, Brooks and co-workers observed that modestly acidic pH environment increases the population of the  $\beta$ -turn conformations of the monomeric A $\beta$ , which can further contribute to the fibrillar aggregations. In our previous work, we revealed that binding of divalent metal ions to the N-terminal part of the A $\beta$  monomer promotes the formation of the aggregation-prone conforma-

tions.<sup>13</sup> Such works can be highly useful to the understanding of the A $\beta$  aggregation in the cell environment in which A $\beta$  peptides encounter extremely complicated physical and chemical factors.

Recently, a number of works have been devoted to revealing the growth mechanism of the A $\beta$  fibrils.<sup>12,32–41</sup> Particularly, a two-step dock-and-lock mechanism was proposed to interpret the elongation kinetics of the A $\beta$  fibrils.<sup>15</sup> In this mechanism, the disordered A $\beta$  monomer first docks with the fibril end through diffusion-limited kinetics. Then, the A $\beta$  monomer is locked to the fibril by conformational reorganization and forms the correct cross- $\beta$  structure. Detailed characterizations to the thermodynamics of the above-mentioned docking and locking transitions were reported by Takeda and Klimov in ref 32 and by Han and Hansmann in ref 33 using atomistic molecular dynamics simulations. Although, the monomeric A $\beta$  fully folds to the cross- $\beta$  structure only after its locking to the growing fibril, it senses the interactions arising from the template peptides during its approaching to the fibril template. Such interactions will no doubt modulate the conformational distribution of the monomeric A $\beta$  before its final locking to the fibril. It is interesting to investigate whether such conformational modulations by the template peptides can promote the formation of the above-mentioned aggregation-prone conformations.

In this work, by using replica exchange molecular dynamics (REMD), we study the effects of the preformed template on the structure of the approaching A $\beta$  monomer. We are interested in the following questions: (i) how the template

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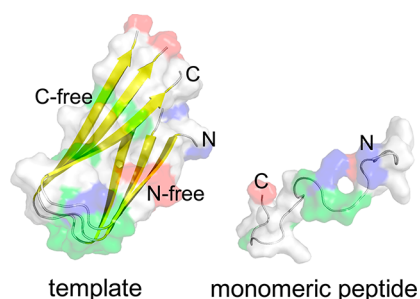
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affects the conformational distributions of the approaching monomeric A $\beta$  peptide and (ii) how sensitive is such template effect to the sequence and secondary structure of the template peptides? Our results show that the preformed template with cross- $\beta$  structure can dramatically increase the  $\beta$ -propensity of the monomeric A $\beta$ . Meanwhile, the interactions arising from the template tend to disrupt the intrapeptide interactions of the monomeric A $\beta$ , which are absent in the fibril, therefore reduces the energy frustration during its fibrillar aggregation. Both effects can promote the fibrillar aggregation of the A $\beta$  peptides. Such template effects are insensitive to the sequence details of the template peptides. In comparison, the template with helical structure has no significant effects on the  $\beta$ -propensity of the monomeric A $\beta$ . Our results add new understanding to the molecular mechanism of the early stage of the A $\beta$  fibrillar aggregation.

## MATERIALS AND METHODS

In this work, the simulations were performed using AMBER 11 software<sup>42</sup> and the ff99SB force field.<sup>43</sup> The solvent was taken into account with generalized Born (GB) model.<sup>44,45</sup> The OBC version of the GB model developed in ref 45 was used. To speed up the conformational sampling, we used the REMD method.<sup>46</sup> With this method, the peptides at low temperatures have the ability to overcome the high energy barrier by being switched to higher temperatures, and it provides improved sampling at lower temperatures than the standard MD. The REMD has been widely used in the studies of protein folding and aggregations.<sup>13,47–54</sup> Further details of the REMD can be found in refs 46 and 55. In the simulations, a monomeric A $\beta$  was placed around a preformed structure template, which consists of one A $\beta$  peptide, two A $\beta$  peptides, and three A $\beta$  peptides, respectively (see Figure 1). The backbone dihedral



**Figure 1.** Representative structures of the studied system, including template peptides (left) and monomeric A $\beta$  (right). Only the segment 17–42 was included in the current simulations. The two peptides in the ends of the template were labeled as N-free peptide and C-free peptide, respectively. Color code: white, hydrophobic residues; green, polar residues; blue, positively charged residues; red, negatively charged residues.

angles and the C $\alpha$  distances of the template peptides were restrained according to the solid-state NMR structure (ssNMR) (PDB code: 2BEG).<sup>8</sup> In addition, we performed the similar simulations with the template consisting of one A $\beta$  peptide with helical structure. To study the sequence dependence of the template effects, we also conducted the simulations with the template consisting of three hIAPP peptides<sup>56</sup> and the template consisting of three poly alanine peptides, and similar restraints were applied. As a control, the free A $\beta$  peptide without template was conducted. During the simulations, when the distances  $d$  of the center of mass (COM) of the monomeric A $\beta$

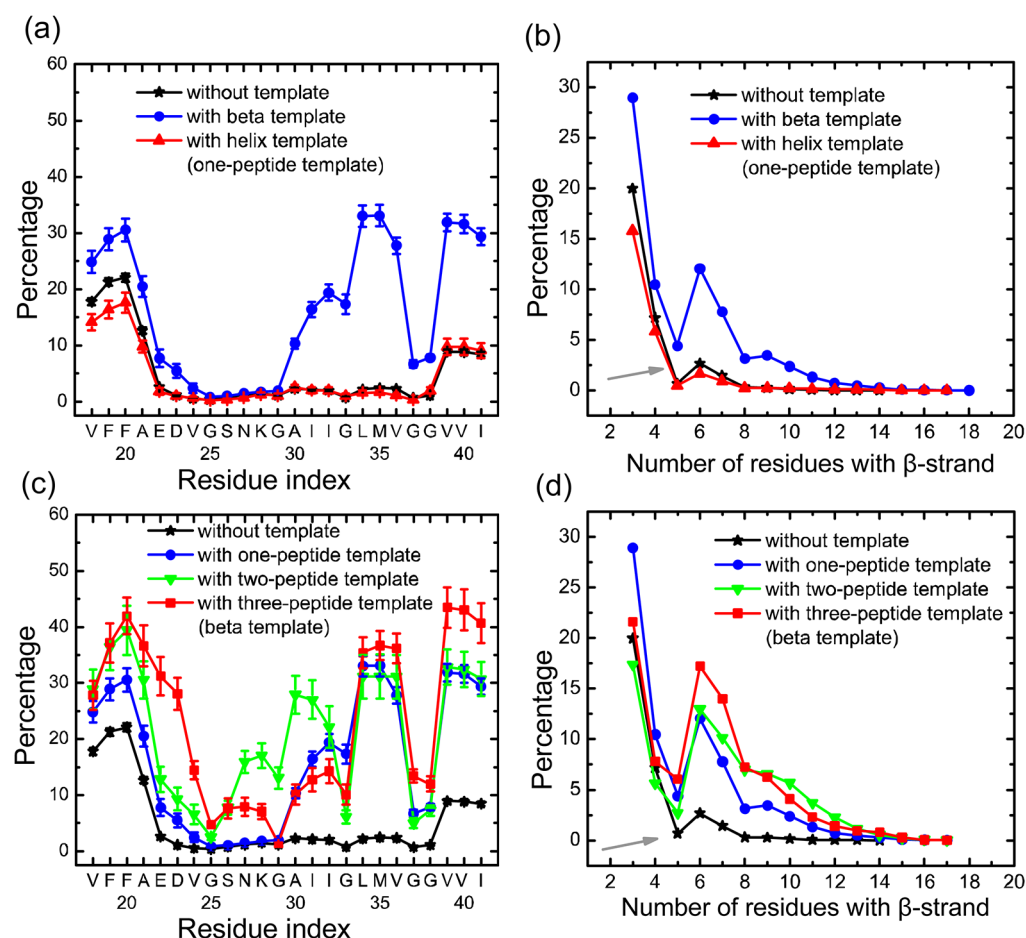
and the template are larger than 40 Å, a harmonic potential  $k(d-40)^2$  with force constant  $k = 1.0$  kcal/(mol·Å<sup>2</sup>) was applied to maintain frequent interpeptide interactions. Since the structure information of the N-terminal 1–16 segment of the A $\beta$  peptides is absent in the PDB structure, only the segment 17–42 was included in the current simulations for both the monomeric peptide and the template peptides. It is worth noting that, in the ssNMR structure of the A $\beta$  fibril, the A $\beta$  peptides in the two ends are not equivalent.<sup>8</sup> In one of the end peptides, the side chains of the N-terminal strand (18–26) are more exposed than those of the C-terminal strand (31–42) (see Figure 1). In comparison, the A $\beta$  peptide in the other end exposes the side chains of the C-terminal strand to a larger extent. For convenience, in the following discussions, we designate the end peptides of the template as N-free peptide and C-free peptide, respectively.

We used 32 replicas in each REMD simulation with the temperatures ranging from 280 to 600 K and distributed exponentially. In the simulations, first, the initial structures, which were derived from the PDB structure, were minimized for 1000 steps. Then, the systems were heated to 600 K during the MD simulation of 1.0 ns. The structures of the last 100 ps with COM distances between template and monomeric A $\beta$  larger than 30 Å were used as the initial structures for the REMD simulations. The SHAKE algorithm<sup>57</sup> was used to constrain the covalent bonds involving hydrogen atoms, and a time step of 2 fs was used. The time interval of the exchange attempts in the REMD was set as 1.5 ps. Snapshot coordinates were recorded every 0.75 ps for further analysis. For each replica, the MD simulation length is 204 ns, which leads to an accumulative simulation time of 6.5  $\mu$ s for each of the REMD simulations.

In analyzing the data, the structures of the first 60 ns were omitted. The secondary structure of each residue was assigned based on its backbone dihedral angles following the PROSS algorithm.<sup>58,59</sup> In the calculations of the contact maps, the contacts are considered as formed whenever two amino acid side chains, which are separated by at least four amino acids, have any two heavy atoms within 5.0 Å. Similarly, a hydrogen bond is defined as formed when the distance between the donor and acceptor is less than 3.5 Å, and the donor–hydrogen–acceptor angle is larger than 120.0°. To characterize the structure details of the sampled conformations, conformational clustering was conducted for the structures sampled at 325 K. The average-linkage algorithm<sup>60</sup> was used in the clustering analysis with the structure similarity measured by root-mean-square deviation (rmsd) of the heavy atoms.

## RESULTS AND DISCUSSION

**Effect of Template on Conformational Distribution of the Monomeric A $\beta$ .** To investigate how the preformed structure template affects the conformational distribution of the monomeric A $\beta$ , we compared the populations of the  $\beta$ -strand conformations for each residue of the monomeric A $\beta$  with and without the presence of the preformed structure template. Figure 2a shows the percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric A $\beta$  with (black) and without (blue) the preformed structure template at the temperature of 325 K. The same results for the temperature of 300 K were shown in the Figure S1 of the Supporting Information. To test possible convergence of the simulations, we divided the full data sampled at each temperature into ten groups with equal time duration and calculated the percentage



**Figure 2.** (a) Percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric  $A\beta$  with the one-peptide template of different secondary structures at 325 K. Color code: blue,  $\beta$  template; red, helix template. For comparison, the results without a template were also shown (black). (b) The distribution of the number of residues with  $\beta$  conformation for the one-peptide template case. (c) Percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric  $A\beta$  with the two-peptide template (green) and three-peptide template (red) of cross- $\beta$  structure at 325 K. The results with the one-peptide template (blue) and without template (black) were also shown for comparison. (d) Similar to that in panel b but with the helix template being changed to the two-peptide template and three-peptide template. The small percentages around the arrow in panels b and d result from the definitions of the  $\beta$ -strand conformation in PROSS, which demands three or more consecutive residues satisfying the dihedral angle constraints.

for each of the groups. The error bars in Figure 2 represent the standard errors calculated from the results of different groups. The small error bars suggest that the sampling in this work is reasonably converged for the comparison of the  $\beta$ -strand percentages. Here, the structure template consists of one  $A\beta$  peptide, and its structure was restrained according to the ssNMR structure (i.e., with  $\beta$ -strand conformation). For comparison, we also show the results for the structure template with helical conformation (red). One can see that the template with  $\beta$ -strand conformation enhances the  $\beta$ -propensity of the monomeric  $A\beta$  significantly. Particularly, the  $\beta$ -propensities of the segments 17–21 and 30–41, which have high  $\beta$ -content in the fibrils, were enhanced more drastically. Similar effects can be inferred from the right shifting of the distribution of the number of residues with  $\beta$ -strand shown in Figure 2b. In comparison, the template with helical conformation has almost no effect on the  $\beta$ -propensity of the monomeric  $A\beta$ , except that the  $\beta$ -propensity of the segment 17–21 is decreased to some extent. Instead, the helix template tends to increase the helical propensity of the monomeric  $A\beta$  as shown in the Figure S2 of the Supporting Information. Since the  $\beta$ -rich conformations are more prone to fibrillar aggregation, the above results suggest

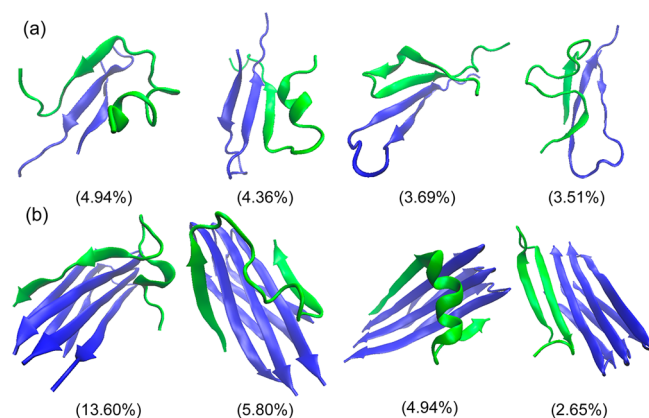
that the preformed structure template with  $\beta$ -strand conformations tends to promote the formation of aggregation-prone conformations for the monomeric  $A\beta$ . Such effect of preformed structure template on the conformational distributions of the monomeric  $A\beta$  can be highly relevant to the  $A\beta$  fibrillation. It was well established that the accumulation of the aggregation-prone conformers would result in an enhanced tendency to aggregate.<sup>12</sup> Therefore, the above observed effect of template suggests that the preformed structure template with cross- $\beta$  structure tends to enhance the  $A\beta$  fibrillar aggregation. Particularly, such effects are sensitive to the secondary structure of the template peptides.

It is not surprising to observe the above template effects. It is highly possible that such template effects can play important roles during the folding of proteins. For example, the similar effects of the secondary structure template on the folding of the poly alanine peptides were observed based on MD simulations by Takada and co-workers.<sup>55</sup> Particularly, they demonstrated that the helix template enhances the helical propensity of the surrounding peptide by lowering the nearby dielectric constant.

In the above discussions, the template consists of only one  $A\beta$  monomer. Such template tends to form hydrogen bonds



with the monomeric A $\beta$  mostly along the lateral direction as demonstrated in Figure 3a, which shows the representative



**Figure 3.** Representative structures of the most populated four clusters for the one-peptide template (a) and three-peptide template simulations (b) at 325 K. The relative sizes of the clusters were presented in the brackets. The template peptides are colored in blue, and the monomeric A $\beta$  are colored in green.

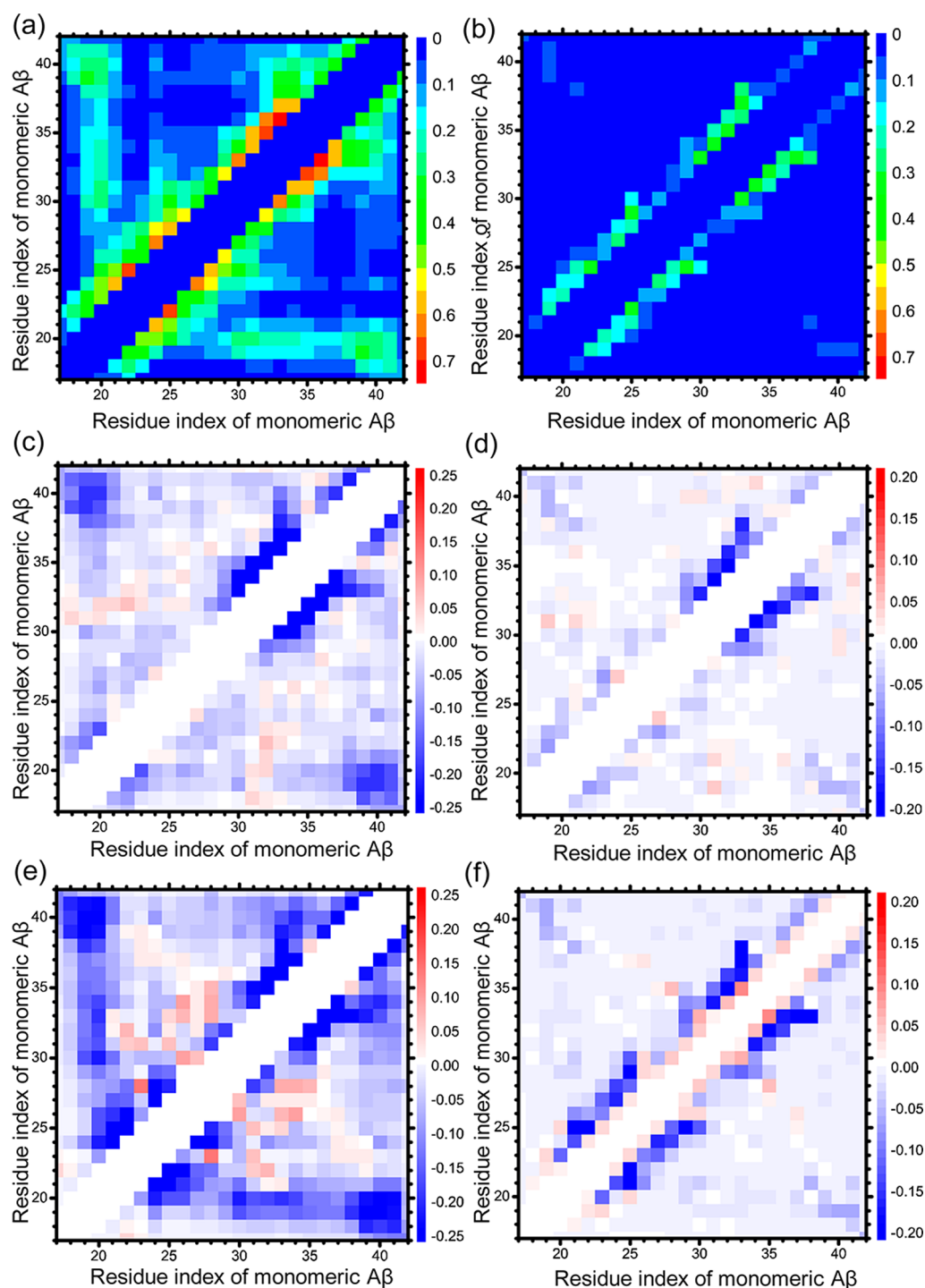
structures of the most populated four clusters obtained by clustering analysis. However, in the amyloid fibrils, the newly added A $\beta$  monomers form hydrogen bonds with the preformed fibril along the fibril axis. To more realistically describe the template effects of the preformed fibril template, we also conducted simulations with a template containing two and three A $\beta$  peptides, and their conformations were restrained to cross- $\beta$  structure according to the ssNMR data.<sup>8</sup> Figure 2c shows the percentage of the  $\beta$ -stand conformation sampled by each residue of the monomeric A $\beta$  with the two-peptide template (green) and three-peptide template (red). For comparison, the results without a template (black) and with the one-peptide template (blue) are also shown. One can see that both the two-peptide template and three-peptide template have basically similar effects on the  $\beta$ -propensities as that of the one-peptide template (see also Figure 2d). However, compared to the one-peptide template, the two-peptide template and three-peptide template increase the  $\beta$ -propensities more drastically (Figure 2c,d). Compared to the one-peptide template, the two-peptide template has a larger effect around the residues 25–32. In contrary, the three-peptide template has a larger effect around residues 20–25 and residues 39–41. However, from the current simulation results, we cannot observe clear trend of the template effects on the conformational distributions as the number of template peptides increases. In Figure 3b, we also show the representative structures of the most populated four clusters for the three-peptide template. We can see that the monomeric A $\beta$  forms hydrogen bonds to the template with very different ways between the one-peptide template and the three-peptide template. As discussed above, in the one-peptide template case, the monomeric A $\beta$  forms hydrogen bonds with the template mostly along the lateral direction. In comparison, in the three-peptide template case, the monomeric A $\beta$  forms hydrogen bonds along the fibril axis. Such difference suggests that during the nucleation stage of the A $\beta$  aggregation, conformational conversion from lateral  $\beta$ -sheet to axial  $\beta$ -sheet is the necessary step. As the conformational conversion from lateral  $\beta$ -sheet to axial  $\beta$ -sheet involves the breaking and

reforming of a large number of hydrogen bonds, it needs to overcome a high energy barrier. Therefore, such conformational conversion may contribute to the lag time in the initial stage of the A $\beta$  fibrillar aggregation observed experimentally.<sup>61</sup>

To further understand the effects of the template on the conformational distributions of the A $\beta$  monomer, it is important to study the changes of the interaction details within the monomeric A $\beta$  induced by the template. Figure 4 shows the contact map and hydrogen map of the monomeric A $\beta$  without template (a,b) and with the one-peptide (c,d) and three-peptide templates (e,f), respectively. For clarity, the contact map and hydrogen map for the simulations with one-peptide template and three-peptide template are shown by the probability differences relative to the simulation without template (c-f). Blue color represents that the template reduces the intrapeptide contacts. In contrary, the red color represents that the template enhances the intrapeptide contacts. One can see that the intrapeptide contacts are disrupted significantly with the presence of the template. Without template, the 1–4 hydrogen bonds are formed with high probability, which indicates the high populations of the helical conformation. With the presence of the template, the numbers of 1–4 intrapeptide hydrogen bonds are much reduced. Such effect is more pronounced for the three-peptide template. These results suggest that, during the capturing stage, the template tends to disrupt the intrapeptide interactions of the approaching monomeric A $\beta$ . Since these 1–4 hydrogen bonds are mostly absent in the fibril state, the reduction of the intrapeptide interactions can be helpful for eliminating the energy frustrations during the fibrillar aggregation, and optimizing the interactions between the monomeric A $\beta$  and the growing fibril. Consequently, the energy landscape of the monomeric A $\beta$  can be reshaped by the template to favor the fibrillar aggregation. We also calculated the distributions of the total nonlocal energy within the monomeric A $\beta$  with different templates by analyzing the REMD simulation data with the MM/GBSA method<sup>62</sup> implemented in AMBER software, and the results were given in Figure S3 of the Supporting Information. We can see that, for the simulations with templates consisting of peptides with  $\beta$  structure, the nonlocal interactions within the monomeric A $\beta$  are much weaker, which is consistent with the above discussions based on the contact maps.

**Interaction Details between the Monomeric A $\beta$  and the Template.** According to the two-step mechanism of the fibril elongation, the monomeric A $\beta$  first docks to the growing fibril. Then, it is locked to the fibril by formation of the correct interpeptide hydrogen bonds. Although the current MD simulations are not long enough to cover the whole dock and lock steps, it can still provide useful information on the very initial stage of the capturing process. Here, we mainly focus on the interaction features during the initial stage of the capturing process. More detailed discussions on the thermodynamics of the docking and locking transitions were reported in refs 32 and 33 by using very similar methodologies.

Figure 5a shows the contact probability of each residue in the monomeric A $\beta$  with the template peptides, including the C-free peptide (green), N-free peptide (red), and all the peptides (blue). Similarly, Figure 5b shows the contact probability of each residue in the template peptides (C-free peptide (green), N-free peptide (red), and centric peptide (blue)) with the monomeric A $\beta$ . We can see that the monomeric A $\beta$  interacts differently with the N- and C-terminal segments of the template

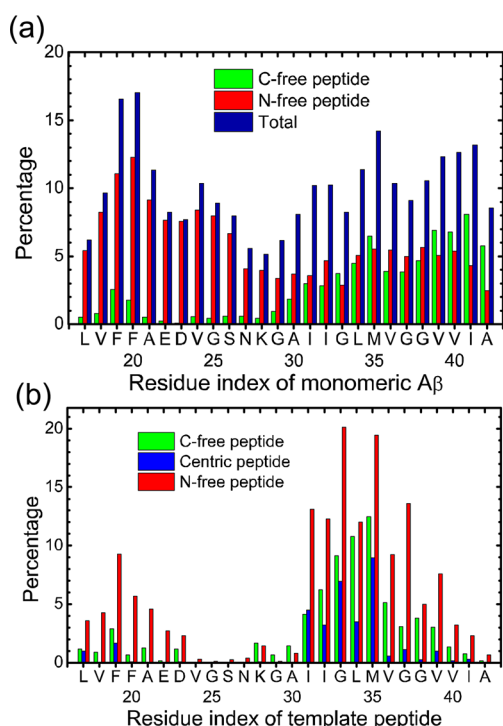


**Figure 4.** Contact map (left) and hydrogen map (right) of the monomeric A $\beta$  without a template (a,b) and with the one-peptide (c,d) and three-peptide templates (e,f) at 325 K. In panel a, the contact map represents the formation probabilities of the contacts between each pair of residues. In panel b, the hydrogen map represents the formation probabilities of the hydrogen bonds between the backbone groups of each pair of residues. In panels c–f, the contact maps and hydrogen maps are shown by the probability differences relative to the simulation without a template.

peptides. The interactions involving the C-terminal segment of the template peptides are much more probable (Figure 5b). Particularly, the interpeptide interactions are dominated by the segment 31–37 of the template peptides, which are highly hydrophobic. One can also notice that the interpeptide contacts occur mainly in the hydrophobic residues of the N- and C-terminal segments. In comparison, the loop part, which consists of polar and charged residues, forms less interpeptide contacts. Such results may suggest that the hydrophobic interactions play

a crucial role in the capturing of the monomeric A $\beta$  by the template.

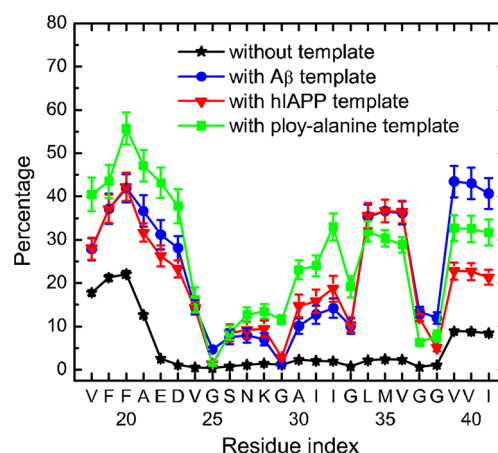
We can also observe that the N-free peptide and C-free peptide of the template interact with the monomeric A $\beta$  differently (Figure 5b). The monomeric A $\beta$  forms more contacts with the N-free peptide of the template (red). Interestingly, such interaction polarity was also proposed in other computational studies.<sup>32,33</sup> In comparison, the centric peptide in the template contributes much less to the



**Figure 5.** (a) Contact probability of each residue in the monomeric A $\beta$  with the C-free peptide (green), N-free peptide (red), and all the peptides (blue) of the three-peptide template at 325 K. (b) Contact probability of the C-free peptide (green), N-free peptide (red), and centric peptide (blue) in the three-peptide template with the monomeric A $\beta$  at 325 K.

interpeptide interactions (Figure 5b), probably due to its limited accessibility to the monomeric A $\beta$  since it is mostly packed by the end peptides. It is not surprising to observe such interaction polarity since the structures of the end peptides are not equivalent in the ssNMR structure as discussed in the Methods section. The end peptides expose the side chains in the N-terminal  $\beta$ -strand and C-terminal  $\beta$ -strand to different extents, which results in the different interactions with the monomeric A $\beta$ .

**Sequence Dependence of the Template Effects.** The above results demonstrated that the preformed structure template can promote the formation of the aggregation-prone conformations before the monomeric A $\beta$  finally locks to the growing fibril, and such template effect strongly depends on the secondary structure of the template peptides. It is also interesting to investigate whether such template effect is sensitive to the sequence details of the template peptides. For this purpose, we conducted similar simulations but with the template consisting of hIAPP peptides. The fibrillar aggregation of the hIAPP is considered to be crucial for the type-II diabetes.<sup>63–65</sup> Similar to the A $\beta$  peptide, the hIAPP is rich of hydrophobic residues. Figure 6 shows the percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric A $\beta$  with the hIAPP template (blue) and A $\beta$  template (red). For comparison, we also show the results without template (black). One can see that, both the hIAPP and the A $\beta$  templates tend to enhance the  $\beta$ -propensity of the monomeric A $\beta$ , indicating that the observed template effects are not very sensitive to the sequence details of the template peptides when the residues of the template is hydrophobic enough. As discussed in ref 61, the sequences of hIAPP and A $\beta$  share some common features as



**Figure 6.** Percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric A $\beta$  with the A $\beta$  template (red), hIAPP template (blue), and poly alanine template (green) at 325 K. The results without a template (black) were also shown for comparison.

indicated by the high sequence similarity ( $\sim 50\%$ ). To further eliminate the sequence correlation, we designed an artificial template consisting of three poly alanine peptides (by replacing the side-chains of the three-peptide A $\beta$  template with methyl groups). The backbone structure is restrained to the same cross- $\beta$  structure as that in the three-peptide A $\beta$  template. The results show that, even for such a special peptide with sequence significantly different from that of the A $\beta$  peptide, the  $\beta$ -propensity of the monomeric A $\beta$  peptide can be improved to a large extent (Figure 6, green). Such observation further supports the argument that the template effects are not very sensitive to the sequence details of the template peptides. The above results suggest that the deposition of the fibrillar aggregates with a certain sequence may be able to promote the aggregation of other peptides with different sequence. Interestingly, it was observed experimentally<sup>61</sup> that the preformed hIAPP fibrils can enhance the fibrillation of the free A $\beta$  peptide, which indicates the cross-seeding of the fibrillar aggregation. The results of the current simulations are consistent with the experimental observations. Such cross-seeding phenomenon has also been suggested in other experimental works,<sup>66</sup> and it was considered to be relevant to the infections of some amyloid diseases.<sup>67</sup>

## CONCLUSIONS

We studied the effects of the preformed structure template on the conformational distributions of the monomeric A $\beta$  peptide using atomistic simulations. Our results showed that the template with the cross- $\beta$  structure is able to induce the formation of  $\beta$ -rich conformations for the monomeric A $\beta$ . Such effect is insensitive to the sequence details of the template peptides but strongly depends on the secondary structure of the template peptides. In addition, the template tends to disrupt the intra-peptide interactions of the monomeric A $\beta$ , which is absent in the fibril state, and therefore reduces the energy frustrations in the final locking stage of the fibrillar aggregation. Our results suggest that the structure of the monomeric A $\beta$  is susceptible to the interactions from the fibril template. As the monomeric A $\beta$  approaches the preformed fibril, its conformation is reorganized by the interactions arising from the template peptides, which results in the populations of aggregation-prone conformations, and contributes to the growth of the fibrils.



It is worth noting that the time scale of the current MD simulations is far below the time scale of the whole dock and lock steps, as also noted by the authors in ref 33. Therefore, the conformations sampled in the current simulations mostly represent the events that occurred during the very initial stage of the attachment. The drastic effects of the template on the conformational distributions of the monomeric A $\beta$  observed in this work strongly indicate that the preformed template begin to reshape the energy landscape of the monomeric A $\beta$  in the very early stage of the aggregation.

## ■ ASSOCIATED CONTENT

### ■ Supporting Information

Percentage of the  $\beta$ -strand conformation sampled by the residues of the monomeric A $\beta$ ; percentage of the helical conformation sampled by the residues of the monomeric A $\beta$ ; distributions of intra-peptide nonlocal energy for the monomeric A. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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### Notes

The authors declare no competing financial interest.

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