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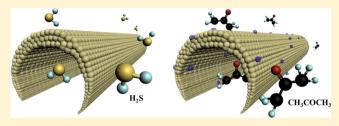
## Selective Diagnosis of Diabetes Using Pt-Functionalized WO<sub>3</sub> Hemitube Networks As a Sensing Layer of Acetone in Exhaled Breath

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Supporting Information

ABSTRACT: Thin-walled WO3 hemitubes and catalytic Ptfunctionalized WO3 hemitubes were synthesized via a polymeric fiber-templating route and used as exhaled breath sensing layers for potential diagnosis of halitosis and diabetes through the detection of H<sub>2</sub>S and CH<sub>3</sub>COCH<sub>3</sub>, respectively. Pt-functionalized WO<sub>3</sub> hemitubes with wall thickness of 60 nm exhibited superior acetone sensitivity ( $R_{air}/R_{gas} = 4.11$  at 2 ppm) with negligible H<sub>2</sub>S response, and pristine WO<sub>3</sub> hemitubes showed a 4.90-fold sensitivity toward H<sub>2</sub>S with



minimal acetone-sensing characteristics. The detection limit  $(R_{air}/R_{gas})$  of the fabricated sensors with Pt-functionalized WO<sub>3</sub> hemitubes was 1.31 for acetone of 120 ppb, and pristine WO<sub>3</sub> hemitubes showed a gas response of 1.23 at 120 ppb of H<sub>2</sub>S. Longterm stability tests revealed that the remarkable selectivity has been maintained after aging for 7 months in air. The superior cross-sensitivity and response to H<sub>2</sub>S and acetone gas offer a potential platform for application in diabetes and halitosis diagnosis.

here are hundreds of species of volatile organic compounds (VOCs) in human breath; these compounds are exhaled from the blood through breath in the lungs. 1,2 The exact evaluation of the concentration of these VOC gases offers useful information that can be used to identify biomarkers for analyzing the human body condition. Disease diagnosis using exhaled breath has attracted much attention because of its key advantages in terms of noninvasive and real-time diagnosis. So far, gas chromatography/mass spectrometry (GC/MS)<sup>1-3</sup> and the optical spectroscopy method<sup>4</sup> have been widely used for breath analysis for potential detection of lung cancer,1 diabetes,<sup>5</sup> heart disease,<sup>6</sup> malnutrition,<sup>7</sup> kidney disorders,<sup>8</sup> and asthma.9 However, these techniques are limited for applications in portable sensing devices owing to the bulky equipment size and complexity in measurement.

To achieve accurate disease diagnosis using exhaled breath sensors, the minimum detection limit should be in the range of ppb (parts per billion) level, particularly in highly humid atmospheres. In addition, selective detection should be guaranteed to confirm exact recognition of a specific disease. For example, in the case of diabetes diagnosis, we should measure an acetone concentration of 300-900 ppb in exhaled breath because the acetone concentration increases from 300 to 900 ppb for healthy humans to 1800 ppb for diabetes patients.10

Chemiresistive type sensors using various semiconducting metal oxides, such as  $WO_3$ , <sup>11</sup>  $MoO_3$ , <sup>12</sup>  $SnO_2$ , <sup>13,14</sup> and NiO, <sup>15</sup> have been considered for use as exhaled breath sensors due to their superior reaction with VOCs, easy fabrication processes and possibility of miniaturization for integration in portable

devices. 12,16 Thus far, several promising research efforts have been conducted for fabrication of highly sensitive exhaled breath sensors; in particular, by combining noble catalysts and unique metal oxide nanostructures that possess a high surface area and high porosity. These devices include Pd-TiO<sub>2</sub> nanofibers, <sup>17</sup> Pt– and IrO<sub>2</sub>–WO<sub>3</sub> nanofibers, <sup>18</sup> Au–TiO<sub>2</sub> nanotubes, <sup>19</sup> and PdO–SnO<sub>2</sub> nanofibers. <sup>20</sup> However, accurate cross-sensitivity toward exhaled breath containing several gases such as acetone, H2S, toluene, etc., is still a major challenge.

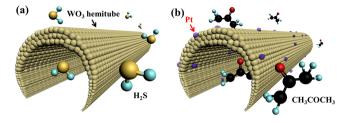
In this work, we fabricated thin-walled WO<sub>3</sub> hemitubes with different top wall thicknesses (121 and 58.6 nm) by utilizing electrospun nanofibers as a sacrificial template and performing subsequent RF-sputtering coating of WO3 films on the polymeric fibers, followed by high temperature calcination (Figure S1 in the Supporting Information). Thin-walled WO<sub>3</sub> hemitubes (Scheme 1a) exhibited a superior gas response toward H<sub>2</sub>S in 85% relative humidity, demonstrating potential feasibility for halitosis diagnosis. In contrast, catalytic Ptfunctionalized WO3 hemitubes showed remarkably enhanced acetone sensitivity while showing negligible H2S sensing characteristics (Scheme 1b). We investigate the role of catalysts anchored to WO3 hemitubes in selective detection of acetone and H<sub>2</sub>S as biomarkers for diagnosis of diabetes and halitosis, respectively.

Figure 1 shows the schematic illustrations of pristine WO<sub>3</sub> hemitubes and Pt-functionalized WO3 hemitubes. To synthe-

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Scheme 1. Schematic Illustrations of (a) Polycrystalline WO<sub>3</sub> Hemitube Optimized for H<sub>2</sub>S Detection and (b) Pt-Functionalized WO<sub>3</sub> Hemitube for Selective Acetone Detection



size a WO<sub>3</sub> hemitube structure, electrospun PVP (polyvinylpyrollidone)/PMMA (polymethylmethacrylate) composite nanofibers (Figure S2a in the Supporting Information) were coated by RF-sputtered WO<sub>3</sub> thin films (Figure S2b in the Supporting Information). Figure 1a shows a cross-sectional SEM image of 52.5 nm thick WO<sub>3</sub> (shell) films coated on a PVP/PMMA (core) nanofiber. An asymmetric tube structure was achieved after heat treatment at 500 °C as a result of the removal of the sacrificial templates and predominant deposition on the top surface of the electrospun fibers<sup>21</sup> (Figure 1b and c). Figure 1b

shows that  $WO_3$  hemitubes had a top wall thickness of 121 nm and a side wall thickness of 73 nm.

A shorter sputtering time induces a thinner wall thickness (top wall thickness, 58.6 nm; side wall thickness, 32.2 nm). To investigate the morphology and structure of the  $WO_3$  hemitube in greater detail, transmission electron microscopy (TEM) analysis was performed (Figure 1e and f). Figure 1e shows a magnified image of a single  $WO_3$  hemitube (Figure S3a in the Supporting Information). Figure 1d and e clearly verify the hemitubular nature of the thin-walled  $WO_3$  films.

Selected area electron diffraction pattern analysis revealed that the WO<sub>3</sub> hemitube had characteristic peaks of (200) and (020) planes (Figure 1f), which correspond to interplanar distances of 3.67 Å and 3.75 Å, respectively, maintaining an angle of 90°. To improve the exhaled breath sensing characteristics, nanoscale Pt catalysts were functionalized on the inner and outer surfaces of the WO<sub>3</sub> hemitubes. We synthesized a colloidal Pt solution via a polyol process<sup>22</sup> and decorated Pt nanoparticles on the predrop-coated WO<sub>3</sub> hemitube networks. As indicated by the green arrow, both the inside and outside of the WO<sub>3</sub> hemitubes were functionalized by Pt catalysts (Figure 1g). High-resolution TEM analysis demonstrated that Pt catalysts with a size distribution of 3–7 nm were mostly attached to WO<sub>3</sub> hemitubes

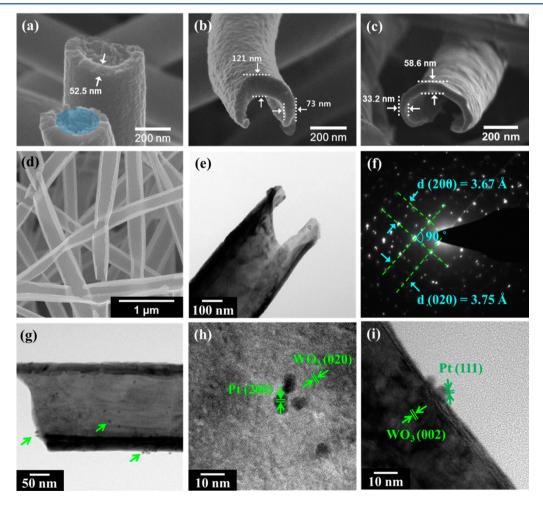


Figure 1. Morphologies and crystal structures of pristine WO<sub>3</sub> nanotubes and Pt-functionalized WO<sub>3</sub> hemitubes: (a) cross-sectional SEM image of the sputtered WO<sub>3</sub> films on fiber templates; (b, c) SEM image of WO<sub>3</sub> hemitubes with different top wall thicknesses of 121 and 58.6 nm, respectively; (d) SEM image of WO<sub>3</sub> hemitubes; (e) magnified TEM image of panel d; (f) selected area electron diffraction pattern of WO<sub>3</sub> hemitubes; (g) TEM image of Pt-functionalized WO<sub>3</sub> hemitube; and (h, i) magnified TEM image of panel g.

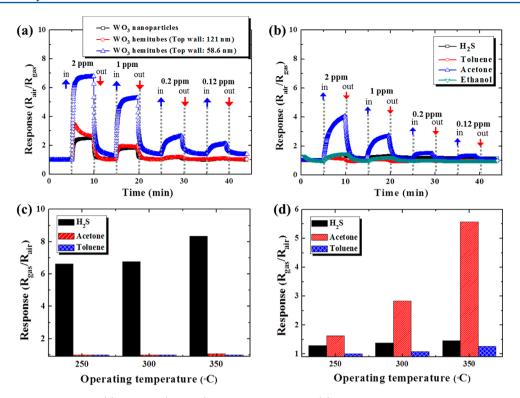


Figure 2. Gas sensor characterization: (a) response  $(R_{air}/R_{gas})$  to  $H_2S$  gas at 300 °C; (b) response of Pt catalyst decorated WO<sub>3</sub> hemitubes at 300 °C; (c) response of pristine WO<sub>3</sub> hemitubes; and (d) Pt-functionalized WO<sub>3</sub> hemitubes in the temperature range of 250–350 °C.

individually. Pt particles had a cubic crystalline structure with (200) and (111) crystal planes, as indicated in Figure 1h and i. X-ray diffraction (XRD) patterns of WO<sub>3</sub> hemitubes and

X-ray diffraction (XRD) patterns of WO<sub>3</sub> hemitubes and WO<sub>3</sub> thin film were examined to identify the crystal orientations (Figure S4 in the Supporting Information). The WO<sub>3</sub> hemitubes exhibited a phase-pure monoclinic crystalline structure (JCPDS file no. 43-1035).

To investigate the exhaled-breath-sensing characteristics of pristine  $WO_3$  and Pt-decorated  $WO_3$  hemitubes, we carried out  $H_2S$ , acetone, toluene, and ethanol sensing tests using a homemade test setup (Figure S5 in the Supporting Information).  $WO_3$  nanoparticles with a size distribution of 30-60 nm were drop-coated onto the sensing substrate and used as a reference sensing layer for comparison with  $WO_3$  hemitubes with different wall thicknesses (Figure S3b in the Supporting Information and Figure 2a).

The average thicknesses of drop-coated sensing layers prepared using pristine WO<sub>3</sub> hemitubes, Pt-functionalized WO<sub>3</sub> hemitubes, and WO<sub>3</sub> nanoparticles were 72, 78.5, and 23.1  $\mu$ m, respectively (see Figures S6 and S7 in the Supporting Information). The difference in the total thickness of the sensing layers consisting of WO<sub>3</sub> hemitubes and WO<sub>3</sub> nanoparticles originated from the high porosity of the hemitube structures. In their response to the H<sub>2</sub>S gas, thinner WO<sub>3</sub> hemitubes having a 58.6 nm top wall thickness showed much enhanced sensing characteristics with stable resistivity changes (Supporting Information Figure S6). The gas response ( $R_{\rm air}/R_{\rm gas}$  at 2 ppm H<sub>2</sub>S) of the 58.6 nm thick WO<sub>3</sub> hemitubes was 6.76, which indicates 1.94 and 2.72 times higher responses than those of 121 nm thick WO<sub>3</sub> hemitube- and WO<sub>3</sub> nanoparticle-based sensors, respectively.

The reaction mechanism of the WO $_3$  hemitubes to  $H_2S$  can be explained by the surface reaction between  $H_2S$  gas and adsorbed oxygen ions (O $^-$ , O $^{2-}$ ), that is,  $H_2S + 3O^- \rightarrow SO_2 +$ 

 $H_2O + 3e^{-.23}$  The surface area of  $WO_3$  hemitubes is approximately  $\pi$  (~3.14) times higher than that of planar dense thin films, leading to an enhanced surface reaction of the hemitube structure through its accommodation of a large number of O<sup>-</sup> adsorption sites.<sup>21</sup> An increase in the density of the electron depletion region significantly improves the gas response. On the other hand, the gas response to acetone, toluene, and ethanol of the WO3 hemitubes was negligible because of the complexity of the reaction (Figure S9 in the Supporting Information). In other words, reducing hydrogen species in acetone and ethanol are bound to carbon, which interrupts the dissociation of the molecules. 24,25 In addition, acetone and ethanol molecules need to experience several dissociation steps to be oxidized, 18,25 thus requiring more time to release ionized oxygen on the surface and inject electrons into the conduction band. In the case of toluene sensing, toluene molecules have a thermodynamically stable aromatic structure, which hinders the dissociation and oxidation of toluene at low temperatures (<450 °C). These features led to outstanding selective detection toward H<sub>2</sub>S.

Very interestingly, Pt-functionalized WO<sub>3</sub> hemitubes exhibited superior acetone-sensing characteristics with a response  $(R_{\rm air}/R_{\rm gas})$  of 4.11 at 2 ppm, particularly showing a negligible response to H<sub>2</sub>S, toluene, and ethanol (Figure 2b). The enhanced sensing properties to acetone of Pt-functionalized WO<sub>3</sub> hemitubes are ascribed to the spillover process<sup>27</sup> of Pt catalysts, which can effectively dissociate adsorbed oxygen molecules into ionized oxygens (O<sup>-</sup>, O<sup>2-</sup>) on the WO<sub>3</sub> surface, accompanied by the capture of electrons from the WO<sub>3</sub> conduction band. When acetone is exposed to Pt-functionalized WO<sub>3</sub> hemitubes, the adsorbed oxygen adions, which were effectively dissociated by the Pt catalysts, can be desorbed via surface reaction with acetone by the following eq 1 and 2 processes.<sup>24</sup>

$$CH_3COCH_3(gas) + O^- \rightarrow CH_3COC^+H_2 + OH^- + e^-$$
(1)

$$CH_3COCH_3(gas) + 2O^-$$
  
 $\rightarrow C^+H_3 + CO_2 + CH_3O^- + 2e^-$  (2)

Accordingly, high resistivity changes toward acetone were detected (Figure S8 in the Supporting Information), whereas pristine WO<sub>3</sub> hemitubes did not show any noticeable response to acetone. The decrease in the H2S response of the Ptfunctionalized WO3 hemitubes may be ascribed to the increased O- density caused by the active spillover effect on the surface of Pt-functionalized WO3 hemitubes at a high temperature (>200 °C), which hinders the resistivity changes<sup>2</sup> (Figure S10 in the Supporting Information). In addition, the low response to H<sub>2</sub>S may stem from the catalytic filtering effect<sup>29</sup> of Pt nanoparticles, which decompose and oxidize H<sub>2</sub>S before the gas reaches the active region, that is, the WO3 surface. Thus, the resistivity changes of the Pt-functionalized WO<sub>3</sub> hemitubes were not noticeable against H<sub>2</sub>S gas. This result demonstrates that the fabricated pristine WO<sub>3</sub> hemitubes and Pt catalyst functionalized WO3 hemitubes showed superior cross sensitivity to H2S and acetone. It was also confirmed that the superior cross sensitivity was observed in the wide temperature range of 250-350 °C, with increasing response at higher temperature (Figure 2c and d). The detection limit, which is the minimum detection gas concentration, was identified with the operating temperature at 300 °C. The detection limit was 120 ppb, showing a response of 1.23 for the WO<sub>3</sub> hemitubes to H<sub>2</sub>S and 1.31 for Pt-functionalized WO<sub>3</sub> hemitubes to acetone, while exhibiting increased response in both sensing materials with concentration (Figure 3).

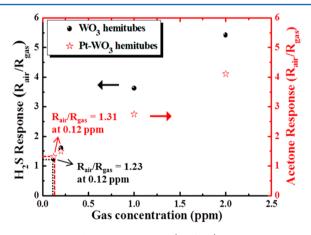


Figure 3.  $H_2S$  and acetone response  $(R_{\rm air}/R_{\rm gas})$  to the pristine WO<sub>3</sub> hemitubes and Pt-functionalized WO<sub>3</sub> hemitubes, respectively, in the gas concentration ranges from 120 ppb to 2 ppm at 300 °C.

To investigate the long-term stability of gas sensors using pure  $WO_3$  and Pt-functionalized  $WO_3$  hemitubes, gas sensing tests with identical samples were performed after aging in air for 7 months. It is important to note that the superior selectivity of pristine  $WO_3$  hemitubes and Pt-functionalized  $WO_3$  hemitubes toward  $H_2S$  and acetone was maintained in the temperature range of 300 to 350 °C. Although the responses decreased for pristine  $WO_3$  hemitubes to 3.44  $\pm$  0.27 at 2 ppm of  $H_2S$  (a 49.1% decrease) while also decreasing for Pt-functionalized  $WO_3$  hemitubes to 2.67  $\pm$  0.53 for 2 ppm of acetone (6% decrease) at 300 °C, the response characteristics

obtained after aging for 7 months were high enough for the selective detection of  $H_2S$  and acetone (Figure S11 and S12 in Supporting Information). This result demonstrates the high stability of our sensors.

In summary, thin-walled WO<sub>3</sub> hemitubes were synthesized by WO<sub>3</sub> sputtering deposition on polymer nanofiber templates, followed by high-temperature calcination. The wall thickness was easily manipulated by changing the sputtering time, leading to more effective surface modulation in the case of thinnerwalled WO<sub>3</sub> hemitubes. From the gas-sensing characterization, pristine WO<sub>3</sub> hemitubes showed superior H<sub>2</sub>S sensing properties with minimal response to acetone and toluene at 85 RH%. Catalytic Pt nanoparticles were decorated on WO<sub>3</sub> hemitubes to modulate gas response characteristics. Ptfunctionalized WO<sub>3</sub> hemitubes showed superior acetone response  $(R_{air}/R_{gas} = 4.11 \text{ at } 2 \text{ ppm})$  with negligible  $H_2S$ response, and pristine WO3 hemitubes exhibited a 4.90-fold sensitivity toward H<sub>2</sub>S with minimal acetone-sensing characteristics. From the cyclic test of pristine WO<sub>3</sub> hemitubes and Ptfunctionalized WO3 hemitubes after 7 months, the outstanding selectivity characteristics were confined to H<sub>2</sub>S and acetone, respectively. The highly sensitive and selective acetone-sensing properties of Pt-functionalized WO3 hemitubes offer a potential platform for application in diabetes diagnosis by measuring traces of acetone gas in human breath.

#### ASSOCIATED CONTENT

### S Supporting Information

Preparation of hollow  $WO_3$  hemitubes, transmission electron microscopy (TEM) analysis, X-ray diffraction (XRD) analysis, preparation of sensing material, gas sensor test setup, gas sensing characteristics, and long-term stability of the sensing performance. This material is available free of charge via the Internet at http://pubs.acs.org.

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#### **Notes**

The authors declare no competing financial interest.

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