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Response of GWALP Transmembrane Peptides to Changes in the Tryptophan Anchor Positions†

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Abstract

While the interfacial partitioning of charged or aromatic anchor residues may determine the preferred orientations of transmembrane peptide helices, the dependence of helix orientation on anchor residue position is not well understood. When anchor residue locations are changed systematically, some adaptations of the peptide-lipid interactions may be required to compensate the altered interfacial interactions. Recently we have developed a novel transmembrane peptide, termed GW^{5,19}ALP23 (acetyl-GGALW⁵LALALALALALALAUW¹⁹LAGA-ethanolamide), which proves to be a well behaved sequence for an orderly investigation of protein-lipid interactions. Its roughly symmetric nature allows for shifting the anchoring Trp residues by one Leu-Ala pair inward (GW^{7,17}ALP23) or outward (GW^{3,21}ALP23), thus providing fine adjustments of the formal distance between the tryptophan residues. With no other obvious anchoring features present, we postulate that the inter-Trp distance may be crucial for aspects of the peptide-lipid interaction. Importantly, the amino acid composition is identical for each of the resulting related GWALP23 sequences, and the radial separation between the pairs of Trp residues on each side of the transmembrane α -helix remains similar. Here we address the adaptation of the aforementioned peptides to the varying Trp locations by means of solid-state ²H NMR experiments in varying lipid bilayer membrane environments. All of the GW^{x,y}ALP23 sequence isomers adopt transmembrane orientations in DOPC, DMPC and DLPC environments, even when the Trp residues are quite closely spaced, in GW^{7,17}ALP23. Furthermore, the dynamics for each peptide isomer are less extensive than for peptides possessing additional interfacial Trp residues. The helical secondary structure is maintained more strongly within the Trp-flanked core region than outside of the Trp boundaries. Deuterium labeled tryptophan indole rings in the GW^{x,y}ALP23 peptides provide additional insights into the behavior of the Trp side chains. A Trp side chain near the C-terminus adopts a different orientation and undergoes somewhat faster dynamics than a corresponding Trp side chain located an equivalent distance from the N-terminus. In contrast, as the inter-Trp distance changes, the variations among the average orientations of the Trp indole rings at either terminus are systematic yet fairly small. We conclude that subtle adjustments to the peptide tilt, and to the N- and C-terminal Trp side-chain torsion angles, permit the GW^{x,y}ALP23 peptides to maintain preferred transmembrane orientations while adapting to lipid bilayers of differing hydrophobic thickness.

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Supporting Information Available

Proton NMR spectra of Fmoc-Trp- d_2 . Definition of ρ angles. Physical data for GW^{X,y}ALP23 peptides (HPLC, mass spectrum). Deuterium NMR spectra of peptides in DLPC, DMPC, DOPC. This material is available free of charge via the Internet at http://pubs.acs.org.

Keywords

peptide-lipid bilayer interactions; solid-state deuterium NMR; GWALP23 peptides; hydrophobic match

The influence of a lipid bilayer membrane on protein organization and function is well documented. For example, the orientation (tilt) angles of virus protein "u" (1) and of the GABA_A receptor (2) have been shown to vary in response to the thickness of the lipid bilayer. The lipid acyl chain identities furthermore influence the assembly of M2 tetramer proton channels (3) and alter the functional equilibrium of rhodopsin (4).

Protein transmembrane domains and membrane protein function are governed in part by the interfacial or aqueous partitioning of aromatic or charged anchor residues that flank the transmembrane helical domains. These types of residues are enriched at the interfaces (5, 6), with the preferred position for lysines being about 3 Å farther from the bilayer center than the preferred positions for tryptophans (7). In order to better understand the influence of interfacial anchoring residues, systematic approaches are quite helpful. It is in this regard useful to consider combinations of synthetic lipids and model peptides, which make it feasible to adjust systematically the distances between anchor residues and the thickness of the lipid matrix (8-11). Such model peptide sequences typically have been based on a repeating sequence unit, wherein the addition or removal of an extra hydrophobic block will alter the length of the transmembrane domain with minimal disruption of other properties. For example in "WALP" family peptides (GWW(LA)_nLWWA) (9, 12, 13), the effective hydrophobic length of the core helix between the Trp residues changes as "n" is varied. In these peptides, the core helix is bounded by the aromatic side chains of Trp. With regard to the modulation of lipid phase behavior, the effective length of a WALP peptide is governed by the distance between the innermost Trp residues that flank the core helix (14). Furthermore, because Trp and also Tyr are particularly enriched at the membrane-water interface in membrane proteins of known structure (5, 6, 15), changing the placements of aromatic residues could offer a means of modifying the orientation and behavior of the membrane-spanning domain. Conversely, the lipid thickness can be varied by altering the acyl chain lengths, a factor which may compensate when anchor residue positions are changed. When acyl chains longer than 14 carbons are utilized, nevertheless, one or more double bonds must be introduced (in some or all of the chains), to maintain appropriate lipid bilayer fluidity at physiological temperature.

Even such seemingly "simple" peptide-lipid systems may pose a number of issues. The lipid unsaturation will influence also the lipid lateral pressure profile (16). For the peptide, in addition to the length of the core helix between the anchor residues, the identities of the polar, amphiphilic and/or aromatic interfacial residues may alter the response of the system (17). Furthermore, the geometry of a helix dictates that adding or removing core helix residues inevitably will change also the radial positions of the anchoring side chains (18). A further potential issue concerns the overall hydrophobicity of the peptide system in cases where small "blocks" of sequence are added or removed. The sequences with smaller numbers of amino acids thereby may become too polar to insert into a lipid bilayer or too short to form stable helices (19), which could lead to oligomerization (20).

Recently we improved the design of "WALP" family peptides by replacing two of the tryptophans with glycines (21). Unexpectedly, the dependence of the WALP peptide apparent tilt angle on the lipid bilayer thickness is not straightforward. The relatively minor response of the original WALP peptides toward changes in the lipid thickness was later explained in terms of extensive dynamics (22, 23). The dynamics can be rationalized in

terms of an excess of interfacial tryptophan residues, dispersed around a helical wheel (18), and potentially competing among themselves for favorable interactions with the head groups of the lipids (17, 24).

To circumvent some of these limitations, we developed GW^{5,19}ALP23 (GGALW[LA]₆LWLAGA), which proves to be a well behaved transmembrane peptide for the systematic investigation of protein-lipid interactions (17, 25). In this study we further exploit its orderly sequence, which allows for shifting the remaining individual Trp residues either inward or outward in pairwise fashion, thereby leading to sequences of the form GW^{x,y}ALP23, where the "x, y" pairs designate the Trp sequence positions, either "5, 19" (original GWALP23), "3, 21" (Trps moved outward) or "7, 17" (Trps moved inward). These sequences allow for fine-tuning the length of the core (Leu-Ala)_e helix, while maintaining identical amino acid composition and therefore identical overall peptide hydrophobicity. Furthermore, because in each case one Trp of GWALP23 is moved radially by +200° and the other by -200° , they effectively "meet" on another face of the helix and thereby maintain a similar radial separation on one side of an α -helix in each of the three peptides (Table 1, Figure 1). The Trp residues on both ends of GW^{x,y}ALP23 have a substantial propensity to reside at the lipid-water interface (26, 27). To maintain effective interactions, it is conceivable that the single indole rings at either end may alter their side chain orientations to adapt in different lipid environments (28). For these reasons, we undertake a comprehensive solid-state NMR investigation of the generalized whole-peptide and specific indole-ring responses of GW^{x,y}ALP23 transmembrane peptides to varying lipid environments. We employ deuterated alanines to investigate the peptide helix average orientations and dynamics, and deuterated tryptophans to investigate the indole side chain adjustments. The intent is to provide enhanced understanding of how lipids influence the behavior of membrane-spanning peptides.

Materials and Methods

All isotope enriched compounds were from Cambridge Isotope Laboratories (Andover, MA). Deuterium labeled alanine (Ala- d_4) and tryptophan (Trp- d_5 ; deuterons on the indole ring) were modified by manual synthesis to introduce fluorenylmethoxycarbonyl (Fmoc) group, using an identical protocol for both amino acids (29). Partial hydrogen/deuterium exchange on the Trp indole side chain was accomplished by incubating commercial Fmoc-Trp (NovaBiochem, San Diego, CA) with deuterated trifluoroacetic acid (TFA- d_1) at 10 °C for 3 hr (30). This procedure facilitates deuterium incorporation at positions 2 and 5 of the indole ring, which was confirmed by 1 H NMR spectroscopy in DMSO- d_6 , by means of the intensity reduction at position 2 and changes in the multiplet pattern at positions 4 and 6 (Figure S1 of the Supporting Information). The peptides synthesized with TFA- d_1 treated Fmoc-Trp represent a mixture of GW^{x,y}ALP23-Trp- d_0 , GW^{x,y}ALP23-Trp- d_1 and GW^{x,y}ALP23-Trp- d_2 . For brevity we further refer to them in the form of GW^{x,y}ALP23-Trp- d_2 .

Peptides were synthesized utilizing a model 433A peptide synthesizer (Applied Biosystems by Life Technologies, Foster City, CA) in a similar manner to GWALP23 (17), using Wang resin and Fmoc-protected amino acids (NovaBiochem). Deuterium-enriched alanines were introduced in pairs at different isotope abundance levels. Deuterium-enriched tryptophans were incorporated in separate peptides one at a time; namely, for each GW^{x,y}ALP23 sequence, four separate Trp-labeled peptides were synthesized (having full or partial deuteration of the N- or C-terminal Trp). Due to the mild conditions for peptide cleavage from the Wang resin (20% ethanolamine in dichloromethane), no side chain protecting groups were required (31). Peptides were purified by reversed-phase HPLC (C8), using the

previously established conditions for GWALP23 (17). Confirming HPLC chromatograms and mass spectra are provided in Supporting Information (Figures S2–S3).

Circular dichroism (CD) spectra were obtained for peptides incorporated into small unilamellar vesicles (1/40, peptide/lipid) produced by ultrasonic treatment. Peptide concentrations were determined spectrophotometrically to be in the 100 µM range. CD spectra were collected using a 1 mm pathlength cell and a Jasco J710 spectropolarimeter (Easton, MD) operated at a 20 nm/min scan rate and 1.0 nm band width. Five spectra were averaged to enhance the signal intensities. Aliquots of the same samples were further diluted 50-fold for steady state fluorescence spectroscopy, using a Perkin Elmer LS-55 fluorescence spectrometer. The excitation wavelength was 284 nm, and emission was recorded between 300 and 500 nm at a rate of 200 nm/min. Slit widths were 7.5 nm, both for excitation and emission. An asymmetric cuvette was employed, having a 10 mm pathlength for excitation and a 1 mm pathlength for emission. Ten spectra were acquired and averaged.

Samples for solid-state ²H NMR were prepared by mechanical alignment, as described previously (12). A mixture of 2 µmol peptide and 80 µmol lipid (Avanti, Alabaster, AL) was deposited on glass slides $(4.8 \times 23 \times 0.07 \text{ mm})$ from methanol/water (95/5), dried in vacuo (10⁻³ torr) and hydrated with ²H-depleted water to a 45% level of hydration (w/w). Glass slides were stacked and sealed in a glass cuvette ($4.9 \times 4.9 \times 24$ mm). Deuterium NMR spectra were recorded using two Bruker (Billerica, MA) Avance 300 spectrometers operating at a magnetic field of 7.0 T, utilizing probes with cylinder 5 mm coil and a quadrupolar echo pulse sequence with full phase cycling (32). The spectral width was 1,000,000 Hz, recycle delay 90 ms, and pulse durations 3.2 or 4.5 µs (depending on the spectrometer probe). Approximately 700,000 transients were collected for Ala-d₄ peptides and twice that number for Trp-d_x peptides. Spectra for Ala-labeled peptides were processed by zero filling the time domain to 5120 points, applying 100 Hz exponential apodization and Fourier transformation. The corresponding parameters for the spectra of Trp-labeled peptides were 2048 data points and 300 Hz. Spectra were recorded at two sample orientations, with the lipid bilayer normal either parallel (β =0°) or perpendicular (β =90°) to the applied magnetic field. An average value of the quadrupolar splitting magnitude was taken (after applying the scaling factor of two for the β =90° orientation), the standard deviation between the two sample orientations typically being within 0.5 kHz.

Geometric Analysis of Labeled Alanines (GALA; (12)) was performed by fitting a generalized order parameter S_{zz} , and the apparent peptide tilt magnitude (τ) and direction (ρ), to a model of a tilted α -helical peptide, with an $\epsilon_{//}$ angle between the alanine C_{α} - C_{β} bond vector and peptide helix axis equal to 59.4° (12). Further, we refer to this S_{zz} value as S_{pept} to avoid confusion with the tryptophan side-chain order parameter (see below). Selected peptide/lipid systems were analyzed also by considering Gaussian distributions of tilt and rotation around the average values (τ_0 , ρ_0) with standard deviations (σ_{τ} , σ_{ρ}) (22). In these cases, the order parameter was fixed at 0.88 and a multidimensional grid search was performed by varying σ_{ρ} between 0° and 200°, σ_{τ} between 0° and 30°, τ_0 between 0° and 90°, and ρ_0 between 0° and 359°, using 1° increments.

Deuterium NMR data from Trp-labeled peptides were analyzed by rotating the previously refined structure of 3-methyl-indole (33) by two angles, ρ_1 and ρ_2 (defined in Figure S4 of the Supporting Information), and considering the dynamics in the form of an order parameter, S_{zz} (30, 34), which now would incorporate side-chain as well as backbone dynamics. Due to symmetry considerations, such analysis returns eight possible orientations of the indole ring; we report the values for one unique octet with $0^{\circ} \le \rho_1 \le 180^{\circ}$ and $0^{\circ} \le \rho_2 \le 90^{\circ}$ (Figure S4). While the fully deuterated Trp side chain has five deuterons, the C-

D bond vectors at carbons 4 and 7 are nearly collinear (angle of 179.3°; (33)), and therefore are generally not resolved.

Indeed, it was assumed that deuterons at positions 4 and 7 are not distinguishable and produce identical signals, since none of the Trp- d_5 spectra had five resolved peaks. Since the spectral assignments are not known, initially 4! = 24 possible assignment schemes were considered for each Trp. (The number was later reduced in systems where Trp- d_2 data were available). For estimating the root mean squared deviation (RMSD), we treat positions 4 and 7 separately, under the assumption that the corresponding NMR signal represents a superposition of these deuterons. Assignment schemes were selected based on the S_{zz} and RMSD values, as explained in Results.

For the conversion of backbone-independent (ρ_1, ρ_2) angles to Trp side chain (χ_1, χ_2) angles, models of $GW^{x,y}ALP23$ were constructed using Swiss-PdbViewer 4.0 (35) using (Φ, Ψ, Ω) of $(-65^\circ, -40^\circ, 180^\circ)$ and rotated by angles τ and ρ according to Table 3 (see Results) to yield the coordinates of the tilted peptides. The side chain of a tryptophan residue in question was rotated around the (χ_1, χ_2) angles to yield the indole orientation matching to the previously obtained (ρ_1, ρ_2) angles of 3-methyl-indole. Steric hindrance contours were generated by rotating the Trp side chains through the complete range of (χ_1, χ_2) angles. Steric clash was defined as the distance <2 Å between any of the non-hydrogen atoms of the indole ring and any non-hydrogen atoms of the peptide backbone.

Results

Both leucine and alanine are considered to have high α -helix propensity, while tryptophan does not exhibit this property (36). A lipid bilayer typically offers a stabilizing environment for the transmembrane helices, because it is favorable to maximize the backbone hydrogen bonding in the nonpolar lipid environment (37). Nevertheless, in the case of a lipid with short acyl chains (DLPC), several residues at the peptide termini may protrude into the interfacial and/or aqueous phases, where deviations from the helical structure can occur more easily. To assess the secondary structure of the GW^{x,y}ALP23 peptides we have recorded CD spectra of the peptides in DLPC (Figure 2).

All three $GW^{x,y}ALP23$ peptides exhibit the spectral signature of an α -helix, with a distinct minimum at 208 nm and a broad shoulder around 222 nm. Nevertheless, the mean residue ellipticity values for $GW^{7,17}ALP23$ are somewhat lower (about 15% reduced in magnitude) in comparison with the other peptides, suggesting reduced helical structure when the tryptophans are moved inward. It is widely accepted that due to their amphiphilic character the tryptophan residues prefer the membrane-water interface, which would position the terminal residues 1–6 and 18–23 of $GW^{7,17}ALP23$ in more polar regions, where some helix unwinding may be expected (38). The spectral intensities of $GW^{5,19}ALP23$ and $GW^{3,21}ALP23$ overlap, indicative of similar helicity. Previously we have observed some fraying of the $GW^{5,19}ALP23$ termini in DMPC (17); within this context the CD data suggest that the $GW^{3,21}ALP23$ helix could possibly terminate prior to the Trp residues in DLPC.

Earlier studies with the peptides of the WALP family demonstrated a peptide length-dependent formation of non-bilayer phases of phosphatidylcholine membranes at high peptide/lipid ratio: in the case of negative hydrophobic mismatch, the lipid phase can undergo transitions from lamellar to isotropic to inverse hexagonal phase (9). To probe this possibility for GW^{x,y}ALP23 peptides, phosphorous NMR spectra of oriented samples were recorded. For all of the peptide-lipid combinations under investigation here, using a molar ratio of 1/40 (peptide/lipid), the ³¹P NMR spectra were characteristic of bilayer lipids, with chemical shift anisotropy of ~42 ppm (Figure S5).

To gain insight into the behavior of GW^{x,y}ALP23 peptides in lipid bilayer membranes of varying thickness, we introduced deuterium-labeled Ala residues into the core helical sequence between the tryptophans. Previously we have observed that GW^{5,19}ALP23 readily incorporates into lipid bilayers composed of C12-C18 lipids, remains helical, and adopts well-defined average orientations that vary with the lipid thickness (17, 21). We find similar responses when the tryptophans are moved inward or outward to effectively decrease or increase the length of the Leu-Ala core sequence between the tryptophans (Figure 3). The Ala methyl ²H quadrupolar splittings (Δv_0) of these peptides are dependent on the macroscopic sample orientation, indicating fast precession of each helix about the lipid bilayer normal (39). A full set of 2H NMR spectra is provided in Figures S6–S8, and the Δv_q magnitudes are tabulated in Table 2. For the spectra in Figure 3 and Figures S6–S8, the peptide/lipid ratio is 1/40 (mol/mol); nevertheless, the Δv_q magnitudes change very little when the ratio is reduced to 1/200 (Figure S9). The quadrupolar splittings of centrally positioned alanine residues change from 20.9 kHz to 23.2 kHz (A11) and from 3.8 kHz to 9.6 kHz (A13) as the peptide/lipid ratio is decreased five-fold, from 1/40 to 1/200. Since the magnitude of quadrupolar splittings is described by the equation 1, the Δv_q values relate to changes in θ , the angle between a particular alanine C_{α} - C_{β} bond vector and the applied magnetic field.

$$\Delta \nu_q = QCC \cdot S_{pept} \left(\frac{1}{2} \left[3\cos^2\theta - 1 \right] \right) \cdot \left(\frac{1}{2} \left[3\cos^2\beta - 1 \right] \right) \cdot \left\langle \frac{1}{2} \left[3\cos^2\gamma - 1 \right] \right\rangle$$
 Equation 1

Substitution of QCC = 168 kHz, S_{pept} = 0.88 (Table 3), β = 0 ° and γ = 109.5° (the tetrahedral angle to account for the methyl group rotation) leads to the angle θ (for the average peptide orientation) changing from 43.8° to 42.6° for A11, and from 52.7° to 49.6° for A13. From equation 1, it follows that the closer θ is to the magic angle (~54.7°), the more sensitive Δv_q become toward even minor deviations of θ (note the steep slope of the helical wave in the vicinity of A13; Figure 4B). The small changes in the θ angles when the peptide/lipid ratio is diluted from 1/40 to 1/200 are in accord with the earlier finding of only a shallow dependence of Δv_q or θ on the ratio of GW^{5,19}ALP23/DMPC between 1/40 and 1/80 (17). These results furthermore illustrate that the 2 H Δv_q values are very sensitive to small changes in the Ala residue orientations.

From the dependence of Δv_q on the Ala residue position, it is apparent that each of the peptides is tilted to a preferred average orientation in the lipid bilayer membranes. It is notable that the peptide with only nine amino acids between the Trp residues (GW^{7,17}ALP23) maintains a preferred, non-random, transmembrane orientation, not only in the thinner membranes but also in DOPC. While the membrane incorporation is not overly surprising, because of the overall hydrophobicity (40), the rather consistent helix orientation (on average) nevertheless contrasts with that of several peptides and peptaibols (which lack Trp residues), which switch from a transmembrane to an interfacially bound topology as a function of lipid bilayer thickness (41–43). Even for GW^{7,17}ALP23 in DOPC, the tryptophans seem still to be important and significant for determining the average orientation and dynamics of the core helix.

For determination of the preferred molecular orientations, the deuterium NMR Δv_q magnitudes for the GWx.yALP23 series peptides were subjected to GALA analysis, using implicit rigid-body dynamics in the form of a principal order parameter (Spept) and peptide average orientation, namely magnitude (τ_0) and direction (ρ_0) of the helix tilt as independent variables (12). The fit quality was assessed by means of RMSD between the observed and back-calculated Δv_q values. A fit is typically considered good when the RMSD value is less

than the ²H peak linewidth (usually on the order of 1 kHz). It can be seen in Table 3 that this condition is fulfilled for each peptide-lipid system, with an exception of GW^{3,21}ALP23 in DLPC, where the RMSD approaches 2 kHz. This situation can be understood in terms of partial helix unwinding, as mentioned above. Even though the CD spectra were recorded from samples of sonicated vesicles, for which relatively high curvature is expected, whereas the NMR spectra were recorded from oriented bilayer samples; the deductions about the extent of helicity, or partial fraying, show substantial agreement between the distributions of the alanine Δv_0 values and the observed CD spectra. We note nevertheless that the amount of helix unraveling at the peptide termini may be different between the vesicles and the aligned bilayers, as the solid-state NMR observables do not allow for expressing the extent of fraying quantitatively. Furthermore, the isotope labels were incorporated two residues away from an anchoring Trp residue, leaving open the possibility that the helix unwinding could begin prior to the labeled alanines. Despite these caveats, the qualitatively similar results from the vesicle and oriented bilayer systems, suggest that helix formation does not couple strongly with the bilayer curvature. Indeed, the exclusion of the most N-terminal data point (A5) of GW^{3,21}ALP23 in DLPC reduces the RMSD for the GALA fit to 1.5 kHz, while the exclusion of (only) the most C-terminal point (A19) leads to RMSD of 1.0 kHz (Table 3). Conversely, excluding any individual central data point from A7 to A17 does not improve the fit quality, as the RMSD remains high, in the 1.9-2.1 kHz range when the data for A5 and A19 are present. Interestingly, introducing Arg¹² or Arg¹⁴ in the GW^{3,21}ALP23 sequence leads to a large tilt and a good fit for the entire helix in DLPC (44). When the $\Delta v_{\rm q}$ value for A19 is excluded, the average orientation and dynamics of GW^{3,21}ALP23 in DLPC do not differ significantly from the ones obtained using all data points.

Earlier we established, using ²H labels for alanines 3 and 21, that the peptide helicity is not completely retained outside of the Trp-flanked core in GW^{5,19}ALP23 (17). While helix fraying near the water exposed termini can be expected, the question as to where the helix distortion begins to occur remains to be answered. To explore this question, we introduced Ala- d_4 at positions 5 and 19 in GW^{7,17}ALP23. These amino acids are located outside the two Trp residues, yet still can be expected to be more buried in comparison with A3 and A21. Additionally, both A5 and A19 are capable of participating in a more extensive hydrogen bonding network due to the presence of a full complement of $i \pm 4$ residues. The Δv_q values for alanines 5 and 19 in GW^{7,17}ALP23 are indicated as filled symbols in Figure 4C. The signals from A5 in each lipid differ by 5–10 kHz from theoretical values, calculated for a central (Leu-Ala)_{4.5} helix of GW^{7,17}ALP23. On the other hand, the values for A19 appear quite close to the predicted values for the core helix in DMPC and DOPC, but not in DLPC. The results suggest that A5 is not helical in GW^{7,17}ALP23, whereas it appears that A19 does remain helical in thicker lipids but not in the thinner DLPC. The N-terminal segment appears to be more sensitive to helix unwinding, perhaps in order to accommodate an interfacial location for W7 in each of the lipid bilayer environments.

As a way of visualizing the quality of the GALA analyses, theoretical quadrupolar splittings were calculated and plotted as helical wave plots along with the observed Δv_q magnitudes. Several points of interest emerge from examination of the GALA fits (Table 3, Figure 4). The apparent tilt angles of the peptides fall within a relatively small range of about $4^\circ-20^\circ$, in contrast to the rather large ranges of inter-tryptophan distances and lipid bilayers thicknesses used in the experiments (Table 4). We note for the respective peptide/lipid combinations that the difference between the inter-Trp distance and the bilayer hydrophobic thickness (not including the head groups) spans a range of ~20 Å (from -12 Å to +8 Å); see Table 4. The average orientations and their uncertainties can also be examined on RMSD contour plots, constructed as a function of the τ and ρ angles (Figure 5). The trend in the tilt angle magnitudes τ is not strictly linear; it appears instead that the tilt magnitudes reach limiting minimum and maximum values. Thus $GW^{7,17}ALP23$ with the innermost Trps tilts

by only ~4–6° in each of the lipids, probably so that the Trps can approach as closely as possible to the bilayer interface while still maintaining the favorable entropy of the peptide precession about the bilayer normal (45). Interestingly, both GW^{5,19}ALP23 and GW^{3,21}ALP23 have 18–21° apparent tilt values in DLPC. While dynamic averaging, beyond what can be treated in the analysis here using the available $|\Delta v_q|$ values, may increase the deduced apparent tilt by about 10° (22, 46, 47), it is nevertheless of interest that an apparent upper limit is reached with these neutral peptides. In terms of peptide dynamics, GW^{3,21}ALP23 exhibits a tendency toward lower S_{pept} values, suggestive of larger amplitude motions when the Trps flank the long (Leu-Ala)_{8.5} core sequence. As a general trend, the more widely space Trps in the environment of the shorter lipids tend to favor more extensive motions than vice versa.

Tryptophans reside preferentially in the interfacial region (27, 48, 49). The region, nevertheless, does not have well-defined borders and spans quite a few angstroms (50). Tryptophan intrinsic fluorescence is a well-known metric of the polarity of the medium in the immediate vicinity of the Trp indole ring, for which more hydrophobic environments shift the emission maximum (λ_{em}) to lower wavelengths (blue shifts) (51). This property of Trp has been used extensively to probe the hydrophobicity of its immediate environment (11). The GWx,yALP23 sequences have one Trp residue on each side of the core α -helix; therefore steady-state fluorescence may report the average polarity at the peptide termini (subject to considerations of the quantum yield). Despite the potential limitation of averaging over two indoles, the λ_{em} values of GWx,yALP23 peptides in different lipids show good correlation with the difference between the lipid thickness and Trp spacing along the α -helix (Figure 6). The observed λ_{em} values span a range of 332–344 nm, indicative of an environment of graded polarity that is intermediate between those of the aqueous phase and the hydrophobic core of the lipid bilayer, as expected for the interfacial region.

The fluorescence spectra indicate that the average polarity of the environment around the indole rings changes as a function of the difference between the Trp spacing and the bilayer thickness. This observation raises questions of how peptide tilting could affect the orientations of the Trp side chains. One may speculate that reorientation of the helix axis may alter the indole ring spatial orientations. Alternatively, the Trp side chains may have restricted sets of orientations such that preferential positioning of the Trp indole rings could restrict the peptide tilt. To probe these questions, we have synthesized GW^{x,y}ALP23 peptides with deuterium labels on the indole rings, and have recorded solid-state ²H NMR spectra in different lipid bilayer membranes. Deuterium NMR spectra of partially (d_2) and fully (d_5) labeled indole rings of Trp residues of GW^{5,19}ALP23 are shown in Figure 7. A complete set of spectra for the fully labeled Trps in GW^{3,21}ALP23 and GW^{7,17}ALP23 are included in Figure S10 of the Supporting Information, and spectra for selected partially labeled Trps are shown in Figure S11. Similar to earlier observations for WALP peptides (28), larger quadrupolar splittings are observed for Trps that are near the N-terminus. Indeed, the largest Δv_a value observed among the N-terminal Trps of the GW^{x,y}ALP23 peptides is 154 kHz, while the corresponding value for the set of C-terminal Trps is only 89 kHz. Alongside the signals from the ²H-labeled Trp residues, the large number of scans sometimes led to background signals from the lipids and residual HDO (25).

Typically 3–4 resonances were observed for the d_5 indole ring and 1–2 for the partially labeled d_2 ring. Quadrupolar splitting magnitudes at β =0° and β =90° sample orientations were related by a factor of 1/2, as is expected when there is rapid whole-molecule rotational averaging about the bilayer normal. Nevertheless, large contingents of sometimes quite weak resonances made it hard to observe many of the signals at the β =0° orientation. For this reason, the reported data are derived from the spectra of the samples oriented at β =90°. The values observed at β =90° were then multiplied by a factor of two to simulate the

expected values for β =0° (Table 5). Partially labeled samples often allowed the assignment of signals arising from the deuteron attached to indole carbon 2 and sometimes carbon 5. The assignments of these known signals were propagated to other samples where possible, using the least change principle. The remaining resonances were matched by fitting different assignment permutations to a model for the rotated indole ring, and eliminating assignment schemes that led to high values of RMSD or unrealistic order parameters. The order parameter reflects the overall motion experienced by a system; in the case of Trp, therefore, it is feasible to deconvolute S_{zz} into terms for peptide S_{pept} and side chain S_{sc} motion, such that $S_{zz} = S_{pept} \times S_{sc}$ and $S_i \in [1,0]$. As reported above, the dynamics of $GW^{x,y}ALP23$ peptides encompass a range of 0.6–0.9 for S_{pept} (Table 3). This range establishes upper limits for the indole ring S_{zz} . Conversely, the side chain dynamics within the interfacial region are likely to be restricted due to steric hindrance. The value of S_{sc} is therefore likely to be quite high, which would place a lower limit on the overall Trp S_{zz} value.

Figure 8 shows RMSD as a function of S_{zz} for $GW^{5,19}ALP23$. Typically, for each peptide, a unique minimum was observed in such a plot for the N-terminal Trp, largely due to the high magnitude of Δv_q at carbon 5, which could not be fitted by lower values of S_{zz} . The smaller range of quadrupolar splittings exhibited by the C-terminal tryptophans makes it possible to fit alternative ring orientations, manifest by several minima in the plots of RMSD versus S_{zz} . Nevertheless, in some cases, such as W19 in DMPC (Figure 8B), or W17 in all three lipids, only one global minimum was observed, with an S_{zz} value close to that observed also for the N-terminal Trp in the same peptide. Based on this finding, when a C-terminal Trp had multiple minima, we considered the one closest to the corresponding N-terminal Trp to be the global minimum, even if alternative fits might yield a slightly lower RMSD (Table 6). The uncertainties of the ρ_1 and ρ_2 angles at the S_{zz} global minimum can be visualized in similar fashion to the peptide average orientation, using RMSD contour plots (Figure 9). It can be seen that the orientations of the N- and C-terminal Trp residues are distinct and differ primarily in the ρ_2 angle.

In the case of W17 in GW^{7,17}ALP23, only three pairs of resonances can be identified in the spectra (Figure S10). As the Δv_{α} range for the C-terminal tryptophan residues is fairly small, it is conceivable that the missing signal is present, but not resolved due to spectral overlap. To account for this possibility, in each of the lipids we performed three separate fits of the W17 data by entering one of the quadrupolar splittings twice. Solutions were rejected on the previously described principles; in addition, the best fits among the different lipids were compared, as the C-terminal Trp in GW^{5,19}ALP23 has shown little variation in different bilayer membranes. A possible assignment with the intermediate Δv_q value involving overlap of deuterons 4/7 and 2 was discarded for reasons of very different ρ_1 and ρ_2 angles (~70° and ~30°), in comparison with W19. Conversely, the conditions were readily fulfilled if the outermost quadrupolar splitting resulted from an overlap between deuterons at positions 4/7 and 6, which led to similar orientation angles and S_{zz} values for W17 and W19. Furthermore, in the ²H NMR spectra of W17, the outermost signals typically were strongest. While the intensity alone is problematic to interpret in deuterium NMR spectroscopy (due to a number of factors, including radio frequency power profile, contributions from powder pattern, etc.), the consideration of peak intensity nevertheless provides a valuable clue in combination with other factors. N-terminal W7 produced four signals in DLPC and DMPC, allowing the assignments, but only two resolved resonances in DOPC, which did not provide sufficient restraints for the analysis.

For GW^{3,21}ALP23, fits for both tryptophans were possible only in DLPC. Broad overlapped peaks for W3 in DMPC and DOPC make it hard to extract or assign Δv_q values. Likewise, uncertainties in peak positions and observation of fewer than four resonances complicate the analysis also for W21. While combinations of plausible S_{zz} , ρ_1 , ρ_2 that are similar to the N-

or C-terminal Trps in other peptides can be obtained, it is not possible to exclude with confidence alternative assignments and consequently alternative ring orientations.

Discussion

We have investigated the responses of model peptides having identical amino acid composition and similar sequences, but different spacing between a pair of Trp residues that flank a central (Leu-Ala)_n core helix, to lipid bilayer environments of differing lipid thickness. [We note in passing that when only two Trps are present in the sequence, the relatively polar Gly residues at positions 2 and 22 are of practical significance for the ease of synthesis, purification and handling of the GWALP23 family peptides.] All of the peptides were able to incorporate into the DLPC, DMPC and DOPC bilayer membranes. In every lipid tested, furthermore, each peptide retained a well-defined tilt angle, even in the potentially problematic case of a short spacing of the Trp residues, where tilting in a thicker lipid such as DOPC would be expected to drag Trp⁷ and Trp¹⁷ away from the interface in the direction of the bilayer center. A similar result has been observed in umbrella sampling simulations of WALP peptides, and was explained in terms of a favorable entropy contribution arising from peptide precession about the lipid bilayer normal (45, 52).

Trp residues show preference for the lipid-water interface in membrane proteins of known structure. A stabilization energy of about 2 kcal/mol has been estimated per interfacial Trp residue in the *E. coli* OmpA protein (15). In a "five-slab" membrane model, both Trp and Tyr partition to an 8-Å slab corresponding to the lipid head-group region (53). In 29 integral membrane proteins, the Trp and Tyr residues show saddle-like distributions with respect to the bilayer center, defining aromatic "belts" that are about 10 Å wide and whose midpoints are separated by some 20–30 Å (6). In comparison, since the helical repeat is 1.5 Å, the Trp residue separation in our peptides encompasses a similar range, from about 15 Å in GW^{7,17}ALP23 to about 27 Å in GW^{3,21}ALP23. From the low end to the high end of the range of aromatic residue separation, our results indicate notable differences in peptide properties.

Whole-peptide orientations and dynamics

The analysis of GW^{3,21}ALP23 behavior in lipid bilayers suggests that the longer (Leu-Ala)_{8.5} stretch undergoes more extensive whole-body motion relative to its shorter (Leu-Ala)_{6.5} counterpart in GW^{5,19}ALP23 (Table 3). To gain additional insights into the nature of such motion, we have performed an analysis of explicit dynamics for both peptides in DLPC, using the ²H NMR data. The semi-static analysis (Table 3) has suggested that the tilt angles of the two peptides are similar in DLPC, yet the Szz values vary. To facilitate direct comparison, quadrupolar splittings from the identical alanine positions (7, 9, 11, 13, 15 and 17) were fitted for the two systems. The overall shapes of the tilt and rotation distributions $(\sigma_{\tau}$ and σ_{0} respectively) are similar for the W^{3,21} and W^{5,19} peptides in DLPC, with only moderate oscillations around the average values. The solution area for GW^{5,19}ALP23 is nevertheless more compact and shifted toward the lower σ_{τ} range (Figure 10). The somewhat higher σ_{τ} range for GW^{3,21}ALP23 is consistent with the correspondingly lower value of S_{zz} from the semi-static analysis (Table 3). The variations around the average ρ angle are close and fairly small for both the $W^{3,21}$ and $W^{5,19}$ peptides, indicating that neither peptide (each with only a single Trp residue near each terminus) undergoes extensive reorientation around the helix axis (in contrast to the extensive reorientation that is observed for WALP peptides when two Trps are present at each terminus). Furthermore we note the close correspondence between the sets of average orientations of GW^{x,y}ALP23 peptides that are deduced from the semi-static (variable order parameter) and explicit (Gaussian distributions of τ and ρ) treatments of the whole-body dynamics. Both methods should be used with caution, as the semi-static approach will tend to overly simplify the dynamics,

while the Gaussian approach introduces additional variable(s) in the analysis procedure, leading to a requirement for additional data points. The requirement can sometimes be met by combining the ²H methyl quadrupolar splittings with ¹⁵N derived restraints (39, 54) or, in selected cases, with backbone deuteron signals (44). It is further of note that a more extensive treatment of GW^{5,19}ALP23 in DLPC—using combined ²H and ¹⁵N data with Gaussian dynamics—has led to the same tilt angle as found in a semi-static analysis (17).

Earlier we established that among different anchoring residues at the bilayer-water interface, tryptophans are major determinants of the transmembrane peptide orientation (17). The design of GW^{x,y}ALP23 offers a way to investigate further details, due to the similar projections of the N- and C-terminal Trps from one side of the helical wheel. Additionally, the radial positions of the two Trps in GW^{7,17}ALP23 resemble closely those in GW^{3,21}ALP23, while the Trps in GW^{5,19}ALP23 project from a different face of the helix (Figure 1). Indeed, we find that GW^{7,17}ALP23 and GW^{5,19}ALP23 have nearly opposite p angles (Table 3), thus matching the change in the Trp radial positions, with each peptide tilting approximately in the direction of the tryptophans. Due to the similar projections of the two tryptophans, it is not yet possible to say whether either the N- or the C-terminal Trp may have a dominant role in determining the helix orientation in a lipid bilayer, although the advantageous design of GWALP23 will allow future testing of this feature. GW^{3,21}ALP23, on the other hand, does not seem to follow the same trend, perhaps because of the close proximity of W3 and W21 to the peptide termini. Indeed the fraying of the termini could impact the net radial projection of one or both Trp residues, and thereby alter the preferred orientation of the backbone helix.

Minimum and maximum helix tilt angles in lipid bilayers

Examination of the GW^{x,y}ALP23 tilt angles reveals some correlation, but not a strictly linear trend between the Trp separation and the tilt magnitude (Table 3). This is particularly noticeable when the Trp spacing is small in a relatively thick bilayer, and vice versa.. Thus a minimum tilt angle of about 4° is observed for GW^{7,17}ALP23 in DOPC and DMPC, with only a slight increase in DLPC. On the other end of the scale are GW^{5,19}ALP23 and GW^{3,21}ALP23 in DLPC, both tilting by approximately 20°. We note that the tilt angle of a single-span transmembrane peptide can be as much as 30°, when a charged residue is present within the core helix (44), and possibly larger in helical bundles, where protein-protein interactions become vital. On the other hand, in cases such as GW^{x,y}ALP23 where the peptide tilt is governed largely by the lipid interactions of aromatic anchoring residues, it seems that minimum and maximum values of the tilt magnitude are observed.

We note moreover that the acyl chain unsaturation in DOPC will influence the lipid lateral pressure profile (16) at the same time that the longer acyl chains increase the DOPC bilayer hydrophobic thickness (55). Indeed, both bilayer thickness and lateral pressure appear to be important for the protein shape changes that accompany the gating of the MscL mechanosensitive channel (56). Nevertheless, the rather flat behavior for the tilt of e.g. $GW^{7,17}ALP23$ among the three lipids tested here suggests that the impact of lateral pressure as well as bilayer thickness upon helix tilt may be dampened in specific cases, particularly for neutral peptides with only aromatic anchor residues. We note furthermore that the Δv_q magnitudes, for $GW^{5,19}ALP23$ in DMPC, show little variation between 1/40 and 1/200 peptide/lipid (Figure S9). In particular cases where the segment tilt depends only minimally on the packing density or the bilayer thickness, additional mechanisms, such as (partial) helix unwinding and/or reorientation of the side-chain (indole ring) anchors, seem to help the peptides adapt to the lipid environment. These further mechanisms also could be important for conformational changes that relate to membrane protein function.

Indole ring orientations

Deuterium labeling of the Trp residues allowed for defining the orientations of the indole ring moieties with respect to the membrane normal in several cases (Table 6). Both the N- and C-terminal Trps are tightly clustered, albeit in different regions of conformational space. To visualize the indole ring orientations with respect to the tilted peptides, the (ρ_1, ρ_2) backbone-independent angles of 3-methyl-indole were converted to the Trp side chain (χ_1, χ_2) torsion angles (Figure 11). Similar to the backbone-independent analysis, eight combinations of (χ_1, χ_2) lead to the identical orientation of the indole ring with respect to the applied magnetic field. However, in order to serve as a membrane anchor, the Trp side chain should be positioned so that the $N_\epsilon H$ bond vector points away from the bilayer center. This feature restricts the number of the $\rho_{1,2}$ (or $\chi_{1,2}$) sets to four possible combinations (Figure S4), as the $N_\epsilon H$ bond vector should be directed along the positive Z-axis for the N-terminal Trps, but along the negative Z-axis for the C-terminal Trps (see also (28, 30, 57, 58)). Additionally, in cases where ρ_2 is close to zero, the number of possible solutions is further reduced by half due to the symmetry collapse (Figure S4).

The possible side chain torsion angles of the N-terminal Trps fall into two major clusters (Figure 11, ABC), with the indole carbon-carbon "bridge" (the common bond between the 5- and 6-membered rings) essentially either co-aligned with the helix axis (negative χ_1 , positive χ_2 cluster), or nearly perpendicular to it (positive χ_1 , negative χ_2 cluster). Interestingly, both possible solutions are located close to the steric hindrance areas, suggesting that further changes of the Trp orientation are unfavorable, as they would include rearrangements of the backbone atoms. On the other hand, the orientations of the C-terminal Trps can be described by four possible combinations of (χ_1,χ_2) angles, in each case the "bridge" being virtually perpendicular to the helix axis (Figure 11, DEF). While it appears that the C-terminal Trps are located farther from steric hindrance regions, it should be noted that these areas are approximate and are likely to change upon deviation from α -helical geometry, which was noted for some of the GW^{x,y}ALP23 peptides (see Results). While deuterium NMR alone does not allow for distinguishing among the possible solutions, the choices of side-chain torsion angles could be further refined through distance measurements obtained by solution or magic angle spinning NMR.

The analysis of Trp side chain geometry has been previously reported for WALP peptides (having two sequential Trp residues in close proximity to the N- and C-termini) in DMPC and its ether analogue (28). Certain similarities can be seen for the Trps at the N- or C-termini of WALP and GW^{x,y}ALP23 peptides. The dynamic behavior of the N-terminal Trps is closely similar between the two systems, the order parameters being approximately 0.7. In the case of the C-terminal Trps, two minima have been observed for WALP peptides, with S_{zz} values of 0.45 and 0.6. The results for the GW^{x,y}ALP23 peptides suggest that the minimum with the higher order parameter better reflects the state of the system. In terms of the average indole orientation with respect to the applied magnetic field, three of the Trps in WALP19 adopt ρ_1 and ρ_2 angles that resemble closely those found for corresponding Trps in GW^{x,y}ALP23 (Figure S12). Interestingly, only Trp¹⁸ in WALP19 seems not to fall within the cluster defined by the other C-terminal Trps that have been examined in WALP and GWALP peptides, mainly due to a difference in the ρ_1 angle.

 $GW^{3,21}ALP23$ is similar to a WALP sequence in terms of close Trp proximity to the helix termini. It is notable that the Trp steric hindrance areas are smaller for this peptide. This result is particularly manifest for W3 due to the direction of the C_{α} - C_{β} bond vector pointing toward the N-terminus, thereby effectively shifting all side chains marginally closer to the N-terminus. Interestingly, for $GW^{3,21}ALP23$ it was possible to assign the indole quadrupolar splittings only in DLPC, as the resonances were broader and less well defined in other lipids, suggesting more complex dynamics. The steric hindrance patterns for WALP peptides are

expected to be complicated due to the locations of two bulky Trp side chains next to each other, meaning that the orientation of each indole moiety could be influenced by the adjacent tryptophan. If such indole-indole restrictions are nevertheless ignored, the Trps at the C-terminus are expected to have less conformational freedom, as a χ_1 angle near 0° would lead to the severe clashes with the backbone of the (i-3) and (i-4) residues. The steric hindrance area for the C-terminal Trps, therefore, changes only marginally as Trp approaches the peptide terminus (Figure 11, DEF).

Overall, the variations in the indole ring orientations were smaller than the variations in helix tilt angles for the different peptide-lipid combinations. The results imply that the Trp side chain undergoes changes in the (χ_1,χ_2) torsion angles to compensate in part for changes in the helix tilt. By this mechanism a particular Trp will be able to maintain a similar indole orientation and a similar lipid interaction, which presumably provides effective anchoring, as the peptide changes its tilt. A single Trp side chain near the N-terminal samples a larger range of conformational space in response to a change in the lipid thickness, although the primary adjustment would seem to involve only one of the χ angles (Figure 11). The response of a C-terminal Trp appears to be less systematic and to involve both χ angles to similar extents.

Concluding perspective

GWALP23 peptide isomers having different core helix lengths of 10, 14 or 18 residues between a single pair of anchoring Trp residues display systematic responses to lipid bilayer membranes of differing thickness and extent of acyl-chain unsaturation. The responses include adjustments to the peptide tilt between apparent limits of about 5° and just over 20° with respect to the bilayer normal. Further adjustments to the helix tilt seem to be dampened by potentially compensating adjustments involving the indole ring orientations and the whole-body dynamics, along with variable fraying of the ends of the helix. The peptide responses to differing lipid bilayer environments therefore involve combinations of multiple factors. Similar principles are likely to govern the behavior and function of the transmembrane domains of single-span membrane proteins.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

CD circular dichroism

DLPC 1,2-dilauroyl-sn-glycero-3-phosphocholine
 DMPC 1,2-dimyristoyl-sn-glycero-3-phosphocholine
 DOPC 1,2-dioleoyl-sn-glycero-3-phosphocholine

Fmoc fluorenylmethoxycarbonyl

GALA Geometric Analysis of Labeled Alanines

RMSD root mean squared deviation

TFA trifluoroacetic acid

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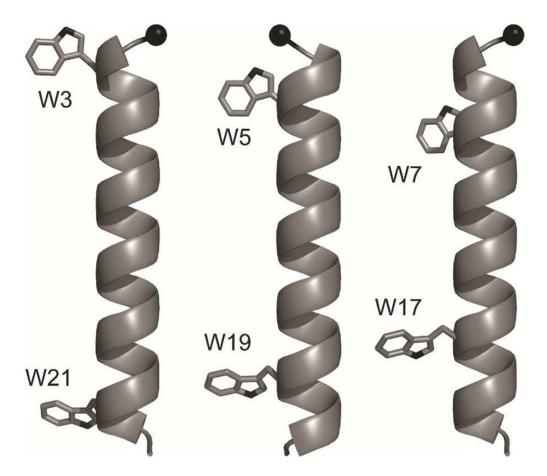


Figure 1. Molecular models of $GW^{3,21}ALP$, $GW^{5,19}ALP23$ and $GW^{7,17}ALP23$ (left to right). Black sphere indicates the C_{α} carbon of Gly^1 . Note that the $GW^{5,19}ALP23$ model is rotated by 180° .

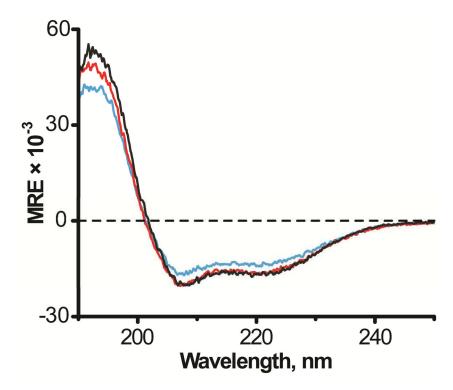


Figure 2. Circular dichroism spectra of $GW^{3,21}ALP$ (black), $GW^{5,19}ALP23$ (red) and $GW^{7,17}ALP23$ (blue) in DLPC.

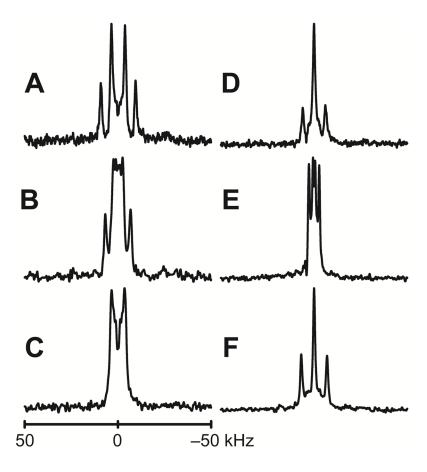


Figure 3. Deuterium NMR spectra of peptides in DMPC. **A–D**: $GW^{3,21}ALP23$; **E–F**: $GW^{7,17}ALP23$. Labeled positions are: 5 and 7 (A), 9 and 11 (B, E), 13 and 15 (C, F), 17 and 19 (D). Sample orientation is β =0°. A complete set of deuterium NMR spectra is provided in Figures S6–S8.

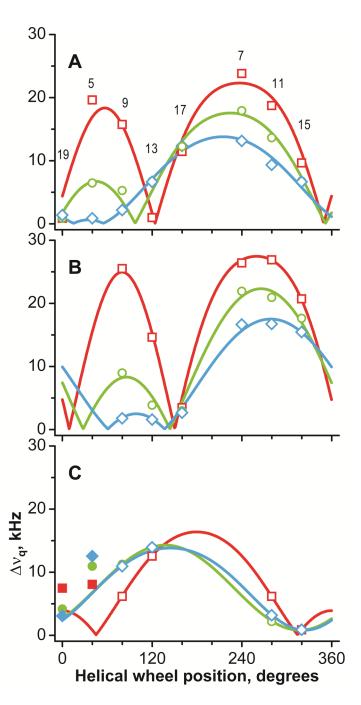


Figure 4.GALA helical wave plots of peptides in DLPC (red squares), DMPC (green circles) and DOPC (blue diamonds). **A**: GW^{3,21}ALP23; **B**: GW^{5,19}ALP23; **C**: GW^{7,17}ALP23. Deuterium labeled alanine positions are indicated in A. Filled symbols correspond to residues outside the inter-Trp core and not used for the analysis of helix orientation.

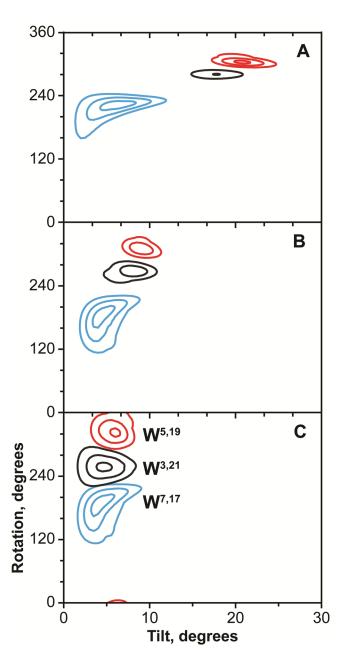


Figure 5. RMSD contour plots of $GW^{3,21}ALP23$ (black), $GW^{5,19}ALP23$ (red) and $GW^{7,17}ALP23$ (blue) in lipids. **A**: DLPC; **B**: DMPC; **C**: DOPC. Contour levels are plotted every 1 kHz; outer contour corresponds to 3 kHz.

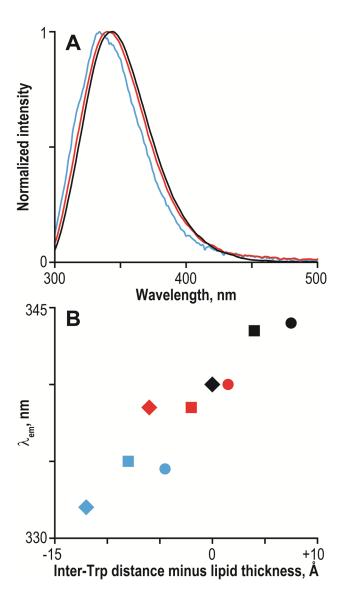


Figure 6.Steady-state fluorescence of GW^{x,y}ALP23 peptides. **A**: emission spectra of GW^{3,21}ALP23 (black), GW^{5,19}ALP23 (red) and GW^{7,17}ALP23 (blue) in DLPC small unilamellar vesicles. **B**: Tryptophan emission maxima as a function of the difference between the inter-Trp distance and the lipid bilayer thickness (numerical values in Table 4). Peptides are GW^{3,21}ALP23 (black), GW^{5,19}ALP23 (red) and GW^{7,17}ALP23 (blue); lipids are DLPC (circles), DMPC (squares) and DOPC (diamonds).

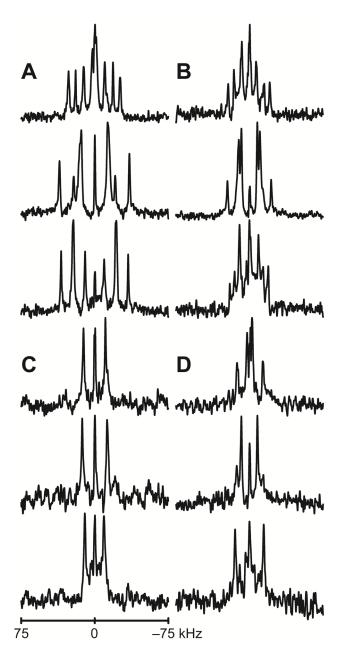


Figure 7. Deuterium NMR spectra of $GW^{5,19}ALP23$ labeled at Trp side chain in DLPC, DMPC and DOPC (top to bottom). **A**: N-terminal Trp⁵, full deuteration; **B**: C-terminal Trp¹⁹, full deuteration; **C**: N-terminal Trp⁵, partial deuteration; **D**: C-terminal Trp¹⁹, partial deuteration. Sample orientation $\beta=90^{\circ}$.

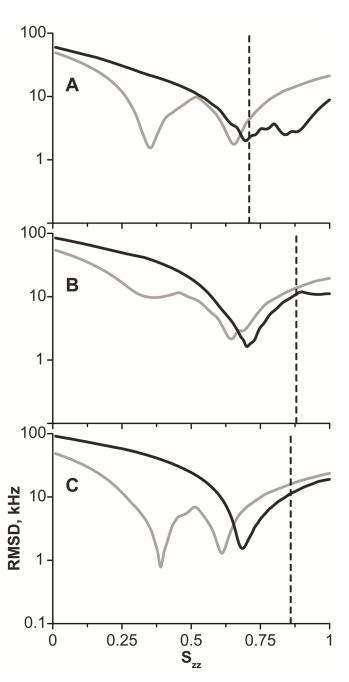


Figure 8. RMSD of fitting the N-terminal (black) and C-terminal (gray) tryptophans of GW^{5,19}ALP23 to the rotated indole model (note the logarithmic scale). **A**: DLPC; **B**: DMPC; **C**: DOPC. Angles ρ_1 , ρ_2 were optimized at each S_{zz} value to achieve the lowest possible RMSD. Dashed lines indicate the order parameter of the peptide (Table 3) and correspond to the maximum possible value of the Trp S_{zz} .

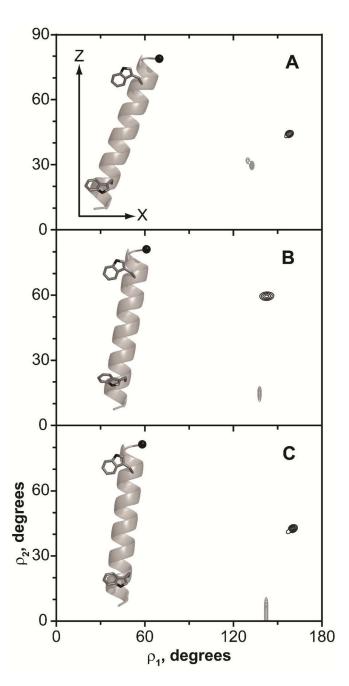


Figure 9. RMSD contour plots of the N-terminal (black) and C-terminal (gray) tryptophans of GW^{5,19}ALP23 as a function of indole ring orientation. **A**: DLPC; **B**: DMPC; **C**: DOPC. Contour levels are plotted every 1 kHz, with the outer contour corresponding to 5 kHz. Insets show one possible orientation of Trp side chains.

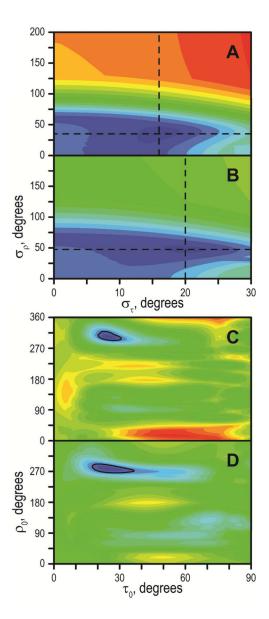


Figure 10. Explicit dynamics analysis of $GW^{5,19}ALP23$ (A, C) and $GW^{3,21}ALP23$ in DLPC (B, D), showing the standard deviations of Gaussian distributions (A, B) and their centers (C, D). Six alanine residues were used for the analysis (see text). Dashed lines in A and B indicate the best fit σ_{τ} and σ_{ρ} , which were used for generating the plots in C and D, respectively. The color scale is identical between A and B (0 to 17 kHz, blue to red) and between C and D (0 to 22 kHz, blue to red). Color increments are 1 kHz; solid line in C, D is drawn at 3 kHz level. Best fits $(\tau_0, \sigma_{\tau}, \rho_0, \sigma_{\rho})$ are (25, 16, 303, 36) for $GW^{5,19}ALP23$ and (25, 20, 278, 48) for $GW^{3,21}ALP23$.

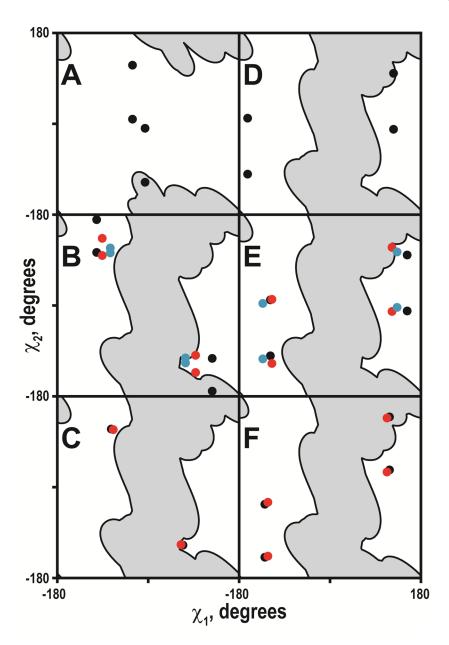


Figure 11.Tryptophan side chain torsion angles. **A**: W3; **B**: W5; **C**: W7; **D**: W21; **E**: W19; **F**: W17. Gray regions indicate steric hindrance areas. Lipids are DLPC (black), DMPC (red) and DOPC (blue).

Table 1

Sequences for $GW^{x,y}ALP23$ peptides^a

Peptide	Sequence
GW ^{3,21} ALP23	GG <u>W</u> LALALALALALALALAL <u>W</u> GA
GW ^{5,19} ALP23	GGAL <u>W</u> LALALALALALAL <u>W</u> LAGA
GW ^{7,17} ALP23	GGALAL <u>W</u> LALALALAL <u>W</u> LALAGA

 $^{^{}a}\mathrm{N}\text{-}\mathrm{terminal}$ Gly residue is acylated. C-terminal Ala residue is blocked with ethanolamide.

[NB: please use a fixed-width font for the sequences and align them as shown.]

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Table 2

Alanine $C_{\beta}D_{3}$ quadrupolar splittings for $GW^{x,y}ALP23$ peptides incorporated in lipid bilayers^a

Dontido	Pini I	Alani	Alanine position	ion					
repune	nidira	5	7	6	11	13	15	17	19
	DLPC	8.0	-	6.1	6.1	12.5	8.0	-	7.4
GW ^{7,17} ALP23	DMPC	10.9	-	11.2	2.1	13.9	8.0	-	4.1
	DOPC	12.5	-	6.01	3.1	13.4	8.0	-	3.0
	DLPC	-	26.4	25.5	26.9	14.6	20.7	3.4	
$GW^{5,19}ALP23^b$	DMPC	-	21.9	6.8	20.9	3.8	17.6	2.9	
	DOPC	-	16.6	1.7	16.7	1.5	15.4	2.6	
	DLPC	19.6	23.8	15.7	18.7	6.0	9.6	11.4	8.0
GW ^{3,21} ALP23	DMPC	6.4	17.9	2.2	13.6	2.9	2.9	12.2	8.0
	DOPC	0.8	13.1	2.1	9.3	9.9	9.9	12.3	1.3

 $^{a}\mathrm{Values}$ in kHz. Entries left blank were not measured because Tpp is present instead of Ala.

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 b Data from (17).

Dontido (Linid)				
Peptide (Lipid)	Spept	τ, deg	ρ, deg	RMSD, kHz
(DLPC)				
GW ^{7,17} ALP23	0.79	6.7	223	0.1
GW ^{5,19} ALP23 ^a	0.71	20.8	304	0.7
GW ^{3,21} ALP23 ^b	0.63	18.0	281	2.0
(DMPC)				
GW ^{7,17} ALP23	0.82	4.3	182	0.1
GW ^{5,19} ALP23 ^a	0.88	9.1	310	1.1
GW ^{3,21} ALP23	0.75	9.0	268	1.1
(DOPC)		-	-	-
GW ^{7,17} ALP23	0.83	4.0	186	0.1
GW ^{5,19} ALP23 ^a	0.86	6.1	322	0.6
GW ^{3,21} ALP23	0.80	4.3	257	0.8

 $^{^{}a}$ Data for GW 5,19 ALP23 from ref. (17).

 $[^]b$ The RMSD for GW 3,21 ALP23 in DLPC reduces to 1.0 kHz if the A19 data point is omitted or to 1.5 kHz if the A5 data point is omitted. The corresponding (S_{pept}, τ , ρ) values are (0.60, 19.7, 277) with A19 omitted or (0.68, 15.3, 283) with A5 omitted. Exclusion of both A5 and A19 leads to RMSD = 0.9 kHz, with the corresponding parameters of (0.63, 18.0, 279).

Table 4

Comparison of Trp residue spacing in $GW^{x,y}ALP23$ peptides with lipid bilayer membrane hydrophobic thickness^a

]	Inter-Trp distance	e
		GW ^{3,21} ALP23	GW ^{5,19} ALP23	GW ^{7,17} ALP23
		27.0	21.0	15.0
	Hydrophobic thickness		Difference	
DLPC	19.5	+7.5	+1.5	-4.5
DMPC	23.0	+4.0	-2.0	-8.0
DOPC	27.0	0.0	-6.0	-12.0

 $^{^{}a}$ Distances are in Å. The inter-Trp distances are based on an increment of 1.5 Å per residue in a standard α-helix. The lipid bilayer hydrophobic thicknesses (from (59)) do not include the head-group regions.

Table 5

Tryptophan side chain CD quadrupolar splitting magnitudes for GWX, ALP23 peptides incorporated in lipid bilayer membranes.a

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			Δv _q , kF	$\Delta v_{q}, kHz, for (specific indole ring positions)$	pecific	indole 1	ing posi	tions)	
Peptide	Lipid		N-terminal Trp	nal Trp)	C-terminal Trp	al Trp	
		(2)	(4/7)	(5)	(9)	(2)	(4/7)	(5)	(9)
	DLPC	29	63	154	74	54	p89	4	p89
GW ^{7,17} ALP23	DMPC	54 <i>b</i>	81	154	85	49a	pL9	q^9	pL9
	DOPC	42^{C}	<i>71c</i>			55	pL9	8	pL9
	DLPC	43 <i>b</i>	8	105	92	61 ^a	30	q^9	88
GW ^{5,19} ALP23	DMPC	54 <i>b</i>	85	142	85	54a	43	33b	68
	DOPC	$q6\mathcal{E}$	98	qLEI	88	q89	39	8	82
	DLPC	64 <i>b</i>	120	q^{19}	15	q83	36	4	89
GW ^{3,21} ALP23	DMPC	64 ^c	145^{C}	20pc	42c	40bc	27c		59c
	DOPC	62 ^c	141	52bc		27bc	19^{c}	7c	51c

 a Values were obtained from the β =90° sample orientation and were multiplied by two. Entries left blank were not observed.

 $^{\it b}{\rm Value}$ is also observed in a partially deuterated sample.

 $^{\mathcal{C}}$ Quadrupolar splittings have not been assigned to individual sites.

dSignals not resolved.

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Table 6

Tryptophan side chain free rotation fit values for GW^{x,y}ALP23 peptides incorporated in DLPC, DMPC or DOPC^a

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					Fit parameters ^b	meters ^t			
Peptide	Lipid		N-terminal Trp	inal T	'rp		C-terminal Trp	inal T	յր
		$\mathbf{S}_{\mathbf{z}\mathbf{z}}$	ρ1	δq	RMSD	S_{zz}	ıσ	ζd	RMSD
	DLPC	99.0	137	0	2.8	0.54	165	36	0.3
GW ^{7,17} ALP23	DMPC	0.72	140	0	2.2	0.55	162	40	0.3
	DOPC					0.57	165	98	1.7
	DLPC	0.70	133	30	6.0	0.65	158	44	1.6
GW ^{5,19} ALP23	DMPC	0.71	138	15	1.2	99.0	143	69	1.4
	DOPC	89.0	142	4	1.0	0.61	160	42	0.5
	DLPC	0.50	11	10	1.3	0.50	162	41	3.5
GW ^{3,21} ALP23	DMPC								
	DOPC								

 a Entries left blank were not fitted. The angles ρ_1 and ρ_2 are defined in Figure S4 of the Supporting Information; see also (30).

 $b_{\rm Szz}$ is a dimensionless entity, ρ angles are in degrees, and RMSD is in kHz.

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