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# Mechanisms of Toxicity of Amorphous Silica Nanoparticles on Human Lung Submucosal Cells in Vitro: Protective Effects of Fisetin

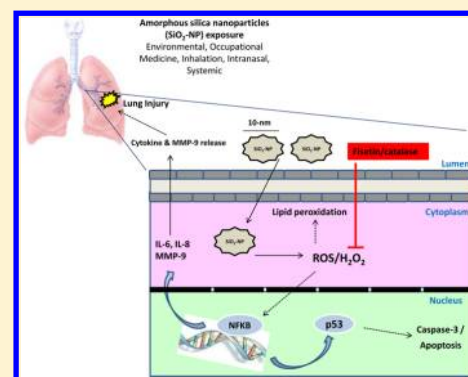
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**ABSTRACT:** There is growing evidence that amorphous silica nanoparticles (SiO<sub>2</sub>-NP) can cause an inflammatory response in the lung. We studied in vitro the effects of exposing human lung submucosal cells to SiO<sub>2</sub>-NP of various sizes (10, 150, and 500 nm) for 2–24 h. Cell survival, reactive oxygen species (ROS), malondialdehyde (MDA) levels, cytokine production, inflammatory gene expression, and genotoxicity were measured after exposure of Calu-3 cells to 10SiO<sub>2</sub>-NP in the presence or absence of the flavanoid fisetin and an antioxidant enzyme catalase. The exposure of Calu-3 cells to 10SiO<sub>2</sub>-NP resulted in (1) increased cytotoxicity and cell death in a time- and concentration-dependent manner, with a lethal concentration (LC<sub>50</sub>) of 9.7 μg/mL after 24 h; (2) enhanced gene expression of interleukin (IL)-6, IL-8, and matrix metalloproteinase-9; (3) a significant correlation between increases in MDA and cytotoxicity at 18 h; (4) ROS production; (5) IL-6 and IL-8 release; and (6) up-regulation of the pro-apoptotic genes, p53 and caspase-3. Cell death and inflammatory reactions were attenuated by fisetin and catalase. We observed that 150- and 500SiO<sub>2</sub>-NP exerted no toxic effects on Calu-3 cells. In conclusion, the nanotoxicity of amorphous 10SiO<sub>2</sub>-NP on submucosal cells is associated with inflammation, the release of ROS leading to apoptosis, and decreased cell survival. The nanotoxic effects of 10SiO<sub>2</sub>-NP can be decreased by fisetin and catalase treatment, implicating oxidative stress in this injury.



## INTRODUCTION

The lung is one of the key targets for the possible toxic effects of nanoparticles as a result of environmental, occupational, or medicinal exposure.<sup>1</sup> Silicon dioxide or silica exists as crystalline or noncrystalline (amorphous) forms. It is well-known that exposure to crystalline silica is linked to pulmonary diseases such as silicosis.<sup>2</sup> There is a growing body of evidence that amorphous silica nanoparticles (SiO<sub>2</sub>-NP) can cause toxic effects and inflammation in lung cells due to their unique physiochemical profile coupled with a size in the nanometer range.<sup>3</sup> Amorphous silica is used in many applications including diagnostic devices technologies and as therapeutic drug delivery systems.<sup>4,5</sup> Also, colloidal amorphous silica is widely reported to be used in metal casting, refractory products, and as a filter aid in food production.<sup>6</sup>

We investigated the effects of exposure of human lung bronchial submucosal cells, Calu-3, to engineered amorphous SiO<sub>2</sub>-NP of various sizes; 10 (10SiO<sub>2</sub>-NP), 150 (150SiO<sub>2</sub>-NP), and 500 nm (500SiO<sub>2</sub>-NP). Most studies to date investigating the effect of SiO<sub>2</sub>-NP in the lungs have been focused on human bronchial or alveolar cells.<sup>7–9</sup> However, within the respiratory system, epithelial cells in submucosal glands are involved in many important functions including maintenance of the viscosity and depth of the airway surface layer, which is a vital component of the lungs innate immune response against foreign bodies.<sup>10</sup> Furthermore, submucosal epithelial cells also express and secrete

many markers and mediators of inflammation such as the pro-inflammatory cytokine interleukin-8 (IL-8), the pleiotropic cytokine IL-6, and matrix metalloproteinase-9 (MMP-9).<sup>11,12</sup> MMPs have been shown to interact with chloride ion channels on submucosal cells and thus can indirectly affect lung physiological processes associated with ion transport.<sup>13</sup>

There is also increasing research to suggest that engineered nanoparticles can exert profound effects in the lung. We have recently shown that polystyrene nanoparticles can affect cell signaling systems (Ca<sup>2+</sup> and cAMP) controlling physiological processes on Calu-3 submucosal cells, specifically Cystic Fibrosis Transmembrane Regulator (CFTR) Cl<sup>−</sup> ion channels.<sup>14</sup> Furthermore, Kasper and colleagues found that the apical exposure of amorphous SiO<sub>2</sub>-NP to epithelial cells in an “epithelial-endothelial cells co-culture” induced the release of IL-8 and IL-6 to the basolateral side by both cell lines.<sup>15</sup> Besides this, SiO<sub>2</sub>-NP have been shown to induce oxidative stress and apoptosis.<sup>16–18</sup> Importantly, both endothelial and bronchial epithelial cells are main targets for ingested and inhaled engineered nanoparticles, respectively, and thus play crucial roles in maintaining healthy physiological processes within the cardiovascular and respiratory systems.<sup>19</sup>

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We have recently proposed a mechanism for amorphous SiO<sub>2</sub>-NP-induced inflammatory and cytotoxic effects in endothelial cells resulting from an increase in reactive oxygen species (ROS) generation followed by the enhanced gene expression of IL-6, IL-8, and MMP-9 in a size-, time-, and concentration-dependent manner.<sup>20</sup> Therefore, we hypothesized that amorphous SiO<sub>2</sub>-NP could affect the integrity of human lung submucosal cells. Our data show that 10SiO<sub>2</sub>-NP are highly toxic to lung submucosal cells in comparison to larger SiO<sub>2</sub>-NP of the same composite material and that the mechanism of toxicity is largely dependent on ROS production and oxidative stress. Interestingly, the cytotoxic effects of 10SiO<sub>2</sub>-NP could be attenuated in the presence of fisetin, highlighting a potential pharmacological use of flavonoids in protection of SiO<sub>2</sub>-NP-induced cell damage.

## MATERIALS AND METHODS

**Reagents.** Amorphous SiO<sub>2</sub>-NP (unmodified) of different sizes were purchased from Polysciences (Eppenheim, Germany). All other items were purchased from Sigma-Aldrich unless otherwise stated.

**Characterization of SiO<sub>2</sub>-NP.** Size measurements of 10SiO<sub>2</sub>-NP, 150SiO<sub>2</sub>-NP, and 500SiO<sub>2</sub>-NP used in this study have previously been described by using transmission electron microscopy.<sup>20</sup> The  $\zeta$ -potential for all SiO<sub>2</sub>-NP particles tested was determined using a Zetasizer Nano ZS (Malvern Instruments, Malvern, United Kingdom). The  $\zeta$ -potential and polydispersity were measured at 25 °C with three repeats per sample. The dispersant (ultrapure water) had a pH of 7.4. Measurements were conducted using a concentration of 100  $\mu$ g/mL of particle. In other experiments, the size and  $\zeta$ -potential of all SiO<sub>2</sub>-NP were tested in serum-free (SF) medium at 37 °C, pH 7.4, and at a final concentration of 100  $\mu$ g/mL. The settings for  $\zeta$ -potential analyses were as follows: the dielectric constant of the dispersant was set at 78.5; viscosity, as for water, at 0.6844 cP; and refractive index at 1.440.

**Cell Culture.** A Calu-3 cell line was obtained from the American Type Culture Collection (ATCC-HBT-55) and maintained as a monolayer culture in T-75 cm<sup>2</sup> tissue culture flasks. The cells were grown in Dulbecco's modified Eagle's medium, 1 g/L a low glucose medium containing also 110 mg/L sodium pyruvate and supplemented with 10% fetal bovine serum, 6  $\mu$ g/mL penicillin-G, and 10  $\mu$ g/mL streptomycin. Cells were maintained at 37 °C in a humidified atmosphere of 95% O<sub>2</sub>–5% CO<sub>2</sub>. Confluent cells were detached enzymatically with trypsin-EDTA and subcultured into a new cell culture flask. The medium was replaced every 2 days. Test solutions of SiO<sub>2</sub>-NP particles (10-, 150-, and 500SiO<sub>2</sub>-NP) were prepared in SF culture medium and dispersed for 20 min using a sonicator (Cole-Parmer, 8890-MTH) before use to prevent aggregation.

**Cellular Morphology.** The morphology of Calu-3 cells in the presence of SiO<sub>2</sub>-NP was visualized by phase-contrast microscopy. Briefly, cells were seeded onto glass coverslips contained in six-well plates at a density of  $5 \times 10^5$  cells per well in complete medium. Preconfluent cells were treated under SF conditions with either 10SiO<sub>2</sub>-NP (50  $\mu$ g/mL) or 150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP (100  $\mu$ g/mL) for 6 h at 37 °C. Control cells were unexposed to SiO<sub>2</sub>-NP. Next, cells were washed twice with DPBS and fixed in 4% *para*-formaldehyde for 5 min at 37 °C. Fixed cells were mounted onto cover slides using a mounting medium, and images were obtained using a light microscope at 100 $\times$  magnification (ALTRA<sub>20</sub> microscopy and Cella Acquisition software, Olympus, Japan).

**Intracellular ROS Production by Fluorescent Microscopy.** The detection of ROS in 10SiO<sub>2</sub>-NP-treated cells was carried out using a fluorometric assay based on the intracellular oxidation of 5-(and -6)-carboxy-2',7'-dichlorodihydrofluorescein diacetate (carboxy-H<sub>2</sub>DCFDA) (Molecular Probes). Calu-3 cells were seeded onto six-well plates at a density of  $5 \times 10^5$  cells per well in complete medium. The following day, cells were treated with 10SiO<sub>2</sub>-NP in SF medium at varying concentrations of 1, 5, 10, 25, and 50  $\mu$ g/mL. After a treatment period of 1 or 2 h at 37 °C, Calu-3 cells were washed with SF medium and exposed to carboxy-H<sub>2</sub>DCFDA (40  $\mu$ M) for 30 min at 37 °C. Finally, cells were washed twice with SF medium and viewed with the aid

of a fluorescent microscope (Olympus IX81, Hamburg, Germany) at excitation and emission wavelengths of 485 and 530 nm, respectively.

**Intracellular ROS Measurements by Fluorescence Spectrophotometer.** Briefly, Calu-3 cells were seeded into 12-well plates at a concentration of  $1 \times 10^5$  cells/well. The following day, cells were treated with either 10SiO<sub>2</sub>-NP alone at concentrations of 10, 25, and 50  $\mu$ g/mL or were pretreated for 1 h with either fisetin (80  $\mu$ g/mL) or catalase (400 U/mL) before exposure to 10SiO<sub>2</sub>-NP at the above concentrations for a 24 h period. Control cells were not treated with 10SiO<sub>2</sub>-NP. Afterward, cells were collected and then incubated with 40  $\mu$ M carboxy-H<sub>2</sub>DCFDA (Molecular Probes) for 15 min to assess ROS-mediated oxidation of DCF-DA to the fluorescent compound 2,7-dichlorofluorescein (DCF). The fluorescence of oxidized DCF was measured on a plate reader (FLUOstar OPTIMA, BMG Labtech, Aylesbury, United Kingdom) at excitation and emission wavelengths of 485 and 530 nm, respectively. Finally, the effect 10SiO<sub>2</sub>-NP in SF medium without cells to produce ROS species was measured as described above.

**Cell Viability.** The cell viability was measured by MTT assay. Calu-3 cells were seeded in triplicate at a density of  $10^4$  cells/100  $\mu$ L of cell culture medium into 96 wells.<sup>14</sup> The next day, Calu-3 cells were treated with 10SiO<sub>2</sub>-NP, 50SiO<sub>2</sub>-NP, and 500SiO<sub>2</sub>-NP under SF conditions at the following concentrations, 0, 5, 10, 25, 50, and 100  $\mu$ g/mL, and time points, 2, 6, 18, and 24 h. In other experiments, fisetin (80  $\mu$ g/mL) or catalase (400 U/mL) was added 1 h prior to treatment with higher concentrations of 10SiO<sub>2</sub>-NP. As the control, the effect of fisetin on Calu-3 cell viability was tested at increasing concentrations for 1 h. This assay evaluates mitochondrial activity (assesses cell growth and cell death) and is performed by adding a premixed optimized dye solution to culture wells. The absorbance was recorded at 570 nm (FLUOstar, Optima, BMG Labtech). Results from treatment groups were calculated as a percentage of control values (unexposed cells) according to the following equation: % cytotoxicity = (experimental abs<sub>570 nm</sub> of exposed cells/abs<sub>570 nm</sub> of unexposed cells)  $\times$  100.

**Flow Cytometry of IL-6 and IL-8.** Calu-3 cells were cultured in T-25 cm<sup>2</sup> flasks until confirmed to be 80% confluent by phase-contrast microscopy. Cells were then treated with SiO<sub>2</sub>-NP (10-, 150-, and 500SiO<sub>2</sub>-NP) in SF medium at varying concentrations (10, 25, 50, and 100  $\mu$ g/mL) for 24 h at 37 °C. Next, conditioned medium was collected, and samples were centrifuged for 5 min at 300 RCF to remove cellular debris. The concentration of protein in the samples was quantified using a Bradford protein assay. Next, a BD CBA Human Inflammation kit (Oxford, United Kingdom) was used to quantitatively measure IL-8 and IL-6 from conditioned medium collected from controls and SiO<sub>2</sub>-NP-treated Calu-3 cells by BD FACSArray (BD, Biosciences, Oxford, United Kingdom) (Corbalan et al.<sup>20</sup>). Controls were cells unexposed to SiO<sub>2</sub>-NP. Measurements were performed according to the supplier's recommendations, and data were analyzed using the BD FACSArray system software version 1.0.3.

**Real-Time Quantitative Polymerase Chain Reaction of MMP-9, IL-8, IL-6, Caspase-3, and p53.** Calu-3 cells were cultured in T-25 cm<sup>2</sup> flasks in complete medium until confirmed to be 80% confluent by phase-contrast microscopy. Cells were treated with SiO<sub>2</sub>-NP (10-, 150-, and 500SiO<sub>2</sub>-NP) in SF medium at varying concentrations (10, 25, 50, and 100  $\mu$ g/mL) for 18 h at 37 °C. Controls were cells unexposed to SiO<sub>2</sub>-NP particles. In other experiments, Calu-3 cells were treated as described above except that fisetin (80  $\mu$ g/mL) or catalase (400 U/mL) was preincubated for 1 h prior to addition of 10SiO<sub>2</sub>-NP. Following incubation of cells with SiO<sub>2</sub>-NP, conditioned medium was aspirated, and the cells were washed twice with phosphate saline buffer. DNA-free RNA was isolated using the Ambion RiboPure kit (Huntingdon, United Kingdom) according to the supplier's recommendations. RNA quantity and purity were assessed spectrophotometrically (Nanodrop ND-1000, Labtech International, Ringmer, Sussex, United Kingdom). Thereafter, the RNA in each sample was reverse-transcribed by the Applied Biosystems High Capacity cDNA Reverse Transcription kit (Woolston, United Kingdom). Real-time PCR was performed in duplicate, with predesigned Applied Biosystems TaqMan Gene Expression Assays for MMP-9, IL-8, IL-6, caspase-3, p53, and 18S ribosomal ribonucleic acid along with Applied Biosystems TaqMan Universal PCR Master Mix. In all experiments, 18S ribosomal ribonucleic acid was used as an



internal control. Both reverse-transcription and real-time PCR reaction were performed using the Eppendorf Realplex<sup>2</sup> Mastercycler (Histon, Cambridge, United Kingdom) (Corbalan et al.<sup>20</sup>). The expression of each gene within each sample was normalized against 18S rRNA expression and expressed relative to the control sample using the formula  $2^{-(\Delta\Delta Ct)}$ , in which  $\Delta\Delta Ct = (Ct \text{ mRNA} - Ct \text{ 18S rRNA})_{\text{sample}} - (Ct \text{ mRNA} - Ct \text{ 18S rRNA})_{\text{control sample}}$ .<sup>21</sup>

**Lipid Peroxidation.** Calu-3 cells were plated into 24-well plates at a density of  $1.5 \times 10^5$  cells per well in complete medium. Preconfluent cells were then exposed to 10SiO<sub>2</sub>-NP at varying concentrations (1, 5, 10, 25, and 50  $\mu\text{g/mL}$ ) under SF conditions for 18 h at 37 °C. Malondialdehyde (MDA), a measure of lipid peroxidation, was measured using an Oxiselect TBARS Assay kit (Cell Biolabs, Inc., Cambridge, United Kingdom) following the manufacturer's instructions. Fluorescent measurements were recorded on a plate reader (FLUOstar OPTIMA, BMG Labtech) at excitation and emission wavelengths of 485 and 530 nm, respectively. The concentration of MDA in test samples was calculated using MDA standards as reference. The concentration of MDA in SiO<sub>2</sub>-NP-treated cells is presented as the fold increase of MDA production over the control (untreated cells).

**Statistical Analysis.** Cytotoxicity is expressed as a percentage of relative viability of treated cells when compared to controls. The lethal concentration, LC<sub>50</sub>, was derived from the following equation:  $\log(\text{inhibitor})$  vs responses curve, with an equation:  $Y = \text{bottom} + (\text{top} - \text{bottom}) / (1 + 10^{(\log IC_{50} - X) \times \text{Hill slope}})$ . All data are presented as group means  $\pm$  SDs for *n* individual experiments. Statistical analysis of the mean difference between multiple groups was determined by one-way ANOVA followed by Kramer–Tukey post-tests, and between two groups by unpaired *t* test as appropriate. A *P* value of <0.05 is considered statistically significant. All statistical and correlation analyses were performed using GraphPad Prism (Version 5.00 for Windows, San Diego, CA).

**Table 1. Characterization of SiO<sub>2</sub>-NP Used in This Study<sup>a</sup>**

	10SiO <sub>2</sub> -NP	150SiO <sub>2</sub> -NP	500SiO <sub>2</sub> -NP
concn (mg/mL) <sup>b</sup>	50.0	100.0	100.0
polydispersity index <sup>c</sup>	0.260	0.0240.026	
particles per gram <sup>d</sup>	$9.55 \times 10^{17}$	$2.83 \times 10^{14}$	$7.20 \times 10^{12}$
size (nm)			
TEM <sup>d</sup>	$10.5 \pm 0.2$	$148.2 \pm 2.2$	$495.9 \pm 5.9$
SF medium	$12.5 \pm 0.32$	$154.6 \pm 0.95$	$492 \pm 5.68$
$\zeta$ -potential (mV)			
ultrapure water	$-43.4 \pm 1.7$	$-38.4 \pm 0.3$	$-39.3 \pm 0.1$
SF medium	$-25 \pm 0.45$	$-27.3 \pm 2.55$	$-29.6 \pm 0.78$

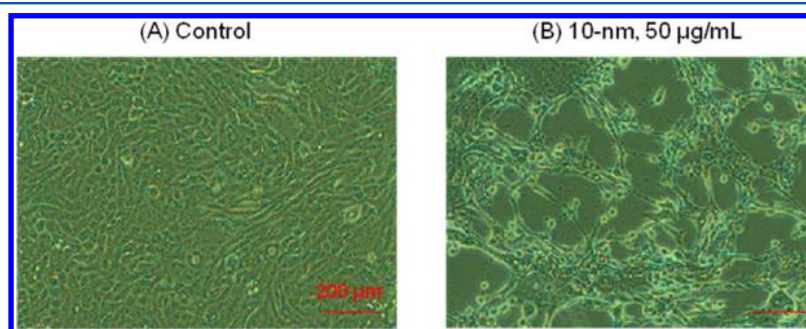
<sup>a</sup>Nanoparticle properties (stock suspension concentration, size, surface charge, polydispersity, particles per gram). <sup>b</sup>As supplied by the manufacturer. <sup>c</sup>Measurement made in ultrapure water. <sup>d</sup>As reported by Corbalan et al.<sup>20</sup>

## RESULTS

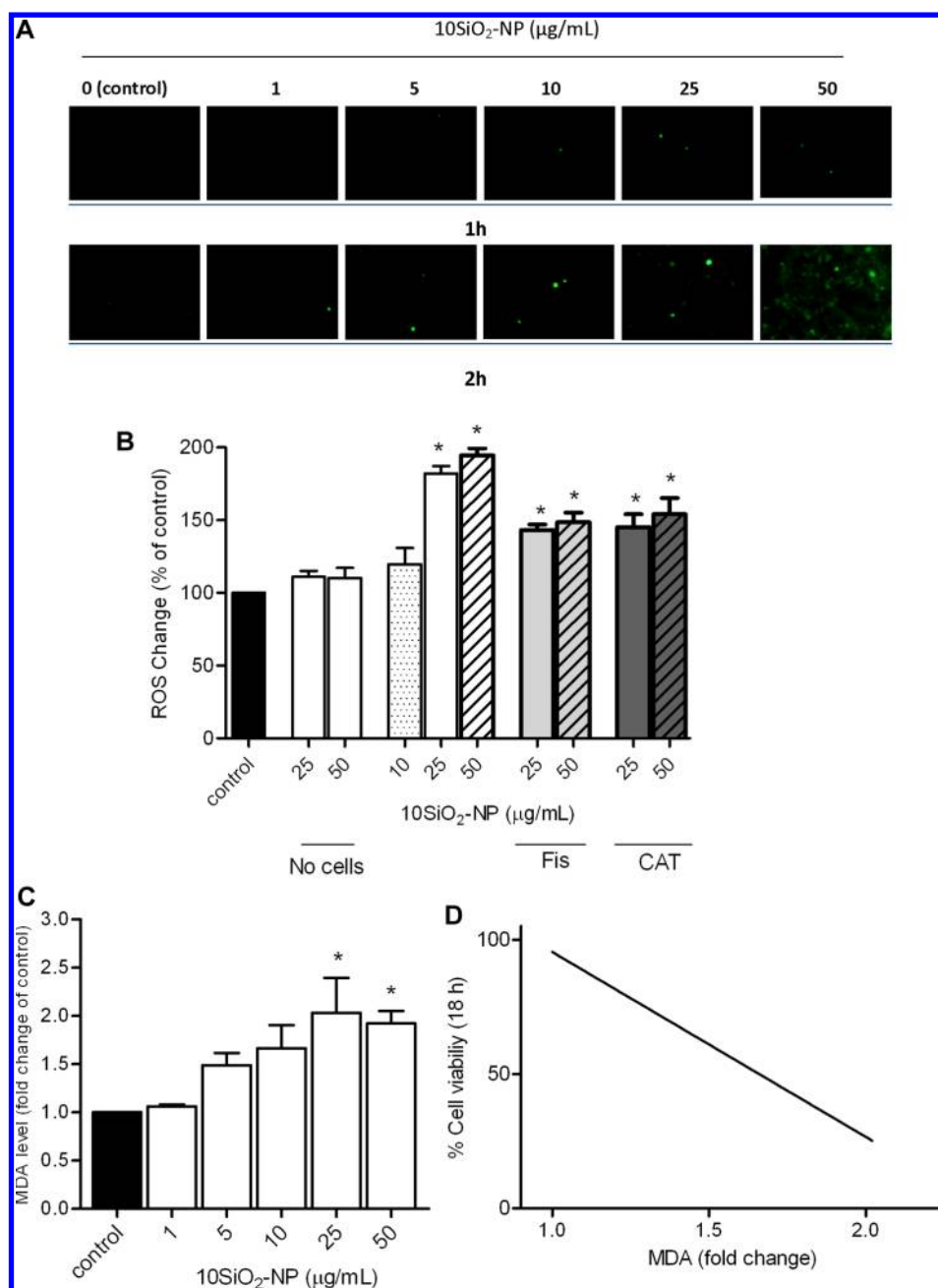
**Characterization of SiO<sub>2</sub>-NP.** The SiO<sub>2</sub>-NP used in this study were commercially acquired being composed of pure silicon dioxide that is nonporous in character. We have previously measured the diameter of these nanoparticles (in ultrapure water) on transmission electron micrographs using ImageJ software to ensure consistency with the commercial specifications.<sup>20</sup> As we reported, 10-, 150-, and 500SiO<sub>2</sub>-NP have a size of  $10.50 \pm 0.19$ ,  $148.20 \pm 2.19$ , and  $495.90 \pm 5.87$  nm, respectively; these previous measurements do not differ significantly from our current measurements in SF medium using the Zetasizer Nano ZS. Our previous TEM analyses also showed that the larger particles with a size greater than 100 nm (150- and 500SiO<sub>2</sub>-NP) had a spherical shape, while the shape of the smaller 10SiO<sub>2</sub>-NP were less uniform and had an irregular shape.<sup>20</sup> Using the light scattering technique, we found that the  $\zeta$ -potentials of all tested SiO<sub>2</sub>-NP (10-, 150-, and 500SiO<sub>2</sub>-NP) had a negative charge greater than  $-30$  mV in ultrapure water. When the  $\zeta$ -potentials of all of the SiO<sub>2</sub>-NP used in this study were retested in SF medium, we found that the greatest reduction in negative charge was for 10SiO<sub>2</sub>-NP, which dropped from  $-43.4$  to  $-25$  mV, whereas for 150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP the negative charge reduced in the range of  $10$ – $11$  mV. A summary of the physiochemical characteristics of all tested SiO<sub>2</sub>-NP used in this study is described in Table 1.

**Effects of SiO<sub>2</sub>-NP on Calu-3 Cell Morphology.** Epithelial cells were exposed to 10SiO<sub>2</sub>-NP for 6 h, and morphological changes were examined using phase-contrast microscopy (100 $\times$ ). Significant morphological changes in Calu-3 cells were observed after exposure of Calu-3 to 10SiO<sub>2</sub>-NP (50  $\mu\text{g/mL}$ ), and these were characterized by features such as cell shrinkage and irregular shapes (Figure 1B) as compared with control cells (Figure 1A). The phase-contrast micrographs were indicative of cell death induced by silica nanoparticles, because Calu-3 cells detached from the cell culture dish after particle exposure. In contrast, 150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP both at a high concentration of 100  $\mu\text{g/mL}$  did not cause any morphological changes on Calu-3 cells (data not shown).

**Effects of SiO<sub>2</sub>-NP on Oxidative Stress and Lipid Peroxidation.** 10SiO<sub>2</sub>-NP induced oxidative stress (Figure 2A,B) and lipid peroxidation (Figure 2C) in a concentration-dependent manner. As compared with the control cells and cells incubated for 1 h, the highest oxidation of the oxidation marker carboxy-H<sub>2</sub>DCFDA was observed after 2 h of incubation of Calu-3 with 50  $\mu\text{g/mL}$  of 10SiO<sub>2</sub>-NP. No effect on ROS production by Calu-3 cells was observed after treatment with 150 and 500SiO<sub>2</sub>-NP for 1 and 2 h (data not shown).



**Figure 1.** Morphological changes of Calu-3 cells exposed to 10SiO<sub>2</sub>-NP for a period of 6 h followed by phase-contrast microscopy. Calu-3 cells exposed to 10SiO<sub>2</sub>-NP 50  $\mu\text{g/mL}$  (B) show cell death as compared with untreated cells (A) control (bar, 200  $\mu\text{m}$ ).

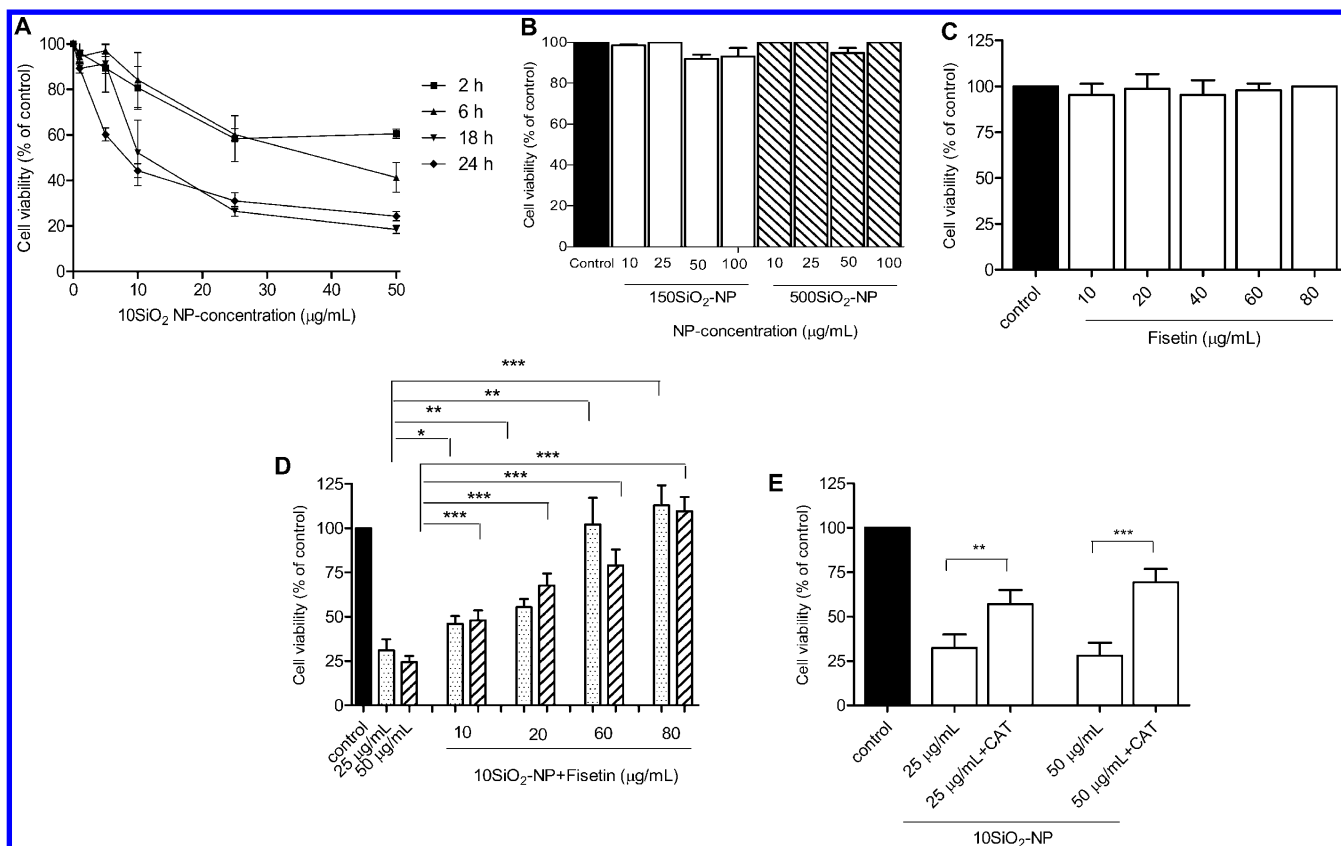


**Figure 2.** Induction of ROS and MDA by 10SiO<sub>2</sub>-NP in Calu-3 cells. (A) Calu-3 cells were exposed to 10SiO<sub>2</sub>-NP for either 1 or 2 h and incubated with carboxy-H<sub>2</sub>DCFDA for 30 min at 37 °C. Cells were visualized by fluorescence microscopy (100×). (B) After 24 h, Calu-3 cells exposed to 10SiO<sub>2</sub>-NP produced significantly higher levels of ROS vs control cells (\**P* < 0.001, *n* = 3). Pretreatment of cells with fisetin (80 µg/mL) or catalase (400 U/mL) prior to exposure with 10SiO<sub>2</sub>-NP lead to a significant reduction in ROS production (\**P* < 0.001, *n* = 3). 10SiO<sub>2</sub>-NP without cells present did not produce ROS. (C) Cellular MDA levels in Calu-3 cells after prolonged exposure to 10SiO<sub>2</sub>-NP for 18 h. Control: 142.7 ± 18.2 nmol MDA/mg of total protein. \**P* < 0.05 vs control cells, *n* = 5. (D) Significant correlation between oxidant (MDA) and reduction in cell viability (MTT) in Calu-3 cells exposed to 10SiO<sub>2</sub>-NP for 18 h.

After 24 h, we found that Calu-3 cells exposed to 10SiO<sub>2</sub>-NP (25 and 50 µg/mL) produced significantly higher levels of ROS (182 ± 5.3 and 194.5 ± 6.8%, respectively) as compared to untreated cells (Figure 2B, \**P* < 0.05, *n* = 3). When cells were pretreated with fisetin (80 µg/mL) for 1 h prior to exposure with 10SiO<sub>2</sub>-NP (25 and 50 µg/mL), ROS production after 24 h was significantly reduced by 38.7 ± 3.8 and 46 ± 6.7%, respectively (Figure 2B, \**P* < 0.05, *n* = 3). Similarly, pretreatment of Calu-3 cells with catalase (400 U/mL) for 1 h also significantly reduced ROS production in 10SiO<sub>2</sub>-NP-treated cells at the same concentrations tested (Figure 2B, \**P* < 0.05, *n* = 3). In this case, ROS

was reduced by 36.7 ± 8.7% in cells exposed to 10SiO<sub>2</sub>-NP at a concentration of 25 µg/mL and by 40 ± 11.2% in 50 µg/mL 10SiO<sub>2</sub>-NP-treated cells. Overall, fisetin and catalase pretreatment reduced ROS to comparable levels in 10SiO<sub>2</sub>-NP-treated cells after 24 h. However, each did not restore eliminate ROS production entirely or restore to control levels. 10SiO<sub>2</sub>-NP alone at a concentration of 25 and 50 µg/mL in the presence of medium only (i.e., without cells) did not produce any detectable ROS.

Lipid peroxidation is indicative of cellular damage. In turn, MDA is a natural byproduct of the lipid peroxidation process and



**Figure 3.** Effect of SiO<sub>2</sub>-NP on Calu-3 cell viability. (A) Time- and concentration-dependent toxicity of 10SiO<sub>2</sub>-NP on Calu-3 cells. Cells were treated with 10SiO<sub>2</sub>-NP at varying concentrations (0–50 μg/mL) for 2, 6, 18, and 24 h. The cell viability was determined by MTT analysis at different time points. \**P* < 0.05 vs control cells, *n* = 4. (B) Viability of Calu-3 cells after prolonged exposure (up to 24 h) to increasing concentrations of 150- and 500SiO<sub>2</sub>-NP, *P* > 0.05 vs control cells, *n* = 3. (C) Fisetin at increasing concentrations (10–80 μg/mL) showed no significant cytotoxic effect on Calu-3 cell viability. (D and E) Prior incubation of cells with fisetin (D) and catalase (E) prevented the cell death induced by 10SiO<sub>2</sub>-NP (25 and 50 μg/mL) on Calu-3. \**P* < 0.05, \*\**P* < 0.01, and \*\*\**P* < 0.001, *n* = 3–4.

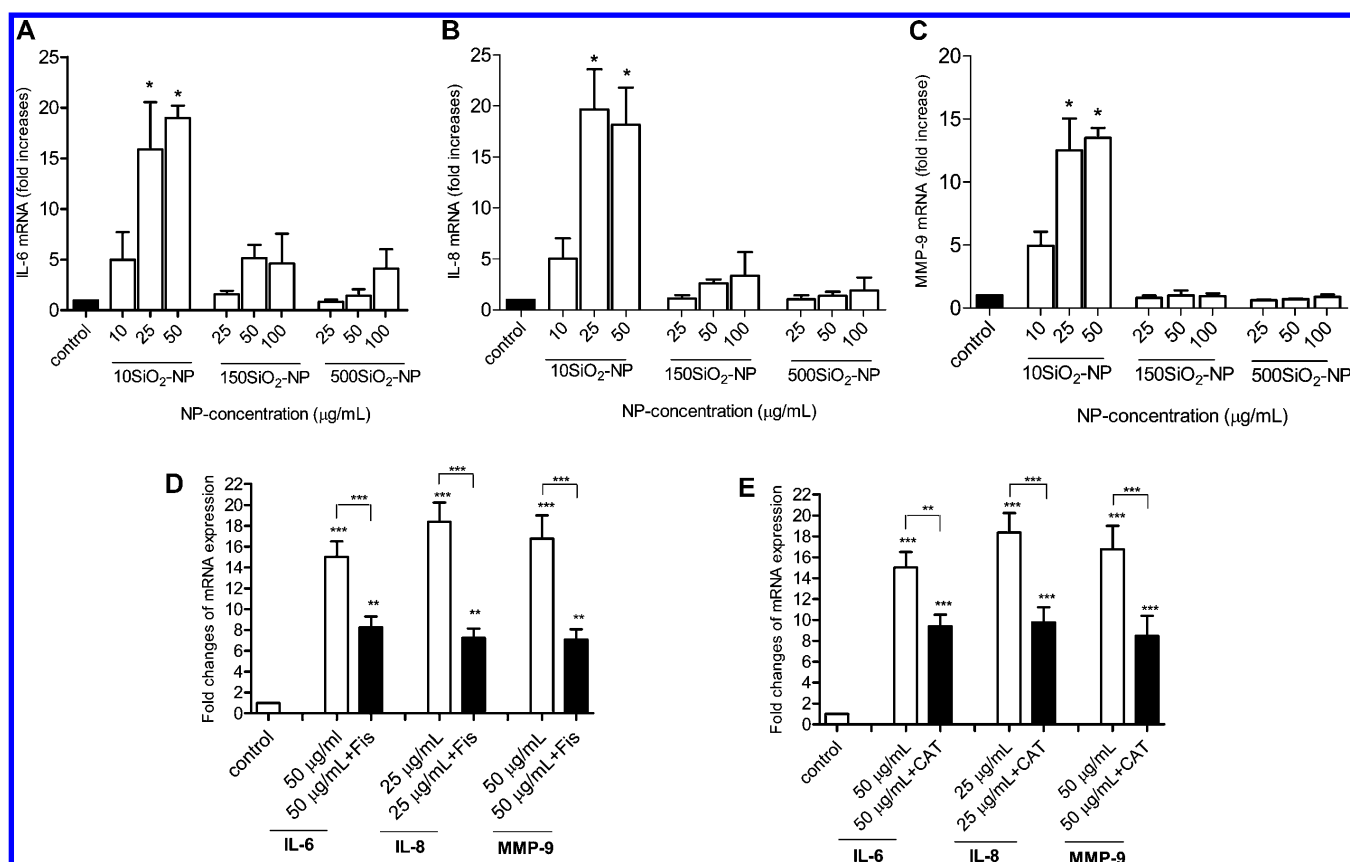
thus is a marker for oxidative stress. Figure 2C shows that exposure of Calu-3 cells to increasing concentrations of 10SiO<sub>2</sub>-NP for an 18 h period increases MDA production. 10SiO<sub>2</sub>-NP at concentrations of 25 and 50 μg/mL significantly increased MDA production  $2.03 \pm 0.36$ - and  $1.92 \pm 0.13$ -fold, respectively, as compared to control (Figure 2C, \**P* < 0.05, *n* = 5). A significant linear regression ( $R^2 = 0.97$ ) was found between increases in MDA oxidant levels and a reduction in cell viability in Calu-3 cells exposed to 10SiO<sub>2</sub>-NP for 18 h (Figure 2D, \**P* < 0.01).

**Effect of SiO<sub>2</sub>-NP on Cell Survival and Its Modulation by Fisetin and Catalase.** Cells were exposed to 10SiO<sub>2</sub>-NP at concentrations up to 50 μg/mL for 2 or 24 h, and cytotoxicity was determined by cell viability assay. 10SiO<sub>2</sub>-NP were found to cause cytotoxicity on Calu-3 cells in a time- and concentration-dependent manner (Figure 3A, \**P* < 0.05). At 24 h, the cell viability was significantly decreased (\**P* < 0.05, *n* = 4) to  $44.3 \pm 3.06$ ,  $31.0 \pm 3.6$ , and  $24.3 \pm 2.0\%$  at the highest concentrations of 10SiO<sub>2</sub>-NP tested (10, 25, and 50 μg/mL, respectively). A fit (nonlinear regression) of the concentration–response curve at 24 h yielded a LC<sub>50</sub> value of 9.7 μg/mL with a corresponding Hill coefficient of  $-0.92 \pm 0.15$ . Larger nanoparticles (150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP) were not found to be cytotoxic to Calu-3 cells, even when tested at concentrations of 100 μg/mL for 24 h (Figure 3B). In another set of experiments, Calu-3 cells were exposed to 10SiO<sub>2</sub>-NP at concentrations of either 25 or 50 μg/mL in the presence or absence of fisetin (10–80 μg/mL) for 24 h. After treatment, cytotoxicity was determined by cell viability assay.

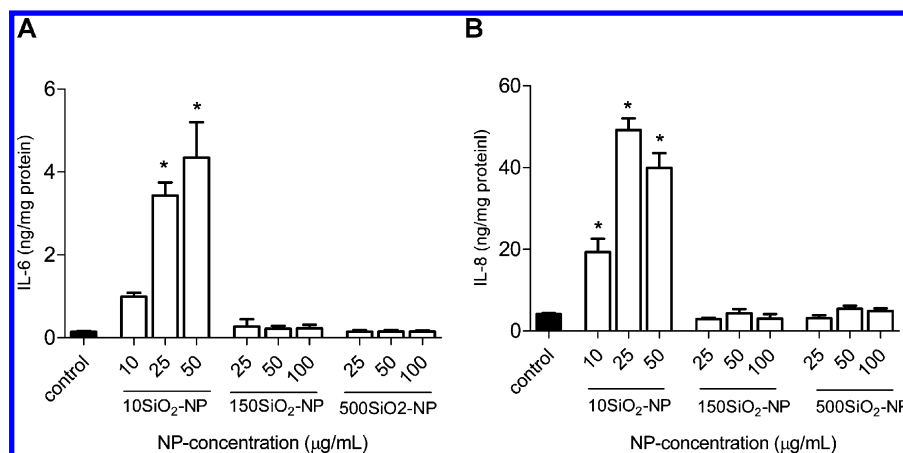
It was found that fisetin attenuated the effects of 10 SiO<sub>2</sub>-NP on Calu-3 cell viability (Figure 3D, \**P* < 0.05, *n* = 3), and this effect was maximal at 80 μg/mL. For control, the effect of fisetin alone on Calu-3 cell viability was tested at increasing concentrations (10–80 μg/mL) and was found to have no significant cytotoxic effect on Calu-3 cell viability or to interfere with the redox activity of the MTT assay (Figure 3B, *P* > 0.05, *n* = 3). Fisetin at a concentration of 80 μg/mL was used in subsequent experiments. Figure 3E shows that a 10SiO<sub>2</sub>-NP-induced decrease in cell viability was also attenuated by catalase.

**Effect of SiO<sub>2</sub>-NP on Inflammatory Gene Expression and Cytokine Release: Modulation by Fisetin and Catalase.** The IL-6 gene expression was significantly up-regulated (fold change) by  $15.9 \pm 4.7$  and  $18.9 \pm 1.2$  in the presence of 25 and 50 μg/mL 10SiO<sub>2</sub>-NP, respectively (Figure 4A, \**P* < 0.05, *n* = 3–4). In contrast, 150- and 500SiO<sub>2</sub>-NP did not significantly increase IL-6 gene expression at all concentrations tested (25, 50, and 100 μg/mL) (Figure 4A, *P* > 0.05, *n* = 3–4).

Similar to IL-6, the gene expression of IL-8 was increased by 10SiO<sub>2</sub>-NP (Figure 4B). Again, 150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP were found not to effect IL-8 gene expression at all concentrations tested (Figure 4B, *P* > 0.05, *n* = 3). The release of IL-6 and IL-8 proteins followed the gene expression pattern (Figure 4C,D). Finally, MMP-9 gene expression was significantly increased in response to 10SiO<sub>2</sub>-NP, an effect undetectable with 150- and 500SiO<sub>2</sub>-NP (Figure 4E, \**P* < 0.05, *n* = 3).



**Figure 4.** Effect of SiO<sub>2</sub>-NP on the gene expression level of inflammatory markers in Calu-3 cells. Cells were treated with either 10-, 150-, and 500SiO<sub>2</sub>-NP at varying concentrations (10, 25, 50, and 100 µg/mL) for 18 h. The gene expression of (A) IL-6, (B) IL-8, and (C) MMP-9 was investigated and found to be significantly up-regulated in 10SiO<sub>2</sub>-NP-treated cells. \**P* < 0.05 vs control cells, *n* = 4. Prior incubation with fisetin (D) and catalase (E) prevented 10SiO<sub>2</sub>-NP-induced up-regulation of IL-6, IL-8, and MMP-9 mRNA expression in Calu-3 cells. \*\**P* < 0.01 and \*\*\**P* < 0.001, *n* = 3–4; treatments vs control cells. SiO<sub>2</sub>-NP (25 and 50 µg/mL), fisetin (80 µg/mL), and catalase (400 U/mL)-treated cells in the absence or presence of fisetin/catalase.

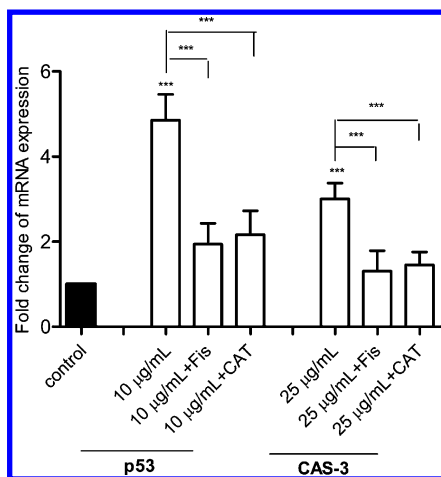


**Figure 5.** Effect of SiO<sub>2</sub>-NP on cytokine release from Calu-3 cells. Cells were treated with 10-, 150-, and 500SiO<sub>2</sub>-NP at varying concentrations (10, 25, 50, and 100 µg/mL) for 24 h. Both supernatants from control and SiO<sub>2</sub>-NP treated cells were compared for the release of inflammatory cytokines IL-6 (A) and IL-8 (B) by flow cytometry. \**P* < 0.05 vs control cells, *n* = 4.

Pretreatment of Calu-3 cells with fisetin lead to a significant reduction in the inflammatory response of cells to 10SiO<sub>2</sub>-NP, resulting in decreased expression of IL-6, IL-8, and MMP-9 mRNAs (Figure 5A). Similar to fisetin, pretreatment of Calu-3 cells with catalase significantly reduced the gene expression of IL-6, MMP-9, and IL-8 in response to 10SiO<sub>2</sub>-NP (Figure 5B).

**Stimulation of Apoptotic Markers by 10SiO<sub>2</sub>-NP and Its Prevention by Fisetin and Catalase.** The effects of 10SiO<sub>2</sub>-NP on apoptosis were followed by measuring the expression of pro-apoptotic genes p53 and caspase-3. The treatment of cells with 10SiO<sub>2</sub>-NP led to increased expression of p53 (Figure 6A) and caspase-3 (Figure 6B). These effects were attenuated by fisetin and catalase (Figure 6A,B, \**P* < 0.05, *n* = 3).





**Figure 6.** Effect of 10SiO<sub>2</sub>-NP on the gene expression of apoptotic markers in Calu-3 cells. Incubation of Calu-3 cells with fisetin or catalase avoided 10SiO<sub>2</sub>-NP-induced expression of p53 and CAS-3 mRNA. \**P* < 0.05 and \*\*\**P* < 0.001, *n* = 3–4; treatments as compared with control or as indicated. SiO<sub>2</sub>-NP (10 and 25 µg/mL), fisetin (80 µg/mL), and catalase (400 U/mL)-treated cells in the absence or presence of fisetin/catalase.

## DISCUSSION

This study has demonstrated that amorphous SiO<sub>2</sub>-NP have the ability to decrease cell viability and induce cytotoxicity in human lung submucosal cells in a concentration- and size-dependent manner. Previous research studies have shown that SiO<sub>2</sub>-NP with a size less than 100 nm are cytotoxic for cells. Lin et al. showed that the treatment of human broncho-alveolar A549 cells in vitro, to either 15 or 46 nm SiO<sub>2</sub>-NP for 48 h at concentrations between 10 and 100 µg/mL, decreased cell viability in a concentration-dependent manner.<sup>7</sup> The cell viability of these A549 cells when exposed to 15 nm SiO<sub>2</sub>-NP decreased to 68.1% at the highest concentration tested (100 µg/mL). In our study, we found that Calu-3 cell viability was reduced to 24.3 ± 2.0% when exposed to 10SiO<sub>2</sub>-NP for 24 h at a concentration of 50 µg/mL.

Napierska et al. showed in human endothelial cells that mono-dispersed SiO<sub>2</sub>-NP caused cytotoxic cell damage and decreased cell survival in a concentration-dependent manner.<sup>22</sup> SiO<sub>2</sub>-NP with sizes of 14, 15, and 16 nm had LC<sub>50</sub> values ranging from 33 to 47 µg/cm<sup>2</sup> as compared to larger SiO<sub>2</sub>-NP formulations of 104 and 335 nm, which exhibited lower cytotoxicity (LC<sub>50</sub> of 1095–1087 µg/cm<sup>2</sup>, respectively). Likewise, Gong et al. investigated the hazardous effects of SiO<sub>2</sub>-NP (15, 30, and 100 nm) on human epidermal keratinocyte (HaCaT) cells in vitro. Their results show a similar trend as seen in our study with size-dependent nanotoxicity. In fact, 15 nm SiO<sub>2</sub>-NP had a LC<sub>50</sub> after 24 h of 19.4 ± 1.3 µg/mL.<sup>23</sup>

Rabolli et al. have shown in macrophage and fibroblast cells that nanoparticle surface area and not the aggregation state of the SiO<sub>2</sub>-NP is a significant determinant for nanotoxicity.<sup>24</sup> Our own experiments show that small (10 nm) but not larger (150 or 500 nm) SiO<sub>2</sub>-NP are cytotoxic to cells; thus, we support this proposal. Indeed, the increased surface area to mass ratio for the 10SiO<sub>2</sub>-NP as compared to 150- and 500SiO<sub>2</sub>-NP results in a greater percentage of atoms to be present at the surface of the silica nanoparticle, thus increasing the number of reactive groups at the particle surface that may influence toxicity.<sup>1</sup> In fact, a recent paper by Panas et al. showed that precoating 12 nm SiO<sub>2</sub>-NP with serum proteins (fetal calf serum and bovine serum albumin)

prevents the induction of toxicity and inflammation in A549 lung epithelial cells.<sup>9</sup>

Gong et al. showed that SiO<sub>2</sub>-NP-induced cytotoxicity and DNA damage in HaCaT cells were dependent on ROS.<sup>23</sup> We have previously shown that amorphous 10SiO<sub>2</sub>-NP can induce rapid oxidative stress via ROS production in endothelial cells.<sup>20</sup> Here, we have demonstrated that 10SiO<sub>2</sub>-NP, but not larger (150SiO<sub>2</sub>-NP and 500SiO<sub>2</sub>-NP), result in the intracellular ROS generation and lipid peroxidation in Calu-3 cells. The observed increases in MDA levels in Calu-3 cells were correlated with 10SiO<sub>2</sub>-NP cytotoxicity. Oxidative stress can activate the pro-inflammatory transcription factors AP-1 and NF-κB.<sup>20,25,26</sup> Studies with immortalized human endothelial cells have shown that lipid peroxidation induced by the cytokine TNF-α can result in NF-κB activation.<sup>27</sup>

In human bronchial airway epithelial cells, MAP kinases have been shown to regulate IL-8 promoter activity by NF-κB-dependent and -independent processes.<sup>28</sup> Singal and Finkelstein investigated the effects of 12 nm amorphous SiO<sub>2</sub>-NP on mice alveolar epithelial cells.<sup>29</sup> By use of multiple MAP kinase inhibitors, they concluded that the transcription factor AP-1 was likely to play a role in amorphous SiO<sub>2</sub>-NP-induced inflammatory gene up-regulation. Finally, we have found that selective inhibition of NF-κB with lactacystin attenuates downstream signaling triggered by 10SiO<sub>2</sub>-NP in the endothelium.<sup>20</sup>

This oxidative stress-induced transcription factor activation is likely to induce the cascade of inflammatory reactions. We have found that the treatment of lung submucosal cells with 10SiO<sub>2</sub>-NP leads to increased gene expression and release of IL-6, IL-8, and MMP-9. Studies have shown in vitro that the pro-inflammatory cytokines IL-6 can up-regulate MMP-9.<sup>30</sup> Inflammation-induced dysregulation of MMP-9, as shown by 10SiO<sub>2</sub>-NP in submucosal cells, could negatively impact normal physiological processes controlling ciliary beating, epithelial repair, and airway remodeling.

Studies by Ahmad et al. have shown that the naturally potent ROS scavenger vitamin C when cotreated with 15 nm SiO<sub>2</sub>-NP on human liver cells can significantly attenuate the modulation of apoptotic markers (p53, bax, bcl-2, and caspase-3) and increase cell viability as compared to SiO<sub>2</sub>-NP-only treated cells.<sup>31</sup> Thus, we wanted to investigate whether the nanotoxic effects of 10SiO<sub>2</sub>-NP could be pharmacologically attenuated using fisetin. Fisetin is a known bioactive plant flavanoid isolated at concentrations from 2 to 160 µg/g.<sup>32</sup> Flavonoids are diet-derived polyphenols that are increasingly used in health protection and therapeutics because of their remarkable cell-protective properties.<sup>33,34</sup> The mechanism of pharmacological action of these compounds may depend upon their antioxidant, free radical-scavenging ability including inhibition of superoxide, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), and hydroxyl radical generation.<sup>34</sup>

We used fisetin at concentrations shown previously to be capable of preventing the cytotoxic effects of xenobiotics on hippocampal cells and bone osteoblast cells.<sup>35</sup> Interestingly, fisetin inhibited the nanotoxic effects of 10SiO<sub>2</sub>-NP by increasing cell viability, decreasing apoptotic markers, and reducing downstream generation of inflammatory mediators. Thus, our results with fisetin and 10SiO<sub>2</sub>-NP are in keeping with previously reported data by Ahmad et al. as described earlier using vitamin C.<sup>31</sup> The fact that fisetin only partially blocked the cytotoxic effects of 10SiO<sub>2</sub>-NP could be largely due to its low water solubility (<1 mg/g) and thus poor bioavailability in cell culture medium.<sup>36</sup> It is possible that the limited bioavailability of both fisetin and catalase in our experimental model could be due



their nonspecific binding to 10SiO<sub>2</sub>-NP, otherwise known as the “protein corona” effect.<sup>37</sup>

As the effects described above with fisetin were mimicked by extracellular pretreatment with the catalase enzyme, it is likely that the generation of H<sub>2</sub>O<sub>2</sub> molecules plays a significant and major role in the nanotoxic effects of 10SiO<sub>2</sub>-NP on lung epithelial cells. In the cell, bioactive H<sub>2</sub>O<sub>2</sub> is produced by superoxide dismutase from free oxygen radicals; these 1e<sup>-</sup> or 2e<sup>-</sup> oxygen molecules can come from the mitochondrial electron transport chain, lipooxygenase, cytochrome P450s, and other hemoproteins.<sup>38</sup> In turn, ROS/H<sub>2</sub>O<sub>2</sub> can be generated in close proximity to the cell membrane, and if released outside of the cell, they can act in a paracrine fashion modulating cellular function.<sup>39,40</sup> The degradation of H<sub>2</sub>O<sub>2</sub> involves intracellular catalase or extracellular glutathione. Our study indicates that there is an aberrant production of ROS by the lung submucosal cell in response to 10SiO<sub>2</sub>-NP exposure. A possible reason for the lack of complete removal of cytotoxicity to 10SiO<sub>2</sub>-NP by pretreatment with extracellular fisetin and catalase in Calu-3 cells could be related to the ongoing production and stimulation of ROS intracellularly. It is also possible that other non-ROS-mediated mechanisms are also involved in the cytotoxic effects of 10SiO<sub>2</sub>-NP.

## CONCLUSION

Amorphous 10SiO<sub>2</sub>-NP can induce noxious effects in lung submucosal cells. Upon exposure of Calu-3 to 10SiO<sub>2</sub>-NP, cells rapidly produce ROS, which in turn causes lipid peroxidation. This oxidative stress can lead to an increase in transcription factor activation, and the subsequent up-regulation of cytokines (IL-6 and IL-8) and MMP-9 with eventual cytotoxicity, genotoxicity, and potential apoptosis via programmed cell death involving p53 and caspase-3. Importantly, all of these effects were detected in a size- and concentration-dependent manner and were preventable by pretreatment of lung cells with the flavonoid fisetin, thus highlighting the ability of these compounds to protect against the noxious effects of amorphous silica nanoparticles. Future toxicological studies examining the protection and thus relevance of fisetin in the in vivo situation would be worthwhile.

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### Notes

The authors declare no competing financial interest.

## ABBREVIATIONS

SiO<sub>2</sub>-NP, amorphous silicon dioxide nanoparticles; SF, serum free; H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide; ROS, reactive oxygen species; MMPs, matrix metalloproteinases; LC<sub>50</sub>, lethal concentration; MDA, malondialdehyde

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