

# Serum induced CD63 and CD203c activation tests in chronic urticaria

## Research Article

Anzelika Chomiciene\*<sup>1,3</sup>, Laimute Jurgauskiene<sup>2,3</sup>,  
Marek L. Kowalski<sup>4</sup>, Audra Blaziene<sup>1,3</sup>

*1 Vilnius University, Faculty of Medicine, Clinic of Infectious, Chest Diseases, Dermatovenerology and Allergology, M.K. Ciurlionio 21, 03101 Vilnius, Lithuania*

*2 Vilnius University, Faculty of Medicine, Clinic of Cardiovascular Diseases, M.K. Ciurlionio 21, 03101 Vilnius, Lithuania*

*3 Vilnius University Hospital Santariskiu Klinikos, Santariskiu 2, 08661 Vilnius, Lithuania*

*4 - Medical University of Lodz, Department of Immunology, Rheumatology and Allergy, ul. Pomorska 251, 92-213 Lodz, Poland*

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**Abstract:** Background: Approximately half of patients with chronic urticaria (CU) have functional autoantibodies against FcεRIα or against IgE that induce histamine release from basophils and cutaneous mast cells. In addition to intracutaneous autologous serum skin test (ASST), more recently upregulation of CD63 and CD203c molecules on basophils has been proposed to detect the presence of autoantibodies in sera of CU patients. Objective: Our aim was to assess the effect of serum from CU patients on basophil CD63 and CD203c expression and to correlate serum-induced basophil activation with ASST. Methods: Sera were obtained from 128 patients with CU and 30 healthy controls. Patients or controls serum was incubated with atopic donor whole blood and activated basophils were identified by flow cytometry on basis of presence of CD63 or CD203c on high-expressing IgE positive cells. ASST was performed in all CU patients and 10 healthy controls. Results: ASST was positive in 33.6% CU patients. Serum from 36.7% patients induced upregulation of CD63 while serum from 45.3% patients upregulated the CD203c molecule. There was a positive correlation between ASST and upregulation of CD63, but no correlation was observed between ASST and serum-induced CD203c. The sensitivity and specificity of the ASST in vitro assays were 55.8% and 72.9% for CD63; 55.8% and 60.0% for CD203 respectively. Conclusions: Serum from CU patients upregulated both CD63 and CD203c molecules on blood basophils. A positive correlation between CD63 assay and ASST indicates the potential usefulness of this test for the diagnosis of the autoimmune form of CU.

**Keywords:** Chronic urticaria • Basophil CD63 • Basophil CD203c • Autologous serum skin test

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## 1. Introduction

Chronic urticaria (CU) is a common skin disorder characterized by recurrent appearance of wheals and/or angioedema for more than 6 weeks. CU may affect up to 1% of the population and is associated with significantly impaired quality of life [1]. The etiology of symptoms cannot be determined in majority of the patients.

Recently, it has become clear that 30 to 50% of patients with CU have functional autoantibodies directed against the α-chain of the high-affinity immunoglobulin

E (IgE) receptor (FcεRI) or less commonly against IgE [2]. The term chronic “autoimmune urticaria” (CAU) has been increasingly used for this group of patients reflecting advances in our knowledge about functional autoantibodies that activate mast cells and basophils through cross-linking the FcεRI to secrete histamine [3]. Patients with CAU generally have more severe and difficult to control symptoms than those with CU without autoantibodies [4,5]. The autologous serum skin test (ASST) is the only in vivo method to test for functional autoantibodies in CU patients [6]. A positive test is sug-

\* E-mail: anzelika.chomiciene@santa.lt

gestive, but not diagnostic of autoimmune basis for the patient's urticaria symptoms. ASST may either prove the presence of autoantibodies or show histamine-releasing properties of the tested serum. The sensitivity and specificity of this test have been reported to be about 70 and 80% respectively [7].

Techniques to detect the autoantibody to FcεRI and IgE in vitro include binding assays, Western blot and ELISA [8], however, they fail to identify antibodies with histamine releasing properties. The basophil histamine release assay (HRA) currently remains the "gold standard" for confirmation of functional antibodies in the serum of patients with CU [9]. The HRA used by some authors is less sensitive than ASST in detection of patients with histamine releasing factors in their blood [10]. Furthermore, HRA is time consuming and cumbersome to perform. There is still no simple and reproducible clinical test for functional antibodies and improved screening tests are being sought. Recently, the ability of CU patient's serum to evoke expression of CD63 and CD203c on donor human basophils assessed by flow cytometry has been tested. There are a few published studies assessing serum-induced CD63 expression measurement as a diagnostic tool in CAU [11-16] and only 2 studies done by measured CD203c expression [16,17].

The primary objective of the current study was to assess the effect of serum from CU patients on basophil CD63 and CD203c expression. The secondary objective was to correlate CD63 and CD203c expression with ASST and other autoreactivity markers in patients with chronic urticaria.

## 2. Materials and methods

### 2.1 Patients and controls

128 patients (26 males and 102 females; mean age 43±13, range 20-78 years) with CU with presenting almost daily symptoms of urticaria and with continuous disease mean duration of 38±70 month (range 2 month - 40 years) were included in the study. Thirty-two (25%) of CU patients had elevated thyroid peroxidase antibodies (TPO), 7 (8.4%) had elevated antinuclear antibodies (ANA) and 12 (9.4%) reported hypersensitivity to non-steroidal anti-inflammatory drugs (NSAID). Serum was obtained from patients at the time of the ASST and was stored at -80°C. Antihistamines were withheld for at least 5 days before skin testing. Serum from 30 healthy adult individuals were used as normal controls. The study was approved by Lithuanian Bioethics Committee.

The basophil donor was atopic and had serum IgE level of 1350 U/ml. The basophil donor provided informed consent and was bled less than once per week.

Disease activity was evaluated by using urticaria activity score (UAS).

## 3. ASST

The test was performed by injecting 0.05 ml of the patient's own serum intradermally into the volar aspect of the forearm. Sterile saline was used as negative control. A skin prick test with histamine 10 mg/ml was carried out as positive control to exclude any residual effect of anti-histamine drugs. Wheal and flare reactions were measured after 30 minutes. A mean wheal diameter of at least 1.5 mm greater than negative control with saline was considered to be a positive ASST.

### 3.1 Measurement of CD203c surface expression

CD203c surface expression was measured using heparinized blood from the donor within 3 to 4 hours after collection. Aliquots of the donor's heparinized whole blood (200 µl) were incubated for 20 minutes at 37°C with 40 µl of serum from a patient with CU or from normal controls and 40 µl basophil stimulation buffer (BSB) (Becton Dickinson (BD), USA). Phosphate buffer saline (PBS) (40 µl) was added to the donor blood and used as a negative control, in addition, 40 µl-µM N-Formil-Met-Leu-Phe chemotactic peptide (fMLP) (Sigma, USA) and 40 µl of a 1:50 dilution of anti-FcεRI receptor antibody (Upstate, USA) in Ca<sup>++</sup> Mg<sup>++</sup> free PBS were used as a positive control. The reactions were stopped by placing the tubes on ice for 5 min. Cells (8-10 × 10<sup>5</sup> cells per test) were stained with 40 µl phycoerythrin (PE)-conjugated antihuman CD45 (BD, USA), peridinin-chlorophyll-protein (PerCP)-antihuman CD203c (Immunotech, USA), and fluorescein isothiocyanate (FITC)-conjugated antihuman IgE (Invitrogen, USA) antibody cocktail at room temperature in the dark for 30 minutes. Red cells were lysed with 2 ml FACS Lysing Solution (BD, USA). The cells were washed once with 2 ml PBS and fixed in 0.5% paraformaldehyde. Samples were analyzed on using FACSCalibur flow cytometer (BD). Data on at least 1000 basophils were acquired and the percentage of CD203c-expressing basophils was calculated.

### 3.2 Measurement of CD63 surface expression

CD63 surface expression was measured using heparinized blood within 3 to 4 hours after collection from the donor with standard BD FastImmune set. Aliquots of the donor's heparinized whole blood (100 µl) were incubated for 20 minutes at 37°C with 100 µl serum from patients with CU or normal controls and 20 µl BSB. For the control, 100 µl PBS was added to the donor blood and used as negative control, and 100 µl 1-µM fMLP was used as

a positive control. The reactions were stopped by placing the tubes on ice for 5 min. Cells were stained with 20  $\mu$ l CD63FITC/ CD123PE/ Anti-HLA DR PerCP antibody cocktail at room temperature in the dark for 30 minutes. Red cells were lysed with 2 ml FACS Lysing Solution. The cells were washed once with 2 ml PBS and fixed in 0.5% paraformaldehyde. The cells were analyzed on a FACSCalibur flow cytometer (BD). Data on at least 1000 basophils were acquired, and the percentage of CD63-expressing basophils was calculated.

### 3.3 Statistical analysis

Statistical significance was determined by using the Wilcoxon matched pairs test, the Man-Whitney test, or  $\chi^2$  test, where appropriate. A ROC curve analysis was used to estimate the cut-off of CD63 and CD203c serum-induced assay able to discriminate ASST positive CU from ASST negative CU patients, regarding optimal values of sensitivity and specificity. A p value of less than 0.05 was considered as significant. Statistical analysis of results was performed with SSPS 15 program.

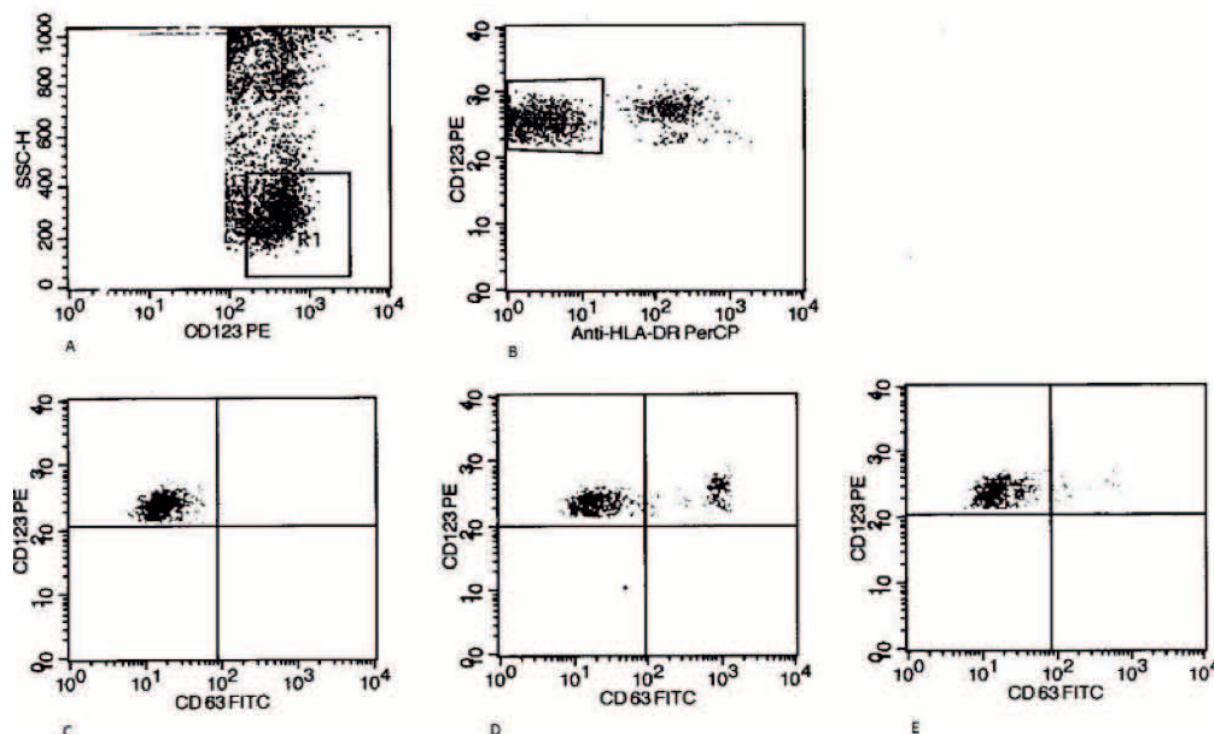
## 4. Results

### 4.1 Serum-induced basophil activation

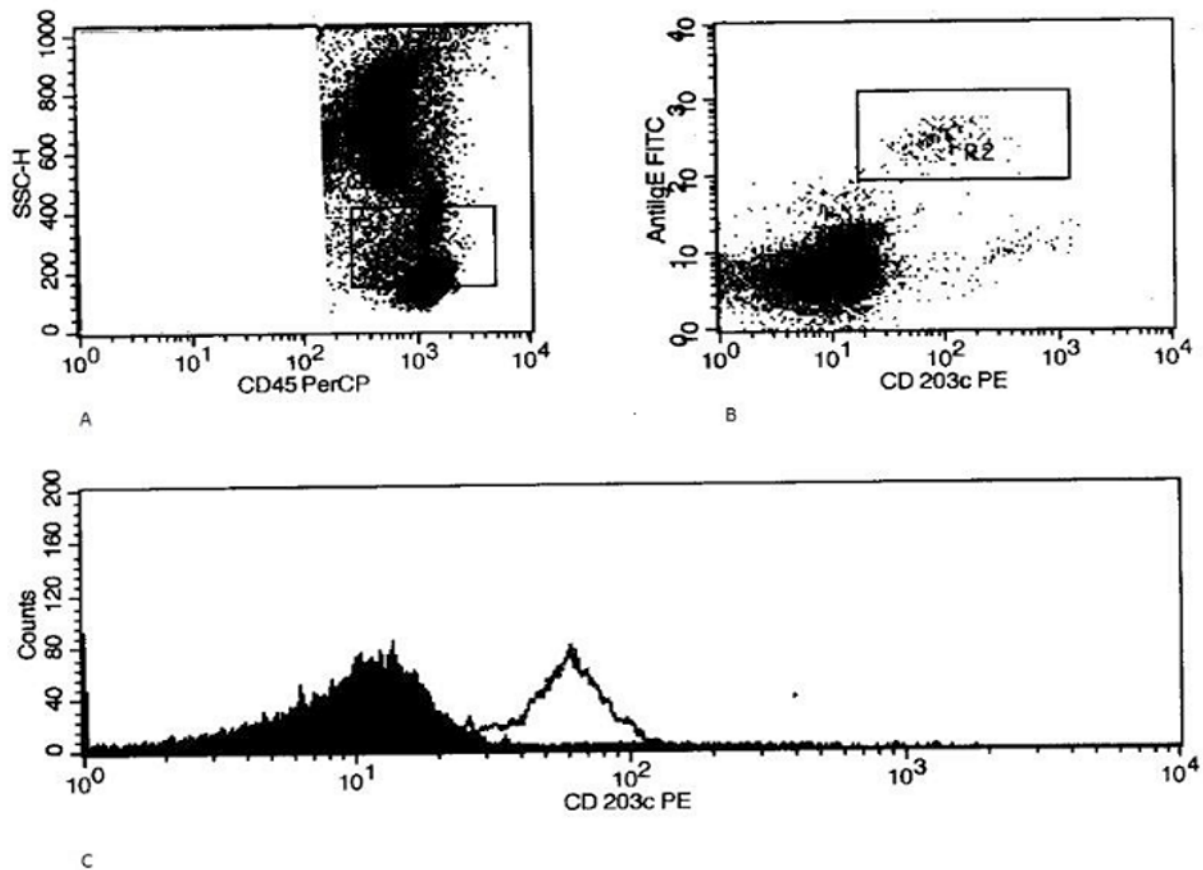
Figure 1 and Figure 2 shows typical examples of the FACScan flow cytometric analysis of donor basophils.

On average serum from CU patients, but not from healthy controls, significantly upregulated CD63 and CD203c expression on atopic donor basophils. CD63 and CD203c expression following incubation with CU patient serum were  $10.8 \pm 10.9\%$  and  $11.8 \pm 12.4\%$ , respectively, as compared to  $3.10 \pm 1.5\%$  and  $1.8 \pm 0.5\%$ , respectively, with control serum ( $p < 0.001$  for both CD63 and CD203c expression tests). The data are presented in Figure 3 and 4.

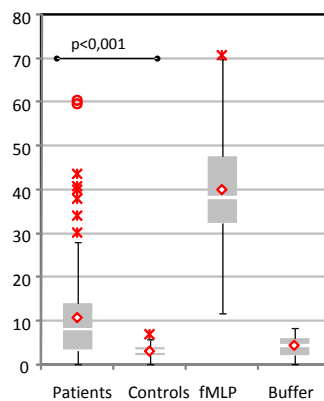
A ROC curve analysis was used to establish the ability of the serum-induced CD63 and CD203c expression assay to discriminate CU patients from controls, when the whole blood from atopic donor was used. The AUC for CD63 assay was 0.691 ( $p < 0.001$ ) and for CD203c assay – 0.552 ( $p = 0.339$ ). By analyzing the ROC curve, the cut-off value with the highest sensitivity and specificity (56% and 73% respectively for CD63 assay; 56% and 60% for CD203c assay) was found to be 10% (Figure 5). This threshold was used for both CD63 and CD203c in further investigations.



**Figure 1.** Basophil identification and expression of CD63. Basophils were gated with R1 and R2 (boxed area). Gate R1 (A) isolates the low side scatter (SSC), CD123+ basophils population. Gate R2 (B) detects a well defined population of cells highly positive for CD123, but negative for HLA-DR. Histograms of CD63 expression after addition of buffer (PBS) for negative control (C), fMPL for positive control (D) and patient sera (E).



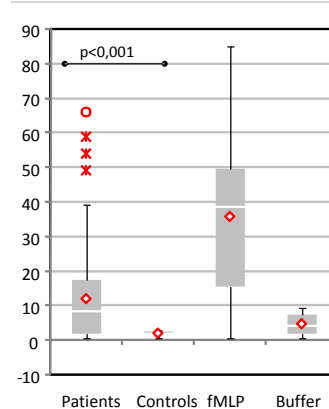
**Figure 2.** Basophil identification and expression of CD203c. Basophils located between the monocytes and lymphocytes were gated with R1 and R2 (boxed area). Gate R1 (A) isolates the side scatter and CD45+ basophils population. Gate R2 (B) detects a population of cells highly positive for IgE and CD203c expression. Histogram of CD203c expression after addition of buffer (shaded area) and after addition of serum of patient with CU and positive ASST.



**Figure 3.** CD63 expression (%) in patients (n=128) vs healthy controls (n=30), positive (fMLP) and negative (buffer) control results on donor basophils.

**Symbol used in diagram:**

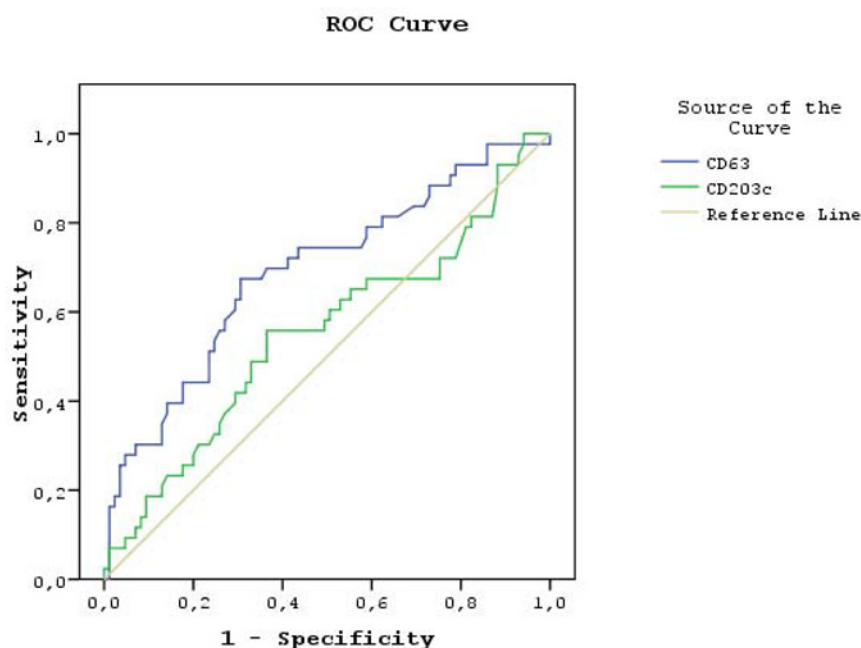
Box – Q1-Q3 quartiles  
Line inside box – median  
◇ – mean  
τ – maximum  
⊥ – minimum  
○ – extreme values  
\* – outliers



**Figure 4.** CD203c expression (%) in patients (n=128) vs healthy controls (n=30), positive (fMLP) and negative (buffer) control results on donor basophils.

**Symbol used in diagram:**

Box – Q1-Q3 quartiles  
Line inside box – median  
◇ – mean  
τ – maximum  
⊥ – minimum  
○ – extreme values  
\* – outliers



**Figure 5.** CD63 and CD203c ROC curves.

Considering the estimated cut-off, we found that serum from 36.7% patients induced upregulation of CD63 and serum from 45.3% of patients upregulated CD203c molecule.

As the CD203c area under ROC curve was about 0.5 and  $p > 0.05$ , we suggesting that the CD203c did not have sufficient diagnostic value, and we used it for experimental purpose in further investigations.

## 4.2 Correlation of the basophil activation tests with ASST and other autoreactivity markers

ASST was positive in 43 (33.6%) of the 128 CU patients. In healthy control group ( $n=10$ ) ASST was negative in all subjects.

Upregulated ( $>10\%$ ) CD63 expression was observed in 24 (55.8%) patients with positive ASST and in 23 (27.1%) patients with negative ASST. Upregulated CD203c expression was measured in 24 (55.8%) patients with positive ASST and 34 (40%) with negative ASST. A significant correlation was found between CD63 expression upregulation and ASST ( $r=0.282$ ,  $p=0.001$ ), however there was no correlation between CD203c upregulation and ASST ( $r=0.150$ ,  $p=0.091$ ). The mean CD63 expression was statistically higher in the positive than in the negative ASST group ( $p<0.001$ ), and there were no differences in CD203c expression between the positive and negative ASST groups ( $p=0.339$ ). No significant correlation was found between basophil activation tests, ASST and other autoreactivity markers (elevated TPO, positive ANA) and hypersensitivity to NSAID (Figure 6,7 and Table 1,2).

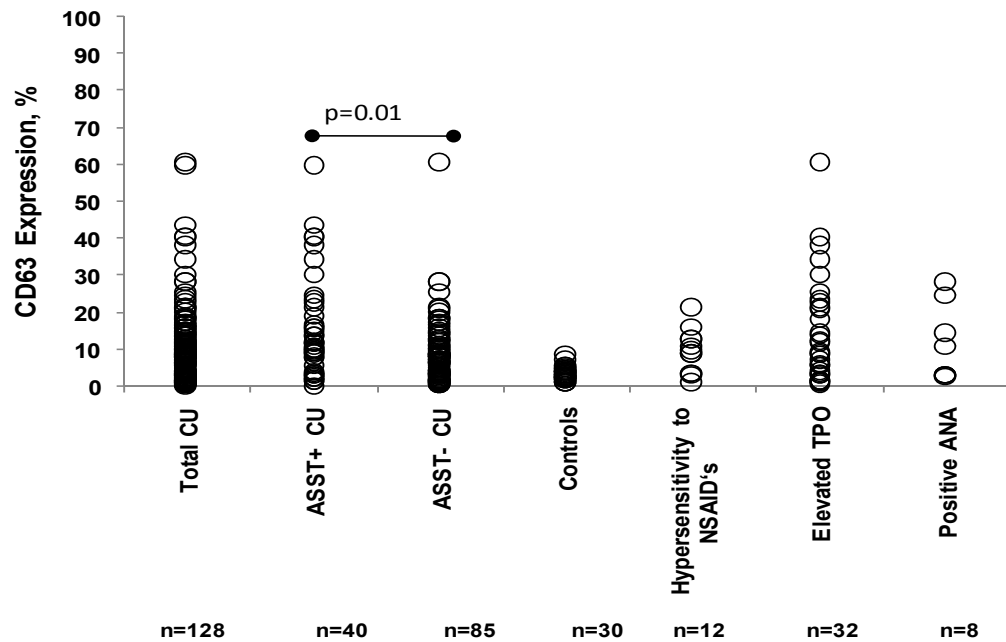
**Table 1.** CD203c, CD63 and other autoreactivity markers.

	CD203c		CD63	
	Negative N (%)	Positive N (%)	Negative N (%)	Positive N (%)
CU patients	43 (33.6%)	85 (66.4%)	43 (33.6%)	85 (66.4%)
Control group	30 (100.0%)	0 (0.0%)	30 (100.0%)	0 (0.0%)
Elevated TPO	21 (65.6%)	11 (34.4%) $p=0.151$	17 (53.1%)	15 (46.9%) $p=0.169$
ANA positive	4 (50.0%)	4 (50.0%) $p=0.667$	5 (62.5%)	3 (37.5%) $p=0.380$
Hypersensitivity to NSAID's	7 (58.3%)	5 (41.7%) $p=0.341$	6 (50.0%)	6 (50.0%) $p=0.316$

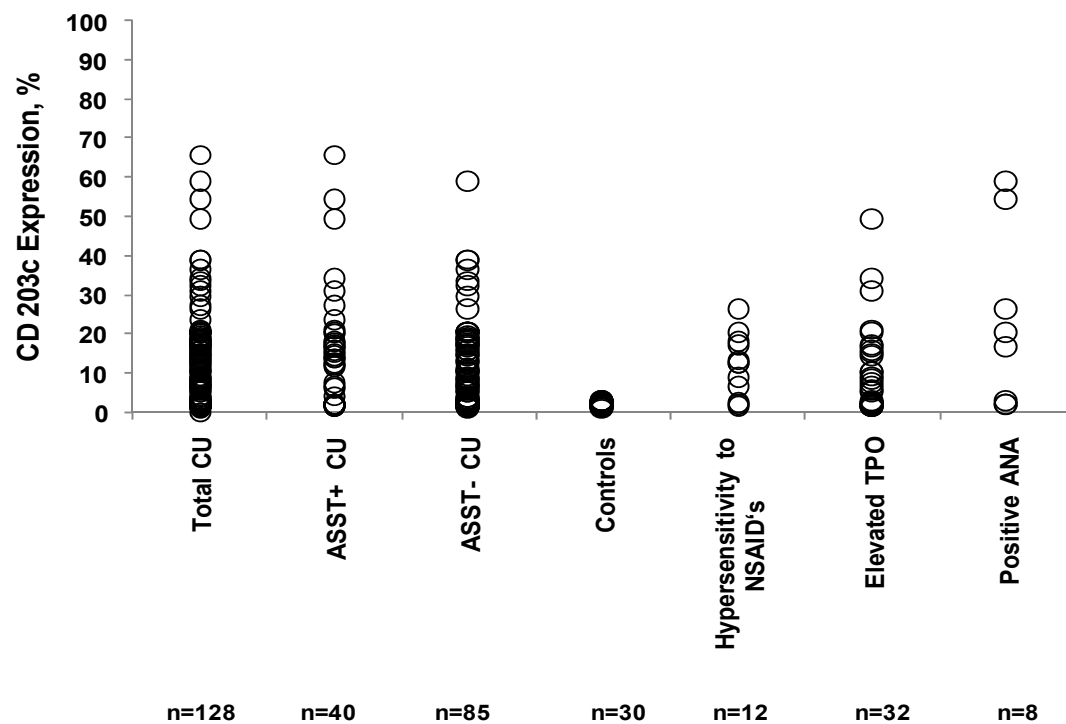
**Table 2.** ASST positivity and other autoreactivity markers.

	ASST	
	Negative N (%)	Positive N (%)
CU patients	85 (66.4%)	43 (33.6%)
Control group	10 (100.0%)	0 (0.0%)
Elevated TPO	20 (62.5%)	12 (37.5%) $p=0.589$
ANA positive	6 (75.0%)	2 (25.0%) $p=0.092$
Hypersensitivity to NSAID's	6 (50.0%)	6 (50.0%) $p=0.206$

There was no association between duration of CU, disease activity, incidence of angioedema and positivity of ASST with CD63 or CD203c expression ( $p>0.05$ ). The prevalence of positive ASST was higher in the elderly.



**Figure 6.** Serum-induced CD63 expression in the whole group of CU patients and in various patient's subpopulations (ASST+ and ASST- CU patients, CU patients with other autoreactivity markers and controls). A significant difference in CD63 expression was found only between ASST+ and ASST- patients, but not between other groups of patients with CU.



**Figure 7.** Serum-induced CD203c expression in the whole group of CU patients and in various patient's subpopulations (ASST+ and ASST- CU patients, CU patients with other autoreactivity markers and controls). No significant differences in CD203c expression between different groups of CU patients were found.



## 5. Discussion

Currently, there is no reliable laboratory diagnostic test to confirm autoimmune mechanisms in chronic urticaria. Recently upregulation of CD63 and CD203c molecules on basophils has been used to detect the presence of autoantibodies in serum of patients with CU. Our study is one of the first to compare CD63 and CD203c expression in a group of CU patients. Based on experience of other authors, who demonstrated that atopic donor basophils showed marked upregulation of CD63 and CD203c molecules after stimulation with serum from CU patients in this study we used highly atopic donor basophils [12,14,15]. Our study confirmed that serum from patients with CU, but not control sera, on average significantly upregulated atopic donor basophil CD63 and CD203c expression. The estimated cut-off value for CD63 and CD203c expression to distinguished CU patients was 10%. In an earlier study by Frezzolini A. et al. [12], the cut-off with the highest sensitivity and specificity (95% and 91%, respectively) was found to be 15%, - a difference that can be easily explained by basophil donor sensitivity and/or differences in various flowcytometry techniques.

Significantly more patients with positive ASST (55.8%), than with negative ASST (27.1%), had elevated CD63 expression. On the contrary, the percentage of elevated CD203c expression was found to be similar in patients with positive (55.8%) and with negative ASST (40%). The presence of positive basophil activation tests (BAT) in a significant proportion of ASST negative patients could be explained by the fact that BAT are more sensitive to detect autoantibodies. Another explanation is that there are other undefined serum factors present in CU sera that can upregulate CD63 and CD203c on basophils. Whereas negative CD63 and CD203c expression was found in 19 (44.2%) ASST positive patients, it can be explained by the existence of a mast cell-specific histamine releasing factor, causing positive ASST. Also, false-positive ASST results could be due to bradykinin or C5a generated in serum during clotting.

We found significant correlation between the CD63 expression test and ASST, but there was no correlation between CD203c and ASST. After ROC curve analysis, we concluded that CD203c did not have sufficient diagnostic power. Other authors, who tested CD63 [11-15] or CD203c expression [17] in CU patients, found significant correlation between ASST and both basophil activation tests positivity. The discrepancy between CD63 and CD203c correlations with ASST in our study can reflect either different mechanism of CD63 and CD203c molecules upregulation or differences in methodology of tests. Recently, Gentinetta et al. [16] conducted the

study of basophil activation tests in CU using different basophil donors and made a conclusion that CD63 activation test using IL-3 priming could be used as alternative to ASST. In authors opinion CD203c as basophil activation marker is less suitable for this purpose as they reported variable activation patterns, rendering the discrimination between patient and healthy control serum impossible in certain basophil donors. A. Tedeschi et al. [18] in their paper commented the results of the Genginetta study and wrote, that BAT and ASST do not overlap and reflect, at least in part, different phenomena. In author's opinion further efforts are needed to identify the factors causing basophil and mast cell activation in CU. We agree with authors, that BAT can be complementary test but not substitute of ASST.

Recent a study by Confino-Cohen et al. found strong association between CU and major autoimmune diseases [19]. We found quite frequent (25%) occurrence of elevated TPO in our CU patients. We looked for association of CAU tests (ASST, basophil activation tests) and other autoreactivity markers (elevated TPO, positive ANA), however we did not find a significant correlation. Several studies reported that autoreactivity is highly prevalent in patients with multiple NSAIDs intolerance [20,21]. In our patients with hypersensitivity to NSAIDs reported from history, the prevalence of a positive ASST or basophil activation tests was not significantly higher than in other patients without reactions to NSAIDs. We also could not find any relationship between basophil activation tests, ASST and disease characteristics (duration of CU, disease activity, incidence of angioedema). The prevalence of positive ASST was higher in the elderly.

In our hands, measurement of serum-induced CD63 expression turned out to be more sensitive and specific than CD203 to detect CU. Accordingly, a difference between sensitivity of both test has been previously reported in the diagnosis of allergy. Authors comparing basophil activation tests, using either CD63 and CD203c in diagnosis of latex allergy, insect venom allergy, drug allergy and found that sensitivity of CD203c was considerably higher than CD63 for the diagnosis of latex allergy [22] and insect venom allergy [23], whereas in diagnosis of allergy to muscle relaxants Sudheer et al. [24] found better sensitivity of CD63 assay (79%) in comparison with CD203c assay (36%).

In summary, our results indicate that although serum from patients with CU can upregulate both CD63 and CD203c molecules on basophils, the results of basophil activation tests support an autoimmune origin of disease. Correlation between CD63 assay and ASST, indicates the potential usefulness of this test for the diagnosis of the autoimmune form of CU. CD63 expression test

could be used as a complementary test to ASST. Further research of basophil activation tests is needed in a large sample size to establish the validity and superiority of basophil activation tests in general population.

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