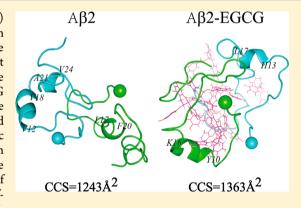
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Molecular Mechanism of the Inhibition of EGCG on the Alzheimer $A\beta_{1-42}$ Dimer

Tong Zhang,†,§ Jian Zhang,‡ Philippe Derreumaux,§,¶ and Yuguang Mu*,†

Supporting Information

ABSTRACT: Growing evidence supports that amyloid β (A β) oligomers are the major causative agents leading to neural cell death in Alzheimer's disease. The polyphenol (-)-epigallocatechin gallate (EGCG) was recently reported to inhibit A β fibrillization and redirect $A\beta$ aggregation into unstructured, off-pathway oligomers. Given the experimental challenge to characterize the structures of Aβ/EGCG complexes, we performed extensive atomistic replica exchange molecular dynamics simulations of $A\beta_{1-42}$ dimer in the present and absence of EGCG in explicit solvent. Our equilibrium $A\beta$ dimeric structures free of EGCG are consistent with the collision cross section from ion-mobility mass spectrometry and the secondary structure composition from circular dichroism experiment. In the presence of EGCG, the A β structures are characterized by increased inter-center-ofmass distances, reduced interchain and intrachain contacts, reduced β -



sheet content, and increased coil and α -helix contents. Analysis of the free energy surfaces reveals that the A β dimer with EGCG adopts new conformations, affecting therefore its propensity to adopt fibril-prone states. Overall, this study provides, for the first time, insights on the equilibrium structures of $A\beta_{1-42}$ dimer in explicit aqueous solution and an atomic picture of the EGCGmediated conformational change on $A\beta$ dimer.

1. INTRODUCTION

Many human neurodegenerative diseases including Parkinson, Huntington, Creutzfeldt-Jakob, and Alzheimer's are associated with the formation of amyloid plaques. 1-4 These insoluble deposits with cross- β structure result from the self-assembly of proteins with diverse sequences, structures, and functions. In Alzheimer's disease (AD), the plaques found in brain tissues consist mainly of the amyloid β (A β) proteins of 36–43 amino acids, produced from the cleavage of the amyloid precursor protein.5,6 There is strong evidence, however, that the low molecular weight oligomers are the most neurotoxic agents.^{7,8}

Characterizing the A β dimer, the smallest oligomer, at atomic level is therefore critical for understanding or inhibiting $A\beta$ fibrillization. Because $A\beta$ has a very high propensity to associate/dissociate and is metastable, we only have lowresolution experimental data on the dimers. Using ion-mobility mass spectrometry, Bernstein et al. reported a collision cross section of 1256 Å² for $A\beta_{1-42}$ dimer.⁹ Using different preparation methods and CD analysis, Teplow et al. reported a β -strand content varying between 12% and 25% and an α helix content varying from 3% to 9% at 295 K, pH 7.5, and day

0, for therefore a mixture of various aggregates. 10,11 Given the experimental challenge to characterize the structures, several computer simulations have been conducted on $A\beta_{1-42}$ dimer. However, most of them used either coarse-grained models 12,13 or an atomistic protein model with an implicit solvent representation.¹⁴ Recently, Chong and Ham performed one all-atom MD simulation of 100 ns in explicit solvent and investigated the early steps of dimerization. 15 Zhu et al. carried out 10 MD runs, each of 80 ns, starting from different configurations. 16 Barz and Urbanc performed all-atom MD trajectories of 50 ns using two explicit solvent models starting from 42 structures generated by coarse-grained discontinuous (DMD) simulations. 17 Though these studies provided structural information, multiple MD simulations of 50-80 ns cannot converge to the conformational equilibrium ensemble, and therefore convincing structures for $A\beta_{1-42}$ dimer are still missing.

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[†]School of Biological Sciences, Nanyang Technological University, 60 Nanyang Drive, Singapore 637551

[‡]Department of Physics, National Laboratory of Solid State Microstructure and Department of Physics, Nanjing University, Nanjing, Jiangsu 210093, China

[§]Laboratoire de Biochimie Théorique, Institut de Biologie Physico-Chimique, UPR9080, CNRS, Université Denis Diderot, Sorbonne Paris Cité, 13 rue Pierre et Marie Curie, 75005 Paris, France

[¶]Institut Universitaire de France, 103 Bvd Saint-Michel, 75005 Paris, France

Another important issue is the design of efficient antiamyloid agents. Many small molecules have been identified to inhibit amyloid formation, such as curcumin, ¹⁸ 2002-H20, ¹⁹ Nqtrp, ²⁰ resveratrol, ²¹ and EGCG. ^{22,23} Among others, EGCG, a polyphenol compound extracted from green tea, has been reported to produce unstructured, off-pathway oligomers and reduce toxicity of α -synuclein and $A\beta_{1-42}$ peptides. ^{22,23} Thermodynamic analysis of the molecular interactions between the $A\beta_{1-42}$, $A\beta_{1-16}$, $A\beta_{1-30}$, and $A\beta_{1-42}$ peptides and EGCG at different EGCG and salt concentrations was also conducted by isothermal titration calorimetry. The results revealed that the interactions between $A\beta_{1-42}$ and EGCG are mainly hydrogen bonding in the region 1–16 and hydrophobic in the region 17– 42. 24,25 All-atom MD simulations of the $A\beta_{1-42}$ monomer at different EGCG concentrations (0, 5, and 10 EGCG molecules) were also performed for 300 ns at 300 and 330 K using the GROMOS force field and the single point charge (SPC) model.²⁶ Starting from an $A\beta_{1-42}$ conformation with 71% of α -helix, the MD simulation free of any EGCG molecule still averaged 40% of α -helix within 200–300 ns, versus 3–9% from CD, ^{10,11} indicating thereby limited sampling of the energy landscape. In addition, it is well-known that the monomer and the dimer have distinct structural features. 11,13,27,28

In this study, to overcome insufficient MD sampling, we performed extensive atomistic replica exchange molecular dynamics (REMD) simulations of $A\beta_{1-42}$ dimer in explicit solvent with and without the presence of EGCG molecules. While several numerical studies investigated the interactions of inhibitors with preformed protofibrils or oligomers of $A\beta$ fragments using all-atom MD in explicit^{29–31} and implicit solvents, ³² or coarse-grained model, ³³ REMD simulations in explicit solvent have not been performed thus far. Our aim is to characterize the structures that $A\beta_{1-42}$ dimer adopts in both the absence and presence of EGCG, thereby providing a full picture of the EGCG-mediated conformational change on $A\beta_{1-42}$ dimer.

2. METHODS

2.1. Simulation Details. The $A\beta_{1-42}$ sequence is DAEFRHDSGY¹⁰ EVHHQKLVFF²⁰ AEDVGSNKGA³⁰ IIGLMVGGVV⁴⁰ IA. The initial coordinates of $A\beta_{1-42}$ monomer were taken from model 1 of the PDB entry 1IYT.34 This conformation observed by NMR in an apolar environment is characterized by two α -helices spanning residues 8-25 and 28-39 (Figure 1A). The monomer with the N- and C-terminals treated as NH3+ and COO- was then replicated and translated so that the initial dimer with parallel orientation of the peptides did not display any interchain atomic distances <10 Å. The OPLS-AA force field³⁵ was used rather than the GROMOS or older versions of AMBER force fields because the OPLS-generated conformations for the $A\beta_{1-40}$ and $A\beta_{1-42}$ monomer best match the NMR data.³⁶ In addition, many studies have shown that OPLS is suitable for exploring the aggregation of several $A\beta$ fragments in explicit water,³⁷ and gives results qualitatively similar to that found using CHARMM force field for the $A\beta_{10-35}$ dimer.³⁸ EGCG taken from the PubChem Compound library (Figure 1B) was first energy minimized using Spartan'10³⁹ and then further optimized at the HF/6-31G* level using Gaussian09 software. 40 The atomic partial charges were derived using the R.E.D III package.⁴¹ Other EGCG parameters were assigned based on the OPLS-AA force field.

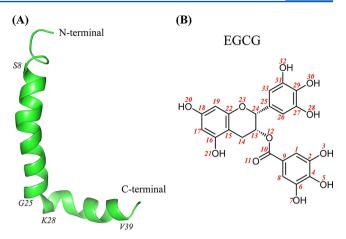


Figure 1. Structures of $A\beta$ monomer and EGCG molecule. (A) The initial $A\beta$ conformation. The main chain of the peptide is shown by cartoon model using Pymol. (B) The chemical structure of EGCG molecule. The red and italic numbers label the heavy atoms.

In both simulations, $A\beta$ dimer was initially put in the center of a dodecahedron box with periodic boundary conditions, with a distance of 7 Å between the protein surface and box boundary. The initial volume of the box is \sim 285 nm³. For the $A\beta 2-EGCG$ system, 10 EGCG molecules were randomly added into the simulation box. This molar ratio of EGCG to A β matches that used experimentally by Ehrnhoefer et al.²² Then, 8752 and 8537 SPC water molecules 42 were added into the boxes for A β 2 and A β 2–EGCG, respectively. Finally, 6 Na⁺ ions were added by randomly replacing water molecules to make the systems neutral. Recently, it has been shown that the SPC, TIP3P, and SPC/E water models have similar performance in most energetic and structural properties in a MD simulation of a protein in crystal, although SPC/E outperforms in water diffusion; and the dynamics of the protein was well preserved. 43 This indicates that the results on our systems should not vary much using SPC/E water model.

The GROMACS program (version: 4.5.4)⁴⁴ was used to perform the simulations. The LINCS protocol⁴⁵ was used to constrain the bonds involving hydrogen atoms, allowing an integration time step of 2 fs. The particle mesh Ewald method⁴⁶ with a cutoff of 0.9 nm was used to treat the electrostatic interactions. A cutoff of 1.2 nm was used for the van der Waals interactions. The nonbonded pair lists were updated every 0.010 ps. The coordinates were saved every 1 ps. REMD simulations^{47,48} were carried out with 64 replicas with temperature ranging from 315 to 450 K by the method described by Patriksson and van der Spoel. 49' Temperatures were controlled by the Bussi-Donadio-Parrinello velocity rescaling thermostat found to sample the canonical ensemble.⁵⁰ Exchanges between neighboring replicas were attempted every 2 ps, leading to an acceptance ratio of 33% and 34% in both simulations. Each REMD simulation ran for 200 ns.

2.2. Simulation Analysis. The time-averaged normalized ratio of water oxygen atoms, g_{NOW} , was used to reflect the distribution of EGCG molecules around A β . Following Lerbret et al.⁵¹ and Liu et al.,²⁶ g_{NOW} is computed by

$$g_{\text{NOW}}(r) = \frac{n_{\text{OW}}(r)/[n_{\text{OW}}(r) + n_{\text{OE}}(r)]}{N_{\text{OW}}/(N_{\text{OW}} + N_{\text{OE}})}$$
(1)

where $n_{\text{OW}}(r)$ and $n_{\text{OE}}(r)$ are the number of water oxygen atoms and hydroxyl oxygen atoms of EGCG at the distance, r,

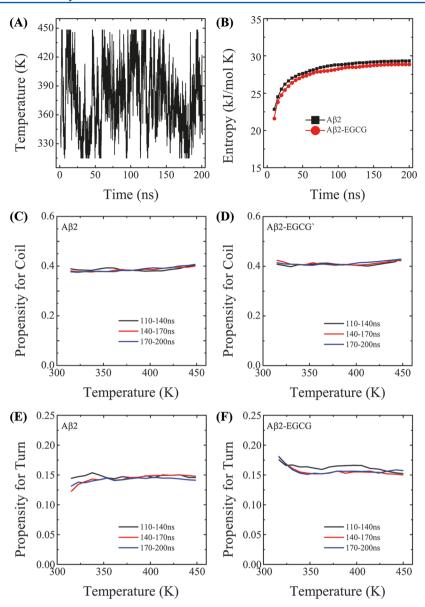


Figure 2. Simulation convergence assessments. (A) Evolution of one selected replica in temperature space as a function of time for Aβ2. (B) Time evolution of entropy as estimated by the quasiharmonic approach. (C) Propensity for coil in the Aβ2 system as a function of temperature in the time intervals 110-140, 140-170, and 170-200 ns. (D) Propensity for coil in the Aβ2-EGCG system as a function of temperature in the time intervals 110-140, 140-170, and 170-200 ns. (E) Propensity for turn in the Aβ2-EGCG system as a function of temperature in the time intervals 110-140, 140-170, and 170-200 ns. (F) Propensity for turn in the Aβ2-EGCG system as a function of temperature in the time intervals 110-140, 140-170, and 170-200 ns. (F) Propensity for turn in the Aβ2-EGCG system as a function of temperature in the time intervals 110-140, 140-170, and 170-200 ns.

from the protein surface, respectively. $N_{\rm OW}$ and $N_{\rm OE}$ are the total number of water oxygen and hydroxyl oxygen atoms of EGCG, respectively. To monitor the dimerization of $A\beta$, the interchain center-of-mass distance, dCM, was determined using the command g dist in GROMACS, with the center-of-mass based on the heavy atoms only. The number of interchain contacts between either the two A β peptides, or between A β and EGCG, and the number of contacts within each peptide were defined as the numbers of heavy atom pairs with a distance <5 Å. A salt bridge was considered formed when the distance between the side chain nitrogen atoms of a positively charged residue and the side-chain oxygen atoms of negatively charged residues was <3.2 Å. A hydrogen bond was considered formed when the acceptor-donor distance was not more than 3.5 Å; meanwhile the acceptor-donor-hydrogen angle was not more than 30°.

The secondary structures of $A\beta$ were calculated using the DSSP algorithm. The dihedral principal component analysis was used to construct the free energy landscape following the protocol described by Mu et al. The backbone dihedral angles from both simulations were calculated and concatenated to construct a covariance matrix and find the eigenvectors common in both systems. Then, the two trajectories were projected separately onto the first two common eigenvectors, dPC1 and dPC2. By using this procedure, it is meaningful to directly compare the configuration spaces based on the free energy landscapes. For each dominant local minimum, we performed a clustering analysis based on pairwise rmsd structural comparison. The collision cross section (CCS) of the dimeric structures was calculated using the MOBCAL software 54,55 and the trajectory method which treats the target molecule as a collection of atoms represented by a 12–

6–4 potential. This method, often used for proteins, ¹⁵ has been shown to have an accuracy of 99% for ondansetron and its hydroxylated metabolites. ⁵⁶ Finally, the conformational entropy was calculated using the quasiharmonic approximation. ⁵⁷

2.3. Binding Free Energy Calculations. The binding free energy was calculated based on the MM/PBSA method⁵⁸ using AMBER program suite version $10.^{59}$ For both systems, 1000 snapshots were extracted from 100 to 200 ns with a time interval of 100 ps. The binding free energy for A β dimer was estimated by

$$\Delta G_{\text{binding}} = G_{\text{dimer}} - (G_{\text{monoA}} + G_{\text{monoB}})$$
(2)

The binding free energy for $A\beta$ dimer–EGCG complex was estimated by

$$\Delta G_{\text{binding}} = G_{\text{complex}} - (G_{\text{monoA}} + G_{\text{monoB}} + G_{\text{EGCG}})$$
 (3)

where each energy term, G, is estimated as the sum of the gasphase molecular mechanics energy $E_{\rm gas}$, and the solvation energy $G_{\rm sol}$ according to eq 4

$$G_{\text{total}} = E_{\text{gas}} + G_{\text{sol}} \tag{4}$$

with $E_{\rm gas}$ containing an electrostatic term $(E_{\rm ele})$ and a van der Waals term $(E_{\rm vdw})$ including the 1–4 interactions. Notably, the contribution of entropy was neglected in the binding free energy reported here. The solvation energy is further decomposed into the polar solvation energy $G_{\rm ps}$ and the nonpolar solvation energy $G_{\rm nps}$:

$$G_{\rm sol} = G_{\rm ps} + G_{\rm nps} \tag{5}$$

The polar solvation energy $G_{\rm ps}$ was calculated by solving the Poisson–Boltzmann equation using the MM/PBSA module, with the dielectric constants set to 1 for solute and 80 for solvent, and the ionic strength set to 0 as reported in ref 26. The nonpolar solvation energy was estimated based on the solvent-accessible surface area (SASA), according to $G_{\rm nps} = \gamma \times {\rm SASA} + \beta$. The surface tension coefficient γ and constant β were set to 0.005 42 kcal/(mol·Å²) and 0.92 kcal/mol, commonly used in the literature. The water probe radius to calculate the SASA was 1.4 Å.

2.4. Terminology. The $A\beta$ peptide was segmented into four regions: the N-terminal (residues 1–16), the central hydrophobic core (CHC) (residues 17–21), the fibril-loop region (residues 22–28), and the C-terminal (residues 29–42). For simplicity, in what follows, $A\beta 2$ and $A\beta 2$ –EGCG refer to the simulation of $A\beta_{1-42}$ dimer in the absence and presence of EGCG, respectively.

3. RESULTS

3.1. Convergence Assessment. The simulation efficiency was monitored by several criteria. As shown in Figure 2A, one representative replica visits a wide range of temperatures during 200 ns. Other replicas show similar behavior (data not shown), indicating an efficient walk in temperature space. The conformational entropy at the lowest temperature, 315 K, shown in Figure 2B, remains constant after 100 ns. Note that the entropy in A β 2–EGCG is slightly lower than that of A β 2, suggesting different global A β dynamics in both systems. The coil and turn contents of the peptides as a function of temperature are shown in both systems using three different time intervals, 110–140, 140–170, and 170–200 ns (Figure 2C–F). We see that the propensities for coil and turn have converged in both systems. Figure 3A shows the time evolution

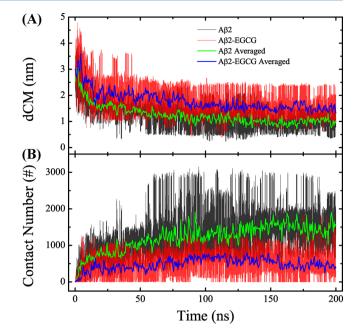


Figure 3. Time evolution of two global properties of $A\beta$ dimers. To clarify, the averaged values on every 500 ps are also shown. (A) The inter-center-of-mass distance, dCM, between the two $A\beta$ peptides in the $A\beta2$ (black solid line) and $A\beta2$ –EGCG (red solid line) systems. The averaged values of dCM between $A\beta$ peptides in the $A\beta2$ (green solid line) and $A\beta2$ –EGCG (blue solid line) systems. (B) The total number of heavy atom contacts between the two $A\beta$ peptides in the $A\beta2$ (black solid line) and $A\beta2$ –EGCG (red solid line) systems. The averaged total number of heavy atom contacts between the two $A\beta$ peptides in $A\beta2$ (green solid line) and $A\beta2$ –EGCG (blue solid line) systems.

of the inter-center-of-mass distance, dCM, between the two A β peptides at 315 K. In both systems, the A β peptides approached gradually in the first 100 ns, and then dCM remains constant within 100-200 ns at 1.2 nm in A β 2 and 1.6 nm in A β 2-EGCG. Figure 3B shows the time evolution of the total number of heavy atom contacts between the two A β peptides in A β 2 and A β 2-EGCG at 315 K. The number of contacts increases substantially during the first 100 ns, and then fluctuates around an averaged value of 1440 in A β 2 and 540 in A β 2-EGCG within 100-200 ns. Finally, Figure 4 shows the coil propensity of each amino acid along the sequence in both systems at 315 K using the time intervals 110-140, 110-170, and 110-200 ns. We see that the percentage of coil remains fully constant as the simulation progresses from 100 to 200 ns. Taken together, all these results provide strong evidence that the conformational ensemble has reasonably converged within 200 ns. In what follows the analysis is based on the configuration ensemble at 315 K using 100-200 ns and the statistical errors are based on the interval of confidence on the mean value by Boostrap

3.2. EGCG Molecules Directly Bind to $A\beta$ **Peptides.** The binding of EGCG to $A\beta$ was first examined by the time-averaged normalized ratio of water oxygen atoms, g_{NOW} , as a function of distance from the closest $A\beta$ atom (Figure 5). The EGCG molecules strongly interact with $A\beta$ peptides as seen from the g_{NOW} values <1 for all distances <1.4 nm and the presence of a minimum at 0.3 nm. This distribution is consistent with all-atom MD simulations studying the interaction of $A\beta_{1-42}$ monomer with 10 EGCG molecules, albeit the two profiles do not superpose on each other. The

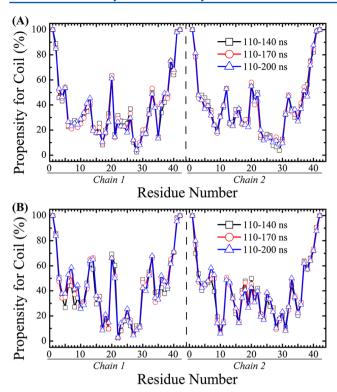


Figure 4. Coil propensity as a function of each $A\beta$ amino acid in both systems at 315 K using three time windows, 110–140, 110–170, and 110–200 ns: (A) $A\beta$ 2 system; (B) $A\beta$ 2–EGCG system.

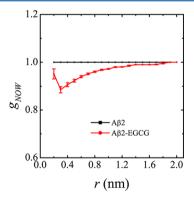


Figure 5. Time-averaged normalized ratio of water oxygen atoms, g_{NOW} , as a function of distance from the closest $A\beta_{1-42}$ atom. The black line with squares is for $A\beta 2$ system, while the red line with circles is for the $A\beta 2$ –EGCG system. Error bars are shown.

binding of EGCG to $A\beta$ peptides was further evaluated by the contact maps between the heavy atoms of EGCG and $A\beta$. Panels A and B in Figure 6 show the results for the main-chain atoms and the side-chain atoms of $A\beta$, respectively. The three outward aromatic rings display a higher number of contacts with $A\beta$ peptides than the carboxyl groups and the heterocyclic ring. While the EGCG molecules interact preferentially with the main-chain atoms of residues Gly29/Ala30, Gly37/Gly38/Val39, Ala42, and then Arg5, they strongly interact with the side-chains of residues Phe4, Phe19/Phe20, Tyr10, Ile31/Ile32, Met35/Val36, Val39, and Ile41. These results, along with the small solvent accessible surface areas of EGCG molecules (Supporting Information, Figure S1) and the occupancy of hydrogen bonds between $A\beta$ and EGCG (Supporting Information, Figure S2), indicate that EGCG are buried in

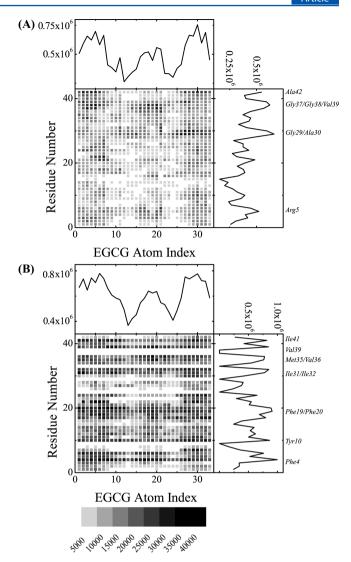


Figure 6. Contact maps between the heavy atoms of EGCG and the $A\beta_{1-42}$ amino acids. (A) Interactions with the backbone $A\beta$ atoms. (B) Interactions with the side-chain $A\beta$ atoms. The labeling of the heavy EGCG atoms is shown in Figure 1B. The color scale reflects the numbers of contacts. The cumulative numbers of contacts for each heavy atom of EGCG and $A\beta$ are shown in the upper and right panels, respectively. Amino acids with high number of contacts are labeled.

the interface between the $A\beta$ peptides and bind mostly to the hydrophobic residues of the CHC and C-terminal region through van der Waals interactions, and mostly to the N-terminal amino acids Asp1, Glu3, Arg5, Asp7, and Glu11 through H-bonds, albeit H-bonds with residues Ala21/Glu22/Asp23 and Ile32 are also present. Overall, our pattern of interactions between EGCG and $A\beta_{1-42}$ is fully consistent with that derived from isothermal titration calorimetry experiments. 24,25

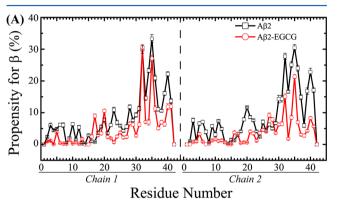
3.3. Effects of EGCG on the 2D and 3D Structures of $A\beta$ Dimer. Table 1 gives the secondary structure compositions in both systems. Notably, the percentages do not change much. In $(A\beta 2 \text{ and } A\beta 2-\text{EGCG})$ systems, coil is the most populated (36.7% and 38.7%), and β -strand the least populated (8.4% and 4.3%). Upon addition of EGCG, the turn and α -helix are marginally enhanced (14.7 versus 18.0%), and 11.1 versus 13.4%) and the bend is slightly reduced (29% versus 25.6%). While the averaged propensities over all amino acids are rather

Table 1. Averaged Secondary Structure Propensities for the $A\beta 2$ and $A\beta 2$ -EGCG Systems

secondary structures	coil (%)	bend (%)	turn (%)	β (%)	helix (%)
$A\beta 2$	$36.7 (0.2^a)$	29.0 (0.1)	14.7 (0.06)	$8.4^{b} (0.01)$	11.1 (0.01)
$A\beta 2-EGCG$	38.7 (0.04)	25.6 (0.02)	18.0 (0.07)	4.3 (0.009)	13.4 (0.05)

^aThe numbers in parentheses are statistical errors estimated by Bootstrap analysis. ^bNote that the β -strand content varies from 8.2 to 8.4% for A β 2 and from 4.1 to 4.3% for A β 2–EGCG by using 100–180 ns and 100–200 ns time intervals, respectively.

similar in both systems, the per residue propensities differ for coil, β -strand, and α -helix. Upon EGCG interaction, the coil character of the N-terminal and loop regions is enhanced as shown in Figure 4. The β -strand propensity is very much reduced in the N-terminal region (varying from 10% to 1–2%), the CHC of chain 1 and the residues 39–42 (from 20% to 5%). In contrast, the β -strand content of the positions 30–38 is not impacted (Figure 7A). Finally, in the presence of EGCG, the



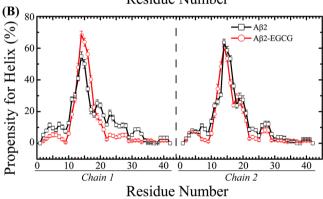


Figure 7. Secondary structure propensities as a function of each $A\beta$ amino acid in both system at 315K. (A) The β -strand propensities along the amino acid sequence in $A\beta$ 2 (black line) and $A\beta$ 2–EGCG systems (red line). The vertical dashed line separates the two chains (B) same as A for α helix. Error bars are shown.

intensity of the α -helix peak centered at position His13 varies from 50 to 70% in chain 1(Figure 7B), and the intensity of the second peak at position His 14 in chain 2 remains mainly constant around 65%.

The free energy surfaces (FES) and the dominant structures from dihedral PCA analysis are shown in Figure 8. The free energy landscape of $A\beta2$ –EGCG is broader and more complex than that of $A\beta2$, consistent with the fact that $A\beta$ dimer without EGCG has higher conformational entropy (Figure 2B). The three and four most populated structures (with free energies <0.3 kcal/mol) of $A\beta2$ and $A\beta2$ –EGCG, respectively, with their collision cross sections (CCS) are also shown. The most populated minimum (22%) in $A\beta2$, A1 (Figure 8A), with a CCS of 1243 Å², is essentially random coil, albeit three helices

spanning either the CHC or the flanking CHC amino acids are formed. The two other less populated A β 2 minima have a CCS of 1275 Å² (A2) and 1210 Å² (A3). The A2 configuration displays an intermolecular antiparallel β -sheet spanning 32–36 and 33-37, and a α -helix spanning 13-18 in one chain, while the A3 minimum is very disordered with only one α -helix spanning residues 3-8. The presence of EGCG molecules significantly increases the CCS values of $A\beta$ and leads to different conformations (Figure 8B): the most populated B1 state (13%) has a CCS of 1363 Å², and the three other less populated states are characterized by B2 (1458 Å²), B3 (1469 $Å^2$), and B4 (1432 $Å^2$). The B1 configuration displays two α helices spanning 10-16 in one chain, and 13-17 in the other chain. The dimeric interface is free of any secondary structures and is characterized by interactions between the two Nterminals in an antiparallel-like orientation and between CHC and the fibril-loop region in a parallel-like orientation. The B2 configuration is almost fully coil/turn in character, except a short α -helix spanning 14–17 in one chain, and is characterized by N-terminal to N-terminal interactions in an antiparallel-like orientation. The B3 minimum displays a helix spanning 14-21 in one chain, while the second chain is random coil. Different from B1, B2m and B4, the two peptides in B3 are not directly interacting with each other, but mediated by EGCG. Finally, the B4 configuration displays two helices spanning 13-17 in one chain and 11-17 in the other chain. The interface is free of any secondary structures and composed of the fibril-loop region and the C-terminal in antiparallel orientation. Note that the error bar for the CCS is 1.2% if we use 10 structures rather than one single conformation around each minimum for both systems.

3.4. Effects of EGCG on the Interchain and Intrachain Interactions of $A\beta$ Dimer. Figure 3B gives the total interchain contact numbers between the $A\beta$ peptides for both systems. We see decreased interchain interactions in the A β 2-EGCG system. Notably, $5.2(\pm 0.3)\%$ of the total configurations in the A β 2–EGCG system consist of two separated monomers (number of interchain contacts = 0). In detail, the interchain interactions were further assessed by the side-chain-side-chain probability contact maps (Figure 9). For the A β 2 system, the interpeptide interface mainly involves the CHC and the Cterminal region, as the regions of highest contact probability are C-terminal/C-terminal, CHC/CHC and CHC/C-terminal (Figure 9A). For the A β 2–EGCG system, the interchain hydrophobic interactions are weakened in that the C-terminal/ C-terminal and CHC/CHC interaction pairs almost disappear, while the C-terminal/CHC pair remains, but with a smaller probability (Figure 9B). We also note that the salt bridge propensities of the positively charged Arg5, K16, and K28 residues with the negatively charges residues D1, E3, D7, E11, E22, and D23 are small in both systems and are even lowered in the A β 2–EGCG system (Supporting Information, Table S1). The intrachain side-chain-side-chain probability contact maps are shown in Figure S3 in the Supporting Information. We see that the CHC/C-terminal interaction is very much reduced

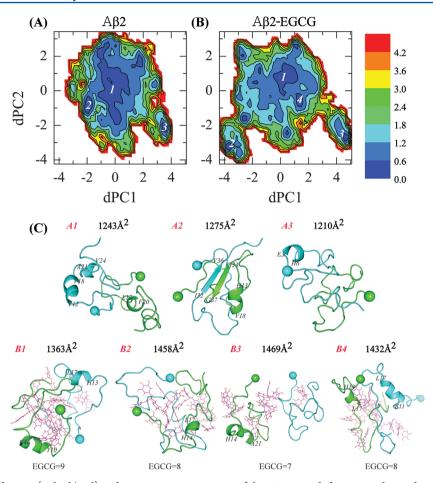


Figure 8. Free energy landscapes (in kcal/mol) and representative structures of the minima with free energy lower than 0.3 kcal/mol. The two $A\beta$ chains are colored in green and cyan, and the EGCG molecules in magenta. The balls refer to the $C\alpha$ atoms of the N-terminal residues D1. The numbers in A^2 are the computed collision cross sections. (A) $A\beta$ 2 system, representative structures of the three dominant minima (A1, A2, and A3). (B) $A\beta$ 2–EGCG system, representative structures of the four dominant minima (B1, B2, B3, and B4).

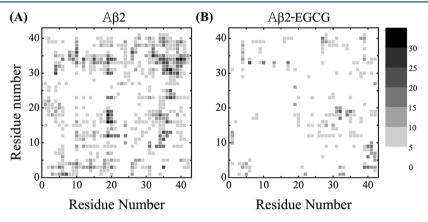


Figure 9. Intermolecular side-chain–side-chain contact maps. The color scale refers to the contact probability in the A β 2 system (A) and in the A β 2–EGCG system (B). To clarify, the same color scale is used for both systems.

upon addition of EGCG. Looking at all possible salt bridges, all long-range interactions have propensities <20% and are rather unaffected by EGCG, except the E22–K28 salt bridge decreasing from 16.6% to 6.8% (Supporting Information, Table S1). Finally, the averaged numbers of intra- and intermolecular H-bonds in the dimer do not change much, except a variation of 3% for the intermolecular main-chain H-bonds in the presence of EGCG (Supporting Information, Table S2).

3.5. Effects of EGCG on the Binding Energy of $A\beta$ Dimer. The binding free energies, and their various contribution terms, are listed in Table 2 for the $A\beta$ dimer in solution, and the $A\beta2$ –EGCG complex. It is found that the $A\beta$ dimer–EGCG complex is much more stable than the dimer in solution, $\Delta G_{\rm binding}$ of -136.1 versus -91.2 kcal/mol. The molecular mechanics energy ($\Delta E_{\rm GAS}$) is the sum of $\Delta E_{\rm ELE}$ and $\Delta E_{\rm VDW}$, and the solvation free energy ($\Delta G_{\rm SOL}$) is the sum of $\Delta G_{\rm PS}$ and $\Delta G_{\rm NPS}$. From Table 2, it is found that both $\Delta E_{\rm GAS}$

Table 2. Binding Free Energy Decomposition of the $A\beta 2$ and $A\beta 2$ –EGCG Systems Given by the MM/PBSA Method

energy ^a (kcal/mol)	$A\beta 2$ $A\beta$ dimer ^b	$A\beta$ 2–EGCG $A\beta$ dimer–EGCG complex ^c
$\Delta E_{ m ELE}$	$-23.44 (3.03^d)$	-254.53 (4.64)
$\Delta E_{ m VDW}$	-111.76 (1.33)	-222.31 (1.61)
$\Delta E_{ m GAS}$	-135.19 (3.86)	-476.82 (3.03)
$\Delta G_{ ext{NPS}}$	-12.77 (0.14)	-28.36 (0.18)
$\Delta G_{ ext{PS}}$	56.74 (3.03)	369.09 (4.05)
$\Delta G_{ m SOL}$	43.96 (2.93)	340.73 (3.87)
$\Delta G_{ m binding}$	-91.24 (1.20)	-136.09 (0.85)

 $^a\Delta E_{\rm GAS} = \Delta E_{\rm ELE} + \Delta E_{\rm VDW}; \ \Delta G_{\rm SOL} = \Delta G_{\rm NPS} + \Delta G_{\rm PS}; \ \Delta G_{\rm binding} = \Delta E_{\rm GAS} + \Delta G_{\rm SOL}.$ The binding free energy for the A β dimer is given by eq 3 in the Supporting Information. The binding free energy for the A β dimer–EGCG complex is given by eq 4 in the Supporting Information. The numbers in parentheses are the statistical errors estimated by Bootstrap analysis.

(-476.82 kcal/mol) and $\Delta G_{\rm NPS}$ (-28.3 kcal/mol) are favorable for the formation of the A β dimer–EGCG complex, and $\Delta E_{\rm ELE}$ and $\Delta E_{\rm VDW}$ contribute to 50% and 44%. In contrast, the polar solvation energy ($\Delta G_{\rm PS}$) behaves oppositely (369 kcal/mol). This contribution of each term is consistent with MD simulations of A β_{1-42} monomer with EGCG.²⁶

4. DISCUSSION

Thus far, there are no available experimental structures of the $A\beta_{1-42}$ dimer in aqueous solution. Bernstein et al. were, however, able to determine a collision cross-section area of 1256 Ų for $A\beta_{1-42}$ dimer using ion-mobility spectrometry. Our calculated collision cross sections of 1243, 1275, and 1210 Ų for the three most populated states by dihedral PCA analysis nicely fit to their experiments.

Our analysis of secondary structure indicates that the $A\beta_{1-42}$ dimer mostly populates coil/turn (80.4%), and then α -helix and β -strand with 11.1% and 8.4%. The latter values do not match exactly but are consistent with the CD-derived values: a α -helix content varying from 3% to 9% and a β -strand content varying between 12% and 25%. It has to be noted, however, that the CD analysis at day 0 was performed, however, on a mixture of monomers and various aggregates. Our results can be compared to the other simulations on $A\beta_{1-42}$ dimer. Using 50 ns all-atom MD simulations, Barz and Urbanc found a β -strand propensity of 6.6% of and a α -helix of 1% using the SPCE water model.¹⁷ Using DMD simulations, the β -strand and α -helix contents were estimated to be 20% and 0.1%.63 Other simulations using implicit solvent coupled with either a coarse-grained model¹³ or an all-atom model¹⁴ lead to a β strand propensity of 25% and a α -helix propensity of <5%. Looking at the per residue propensity for β -strand, our simulations show that the C-terminal region is the most β rich region. This is consistent with all previous simulations using either all-atom or coarse-grained models on $A\beta_{1-42}$ dimer. 13,14,17,28

Looking at the networks of interchain contacts, our results show that the interface of the $A\beta_{1-42}$ dimer is mainly composed of the C-terminal and CHC regions. This is in agreement with many previous simulations, although the generated morphologies obtained are very different. These simulations include coarse-grained approach for $A\beta_{1-42}$ dimer^{13,17} and $A\beta_{17-42}$ trimer,³³ an all-atom MC simulation with implicit solvent on

 $A\beta_{1-42}$ dimer,¹⁴ and the more recent all-atom MD simulation coupled with SPCE or TIP3P solvent.¹⁷

Experimentally, EGCG has been reported to redirect the aggregation of the $A\beta_{1-42}$ peptide²² into unstructured, offpathway oligomers. In contrast to this experimental study, Reif et al. recently determined by solution-state NMR that the residues 29–36 in the EGCG-induced A β oligomers adopt a β sheet configuration, whereas the residues 1-20 are unstructured. Our simulations cannot elucidate this structural variation since the oligomer and even monomer properties differ from $A\beta_{1-40}$ to $A\beta_{1-42}$. ^{11,13,27,63-65} In our equilibrium structures, we do not find any evidence of a well-formed β -sheet configuration, but rather find that the first 11 residues are essentially disordered and the residues 12-17 have a nonnegligible probability for α -helix. It has to be noted also that our pattern of interactions between EGCG and $A\beta_{1-42}$ is fully consistent with that derived from isothermal titration calorimetry experiments^{24,25} and not so different from that deduced from all-atom MD simulations of $A\beta_{1-42}$ monomer with EGCG molecules.²⁶

5. CONCLUSION

To the best of our knowledge, this is the first extensive replicaexchange molecular dynamics study on $A\beta_{1-42}$ dimer with allatom model and explicit solvent in the presence and absence of EGCG molecules. Though different force fields may generate different free energy landscapes, 37,66 our results on the pure $A\beta_{1-42}$ dimer based on the OPLS force field are in fair agreement with the experimental collision cross section and isothermal titration calorimetry data. The beta-rich character of the C-terminal region is also consistent with previous simulations using different force fields, albeit our morphologies of $A\beta_{1-42}$ dimer are very different. This indicates that OPLS-AA force field coupled to the SPC model is suitable for the dimerization of $A\beta_{1-42}$. Our REMD simulations on the $A\beta_{1-42}$ dimer-EGCG complex disclose that the binding of EGCG causes remarkable changes in the A β dimer, in terms of secondary structures, interchain interactions, morphologies, and binding free-energy profiles. Although the binding of EGCG reduces the β -content of A β dimer by $4(\pm 1)\%$ only, the reduction is significant in the C-terminal region resulting in a less-fibril state, and also to a lesser extent in the N-terminal region. We also find that, in the presence of EGCG, the CHC/ CHC and C-terminal/C-terminal interactions observed in pure $A\beta$ dimer are greatly reduced, resulting in an increase of $8(\pm 1.2)\%$ of the collision cross sections of A β dimer, and a population of $5.2(\pm 0.3)\%$ of two separated monomers. Overall, our all-atom simulations in explicit solvent provide for the first time insights on the $A\beta_{1-42}$ dimeric structures and an atomic picture of the EGCG-mediated conformational change on $A\beta_{1-42}$ dimer, thereby contributing to a better understanding of the molecular mechanism of inhibition of EGCG on the $A\beta_{1-42}$ dimer.

It has to be emphasized that, despite the present simulations being carried out in neat water at pH 7 and 315 K, the main results should not vary much at physiological conditions (pH 7.4, 310 K and 100 mmol/L NaCl) even if the binding of EGCG to $A\beta_{1-42}$ and the hydrophobic interactions are slightly promoted, and the hydrogen-bonding interactions are less favored by increasing salt concentration.²⁴

ASSOCIATED CONTENT

S Supporting Information

The distribution of fraction of buried surface area (BSA) for EGCG molecules. The occupancy of hydrogen bonds between $A\beta$ amino acids and EGCG. The intrachain heavy atom contact maps for $A\beta$ peptides. Salt-bridge propensity. Hydrogen bonds in the $A\beta2$ and $A\beta2$ –EGCG systems. The derived force field parameters for EGCG molecule. Complete author list for refs 9, 18, 20, 31, 39, 40, 58, and 59. This material is available free of charge via the Internet at http://pubs.acs.org.

AUTHOR INFORMATION

Corresponding Author

*Phone: (65)63162885. E-mail: ygmu@ntu.edu.sg

Notes

The authors declare no competing financial interest.

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