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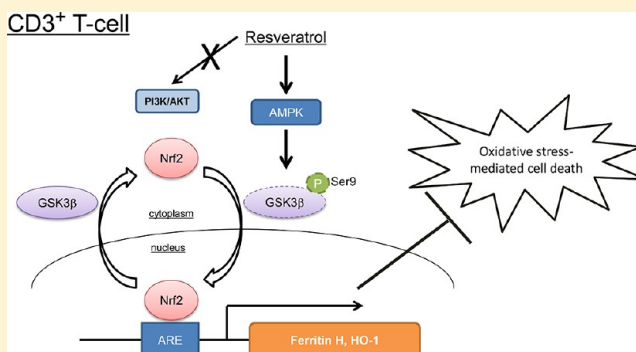
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## S Supporting Information

**ABSTRACT:** Resveratrol, a natural polyphenol, increases cellular antioxidant capacity by inducing the expression of a battery of cytoprotective genes through an antioxidant responsive element (ARE). However, upstream signaling events initiated by resveratrol leading to the activation of an ARE enhancer, particularly in immune cells, have not been fully elucidated. In this study, ARE-dependent transcriptional activation of the ferritin heavy chain (ferritin H) gene by resveratrol was further investigated in Jurkat T cells and human peripheral blood mononuclear cells. We found that AMP-activated protein kinase (AMPK) plays a key role in the activation of nuclear factor E2-related factor (Nrf2) and subsequent ARE-dependent ferritin H gene transcription by resveratrol. A chromatin immunoprecipitation assay for Nrf2 after AMPK $\alpha$  knockdown with siRNA revealed that Nrf2 nuclear accumulation and subsequent binding to the ferritin H ARE induced by resveratrol were dependent on activation of AMPK $\alpha$ , but not PI3K/AKT. Furthermore, AMPK $\alpha$  knockdown blocked resveratrol-induced phosphorylation of glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) at Ser9 as well as ARE-dependent transcriptional activation of the ferritin H and HO-1 genes, suggesting that AMPK $\alpha$  is an upstream kinase for GSK3 $\beta$  phosphorylation and activation of the Nrf2–ARE pathway. Consistently, GSK3 $\beta$  knockdown by siRNA enhanced resveratrol-mediated ferritin H mRNA induction, and the inhibition of AMPK $\alpha$  by compound C or siRNA weakened the protective effect of resveratrol against oxidative stress-induced cytotoxicity in CD3+ T cells. Collectively, these results suggest that AMPK $\alpha$  plays a significant role in ARE-dependent transcription of ferritin H genes by resveratrol and may influence the redox status in immune cells.



Oxidative stress, induced by excessive levels of reactive oxygen species (ROS), is implicated in the pathogenesis of various human diseases and disorders such as cancer, neurodegeneration, and inflammation.<sup>1</sup> A line of studies indicated that, in T cells, ROS-evoked signaling is required as a first step in T cell activation through T cell receptor (TCR) and CD28 costimulation.<sup>2,3</sup> However, a dramatic increase in ROS levels is associated with T cell expansion, rendering them susceptible to oxidative damage.<sup>4,5</sup> Under such prooxidative conditions, induction of antioxidant genes is an adaptive response to alleviate ROS toxicity and oxidant-induced cellular damage.<sup>1</sup> Not only prooxidants but also antioxidants with intrinsic radical scavenging properties can induce transcription of a set of antioxidant detoxification genes, such as heme oxygenase 1 (HO-1), NAD(P)H:quinone oxidoreductase 1, glutathione S-transferase, and an iron-storage protein, ferritin. Increased levels of expression of these antioxidant proteins alleviate or prevent oxidative stress by enhancing the cellular antioxidant capacity. Transcription of these genes is regulated by the binding of the transcription factor, nuclear factor E2-

related factor 2 (Nrf2), to the antioxidant responsive element (ARE) in response to various external stimuli.<sup>6,7</sup>

Resveratrol, a polyphenol found in the roots of white hellebore and *Polygonum cuspidatum*, has antioxidant properties.<sup>8</sup> Because resveratrol was reported to possess anticancer activity,<sup>9</sup> accumulating evidence has suggested its preventive effects on a wide variety of diseases, including cancer<sup>10</sup> and cardiovascular disorders.<sup>11</sup> Given that oxidative stress is implicated in these diseases,<sup>1</sup> it is not surprising, therefore, that resveratrol has been demonstrated to induce an antioxidant response;<sup>10</sup> however, the effects of resveratrol on cellular antioxidant gene expression in the immune system remain largely uncharacterized.

Ferritin, one of the ARE-regulated antioxidant/detoxification genes,<sup>12,13</sup> plays a major role in intracellular iron storage.<sup>14</sup> Although iron is an integral element that is required for many

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metabolic enzymes and cellular processes,<sup>15</sup> excess levels of iron result in elevated levels of ROS production through the Fenton reaction.<sup>14</sup> Thus, excess intracellular iron must be detoxified and tightly regulated. Ferritin is composed of 24 subunits, consisting of heavy (H) and light (L) chains. The ferritin H subunit catalyzes the conversion of ferrous iron [Fe(II)] to ferric iron [Fe(III)] through intrinsic ferroxidase activity, while the ferritin L subunit is involved in the formation of the iron core; both subunits therefore contribute to the encapsulation of excess iron in the ferritin shell, which in turn prevents ROS production.<sup>14</sup> The importance of ferritin H is demonstrated in that it is ubiquitously expressed in various tissues, and ferritin H knockout mice are embryonically lethal.<sup>16</sup> With respect to the signaling pathways that regulate ferritin H gene transcription in response to external stimuli, we and others have demonstrated that the PI3K/AKT pathway regulates ARE-dependent transcription;<sup>17,18</sup> however, whether PI3K/AKT plays a pivotal role in resveratrol-induced antioxidant gene activation remains unclear, because resveratrol has been reported to exhibit an inhibitory effect on the PI3K/AKT pathway, resulting in repression of IL-17 expression in primary mouse cardiac fibroblasts<sup>19</sup> and inhibition of cardiac hypertrophy.<sup>11</sup>

AMP-activated protein kinase (AMPK), a sensor of cellular energy and metabolic status, is a kinase regulated by the cellular AMP and ATP ratio.<sup>20</sup> When AMPK is activated, energy-producing processes such as fatty acid oxidation and glucose uptake are facilitated, while energy consumption processes such as lipid and protein synthesis are suppressed.<sup>21</sup> AMPK is composed of three subunits: the catalytic  $\alpha$ -subunit and the regulatory  $\beta$ - and  $\gamma$ -subunits.  $\alpha$ -Subunit phosphorylation at Thr172 enhances AMPK activity. A recent study demonstrating that AMPK activation attenuates T cell-mediated autoimmune diseases and lymphoid migration has underscored the importance of AMPK in immune cells.<sup>22</sup>

In this study, we defined AMPK $\alpha$ , but not PI3K/AKT, as a significant transcriptional activator of ARE-dependent ferritin H genes in response to stimulation by resveratrol. AMPK $\alpha$  activation by resveratrol led to the phosphorylation of glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) at Ser9 and induced Nrf2/ARE-dependent antioxidant gene transcription such as ferritin H and HO-1. Our findings provide precise molecular insights into the cytoprotective features of resveratrol in human T cells.

## MATERIALS AND METHODS

**Cells and Reagents.** K562 human erythroleukemia and Jurkat cells were purchased from American Type Culture Collection. PBMC was obtained from healthy human volunteers. K562 cells were cultured in RPMI 1640 medium supplemented with 0.3 g/L glutamine, 25 mM HEPES, and 10% FBS (Mediatech, Orlando, FL). Jurkat cells and PBMC were cultured in RPMI 1640 with 10% FBS, 0.45% glucose, and 1 mM sodium pyruvate. PBMC, K562 cells, and Jurkat cells were maintained in a humidified, 5% CO<sub>2</sub> incubator at 37 °C. t-BHQ (Sigma-Aldrich, St. Louis, MO), Compound C (Calbiochem, Darmstadt, Germany), and resveratrol (Sigma-Aldrich) were dissolved in DMSO.

**Plasmids and DNA Transfection.** pBluescriptSK(–) –4.5 kb, –4.4 kb, and –4.0 kb, ARE, and mtARE human ferritin H-luciferase have been described elsewhere.<sup>13</sup> Transient transfection of DNA into cells was conducted via electroporation (Xcell, Bio-Rad, Hercules, CA). After electroporation of luciferase reporters with the transfection internal control pRL-null (Promega, Madison, WI), the cells were treated

with various concentrations of resveratrol or t-BHQ for 24 h. Preparation of cell extracts and luciferase assays was performed using dual-luciferase assay reagents (Promega). Firefly luciferase expression driven by the ferritin H gene was normalized by Renilla luciferase activity.

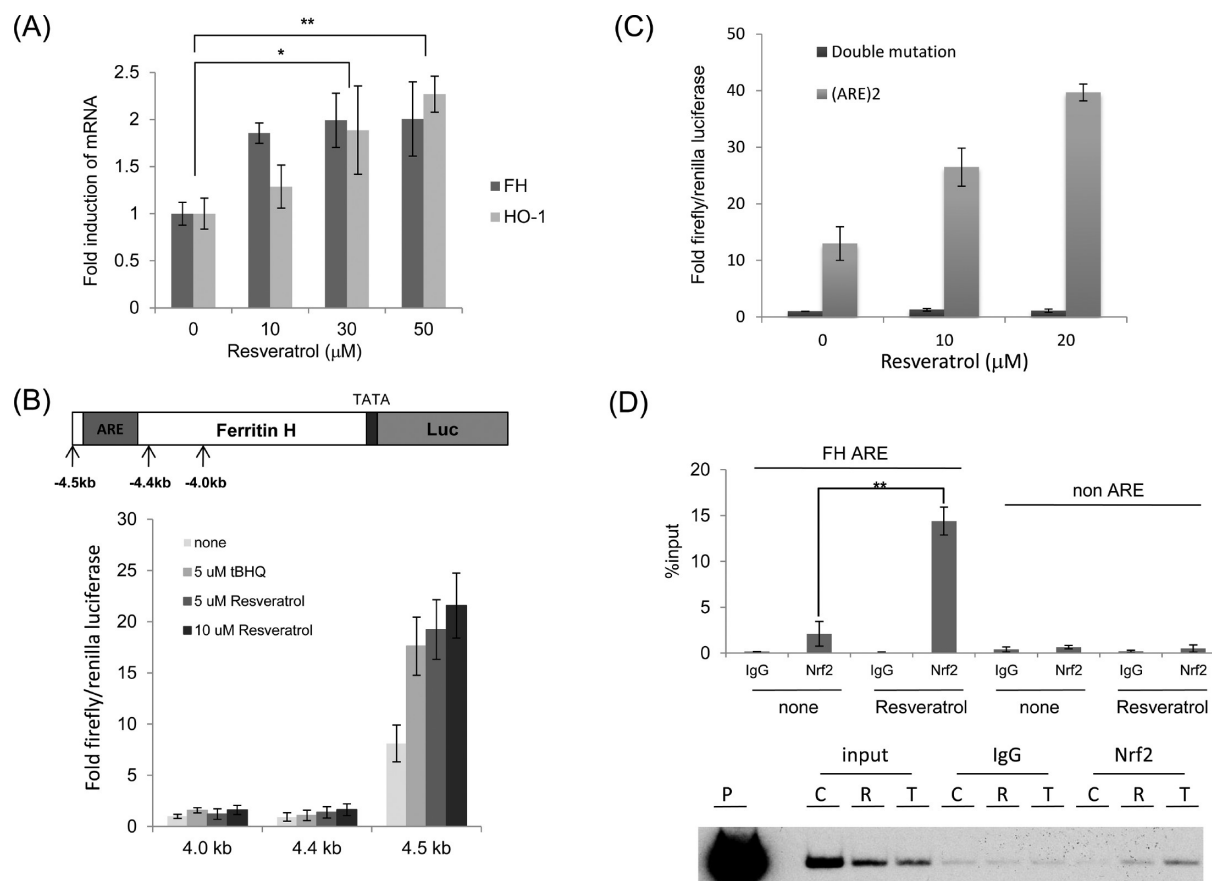
**Western Blotting.** Western blotting was performed using either whole cell lysates or cytoplasmic/nuclear fractions as described previously.<sup>13</sup> Cell lysates were subjected to sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS–PAGE), and a primary antibody was incubated overnight at 4 °C. Antibodies against AKT, phospho-AKT (Ser473), PTEN, AMPK $\alpha$ , phospho-AMPK $\alpha$  (Thr172), AMPK $\beta$ 1/2, GAPDH, GSK3 $\beta$ , phospho-GSK3 $\beta$  (Ser9) (all from Cell Signaling, Danvers, MA), Lamin B, LDH, Nrf2 (all from Santa Cruz Biotechnology, Dallas, TX), and  $\beta$ -actin (Sigma-Aldrich) were used with a working dilution of 1:1000 to 1:5000 in TBS containing 0.1% Tween 20 and 5% (w/v) skim milk. Horseradish peroxidase-conjugated secondary antibodies were used at 1:5000 dilutions, and ECL or ECL Advance was used for Western blotting detection (Amersham-GE Healthcare, Piscataway, NJ). The Rainbow molecular mass marker (Amersham-GE Healthcare) or the Prosieve prestained protein marker (Cambrex, East Rutherford, NJ) was used for protein size markers for SDS–PAGE.

**Northern Blotting.** Cells were treated for 24 h with various concentrations of resveratrol or t-BHQ in the presence or absence of a PI3K inhibitor, LY249002 or Wortmannin; 1–20  $\mu$ g of total RNA isolated with Trizol (Invitrogen, Carlsbad, CA) was applied to a 1.1% agarose formaldehyde-containing gel. The separated RNA was blotted onto a 0.45 mm nitrocellulose Protran BA85 membrane (Whatman Biosystems, Maidstone, U.K.), and ferritin H mRNA was hybridized with the [ $\alpha$ -<sup>32</sup>P]dCTP-labeled 0.9 kb fragment of the human ferritin H cDNA.

**Quantitative Real-Time Polymerase Chain Reaction (RT-PCR).** Total RNA was reverse-transcribed using 1  $\mu$ M oligo-dT and Superscript reverse transcriptase (Invitrogen), according to the manufacturer's instructions. Quantitative real-time PCR was performed in the Mx3000P quantitative PCR system (Agilent Technologies, Santa Clara, CA) using SYBR premix Ex taq (TAKARA Bio., Shiga, Japan).  $\beta$ -Actin was used as an internal control.

**Chromatin Immunoprecipitation (ChIP) Assay.** The ChIP assay was conducted as described previously.<sup>13</sup> Briefly, 1  $\times$  10<sup>7</sup> cells were cross-linked with 1% formaldehyde, and cell lysates were prepared using a ChIP assay kit (Millipore, Billerica, MA). The cross-linked chromatin–DNA complex was sonicated with a Sonic Dismembrator for 12 cycles of pulses (10 s) and intervals (20 s). Aliquots (1/10) of sonicated DNA were immunoprecipitated with 1  $\mu$ g of rabbit IgG or anti-Nrf2 antibody (Santa Cruz Biotechnology), and semiquantitative PCR for ferritin H ARE was performed using a primer set [ARE primers, 5'-CCCTCCAGGTCTTATGACTGCTC-3' (forward) and 5'-GTTTCTGGAGGTTTCAGCACGTC-3' (reverse); non-ARE primer, 5'-CACACTGACTCCTCCAAATGAACCTTAG-3' (forward) and 5'-GTACCATATTCCCAAATGGTTCGGTC-3' (reverse)] in the presence of 0.1  $\mu$ Ci of [ $\alpha$ -<sup>32</sup>P]dCTP. Quantitative RT-PCR was conducted using ChIP DNA. Percent input means precipitated ChIP DNA normalized with input DNA.

**siRNA Transfection.** PTEN, AMPK $\alpha$ , or GSK3 $\beta$  siRNA (Thermo Fisher, Waltham, MA) was transfected into cells by electroporation or the accell siRNA transfection method.



**Figure 1.** Transcriptional activation of human ferritin H ARE by resveratrol in human T cells. (A) PBMCs obtained from healthy volunteers were treated with 10, 30, or 50  $\mu\text{M}$  resveratrol for 24 h. Total RNA was purified and subjected to quantitative RT-PCR to measure ferritin H and HO-1 mRNA. Each RT-PCR product was normalized with  $\beta$ -actin mRNA, and the values are represented as a relative value of control (untreated cells). The mean and standard error were calculated from at least three independent experiments. (B and C) Jurkat cells were transfected via electroporation with 1  $\mu\text{g}$  of -4.5, -4.4, or -4.0 kb human ferritin H-luciferase reporter (B) or 1  $\mu\text{g}$  of human ferritin H wild-type ARE or double mutant ARE-luciferase plasmid (C) along with 10 ng of pRL-EGFP as an internal control. Cells were treated with the indicated concentration of t-BHQ (t-BHQ was included as a positive control for ferritin H ARE activation<sup>17</sup>) or resveratrol for 24 h, and the resulting luciferase activity was assessed via luminometry. Induction was assessed by setting the -4.0 kb luciferase reporter (B) or double mutant ARE control (C) at 1.0. (D) Jurkat cells were untreated (none) or treated with 50  $\mu\text{M}$  resveratrol for 4 h (top). Ferritin H ARE and non ARE ChIP assays were performed with the control rabbit IgG or Nrf2 antibody. qRT-PCR was conducted, and the results of percent input are shown. The bottom panel shows the same experiment with t-BHQ performed in K562 cells. A representative gel image is shown: C, untreated; R, treated with 50  $\mu\text{M}$  resveratrol; T, treated with 50  $\mu\text{M}$  t-BHQ; P, treated with a plasmid DNA containing a 5.2 kb ferritin H 5'-region as a positive control for the PCR as well as a marker of the ferritin H ARE 155 bp PCR band. The data represent means  $\pm$  SEM ( $n \geq 3$ ). \*\* $P < 0.01$ .

Transfected cells were suspended in regular medium containing 10% FBS (electroporation) or low-FBS (2%) conditions (accell siRNA) and incubated for 48–72 h. To detect expression of PTEN, AMPK $\alpha$ , and GSK3 $\beta$ , whole cell lysates were subjected to Western blotting with anti-PTEN, -AMPK $\alpha$ , -GSK3  $\beta$ , -GAPDH, and - $\beta$ -actin antibodies. Northern blotting or quantitative RT-PCR was conducted for the detection of ferritin H or HO-1 mRNA.

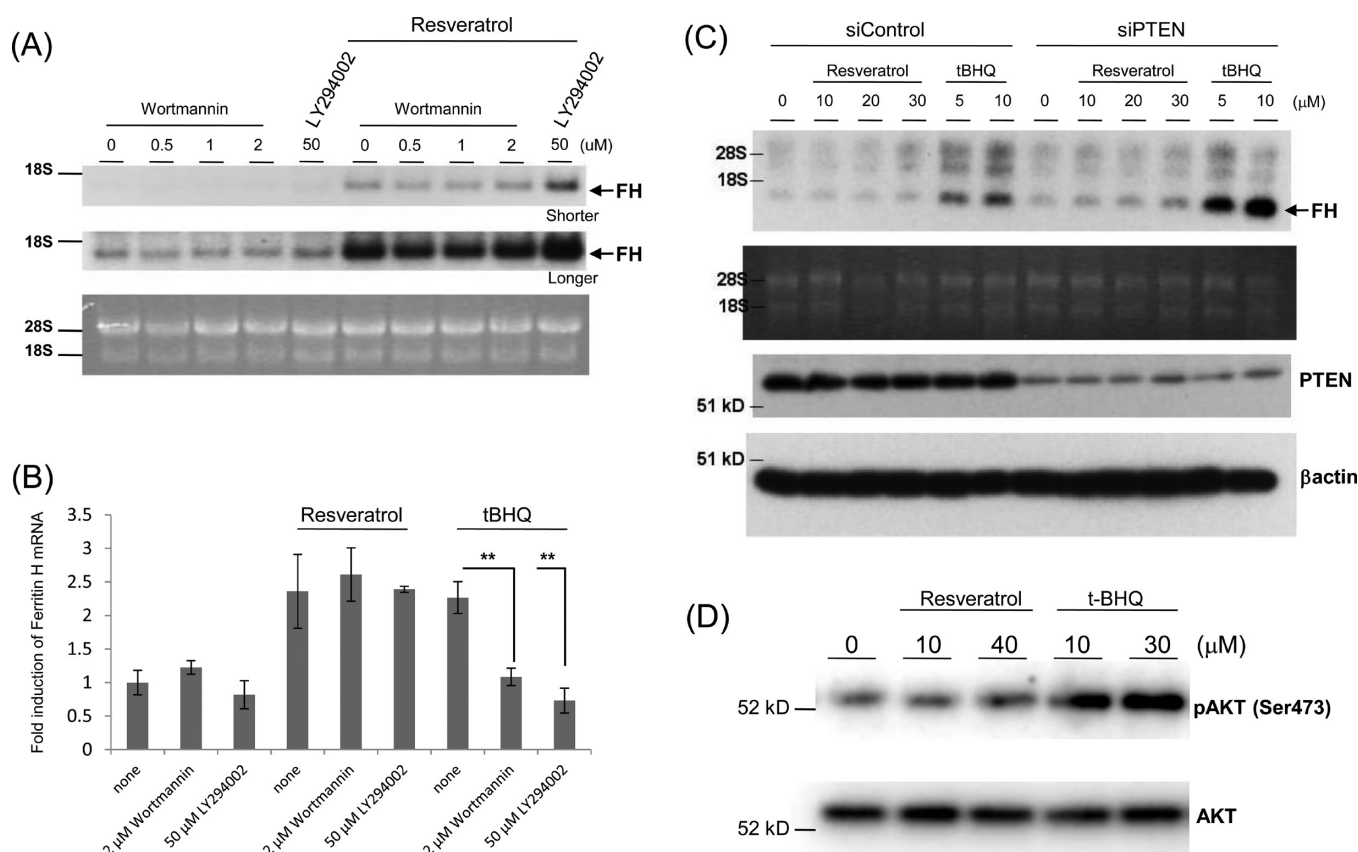
**Apoptosis Staining with Annexin-V/PI/CD3.** PBMCs were treated with resveratrol in the presence or absence of Compound C or AMPK $\alpha$  siRNA for 24 h. PBMCs were then treated with hydrogen peroxide for an additional 24 h, followed by staining with fluorescein isothiocyanate-conjugated Annexin-V, propidium iodide (PI), and phycoerythrin-conjugated anti-CD3 using an apoptosis detection kit (Becton-Dickinson, Franklin Lakes, NJ) according to the manufacturer's instructions. After being triply stained, the samples were immediately analyzed by flow cytometry.

**Statistical Analysis.** All experiments were repeated at least three times. The results are represented as means  $\pm$  the standard error of the mean (SEM). The statistical significance was calculated by a Student's  $t$  test or a Welch's  $t$  test from independent experiments. A  $P$  value of  $<0.05$  was considered statistically significant.

## RESULTS

**Transcriptional Activation of the Ferritin H Gene via ARE by Resveratrol in Human T Cells.** To investigate antioxidant gene expression in peripheral blood mononuclear cells (PBMCs), we first measured ferritin H and HO-1 mRNA levels following resveratrol treatment. Quantitative RT-PCR showed that ferritin H and HO-1 mRNA were induced by resveratrol in PBMCs at 24 h (Figure 1A). We next asked whether resveratrol transcriptionally activates the ferritin H gene in T cells. To answer this question, ferritin H promoter luciferase reporter constructs were employed. The ferritin H-luciferase reporter assay showed that resveratrol, as well as t-



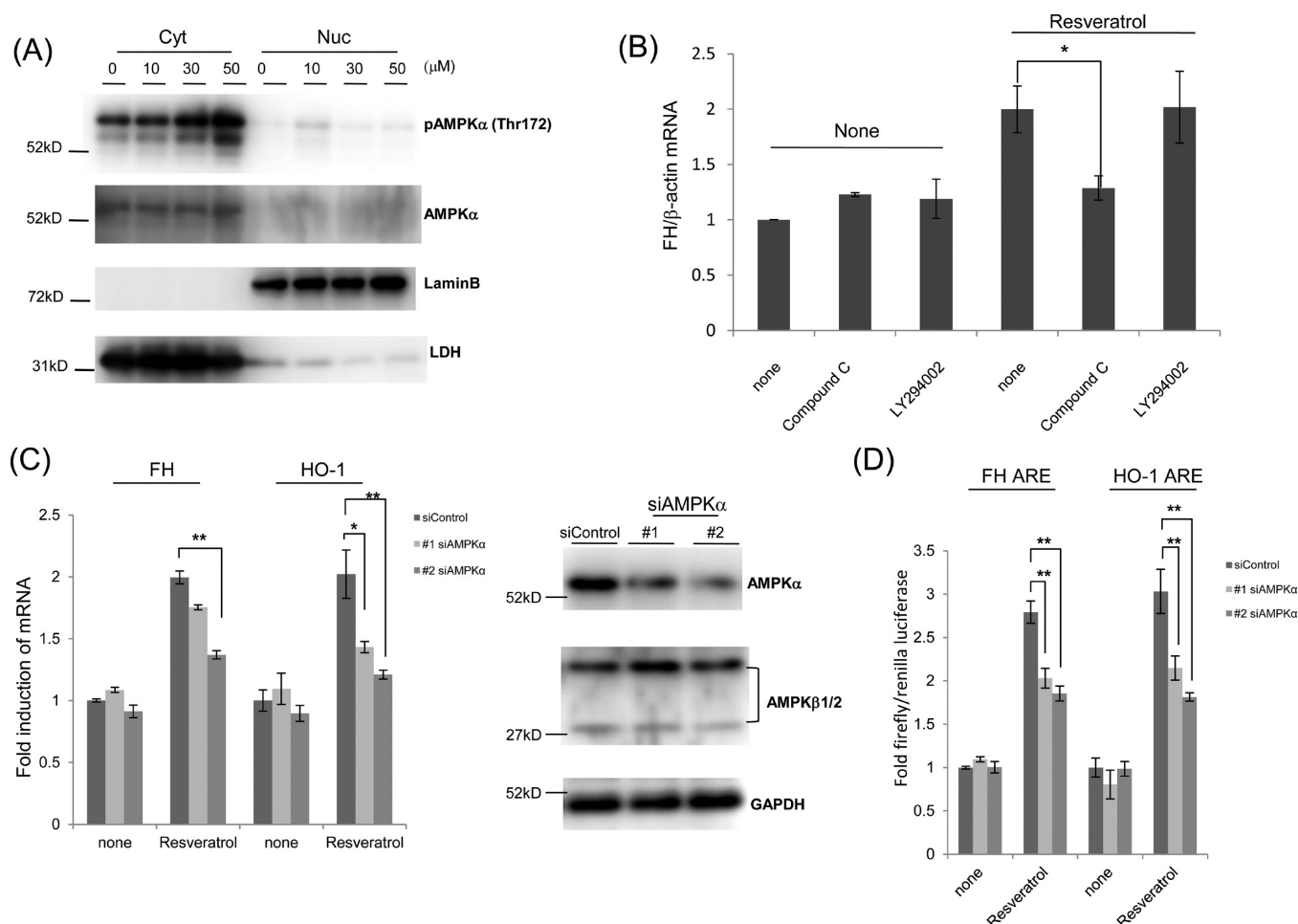


**Figure 2.** Resveratrol-mediated ferritin H mRNA induction is independent of the PI3K/AKT pathway. (A) Jurkat cells were pretreated with 0.1% DMSO, 50  $\mu$ M LY294002, or 0.5, 1, or 2  $\mu$ M Wortmannin for 1 h, followed by 30  $\mu$ M resveratrol treatments for 24 h, and ferritin H Northern blotting was conducted. RNA staining with ethidium bromide for comparative loading of RNA and shorter (top) or longer (bottom) exposure results are shown. Representative results of three independent experiments are shown. (B) Jurkat cells were treated with 30  $\mu$ M resveratrol and 10  $\mu$ M t-BHQ with or without PI3K inhibitors for 24 h. Total RNA was isolated and subjected to quantitative RT-PCR to measure ferritin H mRNA, which was normalized with  $\beta$ -actin mRNA. The values are represented as a relative value of the control (untreated cells). The mean and standard error were calculated from at least three independent experiments. \*\* $P < 0.01$ . (C) K562 cells were transfected with nontargeting (siControl) or PTEN-targeting siRNA (siPTEN). After being transfected for 60–70 h, cells were treated with 5 or 10  $\mu$ M t-BHQ or 10, 20, or 30  $\mu$ M resveratrol for 24 h, and ferritin H Northern blotting was conducted. RNA staining with ethidium bromide is shown for comparative loading of RNA. Whole cell lysates isolated in the same experiment were analyzed by Western blotting with anti-PTEN and anti- $\beta$ -actin antibodies. Representative results of three independent experiments are shown. (D) Jurkat cells were treated with resveratrol (10 or 40  $\mu$ M) or t-BHQ (10 or 30  $\mu$ M) for 2 h, followed by Western blotting using anti-phospho-AKT (Ser473) or anti-AKT antibodies.

BHQ, a potent antioxidant that activates ARE-regulated gene transcription,<sup>17</sup> activated expression of luciferase driven by the –4.5 kb, but not –4.4 or –4.0 kb, human ferritin H 5'-regulatory region in Jurkat cells (Figure 1B); as the ferritin H ARE is localized in the –4.4 to –4.5 kb region,<sup>12</sup> this suggests the possibility that resveratrol activates the ferritin H gene through the ARE. To test this possibility, we transfected human ferritin H wild-type ARE or mutant ARE-luciferase reporters into Jurkat cells and treated them with resveratrol for 24 h. Given that resveratrol activated luciferase expression driven by the wild type-ARE but not the mutant ARE, the ARE is necessary for transcriptional activation of ferritin H by resveratrol (Figure 1C). ChIP assays showed 5–6-fold increases in the level of binding of Nrf2 to the ferritin H ARE by resveratrol within 4 h in Jurkat cells (Figure 1D, top). Similar results were obtained in different cell types such as K562 human erythroleukemic cells (Figure 1D, bottom). Collectively, these results suggest that resveratrol induces ferritin H transcription through the ARE.

#### Resveratrol-Mediated Transcriptional Regulation of Ferritin H mRNA Is Independent of the PI3K/AKT

**Signaling Pathway.** We previously reported that t-BHQ enhanced ferritin H mRNA induction via the ARE in Jurkat cells because of their PTEN deficiency, showing that the PI3K pathway is involved in t-BHQ-induced ferritin ARE activation.<sup>17</sup> To elucidate the upstream signaling pathways by which resveratrol activates ferritin H mRNA transcription, we first investigated whether PI3K/AKT plays a significant role in ferritin H transcription in T cells. Treatment with two individual PI3K inhibitors, Wortmannin and LY294002, did not affect the induction of ferritin H mRNA by 30  $\mu$ M resveratrol but inhibited its induction by 10  $\mu$ M t-BHQ for 24 h in Jurkat cells (Figure 2A,B), suggesting that PI3K is not involved in resveratrol-induced ferritin H transcription. To verify these results, we attempted knockdown of PTEN, the PI3K/AKT-negative regulator. Because PTEN is deficient in Jurkat cells because of the mutation of the PTEN gene,<sup>17</sup> we used K562 erythroid leukemia cells, in which PTEN knockdown increased the level of basal ferritin H mRNA expression as shown in our previous report;<sup>17</sup> however, it did not enhance the induction of ferritin H mRNA by resveratrol, contrasted with the enhancing effect of PTEN knockdown on the

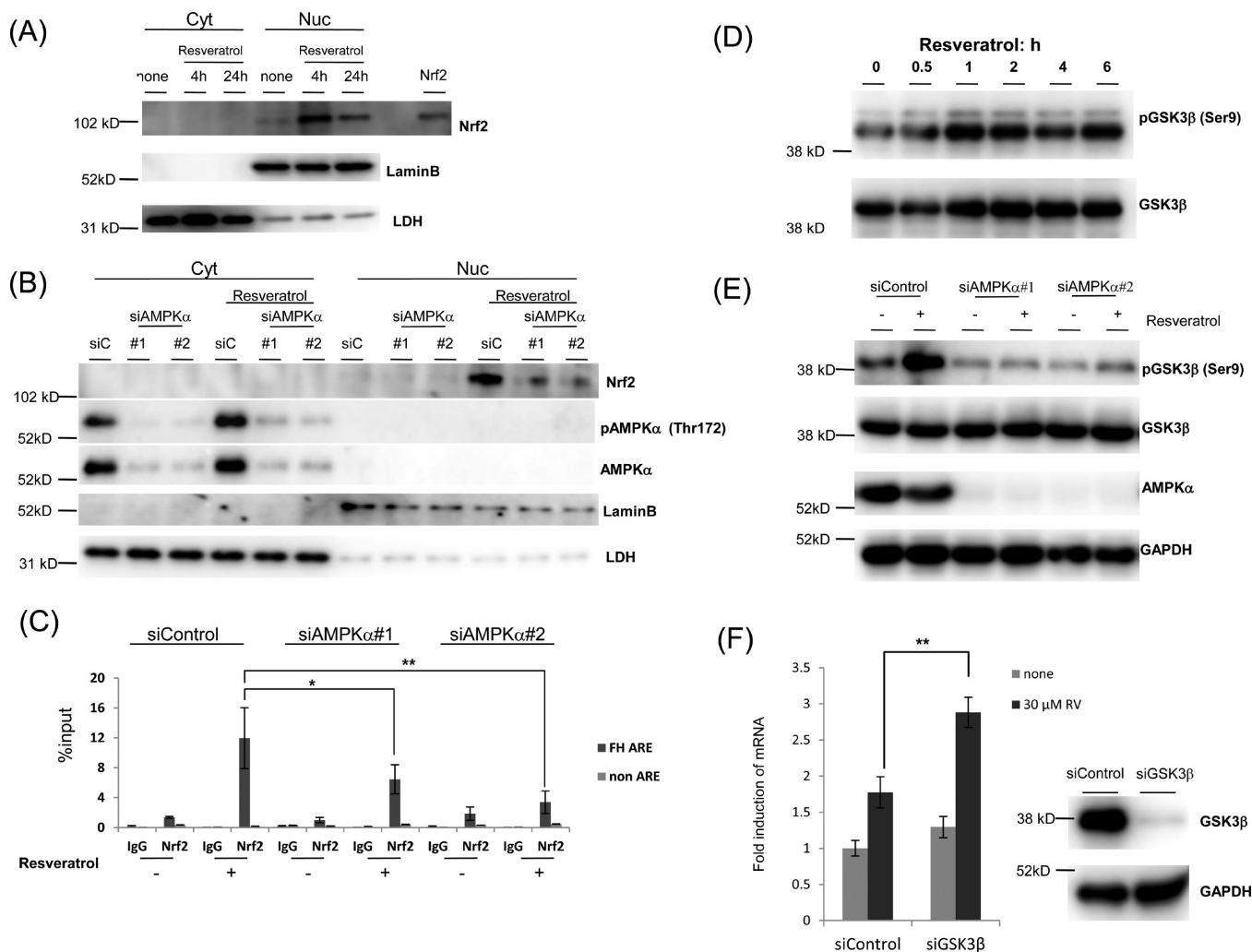


**Figure 3.** Resveratrol-mediated induction of ferritin H and HO-1 mRNA is associated with AMPK $\alpha$ . (A) Jurkat cells were treated with different amounts of resveratrol for 2 h. Nuclear and cytosolic fractions were subjected to Western blotting with antibodies against AMPK $\alpha$ , phospho-AMPK $\alpha$  (Thr172), lamin B (nuclear marker), and LDH (cytosol marker). (B) PBMcs were pretreated with 10  $\mu$ M Compound C and 10  $\mu$ M LY294002 for 1 h, followed by 30  $\mu$ M resveratrol treatment for an additional 24 h. Total RNA was purified and subjected to quantitative RT-PCR to measure ferritin H mRNA. The RT-PCR product was normalized with  $\beta$ -actin mRNA, and the values are indicated as a relative value of control (untreated cells). (C) Jurkat cells were transfected with two different types of siRNA against AMPK $\alpha$  and incubated for 48 h. Cells were treated with 30  $\mu$ M resveratrol and incubated for a further 24 h. Total RNA was purified and subjected to quantitative RT-PCR to measure ferritin H and HO-1 mRNA. The RT-PCR product was normalized with  $\beta$ -actin mRNA, and the values are indicated as a relative value of control (untreated cells). Cells were lysed and subjected to Western blotting with antibodies against AMPK $\alpha$ , AMPK $\beta$ 1/2, and GAPDH. (D) Jurkat cells were transfected with 1  $\mu$ g of human ferritin H or HO-1 ARE-luciferase plasmid along with 10 ng of pRL-null with or without siRNA against AMPK $\alpha$ . Cells were treated with 10  $\mu$ M resveratrol for 24 h, and the resulting luciferase activity was assessed via luminometry. Fold induction was assessed by setting ARE/control to 1.0. The data represent means  $\pm$  SEM ( $n \geq 3$ ). \* $P < 0.05$ ; \*\* $P < 0.01$ .

induction of ferritin H mRNA by t-BHQ (Figure 2C). Consistent with these results, t-BHQ, but not resveratrol, induced AKT phosphorylation at Ser473 (Figure 2D). These results suggest that t-BHQ activates the PI3K pathway leading to ferritin H transcriptional activation through the ARE in Jurkat cells, while resveratrol utilizes a pathway different from that of t-BHQ.

**AMPK $\alpha$ -Dependent Transcriptional Activation of the Ferritin H Gene by Resveratrol.** An array of recent studies revealed a number of proteins and pathways affected by resveratrol. Among these, AMPK has been particularly shown to mediate beneficial effects of resveratrol in several cell types and tissues.<sup>23</sup> To test whether resveratrol activated AMPK in our system, Western blotting was conducted with a phospho-specific AMPK $\alpha$  antibody and showed that cytosolic AMPK $\alpha$  phosphorylation at Thr172 was induced following resveratrol treatment in Jurkat cells at 2 h (Figure 3A). To determine

whether AMPK is involved in resveratrol-mediated ferritin H induction, Compound C, an AMPK inhibitor, was employed. Compound C inhibited the induction of ferritin H mRNA by resveratrol, while the PI3K inhibitor LY294002 did not (Figure 3B), suggesting the involvement of AMPK. To further investigate the role of AMPK in induction of ARE-regulated genes by resveratrol, Jurkat cells were transfected with two independent types of AMPK $\alpha$  siRNA and treated with resveratrol, and the impact of AMPK $\alpha$  deficiency on ferritin H and HO-1 mRNA expression was assessed. Under AMPK $\alpha$ -specific knockdown, with no effect on AMPK $\beta$ 1/2 and GAPDH expression levels (Figure 3C), quantitative real-time PCR showed that AMPK $\alpha$  deficiency blocked ferritin H and HO-1 mRNA induction by resveratrol (Figure 3C). Finally, the ARE-luciferase assay revealed that AMPK $\alpha$  knockdown impaired ferritin H and HO-1 ARE-mediated transcriptional activity by resveratrol (Figure 3D). Collectively, these results



**Figure 4.** AMPK $\alpha$ -dependent GSK3 $\beta$  phosphorylation at Ser9 is associated with Nrf2-ARE activation. (A and B) Jurkat cells were treated with 30  $\mu$ M resveratrol for 4 or 24 h (A). Transfected Jurkat cells with siRNA against AMPK $\alpha$  were treated with 30  $\mu$ M resveratrol for 4 h (B). Nuclear and cytosolic fractions were subjected to Western blotting with anti-Nrf2, -AMPK $\alpha$ , -phospho-AMPK $\alpha$  (Thr172), -Lamin, and -LDH antibodies. (C) Jurkat T cells were transfected with siRNA against AMPK $\alpha$  and treated with 30  $\mu$ M resveratrol for 4 h. The ChIP assay was performed with a control rabbit IgG or Nrf2 antibody. Precipitated DNA was subjected to quantitative RT-PCR. Percent input means Ct values from precipitated DNA were normalized with the Ct value from input DNA. Standard errors are shown from at least three independent experiments. (D) Jurkat cells were treated with 30  $\mu$ M resveratrol for the indicated time periods. Cells were lysed and subjected to Western blotting with antibodies against GSK3 $\beta$  and phospho-GSK3 $\beta$  (Ser9). (E) Jurkat cells were treated with 30  $\mu$ M resveratrol for 4 h after siRNA transfection against AMPK $\alpha$  for 48 h. Cells were lysed and subjected to Western blotting with anti-GSK3 $\beta$  and -phospho-GSK3 $\beta$  (Ser9) antibodies. (F) Jurkat cells transfected with control or GSK3 $\beta$  siRNA were treated with 30  $\mu$ M resveratrol for 24 h. Total RNA and whole cell lysates were subjected to quantitative RT-PCR to measure ferritin H mRNA (left) and Western blotting with the anti-GSK3 $\beta$  antibody (right). Each RT-PCR product was normalized to  $\beta$ -actin mRNA, and the values are represented as a relative value of control (untreated cells and siControl). The means and standard errors were calculated from at least three independent experiments. The data represent means  $\pm$  SEM ( $n = 3$ ). \* $P < 0.05$ ; \*\* $P < 0.01$ .

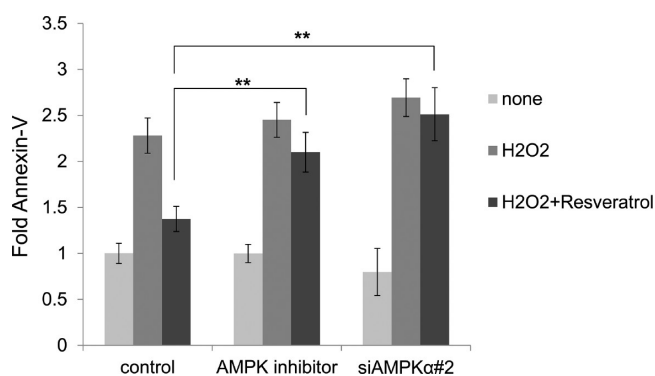
suggest that activated AMPK $\alpha$  is involved in induction of the ferritin H and HO-1 genes in response to resveratrol.

AMPK $\alpha$  enhances the GSK3 $\beta$  phosphorylation at Ser9 associated with Nrf2 nuclear translocation, and protection of T cells against oxidative stress in response to resveratrol. Because Nrf2 is involved in the induction of ferritin H mRNA by resveratrol (Figure 1D), we investigated the role of AMPK $\alpha$  in the activation of Nrf2. First, nuclear and cytoplasmic fractions were isolated from Jurkat cells treated with resveratrol for 4 and 24 h, and Nrf2 protein levels were measured by Western blotting. Resveratrol induced Nrf2 nuclear accumulation within 4 h, and the accumulation was sustained until the 24 h point (Figure 4A). We next asked whether activation of AMPK $\alpha$  by resveratrol is essential for Nrf2 nuclear accumulation. To this

end, the effect of AMPK $\alpha$  knockdown on Nrf2 nuclear accumulation was tested in Jurkat cells. Nrf2 Western blotting showed that AMPK $\alpha$  knockdown with two independent types of siRNA attenuated Nrf2 nuclear accumulation by resveratrol (Figure 4B). Consistent with this result, the ChIP assay showed that AMPK $\alpha$  knockdown weakened binding of Nrf2 to the ferritin H ARE (Figure 4C). These results suggest that resveratrol regulates Nrf2 nuclear accumulation and binding of Nrf2 to the ARE through an AMPK $\alpha$ -dependent pathway. Accumulating evidence has shown that GSK3 $\beta$  inhibits the cellular antioxidant response through phosphorylation of multiple serine residues in the Neh6 domain of Nrf2, resulting in nuclear exclusion or degradation of Nrf2.<sup>24,25</sup> We therefore investigated whether GSK3 $\beta$  phosphorylation at Ser9, the

inactive form of GSK3 $\beta$ ,<sup>24</sup> was regulated by resveratrol. Western blotting with Jurkat cells treated with 30  $\mu$ M resveratrol for 0.5–6 h showed GSK3 $\beta$  phosphorylation at Ser9 (Figure 4D). Furthermore, resveratrol-induced GSK3 $\beta$  phosphorylation at Ser9 was inhibited by AMPK $\alpha$  knockdown (Figure 4E). In addition, GSK3 $\beta$  knockdown by siRNA enhanced resveratrol-mediated ferritin H mRNA induction in Jurkat cells (Figure 4F). Collectively, these results suggest that resveratrol-activated AMPK $\alpha$  induces phosphorylation of GSK3 $\beta$  at Ser9, which may inhibit GSK3 $\beta$ -mediated Nrf2 degradation, resulting in Nrf2 nuclear accumulation and transcriptional activation of the ferritin H gene through the ARE in T cells.

ARE-regulated antioxidant detoxification genes, including ferritin, have been shown to alleviate oxidative stress.<sup>14,26,27</sup> To explore the involvement of AMPK $\alpha$  in cytoprotection against oxidative stress-mediated cytotoxicity in T cells, human PBMCs were preincubated with resveratrol for 24 h, followed by hydrogen peroxide challenge for an additional 24 h. The apoptosis assay measured by Annexin-V/PI/CD3 staining indicated that hydrogen peroxide increased the level in Annexin-V positive CD3+ T cells (Figure 5), which was



**Figure 5.** PBMCs were transfected with siRNA or treated with AMPK $\alpha$  inhibitor: control, nontarget siRNA; AMPK inhibitor, nontarget siRNA and 10  $\mu$ M Compound C; siAMPK $\alpha$ , AMPK $\alpha$ -targeted siRNA. PBMCs were stimulated with 50  $\mu$ M H<sub>2</sub>O<sub>2</sub> for 24 h in the presence or absence of 30  $\mu$ M resveratrol. PBMCs were gated with CD3, and the percentages of Annexin-V positive cells were measured. Induction was assessed by setting control/none to 1.0. Data represent means  $\pm$  SEM ( $n = 3$ ). \*\* $P < 0.01$ .

alleviated in T cells pretreated with 30  $\mu$ M resveratrol. In contrast, the levels in Annexin-V positive CD3+ T cells were significantly increased when the AMPK $\alpha$  inhibitor (10  $\mu$ M compound C) was added or AMPK $\alpha$  was knocked down before resveratrol pretreatment (Figure 5). These results suggest that the resveratrol-mediated antioxidant response to hydrogen peroxide-induced cytotoxicity is mediated by AMPK $\alpha$  in human T cells.

## DISCUSSION

In this study, we identified an AMPK $\alpha$ -Nrf2 axis as an important intracellular signaling pathway in resveratrol-treated human T cells, leading to ARE-dependent transcriptional activation of the ferritin H and HO-1 genes (Figure 3). In addition, AMPK $\alpha$  activation by resveratrol reduced the level of T cell apoptosis induced by hydrogen peroxide (Figure 5). Translocation of Nrf2 from the cytosol to the nucleus following antioxidant treatment has been demonstrated as an activation

mechanism of ARE-dependent gene transcription.<sup>6,7</sup> Because AMPK $\alpha$  expression occurred almost exclusively in the cytosol (Figures 3A and 4B) and AMPK $\alpha$  has been reported to directly phosphorylate and regulate several transcription factors such as MEF2, foxo3, and CREB,<sup>28</sup> we considered the possibility of the direct phosphorylation of cytosolic Nrf2 by AMPK $\alpha$ . However, we did not find the AMPK $\alpha$  consensus phosphorylation site in the Nrf2 amino acid sequences, and preliminary results with our model system failed to show evidence of either direct interaction of AMPK $\alpha$  with Nrf2 or AMPK $\alpha$ -mediated Nrf2 phosphorylation. We therefore hypothesized that Nrf2 was indirectly activated and modified by a protein targeted by AMPK $\alpha$ . It was reported that GSK3 $\beta$  phosphorylates multiple Ser residues in the Neh6 domain of Nrf2, resulting in nuclear exclusion and/or degradation of Nrf2.<sup>24,25</sup> In addition, active GSK3 $\beta$  was shown to impair both phase II gene expression and protection against oxidative stress.<sup>24</sup> In human T cells, we observed that resveratrol induced inhibitory phosphorylation of GSK3 $\beta$  at Ser9 in an AMPK $\alpha$ -dependent manner (Figure 4) that may contribute to Nrf2 nuclear accumulation. In fact, GSK3 $\beta$  knockdown increased the level of resveratrol-mediated ferritin H mRNA induction. Our results are consistent with the previous report by Shin et al. that showed the involvement of AMPK in the protection of hepatocyte mitochondria from arachidonic acid and iron-induced apoptosis.<sup>29</sup>

We previously demonstrated that the genetic status of PTEN determines ferritin H transcription, in which PTEN deficiency enhanced transcription of ferritin H through the ARE in response to oxidative stress.<sup>17</sup> Consistent with this finding, several reports have demonstrated that the PI3K/AKT pathway activates phase II gene transcription through the ARE in concert with Nrf2 nuclear accumulation.<sup>30,31</sup> Therefore, we hypothesized that inhibition of PI3K/AKT pathways might block resveratrol-mediated ferritin H mRNA induction. However, PI3K inhibitors as well as PTEN knockdown had only marginal effects on induction of ferritin H mRNA by resveratrol (Figure 2A). Thus, we concluded that resveratrol-mediated ferritin H ARE regulation is not mediated through activation of PI3K/AKT pathways, which appears to be consistent with reports that resveratrol inhibits PI3K<sup>32</sup> and induces cell cycle arrest through AKT inhibition in certain cell types.<sup>33</sup>

AMPK $\alpha$  activation by resveratrol not only alleviates oxidative cell damage<sup>34</sup> but also contributes to longevity. *Caenorhabditis elegans* life span is extended by treatment with metformin, a type II diabetes drug, via the cooperation of SKN-1 (*C. elegans* Nrf2 ortholog) and AMPK.<sup>35</sup> Conversely, the ferritin H homologue ftn-1 mutation in *C. elegans* reduced life span under iron stress.<sup>36</sup> Thus, AMPK-mediated ferritin H transcriptional regulation is important in understanding cellular senescence as well as iron homeostasis. Because of the beneficial effects of resveratrol such as the induction of antioxidant genes and antiproliferative effects on cancer cells, various efforts have been made to employ resveratrol as a chemotherapeutic drug against cancer, type II diabetes, neurodegeneration, and organ rejection in liver transplantation.<sup>10</sup> Resveratrol exhibits beneficial effects via activation of the histone/protein deacetylase sirtuin 1 (SIRT1) and subsequent deacetylation of foxo transcription factors,<sup>20,28</sup> both of which have been reported to be notable for association with longevity and activation by AMPK.<sup>28</sup> Because resveratrol-induced ferritin H mRNA was dependent on AMPK $\alpha$  (Figure 3) and our sequence search hit a consensus binding site of FoxO



transcription factors (FoxOs) in the 5'-regulatory region of the human ferritin H gene (Figure S1A of the Supporting Information),<sup>37</sup> we tried to investigate the role of the FoxOs element and its activator, SIRT1, in ferritin H transcription. A reporter assay revealed that the ARE-deleted 4.4 kb ferritin H promoter showed significantly decreased levels of basal luciferase expression (Figure 1) but was slightly activated by resveratrol [ $<2$ -fold (Figure S1B of the Supporting Information)]. This activation might be independent of the FoxOs binding element, because 0.15 kb was still activated by resveratrol. In addition, a SIRT1 inhibitor, nicotinamide, failed to block resveratrol-mediated ferritin H mRNA induction; rather, it slightly enhanced the induction (Figure S1C of the Supporting Information). Therefore, our results do not suggest the involvement of these proteins in the activation of the ferritin H ARE or FoxOs binding sites of the ferritin H promoter in response to resveratrol. Further experimental investigation will be needed to develop a detailed understanding of the molecular mechanisms by which FoxOs and SIRT1 control ferritin H transcription.

While AMPK function has been recognized as part of an evolutionarily conserved energy-sensing pathway, some reports have shown that the role of AMPK includes a diverse aspect of T cell biology beyond metabolism. TCR-mediated gene regulation depends on two major signaling pathways,  $H_2O_2$  and  $Ca^{2+}$  signaling,<sup>38</sup> with the latter activating NFAT transcription factors by which cytokines required for T cell proliferation such as IL-2 are induced. Immediate AMPK $\alpha$  phosphorylation is observed after TCR stimulation.<sup>39</sup> TCR-activated AMPK in Jurkat cells and PBMCs through a PKC- $\theta$ -dependent pathway activated NFAT, resulting in IL-2 mRNA induction.<sup>40</sup> Other reports indicated that AMPK had multiple features at different stages of the T cell lineage.<sup>41</sup> In this study, we showed that resveratrol effectively alleviated  $H_2O_2$ -induced T cell apoptosis, at least in part through AMPK $\alpha$  activation (Figure 5). The innate immune system requires ROS to maintain an effective biological defense system. LPS-induced ROS generation is involved in the maturation of dendritic cells;<sup>42</sup> ROS generated in activated T cells through TCR serve as second messengers to trigger T cell proliferation,<sup>4</sup> while exposure to excess oxidative stress repressed TCR-induced T cell activation.<sup>43</sup> We and others demonstrated that an increased level of expression of ferritin H protects cells from oxidative cell damage.<sup>27,44–46</sup> The concentration of resveratrol used in this study showed no change in AMP and ROS levels in PBMCs at the 4 h time point (Figure S2 of the Supporting Information), which revealed that the activation of Nrf2 by resveratrol is independent of ROS. Although the level of AMP was not increased by resveratrol, the AMP/ATP ratio is important for AMPK $\alpha$  activation.<sup>21</sup> Further investigation will be needed to elucidate the mechanisms through which resveratrol activates AMPK $\alpha$ . Collectively, these results suggest that resveratrol increases the cellular antioxidant capacity by inducing ferritin H and possibly other ARE-regulated genes, in which AMPK $\alpha$  activation plays a pivotal role in maintaining the redox status during T cell proliferation and development.

## ■ ASSOCIATED CONTENT

### ● Supporting Information

Candidate FoxOs binding element in the 5'-regulatory region of the human ferritin H gene and SIRT1 that is not important for resveratrol-mediated ferritin H gene activation (Figure S1) and evidence that resveratrol does not increase either AMP or

ROS levels in PBMCs (Figure S2). This material is available free of charge via the Internet at <http://pubs.acs.org>.

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### Notes

The authors declare no competing financial interest.

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## ■ ABBREVIATIONS

AMPK, AMP-activated protein kinase; ARE, antioxidant-responsive element; ChIP, chromatin immunoprecipitation; HO-1, heme oxygenase-1; Nrf2, nuclear factor E2-related factor; PBMC, peripheral blood mononuclear cell; PI3K, phosphatidylinositol 3-kinase; PTEN, phosphatase and tensin homologue deleted on chromosome 10; ROS, reactive oxygen species; t-BHQ, *tert*-butylhydroquinone; GSK3 $\beta$ , glycogen synthase kinase 3 $\beta$ .

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