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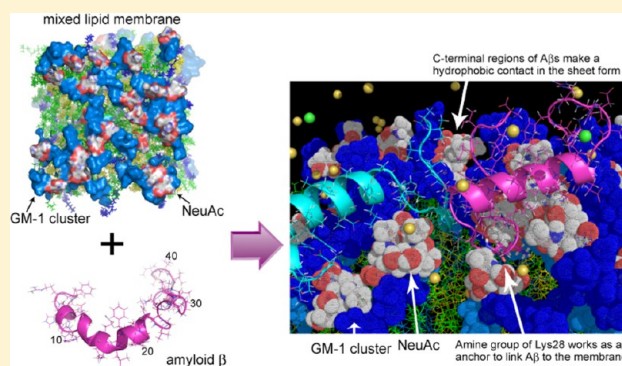
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# Binding and Aggregation Mechanism of Amyloid $\beta$ -Peptides onto the GM1 Ganglioside-Containing Lipid Membrane

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## S Supporting Information

**ABSTRACT:** Accumulation and fibril formation of amyloid  $\beta$  ( $A\beta$ ) peptides onto a ganglioside-rich lipid membrane is a cause of neuro-disturbance diseases. To find out a measure for suppressing the nucleation of a seed for amyloid fibrils, the mechanism of the initial binding of  $A\beta$  to the membrane should be clarified. Molecular dynamics simulations were carried out to investigate the adhesion process of  $A\beta$  peptides onto a GM1-ganglioside-containing membrane. Multiple computational trials were executed to analyze the probability of occurrence of  $A\beta$  binding by using calculation models containing a mixed lipid membrane, water layer, and one, two, or three  $A\beta$ s. The simulations demonstrated that  $A\beta$  peptides approached the membrane after fluctuation in the water layer and occasionally made steady contact with the membrane. Once the steady contact had been established,  $A\beta$  was unlikely to be detached from the membrane and developed into a more stably bound form. In the stably bound form, neuraminic acids on the GM1 cluster strongly held the side chain of Lys28 of  $A\beta$ , which caused deformation of the C-terminal region of the  $A\beta$ . Since the C-terminal region of the  $A\beta$  peptide contains many hydrophobic residues, its deformation on the membrane enhances the hydrophobic interaction with other  $A\beta$  peptides. The contact region of two  $A\beta$ s evolved into a parallel  $\beta$ -sheet form, and the third  $A\beta$  was observed to be bound to the complex of two  $A\beta$ s to make a bundle of  $A\beta$  peptides. Some key structures involved in the  $A\beta$  aggregation on the GM1-containing membrane were deduced from the multiple simulations.



## INTRODUCTION

Accumulation of insoluble and filamentous amyloid fibrils is a serious risk factor for some nervous or circulatory diseases. Aggregation of amyloid  $\beta$  ( $A\beta$ ) peptides has been extensively investigated because of its potential toxicity for amyloid deposition in Alzheimer's disease (AD) and Huntington's disease.<sup>1,2</sup> AD is a severe neurodegenerative disorder that is characterized by deposition of amyloid plaques in the brain.<sup>3</sup>  $A\beta$  peptides of 39–43 residues in length are generated from the proteolytic process of amyloid precursor protein (APP) by  $\beta$ - and  $\gamma$ -secretases. The most commonly observed forms of toxic  $A\beta$ s consist of 40 and/or 42 residues, and the latter is the major component of senile plaque.<sup>4</sup> A comparative study suggested that both  $A\beta_{1-40}$  and  $A\beta_{1-42}$  exhibited an affinity to the lipid membrane and a similar lipid specificity, but  $A\beta_{1-42}$  was more likely to form amyloid fibrils.<sup>5</sup>

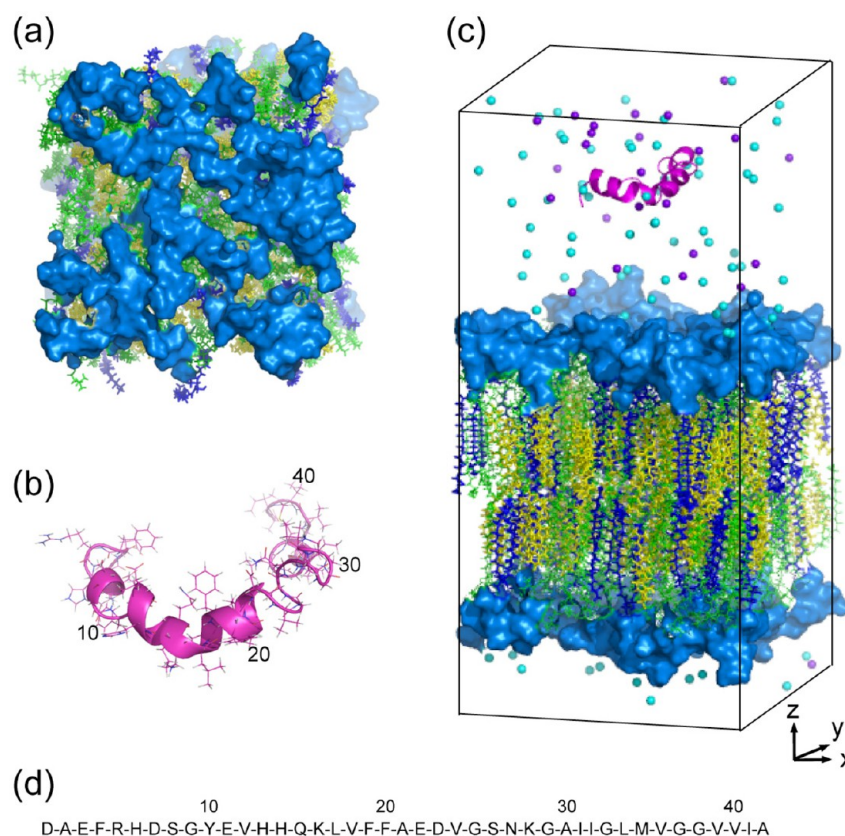
Many studies have suggested that the aggregation of toxic  $A\beta$  peptides occurs on lipid microdomains containing glycolipids such as ganglioside, sphingomyelin (SM), and cholesterol (Chol) in high concentrations.<sup>6–8</sup> The complex of  $A\beta$  and GM1-monosialoganglioside was detected in the brains of patients with AD, suggesting that the  $A\beta$ –GM1 complex acts as a seed for the aggregation of  $A\beta$ .<sup>9</sup> It has also been proposed that  $A\beta$ s are likely to be bound to a particular kind of microdomain named the

detergent-insoluble glycosphingolipid-rich domain (DIG).<sup>9</sup> Several in vitro studies have been carried out to clarify the lipid composition of DIG.<sup>7,8</sup> Matsuzaki et al. demonstrated that a high Chol concentration promoted the formation of GM1 clusters and enhanced  $A\beta$  aggregation on the GM1-containing membrane.<sup>10,11</sup> The effect of lipid composition on  $A\beta$  binding to GM1-containing bilayers has been examined by preparing several kinds of DIG-mimicking lipid membranes,<sup>10</sup> by changing the component of host lipid membranes such as SM/Chol or POPC,<sup>12</sup> and by substituting the species of ganglioside.<sup>11</sup> These experimental studies suggested that highly condensed GM1 molecules are critical for the formation of the  $A\beta$ –GM1 complex. A lipid composition of GM1/SM/Chol = 1:2:2 is one of the adequate membranes providing the DIG-like environment.

In our previous study,<sup>13</sup> 100 ns molecular dynamics (MD) simulations were performed for two kinds of GM1-containing membrane models: one model consisted of GM1, SM, and Chol in a ratio of 1:2:2, and the other model consisted of GM1 and POPC in a ratio of 1:4 for comparison. The simulations showed a marked difference between the two membrane models, GM1

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**Figure 1.** (a) Top view of the equilibrated mixed membrane after 100 ns MD simulation in the lipid composition of GM1:SM:Chol = 1:2:2. GM1 oligosaccharides are depicted in light blue. Acyl chains of GM1, SM, and Chol are colored blue, green, and yellow, respectively. (b) Initial structure of Aβ<sub>1-42</sub>, which is adopted as a starting structure for the first, second, and third Aβs. (c) Computational model for a single Aβ<sub>1-42</sub> incorporated in the mixed membrane. Sodium and chloride ions are represented by cyan and purple spheres, respectively. The periodic boundary box is indicated by lines. Water molecules are not shown for clarity. (d) Amino acid sequence of Aβ<sub>1-42</sub>. The initial secondary structure of Aβ<sub>1-42</sub> shown in (b) is indicated at the bottom bar, in which the red area represents a helix and the blue areas represent a turn or sheet.

molecules in the former model being condensed and those in the latter model being scattered. GM1 clusters were formed only on the GM1/SM/Chol membrane.<sup>13</sup> Chol was suggested to play important roles in preventing interdigitation of the membrane and keeping the GM1-ganglioside sphingolipids close enough to form clusters.

Many computational studies have been performed to analyze the behavior of Aβ in an aqueous condition or in the presence of a lipid membrane. Some studies have focused on the structural properties of Aβ peptide.<sup>14–18</sup> It was shown that the C-terminal hydrophobic region plays a critical role in the dimerization,<sup>16</sup> that positively charged amino residues assist the oligomerization,<sup>17</sup> and that four glycine residues promote transformation into the β-sheet form.<sup>18</sup> Several recent works addressed the interaction of Aβ with the lipid membrane.<sup>19–23</sup> However, only a simple lipid membrane consisting of a single kind of lipid molecule such as 1-palmitoyl-2-oleoylphosphatidylcholine (POPC) or dioleoylphosphatidylcholine (DOPC) was used in most of those works. The influence of Chol using POPC or DPPC membranes containing Chol has been investigated in only a few studies.<sup>22,23</sup> In experiments, the presence of GM1 ganglioside was already revealed to be critically important for the aggregation of Aβ peptide. Therefore, simulation analysis using a mixed membrane including GM1 ganglioside and Chol is needed.

Clarifying the molecular structures of the Aβ–GM1 complex and/or the embryonic stage of Aβ fibrils is important for designing an inhibitor that blocks the generation of the Aβ

microaggregate. The final structure of the 100 ns MD simulation for the GM1/SM/Chol model<sup>13</sup> is a good base for analyzing the initial stage of the interaction between Aβ peptides and a biological membrane. Hence, in this study, we carried out multiple MD simulations with incorporation of Aβ molecules into the model system. The computational results will provide a reasonable explanation of why Aβ is stably held by the GM1 cluster and why the Aβ peptides trapped on the membrane become a seed for Aβ fibrils.

## METHOD

**Construction of a Computational Model.** The GM1-containing mixed membrane consisted of 48 GM1, 96 SM, and 96 Chol molecules with a molar ratio of 1:2:2. Chemical structures of these lipid molecules are shown in Figure S1 (Supporting Information). The initial coordinates of all of the lipids were extracted from the last snapshot structure of the 100 ns MD simulation of our previous study.<sup>13</sup> The model also contained a water layer and sodium and chloride ions to make the ion concentration equal to 150 mM. The total number of atoms in the model was about 90 000, and the final model size was ca. 70.0 Å × 70.0 Å × 136.0 Å.

The initial atom coordinate of Aβ<sub>1-42</sub> was extracted from the 11th conformation of PDB code 1Z0Q, which had been determined by solution nuclear magnetic resonance (NMR) spectroscopy.<sup>24</sup> 1Z0Q contains 30 structures,<sup>24</sup> and another code, 1IYT, contains 10 NMR structures.<sup>25</sup> Clustering analysis

with the nearest-neighboring method was applied for both 1Z0Q and 1IYT. Four clusters were obtained for 1Z0Q, and two clusters were obtained for 1IYT (Table S1, Supporting Information). For all of the 40 NMR structures, a 12 ns MD simulation was carried out as a preliminary study. The conformation of A $\beta$  fluctuated during MD simulation, but no marked structural change such as transformation into the  $\beta$ -strand form was observed in any of the simulations. For the reason stated in the footnote of Table S1 (Supporting Information), we selected an A $\beta$  peptide with the 11th conformation of 1Z0Q and inserted it into the midst of the water layer of the GM1-containing membrane model as a starting structure.

**Calculation Conditions of MD Simulations.** Simulations were performed using the NAMD2.7 program.<sup>26</sup> The calculation procedure was almost the same as that in our previous works.<sup>13,27,28</sup> In short, the production run was carried out at a temperature of 310 K and a pressure of 1 atm. A periodic boundary condition was applied to all of the *xyz*-directions, and pressure and temperature were kept constant by the Nosé–Hoover Langevin piston method. The cutoff distance of van der Waals and Coulomb forces in a real space was set to 12.0 Å. The integration time step was 2 fs. The particle mesh Ewald method was applied to estimate the effect of long-distance electrostatic force.

**Analysis of MD Simulations.** The hydrogen bond occupancy was calculated using visual molecular dynamics (VMD).<sup>29</sup> The binding free energy between A $\beta$  peptides was calculated by the MM/GBSA method using the pbsa module of AMBER11<sup>30</sup> in a manner similar to that in the previous studies.<sup>31,32</sup> The secondary structure of A $\beta$  peptides was calculated using the DSSP program.<sup>33</sup> For a better understanding of simulation structures, the positions of some parts of the molecules were transferred to the *x*-, *y*-, or *z*-direction by the length of the periodic boundary box. All of the structures were visualized by PyMol.<sup>34</sup>

## RESULTS

Using the GM1/SM/Chol mixed membrane (Figure 1(a)), the movements of A $\beta_{1-42}$  peptides (Figure 1(b)) were investigated through multiple MD simulations with models incorporating one, two, or three A $\beta$ s. We carried out 70 ns simulations 10 times for the model with one A $\beta$ , 100 ns simulations 5 times for the model with two A $\beta$ s, and 200 ns simulations 2 times for the model with three A $\beta$ s. The final structure of the simulation with the one A $\beta$  model was used as the starting structure of the simulation for the two A $\beta$ s model, and the final structures of the two A $\beta$ s models were used as the starting structure for the three A $\beta$ s model (Figure S2, Supporting Information).

### Single A $\beta$ Peptide on a GM1-Containing Membrane.

To examine the interaction between a single A $\beta_{1-42}$  peptide and the GM1-clustering lipid membrane, 70 ns MD simulations were carried out using the calculation model shown in Figure 1(c). MD simulation will reproduce the dynamic movement of A $\beta$ , which enables us to test the possibility of A $\beta$  binding to the membrane. Since simulation results usually depend on the starting structure, 10 MD simulations, trial I-a–trial I-j, were executed with change in the initial position of A $\beta$  in *x* and *y* directions and also rotating A $\beta$  by 180° around the *z*-axis. Final structures of all of the trials and *z*-axis changes of the center of mass of the A $\beta$  peptide are shown in Figures S3 and S4 (Supporting Information).

The A $\beta$  peptide initially fluctuated at the water layer in every trial. The terminal regions of A $\beta$  sometimes approached the membrane surface and made contact with the membrane. The contact was soon broken, and A $\beta$  was detached from the membrane in some cases; however, A $\beta$  occasionally continued to be attached to the membrane. Once an A $\beta$  established a steady contact with the membrane, the A $\beta$  was scarcely released from the membrane by itself. Judging from the motion of A $\beta$  during simulation, it seems that there is no special long-distance force to attract A $\beta$  to the membrane.

Table 1 presents a summary of A $\beta$  binding to the membrane for 10 trials. A $\beta$  was firmly bound to the membrane in four trials.

**Table 1. Occurrence of A $\beta$  Binding to the Membrane and/or Another A $\beta$  Molecule**

number of A $\beta$ s in a calculation model	1	2	3
simulation time for one trial (ns)	70	100	200
total number of trials	10	5	2
cases for A $\beta$ bound to membrane <sup>a</sup>	4	3	2
cases for A $\beta$ not bound to membrane <sup>b</sup>	6	2	0
cases for A $\beta$ bound to another A $\beta$	-	1	2

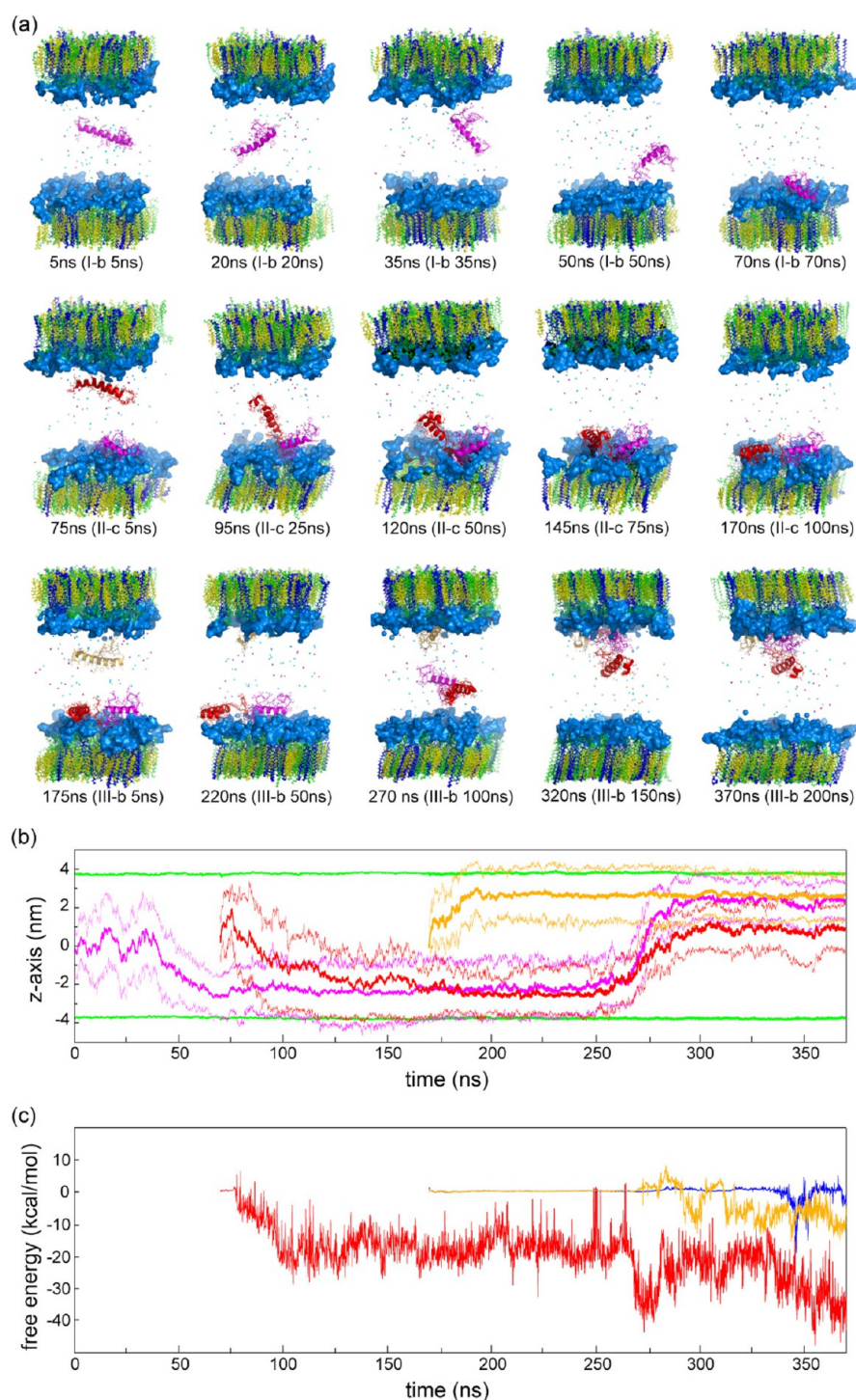
<sup>a</sup>The occurrence was monitored for the A $\beta$  molecule newly added in the calculation model, for example, the third A $\beta$  in the three A $\beta$ s incorporated model. <sup>b</sup>The not bound case includes the situation in which A $\beta$  is just weakly attached to the membrane.

A $\beta$  was weakly attached in two trials, and no A $\beta$  binding was observed for four trials. The A $\beta$  binding, of course, occurred on both sides of the lipid bilayer. The present simulations clearly suggest that A $\beta_{1-42}$  is capable of binding to the GM1-clustering membrane. In the four trials in which A $\beta$  was firmly bound, the A $\beta$  peptide retained the helix conformation in its secondary structure, and the molecular principal axis was almost parallel to the membrane surface (Figure S3, Supporting Information; trials I-a, I-b, I-d, I-i). In the two trials in which A $\beta$  was weakly bound, the helix axis was almost parallel to the membrane in one case (trial I-c), while one terminus stuck in the membrane in another case (trial I-h).

**Simulation with Two or Three A $\beta$  Peptides.** Extended MD simulations were performed using the calculation model constructed by incorporating an additional A $\beta$  peptide into the final structure of trial I-b. We executed 100 ns MD simulations five times, trials II-a–II-e, with change in the initial position of the second A $\beta$ . The first A $\beta$  was firmly bound to the membrane surface at the starting point. The second A $\beta$  initially fluctuated in the water layer, while the first one was steadily attached to the membrane (Figure S6, Supporting Information). That is, the second A $\beta$  peptide moved randomly, while the motion of the first one was restricted at a local area of the membrane. In the 100 ns MD simulations, the second A $\beta$  was also bound to the membrane in three trials (II-b, II-c, II-d). The second A $\beta$  was bound to the same side of the lipid bilayer as the first one in one trial (II-c), while the second A $\beta$  was bound to the opposite side in two other trials (Figure S5, Supporting Information). In trial II-c, the second A $\beta$  established direct contact with the first one. In contrast, there was no direct interaction between the two A $\beta$ s in other trials. This means that the first A $\beta$  has no attractive influence on the second one.

Two 200 ns MD simulations were carried out using the calculation model containing three A $\beta$  peptides. In trial III-a, the third A $\beta$  was incorporated into the final structure of trial II-b, and in trial III-b, A $\beta$  was incorporated into the final structure of trial

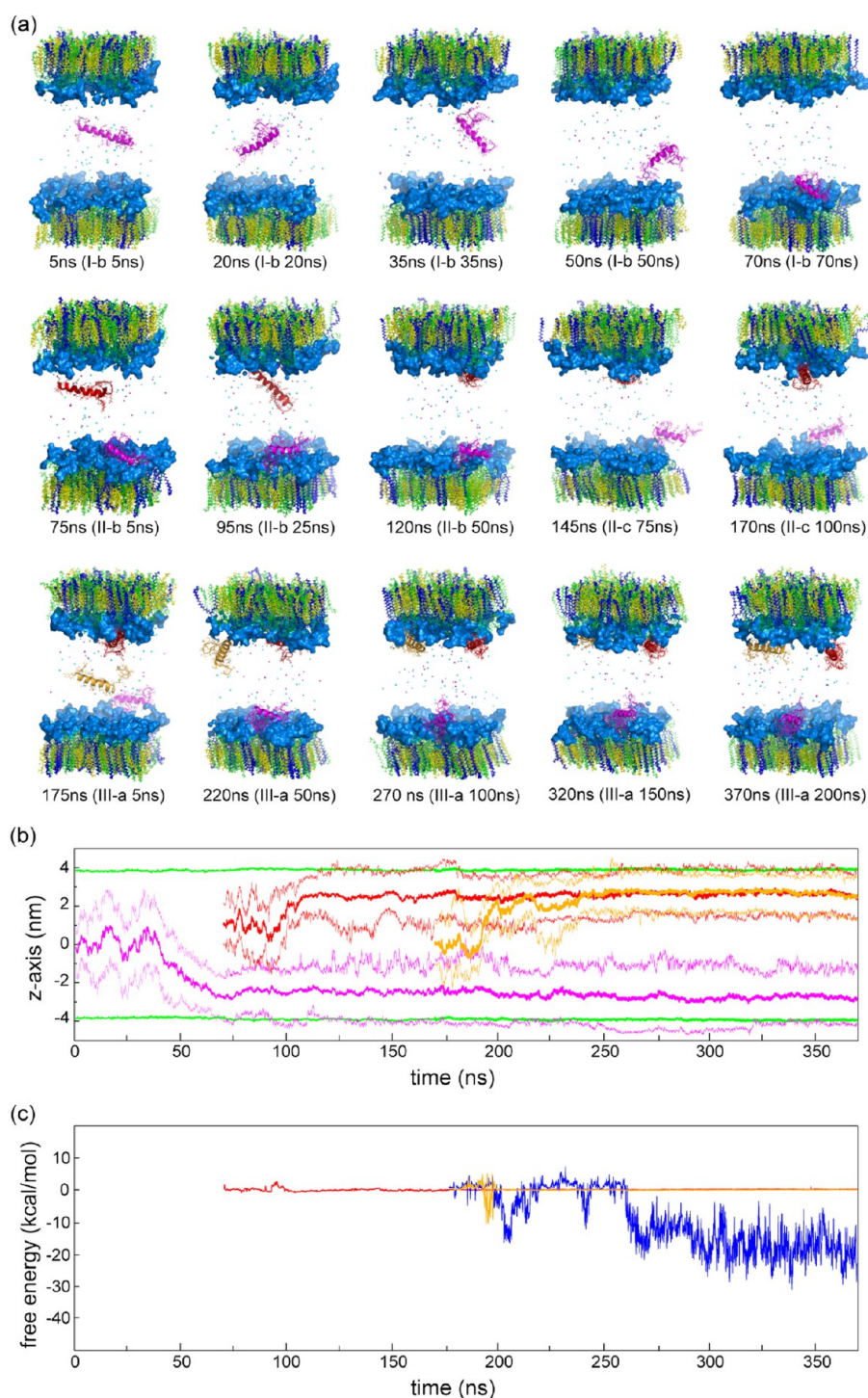




**Figure 2.** (a) Motion of the A $\beta$  peptide. Three simulations, trial I-b for a single A $\beta$ , trial II-c for two A $\beta$ s, and trial III-b for three A $\beta$ s, are connected to illustrate the movement of A $\beta$ s. The first, second, and third A $\beta$  peptides are depicted in magenta, red, and orange, respectively. (b) Change in the z-axis of the center of mass of the A $\beta$  peptide and those of the uppermost and lowermost atoms. The changes for the first, second, and third A $\beta$ s are shown in magenta, red, and orange, respectively. The centers of masses of GM1 head groups at the upper and lower leaflets are shown in green. (c) Binding free energy between A $\beta$  peptides. The energies between the first and second A $\beta$ s, between the first and third A $\beta$ s, and between the second and third A $\beta$ s are colored in red, orange, and blue, respectively.

II-c. After 200 ns MD simulation, the third A $\beta$  was bound to the membrane in both trials (Figure S7, Supporting Information). In trial III-a, the third A $\beta$  was attached to the same side of the membrane as the second one, and the third A $\beta$  made contact with the second one. The first A $\beta$  was steadily attached to the membrane during the simulation (Figure S8, Supporting

Information). Accordingly, the first A $\beta$  peptide was not detached from the membrane for more than 300 ns, measured from the last point of trial I-b. In trial III-b, the third A $\beta$  was attached to the opposite side to the first and second A $\beta$ s. In the course of a 200 ns simulation, the complex of the first and second A $\beta$ s was detached from the membrane and then moved to the opposite side.



**Figure 3.** (a) Motion of the A $\beta$  peptide in another calculation trial from Figure 2. Three simulations, trial I-b for a single A $\beta$ , trial II-b for two A $\beta$ s, and trial III-a for three A $\beta$ s, are connected. The first, second, and third A $\beta$  peptides are depicted in magenta, red, and orange, respectively. Since the simulation model is under a periodic boundary condition, the cell edge is connected to the corresponding opposite edge in the  $x$ ,  $y$ , or  $z$  direction. Hence, the third A $\beta$  was located at the vicinity of the second one and established contact of A $\beta$  peptides after 270 ns, although the two A $\beta$ s are seen to be separated. (b) Change in the  $z$ -axis of the center of mass of the A $\beta$  peptide and those of the uppermost and lowermost atoms. (c) Binding free energy between A $\beta$  peptides. The color representation is the same as that in Figures 2(b) and (c).

Consequently, three A $\beta$  peptides were located at the same side of the membrane and clustered together.

**Interaction of A $\beta$  Peptides.** A typical motion of the A $\beta_{1-42}$  peptide on the GM1-containing membrane is presented in Figure 2(a). A $\beta$  initially fluctuated in the water layer and finally established close contact with the membrane at 70 ns. The

second A $\beta$  was added at the bulk water layer. The C-terminal side of the second A $\beta$  was involved in the interaction with the first one. The interaction between C-terminal sides of both the second and first A $\beta$ s kept the second A $\beta$  in the vicinity of the membrane for a long time. Finally, the second A $\beta$  also established close contact with the membrane at 145 ns. Consequently, two



$A\beta$  peptides were attached to the lipid membrane with connection through their C-terminal regions. The third  $A\beta$  was added at the bulk water layer. The third  $A\beta$  was bound to the opposite leaflet of the membrane at 220 ns. The complex of the first and second  $A\beta$ s was incidentally detached from the membrane and fluctuated in the water layer at 270 ns. The complex was bound to the opposite leaflet at 320 ns, which led to the interaction with the third  $A\beta$ . Consequently, the three  $A\beta$  peptides started to form a bundle on the GM1-containing lipid membrane. The change in z-axis coordinate of the center of mass for each  $A\beta$  peptide was monitored during MD simulation (Figure 2(b)), which clearly indicates the motions of  $A\beta$ s described above.

Figure 2(c) shows the changes in binding free energies among  $A\beta$  peptides. The binding energy between the first and second  $A\beta$ s was moderate for a while, but the energy gradually became lower. When the complex of the first  $A\beta$  and the second one was detached from the membrane at 270 ns, the binding energy was further lowered, and the complex of the first and second  $A\beta$ s became quite stable. This drastic energy lowering was due to an increase in the area of hydrophobic contact between C-terminal regions of the two  $A\beta$  peptides. When the complex is bound to the membrane, conformational changes of both  $A\beta$ s are restricted. In contrast, diverse conformational change becomes possible when the peptide complex is in the water layer. The binding energy between the first and third  $A\beta$ s was moderate initially, but it was gradually lowered with the progress of MD simulation. It is notable that the interaction between the first and second  $A\beta$ s was further enhanced with lowering of the binding energy between the first and third  $A\beta$ s.

Another example of the motions of  $A\beta_{1-42}$  peptides on the GM1-containing membrane is shown in Figure 3(a). The second  $A\beta$  added in the bulk water layer was eventually bound to the opposite leaflet of the membrane to that to which the first one was attached. The third  $A\beta$  first interacted with the first one, but it soon moved to the leaflet to which the second  $A\beta$  was attached. The third  $A\beta$  migrated on the membrane for a while and finally established close contact with the second one. It should be noted that the first  $A\beta$  was bound to the same leaflet throughout the simulation after it was bound to the membrane. The change in z-axis coordinate of the center of mass for each  $A\beta$  peptide was monitored (Figure 3(b)), and the changes in binding free energies among  $A\beta$  peptides were measured (Figure 3(c)). The binding energy between the first and second  $A\beta$ s and that between the first and third  $A\beta$ s were almost zero during the simulation. On the other hand, the binding energy between the second and third  $A\beta$ s became lower due to their interaction. When the third  $A\beta$  was bound to the membrane at 220 ns, the binding energy was hardly lowered because the third  $A\beta$  had no contact with the second one, but it was gradually lowered with the progress of MD simulation after 260 ns. It is notable that the binding energy was almost the same value as that measured for the interaction between the first and second  $A\beta$ s in the case shown in the previous example of Figure 2(c). That is, the strength of the initial interaction between two  $A\beta$  peptides on the membrane is consistent among the calculation trials.

## DISCUSSION

**Secondary Structure of  $A\beta$  Peptides.**  $A\beta$  peptides aggregate into insoluble filamentous fibrils, which accumulate to become toxic plaques, eventually leading to the neurodegeneration.<sup>35</sup> A solution NMR study demonstrated that  $A\beta$  fibrils consisted of  $\beta$ -sheet peptides and that these  $\beta$ -sheet

peptides were aligned to make a close packing.<sup>36</sup> Since the major content of a single isolated  $A\beta$  is an  $\alpha$ -helix,<sup>24,25</sup> conformational transformation of the secondary structure of  $A\beta$  due to interaction with the lipid mixed membrane and/or another  $A\beta$  is of great interest. The change of the secondary structure was examined for the respective residues through MD simulations (Figures S9–S11, Supporting Information).

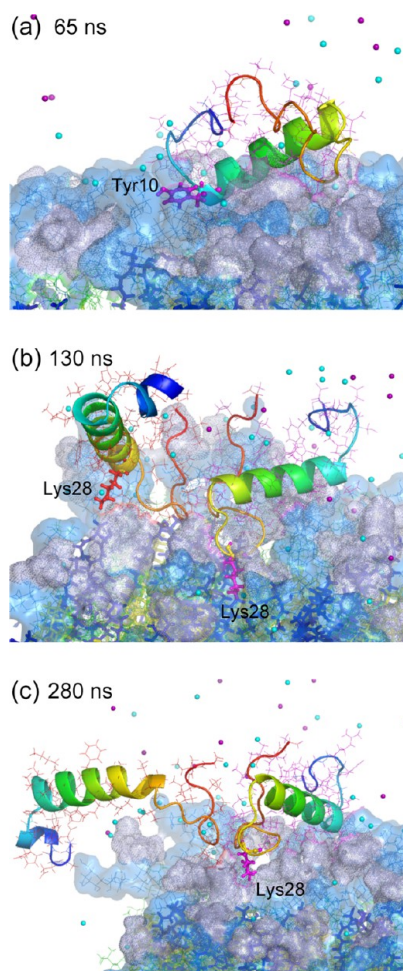
When a single  $A\beta_{1-42}$  is bound to the lipid membrane, the  $\alpha$ -helical content is slightly decreased. A typical example of decrease in the  $\alpha$ -helical content can be seen in trial I-b (Figure S9, Supporting Information). The  $\alpha$ -helix structures were limited to the region of residues 10–23. Turn or bend structures were increased with a decrease in  $\alpha$ -helix content. The helix of the  $A\beta$  peptide often became loose in the water layer and showed the so-called  $\pi$ -helix structure in trials I-c, I-d, I-e, I-g, and I-j. In these trials, the  $\alpha$ -helical region became straight compared to the initial structure. It is notable that an antiparallel  $\beta$ -sheet structure temporarily appeared at the C-terminal region in trials I-a, I-c, I-d, and I-e.

In the calculation for the model with two  $A\beta$ s, there was almost no change in the secondary structure of the first  $A\beta$  peptide during the simulation (Figure S10, Supporting Information). The  $\alpha$ -helix content of the second  $A\beta$  decreased, and a  $\pi$ -helix structure was observed in trials II-a and II-c. It should be noted that an antiparallel  $\beta$ -sheet structure sometimes appeared at the C-terminal region. In the calculations for the model with three  $A\beta$ s, the first  $A\beta$  peptide showed no marked change in secondary structure (Figure S11, Supporting Information). A  $\beta$ -sheet structure appeared at the C-terminal regions of the second and third  $A\beta$ s in both trials. A bend structure appeared at the regions around residue 26 in the second  $A\beta$  in trial III-a and in the third  $A\beta$  peptide in trial III-b. Consequently, it is concluded that the  $\alpha$ -helical content of the  $A\beta$  peptide decreases due to binding to the membrane, and the unfolded helical region is barely recovered.

**Interaction between the  $A\beta$  Peptide and GM1-Ganglioside.**  $A\beta$  peptides showed Brownian motion in the water layer. Therefore, the amino acid residues of  $A\beta$  that first make contact with the membrane are at random. In 70 ns MD simulations for a single  $A\beta$  model,  $A\beta$  was firmly bound to the membrane in four trials. The hydrogen bonds between  $A\beta$  and GM1 oligosaccharide were monitored for the last 10 ns in all of these four trials (Table S2, Supporting Information). There was no predominant residue of  $A\beta$  for the initial contact between  $A\beta$  and the membrane. This hydrogen bond analysis suggests that no amino acid residue is regularly responsible for the initial binding of  $A\beta$ .

The importance of the CH– $\pi$  stacking interaction between the galactose ring of ganglioside and the aromatic side chains of  $A\beta$  was previously pointed out by Tahi et al.<sup>37</sup> Indeed,  $\pi$ – $\pi$ , CH– $\pi$ , and OH– $\pi$  interactions are deeply involved in protein folding and molecular recognition.<sup>38,39</sup> Hence, the distances from the aromatic rings of Phe4, Tyr10, Phe19, and Phe20 to the closest heavy atom of GM1 head groups were monitored for the last 10 ns of the MD simulation for the four trials (Figure S12, Supporting Information). In every trial, some aromatic rings were within a distance that enabled CH– $\pi$  and/or OH– $\pi$  stacking interaction with GM1. Accordingly, the CH– $\pi$  and/or OH– $\pi$  stacking interaction with GM1 oligosaccharide is concluded to be effective to keep  $A\beta$  peptides attached to the membrane surface. A previous study using the fluorescence titration technique suggested that nonelectrostatic interaction between  $A\beta$  and glycolipids was a driving factor for  $A\beta$  binding to the membrane.<sup>40</sup> Our simulation results are consistent with this

experimental finding. A typical structure for the CH- $\pi$  interaction is shown in Figure 4(a).



**Figure 4.** (a) Marked interactions of A $\beta$  peptides on the GM1-clustering membrane. GM1 head groups are transparently depicted in light blue, but Neu5Ac's are shown in white. Main-chain atoms of A $\beta$  peptides are colored in rainbow, where the color change from blue to red corresponds to the residue position from the N-terminus to C-terminus. Other representations are the same as those in Figure 1. Structures, (a), (b), and (c), are extracted from trials I-b, II-c, and III-b at the corresponding time in Figure 2.

A marked interaction involving strong binding of A $\beta$  to GM1 clusters appeared in the progress of MD simulation after A $\beta$  adhesion to the membrane. A typical structure for the strong interaction is shown in Figure 4(b), which was extracted from trial II-c at 130 ns measured from the beginning of the single A $\beta$  simulation. Because of the clustering of GM1 head groups, some Neu5Ac residues gather at a local area of membrane surface, generating highly negatively charged regions. These regions present a characteristic environment like a pit on the membrane surface. The amine group on the side chain of Lys28 of A $\beta$  was strongly trapped inside this Neu5Ac gathering pit. Due to the trapping of the Lys28 side chain, the area of residues 29–32 converted to a strand form. The C-terminal side of A $\beta$ , residues 29–42, has high hydrophobicity. Owing to the conversion of residues 29–32 into the strand form, many hydrophobic residues at the C-terminal region were exposed to the solvent without forming any secondary structure and with hardly keeping intramolecular interaction. Hence, the C-terminal region was

quite reactive to make hydrophobic contact with other molecules. Accordingly, the first A $\beta$  had many chances for a strong hydrophobic interaction with the second one. The hydrophobic contact between the C-terminal regions of the first and second A $\beta$ s resulted in a more stable complex as shown in Figure 4(c). The C-terminal amino acid residues of both A $\beta$  peptides were aligned and developed into a parallel  $\beta$ -sheet formation. This formation is a trigger for A $\beta$  aggregation on the membrane.

It should be noted that amyloid fibrils have been suggested by experiments to have an antiparallel  $\beta$ -sheet structure.<sup>41</sup> In our simulation, the hydrophobic interaction of two A $\beta$ s was sometimes observed to start from the parallel  $\beta$ -sheet formation. When A $\beta$  was bound to the membrane, the C-terminal region was often exposed to the solvent, and the C-terminal end was observed to swing ceaselessly. Hence, residues other than those of the terminal end are more likely to make initial hydrophobic contact when two A $\beta$ s approach each other. Accordingly, the C-terminal regions are likely to be aligned, and a parallel  $\beta$ -sheet structure will be favorably formed. A parallel  $\beta$ -sheet is, however, less stable than an antiparallel  $\beta$ -sheet because the hydrogen bonds making the parallel sheet are distorted in comparison to those for an antiparallel sheet. Therefore, an antiparallel sheet structure will be more dominant with the growth of amyloid fibrils.

Three characteristic structures shown in Figure 4 were also observed in another series of MD simulations (Figure S13, Supporting Information). Illustrations of the CH- $\pi$  stacking interaction, trapping of the side chain of Lys28, and  $\beta$ -sheet formation of two A $\beta$ s were extracted from the snapshot structures at 40 and 95 ns of trial II-b and 145 ns of trial III-a, respectively. These structures will be valuable information to search for chemicals to block A $\beta$  binding to the lipid membrane or to reduce A $\beta$  fibril formation.

#### Comparison with Findings from Previous Studies.

Some experimental studies have suggested that the A $\beta$  peptide was bound to the GM1/SM/Chol mixed membrane in an  $\alpha$ -helical formation when the molar ratio of A $\beta$  to GM1 was low, but when the ratio was high, a  $\beta$ -strand-rich formation became dominant.<sup>10,11</sup> In our calculation, drastic transformation from  $\alpha$ -helical to  $\beta$ -sheet structure was scarcely observed for a single A $\beta$  even if it was bound to the GM1-containing membrane (Figure S9, Supporting Information). A  $\beta$ -sheet conformation sometimes appeared at the C-terminal region (Figure S10, Supporting Information), and the appearance continued for a long time when an A $\beta$  made contact with another A $\beta$  (Figure S11, Supporting Information). Hence, our results are consistent with the previous findings in that the concentration of A $\beta$  is a key factor to promote the transformation into a  $\beta$ -sheet structure. In the simulations with a single A $\beta$  model, the  $\alpha$ -helical region sometime became straight compared to the initial structure as seen in trials I-b and I-c, which is one of the possible reasons for the increase in  $\alpha$ -helical content experimentally observed in the early stage of A $\beta$  binding to the lipid membrane.<sup>11</sup>

Several experimental studies have revealed the importance of the quantity of Neu5Ac's for A $\beta$  binding to ganglioside-containing membranes.<sup>1,12</sup> It is important to note that A $\beta$  is barely bound to the mixed membrane consisting of GM1 and POPC even if Neu5Ac residues exist on the membrane surface.<sup>10,11</sup> A critical difference in GM1 formation between GM1/SM/Chol and GM1/POPC membranes is that GM1 gangliosides compose clusters only on the GM1/SM/Chol membrane. Due to the cluster formation, some Neu5Ac residues



come close to each other. The side chain of the basic amino acid residue, Lys28, is likely to be trapped by the gathering of these Neu5Acs. This finding explains why A $\beta$  is favorably bound to the GM1/SM/Chol membrane.

Zhao et al. performed MD simulation of A $\beta$  oligomers closely packed in the  $\beta$ -sheet formation at 398 K to observe the dissociation process of the packing form.<sup>14</sup> By monitoring the robustness to keep the  $\beta$ -sheet formation, they suggested that the hydrophobic segment at around Met35 was a key region for maintaining the structural stability of A $\beta$  oligomers. They further proposed that the hydrophobic segment was a nucleation site for A $\beta$  aggregation. In our simulation, A $\beta$  dimerization was observed to start with hydrophobic contact at the region around Met35, which is compatible with the above suggestion. An important role of the hydrophobic contact for A $\beta$  aggregation has been commonly observed in some previous studies.<sup>15–17</sup>

Through MD simulation, Davis et al. performed an energetic analysis of the process of A $\beta$  binding to a lipid membrane and subsequent dimerization.<sup>21</sup> They calculated the stabilization energy for the process to be  $-20$  to  $-46$  kcal/mol. The present study demonstrated that the interaction energy of two A $\beta$ s was gradually decreased with the evolution of A $\beta$  dimer formation and consequently reached about  $-40$  kcal/mol. This energy is comparable with the value calculated in the above study. It is interesting to note that these calculated energies are of a degree of affinity similar to the stable peptide–protein interaction as seen in the epitope recognition by human leukocyte antigen.<sup>42</sup>

It was reported that nanoparticles consisting of isopropylacrylamide enhanced the rate of the formation of A $\beta$  fibrils, while copolymeric particles of isopropylacrylamide and butylacrylamide retarded A $\beta$  fibrillation.<sup>43</sup> Nanoparticles were suggested to be mainly involved in the nucleation step of the A $\beta$  fibrillation process because, once A $\beta$  nuclei were generated, the subsequent fibril elongation was scarcely affected by the presence of the particles. The rate of A $\beta$  fibrillation was dominantly influenced by the component of polymers comprising the nanoparticles and also by their concentration in buffer solution.<sup>44,45</sup> The nanoparticle-induced fibril enhancement was suggested to be due to the hydrophobic character of the surface.<sup>43</sup> That is, the particles provide a more hydrophobic environment than water. In this regard, it is interesting that toxic A $\beta$  aggregation occurs without any surface like a membrane or particle if the polarity or dielectricity of the buffer is well controlled.<sup>41,46</sup> The existence of some kinds of surfaces such as nanoparticles or membranes will be a secondary factor to enhance A $\beta$  fibril formation. In the case of nanoparticle-mediated fibrillation, it was proposed that hydrogen bonds were formed between the particle polymer backbone and the polar groups of the peptide.<sup>44</sup> In our simulation, a certain number of hydrogen bonds were observed between the membrane surface and A $\beta$  peptides. Therefore, nanoparticles are considered to have a role essentially similar to that of the GM1-containing membrane so that both nanoparticles and membranes serve as platforms to provide an adequate environment for A $\beta$  peptides to cause nucleation and subsequent growth of fibrils.

**Adhesion of the Histidine-Protonated A $\beta$  Peptide on a GM1-Containing Membrane.** Several studies have shown that a membrane-binding peptide was attracted to acidic lipids on a membrane by electrostatic force.<sup>47,48</sup> The influence of the charge of the membrane on A $\beta$  was analyzed in some works.<sup>19,49,50</sup> However, it should be noted that the A $\beta$  peptide is specifically bound to the ganglioside-containing membrane under physiological ionic strength and at neutral pH.<sup>12</sup> The effect of negative

charge on the membrane surface is usually weakened by the presence of ions and solvent. To examine the influence of electrostatic interaction on A $\beta$  binding, we carried out additional 60 ns MD simulations with the A $\beta$  peptide set to be in a different charge state, in which the three residues His6, His13, and His14 were protonated. The final conformations for five trials of the 60 ns MD simulations are shown in Figure S14 (Supporting Information), and changes in the z-axis and secondary structure of the A $\beta$  peptide were monitored (Figures S15 and S16, Supporting Information). A comparison with the single A $\beta$  simulation in Figures S3, S4, and S9 (Supporting Information) indicates that there is no drastic change in the motion of A $\beta$  peptides, while the binding probability was increased to some extent. Therefore, the charge state of the A $\beta$  peptide is not essentially important for binding, and the negative charge of Neu5Ac is not the driving force to attract A $\beta$ s to the GM1-containing membrane. Instead, the electrostatic interaction is effective for stably maintaining A $\beta$  binding once A $\beta$  is trapped on the membrane surface.

## CONCLUSION

Multiple MD simulations demonstrated that A $\beta$  peptide was capable of being attached to the GM1-containing membrane, in which CH– $\pi$  and OH– $\pi$  interactions between the aromatic rings of A $\beta$  side chains and GM1 oligosaccharides assisted the A $\beta$  adhesion. A $\beta$  was further tightly bound to the lipid membrane when the amine group of Lys28 was held by the Neu5Ac gathering pit on the GM1 cluster. The amine group worked as an anchor to strongly link the A $\beta$  peptide to the membrane surface. When the second A $\beta$  approached the first A $\beta$ , the two A $\beta$  peptides made a complex. Hydrophobic contact was generated between the C-terminal regions of these two A $\beta$  peptides. Holding of Lys28 by Neu5Ac residues on the GM1 cluster assisted the formation of hydrophobic contact because the secondary structure was hardly maintained at the C-terminal region and the hydrophobic area was exposed to the solvent. The contact between the C-terminal regions of the two A $\beta$ s resulted in the formation of a parallel  $\beta$ -sheet structure. The third A $\beta$  peptide was observed to be bound to the complex of the two A $\beta$  peptides to make a bundle of A $\beta$  peptides. The strong hydrophobic interaction between two A $\beta$  peptides occasionally induced detachment of the A $\beta$  peptide complex.

## ASSOCIATED CONTENT

### Supporting Information

Cluster analysis of A $\beta$  peptides, hydrogen-bond interaction, time courses of the MD simulations, final structures of the simulations, change of z-axis of the A $\beta$  peptide, change of the secondary structure, marked interaction of A $\beta$  peptide with membrane, and results for the positively charged A $\beta$  peptide. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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### Notes

The authors declare no competing financial interest.

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