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# Improvements in Mixing Time and Mixing Uniformity in Devices Designed for Studies of Protein Folding Kinetics

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Using a microfluidic laminar flow mixer designed for studies of protein folding kinetics, we demonstrate a mixing time of  $1 \pm 1 \mu\text{s}$  with sample consumption on the order of femtomoles. We recognize two limitations of previously proposed designs: (1) size and shape of the mixing region, which limits mixing uniformity and (2) the formation of Dean vortices at high flow rates, which limits the mixing time. We address these limitations by using a narrow shape-optimized nozzle and by reducing the bend of the side channel streamlines. The final design, which combines both of these features, achieves the best performance. We quantified the mixing performance of the different designs by numerical simulation of coupled Navier–Stokes and convection–diffusion equations and experiments using fluorescence resonance energy-transfer (FRET)-labeled DNA.

Many proteins fold through transient intermediates that are populated in the submillisecond time regime.<sup>1</sup> These early events are crucial for understanding how protein folding is initiated and directed along specific pathways and have been a major focus of recent experimental<sup>2–5</sup> and theoretical work.<sup>6–9</sup> Molecular dynamics (MD) simulations of protein folding will be essential for our understanding of folding since they will be able to offer an insight into fast folding kinetics. However, they are currently still of limited value, requiring on the order of several months per microsecond<sup>10</sup> of computational time on the fastest supercomputers. Although experimental methods such as laser-based photochemical triggering and temperature/pressure jump techniques offer time resolution in nanoseconds, they are not the most general

techniques for the initiation of the protein folding reaction. Ultrarapid mixing methods in which the chemical denaturant is diluted are advantageous because they generate a large thermodynamic perturbation on most biomolecular systems<sup>11</sup> and therefore are the most versatile and generally applicable method of initiating chemical and biological processes.<sup>12</sup> New experimental approaches are starting to access time scales from microseconds to milliseconds.<sup>11–16</sup>

The fundamental process that leads to complete mixing of two solutions at the molecular level is diffusion. Since the diffusion time scales as the square of the diffusion length, for typical small-molecule solutes (e.g.,  $D = 1 \times 10^{-9} \text{ m}^2/\text{s}$ ) the length scale for diffusion needs to be reduced to as little as 30 nm to achieve microsecond mixing. Turbulent mixers that break the flow in small eddies have been used to accelerate mixing. Since turbulence occurs at high Reynolds numbers, high flow rates lead to extreme sample consumption. As an alternative to turbulent mixing, hydrodynamic focusing (lamination) first proposed by Brody et al.<sup>17</sup> has opened new windows to achieve rapid mixing with minimal sample consumption. In hydrodynamic focusing mixers, that have been developed by Knight et al.<sup>18</sup> and optimized by Hertzog et al.,<sup>16</sup> the buffer solutions from two symmetric orthogonal side channels focus the sample solutions from the center channel into a thin stream.<sup>18</sup> The fastest mixing time has been reported as  $8 \mu\text{s}$ <sup>16</sup> and  $4 \mu\text{s}$ <sup>19</sup> with femtomole sample consumption. Recently, Park et al.<sup>20</sup> demonstrated a five-inlet port mixer that incorporates the sheath flow from the two diagonal channels as a barrier between solutions flowing from the center and the two side channels during the focusing process. With the use of this scheme the width of the focused jet is effectively reduced by the sheath flow instead of relying on the small nozzles or channels.

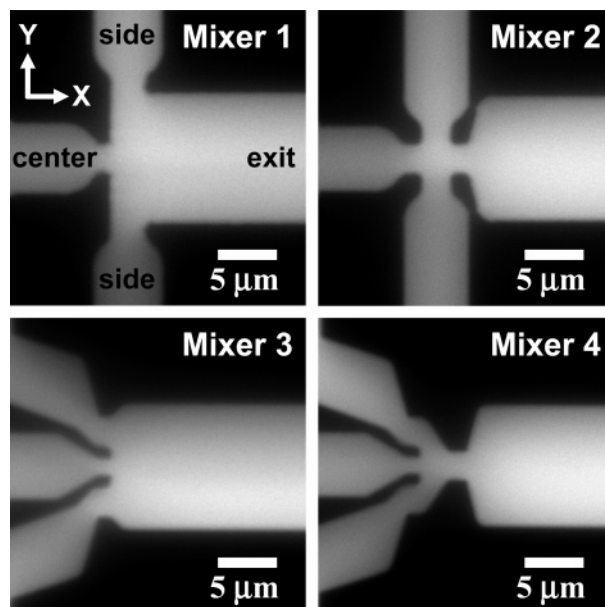
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In a parallel effort, Pabit and Hagen<sup>11</sup> constructed a laminar coaxial jet mixer from fused-silica capillary of i.d. of 20  $\mu\text{m}$  that allows UV-excited fluorescence measurements with  $\sim 400 \mu\text{s}$  dead time. Sundararajan et al.<sup>21</sup> presented a generalization of the conventional two-dimensional (2D) hydrodynamic focusing to three-dimensional (3D). Three-dimensional hydrodynamic focusing offers the advantages of precision position of sample flow to the center of the channel in both vertical and lateral dimensions. Multilayer micromolding procedures were used to fabricate 3D microfluidic structures with polydimethylsiloxane (PDMS). Hydrodynamic focusing mixers have been successfully used in protein and RNA folding studies, combined with detection methods of fluorescence resonance energy-transfer (FRET),<sup>16</sup> small-angle X-ray scattering (SAXS),<sup>22,23</sup> Fourier transform IR (FT-IR) spectroscopy,<sup>24</sup> and UV fluorescence spectroscopy.<sup>11,25</sup> Hydrodynamic focusing is also an effective method in flow cytometry,<sup>26,27</sup> cell patterning,<sup>28–30</sup> liposome formation,<sup>31</sup> rapid cell lyses,<sup>32</sup> surface chemical modification,<sup>33,34</sup> DNA self-assembly and sequencing.<sup>35,36</sup>

The continued improvement of laminar mixing techniques remains an important avenue toward progress in protein folding kinetic studies. This article discusses the limitations of the previous designs and our solutions to these limitations. First, as pointed before by Hertzog et al.<sup>19</sup> and Park et al.,<sup>20</sup> the premature mixing prior to formation of the focused jet, referred to as “premixing”,<sup>18</sup> causes a variation in the degree of mixing for each individual streamline originated from the center channel. This mixing uniformity is limited by the size of the nozzle, typically  $> 1 \mu\text{m}$  in photolithography. Second, the higher flow rate desired to achieve fast mixing induces 3D effects, which limit mixer performance. The 3D effects, referred to as Dean vortices, are formed in curved channels when inertial effects of the fluid become significant. They occur because the faster moving fluid near the inner walls of the channel has larger centripetal acceleration than the slower moving fluid near the outer walls. The centripetal acceleration creates off-axis pressure gradients



**Figure 1.** Bright-field images of the mixing regions for the four mixer designs. Mixer 1 is the original design whose mixing region is a simple cross. Mixer 2 is narrower in the region where the inlet channels meet, resulting in a narrower focused jet and increased local flow velocities. In mixer 3 the streamlines originating from the side channels bend less than in the original design. Mixer 4 combines the features of mixers 2 and 3.

and velocities resulting in vortices in the cross-sectional plane. Consequently, under those conditions in a laminar flow mixer, the sample coming from the center channel no longer stays confined to a thin jet. We refer to this phenomenon as “jet splitting” further in the text. Since the sample molecules do not follow trajectories in the same horizontal plane of the channel, it becomes difficult to estimate the flow velocities along these streamlines. More importantly, the 3D effects introduce vastly different flow velocities for the different streamlines, which, in turn, introduce a large variation in the time history of different streamlines.

In this study, we addressed these two problems with two different designs. In the first design we reduced the size of the intersection of the three inlet channels, and in the other we reduced the bend of the side channel streamlines. The final design that achieved the best performance combines both of these features. We quantified the mixing performance of these four designs by numerical simulation of coupled Navier–Stokes and convection–diffusion equations and experiments measuring the collapse of FRET-labeled single-strand DNA (ssDNA) in confocal scanning microscopy. In particular, the jet splitting issue associated with Dean vortex flow was investigated in 3D simulation and cross-sectional confocal scans. With our final optimized design, we improved the mixing uniformity across the streamlines prior to the jet formation and reduced the mixing time by increasing the local velocity in the mixing region and the total absolute flow rate in the mixer.

## EXPERIMENTAL DETAILS

**Mixer Design and Operation.** We investigated four mixer designs in this study. Figure 1 shows the bright-field reflection CCD images of the mixing regions for the four designs in this study. Mixer 1, whose mixing region is a simple cross, is the

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original design.<sup>16</sup> Mixer 2 has a small nozzle in the region where center and side channels meet resulting in increased local flow velocities in the region in which the jet forms.<sup>19</sup> We chose the smallest size of the nozzle that can easily be fabricated using photolithography. In mixer 3 the streamlines that originate from side channels bend less than in the original design. Mixer 4 combines the features of mixers 2 and 3. The first two mixer designs have been studied by Hertzog and co-workers.<sup>16,19</sup>

The silicon–glass devices were fabricated using hard contact photolithography, deep reactive ion etching (DRIE), and anodic bonding.<sup>16</sup> The nozzles of the center and side channels are 1  $\mu\text{m}$  wide (the photolithographically limited feature size). The widths of exit channels are 10  $\mu\text{m}$ , and all the channel depths are 10  $\mu\text{m}$ . The devices have on-chip filters that are made of arrays of posts with 1–2  $\mu\text{m}$  spacing in each channel before the mixing region. All the devices have similar layouts with extended channels to inlets and outlets for fluid delivery. Each device is fabricated on a  $1.5 \times 1.5 \times 0.07 \text{ cm}^3$  die. In operation, the die is assembled to an acrylic housing via O-rings, where the fluid reservoirs are pressurized through the pneumatic lines. The pressures of center and side channels are controlled by two pressure regulators with 0–100 psi range and 0.1% accuracy (Marsh-Bellofram, Inc., Newell, WV) and interfaced by a custom-built Labview program (National Instruments, Austin, TX). The flow resistances in all the devices were verified in micro-PIV measurements by Hertzog et al.<sup>16</sup> to agree within 95% accuracy with the analytical model.

**FRET-Labeled Single-Strand DNA.** DNA oligonucleotide was purchased from Integrated DNA technologies, Inc. (Coralville, IA). The fragments are labeled with amine-reactive carboxy tetramethyl-rhodamine (TAMRA) at the 3' end of the (dT)<sub>39</sub> and Alexa Fluor 647 NHS ester at the 5' end. The samples were purified by dual high-pressure liquid chromatography (HPLC). Solutions of 100 nM ssDNA were mixed with 2 M NaCl to characterize the mixing time for all the mixers. Sodium chloride solutions with concentration from 0 to 3 M were used in equilibrium calibration for the FRET proximity ratio (PR) versus [NaCl]. All the solutions were prepared in 10 mM Tris–HCl buffer at pH 8 (Sigma-Aldrich, St. Louis, MO), and the buffer solutions were filtered with 0.1  $\mu\text{m}$  pore diameter filter prior to use.

**Confocal Scanning Microscopy.** Fluorescence images were acquired using confocal scanning microscopy. A multiline CW argon ion laser (Coherent Inc., Santa Clara, CA) provides excitation at 488 nm or 514 nm through an inverted microscope (Eclipse TE300, Nikon) with a 60 $\times$ /1.2 NA water immersion objective. Fluorescence emission was collected with the same objective and passed through a dichroic mirror and a 50  $\mu\text{m}$  pinhole (Newport Co., Irvine, CA). For a single fluorescent image (e.g., dye quenching experiment), the signals were detected with an avalanche photodiode (APD, Perkin-Elmer Optoelectronics, Fremont, CA). For FRET measurements of ssDNA (with TAMRA and Alexa Fluor 647 as the donor and the acceptor, respectively), the emissions from the donor and acceptor were split by a 630DRLP dichroic mirror (DM, Omega Optical, Inc., Brattleboro, VT). The donor and acceptor signals were then passed through 580DF60 and 670DF40 emission filters (DM, Omega Optical, Inc., Brattleboro, VT) and collected by two identical APDs, respectively. Confocal images were scanned by a nanometer-resolution, three-axis piezo-stage (Physik Instrument, Germany) with custom software developed in Labview (National Instruments, Austin, TX). With laser excitation intensity of 5–10  $\mu\text{W}$ , measured at the front focal plane of the objective where the specimen is located, the

integration per pixel varied between 5 and 10 ms to leverage the signal-to-noise ratio. The cross-sectional profiles of the focused sample stream acquired by Z-scans (10  $\mu\text{m}$  in width and 14  $\mu\text{m}$  in depth) determine the flow conditions under which no jet splitting occurs and the vertical midplane of the channel where the flow can be approximated as 2D laminar flow. Typical  $X$ – $Y$  scans were 60  $\mu\text{m}$  long (streamwise,  $X$  direction) and 8  $\mu\text{m}$  wide (transverse,  $Y$  direction) and with 0.1  $\mu\text{m}$  resolution in each direction. In FRET measurements, the PR along the  $X$  direction was obtained by the background subtracted donor and acceptor image pairs. We extracted intensity versus  $X$  distance by averaging 0.5  $\mu\text{m}$  wide in the  $Y$  direction at 0.1  $\mu\text{m}$  step in the  $X$  direction centered along the focused jet. Calibration of PR versus [NaCl] was performed in the same experimental setup under equilibrium conditions using premixed ssDNA and NaCl solutions in which [NaCl] varied from 0 to 3 M.

## SIMULATION DETAILS

Numerical simulations were employed to quantify the mixing performance of these mixers (shown in Figure 1). The flow and concentration fields in these mixers are governed by the steady-state incompressible Navier–Stokes equation and the convective–diffusion equation for the faster diffusing reactant with lower Peclet number:

$$\rho(\vec{V} \cdot \nabla) \vec{V} = -\nabla P + \mu \nabla^2 \vec{V} \quad (1)$$

$$\nabla \cdot \vec{V} = 0 \quad (2)$$

$$\vec{V} \cdot \nabla C = D \nabla^2 C \quad (3)$$

where  $\vec{V}$  is the flow velocity,  $P$  is the pressure,  $\rho$  is the fluid density,  $\mu$  is the dynamic viscosity.  $D$  and  $C$  are the diffusivity and the concentration of the reactant, respectively. For direct comparison with the experimental measurements of the collapse of FRET-labeled ssDNA, we applied the appropriate fluid properties of aqueous solutions of NaCl in the control volume. The diffusivity of NaCl solution of  $1.5 \times 10^{-9} \text{ m}^2/\text{s}$  (less than 2% variation for 0 to 2 M)<sup>37</sup> was used in our model. Since  $\rho$  and  $\mu$  are approximately linearly dependent on the NaCl concentration,<sup>38</sup> in the model, we used the following dependences (at 25  $^\circ\text{C}$ ):

$$\rho = \rho_0(1 + 0.037C) \quad (0 \leq C \leq 2 \text{ M}) \quad (4)$$

$$\mu = \mu_0(1 + 0.104C) \quad (0 \leq C \leq 2 \text{ M}) \quad (5)$$

where  $\rho_0$  (= 997 kg/m<sup>3</sup>) and  $\mu_0$  (= 0.89 mPa·S) are the density and the dynamic viscosity for pure water at 25  $^\circ\text{C}$ .

The coupled eqs 1–3 were numerically solved by a commercial program, Comsol Multiphysics (Comsol Inc., Stockholm, Sweden) with a finite element scheme.

**Validation of Laminar Flow Assumption.** The flow field in a curved channel has been extensively studied.<sup>39–42</sup> When a fluid flows through a curved channel, at high enough flow rates steady

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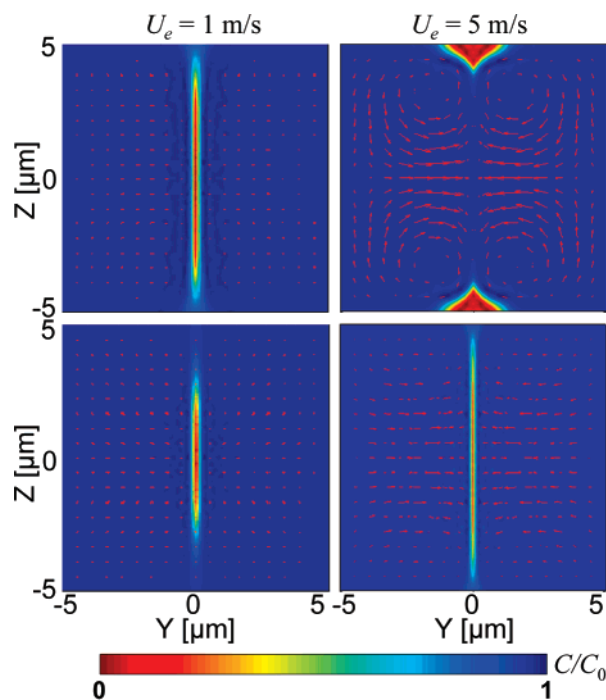
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**Figure 2.** Numerical simulations of the cross-sectional flow and concentration fields corresponding to the designs of mixer 1 and mixer 3, at  $U_e = 1$  and  $5$  m/s. At  $U_e = 5$  m/s, mixer 1 shows jet splitting due to formation of Dean's vortices. Color map indicates the normalized concentration of the reactant flowing from the side channels.

laminar flow evolves into unstable secondary flows resulting in rotating spiral vortices (known as Dean's vortices) in the cross-sectional plane of the channel. Dean's vortices are a result of differential centrifugal forces acting on the fluid at the center and at the near-wall regions of the channel. In the center of the channel the axial (streamwise) velocities are greater than those near the walls. Therefore, the fluid in the center is driven to the outside of the bend. Due to the constraint of fluid continuity, the flow returns along the walls to the inside of the bend. The Dean number is the nondimensional parameter that characterizes flow in curved channels. The Dean number  $De$  is defined as  $De = Re\sqrt{d/R}$ , where  $Re$  is the Reynolds number ( $ud/\nu$ ),  $u$  is the average velocity across the stream,  $d$  is the width of the channel,  $\nu$  is the kinetic viscosity, and  $R$  is the radius of curvature. As the Dean number increases, so does the intensity of the secondary flow.<sup>43</sup>

We employed 3D simulation of the governing eqs 1–3 for geometries similar to the mixing region of mixer 1 and mixer 3. The cross-sectional flow and concentration fields at  $x = 5 \mu\text{m}$  in the exit channel are shown in Figure 2. In the downstream channel where the flow is fully developed, both vorticity and concentration decreased along the channel due to diffusion but the variation in flow and concentration profile were negligible. The total flow rate was gradually increased as indicated by the maximum flow velocity at exit,  $U_e$ . The flow ratio of the center inlet flow rate to the side inlet flow rate,  $Q_c/Q_s$ , was kept at 0.02. For simplicity, we define  $Re_{\max} = U_e w_e/\nu$ , where  $w_e$  is the width of the exit channel, to quantify the flow. In mixer 1 with side channels that come in at  $90^\circ$  the Dean vortices started to significantly affect the flow field in the cross sections when the maximum velocity in the exit channel was greater than 1 m/s. The vorticity at  $U_e = 5$  m/s ( $Re_{\max}$

$= 50$ ) was over 100 times higher than the vorticity at 1 m/s ( $Re_{\max} = 10$ ). The vortices in each quadrant were antisymmetric to the central axes. The secondary flow in the vertical direction caused the jet to move to the top and bottom of the channel and to finally split into two streams. In mixer 3, we reduced the curvature of the side channels with respect to the exit channel and thus reduced the Dean's number by a factor of 2. The simulation results show that the jet splitting does not occur for  $U_e$  up to 5 m/s.

Use of 2D flow simulation in our analysis, that greatly reduces computational time, is justified under the conditions of no jet splitting and tightly focused jets. The optimized performance of each of the different designs is achieved at the highest flow rate at which the jet splitting still does not occur. Since the width of the focused jet is more than 10 times smaller than the channel depth, the flow at the vertical midplane can be approximated with 2D flow simulation.

**Mixing Performance Quantification.** The mixing time defined by Hertzog et al.<sup>16</sup> accounts for the time it takes for the reactant concentration in the center streamline to increase from 10% to 90% of the initial concentration in the side channel. This definition may underestimate the mixing time due to the nonuniform mixing prior to the formation of the focused jet as the outermost streamline from the center channel starts to mix with the liquid from the side channel earlier than the center streamline. In a later paper,<sup>19</sup> Hertzog et al. quantified this nonuniformity of mixing times by calculating the mixing time of all the streamlines across the focused stream and the standard deviation of these mixing times. This phenomenon was also referred to as "premixing" by Park et al.<sup>20</sup> To account for the nonuniform mixing, we considered variation across the 50 streamlines in the midplane originating from the center channel, where the sample molecules (e.g., protein, DNA) reside. Since the diffusivities of the protein/DNA molecules are usually lower than that of the denaturant by a factor of 10, the sample molecules diffuse much slower and tend to remain on these streamlines from the center channel. As suggested by Hertzog et al.<sup>16</sup> and Park et al.,<sup>20</sup> we define the mixing time as

$$t_i(x) = \int_{x_0, C=0.01C_0}^x \frac{dx}{u_i(x)}$$

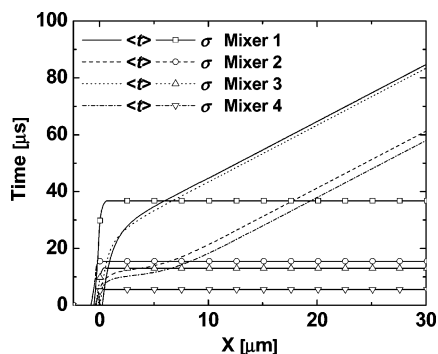
$$\langle t(x) \rangle = \frac{\sum_i t_i(x) w_i(x)}{\sum_i w_i(x)}$$

and standard deviation of the mixing time as

$$\sigma(x) = \sqrt{\frac{\sum_i (t_i(x) - \langle t(x) \rangle)^2 w_i(x)}{\sum_i w_i(x)}} \quad (t_i \geq 0)$$

where  $w_i$  is the width of the  $i$ th streamline and the clock of the elapsed time  $t_i$  starts when the reactant concentration in the  $i$ th streamline has increased to 1% of the initial concentration in the side channel,  $C_0$ . The final concentration regarded as fully mixed is arbitrary. For most of the protein folding studies, denaturant

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**Figure 3.** Two-dimensional simulation of mixing performance showing mixing time and uniformity improved by optimizing intersection geometry and reducing the bend of the side channel streamlines. The maximum flow is 0.5 m/s in the exit channel. The mixing times to achieve 80% change in concentration were obtained as  $\langle t \rangle$  averaged over the streamlines from the center channel. For mixers 1–4 they are 44, 15, 40, and 11  $\mu$ s, and the standard deviations  $\sigma$  that reflect the degree of mixing uniformity are 37, 16, 13, and 6  $\mu$ s, respectively.

concentration changes higher than 70% fully trigger the folding process. Therefore, in this study, we consider 80% change. To evaluate the mixing performance, we define and use throughout this article the *mixing time* as the average time  $\langle t \rangle$  across the streamlines and consider the standard deviation  $\sigma$  in time as the figure of merit for the mixing uniformity.

## RESULTS

**Comparison of Simulation Results for Four Mixer Designs.** To illustrate the performance improvements in terms of mixing time and mixing uniformity for mixers 2–4 over mixer 1, we compare simulation results for the four mixers at the same flow conditions in Figure 3. For this comparison we chose the maximum flow of 0.5 m/s in the exit channel ( $Re_{\max} = 5$ ), conditions at which Dean vortices do not form for either of the designs. Mixers 2 and 4 reduce the mixing time by a factor of 3 compared to mixers 1 and 3. This reduction in mixing time is due to the increase in the local velocity in the mixing region with shape-optimized nozzles. The standard deviation curves, which measure the mixing uniformity, first increase before formation of the focused jets due to the speed variation across the streamlines originating from the center channels and then plateau when the jets are narrowly focused near the center streamline in the exit channel. The plateaus indicate the overall variance in the mixing time. Mixers 2–4 all show improvement in mixing uniformity reflected by the reduction of the standard deviation over that of mixer 1. The optimized design mixer 4 reduces the standard deviation by a factor of 6.

**Investigation of 3D Effects Using Confocal Scanning of Cross-Sectional Jet Profile.** To investigate the effects of the Dean vortices and to determine the flow conditions under which each of the mixers operates without jet splitting, we obtained confocal scans of the cross sections of the exit channel. We increased the total flow rate while keeping the flow ratio of the center to side channel at 1:50, which is close to flow ratio at which the optimal mixing time is achieved.<sup>16</sup> A stream of 10  $\mu$ M dextran-conjugated Alexa Fluor 488 (10 kDa) (Molecular Probes, Eugene, OR) was pressurized in the center channel and focused by 10 mM PBS buffer (pH 7.4, Sigma-Aldrich, St. Louis, MO) on both sides. The cross-sectional profiles of the focused jet at the fixed

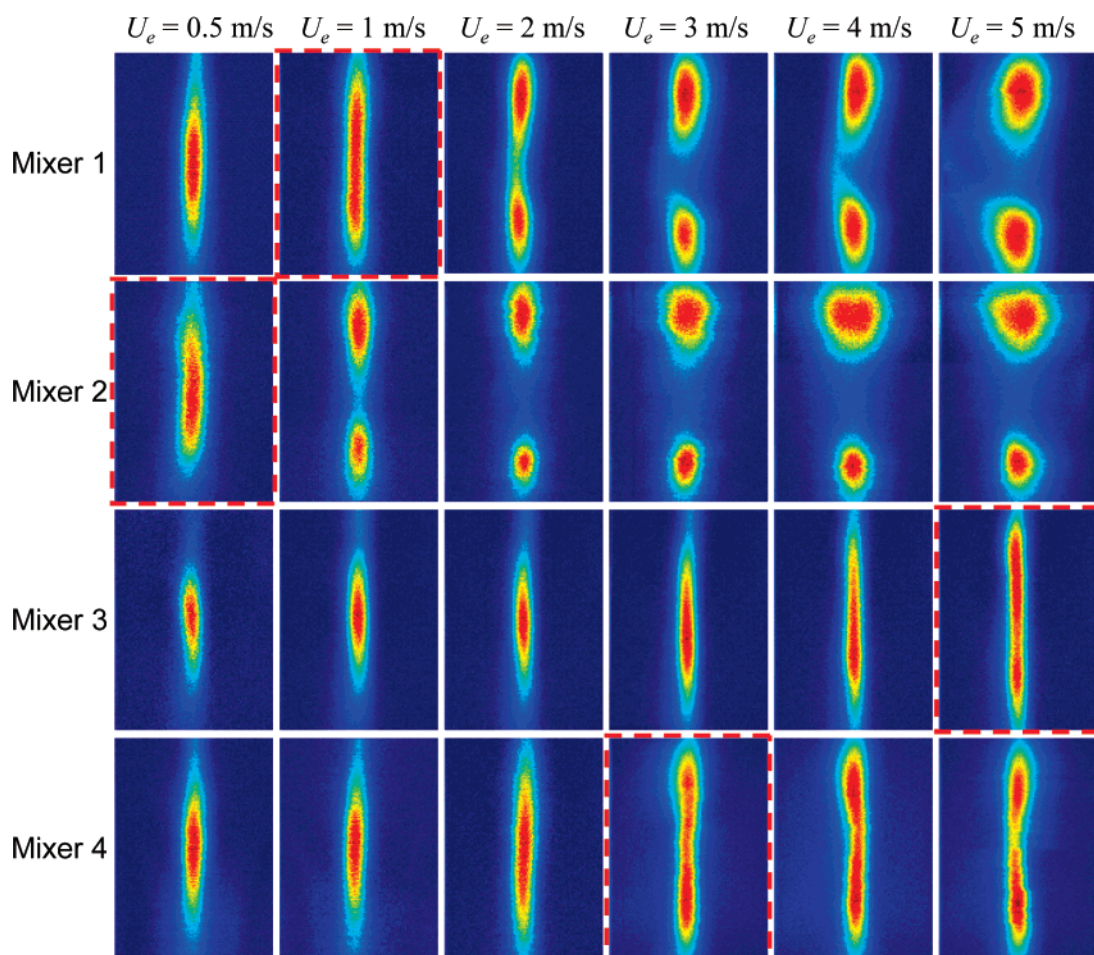
detection location  $x = 50 \mu\text{m}$  are shown in Figure 4. The pseudocolor images show the intensity profiles of the focused fluorescent dye streams. The total flow rate is indicated by the maximum flow velocity at exit,  $U_e$ . At low flow rate ( $U_e$  is equal or less than 0.5 m/s, the total flow rate is 24 nL/s in a  $10 \mu\text{m} \times 10 \mu\text{m}$  channel), the cross-sectional focused stream profiles are spindle-like for all the mixers. As the flow rate increases, the cross-sectional jet profiles elongate in the vertical direction. As the effective velocities in the curved channels get higher, the Dean vortices in the cross-sectional planes cause significant secondary flow in the vertical direction. At that point, the high-concentration stream moves toward the top and bottom of the channel, to finally split into two concentrated streams symmetrical in the midplane of the channel. These experimental observations qualitatively agree with the 3D simulation results as described in the Simulation Details section. We observed obvious jet splitting in the focused streams at  $U_e = 2, 1$ , and 4 m/s (the associated  $Re_{\max}$  are 20, 10, and 40) for mixer 1, 2, and 4, respectively. Performance of mixer 3 in our setup was limited by the available pressure supply. From these results, we determined the flow velocities at exit for which the fastest mixing without jet splitting will occur: 1, 0.5, 5, and 3 m/s for mixers 1–4, respectively. Since the jet splitting significantly lowers the fluorescent signal in the midplane, for the measurement of mixing time we choose to operate the mixers below these threshold flow conditions to achieve better signal-to-noise ratio.

We used the cross-sectional confocal scans of the channel homogeneously filled with fluorescent dye solutions to determine the vertical midplane where the confocal scans of the focused jets in the  $X$ – $Y$  dimension should be taken for our mixing characterization experiments. We also used the cross-sectional scans taken at different detection points along the channel to ensure that the device was held in a horizontal level for each experiment.

**Measurement of Mixing Time Using Collapse of FRET-Labeled ssDNA.** To characterize the mixing response of our mixers, we performed FRET measurements of ssDNA (dT<sub>30</sub>) collapsed by high-concentration salt. FRET between donor and acceptor fluorophores is widely used to characterize the conformations and dynamics of biomolecules such as proteins. FRET can provide distance information for donor and acceptor pairs of points on the amino acid chain as a function of folding.<sup>44</sup> Characterization of mixing with a FRET assay is most desirable since our ultrafast continuous-flow mixers are designed for FRET-labeled protein assay. Murphy et al.<sup>45</sup> have estimated the persistence length of oligo-dT decreases with increasing salt concentration using FRET fluorescence spectroscopy. As described earlier, the ssDNA molecule is labeled with a dye molecule at each end. When the two dyes get closer, the FRET energy starts to transfer from the donor to the acceptor. This transfer of energy is irradiative, due primarily to a dipole–dipole interaction between donor and acceptor. The FRET proximity ratio, defined as  $PR = I_A / (I_A + I_D)$ , where  $I_A$  and  $I_D$  are the background-corrected intensities of the emission of the acceptor and the donor, respectively, indicates the signal response of the concentration change upon mixing in the focused stream. The ssDNA molecules undergo submicrosecond collapse upon transition from a low-concentration salt to a high-concentration salt environment. This collapse is faster than

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**Figure 4.** Confocal scans of cross-sectional jet profiles for the four mixers at different flow rates. Each image is  $14\ \mu\text{m} \times 10\ \mu\text{m}$  with  $0.1\ \mu\text{m}$  resolution in each dimension. Highlighted panels show the highest flow rate at which the jet splitting does not occur for each of the mixers. The pseudocolor map indicates fluorescence intensity (red is high intensity from fluorescence, and blue is low intensity).

the mixer performance, so it allows for accurate mixer characterization.

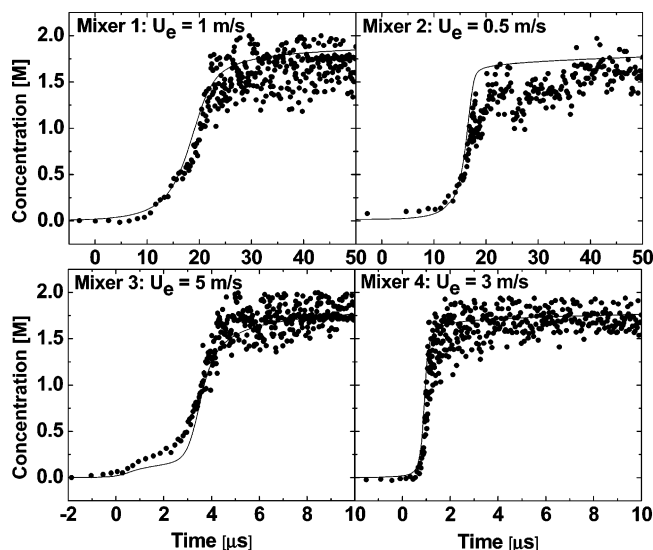
The data was taken using 100 nM ssDNA and 2 M NaCl solutions that were pressurized into the center channel and the side channels, respectively. The ssDNA molecules in the focused stream experienced a rise in salt concentration while flowing downstream due to the diffusion of NaCl. The data was taken at the vertical midplane of the channel with a confocal spot that measures approximately  $0.3\ \mu\text{m}$  in the radial direction and  $1\ \mu\text{m}$  in the vertical direction. To achieve the minimum mixing time, we compared the mixing performance of each mixer at the highest flow rates without jet splitting and at their corresponding optimal flow ratio of the center inlet flow rate to the side inlet flow rate.<sup>16</sup> The flow conditions for each mixer are  $U_e = 1\ \text{m/s}$  and  $Q_c/Q_s = 0.02$  for mixer 1,  $U_e = 0.5\ \text{m/s}$  and  $Q_c/Q_s = 0.04$  for mixer 2,  $U_e = 5\ \text{m/s}$  and  $Q_c/Q_s = 0.02$  for mixer 3, and  $U_e = 3\ \text{m/s}$  and  $Q_c/Q_s = 0.02$  for mixer 4. The characterization results of [NaCl] versus time for each mixer are shown in Figure 5 (circles). The results were obtained by averaging five measurements that were repeatable to within 5%. We overlaid the numerical results (solid curve) with the experimental data. We converted the PR into [NaCl] with an equilibrium calibration curve (by measuring the FRET signals of premixed ssDNA and NaCl solution from 0 to 3 M in the same experimental setup in Supporting Information Figure S-1) so that we can compare the results with our simulated solute concentration. We estimated the concentration time history

by converting the Eulerian space coordinate to the Lagrangian time coordinate. The space-to-time conversion was obtained from the numerical simulation with space resolution of  $0.05\ \mu\text{m}$  as described in the Simulation Details section (also shown in Supporting Information Figure S-2).

The measured mixing times,  $\langle t \rangle$ , for the four mixers are  $22 \pm 7$ ,  $17 \pm 7$ ,  $4 \pm 2$ , and  $1 \pm 1\ \mu\text{s}$ , respectively. The results agree well with the simulation data. The optimized design reduced the mixing time by at least an order of magnitude from the original design. Note that using the Lagrangian time history in the center streamline the mixing time in mixers 1 and 2<sup>16,19</sup> might have been underestimated by about a factor of 2.

We considered several sources that contributed to the uncertainty in mixing time. The alignment of the confocal images to the simulation coordinates is probably the most significant contribution of the errors. The simulated flow field used for time estimation has a steep gradient in the mixing region within a few micrometers from the center nozzle exit. The diffraction-limited confocal spot size limits the spatial resolution to about  $0.3\ \mu\text{m}$ . Misalignment of  $\pm 0.3\ \mu\text{m}$  along the channel results in  $0.7\text{--}6.0\ \mu\text{s}$  variation in the mixing time (different for different mixer designs). For the fastest mixing mixer, this variation is equivalent to the magnitude of the mixing time and limits our time resolution. The second source of error arises due to the uncertainty of the registration of the vertical midplane, which is limited by the size





**Figure 5.** Mixing time characterized by FRET-labeled ssDNA collapsed by high salt solutions. We compare the mixing time under the optimal conditions for each of the designs: the highest flow rate where jet splitting does not occur (observed from the cross-sectional scans of the jet profiles) and their corresponding optimal flow ratio of the center inlet flow rate to the side inlet flow rate to achieve the minimum mixing time (ref 16). The flow conditions for each mixer are  $U_e = 1$  m/s and  $Q_c/Q_s = 0.02$  for mixer 1,  $U_e = 0.5$  m/s and  $Q_c/Q_s = 0.04$  for mixer 2,  $U_e = 5$  m/s and  $Q_c/Q_s = 0.02$  for mixer 3, and  $U_e = 3$  m/s and  $Q_c/Q_s = 0.02$  for mixer 4. The data represents an average of five measurements. Numerical simulation results are overlaid as a solid curve.

of the confocal spot in the  $Z$  direction. The flow speed in the planes that are  $\pm 1 \mu\text{m}$  away from the vertical midplane is lower by less than 5% than the maximum value. Thus, an error in registration of the vertical midplane causes errors in measurement of the mixing time. As also discussed by Hertzog et al.,<sup>19</sup> other instrumental errors including the accuracy of the applied pressure and the discrepancy in channel geometry due to variation of microfabrication will change the flow rate. The sensitivity to flow rate changes of up to 10% can change the mixing time by 75%. If the flow ratio  $Q_c/Q_s$  is changed by  $\pm 10\%$ , we estimate that the mixing time changes by  $0.1\text{--}1.1 \mu\text{s}$  in our experimental conditions. The image noise in the confocal detection system is nearly negligible. Finally the 2D flow model is a good approximation of the full 3D flow and concentration fields to within 95% accuracy.

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## CONCLUSIONS AND DISCUSSION

We have performed both 3D numerical and scanning confocal studies to optimize mixing performance of the mixers that rely on hydrodynamic focusing. We demonstrated fast mixing, on the order of  $1 \pm 1 \mu\text{s}$ , while consuming less than 1 nL/s of ssDNA (corresponding to less than 360 fM/h). The mixers were characterized by measuring the collapse of FRET-labeled ssDNA. The improvement in both mixing time and mixing uniformity was achieved by optimization of mixer shape. The narrow region at the intersection of inlet channels increases the local speed in the mixing region. The more tightly focused region prior to the jet formation reduces the variation in mixing time for each streamline of the sample that originates from the center channel. Reduced bend of the streamlines originating from the side channel enables the increase of operating flow velocities by a factor of 5, thus also reducing the mixing time.

Nozzle and channel geometry could still be improved to allow for higher flow rates without formation of Dean vortices. An alternative solution would be to use 3D hydrodynamic focusing either by a coaxial design<sup>11</sup> or by a 3D structure in which the jet is focused in both vertical and lateral dimensions.<sup>21,46</sup> Although 3D microfabrication has been demonstrated by micromolding,<sup>47</sup> laser machining,<sup>48</sup> stereolithography,<sup>49</sup> and two-photon lithography,<sup>50</sup> reduction of the feature size to  $1 \mu\text{m}$  or less in 3D structures still remains a challenge.

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## SUPPORTING INFORMATION AVAILABLE

Additional information as noted in text. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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