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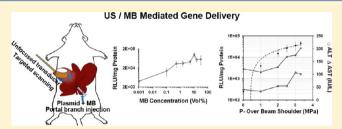


## Efficient Microbubble- and Ultrasound-Mediated Plasmid DNA Delivery into a Specific Rat Liver Lobe via a Targeted Injection and Acoustic Exposure Using a Novel Ultrasound System

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Supporting Information

ABSTRACT: To develop efficient gene delivery in larger animals, based on a previous mouse study, we explored the luciferase reporter gene transfer in rats by establishing a novel unfocused ultrasound system with simultaneous targeted injection of a plasmid and microbubble mixture into a specific liver lobe through a portal vein branch. Luciferase expression was significantly enhanced over 0-30 vol % of the Definity microbubbles, with a plateau between 0.5 and 30 vol %. The increase of gene delivery efficiency also depended on the



acoustic peak negative pressure, achieving over 100-fold enhancement at 2.5 MPa compared with plasmid only controls. Transient, modest liver damage following treatment was assessed by transaminase assays and histology, both of which correlated with gene expression induced by acoustic cavitation. In addition, pulse-train ultrasound exposures (i.e., with relatively long quiescent periods between groups of pulses to allow tissue refill with microbubbles) produced gene expression levels comparable to the standard US exposure but reduced the extent of liver damage. These results indicated that unfocused high intensity therapeutic ultrasound exposure with microbubbles is highly promising for safe and efficient gene delivery into the liver of rats or larger animals.

KEYWORDS: ultrasound-targeted microbubble destruction technique, nonviral gene delivery, acoustic cavitation, ultrasound-induced bioeffects, vascular and cellular permeabilization

### **■ INTRODUCTION**

The liver is an attractive organ for targeted gene therapies to attack numerous diseases, 1,2 as it plays an important role in metabolic pathways and the production of serum proteins. There has been great progress in developing viral vectors for liver-directed therapy in vivo.<sup>2-4</sup> However, there remain substantive hindrances to the clinical application of viral gene delivery. 5-7 Nonviral delivery methods have received much focus alternatively due to the higher gene carrying capacity, lower immunogenicity, and diversity and ease of vector construction.8

Therapeutic ultrasound (US) has been explored widely in  $vitro^{9-11}$  and in  $vivo^{12-16}$  as a tool with which to increase gene or drug delivery. In the presence of ultrasound contrast agents, which are almost always microbubbles (MBs), sonoporation<sup>17,18</sup> can induce small-scale tissue hemorrhage which permits delivery of molecules from ruptured microvessels into the extravascular space of surrounding tissues. However, for relatively large molecules, transport across the blood vessel wall can be enhanced by US treatments which are insufficient to cause red cell extravasation, indicating that vascular permeabilization can be more subtle than microvessel ruptures which permit the escape of particles several micrometers in diameter. 19 Plasma membrane permeability can also be modified by US and MBs via the formation of transient, nonlethal perforations on the cell membrane induced by MB dynamical responses to US. 20-24

Ultrasound targeted MB destruction techniques have been applied to the problem of delivering "difficult" molecules from the vasculature to tissues of interest in a selective way.<sup>25</sup> Three areas have attracted the most attention with respect to USenhanced drug or nonviral gene delivery: (1) tumor, 15,26-28 (2) cardiovascular,<sup>29-33</sup> and (3) skeletal muscle treatment.<sup>34-37</sup> Gene transfection efficiency enhancement produced by UTMD depends on a variety of variables, such as the particulars of the physical acoustics (see, e.g., <sup>38-40</sup>), and the types or concentrations of contrast agents used. <sup>41,42</sup> Furthermore, some treatment strategies using US exposure combined with viral<sup>43</sup> or nonviral carriers,<sup>44,45</sup> or combined with other physical methods<sup>46</sup> have produced significant enhancements of transgene expression.

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In two of our previous studies, a focused US system and Definity ultrasound contrast agent successfully enhanced gene transfer efficiency in mouse liver by intrahepatic or intraportal injection. 47-49 The dominant mechanism appears to have been inertial acoustic cavitation. However, when this delivery system was applied to treat rat livers, there was only a modest increase of gene expression. Contemplating the possible causes for the disparate results obtained with mice and in early studies with rats, we arrived at the following hypotheses: (1) Due to the small focal "spot" (~3 mm in diameter) of the focused transducer system we had been using, the effective exposure of the much larger rat liver within the plasmid and MB injection period might be limiting, despite use of mechanical scanning to move the focus about in the rat liver. (2) There are biochemical and histological differences between rat and mouse liver, which might lead to different effects produced by US/MB interactions with tissues, and thus different transgene efficiencies. Since MBand US-induced extravasation events have been observed in a wide variety of tissues, we believed that hypothesis (1) was the most likely cause of the relatively poor results we had obtained in preliminary studies with rats. Accordingly, we undertook development of a therapeutic US transducer whose effective beam dimensions better "fit" the rat liver, and to optimize the US/MBs parameters and gene transfer protocols to scale up US/MB mediated gene delivery from the murine model to application in the much larger rat liver. The data principally supported hypothesis (1). The gene transfer efficiencies we observed, together with minimal liver damage, indicated that this delivery system is promising for gene therapeutic exploration in the rat hepatic model.

#### EXPERIMENTAL SECTION

**Plasmids.** The luciferase reporter plasmid pGL4.13 [luc2/SV40] (Promega) was produced by GenScript Inc. (Piscataway, NJ, USA) according to standard techniques. In all gene transfer experiments, 150  $\mu$ g of plasmids per rat was used.

Ultrasound Systems. In most experiments, the acoustic treatment system was composed of a combination pulse generator/high power radio frequency pulse amplifier capable of generating up to 1000 W of electrical power into a 50  $\Omega$  load (model RFG-1000; JJ&A Instruments, Duvall, WA), driving a purpose-designed 16 mm diameter planar transducer and impedance matching network (model H158A; Sonic Concepts, Bothell, WA). In the experiment exploring gene delivery mediated by acoustic exposure with longer pulse duration, the same transducer was driven by an Agilent model 33120A arbitrary function generator and an ENI AP400B amplifier (Electronic Navigation Systems, Rochester, NY).

The acoustic treatment of the liver was performed by applying the transducer directly to the surface of the surgically exposed liver, using a small amount of commercial diagnostic ultrasound gel to couple the transducer to the liver.

**Microbubbles.** Definity (Lantheus Medical Imaging, North Billerica, MA, USA) is a lipid-shelled contrast agent composed of encapsulated octafluoropropane gas, with a maximum concentration of  $1.2 \times 10^{10}$  bubbles/mL and a mean diameter range of 1.1 to 3.3  $\mu$ m. Definity MBs were generated by shaking a vial for 45 s with a Vialmix (Lantheus Medical Imaging, North Billerica, MA, USA) before being mixed with plasmids in PBS. For all experiments, final Definity concentrations are expressed as volume percentages ((mL of stock Definity/final volume)  $\times$  100%).

Animals. Six-week-old SAS SD male rats were purchased from Charles River Laboratories International, Inc. (Wilmington, MA, USA) and maintained at a specific pathogen-free (SPF) vivarium for at least 3 days before the experiments. All animal experiments were carried out under local IACUC-approved protocol in accordance with the guidelines for animal care of both National Institutes of Health and Seattle Children's Research Institute.

Targeted Gene Delivery by US Exposure with MBs. Prior to surgery and during treatments, rats were anesthetized by continuous inhalation of isoflurane, and recovered within 1 h after surgery. A midline incision was made to expose the rat liver. The right section (the larger part) of the medial lobe was flipped over to expose the major vessels on the dorsal surface. In all experiments, 150  $\mu$ g of plasmid DNA per rat was used as a standard dosage. Definity MBs were activated by shaking the Definity solution vial for 45 s. Immediately before injection, desired volumes of MBs were withdrawn with a glass microsyringe and slowly added into plasmid solution (dissolved in PBS containing 5% glucose) with gentle mixing. For each rat, about 1 mL total volume of plasmid and MB mixture was injected into the target liver lobe using a 24-G catheter via a specific portal vein branch which supplies the right part of the medial lobe. More specifically, the catheter was inserted into a portal vein branch supplying the targeted lobe, and was connected with a plasmid/MB filled syringe. The injection rate was slow ( $\sim 20 \mu L/s$ ); intravascular pressure was not elevated significantly by the injection. The duration of the injection was 45 s with simultaneous acoustic exposure and a follow-on exposure of 45s, for a total exposure duration of 90 s. With immediate hemostasis and suturing, the rats recovered from anesthesia and lived with low apparent morbidity until the animals were sacrificed for liver harvest. Blood samples were collected by cardiac puncture immediately before animal sacrifice, and were used to assess liver damage by transaminase assay (see below).

Histological Assessments of Livers Harvested over a 30-Day Post-Treatment Period. In order to reveal the liver damages and subsequent repair induced by various treatments, after the injection of plasma DNA + different concentrations of MB along with or without US exposure, all the liver tissues were harvested immediately or at day 1, 5, 12, 30. The tissues were fixed in 10% neutral buffered formalin, embedded in paraffin, and sections were stained with hematoxylin and eosin (H&E) for histological examination. Stained tissue samples were evaluated by an experienced pathologist.

**Evaluation of Luciferase Gene Expression.** To analyze luciferase gene expression in the treated liver, the right section of the median lobe was harvested at 24 h after gene delivery and homogenized in reporter lysis 1× buffer (Promega, Madison, WI, USA) at a ratio of 3 mL/g liver.

The homogenate was frozen and thawed three times and then centrifuged ( $18000g \times 5$  min) to recover the supernatant for measurement. Luciferase activity was measured by using a commercial kit (Luciferase Assay System, Promega, Madison, WI, USA) and a luminometer (Victor 3; Perkin-Elmer, Wellesley, MA, USA). The luciferase expression data are expressed as relative light units per mg protein (RLU/mg protein).

**Transaminase Assay.** Blood samples were collected from treated mice immediately or on day 1, 5, 12, 30 after gene delivery for the transaminase assay. Alanine aminotransferase (ALT or SGPT) and aspartate aminotransferase (AST or

SGOT) levels were determined by using commercial assay regents (Teco Diagnostics, Anaheim, CA, USA). Normal, untreated rats were used as controls.

**Statistical Analysis.** All data are presented as means  $\pm$  SEM. Student's t test was used to determine statistical significance for independent samples. Data were considered significant when the p-value was  $\le 0.05$ .

#### RESULTS

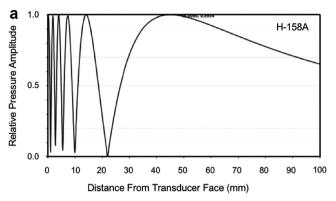
Design and Characteristics of a Transducer Suitable for Gene Transfer into the Rat Liver. We believed that for effective treatment of the rat liver, which is substantially larger than the mouse liver, a transducer with a larger acoustic beam area was needed. Thus, the H158A transducer (~16 mm diameter, Table 1) was built, replacing the focused transducer

Table 1. Comparison of Characteristics between the Focused Transducer Used in Our Previous Murine Gene Transfer and the Unfocused H158 Transducer Built for Use in the Present Study

transducer	electrical power for desired acoustic pressure (W)	"acoustic footprint" (mm²)	fwhm <sup>a</sup> pressure beam diam (mm)				
focused	~60	~7.3	~2.7				
unfocused	~350	~170	~13.0				
<sup>a</sup> Full width half-maximum.							

used for mice, the latter having a focal diameter (full width, half-maximum) of only ~3 mm. The H158A transducer can generate a maximum of 2.5-3 MPa pressure amplitudes across most of the transducer face. Axial pressure profiles along the beam centerline as measured by a hydrophone showed a series of maxima and minima (Figure 1a), indicating that there is substantial variation in acoustic pressure along the acoustic axis, and that any single-value pressure estimator will fail to capture the complexity of the pressure field experienced by tissues along the acoustic path. The transaxial acoustic pressure profile (Figure 1b) is also structured with a series of maxima and minima with a sharp roll-off at the beam edge. Within this region, the difference between the highest peaks and the lowest valleys is ~6 dB. When used in the gene transfer experiments, the transducer was scanned slowly over the liver to more evenly distribute the acoustic exposure. The spatial average normalized pressure amplitude within the half-maximum, full width beam diameter was used as a reference value for transducer output calibrations.

Comparison of Gene Delivery Effect with New US System vs with Focused US System. The efficiency of gene delivery into the rat liver was examined using the new US system (frequency = 1.1 MHz, pulse width = 20 cycles, pulse repetition frequency = 13.9 Hz, and peak negative acoustic pressure = 2.7 MPa). In addition, the delivery route was modified from the general portal injection we used previously in mice, to a targeted injection toward a specific liver lobe (median lobe) through the portal vein branch in 45 s. Similarly, the US exposure (90 s) also focused on the target lobe instead of the whole liver. For comparison, gene delivery was also performed using the old focused system to treat the whole liver (frequency = 1.17 MHz, pulse width = 20 cycles, pulse repetition frequency = 50 Hz, and peak negative acoustic pressure = 3 MPa).



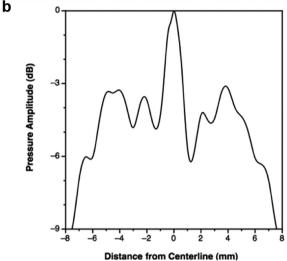
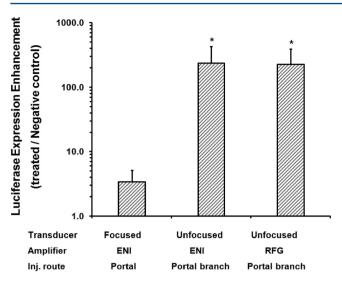


Figure 1. Acoustic pressure profiles of the H-158A unfocused H158A transducer in the near field. (a) Axial acoustic pressure profile. For treatment of livers, the acoustic path through the organ is on the order of 3-5 mm; the axial profile shows that the pressure amplitude goes through about 3 maxima and minima in the first ~5 mm from the transducer face. (b) Transaxial pressure profiles. The near field profile was measured as close as practically possible to the transducer face, and represents a tomographic section located 6.2 mm from the emitting surface as assessed by time-of-flight of the sound waves. A high level of structure is seen, with annular rings of higher or lower pressure "populating" a central pseudoplateau about 10 mm wide if defined by the coordinates at which the sharp peripheral roll-off began, or 12 mm wide if defined by the full width, half-maximum pressure beam diameter at this transaxial plane. A narrow peak of ~2 mm diameter (~0.03 cm<sup>2</sup>) is present at the center of this profile; this represents a very small fraction of the total radiating area. However, cavitation phenomena are influenced by peak pressure values, and the transducer was not stationary when applied to the rat livers, so some parts of the liver were exposed to peak pressures considerably larger than the spatial average value within the half-maximum, full width beam diameter.

The enhancements of the gene transfer efficiency (ratio of gene expression of US-treated rats vs plasmid injected rats without US treatment) produced by different US treatment are shown in Figure 2. The enhancement of transgene expression using focused transducer driven by ENI AP400B amplifier was only ~3-fold, while the targeted-lobe treatment with unfocused transducer driven by either ENI AP400B or RFG-1000 amplifier achieved over 200-fold enhancement. The ENI AP400B can generate longer pulse duration as shown in our previous studies, while the RFG-1000 used in this study can generate higher peak negative pressure, both of which are used

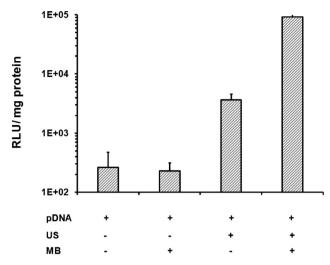


**Figure 2.** Enhancement of luciferase expression via portal vein or portal branch injection mediated by ultrasound treatment using focused or unfocused near-field transducers. 150  $\mu$ g of plasmid mixed with 15 vol % Definity was injected for 45 s with initially coincident acoustic exposure for 90 s using two different transducers and amplifers (focused and unfocused tranducer; ENI AP400B amplifier or RFG-1000 amplifier) as indicated. Gene expression enhancement ratios (US-treated group injected with plasmid and Definity vs negative control group injected with plasmid and Definity without US treatment) were compared. Comparably higher expression levels were obtained with unfocused transducer driven by either amplifier, whereas focused transducer produced much lower expression levels. Error bars indicate SEM (n=8).

for further studies on different optimization experiments. Based on these results, targeted treatment of a specific liver lobe using the new unfocused transducer and injection method was used in all following studies.

Effect of US Exposure and Definity MBs on Gene Delivery via Portal Branch Injection. Rats were treated respectively in the presence or absence of MBs and with or without US in 4 groups: {plasmid only}, {plasmid + MBs}, {plasmid + US}, and {plasmid + MBs + US}. As shown in Figure 3, luciferase expression in the {plasmid only} and {plasmid + MBs} groups showed low baseline levels (200–300 RLU/mg protein). US exposure at 2.7 MPa produced a significant increase in luciferase expression even without MBs, which was about 15-fold (3.63  $\pm$  0.96  $\times$  10<sup>3</sup> RLU/mg protein) greater than in the negative control. Further dramatic enhancement was achieved in the {plasmid + MBs + US} treatment group  $(9.2 \pm 1.6 \times 10^4 \text{ RLU/mg protein}, \sim 350\text{-fold})$ vs {plasmid only}, ~25-fold vs {plasmid + US}). Thus US can significantly increase plasmid transfer efficiency and together with MBs can further improve the gene transfer.

Gene Delivery Mediated by US with Varying MB Concentrations. Definity MBs in the range from 0 to 30 vol % with plasmid pGL4 were delivered through a portal branch. The US source was the unfocused H158A transducer producing "positive control" exposure conditions (1.1 MHz, 20 cycle pulses, 13.9 Hz PRF, and 2.7 MPa PNP). MBs added to the plasmid solution produced a significant enhancement on plasmid delivery efficiency with US exposure (Figure 4). In {plasmid + MBs + US} treatments where MB concentration was 0.5 vol %, rats showed 8-fold increment in gene expression (vs {plasmid + US}). Luciferase expression plateaued at MB concentrations between 0.5 and 30 vol %. A local maximum in



**Figure 3.** Gene expression enhanced by ultrasound (US) with microbubbles (MBs). 150  $\mu$ g of pGL4 mixed with 10 vol % or sham Definity was injected through a portal vein branch into the medial lobe of rat liver for 45 s, with initially coincident or sham US exposure (1.1 MHz, 2.7 MPa peak negative pressure, 20 cycle pulses, 13.9 Hz PRF), which continued after injection for a total acoustic exposure time of 90 s. Luciferase expression was measured in extracts from the treated lobe. Error bars indicate SEM (n=6).

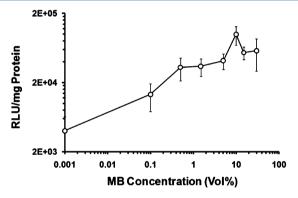


Figure 4. Dependence of transgene expression on Definity concentrations mediated by US exposure with simultaneous injection of pDNA + MB mixture via portal vein branch. Different concentrations of Definity (vol %: 0-30%) were employed for gene delivery under the US exposure conditions of 1.1 MHz frequency, 2.7 MPa peak negative pressure, 20 cycle pulses, 13.9 Hz PRF, and 90 s total US exposure, the first 45 s of which were coincident with injection of pDNA and Definity. In order to present the Definity concentrations on a log scale (to better resolve the data at low Definity concentrations), the true 0 vol % Definity data are plotted at an arbitrarily small value (0.001 vol %) concentration as a graphic expedience. Error bars indicate the standard error of the mean (n = 6).

gene expression was associated with an MB concentration of 10 vol % (9.9  $\pm$  3.0  $\times$  10<sup>4</sup> RLU/mg protein).

Gene Transfer Efficiency upon Various US Peak Negative Pressures (PNP). US exposures at various PNPs (0-3.3 MPa) were performed using the H158 transducer. Total treatment time was 90 s, using 20 cycle pulses and a pulse repetition frequency (PRF) of 12.5 Hz. The medial lobe of the rat liver was injected with 150  $\mu$ g of pGL4 plasmid and 15 vol % Definity MBs via a portal vein branch. Gene expression and transaminase levels are plotted as functions of spatial average acoustic pressure. Luciferase expression increased rapidly with increasing acoustic pressure over the range of 0 to 2.0 MPa,

followed a gradual plateau in expression level (Figure 5). Liver damage associated with US treatment was assessed by

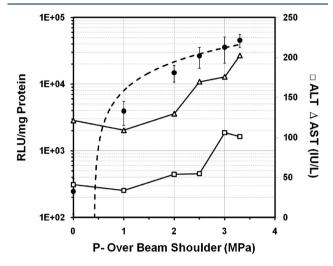


Figure 5. The effect of US peak negative pressure on gene transfer efficiency of luciferase plasmid with MBs injected through portal vein branch and correlation between luciferase expression of treated lobe and aminotransferase levels (ALT and AST). US exposure was performed on the medial lobe of rat liver under various acoustic negative pressures of 0–3.3 MPa peak negative pressure (1.1 MHz, 20 cycle pulses, 13.9 Hz PRF, and 90 s total exposure, the first 45 s of which was coincident with injection of 150  $\mu$ g of pGL4 and 15 vol % Definity toward median lobe). Closed circles and left vertical axis: luciferase expression. Open symbols and right vertical axis: liver damage produced by US exposure was assessed by alanine transaminase (ALT; open squares) and aspartate transaminase (AST; open triangles) levels with plasma collected at 24 h after treatment. Error bars indicate SEM (n=7-9).

transaminase levels (ALT or AST) at 24 h after treatment (Figure 5). At lower pressures (0–2.5 MPa), ALT values of US-treated rats were similar to those of US negative control rats ( $\sim$ 50 IU/L). Similarly, AST values remained at nominal control levels ( $\sim$ 100 IU/L) until the acoustic pressure exceeded 2.0 MPa. In the 0–2.0 MPa range, gene expression increased rapidly without increasing liver damage. Exposure at 2.5 MPa PNP produced >100-fold of luciferase expression compared to US untreated control ( $2.6 \pm 0.9 \times 10^4$  vs  $245 \pm 134$  RLU/mg Protein). At 2.5-3.3 MPa, liver damage (i.e., ALT or AST levels) increased without much gain in gene expression levels.

Effect of Interpulse Period or Pulse Train US Exposure on Gene Transfer Efficiency. It was hypothesized that longer quiescent periods between acoustic exposure pulses would enable reperfusion of the liver tissues with MBs and plasmid following MB-destroying acoustic exposures to achieve more sustained tissue distribution, and would thus increase gene delivery efficacy. The H158 planar transducer was again used. However, to generate longer interpulse periods (IPP), our "standard" US conditions were modified to 72-4000 ms IPP, with corresponding pulse durations ranging from 18 to 1000  $\mu$ s (Table 2 upper panel). All groups were treated by a 45-s injection of plasmid pGL4 containing 10 vol % MBs, with a total US exposure of 90 s, the first 45 s being coincident with the injection. The luciferase expression data showed no enhancement by using longer IPP (Figure 6a); moreover, transaminase levels increased compared with our "standard" exposure conditions (Table SI1 in the Supporting Informa-

Table 2. Acoustic Parameters Used (PNP 2.7 MPa) in the Study of Interpulse Periods (Upper Panel) and the Study of Pulse-Train US Exposure (Lower Panel)

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pulse duration $(\mu s)$		interpuls period (m		F while " (Hz)	total acoustic exposure (ms)
18 (20 cycles)		72	1	3.9	22.5
100 (110 cycles)		400		2.5	22.5
200 (220 cycles)		800		1.25	22.5
500 (550 cycles)		2000		0.5	22.5
1000 (1100 cycles)		4000 0.		0.25	22.5
gated pulsing time (s)					
"on"	"off"	$\begin{array}{c} \text{pulse} \\ \text{duration} \\ (\mu \text{s}) \end{array}$	interpulse period (ms)	PRF while "on" (Hz)	
continuous	0	18	72	13.9	22.5
1	2	18	72	13.9	7.5
2	2	18	72	13.9	11.2
2	3	18	72	13.9	9
3	2	18	72	13.9	13.5
continuous	0	18	18	55.6	90
1	2	18	18	55.6	30
2	2	18	18	55.6	45
2	3	18	18	55.6	36
3	2	18	18	55.6	54

tion), indicating that the US procedure with longer pulse durations induced more liver damage.

An alternate strategy to produce longer quiescent periods between US bursts was subsequently used. The PNP was 2.7 MPa. Pulse lengths were 20 cycles (18  $\mu$ s) and were repeated at either 14 or 56 Hz pulse repetition frequency while the US was "on", which was either "continuously" for the entire treatment period or for 1 or 2 s periods interrupted by quiescent intervals of up to 3 s. The total exposure duration was 90 s, with coincident portal branch injection of plasmid pGL4 and 10 vol % MBs for 45 or 90 s. The acoustic parameters are shown in Table 2 (lower panel). As shown in Figure 6b, compared with the positive control (8.2  $\pm$  0.9  $\times$  10<sup>4</sup> RLU/mg protein; "continuous" pulsed exposure), transgene expressions in the groups with "on" times of 1 or 3 s and an "off" time of 2 s at PRF 13.9 Hz were comparable, even though the interrupted US exposure groups were reduced to 30-60% of total acoustic exposure. Transaminase data (Table SI2 in the Supporting Information) indicates a preliminary trend of liver damage, which was decreased with reduction of total acoustic exposure. At higher PRF (56 Hz), the groups with an "on" time of 1 or 2 s and "off" time of 2 s showed higher gene expression compared with the continuously US-treated control. However, the treated groups at higher PRF had higher transaminase levels compared with those treated at lower PRF due to higher total US

Histological Assay for Liver Damage. The extent of liver damage in rats treated with various acoustic PNP (0–3.3 MPa) and MB concentrations (0–10 vol %) were determined by H&E staining. Tissue samples were taken on day 0 (right after treatment), 1, 5, 12, or 30 after treatment. Sections of normal liver lobe were examined as controls (data not show). The extent of hepatic damage in sections was variable, thus the selected results shown in Figure 7 are intended to demonstrate the types of tissue damage and represent areas of maximum hepatic injury; i.e., they are not typical representations of tissue

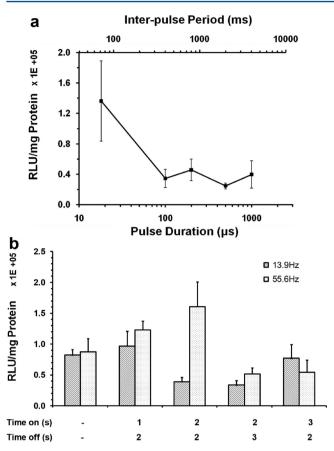


Figure 6. Effect of increased quiescent duration between US pulses on gene transfer efficiency. (a) Effect of acoustic pulse durations on gene delivery. US exposure was performed on medial liver lobe for 90 s, the first 45 s of which was coincident with injection of 150  $\mu$ g of pGL4 plasmid and 10 vol % Definity mixture into medial lobe. The acoustic exposure conditions with various interpulse periods from 72 to 4000 ms (upper axis) and corresponding pulse durations (lower axis) from 18 to 1000  $\mu$ s were 1.1 MHz, 2.7 MPa peak negative pressure, 0.00025 duty factor. Luciferase expression was measured on the treated median lobe. (b) Effect of pulse-train US exposure on gene delivery. US exposure was performed using either continuous bursts of 20 cycle pulses repeated at 13.9 or 55.6 Hz PRF for 90 s, or 1, 2, or 3 s exposures to bursts of pulsed US (on), interleafed by quiescent periods of 2 or 3 s (off). The detailed parameters are shown in Table 2 (lower panel). All groups were treated by 90 s US exposures with simultaneous 45 s injection of plasmid/MBs via the portal branch toward the hepatic median lobe. Luciferase expression was measured on the treated liver lobe. Error bars indicate SEM (n = 6-7).

damage because there was no apparent damage on most of the treated liver lobe.

All histologic sections taken immediately after treatment only showed minor or some hemorrhage (Figure 7a,f). In the sections treated with both MBs and US, there were numerous macro- (>10  $\mu$ m in diameter) and microvesicles (<10  $\mu$ m) in the sinusoids (Figure 7a inset). Healthy hepatocytes could be found around the central vein. A few Kupffer cell nuclei could be identified around those macrovesicle filled sinusoids.

On day 1, sections from {plasmid only} or {plasmid + MBs} treated liver showed minor hemorrhages, with retention of normal lobular structure (Figure 7g). The sinusoids were dilated with clear Kupffer cells along them. There was no evidence of coagulative necrosis. This indicates that a low level of hepatic pathologic changes was induced by the injection

procedure. In sections from tissues treated with US, lobular structure was in general mostly normal, but in contrast to the {plasmid only} or {plasmid + MBs}, there were several sharply demarcated regions of coagulative necrosis (Figure 7b), which were of variable size and shape. Scattered hemorrhage and extravasated RBC appeared in the area of necrosis due to the acute death of hepatocytes, which caused the collapse of the hepatocyte cords and overdilatation of the sinusoid. The extents of hepatic necrosis on day 1 were quantified as a percentage, viz., of necrotic area/total examined area, for which microscopic images were analyzed using ImageJ shareware (http://rsbweb.nih.gov/ij/). The data are presented in Table SI3 in the Supporting Information. Without MBs, sections from tissues treated by US at 2.7 MPa PNP showed subtle necrosis ( $\sim$ 1% of total area of section examined). Combined with even low concentrations of MBs, the damage extent showed a considerable increase (6%). Similarly, with 10 vol % MBs, increasing PNP increased the extent of hemorrhage and coagulative necrosis, particularly as observed near the treated surface. Sections from tissues treated at 2.0 MPa showed an injury extent similar to that of tissues treated at 2.7 MPa  $(\sim 10\%)$ , less than the one treated at 3.3 MPa  $(\sim 15\%)$ , but more than that treated at 1.0 MPa (~4%), which is consistent with the PNP inflection point (~2.0 MPa) suggested by the correlation of PNP and luciferase expression level (Figure 5).

Hepatic damage type and the pattern of tissue repair were similar in sections from all US-treated rats. Coagulative necrosis was evident on day 1, and was significantly diminished and revealed recovery on day 5 and later on (Figure 7c–e). On day 5, only a few foci of fibroblasts and lymphocytes infiltration were present around the portal area (Figure 7c). Damage was mostly repaired within 12 days, and by day 30 these lobes showed no significant residual damage.

We also studied sections of liver lobes treated with the superior (from the perspective of gene expression and transaminase levels) US protocol involving 1 s "on", 2 s "off" pulse-train US exposures at 2.7 MPA and 10 vol % MBs. Tissues harvested on days 0 or 1 showed extents of hemorrhage and coagulative necrosis (~5%) significantly less than those in lobes treated with our "standard" US protocol at 2.7 MPa PNP with 10 vol % MBs. Damage repair kinetics were similar to those described above.

#### DISCUSSION

US has been applied to various biological systems in attempts to enhance gene or drug delivery. 9-11 We previously reported that US- and MB-mediated gene delivery of naked plasmids using a focused transducer system efficiently enhanced gene expression in murine livers via portal vein injection.<sup>47</sup> Although geometric focusing of the transducer enables large acoustic pressures to be realized with lower power equipment, it has the disadvantage that the focal "spot" is small, and consequently, the tissue volume that can be treated at any instant in time is correspondingly small. The inability to treat relatively large tissue volumes with US during the period in which plasmids and MBs are present at high concentrations in the tissue could represent a significant impediment to apply the technology to larger animals in preclinical or clinical studies. The present study was undertaken to determine if an unfocused, broad-beamed US source capable of generating at least 2 MPa peak negative pressure and appropriate treatment protocols could be developed to enhance plasmid gene delivery in an animal of intermediate size, viz., the rat, in which the liver

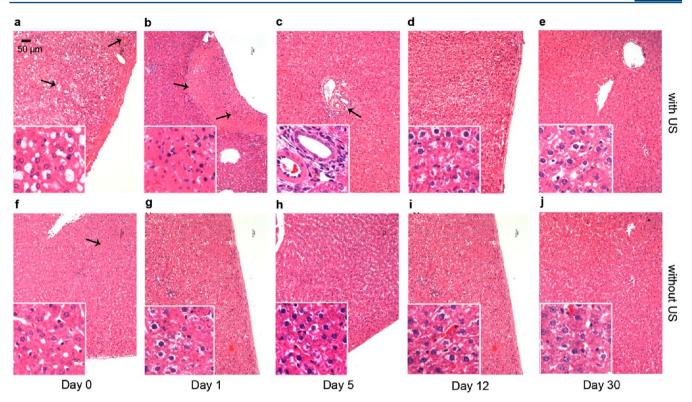


Figure 7. Comparison of the histology features of rat livers injected with pDNA and MB via portal vein and simultaneously treated with (a-e) and without (f-j) 2.7 MPa US exposure. The livers were harvested on day 0, 1, 5, 12, 30 after treatment for H&E staining. Original magnification ×100, ×400 in insets. Scale bar = 50  $\mu$ m.

volume is  $\sim$ 20-fold greater than that of the mouse. The unfocused, 170 mm<sup>2</sup> footprint transducer (H158A) was developed. Plasmid and MB physical delivery protocols were also adjusted relative to those used in mice including the targeted injection and subsequent insonation of a specific lobe of the rat liver.

The H158A transducer was robust, able to generate high (>3 MPa) acoustic pressures over much of its surface without significant self-heating at the duty factors used here. It can treat much larger tissue volumes in less time and more evenly than can be achieved with a focused US source. In order to achieve targeted treatment, only the medial liver lobe was injected with plasmid and MBs as a specific target, and insonified. For targeted injection, a catheter was inserted into the portal venous branch through the portal vein and advanced toward the specific medial lobe to decrease surgical mechanical damage and improve the introduction of the plasmid/MB preparation. Injected plasmid dose was scaled up to 150  $\mu$ g in 1 mL from the one used in mouse model (50  $\mu$ g in 440  $\mu$ L) according to the tissue volume ratio of the rat medial liver lobe and mouse liver as a whole. To avoid a hydrodynamic effect caused by high pressure during the injection, we also tested different injection rates and US-treated times to obtain low-pressure fluid flow as well as efficient gene delivery. On the basis of these exploratory studies, the injection time was extended to 45 s, and the acoustic time extended to 90 s. Figure 3 shows that there was almost no gene expression in rats injected with plasmid/MBs only without US exposure, indicating that there was no hydrodynamic effect with our injection protocol. These modifications resulted in substantial and significant enhancement of US/MB-mediated reporter plasmid gene expression in the rat model system.

We previously evaluated gene expression of luciferase plasmid in mouse studies up to 7 days post treatment. Luciferase expression reached the maximum levels within 16—24 h, and then dropped rapidly to very low levels in 7 days. The pGL4 plasmid driven by SV40 promoter cannot provide persistent gene expression in the liver. We thus used this reporter plasmid with high expression levels at 24 h after treatment, instead of long-term effects, to optimize our ultrasound parameters and gene transfer protocols. It can be compared with other published research results by reference to the levels of luciferase reporter gene expression. For achieving persistent therapeutic gene expression in the future, we will use specific gene transfer vectors driven by a liver-specific promoter/enhancer with which long-term gene expression has been obtained.<sup>51</sup>

The effect of Definity MB concentration on gene transfer was explored in the rat model (Figure 4). US exposure parameters were also explored (Figure 5). The rat results are broadly similar to those obtained in the mouse in that gene expression displayed an upward trend with increment of MB dosages or acoustic PNP, and then gradually reached a plateau level. The apparent threshold MB concentration for a significant enhancement of gene expression was much lower than in prior mouse experiments (viz., 0.1 vol % (Figure 4), vs 1.5 vol % in mouse studies<sup>47</sup>). Even without MBs, at 2.7 MPa, {plasmid + US}treated rats showed a significant enhancement of gene transfer relative to {plasmid only} treatment, a finding we never observed in our earlier mouse studies. Thus it appears possible that the 2.7 MPa US treatment may have been inducing "spontaneous" cavitation in the blood or injectate, although the PNP we used was substantially less than the 4 MPa threshold (at 1 MHz) predicted by Church<sup>50</sup> for blood. Furthermore, in

US-treated rats, a maximum level was observed at a MB concentration of 10 vol %, while in the mouse model, the peak was at 15 vol %. These differences were most likely due to more efficient acoustic exposure from the larger-footprint unfocused transducer used in the rat experiments. Acoustic pressure is a hinge parameter; transgene expression as well as liver damage correlated strongly with PNP. At less than ~2.0 MPa, luciferase expression increased as PNP increased, indicating the induction of "productive" damage which presumably increases extravasation of plasmid and accordingly promotes the gene transfer effect. At higher pressures, luciferase expression trended toward a plateau level while liver enzymes indicative of liver damage increased. This is consistent with the results from our earlier mouse studies, which indicated the involvement of an inertial cavitation mechanism and a relationship between gene expression and tissue damage induced by US exposure.4

The induction of some level of liver damage appears to be critical to the US- and MB-induced increase in nonviral transgene expression we observe. Damage of treated liver lobes was assessed by transaminase assays and histology staining. However, transaminase values showed only transiently minor increases compared with untreated rats, but also only marginal differences between the US-treated rats with various conditions, implying minimum functional damage from US/MBs treatment of one liver lobe. This is a significant technical improvement relative to our previous mouse study, in which US treatment showed a more pronounced liver functional damage denoted by much higher transaminase levels including ALT(50–1000 IU/L) and AST (100–700 IU/L) at day 1 post treatment.

We also investigated gene transfer effect of various interpulse periods, duty factors and pulse-train US exposure protocols. Our hypothesis was that longer quiescent periods between MBdestroying US pulses would increase gene transfer by allowing the tissues to refill with MBs between exposures; this was not the case. Application of the pulse-train US exposure at 13.9 Hz PRF showed a gene transfer efficiency that was broadly comparable with our "standard" positive control conditions but produced less liver damage (Table SI3). However, these experiments were performed using 10 vol % Definity concentrations, at which the peak gene expression was achieved. It is possible that MBs were saturating the acoustic field. We may be able to observe the "refilling" effect if lower MB concentrations will be used. Use of a higher PRF (55.6 Hz) pulse-train acoustic exposure enhanced gene expression to a level similar to that observed using the 13.9 Hz PRF, but resulted in more liver damage. The results obtained at the lower PRF suggest that with appropriate "interrupted" acoustic treatment protocols, effective gene transfer can be achieved with lower total exposures to relatively high acoustic pressure, and that tissue damage can be kept at a low level.

Treatment-related liver damage was repaired by day 5 to day 30 after treatment. While the qualitative nature of the bioeffects was similar in all US-treated livers, the hepatic damage increased generally with increasing acoustic pressure at constant MB dose, or with increasing Definity dose at constant pressure. Therefore, the most promising future approaches will likely involve relatively modest acoustic pressures (e.g., 2 MPa) and MB concentrations to achieve the greatest gene transduction benefit at the lowest practical tissue damage "cost".

In conclusion, the application of an unfocused US transducer which exposed a large tissue volume to reasonably uniform acoustic pressures in the near field, and targeted treatment achieved by both targeted acoustic exposure and lobe-specific

injection protocols, significantly enhanced the transgene efficiency of luciferase reporter plasmid in a rat model. The scale-up (from mouse to rat models) experiments represent a necessary milestone on the path toward the eventual goal of the safe and efficient application of US-assisted gene transfer methods in future clinical therapeutic applications.

#### ASSOCIATED CONTENT

#### S Supporting Information

Table SI1, alanine transaminase (ALT) and aspartate transaminase (AST) of plasma collected from rats treated with acoustic pulses involving various interpulse periods (IPP); Table SI2, alanine transaminase (ALT) and aspartate transaminase (AST) of plasma collected from rats treated with various pulse-train US exposure regimens; Table SI3, the extents of hepatic necrosis damage on day 1 from variable treatments; Table SI4, summary of various animal experiments. This material is available free of charge via the Internet at http://pubs.acs.org.

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#### Notes

The authors declare no competing financial interest.

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